

**PERIODIC MEDICAL EXAMINATION REPORT**

Name	: Bhagyshree P Gawali	Test Code	: AHC-15
Emp Code	:	Test Date	: 15-12-2021
Age	: 29 Years	Sex	: Female
Contact No	: 9821607543	Dep. Name	: --
Company Name	: Arcofemi Health Care Ltd.	Job Nature	: --

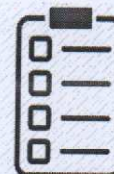
**PHYSIOLOGICAL DATA**

Height	: 162 Cms	Weight	: 46 Kgs	Expected Weight	: 58 Kgs
B.P	: 110/76 mmHg	PULSE	: 72 /min	Body Mass Index	: 17.53



**MEDICAL HISTORY**

<input checked="" type="checkbox"/> NO Frequent Cold	<input checked="" type="checkbox"/> NO Frequent Sneezing	<input checked="" type="checkbox"/> NO Joint Pain
<input checked="" type="checkbox"/> NO Shortness of breath	<input checked="" type="checkbox"/> NO Frequent Headache	<input checked="" type="checkbox"/> NO Chronic Cough
<input checked="" type="checkbox"/> NO Backache	<input checked="" type="checkbox"/> NO Intestinal trouble	<input checked="" type="checkbox"/> NO Ear Discharge
<input checked="" type="checkbox"/> NO Impaired Hearing	<input checked="" type="checkbox"/> NO Chest Pain Or Pressure	<input checked="" type="checkbox"/> NO Diabetes
<input checked="" type="checkbox"/> NO Recent Loss Of Weight	<input checked="" type="checkbox"/> NO Allergy To Drugs / Chemical	<input checked="" type="checkbox"/> NO High BP



**PAST OPERATIVE HISTORY**

<input checked="" type="checkbox"/> NO Hydrocele	<input checked="" type="checkbox"/> NO Renal Calculus	<input checked="" type="checkbox"/> NO Duodnal Ulcer
<input checked="" type="checkbox"/> NO Hernia	<input checked="" type="checkbox"/> NO Tonsillitis	<input checked="" type="checkbox"/> NO Appendicitis
<input checked="" type="checkbox"/> NO Cataract	<input checked="" type="checkbox"/> NO DNS	<input checked="" type="checkbox"/> NO Piles



**OTHER PAST OPERATIVE HISTORY** : No

**OTHER COMPLAINTS** : No

**PAST HISTORY** : No

**FAMILY HISTORY** : No

**ADDICTIONS** : Smoke : No | Drinks : No | Diet : Veg | Pan : No | Tobacco : No | Gutka : No

**VISION**

**WITHOUT GLASSES**

**WITH GLASSES**

**COLOUR BLINDNESS**

NEAR R N-6 L N-6

NEAR R N-6 L N-6

NO

FAR R 6/12 L 6/12

FAR R 6/6 L 6/6



**VISION REMARK** : NORMAL WITH GLASS

Medical Test Date : 15-12-2021

Test Code : AHC-15

Name : Bhagyshree P Gawali

Emp Code :

**CLINICAL EXAMINATION****GENERAL & DERMATOLOGY EXAMINATION**

General Condition	: Good	Nails	: NAD
Oedema Feet	: Absent	Skin	: Normal
Temperature	: Normal	Deformities	: None

**CARDIOVASCULAR**

Heart Sound : Normal

**ABDOMEN**

Liver	: Not Palpable	Spleen	: Not Palpable
		Other Masses	: NAD

**GENITO URINARY**

Ext. Genitalia	: Normal	Discharge	: No
		Hydrocele	: Normal

**LYMPHATIC AND ENDOCRINE**

Lymph Nodes	: Not Palpable	Thyroid	: Not Palpable
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**MUSCULO SKETAL**

Bones	: NAD	Joints	: NAD
		Posture Spine	: Normal

**NERVOUS SYSTEM**

Sensory System	: Normal	Reflexes	: Normal
		Motor System	: Normal

**EYE CHECKUP**

Conjunctiva	: Normal	Cornea	: Normal
Pupil	: Normal	Fundus	: NAD

E.C.G : Within Normal Limits

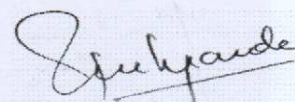
PFT : NA

ADVICE : Normal Health.

**RESULT** : This is to certify that the employee is free from contagious and obnoxious disease including skin & Tuberculosis. Hence found to be fit for the respective job.

\*NAD - No Abnormality Ditectod

NA - Not Applicable


**Dr. Rahul S Deshpande**

M.B.B.S. D. Ortho A.F.I.H (Mumbai) M.B.B.S., ORTHO, A.F.I.H. (C.L.I)  
 Regd. No. 081019 Industrial Health Consultant

**HARDEV. HEALTH. CARE**

Medical Test Date : 15-12-2021

Test Code : AHC-15

Name : Bhagyshree P Gawali

Emp Code :

**BLOOD GROUP & RH FACTOR**

Blood Group : **'AB'**

Rh Typing : **'Positive'**

**EXAMINATION OF HEMATOLOGY**

NAME	RESULT	UNITS	NORMAL RANGE
Haemoglobin	12.3	mg/dl	12 - 15
RBC	4.80	mill/cumm	4.3 - 5.3
PCV / HCT	<b>35.5*</b>	%	36 - 46
MCV	<b>74.0*</b>	fl	83 - 101
MCH	<b>25.6*</b>	pj	27 - 32
MCHC	<b>34.6*</b>	g/dl	31.5 - 34.5
RDW	12.5	%	11.6 - 14
Total WBC Count	6600	mill/cumm	4000 - 10000
Neutrophils	67	%	40 - 80
Lymphocytes	28	%	20 - 40
Monocytes	03	%	2 - 10
Eosinophils	02	%	1 - 6
Basophils	00	%	0 - 1
Platelet Count	229000	per cu. mm.	150000 - 410000
ESR	19	mm	0 - 20

DIABETIC PROFILE	RESULT	UNITS	NORMAL RANGE
HbA1c	6.2	mgdl	4 - 6.5
Blood sugar fasting	84	mg/dl	70 - 120
Blood sugar post lunch	109	mg/dl	80 - 160

KIDNEY FUNCTION TEST	RESULT	UNITS	NORMAL RANGE
S. creatinine	0.82	mg/dl	0.5 - 1.5
Uric acid	<b>3.2*</b>	mg/dl	4.5 - 6.7
Urea	28.84	mg/dl	14 - 40
Blood urea nitrogen	13.468	mg/dl	6 - 21
Bun/Creatinine Ratio	<b>35.1*</b>	--NA--	10 - 30

**EXAMINATION OF URINE**

PHYSICAL EXAMINATION	CHEMICAL EXAMINATION	MICROSCOPIC EXAMINATION
Quantity : 25ml	Proteins : Absent	Erythrocytes : Absent
Color : Pale Yellow	Glucose : Absent	Epithelial Cell : 1-2 hpf
Appearance : Clear	Specific Gravity : 1.020	Pus Cell : 4-5 hpf
Deposit : Absent	Ketones : Absent	Bacteria : Not seen
Urobilinogen : Absent	Occult Blood : Negative	Casts : Not seen
	Nitrite : Absent	Crystals : Not seen
		A. Material : Not seen

Medical Test Date : 15-12-2021      Test Code : AHC-15  
 Name : Bhagyshree P Gawali      Emp No :

