

Name : Mr. VARUN KUMAR (33 /M)

Date : 11/03/2022

Address : BD-53/1, MEENA TOWER, SHIVAM APRT., OPP. B.C.330, SAMARPALLY,
KESTOPUR, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0001927696

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS
WITH TMT/ECHO)

AHC No : AMHLAH143695



CHIEF COMPLAINTS

For corporate health checkup

No specific complaints

PRESENT KNOWN ILLNESS:-

No H/O HTN/DM/TB/Asthma/Heart Disease.



DRUG ALLERGY

NO KNOWN ALLERGY

:14/03/2022



SYSTEMIC REVIEW

Cardiovascular system

Nil significant.

Respiratory system

Nil significant.

Gastrointestinal system

APPETITE - Normal, BOWEL HABITS - Regular.

Genitourinary system

FREQUENCY – Normal.

Central nervous system

MEMORY & CONCENTRATION – Normal, SLEEP
– Normal.

Eyes

VISION - Normal.

ENT

HEARING – Normal.

Skin

Nil significant.

Weight

Steady.



Past medical history

Past medical history - nil significant



Surgical history

Surgical history - Nil



Personal history

Marital status - Married

No. of children - 1

Diet - Vegetarian

Alcohol - consumes alcohol
occasionally

Smoking - No

Chews tobacco - No

Physical activity - Active



Family history

Father - alive

Mother - alive

Brothers - 1

Sisters - 1

Coronary artery
disease - none

Cancer - None

PHYSICAL EXAMINATION



General

Build - obese

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Height (in cms) - 163
Weight (in Kgs) - 83
BMI - 31.24
Pallor - no
Oedema - no



Cardiovascular system

Heart rate(Per minute) - 66
Rhythm - Normal
Systolic(mm of Hg) - 108
Diastolic(mm of Hg) - 72
Heart sounds - S1S2+



Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Present.



Central nervous system

No neurological deficit



Skin

No significant finding



Musculo Skeletal System

Extremities - No significant finding
Spine - No significant finding

Printed By : AVIJIT DAS

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.9 *	g/dl	●	13.0-17.0
RBC COUNT	4.30 *	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	38.0 *	%	●	41-53
MCV	88.5	fl	●	83-101
MCH	29.9	pg	●	27-32
MCHC	33.8	%	●	31.5-34.5
RDW	15.1 *	%	●	11.8-14.0
WBC Count	9800	/cu mm	●	4000-10000
Platelet Count	2.12	lacs/cu mm	●	1.5-4.0
Neutrophils	68	%	●	40-80
Lymphocytes	22	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	32 *	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	61 *	U/L	●	10-40
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	92	U/L	●	53-128
AST (SGOT) - SERUM	37	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.7	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	189	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.9	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	23	U/L	●	7-64
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TOTAL T3: TRI IODOTHYRONINE - SERUM	0.7 *	ng/ml	●	0.8-2
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TOTAL T4: THYROXINE - SERUM	4.8 *	µg/dL	●	5.1-14.1
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GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	97	mg/dL	●	70-99

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	96	mg/dL	●	0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	105	mg/dL	●	70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.4	µIU/mL	●	0.270-4.200

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHO LE BLOOD	5.3	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Theraputic goal : <7%

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.5	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	44	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	131 *	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	14	mg/dL	●	0-35

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.7	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4:1.0			1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.3	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.0	g/dL	●	1.8-3.6

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Fatty changes in liver - Grade I.

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
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X-RAY CHEST PA

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Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

 Within Normal Range  Borderline High/Low  Out of Range

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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