



Patient Name : Mrs. KALPANABEN D. PARMAR  
Gender / Age : Female / 39 Years 23 Days  
MR No / Bill No. : 23209623 / 241035150  
Consultant : Dr. Manish Mittal  
Location : OPD

Type : OPD  
Request No. : 140931  
Request Date : 15/07/2023 09:24 AM  
Collection Date : 15/07/2023 10:43 AM  
Approval Date : 15/07/2023 03:06 PM

### Complete Lipid Profile

Test	Result	Units	Biological Ref. Range
<b>Complete Lipid Profile</b>			
Appearance	Clear		
Triglycerides	118	mg/dL	1 - 150
<i>(By Lipase / Glycerol dehydrogenase on RXL Dade Dimension &lt; 150 Normal 150-199 Borderline High 200-499 High &gt; 499 Very High)</i>			
Total Cholesterol	179	mg/dL	1 - 200
<i>(By enzymatic colorimetric method on RXL Dade Dimension &lt;200 mg/dL - Desirable 200-239 mg/dL - Borderline High &gt; 239 mg/dL - High)</i>			
HDL Cholesterol	49	mg/dL	40 - 60
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension &lt; 40 Low &gt; 60 High)</i>			
Non HDL Cholesterol (calculated)	130	mg/dL	1 - 130
<i>(Non- HDL Cholesterol &lt; 130 Desirable 139-159 Borderline High 160-189 High &gt; 191 Very High)</i>			
LDL Cholesterol	<b>106</b>	mg/dL	1 - 100
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension &lt; 100 Optimal 100-129 Near / above optimal 130-159 Borderline High 160-189 High &gt; 189 Very High)</i>			
VLDL Cholesterol (calculated)	23.6	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	2.16		2.1 - 3.5
T. Ch./HDL Ch. Ratio	3.65		3.5 - 5
<i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>			

--- End of Report ---

Dr. Ameer Soni  
MD (Path)



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### Fasting Plasma Glucose

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>Biological Ref. Range</u>
<i>Fasting Plasma Glucose</i>			
Fasting Plasma Glucose	84	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	91	mg/dL	70 - 140

By Hexokinase method on RXL Dade Dimesion

--- End of Report ---

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### Urine routine analysis (Auto)

Test	Result	Units	Biological Ref. Range
<b>Physical Examination</b>			
Quantity	30	mL	
Colour	Yellow		
Appearance	Clear		
<b>Chemical Examination (By Reagent strip method)</b>			
pH	5.5		
Specific Gravity	1.020		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	2+		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
<b>Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)</b>			
Red Blood Cells	20 - 30	/hpf	0 - 2
Leucocytes	0 - 1	/hpf	0 - 5
Epithelial Cells	0 - 1	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

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### Liver Function Test (LFT)

Test	Result	Units	Biological Ref. Range
<b>Bilirubin</b>			
Bilirubin - Total	0.29	mg/dL	0 - 1
Bilirubin - Direct	0.09	mg/dL	0 - 0.3
Bilirubin - Indirect	0.2	mg/dL	0 - 0.7
<i>(By Diazotized sulfanilic acid on RXL Dade Dimension.)</i>			
Aspartate Aminotransferase (SGOT/AST)	27	U/L	13 - 35
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alanine Aminotransferase (SGPT/ALT)	27	U/L	14 - 59
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alkaline Phosphatase	94	U/L	42 - 98
<i>(BY PNPP AMP method on RXL Dade Dimension.)</i>			
Gamma Glutamyl Transferase (GGT)	<b>65</b>	U/L	5 - 55
<i>(By IFCC method on RXL Dade Dimension.)</i>			
<b>Total Protein</b>			
Total Proteins	<b>8.46</b>	gm/dL	6.4 - 8.2
Albumin	3.72	gm/dL	3.4 - 5
Globulin	4.74	gm/dL	3 - 3.2
A : G Ratio	0.78		1.1 - 1.6
<i>(By Biuret endpoint and Bromocresol purple method on RXL Dade Dimension.)</i>			

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### Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea <i>(By Urease Kinetic method on RXL Dade Dimension)</i>	10	mg/dL	10 - 45
Creatinine <i>(By Modified Kinetic Jaffe Technique)</i>	0.62	mg/dL	0.6 - 1.1
Estimate Glomerular Filtration rate <i>(Ref. range : &gt; 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)</i>	More than 60		
Uric acid <i>(By Uricase / Catalase method on RXL Siemens)</i>	3.9	mg/dL	2.2 - 5.8

— End of Report —

  
Dr. Ameer Soni  
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### CBC + ESR