**BIOCHEMICAL EXAMINATION**

LIPID PROFILE	RESULT	UNITS	NORMAL RANGE
Total cholesterol	149.0	mg/dl	130 - 200
Hdl cholestrol	48	mg/dl	40 - 60
Ldl cholestrol	<b>76.26*</b>	mg/dl	95 - 145
VLDL	24.74	mg/dL	2 - 30
LDL/HDL RATIO	1.59	--NA--	0.5 - 3.5
Triglycerides	123.7	mg/dl	70 - 140
Cholesterol/HDL Ratio	3.10	mg/dl	0 - 4.5
LIVER FUNCTIN TEST			
Total bilirubin	0.6	mg/dl	0.2 - 1.2
Direct bilirubin	0.4	mg/dl	0 - 0.5
Indirect bilirubin	0.2	mg/dl	0 - 0.3
SGOT	31.87	/ml	0 - 40
SGPT	24.10	/ml	0 - 40
Protein	7.3	g/dl	6 - 8
Albumin	3.9	g/dl	3.5 - 5.5
S. Globulin	3.4	g/dl	2.5 - 3.5
Alkaline phosphatase	67.14	u/l	50 - 150
GGT	19.0	u/l	10 - 50
A/G Ratio	1.1	--NA--	1 - 2.3

*S. N. Tripathi*

Dr. Surya N. Tripathi  
 Consulting Pathologist  
 Reg No - 2000/04/1994

TEST DATE : 15-12-2021  
REF. BY : HARDEV HEALTH CARE  
EMP CODE :  
NAME : Bhagyshree P Gawali  
TEST ASKED: TSH

TEST NAME	TECHNOLOGY	VALUE	UNITS	REFERENCE RANGE
T3	C.L.I.A.	72.10	ng/dl	60 - 200
T4	C.L.I.A.	8.39	µg/dl	4.5 - 12
Thyroid Stimulating Hormone (TSH)	C.L.I.A.	0.95	µIU/mL	0.3 - 5.5

Comments : \*\*\*

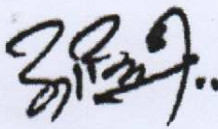
Please correlate with clinical conditions.

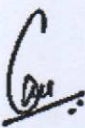
Method :

TSH - ULTRA SENSITIVE SANDWICH CHEMI LUMINESCENT IMMUNO ASSAY

~~End Of Report~~

Sample Collected on (SCT) : 15-12-2021  
Sample Received on (SRT) : 16.12.2021  
Report Released on (RRT) : 17 December 2021  
Sample Type : SERUM  
Labcode : 110741711/AND45  
Test Code : AHC-15

  
Dr.Durgaprasad N Agrawal MD

  
Dr.Caesar Sengupta MD

Medical Test Date : 15-12-2021

Test Code : AHC-15

Name : Bhagyshree P Gawali

Emp Code :

**X-RAY OF THE CHEST P.A. VIEW**

There is no mediastinal shift.

The heart and aorta appears to be normal.

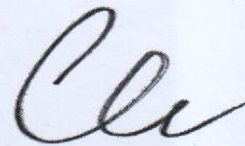
No pleural abnormality is noted.

The bony thorax is normal.

**IMPRESSION** : Normal Study

**SUGGEST** : Clinico pathological correlation & sos f/u.

Please note that imaging conclusion need to be correlated with clinical findings & other investigations for final diagnosis.



Dr. N.P. CHHALLANI.  
MBBS., DMRE, AFIH  
TMC/MOH/PNDT/234

Medical Test Date : 15-12-2021

Test Code : AHC-15

Name : Bhagyashree P Gawali

Emp Code :

3ch x 4 + (1ch)

Name: bhagyashree

ID: 20211214083112

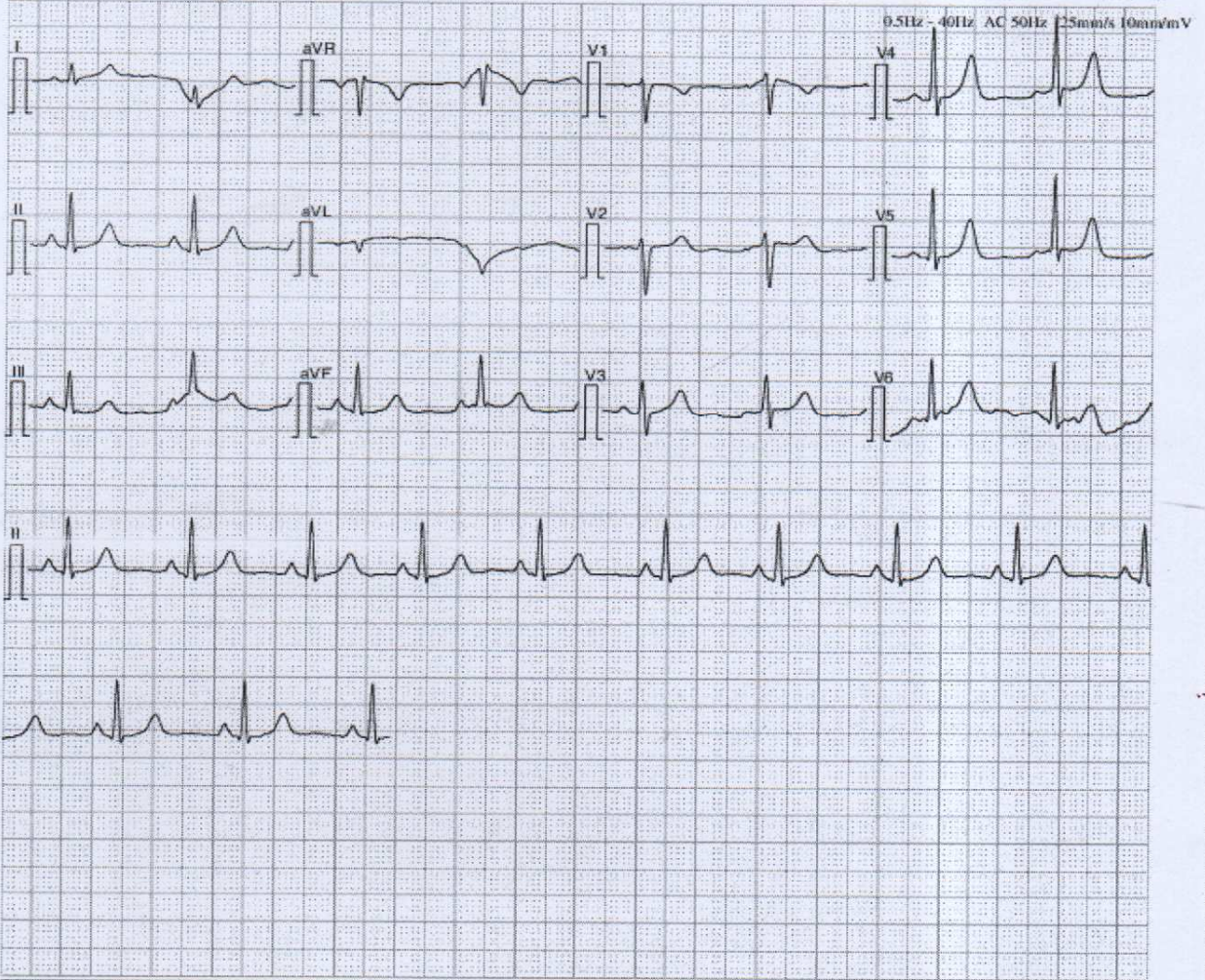
Sex: Female

Hospital:

Date of Birth: 1992/07/15 (29yrs)

Department:

Check Time: 2021-12-14 08:31:30



[Measurement]			
HR: 75 bpm	P	Width: 82 ms	RV3/SV1: 1.302/-0.681 mV
P Axis: 78 deg.	PR	Interval: 136 ms	RV5+SV1: 1.983 mV
QRS Axis: 76 deg.	QRS	Duration: 100 ms	
T Axis: 58 deg.	QT/QTc	Interval: 374/418 ms	

[Analysis Result]  
**\*\* borderline ECG \*\***  
 Sinus rhythm  
 With occasional supraventricular premature complexes  
 With occasional ventricular premature complexes

Reporter: \_\_\_\_\_

Notice: All the parameters and conclusions should be confirmed by doctor

*Khang*

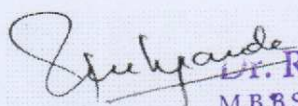
Dr. Kailash Changani

M.D.(Med)  
 Reg No - 58574

Date : 15-12-2021

## FITNESS CERTIFICATE

This is to certify that **Ms. Bhagysree P Gawali Emp.** No. age **29** Yrs. has undergone the medical examination with us on **15-12-2021**. based on examination and investigation results she is free from infection / Contagious disease including skin & Tuberculosis for which diagnostic tests has been carried out and She is medically fit to continue her duties.

