

Name : Mrs. LIPIKA ADHIKARY (35 /F)

Date : 03/02/2023

Address : KALYAN GRAM,PO BENGAL ENAMEL,PS TITAGARH, NORTH 24 PARGANAS,  
NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by :

UHID : AGHL.0001505501

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH  
TMT/ECHO)

AHC No : AMHLAH166208



## CHIEF COMPLAINTS

For corporate health checkup  
Shortness of breath  
Acidity,Bloating,Flatulance,Bowels not regular

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Dyslipidemia, Heart  
disease  
Hypertension Medication - regular  
Thyroid disease - hypothyroidism;  
Medication - regular



## SYSTEMIC REVIEW

### Cardiovascular system

Chest pain - no; Breathing difficulty - yes;  
Exacerbated by - moderate exertion

### Respiratory system

- Nil Significant

### Gastrointestinal system

Abdominal pain - no; Symptoms - bloating,  
flatulence

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 20/1/23; Periods - regular;  
No of Children - 1; Deliveries - LSCS

### Central nervous system

- Nil Significant

### Eyes

- Nil Significant

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Skin

- Nil Significant



### Present medications

- THYROXIN 62.5  
STAMLO 5



### Past medical history

Past medical history - nil significant



### Surgical history

Caesarian section - YES 2011



### Personal history

Marital status - Married  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



### Family history

Father - alive  
Mother - alive  
Sisters - 1  
Hypertension - mother  
Coronary artery  
disease - none  
Cancer - None  
Thyroid/other  
endocrine disorder - grandmother

## PHYSICAL EXAMINATION



### General

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Height - 159  
Weight - 80  
BMI - 31.64  
Pallor - No  
Oedema - no

 **Cardiovascular system**


Heart rate (Per minute) - 96  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 128  
Diastolic(mm of Hg) - 94  
Heart sounds - S1S2+

**Respiratory system**

Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Organomegaly - No  
Tenderness - No

 **Central nervous system**

- No neurological deficit

**Ophthalmology consultation**

Ophthalmology findings - UCVA:RE:6/18 LE:6/18  
NVA:RE:N6 LE:N6  
OCULAR MOVEMENT:WNL  
ANT.SEG: WNL  
ACCPT:RE:-0.50/-0.75X90\*  
DVA:6/6,N6  
LE:-0.50/-0.50X90\*DVA:6/6,  
N6  
ADVICE.\*Glass Rx.\*Review  
after 1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows include Hemoglobin, RBC COUNT, Hematocrit - Hct, MCV, MCH, MCHC, RDW, WBC Count, Platelet Count, Neutrophils, Lymphocytes, Monocytes, Eosinophils, Basophils, RBC, Platelets, and ERYTHROCYTE SEDIMENTATION RATE (ESR).

Table with 2 columns: Test Name, Result. Rows include Volume, Colour, Appearance, Specific Gravity, pH, Albumin, Glucose, Ketone, Bile Pigments, RBC, Pus Cells, Epithelial Cells, Casts, Crystals, and Note.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row: URINE GLUCOSE(POST PRANDIAL) Nil.

STOOL ROUTINE

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows include Colour, Consistency, Mucus, Reaction, Frank Blood, Pus Cells, RBC, Ova, Cysts, and PARASITE.

URINE SUGAR- FASTING(QUALITATIVE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row: URINE GLUCOSE(FASTING) Nil.

BLOOD GROUPING AND TYPING (ABO AND RH)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows: ABO Group: A, Rh (D) Type: NEGATIVE.

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows: ALT(SGPT) - SERUM, ALBUMIN - SERUM.

URINE ROUTINE AND MICROSCOPY

Table with 5 columns: Test Name, Result, Unit, Level, Range.

Legend: Green circle - Within Normal Range, Yellow circle - Borderline High/Low, Red circle - Out of Range

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ALKALINE PHOSPHATASE - SERUM	59	U/L	●	42-98
AST (SGOT) - SERUM	17	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.3	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	209 *	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.6	mg/dL	●	0.6-1.1

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	15	U/L	●	7-64

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	93	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	144 *	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.3	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	56	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	138 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	15	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.1	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.7 *	g/dL	●	1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	10.5	µg/dL	●	5.1-14.1

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	146	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.1	µIU/mL	●	0.270-4.200

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.6	mg/dL	●	2.6-6.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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### BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	6.0 *	mg/dL	●	7.0-18.0

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.2		●	1.0-2.0

### PAP SMEAR /CERVICAL SMEAR

Ref No:

AG01.C2300765

SPECIMEN TYPE:

Conventional cervical smear (Pap) x 1

SPECIMEN ADEQUACY:

Satisfactory for evaluation with endocervical cells.

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy,with no organism

### ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade-I fatty liver.

\* Bulky uterus.

### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.