Test	Result	Units	Biological Ref. Range
<b>Haemoglobin.</b>			
Haemoglobin	<b>9.3</b>	gm/dL	12 - 15
Red Blood Cell Count (T-RBC)	<b>5.13</b>	mill/cmm	3.8 - 4.8
Hematocrit (HCT)	<b>32.6</b>	%	36 - 46
Mean Corpuscular Volume (MCV)	<b>63.5</b>	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	<b>18.1</b>	pg	27 - 32
MCH Concentration (MCHC)	<b>28.5</b>	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	<b>17.6</b>	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	40.3	fl	39 - 46
<b>Total Leucocyte Count (TLC)</b>			
Total Leucocyte Count (TLC)	5.24	thou/cmm	4 - 10
<b>Differential Leucocyte Count</b>			
Polymorphs	58	%	40 - 80
Lymphocytes	33	%	20 - 40
Eosinophils	02	%	1 - 6
Monocytes	07	%	2 - 10
Basophils	00	%	0 - 2
Polymorphs (Abs. Value)	3.04	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	1.75	thou/cmm	1 - 3
Eosinophils (Abs. Value)	<b>0.06</b>	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.26	thou/cmm	0.2 - 1
Basophils (Abs. Value)	<b>0.13</b>	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.0	%	1 - 3 : Borderline > 3 : Significant
<b>Platelet Count</b>			
Platelet Count	<b>523</b>	thou/cmm	150 - 410
Smear evaluation	Adequate		
Remarks	Hypochromia (++) , Microcytosis (++) , Anisocytosis (+) Few elliptocytes.		
ESR	11	mm/1 hr	0 - 12



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### **CBC + ESR**

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.  
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification. ESR on Ves metic 20, comparable to Westergrens method and in accordance to ICSH reference method.

--- End of Report ---

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### Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
Triiodothyronine (T3)	1.40	ng/ml	
<i>(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)</i>			
<i>Reference interval (ng/ml)</i>			
1 - 3 days	: 0.1 - 7.4		
1-11 months	: 0.1 - 2.45		
1-5 years	: 0.1 - 2.7		
6-10 years	: 0.9 - 2.4		
11-15 years	: 0.8 - 2.1		
16-20 years	: 0.8 - 2.1		
Adults (20 - 50 years)	: 0.7 - 2.0		
Adults (> 50 years)	: 0.4 - 1.8		
Pregnancy (in last 5 months)	: 1.2 - 2.5		
<i>( Reference : Tietz - Clinical guide to laboratory test, 4th edition )</i>			
Thyroxine (T4)	9.22	mcg/dL	
<i>(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)</i>			
<i>Reference interval (mcg/dL)</i>			
1 - 3 days	: 11.8 - 22.6		
1- 2 weeks	: 9.8 - 16.6		
1 - 4 months	: 7.2 - 14.4		
4 - 12 months	: 7.8 - 16.5		
1-5 years	: 7.3 - 15.0		
5 - 10 years	: 6.4 - 13.3		
10 - 20 years	: 5.6 - 11.7		
Adults / male	: 4.6 - 10.5		
Adults / female	: 5.5 - 11.0		
Adults (> 60 years)	: 5.0 - 10.7		
<i>( Reference : Tietz - Clinical guide to laboratory test, 4th edition )</i>			
Thyroid Stimulating Hormone (US-TSH)	3.15	microIU/ml	
<i>(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)</i>			
<i>Reference interval (microIU/ml)</i>			
Infants (1-4 days)	: 1.0 - 39		
2-20 weeks	: 1.7 - 9.1		
5 months - 20 years	: 0.7 - 6.4		
Adults (21 - 54 years)	: 0.4 - 4.2		
Adults (> 55 years)	: 0.5 - 8.9		
<i>Pregnancy :</i>			
1st trimester	: 0.3 - 4.5		
2nd trimester	: 0.5 - 4.6		
3rd trimester	: 0.8 - 5.2		
<i>( Reference : Tietz - Clinical guide to laboratory test, 4th edition )</i>			

--- End of Report ---

Dr. Rakesh Vaidya  
MD (Path). DCP.





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### Haematology

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>Biological Ref. Range</u>
<i>Blood Group</i>			
ABO system	O		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontrol.
- This method check`s group both on Red blood cells and in Serum for "ABO" group.

--- End of Report ---

**Dr. Ameet Soni**  
MD (Path)



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### Fasting Plasma Glucose

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>Biological Ref. Range</u>
<i>Fasting Plasma Glucose</i>			
Fasting Plasma Glucose	84	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	91	mg/dL	70 - 140

By Hexokinase method on RXL Dade Dimesion

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Dr. Ameer Soni  
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### HbA1c (Glycosylated Hb)

Test	Result	Units	Biological Ref. Range
<b>HbA1c (Glycosylated Hb)</b>			
Glycosylated Hemoglobin (HbA1c)	5.4	%	
estimated Average Glucose (e AG) *	108.28	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

\* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

Guidelines for Interpretation:

Indicated Glycemic control of previous 2-3 months

HbA1c% e AG (mg/dl) Glycemic control

> 8 > 183 Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances

7 - 8 154 - 183 Good

< 7 < 154 Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.

