PID No.
 : MED122452761
 Register On
 : 10/02/2024 8:58 AM

 SID No.
 : 522402260
 Collection On
 : 10/02/2024 12:09 PM

 Age / Sex
 : 39 Year(s) / Male
 Report On
 : 10/02/2024 7:26 PM

 Type
 : OP
 Printed On
 : 12/02/2024 9:35 AM

Ref. Dr : MediWheel

| Investigation | Observed Value | <u>Unit</u> | <u>Biological</u> <u>Reference Interval</u> |
|---|--------------------------|--------------|--|
| BLOOD GROUPING AND Rh TYPING | 'O' 'Positive' | | |
| (EDTA Blood/Agglutination) INTERPRETATION: Note: Slide method is | screening method. Kindly | confirm with | Tube method for transfusion. |
| Complete Blood Count With - ESR | | | |

| Haemoglobin (EDTA Blood'Spectrophotometry) | 16.6 | g/dL | 13.5 - 18.0 |
|---|-------|-------------|--------------|
| Packed Cell Volume(PCV)/Haematocrit (EDTA Blood) | 46.9 | % | 42 - 52 |
| RBC Count (EDTA Blood) | 4.92 | mill/cu.mm | 4.7 - 6.0 |
| Mean Corpuscular Volume(MCV) (EDTA Blood) | 95.4 | fL | 78 - 100 |
| Mean Corpuscular Haemoglobin(MCH) (EDTA Blood) | 33.8 | pg | 27 - 32 |
| Mean Corpuscular Haemoglobin concentration(MCHC) (EDTA Blood) | 35.4 | g/dL | 32 - 36 |
| RDW-CV | 13.0 | % | 11.5 - 16.0 |
| RDW-SD | 43.41 | fL | 39 - 46 |
| Total Leukocyte Count (TC) (EDTA Blood) | 6600 | cells/cu.mm | 4000 - 11000 |
| Neutrophils (Blood) | 54.6 | % | 40 - 75 |
| Lymphocytes (Blood) | 31.9 | % | 20 - 45 |
| Eosinophils (Blood) | 4.9 | % | 01 - 06 |







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|---|----------------------|------------------------------------|--|
| Monocytes (Blood) | 8.2 | % | 01 - 10 |
| Basophils (Blood) | 0.4 | % | 00 - 02 |
| INTERPRETATION: Tests done on Automated F | ive Part cell counte | r. All abnormal results are review | ved and confirmed microscopically. |
| Absolute Neutrophil count (EDTA Blood) | 3.60 | 10^3 / μl | 1.5 - 6.6 |
| Absolute Lymphocyte Count (EDTA Blood) | 2.11 | 10^3 / μl | 1.5 - 3.5 |
| Absolute Eosinophil Count (AEC) (EDTA Blood) | 0.32 | 10^3 / μl | 0.04 - 0.44 |
| Absolute Monocyte Count (EDTA Blood) | 0.54 | 10^3 / μl | < 1.0 |
| Absolute Basophil count (EDTA Blood) | 0.03 | 10^3 / μl | < 0.2 |
| Platelet Count (EDTA Blood) | 236 | 10^3 / μl | 150 - 450 |
| MPV (Blood) | 7.6 | fL | 7.9 - 13.7 |
| PCT (Automated Blood cell Counter) | 0.18 | % | 0.18 - 0.28 |
| ESR (Erythrocyte Sedimentation Rate) (Citrated Blood) | 5 | mm/hr | < 15 |
| Glucose Fasting (FBS) (Plasma - F/GOD-PAP) | 86.97 | mg/dL | Normal: < 100 Pre Diabetic: 100 - 125 Diabetic: >= 126 |

INTERPRETATION: Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level.

| Glucose, Fasting (Urine) (Urine - F/GOD - POD) | Negative | | Negative |
|--|----------|-------|----------|
| Glucose Postprandial (PPBS) (Plasma - PP/GOD-PAP) | 79.53 | mg/dL | 70 - 140 |







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| <u>Investigation</u> | Observed Unit | <u>Biological</u> |
|----------------------|---------------|--------------------|
| - | Value | Reference Interval |

INTERPRETATION:

Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level. Fasting blood glucose level may be higher than Postprandial glucose, because of physiological surge in Postprandial Insulin secretion, Insulin resistance, Exercise or Stress, Dawn Phenomenon, Somogyi Phenomenon, Anti- diabetic medication during treatment for Diabetes.

