

S. No.	Service Sub Group	Service Name			
1	Blood Bank	Blood Grouping And Typing (Abo And Rh)			
2	Bio Chemistry	Glycosylated Hemoglobin (HbA1C) - Whole Blood			
3	Bio Chemistry	THYROID PROFILE - I(T3,T4 AND TSH)			
4	Bio Chemistry	Lipid Profile (all Parameters)			
5	Bio Chemistry	Renal Function Test			
6	Bio Chemistry	LIVER FUNCTION TEST (PACKAGE)			
7	Bio Chemistry	GGTP: Gamma Glutamyl Transpeptidase - Serum			
3	Cardiology	ECG			
)	Ultrasound	Ultrasound - Whole Abdomen			
10	Cytology	LBC PAP SMEAR			
11	Consultations	Fitness by General Physician			
12	Consultations	Consultation - Dental			
13	Consultations	Opthal by General Physician			
14	Consultations	Package Consultation - ENT			
15	Consultations	Dietician consultation			
16	Consultations	Package Gynaeocological Consultation			
17	Bio Chemistry	GLUCOSE - SERUM / PLASMA(FASTING AND POST PRANDIAL			
18	Bio Chemistry	URINE GLUCOSE(FASTING)			
19	Bio Chemistry	URINE GLUCOSE(POST PRANDIAL)			
20	Cardiology	2-D ECHO ₹M↑			
21	X-Ray	X-Ray Chest PA			
.2	Others	BMI			
23	Haematology	Urine Routine (CUE)			
4	Haematology	HEMOGRAM (CBC+ESR)			



CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

		Tick
•	Medically Fit	~
•	Fit with restrictions/recommendations	
	Though following restrictions have been revealed, in my opinion, these are not impediments to the job.	
	1	
	2	
	3	s
	However, the employee should follow the advice/medication that has been communicated to him/her.	l i y I
	Review after	
•	Currently Unfit. Review after	
	Unfit	
•		

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123

777



Patient Name- Mrs. Newa Gypta	Date-	02/04/23
Age- 35	Sex-	F.
BP-Systolic 136 Diastolic 88mm kg	R.B.S	
Pulse- 74 blmin	SPO2-	994.
Temp- 98.3 F	Height-	
Weight- 73.7169b	BMI-	*
Consultant- Dr. Sayrabh Agarwal.	Fat-	

-Mild hepatomegaly I grade I fatty liver

Advice: Avoid oily spias good Excercise 30 min/day Diet modification

Dr. Saurabh Agarwal

Valid for 7 Days



Patient Name- No. N	Jeha Crupta.	Date- 2 4 123
Age- 35 yrs.		Sex- Semale
BP-Systolic -\36	Diastolic -88 mmHg.	R.B.S
Pulse- 74		SPO2- 99 /
Temp- 98 · 3 ° 5	,	Height-
Weight- 73.7 Kg.		BMI-
Consultant-Dr. Me	ena Pandey.	Fat-

ML- 14 book Alb. Isen "

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Report Doc No.: 4957 Patient No.: 3783-3773

Name: Mrs. Neha Gupta / 35 Year / Female

Refered By: arcofemi healthcare limited

Collected On: 02-04-2023

Report On: 02-04-2023 06:26 PM

CBC (Complete Blood Count) Hemoglobin 11.2 gm% Normal 12-15 gm% Method: (Cyanmethemoglobin) Hematocrit (PCV) 33.5 % Normal 36-45 % Method: (Calculated parameter) **RBC Count** 4.32 million/cmm Normal 3.7-5 million/cmm Method: (Electrical Impedence) MCV 77.5 fl Normal 83-101 fl Method :(Calculated parameter) MCH 25.9 pg Normal 27-32 pg Method: (Calculated parameter) MCHC 33.4 g/dl Normal 31-37 g/dl Method: (Calculated parameter) RDW-CV 15.8 % Normal 11.6-14 % Method: (Electrical Impedence) TLC (Total Leucocyte Count) 6300 cells/cu.mm Normal 4000-10000 cells/cu.mm Method: (Electrical Impedence) DLC (Differential Leucocyte Count) Method: (Electrical Impedence) Neutrophil 64 % 40-80 Lymphocyte 27 % 20-40 Eosinophil 05 % 1-6 Monocyte 04 % 2-10 Basophil 00 % 0 - 1ABSOLUTE LEUCOCYTE COUNT Method: (Electrical Impedence) NEUTROPHILS 4032 cells/cu.mm 2000-7000 LYMPHOCYTES 1701 cells/cu.mm 1000-3000

