

Abhishek Kumar Sinha

Reasons Pre-Employment Health Checkup

Contact no. → 7275405134

(BMI) (28.6)

Abhishek Sinha

Wt - 102 ~~kg~~

Normal weight (66.0 - 89.1 kg)

Ht - 189 cm

Overweight (+12.9 kg)

B.P - 120/80

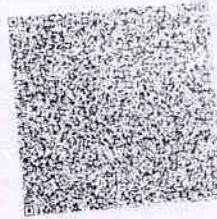
Pulse - 76 /min

SpO2 - 98%



भारतीय विशिष्ट पहचान प्राधिकरण  
Unique Identification Authority of India

पता: श्री प्रेमंशु कुमार सिन्हा, इ2/302, गोल्फ सिटी, प्लॉट नं. 11, नियर सेक्टर 50 मेट्रो स्टेशन, सेक्टर 49, नोएडा, उत्तर प्रदेश 201301, नोएडा, गौतम बुद्ध नगर, उत्तर प्रदेश, 201301  
Address: S/o Premanshu Kumar Sinha, D2/302, GOLF CITY, PLOT NO. 11, NEAR SECTOR 50 METRO STATION, SECTOR 75, NOIDA, UTTAR PRADESH 201301, Noida, Gautam Buddha Nagar, Uttar Pradesh, 201301



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1947



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भारत सरकार  
Government of India

Issue Date: 16/12/2013



अभिषेक कुमार सिन्हा  
Abhishek Kumar Sinha  
जन्म तिथि / DOB: 01/06/1995  
पुरुष / Male



5304 5701 7027

मेरा आधार, मेरी पहचान



# SJM SUPER SPECIALITY HOSPITAL



100 Bedded Super Speciality Hospital

Sector-63, Noida, NH-9, Near Hindon Bridge

Ph.: 0120-6530900 / 10, Mob.: +91 9599259072

E-mail: sjmhospital@yahoo.com / Website: sjmhospital.com

(24 Hours Emergency, NICU/ICU, Pharmacy & Ambulance Available)

09.05.24

C/O J.M. Finance.

## (IVF SPECIALIST)

Dr. Pushpa Kaul (IVF)  
M.B.B.S, MD(Obst. & Gynae)  
Dr. Neha Zutshi (Embryologist)

## OTHER SPECIALIST

Dr. Pushpa Kaul (IVF)  
M.B.B.S, MD(Obst. & Gynae)  
Dr. Smritee Virmani (Endoscopy)  
MBBS, DGO, DNB, ICOG (Obst. & Gynae)  
Dr. Vinod Bhat  
M.B.B.S, MD (General Medicine)  
Dr. Vineet Gupta, MS (ENT)  
Dr. Naveen Gupta, MS (EYE)  
Dr. Ashutosh Singh, MS (Urology)  
Dr. Rahul Kaul (Spine Surgeon)  
MBBS, MS, (Orthopaedic)  
Dr. Jaideep Gambhir, M.D(Psychiatrist)  
Consultant Psychiatry, Mob.: 8006888664  
Dr. Monica Gambhir, MBBS  
Family Therapist & Relationship Counsellor  
Mob.: 8006888663  
Dr. B.P. Gupta, MS (Surgeon)  
Dr. Deepa Maheshwari  
M.B.B.S., MD, FRM, (IVF Specialist)  
Dr. Vivek Kumar Gupta  
MBBS, MS (General Surgeon)  
M.Ch. (Plastic Surgery)  
Dr. Anand Kumar  
MBBS, MD (Paediatrics)  
Dr. Amit kumar Kothari  
MBBS, MD (Medicine)  
Dr. Amit Aggarwal  
M.B.B.S., M.S. Ortho.

## Facilities:

100 Beds. Private & Public wards  
Inpatient & Outpatient - (OPD)Facilities  
24-Hour ambulance and emergency  
3 Operation theatres  
Laposcopic & Conventional Surgery  
In vitro fertilization centre (IVF)  
Intensive Care Unit. (ICU)  
Neonatal ICUs (NICU)  
Dental Clinic  
Computerized pathology lab  
Digital X-ray and ultrasound  
Physiotherapy facilities  
24-Hour Pharmacy  
Cafeteria & Kitchen

