

Name : Mrs. PIYALI SINGHA (32 /F)

Date : 29/03/2022

Address : BIBEKANANDA NAGAR, PS-MADHYAGRAM, NORTH 24 PARGANAS, NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001477108

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH144944



CHIEF COMPLAINTS

For corporate health checkup

C/O Flatulence dyspepsia.

History of Present Illness:-

H/O PCOD – on treatment.

H/O Hypothyroidism – on medication.

No H/O DM/HTN/TB/Asthma/Heart disease.



DRUG ALLERGY

NO KNOWN ALLERGY

:30/03/2022



SYSTEMIC REVIEW

Cardiovascular system

Nil significant.

Respiratory system

Nil significant.

Gastrointestinal system

APPETITE - Normal.

BOWEL HABITS - Regular.

FLATULENCE AND DYSPEPSIA - Yes.

Genitourinary system

URINARY FREQUENCY - Normal.

Gynaec history

P0+), LMP - 05/03/2022, Cycle - Regular.

Central nervous system

MEMORY & CONCENTRATION - Normal.

SLEEP – Normal.

Eyes

VISION - Corrected with glasses.

ENT

Hearing - Normal.



Present medications

Tab. Thyroxin 75 mcg - once daily.



Past medical history

Covid 19 - Yes



Surgical history

Surgical history - Nil



Personal history

Marital status - Married

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Active



Family history

Father - alive

Mother - alive

Brothers - 1

Diabetes - father

Coronary artery disease - none

Cancer - None

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PHYSICAL EXAMINATION



General

Build - over weight
Height (in cms) - 169
Weight (in Kgs) - 82
BMI - 28.71
Pallor - no
Oedema - no



Cardiovascular system

Heart rate(Per minute) - 72
Rhythm - Normal
Systolic(mm of Hg) - 110
Diastolic(mm of Hg) - 70
Heart sounds - S1S2+



Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Present



Central nervous system

No neurological deficit



Skin

No significant finding



Musculo Skeletal System

Extremities - No Significant finding.
Spine - No Significant finding.

Printed By : AVIJIT DAS

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COMPLETE HAEMOGRAM PROFILE

| Test Name | Result | Unit | Level | Range |
|--|-------------------------------|----------------|-------|------------|
| Hemoglobin | 11.3 * | g/dl | ● | 12.0-15.0 |
| RBC COUNT | 3.88 | Million/ ul | ● | 3.8-4.8 |
| Hematocrit - Hct: | 36.8 | % | ● | 36-46 |
| MCV | 94.8 | fl | ● | 83-101 |
| MCH | 29.0 | pg | ● | 27-32 |
| MCHC | 30.6 * | % | ● | 31.5-34.5 |
| RDW | 14.2 * | % | ● | 11.8-14.0 |
| WBC Count | 8900 | /cu mm | ● | 4000-10000 |
| Platelet Count | 1.78 | lacs/cu mm | ● | 1.5-4.0 |
| Neutrophils | 64 | % | ● | 40-80 |
| Lymphocytes | 30 | % | ● | 20-40 |
| Monocytes | 05 | % | ● | 2-10 |
| Eosinophils | 01 | % | ● | 01-06 |
| Basophils | 00 | % | ● | 0-0 |
| RBC: | Normocytic Normochromic cells | | | |
| Platelets: | Adequate. | | | |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 07 | mm/1st hr | ● | 0-20 |

URINE ROUTINE AND MICROSCOPY

| Test Name | Result | Unit | Level | Range |
|------------------|-----------------|------|-------|-------|
| Volume: | 30 | mL | | |
| Colour: | Pale Straw | | | |
| Appearance | Slightly Turbid | | | |
| Specific Gravity | 1.010 | | | |
| pH: | 6.0 | | | |
| Albumin: | Not Detected | | | |
| Glucose | Not Detected | | | |
| Ketone: | Not Detected | | | |
| Bile Pigments | Not Detected | | | |
| RBC | Nil | /hpf | | |
| Pus Cells | 2-4 | /hpf | | |

| | |
|------------------|--|
| Epithelial Cells | 8-10 /h.p.f /hpf |
| Casts: | Not Found |
| Crystals: | Not Found |
| Note | Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf. |