6 - 7 126 - 154 Near Normal

< 6 < 126 Nondiabetic level)

--- End of Report ---

**Dr. Ameet Soni**  
MD (Path)



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> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

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Approval Date : 22/07/2023 05:30 PM

### Pap Smear

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>Biological Ref. Range</u>
Pap Smear	Pap Smear Screening Report / Cervico-Vaginal Cytology...  Cyto No : P/1360/23 Received at 2:45 pm.  Clinical Details : No complain P/V findings : Cx. / Vg. - NAD. LMP : 1 week ago  TBS Report / Impression : * Satisfactory for evaluation; transformation zone components identified. * Mild inflammatory cellularity (Neutrophils rich). * No epithelial cell abnormality favouring squamous intraepithelial lesion or frank malignancy ( NILM ).		

#### Note / Method :

The material received in LBC container, cytosmear was stained by rapid pap method and reported with due consideration to The Bathesda system (Modified 2014)

---- End of Report ----

**Dr. Rakesh Vaidya**  
MD (Path). DCP.

Interim / provisional report. confirm with Radiology in case not correlated with clinical presentation or any query

Patient No. : 23209623 Report Date : 15/07/2023

Request No. : 190071771 15/07/2023 9.24 AM

Patient Name : **Mrs. KALPANABEN D. PARMAR**

Gender / Age : Female / 39 Years 23 Days

### **Echo Color Doppler**

MITRAL VALVE : NORMAL, NO MR, NO MS  
AORTIC VALVE : TRILEAFLET, NO AR, NO AS  
TRICUSPID VALVE : NORMAL, NO TR, NO PAH  
PULMONARY VALVE : NORMAL  
LEFT ATRIUM : NORMAL  
AORTA : NORMAL  
LEFT VENTRICLE : NORMAL LV SIZE AND SYSTOLIC FUNCTION LVEF -- 65%, NO  
RESTING REGIONAL WALL MOTION ABNORMALITY  
RIGHT ATRIUM : NORMAL  
RIGHT VENTRICLE : NORMAL  
I.V.S. : INTACT  
I.A.S. : INTACT  
PULMONARY ARTERY : NORMAL  
PERICARDIUM : NORMAL  
  
COLOUR/DOPPLER FLOW MAPPING : NO MR // AR // TR, NO PAH

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### **FINAL CONCLUSION:**

1. NORMAL SIZED ALL CARDIAC CHAMBERS, NO LVH
2. NORMAL LV SYSTOLIC FUNCTION, LVEF --65%
3. NO RESTING REGIONAL WALL MOTION ABNORMALITY
4. NORMAL DIASTOLIC FUNCTION
5. NORMAL RIGHT HEART SIZE AND RV PRESSURES
6. NORMAL ALL CARDIAC VALVES, NO MITRAL // AORTIC STENOSIS
7. NO PERICARDIAL EFFUSION, CLOT OR VEGETATION SEEN, SR+.

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Dr. KILLOL KANERIA, M.D.,D.M.,CARD.

### CONCLUSION OF HEALTH CHECKUP

ECU Number	: 4336	MR Number	: 23209623	Patient Name	: KALPANABEN D. PARMAR
Age	: 39	Sex	: Female	Height	: 145
Weight	: 47	Ideal Weight	: 48	BMI	: 22.35
Date	: 15/07/2023				

Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.

ECU Number : 4336                      MR Number : 23209623                      Patient Name : KALPANABEN D. PARMAR  
Age : 39                                      Sex : Female                                      Height : 145  
Weight : 47                                      Ideal Weight : 48                                      BMI : 22.35  
Date : 15/07/2023

Past H/O : P/H/O TL DONE - 20 YRS.

Present H/O : NO MEDICAL COMPLAINTS AT PRESENT.

Family H/O : NO F/H/O ANY MAJOR ILLNESS.

Habits : FATHER : DIABETES.

Gen.Exam. : G.C. GOOD

B.P : 130/80 mm Hg

Pulse : 76/MIN REG.