| Urine Glucose(PP-2 hours) (Urine - PP) | Negative | | Negative |
|--|----------|-------|-----------|
| Blood Urea Nitrogen (BUN) (Serum/Urease UV / derived) | 9.4 | mg/dL | 7.0 - 21 |
| Creatinine (Serum/Modified Jaffe) | 0.81 | mg/dL | 0.9 - 1.3 |

INTERPRETATION: Elevated Creatinine values are encountered in increased muscle mass, severe dehydration, Pre-eclampsia, increased ingestion of cooked meat, consuming Protein/ Creatine supplements, Diabetic Ketoacidosis, prolonged fasting, renal dysfunction and drugs such as cefoxitin ,cefazolin, ACE inhibitors ,angiotensin II receptor antagonists,N-acetylcyteine , chemotherapeutic agent such as flucytosine etc.

| Uric Acid (Serum/Enzymatic) | 7.53 | mg/dL | 3.5 - 7.2 |
|---|-------|-------|-----------|
| Liver Function Test | | | |
| Bilirubin(Total) (Serum/DCA with ATCS) | 0.63 | mg/dL | 0.1 - 1.2 |
| Bilirubin(Direct) (Serum/Diazotized Sulfanilic Acid) | 0.29 | mg/dL | 0.0 - 0.3 |
| Bilirubin(Indirect) (Serum/Derived) | 0.34 | mg/dL | 0.1 - 1.0 |
| SGOT/AST (Aspartate Aminotransferase) (Serum/Modified IFCC) | 26.19 | U/L | 5 - 40 |
| SGPT/ALT (Alanine Aminotransferase) (Serum/Modified IFCC) | 55.63 | U/L | 5 - 41 |
| GGT(Gamma Glutamyl Transpeptidase) (Serum/IFCC / Kinetic) | 64.86 | U/L | < 55 |
| Alkaline Phosphatase (SAP) (Serum/Modified IFCC) | 88.6 | U/L | 53 - 128 |







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| Investigation | Observed <u>Value</u> | <u>Unit</u> | <u>Biological</u> <u>Reference Interval</u> |
|---|--------------------------|-------------|---|
| Total Protein (Serum/Biuret) | 7.03 | gm/dl | 6.0 - 8.0 |
| Albumin (Serum/Bromocresol green) | 4.70 | gm/dl | 3.5 - 5.2 |
| Globulin (Serum/ <i>Derived</i>) | 2.33 | gm/dL | 2.3 - 3.6 |
| A : G RATIO (Serum/Derived) | 2.02 | | 1.1 - 2.2 |
| <u>Lipid Profile</u> | | | |
| Cholesterol Total (Serum/CHOD-PAP with ATCS) | 205.63 | mg/dL | Optimal: < 200 Borderline: 200 - 239 High Risk: >= 240 |
| Triglycerides (Serum/GPO-PAP with ATCS) | 146.34 | mg/dL | Optimal: < 150 Borderline: 150 - 199 High: 200 - 499 Very High: >= 500 |

INTERPRETATION: The reference ranges are based on fasting condition. Triglyceride levels change drastically in response to food, increasing as much as 5 to 10 times the fasting levels, just a few hours after eating. Fasting triglyceride levels show considerable diurnal variation too. There is evidence recommending triglycerides estimation in non-fasting condition for evaluating the risk of heart disease and screening for metabolic syndrome, as non-fasting sample is more representative of the õusualö"circulating level of triglycerides during most part of the day.

| HDL Cholesterol (Serum/Immunoinhibition) | 27.27 | mg/dL | Optimal(Negative Risk Factor): >= 60 Borderline: 40 - 59 High Risk: < 40 |
|--|-------|-------|---|
| LDL Cholesterol (Serum/Calculated) | 149.1 | mg/dL | Optimal: < 100 Above Optimal: 100 - 129 Borderline: 130 - 159 High: 160 - 189 Very High: >= 190 |







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| Investigation | <u>Observed</u> <u>Value</u> | <u>Unit</u> | <u>Biological</u> <u>Reference Interval</u> |
|--|---------------------------------|-------------|--|
| VLDL Cholesterol (Serum/Calculated) | 29.3 | mg/dL | < 30 |
| Non HDL Cholesterol (Serum/Calculated) | 178.4 | mg/dL | Optimal: < 130 Above Optimal: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very High: >= 220 |

INTERPRETATION: 1. Non-HDL Cholesterol is now proven to be a better cardiovascular risk marker than LDL Cholesterol. 2.It is the sum of all potentially atherogenic proteins including LDL, IDL, VLDL and chylomicrons and it is the "new bad cholesterol" and is a co-primary target for cholesterol lowering therapy.