  
**Dr. Rahul S Deshpande**  
M.B.B.S. D. Ortho A.F.I.H (Mumbai)  
Regd. No. 081019  
HARDEV. HEALTH. CARE

Authorised Medical Practitioner



# DR. RAJAT BALIGA

MBBS, M. D. (Radiology), D. N. B.

CONSULTANT RADIOLOGIST & SONOLOGIST

**RADIANCE SONOGRAPHY CENTRE**



**RADIANCE DIAGNOSTIC CENTRE**

19, Shree Mangal Karyalay,  
Opp. Shree Nagar Vidya Mandir, Shree Nagar,  
Wagle Estate, Thane - 400 604 • Tel.: 7208542237

..... Experience the Difference

3, Durvankur, Near Panch Parmeshwar Mandir,  
Kishan Nagar I, Wagle Estate, Thane - 400 604.  
Tel.: 7208542237

NAME : BHAGYASHREE GAWALI	AGE/SEX : 29Y/F
REF BY : HARDEV HOSPITAL	DATE: 15/12/201

## REAL TIME ABDOMINAL ULTRASOUND REPORT

### LIVER :

Normal size liver with normal parenchymal echo pattern. No evidence of any solid or cystic intra- hepatic lesion is noted. The portal and hepatic veins appear normal. No evidence of any dilated intra or extra hepatic biliary radicals noted. CBD is not dilated.

### GALL-BLADDER:

The physiologically dilated gall bladder is visualized and appears normal. No evidence of any gall stones noted. No e/o wall thickening or peri-cholecystic free fluid.

### PANCREAS :

It is normal in size and reflectivity. No evidence of peripancreatic collection. MPD is not dilated.

### SPLEEN :

The spleen is normal in size and shows normal parenchymal echo pattern.

### KIDNEYS :

Both kidneys are normal in size No evidence of any renal mass, hydronephrosis or renal calculi noted. Cortico-medullary differentiation is maintained on both sides. Bilateral renal parenchymal thickness appears normal.

The right kidney measures 10.4 x 3.4 cms.

The left kidney measures 9.9 x 4.1 cms.

No evidence of ascites or significant para aortic lymphadenopathy. Bowel loops are not dilated .

Anatomically normal urinary bladder. No e/o calculus or wall thickening or debris seen.

Normal anteverted uterus measuring 6.7 x 3.3 x 3.6 cms. Myometrial echotexture is smooth and homogenous. No focal lesion is seen. The endometrium is homogenous and measures 12 mm.

The right ovary measures 3.3 x 2.5cms – normal

The left ovary measures 2.6 x 2.3 cms. Well defined oval homogenous echogenic lesion measuring 15 x 12 mm seen in left ovary represents dermoid cyst

### CONCLUSION :

**Dermoid cyst in left ovary**

*R. Baliga*  
**DR. RAJAT BALIGA**

**MBBS, MD (Radiology), DNB**

**FMF (Fetal Medical Foundation) ID- 176269**



**Summary**

**Hardev Health Care LLP  
Mulund**

118/Bhagyashree Chaudhari 29 Yrs/Female 48 Kg/156 Cms  
Date: 21-Oct-2021 11:02:24 AM

Ref. By : Dr. Ameya Chavan  
Medication : Nil  
Objective : FOR TESTING PURPOSE ONLY.

Protocol : BRUCE  
History : Nil

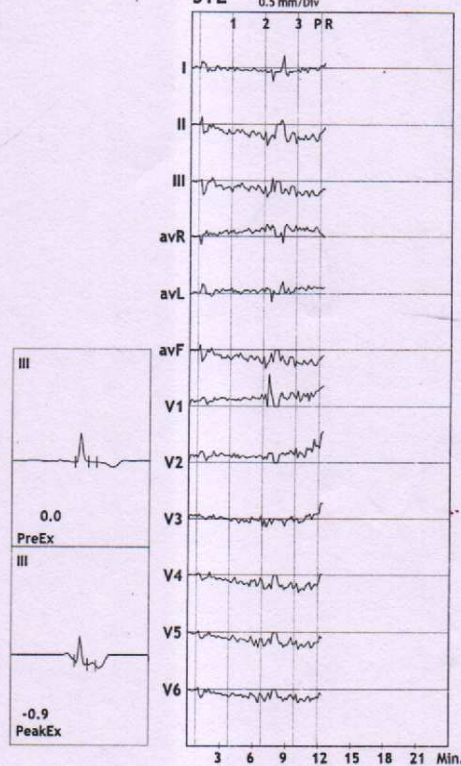
Stage	StageTime (Min:Sec)	PhaseTime (Min:Sec)	Speed (mph)	Grade (%)	METs	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
Supine					1.0	73	---/---	0	-	
Standing					1.0	72	---/---	0	-	
HV					1.0	73	---/---	0	-	
ExStart					1.0	76	---/---	0	-	
Stage 1	3:01	3:02	1.7	10.0	4.7	125	---/---	0	-	
Stage 2	3:01	6:02	2.5	12.0	7.1	143	---/---	0	-	
Stage 3	3:01	9:02	3.4	14.0	10.2	170	---/---	0	-	
PeakEx	2:10	11:11	0.0	0.0	12.5	181	---/---	0	-	
Recovery	0:27		0.0	0.0	7.5	154	---/---	0	-	

**Findings :**

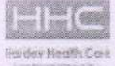
Exercise Time :11:10  
Max HR Attained :181 bpm 95% of Max Predictable HR 191  
Max BP : 0/0(mmHg)  
Max WorkLoad attained :12.5(Good Effort Tolerance)

STL

0.5 mm/Div



Advice/Comments:



12 Lead + Median

Hardev Health Care LLP  
Mulund

118/Bhagyashree Chaudhari 74 bpm  
29 Yrs/Female METS: 1.0  
48 Kg/156 Cms BP: ---/---  
Date: 21-Oct-2021 11:02:24 AM

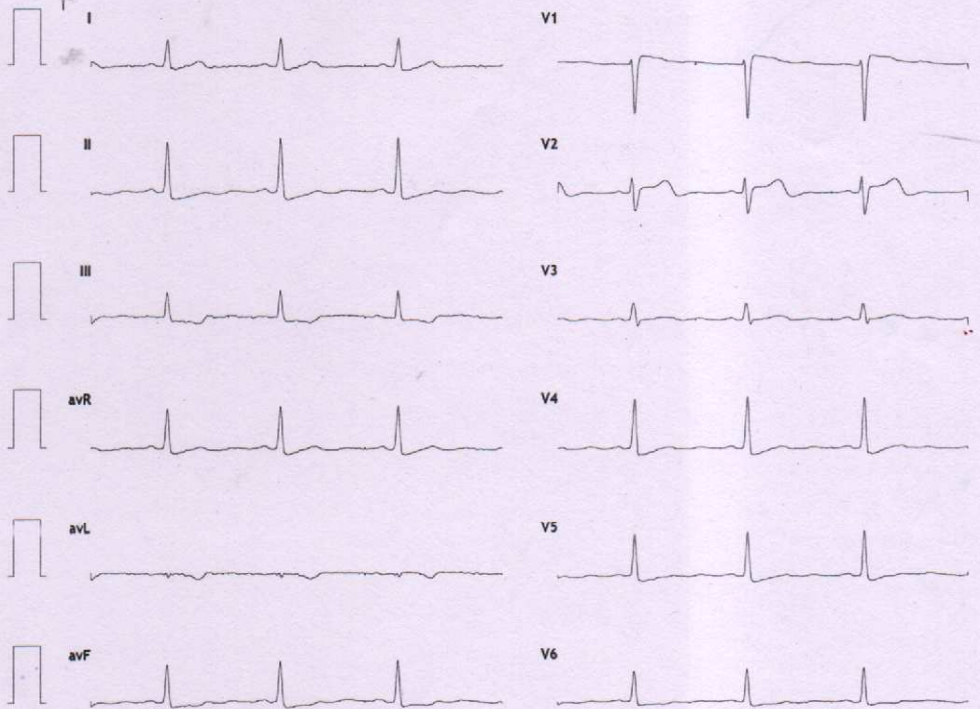
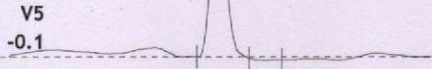
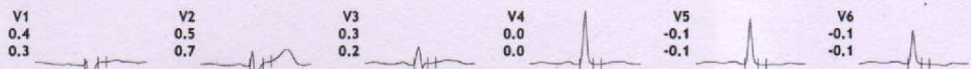
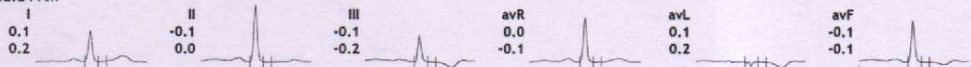
MPHR: 38% of 191  
Speed: 0.0 mph  
Grade: 0.0%