315 cells/cu.mm

252 cells/cu.mm

14 mm/h

242 thousand/mm3

20-500

200-1000

Normal 0-20 mm/h

Normal 150-450 thousand/mm3

Page 1 End

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EOSINOPHILS

MONOCYTES

Platelet Count

Checked By

ESR (Wintrobs)

Method: (Electrical Impedence)

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Name: Mrs. Neha Gupta / 35 Year / Female

Refered By: arcofemi healthcare limited

Patient No.: 3783-3773

Collected On: 02-04-2023

Report On: 02-04-2023 06:39 PM

Blood Grouping/ABO RH Typing

Blood Group

" O "

Rh Factor

Positive

Blood Sugar (Fasting)

Method: (GOD-POD)

84.0 mg/dl

Normal 70-110 mg/dl

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Hazratganj, Lucknow 226001





Patient No.: 3783-3773 Collected On: 02-04-2023

Name: Mrs. Neha Gupta / 35 Year / Female Refered By: arcofemi healthcare limited

Report On: 02-04-2023 06:26 PM

HbA1c

TEST NAME	RESULT	UNIT	BIO. REF. RANGE	METHOD
HBA1C, GLYCATE HEAMOGLOBIN,	5.4	%		TURBIDIMETRIC
WHOLE BLOOD EDTA				

Comment:

Reference range as per American Diabetes Association (ADA):

REFERENCE GROUP	HBA1C IN %	
NON DIABETIC ADULTS> 18	< 5.7	
YEARS		
AT RISK (PREDIABETES)	5.7-6.4	
DIAGNOSING DIABETES	≥6.5	
DIABETICS		
EXCELENT CONTROL	6-7	
FAIR TO GOOD CONTROL	7-8	
UNSATISFACTORY CONTROL	8-10	
POOR CONTROL	>10	

Note: Dietary preparation or fasting is not required.

- 1. A1C test should be performed at least two times a year in patients who are meeting treatment goals (and who have stable glycemic control).
- 2. Lowering A1C to below or around 7% has been shown to reduce microvascular and neuropathic complications of type 1 and type 2 diabetes. When mean annual HbA1c is <1.1 times ULN (upper limit of normal), renal and retinal complications are rare, but complications occur in >70% of cases when HbA1c is >1.7 times ULN.
- 3. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present. Fructosamine may be used as an alternate measurement of glycemic control.

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Name: Mrs. Neha Gupta / 35 Year / Female

Refered By: arcofemi healthcare limited

Patient No.: 3783-3773

Collected On: 02-04-2023

Report On: 02-04-2023 06:26 PM

Kidney Function Test (KFT)

Serum Urea

Method: (UREASE)

22.0 mg/dl

Normal 10-50 mg/dl

Serum Creatinine

Method: (Creatinine amidohydrolase)

0.6 mg/dl

Normal 0.6-1.4 mg/dl

Serum Sodium

Method: (Direct ISE)

141.7 mmol/L

Normal 135-146 mmol/L

Serum Potassium

Method: (Direct ISE)

4.3 mmol/L

Normal 3.5-5.1 mmol/L

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Method: (Diazo sulfanilic)

Method:(Calculated parameter)

Name: Mrs. Neha Gupta / 35 Year / Female

Refered By: arcofemi healthcare limited

Patient No.: 3783-3773 Collected On: 02-04-2023

Report On: 02-04-2023 06:26 PM

Liver Function Test (LFT)

Serum Bilirubin - Total 0.5 mg/dl Normal 0.2-1.2 mg/dl Method: (Diazo sulfanilic) Serum Bilirubin - Direct 0.2 mg/dl Normal 0-0.3 mg/dl

Serum Bilirubin-Indirect 0.3 mg/dl Normal 0.3-1 mg/dl

Serum SGOT/AST 18.0 U/L Normal 10-46 U/L Method: (UV with P-5-P)

Serum SGPT/ALT 20.0 U/L Normal 10-49 U/L Method : (UV with P-5-P)

Serum Alkaline Phosphatase (SALP) 89.0 U/L Normal 35-104 U/L

Method: (p-nitrophenyl phosphate)

Serum Gamma-Glutamyltransferase (GGT) 26.0 U/L Normal 0-38 U/L

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Method:(IFCC)

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Name: Mrs. Neha Gupta / 35 Year / Female