| Total Cholesterol/HDL Cholesterol Ratio (Serum/Calculated) | 7.5 | Optimal: < 3.3 Low Risk: 3.4 - 4.4 Average Risk: 4.5 - 7.1 Moderate Risk: 7.2 - 11.0 High Risk: > 11.0 |
|--|-----|--|
| Triglyceride/HDL Cholesterol Ratio (TG/HDL) (Serum/Calculated) | 5.4 | Optimal: < 2.5 Mild to moderate risk: 2.5 - 5.0 High Risk: > 5.0 |
| LDL/HDL Cholesterol Ratio (Serum/Calculated) | 5.5 | Optimal: 0.5 - 3.0 Borderline: 3.1 - 6.0 High Risk: > 6.0 |

Glycosylated Haemoglobin (HbA1c)

5.0 Normal: 4.5 - 5.6 HbA1C Prediabetes: 5.7 - 6.4 (Whole Blood/HPLC)

Diabetic: ≥ 6.5

INTERPRETATION: If Diabetes - Good control: 6.1 - 7.0 %, Fair control: 7.1 - 8.0 %, Poor control >= 8.1 %

Estimated Average Glucose mg/dL 96.8

(Whole Blood)







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<u>Investigation</u> <u>Observed</u> <u>Unit</u> <u>Biological</u>
Value Reference Interval

INTERPRETATION: Comments

HbA1c provides an index of Average Blood Glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

Conditions that prolong RBC life span like Iron deficiency anemia, Vitamin B12 & Folate deficiency,

hypertriglyceridemia,hyperbilirubinemia,Drugs, Alcohol, Lead Poisoning, Asplenia can give falsely elevated HbA1C values.

Conditions that shorten RBC survival like acute or chronic blood loss, hemolytic anemia, Hemoglobinopathies, Splenomegaly, Vitamin E ingestion, Pregnancy, End stage Renal disease can cause falsely low HbA1c.

THYROID PROFILE / TFT

T3 (Triiodothyronine) - Total 1.30 ng/ml 0.7 - 2.04

(Serum/ECLIA)

INTERPRETATION:

Comment:

Total T3 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T3 is recommended as it is Metabolically active.

T4 (Tyroxine) - Total 10.55 µg/dl 4.2 - 12.0

(Serum/ECLIA)

INTERPRETATION:

Comment:

Total T4 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T4 is recommended as it is Metabolically active.

TSH (Thyroid Stimulating Hormone) 3.04 μIU/mL 0.35 - 5.50

(Serum/ECLIA)

INTERPRETATION:

Reference range for cord blood - upto 20

1 st trimester: 0.1-2.5 2 nd trimester 0.2-3.0 3 rd trimester : 0.3-3.0

(Indian Thyroid Society Guidelines)

Comment:

- 1.TSH reference range during pregnancy depends on Iodine intake, TPO status, Serum HCG concentration, race, Ethnicity and BMI.
- 2.TSH Levels are subject to circadian variation, reaching peak levels between 2-4am and at a minimum between 6-10PM. The variation can be of the order of 50%, hence time of the day has influence on the measured serum TSH concentrations.
- 3. Values&lt;0.03 µIU/mL need to be clinically correlated due to presence of rare TSH variant in some individuals.

PHYSICAL EXAMINATION (URINE

COMPLETE)







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| Investigation | Observed Unit Value | <u>Biological</u> <u>Reference Interval</u> |
|--|------------------------|--|
| Colour (Urine) | Amber | Yellow to Amber |
| Appearance (Urine) | Clear | Clear |
| Volume(CLU) (Urine) | 20 | |
| <u>CHEMICAL EXAMINATION (URINE COMPLETE)</u> | | |
| pH (Urine) | 6 | 4.5 - 8.0 |
| Specific Gravity (Urine) | 1.024 | 1.002 - 1.035 |
| Ketone (Urine) | Negative | Negative |
| Urobilinogen (Urine) | Normal | Normal |
| Blood (Urine) | Negative | Negative |
| Nitrite (Urine) | Negative | Negative |
| Bilirubin (Urine) | Negative | Negative |
| Protein (Urine) | Negative | Negative |
| Glucose (Urine/GOD - POD) | Negative | Negative |
| Leukocytes(CP) (Urine) | Negative | |
| MICROSCOPIC EXAMINATION | | |







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(URINE COMPLETE)

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| Investigation | <u>Observed</u> <u>Value</u> | <u>Unit</u> | <u>Biological</u> <u>Reference Interval</u> |
|-----------------------------|---------------------------------|-------------|--|
| Pus Cells (Urine) | 0-1 | /hpf | NIL |
| Epithelial Cells (Urine) | 0-1 | /hpf | NIL |
| RBCs (Urine) | NIL | /HPF | NIL |
| Others (Urine) | NIL | | |

INTERPRETATION: Note: Done with Automated Urine Analyser & Automated urine sedimentation analyser. All abnormal reports are reviewed and confirmed microscopically.