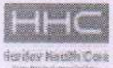
Raw ECG  
BRUCE  
(1.0-100)Hz

Ex Time 00:32  
BLC : On  
Notch : On

Supine  
10.0 mm/mV  
25 mm/Sec.

4X 80 mS Post J





12 Lead + Median

Hardev Health Care LLP  
Mulund

118/Bhagyashree Chaudhari 74 bpm  
29 Yrs/Female METS: 1.0  
48 Kg/156 Cms BP: ---/---  
Date: 21-Oct-2021 11:02:24 AM

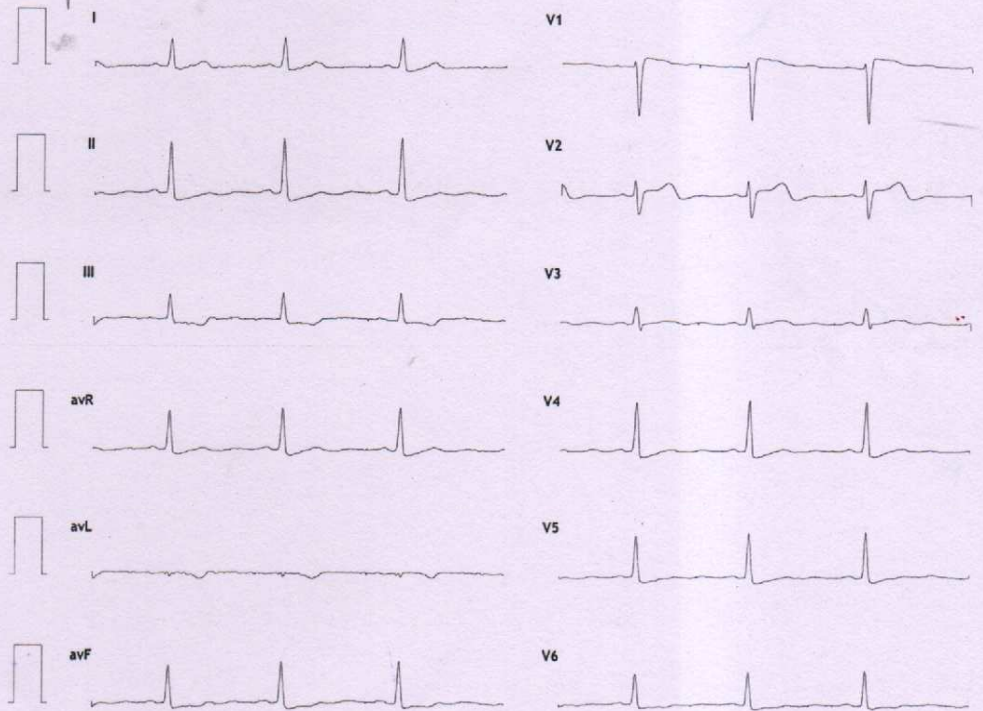
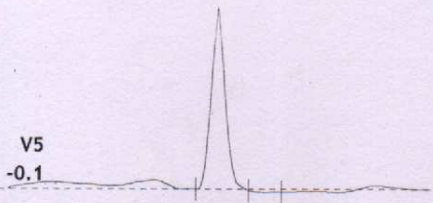
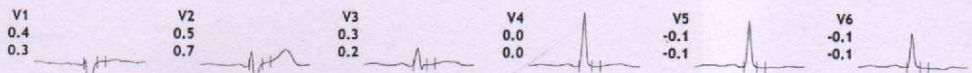
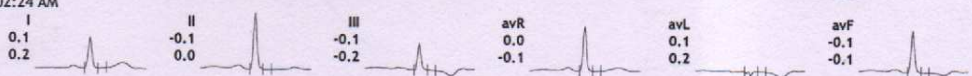
MPHR: 38% of 191  
Speed: 0.0 mph  
Grade: 0.0%

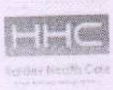
Raw ECG  
BRUCE  
(1.0-100)Hz

Ex Time 00:32  
BLC :On  
Notch :On

Supine  
10.0 mm/mV  
25 mm/Sec.

4X 80 mS Post J





12 Lead + Median

Hardev Health Care LLP  
Mulund

118/Bhagyashree Chaudhari 71 bpm  
29 Yrs/Female METS: 1.0  
48 Kg/156 Cms BP: ---/---  
Date: 21-Oct-2021 11:02:24 AM

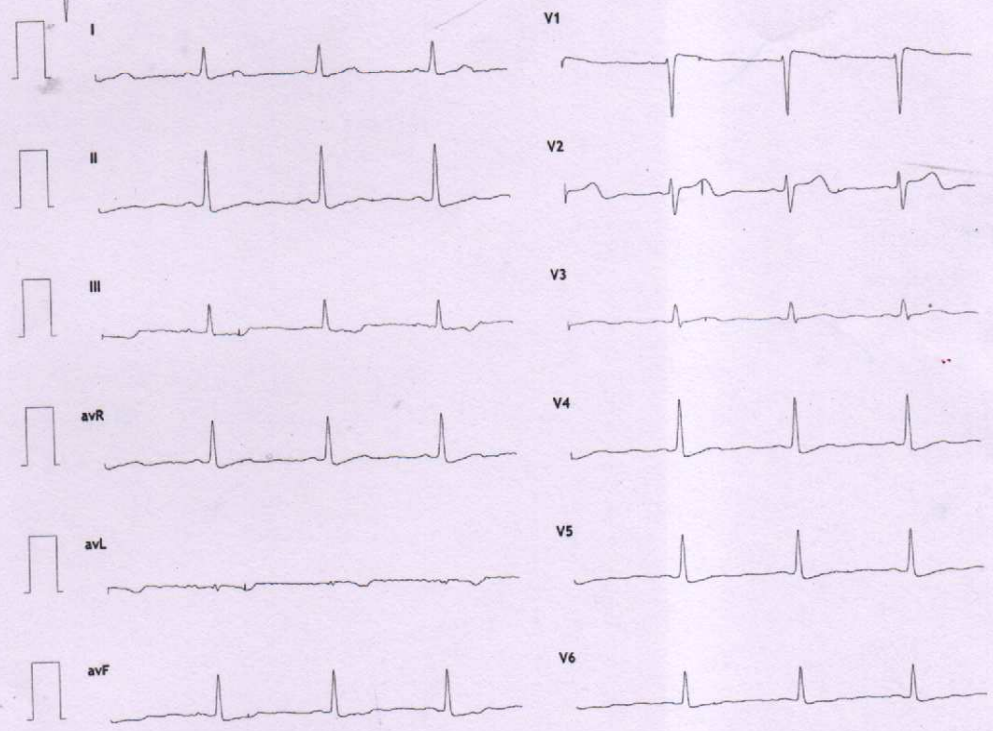
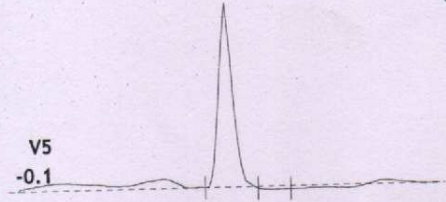
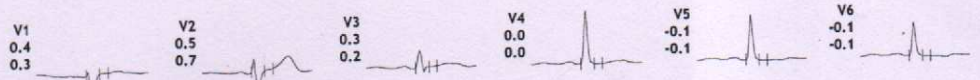
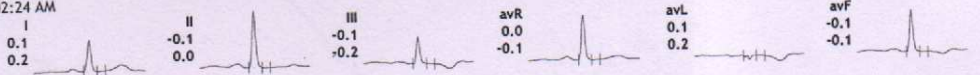
MPHR: 37% of 191  
Speed: 0.0 mph  
Grade: 0.0%