Refered By: arcofemi healthcare limited

Patient No.: 3783-3773 Collected On: 02-04-2023

Report On: 02-04-2023 06:26 PM

Lipid Profile

Serum Cholesterol -Total Method :(CHE/CHO/POD)

144.0 mg/dl

Normal < 200

Serum Triglyceride Method:(Enzymatic) 89.0 mg/dl

Normal < 150

Serum Cholesterol VLDL

Method: (Calculated parameter)

17.8 mg/dl

Normal < 30

Serum Choleterol HDL

Method: (Polymer-Detergent)

47.0 mg/dl

Normal > 40

Serum Cholesterol LDL

Method:(Calculated parameter)

80 mg/dl

Normal < 100

Total Cholesterol/HDL Ratio

Method: (Calculated parameter)

3.06

Normal 0-4.5

LDL/HDL Ratio

Method (Calculated parameter)

1.7

Normal 0-3

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Name: Mrs. Neha Gupta / 35 Year / Female

Refered By: arcofemi healthcare limited

Patient No.: 3783-3773

Collected On: 02-04-2023

Report On: 02-04-2023 06:26 PM

T3 T4 TSH

Serum T3

Method: (Chemiluminescence Immunoassay)

0.83 ng/ml

Normal 0.7-2 ng/ml

Serum T4

Method: (Chemiluminescence Immunoassay)

6.95 µg/dl

Normal 6.1-12.2 µg/dl

Serum Thyroid Stimulating Hormone (TSH)

Method: (Chemiluminescence Immunoassay)

2.281 uIU/ml

Normal 0.3-5.6 uIU/ml

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Page 7 End



Report Doc No.: 4957 Patient No.: 3783-3773 Collected On: 02-04-2023

Name: Mrs. Neha Gupta / 35 Year / Female Refered By: arcofemi healthcare limited

Report On: 02-04-2023 06:26 PM

Urine R/M

DE	PARTMENT OF CLINIC	CAL PATHOLOGY	,	
URINE EXAMINATION REPORT				
TEST NAME	VALUE	UNIT	NORMAL VALUE	
PSYSICAL EXAMINATION:-				
Urine Color	Pale Yellow		Pale yellow	
Reaction	Acidic		Acidic/Alkaline	
Appearance	Clear		Clear	
Specific Gravity	1.005		1.010-1.025	
CHEMICAL EXAMINATION:-		,		
Albumin	Absent		Trace/Nil	
Glucose	Absent		Absent	
Ketone	Absent		Absent	
Blood	Present (+)		Absent	
Bilirubin	Absent		Absent	
Urobilinogen	Absent		Absent	
Nitrite	Absent		Absent	
MICROSCOPIC EXMINATION:-				
Pus Cells(WBC)	1-2	Cells/hpf		
Red Blood Cells (RBC)	Occasional	Cells/hpf		
Epithelial Cell	0-1	Cells/hpf		
Casts	Nil	Nil		
Bacteria	Nil	The state of the s		
Crystals	Nil	Nil		

End of Report

Checked By

Dr. Divya Mehdiratta MBBS, MD (Pathologist)



NAME : MRS. NEHA GUPTA RTNO : 4087

DATE : 02.APRIL.2023 35 Y AGE

REFERRED BY : PAN INDIA SEX F

ULTRASOUND OF WHOLE ABDOMEN

- LIVER: is enlarged in size (15.1 cms) with normal shape & increased echogenicity. Biliary radicals are not dilated. No obvious focal lesion. Portal & hepatic veins are normal in caliber.
- GALL BLADDER: is partially distended. Wall thickness is normal. No pericholecystic fluid collection noted. CBD is not dilated.
- PANCREAS: is normal in size and contour. Parenchyma shows normal echotexture. No pancreatic duct dilatation is seen. No peri-pancreatic fluid collection seen.
- SPLEEN: is normal in size (11.7 cms), shape & position. Parenchyma shows normal echotexture. Splenic veins are not dilated.
- B/L KIDNEYS:
- Both kidneys are normal in size, site, shape, position. Cortical echoes are normal. Corticomedullary differentiation is maintained. Pelvicalyceal system are not dilated. No obvious calculus / mass / cyst seen.
- URINARY BLADDER: is well distended with normal contour. Wall appears regular. No evidence of any calculus /mass lesion is seen.
- UTERUS: It is anteverted with normal size measuring 81x48x44 mm. Myometrial & endometrial echoes are normal. Endometrial stripe measures 4.4 mm is normal. No obvious fluid collection seen with in endometrial canal. No focal mass lesion seen. Cervix appears normal.
- RIGHT OVARY: is normal in size, shape and echotexture.
- **LEFT OVARY**: is normal in size, shape and echotexture.
- No fluid in POD.