Casts NIL /hpf NIL (Urine)

Crystals NIL /hpf NIL

(Urine)







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 $\begin{array}{c|cccc} \underline{Investigation} & \underline{Observed} & \underline{Unit} & \underline{Biological} \\ \underline{Value} & \underline{Value} & \underline{Reference\ Interval} \\ \underline{BUN\ / \ Creatinine\ Ratio} & 11.6 & 6.0 - 22.0 \\ \end{array}$

Dr Anusha.K.S Sr.Consultant Pathologist Reg No : 100674

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InvestigationObserved
ValueUnit
Reference Interval

URINE ROUTINE



Dr Anusha,K.S Sr.Consultant Pathologist Reg No : 100674

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-- End of Report --

| Name | MR.T ARUN KUMAR | ID | MED122452761 |
|-----------------|-----------------|------------|--------------|
| Age & Gender | 39Y/MALE | Visit Date | 10 Feb 2024 |
| Ref Doctor Name | MediWheel | - | |

ABDOMINO-PELVIC ULTRASONOGRAPHY

LIVER is normal in shape, size and has shows increased echogenicity with focal fatty sparing. No evidence of focal lesion or intrahepatic biliary ductal dilatation. Hepatic and portal vein radicals are normal.

GALL BLADDER shows normal shape and has clear contents. Wall is of normal thickness. CBD is of normal calibre.

PANCREAS has normal shape, size and uniform echopattern. No evidence of ductal dilatation or calcification.

SPLEEN shows normal shape, size and echopattern.

BOTH KIDNEYS

Right kidney: Normal in shape, size and echopattern. Cortico-medullary differentiation is well madeout. No evidence of calculus or hydronephrosis.

Left kidney: Normal in shape, size and echopattern. Cortico-medullary differentiation is well madeout. No evidence of calculus or hydronephrosis.

The kidney measures as follows:

| · | Bipolar length (cms) | Parenchymal thickness (cms) |
|--------------|----------------------|-----------------------------|
| Right Kidney | 10.3 | 1.6 |
| Left Kidney | 11.4 | 1.4 |

URINARY BLADDER shows normal shape and wall thickness. It has clear contents. No evidence of diverticula.

PROSTATE shows normal shape, size and echopattern. It measures 2.6 x 3.0 x 3.6 cms and vol: 15 cc.

No evidence of ascites.

IMPRESSION:

- Grade I fatty infiltration of liver.
- No other significant abnormality detected.

DR. HEMANANDINI V.N CONSULTANT RADIOLOGISTS

| Name | MR.T ARUN KUMAR | ID | MED122452761 |
|-----------------|-----------------|------------|--------------|
| Age & Gender | 39Y/MALE | Visit Date | 10 Feb 2024 |
| Ref Doctor Name | MediWheel | - | |

Hn/Sp

| Name | MR.T ARUN KUMAR | ID | MED122452761 |
|-----------------|-----------------|------------|--------------|
| Age & Gender | 39Y/MALE | Visit Date | 10 Feb 2024 |
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2D ECHOCARDIOGRAPHIC STUDY

M-mode measurement:

AORTA 2.47 cms. LEFT ATRIUM 3.40 cms. **AVS** 1.47 cms. LEFT VENTRICLE (DIASTOLE) 4.27 cms. (SYSTOLE) 2.37 cms. **VENTRICULAR SEPTUM** (DIASTOLE) 0.98 cms. (SYSTOLE) 1.44 cms. POSTERIOR WALL (DIASTOLE) 1.39 cms. (SYSTOLE) 1.65 cms. **EDV** 81 ml. **ESV** 19 ml. % FRACTIONAL SHORTENING 44 **EJECTION FRACTION** % 60 *** **EPSS** cms. **RVID** 1.80 cms.