Raw ECG  
BRUCE  
(1.0-100)Hz

Ex Time 00:36  
BLC :On  
Notch :On

Standing  
10.0 mm/mV  
25 mm/Sec.

4X 80 mS Post J





12 Lead + Median

Hardev Health Care LLP  
Mulund

118/Bhagyashree Chaudhari 73 bpm  
29 Yrs/Female METS: 1.0  
48 Kg/156 Cms BP: ---/---  
Date: 21-Oct-2021 11:02:24 AM

MPHR: 38% of 191  
Speed: 0.0 mph  
Grade: 0.0%

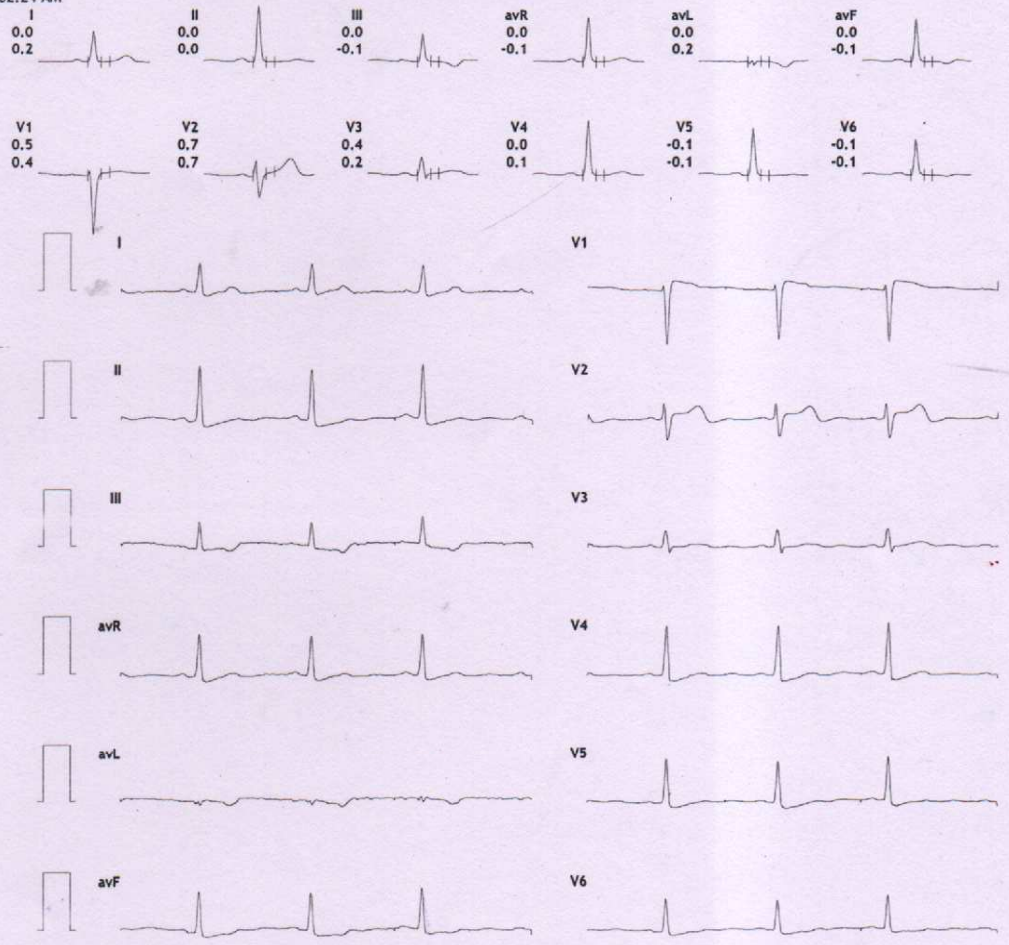
Raw ECG  
BRUCE  
(1.0-100)Hz

Ex Time 00:42  
BLC :On  
Notch :On

HV  
10.0 mm/mV  
25 mm/Sec.

4X 80 mS Post J

V5  
-0.1





12 Lead + Median

Hardev Health Care LLP  
Mulund

118/Bhagyashree Chaudhari 125 bpm  
29 Yrs/Female METS: 4.7  
48 Kg/156 Cms BP: ---/---  
Date: 21-Oct-2021 11:02:24 AM

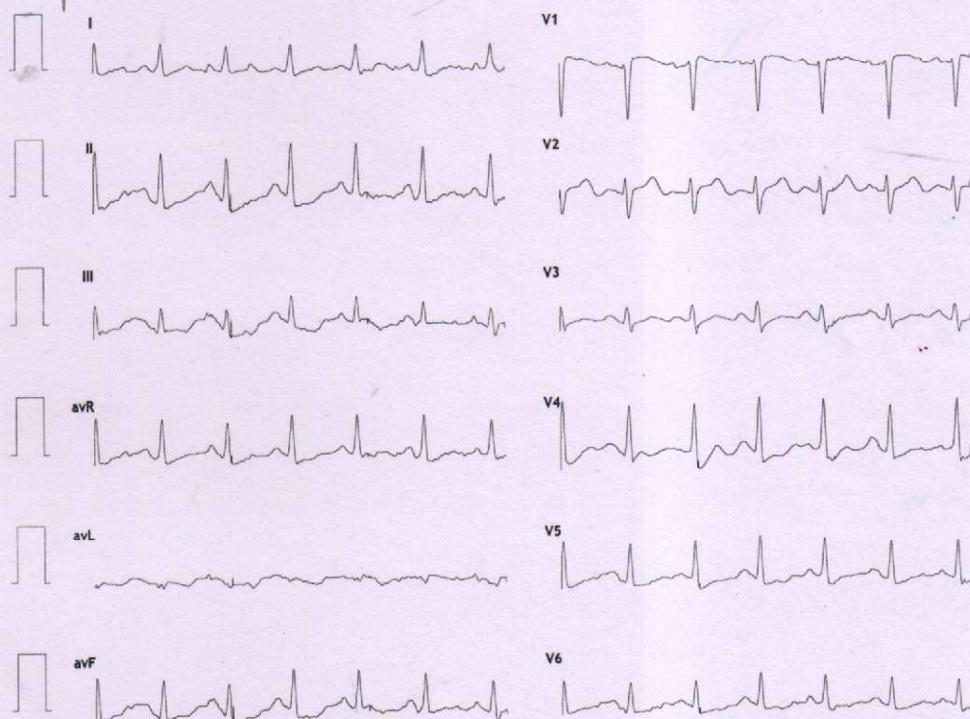
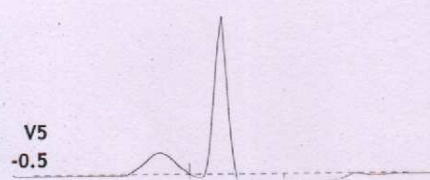
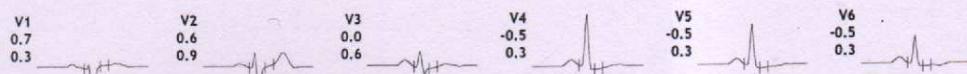
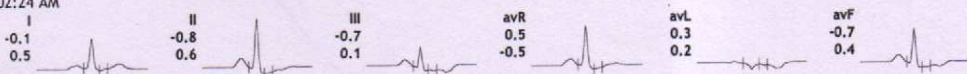
MHR: 65% of 191  
Speed: 1.7 mph  
Grade: 10.0%

Raw ECG  
BRUCE  
(1.0-100)Hz

Ex Time 03:00  
BLC :On  
Notch :On

BRUCE: Stage 1(3:00)  
10.0 mm/mV  
25 mm/Sec.