Mr - Abhishek Kumar Sinha  
28/11

- Physically and Mentally fit in  
clinical examination



## CGHS & AYUSHMAN BHARAT

+ Not for medico legal purpose + No substitution of drugs allowed

**Panels:** Raksha TPA Pvt Ltd., Vipul Med Corp TPA Pvt Ltd., E-Meditek (TPA) Services Ltd., Medi-Assit India TPA Pvt Ltd., Park Mediclaim, Genins India TPA Pvt Ltd., Family Healthcare TPA Pvt Ltd., Medsave Healthcare TPA Pvt Ltd., Vidal Health Care TPA Pvt Ltd., MD India Healthcare, DHS TPA (India) Private Ltd., Medicate TPA Service (I) Pvt. Ltd., East West Assist TPA Pvt Ltd., United Healthcare Parekh TPA Pvt Ltd., Good Health TPA Services Ltd., Bajaj Allianz General Insurance Co. Ltd., IFFCO Tokio General Insurance Co. Ltd., IFFCO Tokio General Insurance Co. Ltd., Universal Insurance General Co. Ltd., TATA AIG General Insurance Co. Ltd., Cholamandalam General Insurance Co. Ltd., Liberty Videcon General Insurance Ltd., SBI General Insurance Co. Ltd., Kotak Mahindra General Insurance Co. Ltd., HDFC Standard Life Insurance Co. Ltd., The Oriental Insurance Co. Ltd.(Corporate), National Insurance Co. Ltd.(Corporate), The New India Insurance Co. Ltd. (Corporate), United India Insurance Co Ltd. (Corporate)



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9/5/21

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- Dr. Amit kumar Kothari
- MBBS, MD (Medicine)
- Dr. Amit Aggarwal
- M.B.B.S., M.S. Ortho.

Mr. Abhishek Kr. (29y/m)

Vn 616  
Vn < 616,  
Nb

No complaints

Colour Vn => 100%, Normal

l

(BE)

Lubrex-As Eye Drops - 2T/D  
x 2 months

l



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  - 24-Hour Pharmacy
  - Cafeteria & Kitchen

QRS : 90 ms  
QT / QTcBaz : 370 / 372 ms  
PR : 152 ms  
P : 82 ms  
RR / PP : 976 / 983 ms  
P / QRS / T : 39 / 10 / 10 degrees