DOPPLER MEASUREMENTS:

MITRAL VALVE: E - 0.8 m/s A - 0.6 m/s NO MR.

AORTIC VALVE: 1.1 m/s NO AR.

TRICUSPID VALVE: E - 0.4 m/s A - 0.3 m/s NO TR.

PULMONARY VALVE: 0.8 m/s NO PR.

| Name | MR.T ARUN KUMAR | ID | MED122452761 |
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| Age & Gender | 39Y/MALE | Visit Date | 10 Feb 2024 |
| Ref Doctor Name | MediWheel | - | |

2D ECHOCARDIOGRAPHY FINDINGS:

Left Ventricle : Normal size, Normal systolic function.

: No regional wall motion abnormalities.

Left Atrium : Normal.

Right Ventricle : Normal.

Right Atrium : Normal.

Mitral Valve : Normal. No mitral valve prolapsed.

Aortic Valve : Normal.Trileaflet.

Tricuspid Valve : Normal.

Pulmonary Valve : Normal.

IAS : Intact.

IVS : Intact.

Pericardium : No pericardial effusion.

IMPRESSION:

- NORMAL SIZED CARDIAC CHAMBERS.
- NORMAL LV SYSTOLIC FUNCTION. EF: 60 %.
- NO REGIONAL WALL MOTION ABNORMALITIES.
- NORMAL VALVES.
- NO CLOTS / PERICARDIAL EFFUSION / VEGETATION.

DR. YASHODA RAVI CONSULTANT CARDIOLOGIST

| Name | MR.T ARUN KUMAR | ID | MED122452761 |
|-----------------|-----------------|------------|--------------|
| Age & Gender | 39Y/MALE | Visit Date | 10 Feb 2024 |
| Ref Doctor Name | MediWheel | • | |

| Name | Mr. T ARUN KUMAR | Customer ID | MED122452761 |
|--------------|------------------|-------------|--------------------|
| Age & Gender | 39Y/M | Visit Date | Feb 10 2024 8:58AM |
| Ref Doctor | MediWheel | | |

X - RAY CHEST PA VIEW

| Bilateral lung fields appear norr |
|-----------------------------------|
|-----------------------------------|

Cardiac size is within normal limits.

Bilateral hilar regions appear normal.

Bilateral domes of diaphragm and costophrenic angles are normal.

Visualised bones and soft tissues appear normal.

Impression:

No significant abnormality detected.

Dr. Hemanandini Consultant Radiologist

OPTICAL STORE

Unique Collection

Pn: 9611444957

Vyalikaval Main road No 12 Lakshmi Nilaya, Ground Floor.
- 2nd Main Road, Vyalikaval, Bengaluru karnataka 560003

Name Arum. Kum or Sql M

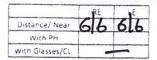
Ph No

CHIEF COMPLAINTS

RE / LE / BE

DOV / Blurning / Eyeache / Burning Itching / Pricking / Redness

Visual Activity



Color Vision: BE2 Abnormal

| | 1 | | RE | | | | LÉ | |
|----------|-----|----|------|----|-----|-----|------|-----|
| | SPH | S | AXIS | VN | SPH | CYL | AXIS | V |
| Distance | _ | 41 | ono | 66 | _ | FP | 7100 | -61 |

Advise: Constant Use / Near Use / Distance Only

RAVIKUMAR H.L. OPTOMETRIST Reg. No. 051619



| Patient Name | Arun Kumarit | Date | 10/2/2024 |
|-----------------|--------------|-----------------|-----------|
| Age | 39485 | Visit Number | 522402260 |
| Sex | Male | Corporate | Mediwheel |

GENERAL PHYSICAL EXAMINATION

Identification Mark:

Height: (68

cms

Weight: 91

kgs

Pulse: 80

/minute

Blood Pressure : ((0) 90

mm of Hg

BMI

BMI INTERPRETATION

Underweight = <18.5

Nørmal weight = 18.5-24.9

Overweight = 25-29.9

Chest :

Expiration:

cms

Inspiration:

cms

Abdomen Measurement :

cms

I dirically NAM

Ears: NAM

RS: BLL ACP

PA: Sift BIG

Neck nodes: Not palpast CVS: S,S, P CNS: consuous falut

No abnormality is detected. His / Her general physical examination is within normal limits.

NOTE : MEDICAL FIT FOR EMPLOYMENT YES / NO

Dr. RITESH RAJ, MBBS . General Physician & Diabetologies KMC Reg. No: 85875 AY DIAGNOSTICS

Signature

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