IMPRESSION:

➤ MILD HEPATOMEGALY WITH GRADE I FATTY LIVER.

ADV: Please correlate clinically

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Email: hazratganj.lko@apolloclinic.com

Dr. Priyank K.S. Chaudhary

MBBS, DMRD, DNB(Radiodiognasia PPOINTMENT









PATIENT NAME : MRS NEHA GUPTA

AGE / SEX: 35 YRS /F

UHID : 4087 DATE: 02, APR, 2023

2-D ECHO & M-MODE EXAMINATION **VALVES**

1. MITRAL VALVES STUDY:

a) Motion: Normal

b) Thickness: Normal c) Calcium-none

2. AORTIC VALVE STUDY

a) Aortic root 3.2 cm.

b)Aortic Opening 1.7 cm.

c)Closure: Central

d)Calcium-none

e)Eccentricity Index 1

f) Vegetation- none

g) Valve Structure: Trileaflet

3.PULMONARY VALVE STUDY Normal

a)EF Slope

Normal

b)A Wave +

c)Thickness

Normal

d)Others -

4.TRICUSPID VALVE

Normal.

6. AORTIC MITRAL CONTINUITY: maintained

Left Atrium

4.7x3.3 cm.

Clot : none Others:

Right Atrium

Normal

Clot none I.A.S.: intact

IVC

11mm with normal respiratory variation

(Cont2)

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(...2)

VENTRICLES

RIGHT VENTRICLE:

Normal

Ejection fraction: 64%

LEFT VENTRICLE:

Fractional Shortening 34%

IVS (D) 0.8cm.(S)

1.4 cm.

LV mass:123g

LVID(D) 3.82cm.(S)

2.50 cm.

PW (D) 1.1cm (S)

1.4 cm

RWMA: None IVS: Intact

TOMOGRAPHIC VIEWS

PARASTERNAL LONG AXIS VIEW:

Normal

Good LV contractility

SHORT AXIS VIEWS:

Aortic Valve Level

AOV- Normal

MV-Normal PV-Normal TV-Normal

Mitral Valve Level

Papillary Muscle Level:

APICAL 4 CHAMBER VIEW OTHER SPECIAL VIEWS:

No clot / vegetation

(Cont.....3)

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(.....3)

PERICARDIUM Normal DOPPLER STUDIES

	Velocity (m/ sec)	Flow Pattern	Regurgitation	Gradient mmHg
MITRAL	E=0.80;A=0.50 E/A=1.6;E/e'=5.3	Normal	Nil	-
AORTIC	1	Normal	Nil	4.3
TRICUSPID	Normal	Normal	Nil	-
PULMONARY	0.7	Normal	Nil	2.6

CONCLUSIONS:

- No RWMA
- LVEF = 64%
- IAS/IVS intact
- No significant MR/AR/TR
- No clot / vegetation.
- No pericardial effusion.
- No Diastolic Dysfunction

NORMAL STUDY

DR. A.K SINGH MD,DM (Cardiology)





Patient Name : MRS. NEHA GUPTA

Age/ Gender : 35 Y/F

UHID/ MR No : 2950

Ref Doctor :

Reported : 02.april.2023

Status :

Client Name :

Patient Location : LUCKNOW

X-RAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically

Dr. PRIYANK CHAUDHARY (RADIOLOGIST)

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CONSENT FORM

Patient Name:Age:	lla ve
UHID Number:Company Name:	
I Mr/Mrs/Ms:Employee of	
(Company) want to inform you that I am not interested in getting	ii A
Tests done which is a part of my routine health check package.	
And I Claim the above statement in my full consciousness.	
Nagara Maria	
Patient signature:Date:	-
PP, luciène, diet Consultation and Ex enc. on friday secause of office Jam not able n non to thousand.	IT weill be
one on friday	to Come
ecause of office tam not able	V
n non to themeday.	

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Mois Neha Chubta Age - 35 V/F



Vm < 6160

·Clo- none

VncpH < 616

Mrw (NR

Cum (38/38) 3WN/C

Subjective Improvement-

R-3-75DS-616

1 -> - 2.25DS - 616

Non (N6

* Constant Use.

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Calculus

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MDS (Periodontist & Oral Implentologist)

Consultant Dentist

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DCI Reg. No. 002269

Apollo Clinic, Hazratgani

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