Normal sinus rhythm with sinus arrhythmia  
Normal ECG



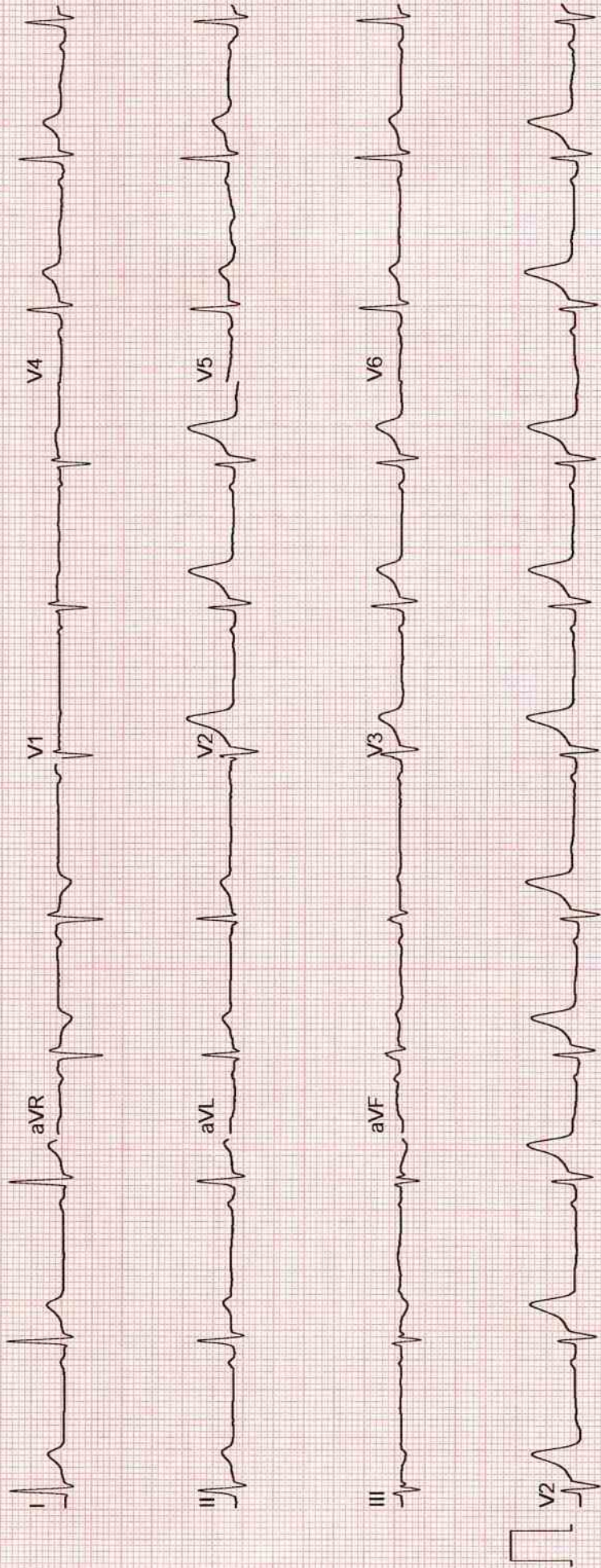
ANL  
Dw

Technician:  
Ordering Ph:  
Referring Ph:  
Attending Ph:

Location:  
Room:  
Order Number:  
Indication:  
Medication 1:  
Medication 2:  
Medication 3:

09.05.2024 10:12:09 AM  
sjm hospital  
sector 63  
Gautam Budhha Nagar, UP-201307

61 bpm  
-- / -- mmHg



## Laboratory Report

Lab Serial no. : LSHHI283895	Mr. No : 115118
Patient Name : Mr. ABHISHEK KUMAR SINHA	Reg. Date & Time : 09-May-2024 10:05 AM
Age / Sex : 28 Yrs / M	Sample Receive Date : 09-May-2024 10:46 AM
Referred by : Dr. SELF	Result Entry Date : 09-May-2024 02:02PM
Doctor Name : Dr. Vinod Bhat	Reporting Time : 09-May-2024 02:03 PM
OPD : OPD	

### HAEMATOLOGY

	results	unit	reference
<b>CBC / COMPLETE BLOOD COUNT</b>			
HB (Haemoglobin)	15.40	gm/dL	12.0 - 17.0
TLC	6.90	Thousand/mm	4.0 - 11.0
DLC			
Neutrophil	60	%	40 - 70
Lymphocyte	30	%	20 - 40
Eosinophil	06	%	01 - 06
Monocyte	04	%	02 - 08
Basophil	00	%	00 - 01
R.B.C.	4.84	Thousand / UI	3.8 - 5.10
P.C.V	<b>46.90</b>	million/UI	00 - 40
M.C.V.	96.90	fL	78 - 100
M.C.H.	<b>31.80</b>	pg	27 - 31
M.C.H.C.	32.80	g/dl	32 - 36
Platelet Count	2.70	Lacs/cumm	1.5 - 4.5

#### INTERPRETATION:

To determine your general health status; to screen for, diagnose, or monitor any one of a variety of diseases and conditions that affect blood cells, such as anemia, infection, inflammation, bleeding disorder or cancer

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### HAEMATOLOGY

results unit reference

#### ESR / ERYTHROCYTE SEDIMENTATION RATE

ESR (Erythrocyte Sedimentation Rate) 21.00 mm/1hr 00 - 22

#### Comments

The ESR is a simple non-specific screening test that indirectly measures the presence of inflammation in the body. It reflects the tendency of red blood cells to settle more rapidly in the face of some disease states, usually because of increases in plasma fibrinogen, immunoglobulins, and other acute-phase reaction proteins. Changes in red cell shape or numbers may also affect the ESR.

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Page 1

  
**Dr. Rajeev Goel**  
M.D. (Pathologist)  
36548 (MCI)

**Dr. Bupinder Zutshi**  
(M.B.B.S., MD)  
Pathologist & Microbiologist

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### BIOCHEMISTRY

	results	unit	reference
<b>HbA1C / GLYCATED HEMOGLOBIN / GHB</b>			
Hb A1C	5.24	%	4.0 - 5.6
ESTIMATED AVERAGE GLUCOSE eAG[Calculated]	101.30	mg/dl	

#### INTERPRETATION-

	HBA1C
NON DIABETIC	4-6 %
GOOD DIABETIC CINTROL	6-8 %
FAIR CONTROL	8-10 %
POOR CONTROL	>-10 %

The Glycosylated haemoglobin assay has been validated as a reliable indicator of mean blood glucose levels for a 3 months period. AMERICAN DIABETES ASSOCIATION recommends the testing twice an year in patients with stable blood glucose, and quarterly if treatment changes or blood glucose is abnormal



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### BIOCHEMISTRY

	results	unit	reference
<b>KFT,Serum</b>			
Blood Urea	27.70	mg/dL	18 - 55
Serum Creatinine	0.99	mg/dl	0.7 - 1.3
Uric Acid	<b>7.60</b>	mg/dl	3.5 - 7.2
Calcium	9.50	mg/dL	8.8 - 10.2
Sodium (Na+)	136.50	mEq/L	135 - 150
Potassium (K+)	3.98	mEq/L	3.5 - 5.0
Chloride (Cl)	108.50	mmol/L	94 - 110
BUN/ Blood Urea Nitrogen	12.94	mg/dL	7 - 18
PHOSPHORUS-Serum	3.96	mg/dl	2.5 - 4.5

**Comment:-**

Kidneys play an important role in the removal of waste products and maintenance of water and electrolyte balance in the body. Kidney Function Test (KFT) includes a group of blood tests to determine how well the kidneys are working.