Others : SPO2 : 99 %

C.V.S : NAD

R.S. : NAD

Abdomen : NP

Spleen : NP

Skin : NAD

C.N.S : NAD

Advice :



ECU Number : 4336  
Age : 39  
Weight : 47  
Date : 15/07/2023

MR Number : 23209623  
Sex : Female  
Ideal Weight : 48

Patient Name: KALPANABEN D. PARMAR  
Height : 145  
BMI : 22.35

**Ophthalmic Check Up :**

**Right**

**Left**

Ext Exam

NORMAL

Vision Without Glasses

6/6

6/6

Vision With Glasses

BE : + 1.0 D SPH

Final Correction

NORMAL

NORMAL

Fundus

NORMAL

Colour Vision

NORMAL

Advice

NIL

**Orthopaedic Check Up :**

Ortho Consultation

Ortho Advice

**ENT Check Up :**

Ear

Nose

Throat

Hearing Test

ENT Advice

**General Surgery Check Up :**

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice

ECU Number : 4336  
Age : 39  
Weight : 47  
Date : 15/07/2023

MR Number : 23209623  
Sex : Female  
Ideal Weight : 48

Patient Name : KALPANABEN D. PARMAR  
Height : 145  
BMI : 22.35

**Gynaec Check Up :**

OBSTETRIC HISTORY	G2 P2 - 2 FTND
MENSTRUAL HISTORY	-
PRESENT MENSTRUAL CYCLE	LMP : 11/07/23
PAST MENSTRUAL CYCLE	IRREGULAR
CHIEF COMPLAINTS	-
PA	SOFT
PS	NOT DONE
PV	PERIODS.
BREAST EXAMINATION RIGHT	NORMAL
BREAST EXAMINATION LEFT	NORMAL
PAPSMEAR	
BMD	
MAMMOGRAPHY	
ADVICE	.

### Dietary Assesment

ECU Number : 4336 MR Number : 23209623 Patient Name : KALPANABEN D. PARMAR  
Age : 39 Sex : Female Height : 145  
Weight : 47 Ideal Weight : 48 BMI : 22.35  
Date : 15/07/2023

Body Type : Normal / Underwight / Overwight  
Diet History : Vegetarian / Eggetarian / Mixed

Frequency of consuming fried food : / Day / Week or occasional  
Frequency of consuming Sweets : / Day / or occasional  
Frequency of consuming outside food : / Day / Week or occasional  
Amount of water consumed / day : Glasses / liters

Life style assessment :

Physical activity : Active / moderate / Sedentary / Nil  
Alcohol intake : Yes / No  
Smoking : Yes / No  
Allergic to any food : Yes / No  
Are you stressed out ? : Yes / No  
Do you travel a lot ? : Yes / No

General diet instructions :

Have small frequent meals.

Avoid fatty products like oil, ghee, butter, cheese.

Take salt restricted diet and avoid table salt.

Consume fibrous food regalarly like whole grains, Daliya,Oats, Bajra, Flex seeds, Pulses, Fruits and Salads.

Keep changing your cooking oil every three months.

Avoid Maida, Starchy foods and Bakery products.

Consume 1-2 seervings of all fruits and vegetables, For Diabetic patients avoid Mango, Chikoo, Banana, Grapes and Custurd apple

Dring 3 to 4 liters (12 - 14 glass) of water daily.

Eat Beetroots, Figs, Almond, Walnut, Dates, Leafy vegetables, roasted Channa and Jeggary (Gur) for Heamoglobin in case of diabetic patient avoid Rasins, Dates and Jeggary

Drink green Tea or black Coffee once in a day.

Do brisk walking daily.

Patient No. : 23209623 Report Date : 15/07/2023

Request No. : 190071818 15/07/2023 9.24 AM

Patient Name : **Mrs. KALPANABEN D. PARMAR**

Gender / Age : Female / 39 Years 23 Days

**USG : Abdomen (Excluding Pelvis) Or Upper Abdomen**

**Liver is normal in size and echopattern. No mass lesion identified. The hepaticveins are clear and patent. PV patent. No dilated IHBR.**

Gall bladder is well distended and shows no obvious abnormality. Common bile duct measures 4 mm in diameter.

Pancreas shows no obvious abnormality. Tail obscured.  
Spleen is normal size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

Uterus is anteverted, normal in size and echo pattern. Endometrium thickness is about 5 mm. No obvious mass lesion seen.

Uterine length : 69mm.  
A.P. : 34mm.

Both ovaries are normal.

Urinary bladder is well distended and appears normal.

No ascites.

**COMMENT:**

**No obvious abnormality seen.**

*Kindly correlate clinically*

*Hasani*

**Dr.Prerna C Hasani, MD**

Consultant Radiologist



Patient No. : 23209623                      Report Date : 15/07/2023  
Request No. : 190071884      15/07/2023 9.24 AM  
Patient Name : **Mrs. KALPANABEN D. PARMAR**  
Gender / Age : Female / 39 Years 23 Days

**X-Ray Chest AP**

Both lung fields are clear.  
Both costophrenic sinuses appear clear.  
Heart size is normal.  
Hilar shadows show no obvious abnormality.  
Aorta is normal.

*Hasani*

**Dr.Prerna C Hasani, MD**  
Consultant Radiologist