4X 80 mS Post J



12 Lead + Median

Hardev Health Care LLP  
Mulund

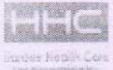
118/Bhagyashree Chaudhari 143 bpm  
29 Yrs/Female  
48 Kg/156 Cms  
Date: 21-Oct-2021 11:02:24 AM

MPHR: 74% of 191  
Speed: 2.5 mph  
Grade: 12.0%

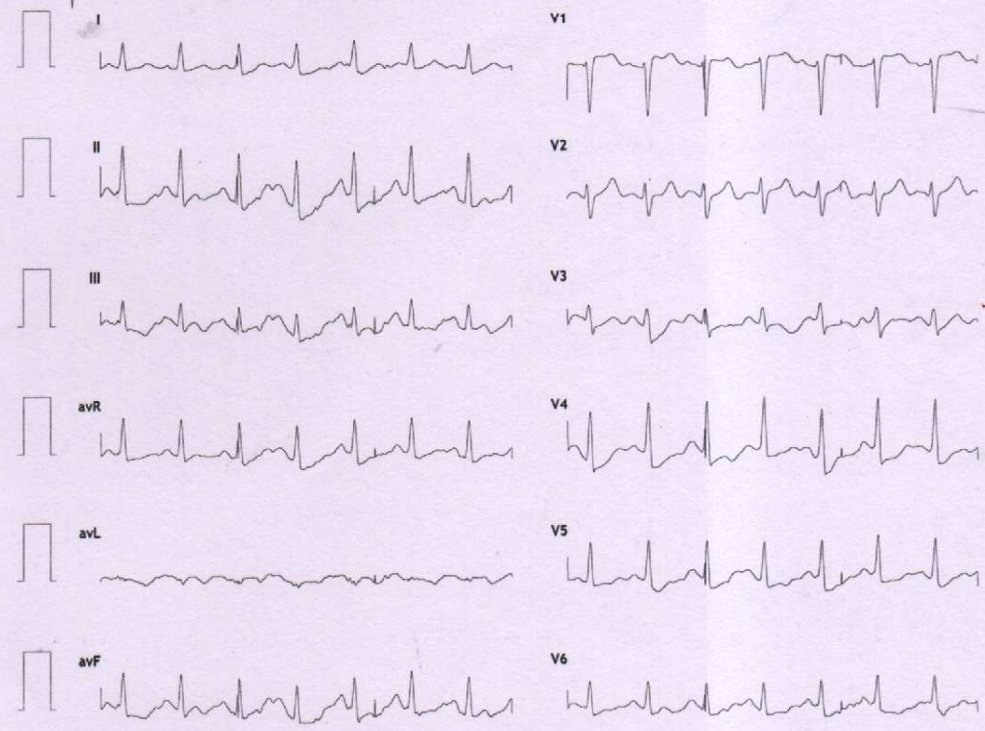
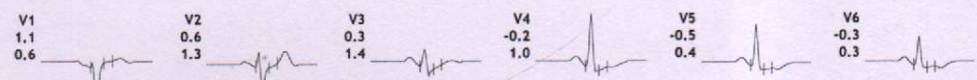
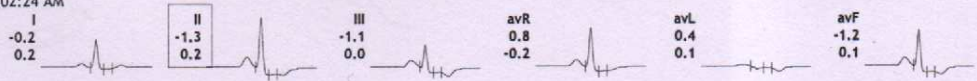
Raw ECG  
BRUCE  
(1.0-100)Hz

Ex Time 06:00  
BLC :On  
Notch :On

BRUCE: Stage 2(3:00)  
10.0 mm/mV  
25 mm/Sec.



4X 80 mS Post J







12 Lead + Median

Hardev Health Care LLP  
Mulund

118/Bhagyashree Chaudhari 170 bpm  
29 Yrs/Female METS: 10.2  
48 Kg/156 Cms BP: ---/---  
Date: 21-Oct-2021 11:02:24 AM

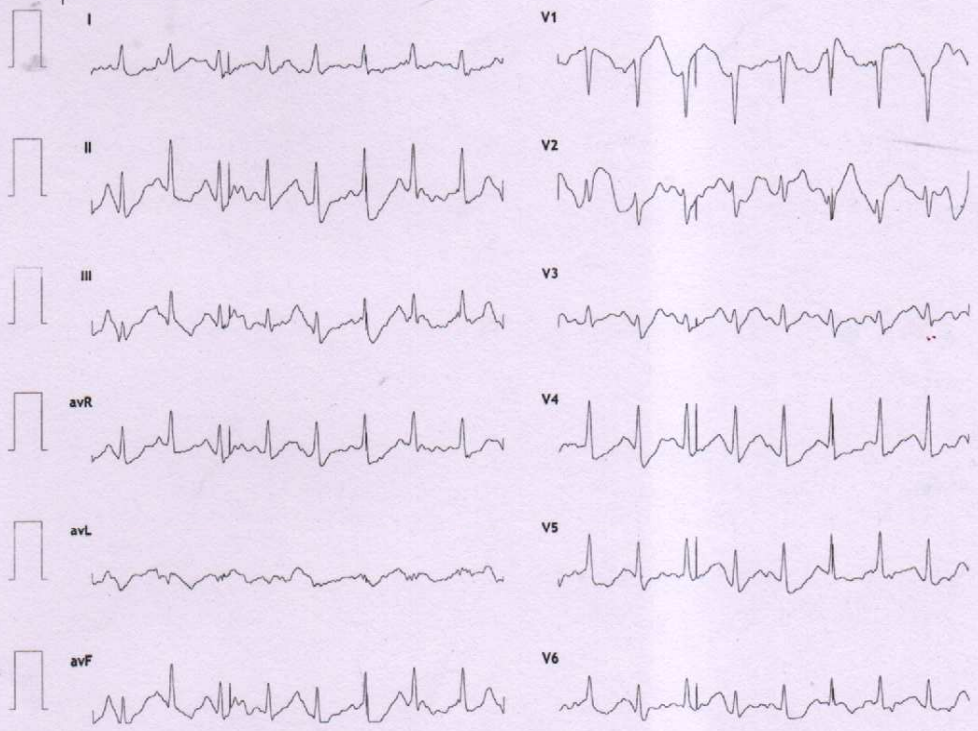
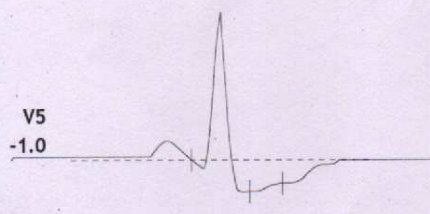
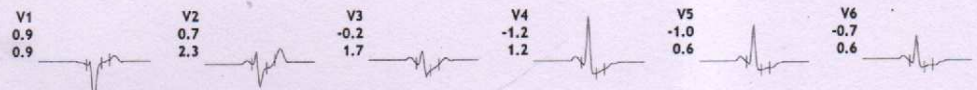
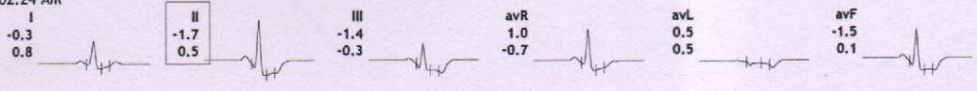
MPHR: 89% of 191  
Speed: 3.4 mph  
Grade: 14.0%

Raw ECG  
BRUCE  
(1.0-100)Hz

Ex Time 09:00  
BLC :On  
Notch :On

BRUCE: Stage 3(3:00)  
10.0 mm/mV  
25 mm/Sec.