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*Handwritten signature*

**Dr. Rajeev Goel**  
 M.D. (Pathologist)  
 36548 (MCI)

Page 1

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### BIOCHEMISTRY

	results	unit	reference
<b>LIVER FUNCTION TEST, Serum</b>			
Bilirubin- Total	0.75	mg/dL	0.1 - 2.0
Bilirubin- Direct	<b>0.33</b>	mg/dL	0.0 - 0.20
Bilirubin- Indirect	0.42	mg/dL	0.2 - 1.2
SGOT/AST	32.10	IU/L	00 - 35
SGPT/ALT	24.20	IU/L	00 - 45
Alkaline Phosphate	85.00	U/L	53 - 128
Total Protein	7.18	g/dL	6.4 - 8.3
Serum Albumin	4.30	gm%	3.50 - 5.20
Globulin	2.88	gm/dl	1.8 - 3.6
Albumin/Globulin Ratio	1.49	%	

#### INTERPRETATION

A Liver Function test or one or more of its component tests may be used to help diagnose liver disease if a person has symptoms that indicate possible liver dysfunction. If a person has a known condition or liver disease, testing may be performed at intervals to monitor liver status and to evaluate the effectiveness of any treatments.



technician :

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*R. J. Goel*

Page 1

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### BIOCHEMISTRY

	results	unit	reference
<b>LIPID PROFILE, Serum</b>			
S. Cholesterol	147.00	mg/dl	< - 200
HDL Cholesterol	<b>26.90</b>	mg/dl	35.3 - 79.5
LDL Cholesterol	89.50	mg/dl	50 - 150
VLDL Cholesterol	30.60	mg/dl	00 - 40
Triglyceride	153.10	mg/dl	00 - 170
Chloestrol/HDL RATIO	<b>5.50</b>	%	3.30 - 4.40

#### INTERPRETATION:

Lipid profile OR lipid panel is a panel of blood tests that serves as an initial screening tool for abnormalities in lipids, such as cholesterol and triglycerides. The results of this test can identify certain genetic diseases and can determine approximate risks for cardiovascular disease, certain forms of pancreatitis, and other diseases.



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**Laboratory Report**

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**URINE EXAMINATION TEST****PHYSICAL EXAMINATION**

Quantity: 20 ml  
 Color: Straw  
 Transparency: clear

**CHEMICAL EXAMINATION**

Albumin: nil  
 Glucose: nil  
 PH: Acidic

**MICROSCOPIC EXAMINATION**

Pus cells: 1-2 /HPF  
 RBC's: nil  
 Crystals: nil  
 Epithelial cells: 0-1 /HPF  
 Others: nil

**Note:-**

A urinalysis is a test of your urine. It's used to detect and manage a wide range of disorders, such as urinary tract infections, kidney disease and diabetes. A urinalysis involves checking the appearance, concentration and content of urine.



Mr. BIRJESH

Dr. Rajendra Gopal /SJM/Design/Finanace/LabTextReport.aspx  
 M.D. (Pathologist)  
 36548 (MCI)

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 5/9/2024  
 (M.B.B.S., MD)  
 Pathologist & Microbiologist

## X-Ray Report

PATIENT ID	: 27609 OPD	PATIENT NAME	: MR ABHISHEK KUMAR
AGE	: 028Y	SEX	: Male
REF. PHY.	:	STUDY DATE	: 09-May-2024

### RADIOLOGY REPORT EXAM: X RAY CHEST

#### TECHNIQUE:

Frontal projections of the chest were obtained.

#### FINDINGS:

Both lung fields are clear.  
Both costophrenic angles appear normal.  
The tracheal lucency is centrally placed.  
The mediastinal and diaphragmatic outlines appear normal.  
The heart shadow is normal.  
The bony thoracic cage and soft tissues are normal.

#### IMPRESSION:

I. The study is within normal limits.



Dr Girish N K  
Consultant Radiologist  
MBBS, MD  
Regn No: 2017/08/4087

Dr Girish N K  
09th May 2024

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R  
PA