URINE SUGAR- FASTING(QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE GLUCOSE(FASTING) | Nil | | | |

BLOOD GROUPING AND TYPING (ABO AND RH)

| Test Name | Result | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group: | A | | | |
| Rh (D) Type: | POSITIVE | | | |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|-------|-------|---------|
| ALT(SGPT) - SERUM | 21 | U/L | ● | 10-40 |
| ALBUMIN - SERUM | 4.3 | g/dL | ● | 3.5-5.1 |
| ALKALINE PHOSPHATASE - SERUM | 55 | U/L | ● | 42-98 |
| AST (SGOT) - SERUM | 21 | U/L | ● | 10-42 |
| BILIRUBIN TOTAL - SERUM | 0.5 | mg/dL | ● | 0.0-1.0 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------|--------|-------|-------|-------|
| CHOLESTEROL - SERUM | 193 | mg/dL | ● | 0-200 |

CREATININE - SERUM

| Test Name | Result | Unit | Level | Range |
|--------------------|--------|-------|-------|---------|
| CREATININE - SERUM | 0.9 | mg/dL | ● | 0.6-1.1 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|--|--------|------|-------|-------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 12 | U/L | ● | 7-64 |

GLUCOSE - PLASMA (FASTING)

| Test Name | Result | Unit | Level | Range |
|-----------|--------|------|-------|-------|
|-----------|--------|------|-------|-------|

● Within Normal Range
 ● Borderline High/Low
 ● Out of Range

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GLUCOSE - PLASMA (FASTING) 89 mg/dL ● 70-99

TSH: THYROID STIMULATING HORMONE - SERUM 3.8 µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

| Test Name | Result | Unit | Level | Range |
|--|--------|------|-------|--|
| HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD | 5.6 | % | ● | Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7% |

URIC ACID - SERUM

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|-------|-------|---------|
| URIC ACID - SERUM | 6.1 * | mg/dL | ● | 2.6-6.0 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|---------|
| BILIRUBIN CONJUGATED (DIRECT) - SERUM | 0.1 | mg/dL | ● | 0.0-0.2 |

BUN (BLOOD UREA NITROGEN)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|-------|-------|----------|
| BUN (BLOOD UREA NITROGEN) | 10.1 | mg/dL | ● | 7.0-18.0 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|-------|
| HDL CHOLESTEROL - SERUM | 41 | mg/dL | ● | 30-70 |
| LDL CHOLESTEROL -SERUM | 122 * | mg/dL | ● | 0-100 |
| VLDL CHOLESTEROL - SERUM (Calculated) | 30 | mg/dL | ● | 0-35 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-------------|---------|------|-------|---------|
| A/G - RATIO | 1.3:1.0 | | | 1.0-2.0 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|--------------------------------|--------|------|-------|---------|
| PROTEIN TOTAL - SERUM | 7.7 | g/dL | ● | 6.4-8.3 |
| GLOBULIN: (CALCULATED) - SERUM | 3.4 | g/dL | ● | 1.8-3.6 |

PAP SMEAR /CERVICAL SMEAR

Ref No: AG01.C2201467
 SPECIMEN TYPE: Conventional cervical smear (Pap) x 1
 SPECIMEN ADEQUACY: Satisfactory for evaluation without endocervical cells.
 INTERPRETATION/RESULT: Negative for intraepithelial lesion or malignancy, with Trichomonas vaginalis.

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|-------------------------------------|--------|-------|-------|----------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 1.0 | ng/ml | ● | 0.8-2 |
| TOTAL T4: THYROXINE - SERUM | 9.5 | µg/dL | ● | 5.1-14.1 |

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Fatty changes in liver.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------------------|--------|-------|-------|-------|
| TRIGLYCERIDES - SERUM | 127 | mg/dL | ● | 0-150 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|-----------|--------|------|-------|-------|
|-----------|--------|------|-------|-------|

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**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

Haematology

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

STOOL ROUTINE

Biochemistry

GLUCOSE - PLASMA (POST PRANDIAL)

CARDIOLOGY

TREADMILL TEST / STRESS TEST



Within Normal Range



Borderline High/Low



Out of Range

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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