4X 80 mS Post J





12 Lead + Median

Hardev Health Care LLP  
Mulund

118/Bhagyashree Chaudhari 181 bpm  
29 Yrs/Female METS: 12.5  
48 Kg/156 Cms BP: ---/---  
Date: 21-Oct-2021 11:02:24 AM

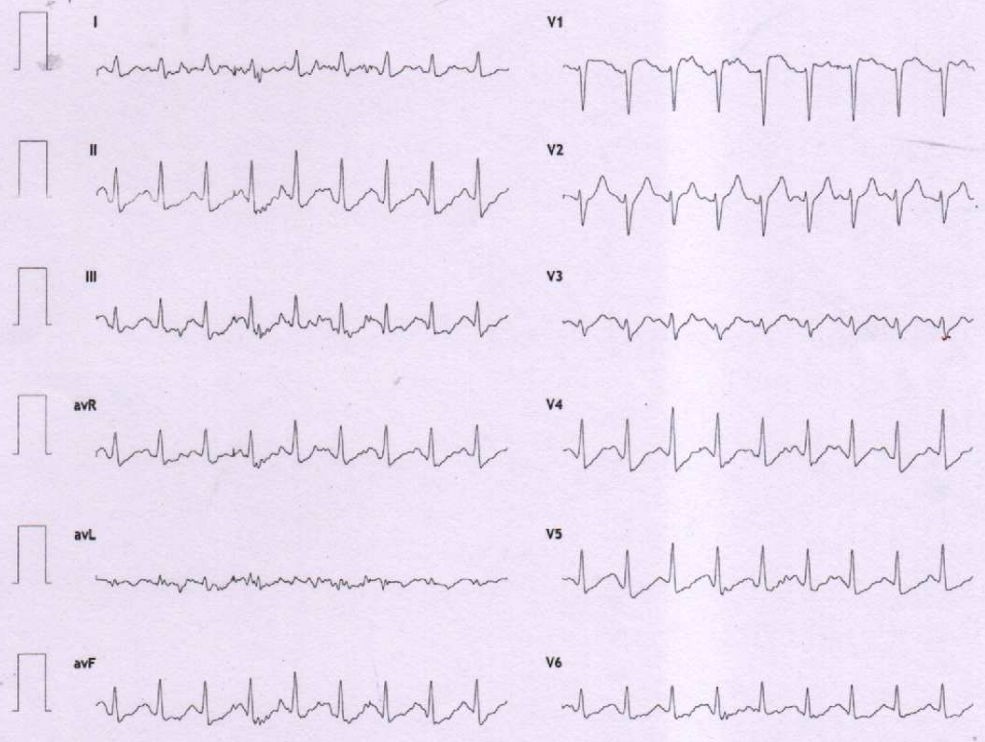
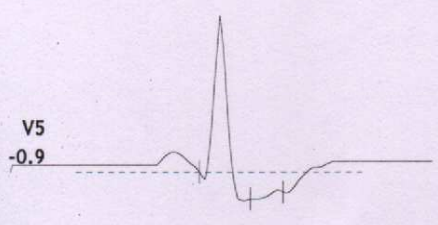
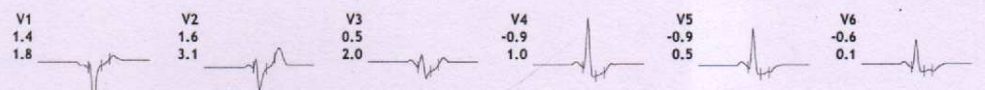
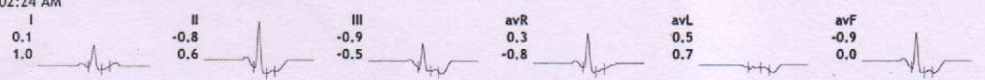
MPHR: 94% of 191  
Speed: 0.0 mph  
Grade: 0.0%

Raw ECG  
BRUCE  
(1.0-100)Hz

Ex Time 11:09  
BLC :On  
Notch :On

BRUCE:PeakEx(2:09)  
10.0 mm/mV  
25 mm/Sec.

4X 80 mS Post J





12L Rhythm

Hardev Health Care LLP  
Mulund

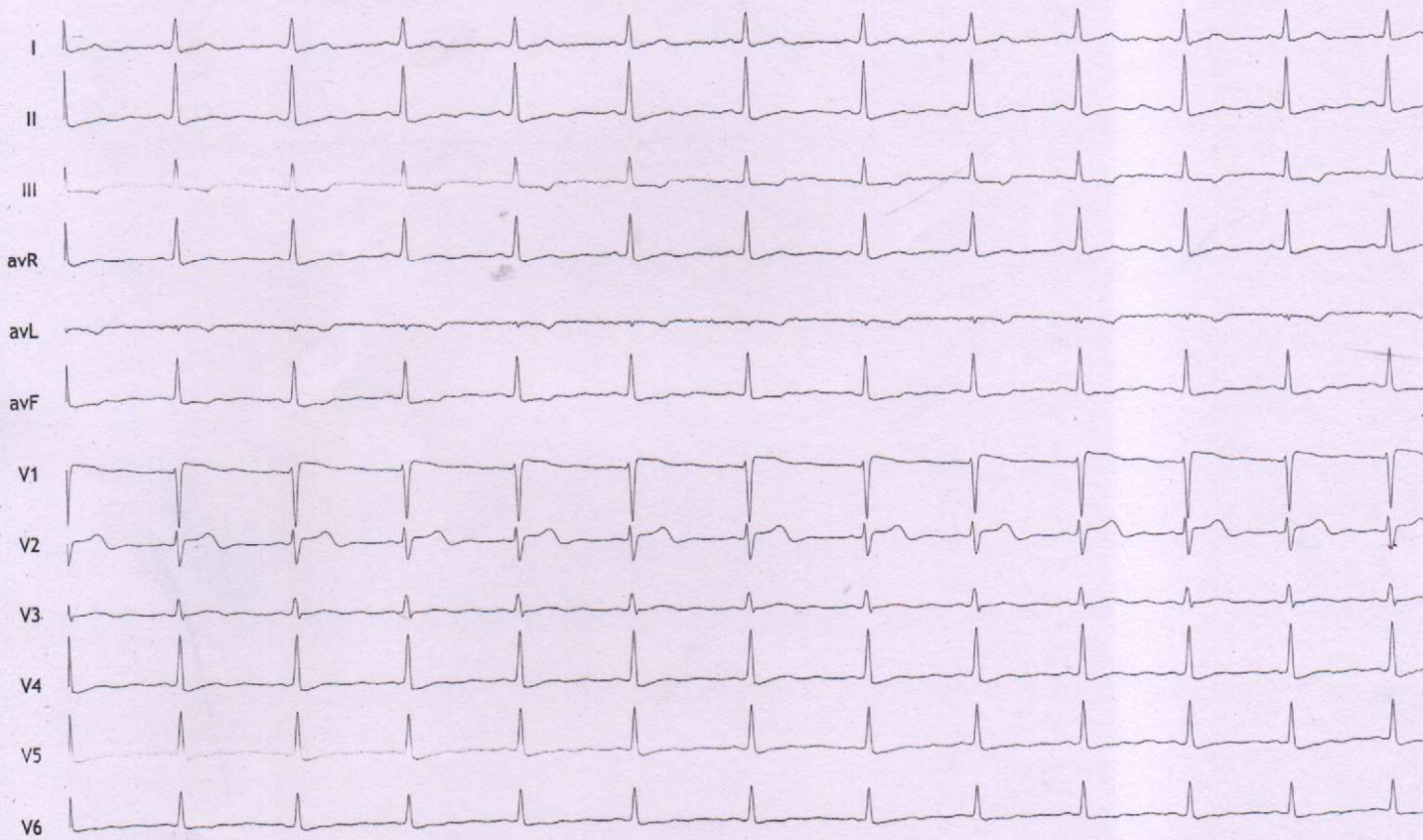
118/Bhagyashree Chaudhari 78 bpm  
29 Yrs/Female METS: 1.0  
48 Kg/156 Cms BP: ---/---  
Date: 21-Oct-2021 11:02:24 AM

MPHR: 40% of 191  
Speed: 0.0 mph  
Grade: 0.0%

Raw ECG  
BRUCE  
(1.0-100)Hz

Ex Time 00:20  
BLC :On  
Notch :On

PRE\_EX  
10.0 mm/mV  
25 mm/Sec.





12 Lead + Median

Hardev Health Care LLP  
Mulund

118/Bhagyashree Chaudhari 154 bpm  
29 Yrs/Female METS: 7.5  
48 Kg/156 Cms BP: ---/---  
Date: 21-Oct-2021 11:02:24 AM

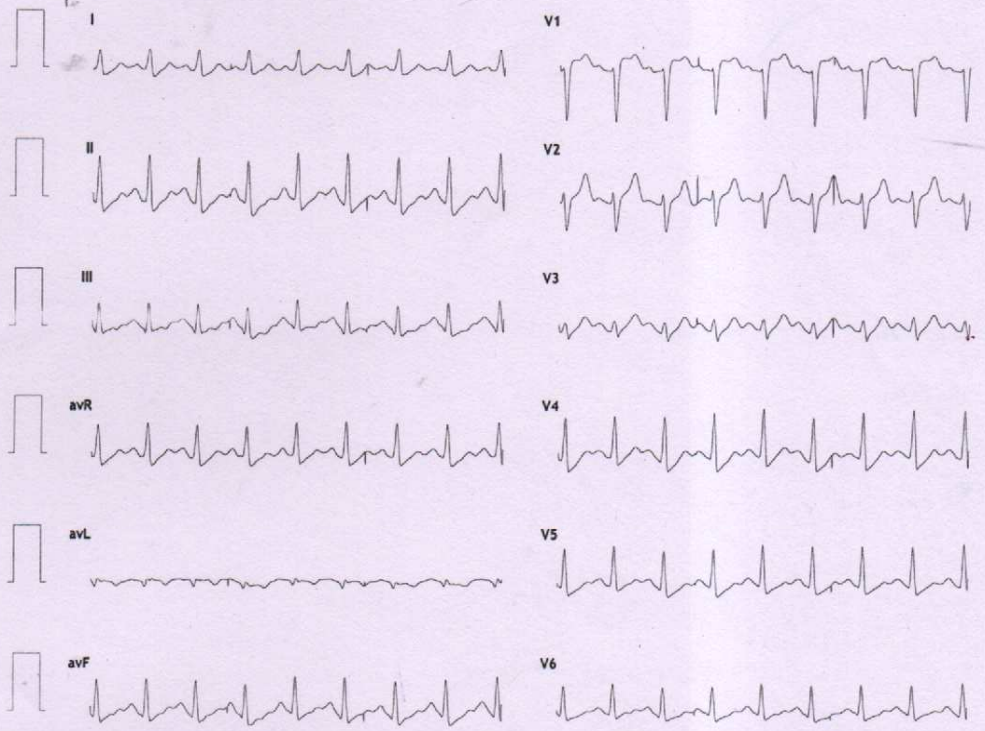
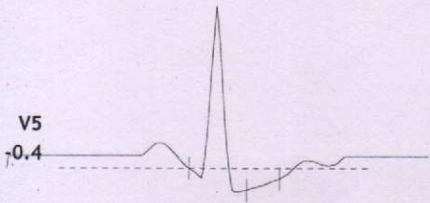
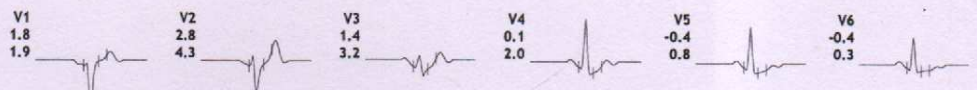
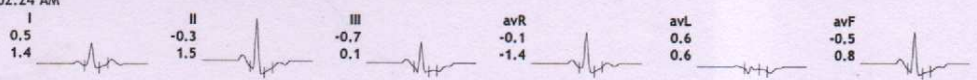
MPHR: 80% of 191  
Speed: 0.0 mph  
Grade: 0.0%

Raw ECG  
BRUCE  
(1.0-100)Hz

Ex Time 11:10  
BLC :On  
Notch :On

Recovery(0:27)  
10.0 mm/mV  
25 mm/Sec.

4X 80 mS Post J



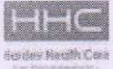
Average

Hardev Health Care LLP

Mulund

118/Bhagyashree Chaudhari 29 Yrs/Female 48 Kg/156 Cms

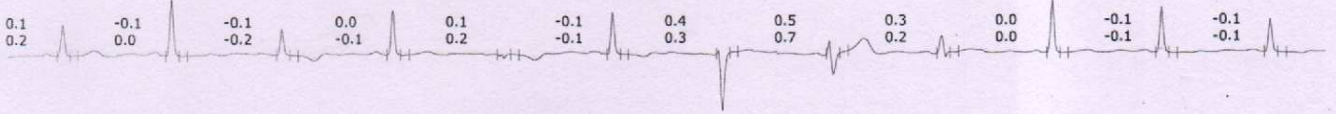
Date: 21-Oct-2021 11:02:24 AM



I II III avR avL avF V1 V2 V3 V4 V5 V6

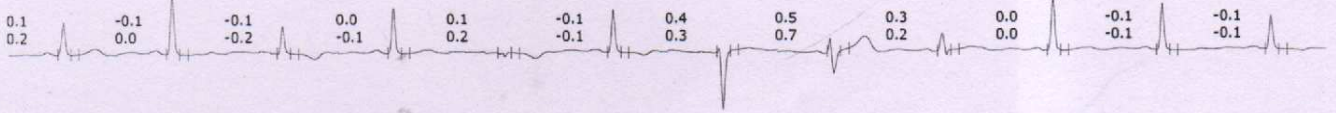
Supine

(1) 0:00 0.0 mph  
(2) 0:00 0.0 %  
73 bpm ---/---



Standing

(1) 0:00 0.0 mph  
(2) 0:00 0.0 %  
72 bpm ---/---



HV

(1) 0:00 0.0 mph  
(2) 0:00 0.0 %  
73 bpm ---/---



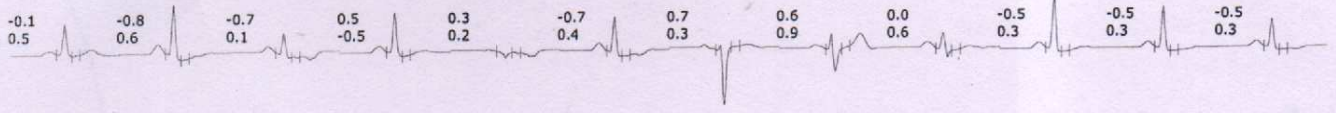
ExStart

(1) 0:00 0.0 mph  
(2) 0:00 0.0 %  
76 bpm ---/---



Stage 1

(1) 3:01 1.7 mph  
(2) 3:01 10.0 %  
125 bpm ---/---



Stage 2

(1) 6:01 2.5 mph  
(2) 3:01 12.0 %  
143 bpm ---/---

