

Name : Mr. GUNWANT B GAWAI (52 /M)

Date : 16/08/2023

Address : MEDIWHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by: Dr . SHEETAL KRIPLANI GUPTA

UHID : MHN1.0000150130

Package : MediWheel Full Body Health Checkup Male Above 40

AHC No : NSKAH34673



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Thyroid disorder, Heart
disease, Stroke, Asthma,
COPD, Cancer
Hypertension Since - 3 year; Medication
- regular; - tab-telma-40mg



DRUG ALLERGY

NO KNOWN ALLERGY :16/08/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any - No
allergies?



Surgical history

Surgical history - Nil

Immunization history

- Covid Dose1,Covid Dose2



Personal history

Marital status - Married
No. of children - 2
Diet - Mixed Diet
Alcohol - consumes alcohol
occasionally
Smoking - No
Chews tobacco - Yes
Physical activity - Active



Family history

Coronary artery - none
disease
Cancer - None

PHYSICAL EXAMINATION



General

Height - 161
Weight - 66.4
BMI - 25.62
Pallor - No
Oedema - no
Temperature - 94
SpO2 - 99



Cardiovascular system

Heart rate (Per minute) - 68
Rhythm - Regular
Systolic(mm of Hg) - 120
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath
sounds



Abdomen

Organomegaly - No
Tenderness - No

Printed By : Ajay Murlidhar Bachhav

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URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.005 *		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Negative			
Sugar:	Negative			
pH	5.5		●	4.6-8
Blood:	Negative			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	00	/hpf	●	0-2
WBC/Pus Cells	0-1/hpf	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	1-2/hpf	/hpf		

Monocytes	05	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	4	mm/1st hr	●	0-10

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	15 *	U/L	●	30-65
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.3	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.3		●	1.1-1.8

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	16.8	g/dl	●	13.0-18.0
Haematocrit	47.8	%	●	39.0-54.0
RBC COUNT	5.42	Million/ul	●	4.2-6.5
MCV	88.1	fl	●	75.0-95.0
MCH	31	pg	●	26.0-32.0
MCHC	35.1	g/dl	●	31.0-36.0
RDW	16.2 *	%	●	11-16
Platelet Count(Optical/Impedance)	193	10 ⁹ /m ³	●	140-440
TLC Count	7.21	10 ⁹ /m ³	●	4.0-11.0
Neutrophils	65	%	●	45-75
Lymphocytes	28	%	●	20-45
Eosinophils	02	%	●	1-6

ALKALINE PHOSPHATASE - SERUM/PLASMA	30	U/L	●	0-100
AST (SGOT) - SERUM	26	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	2.0 *	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	143	mg/dL	●	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	1.2	mg/dL	●	0.8-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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GGTP: GAMMA
GLUTAMYL
TRANSPEPTIDASE -
SERUM 22 U/L ● 0-50

TOTAL T4:
THYROXINE - SERUM 7.8 µg/dL ● Healthy
Adults:5.2-12.7

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	93	mg/dL	●	70-100

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	98	mg/dL	●	70-140

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.1	%	●	0.0-6.0
Mean Plasma Glucose (MPG) Estimate:	104.2600	mg/dL		

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	72 *	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	2.0		●	0.0-4.5
LDL Cholesterol (Direct LDL)	82	mg/dL		

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	7.6	g/dL	●	6.4-8.2

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	158	ng/dL	●	Healthy Adults: 69 - 215

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	54	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.3	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75

UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	28	mg/dL	●	15-38
UREA NITROGEN SERUM/PLASMA: (Calculated)	13	mg/dL	●	7-18

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	7.8 *	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.4 *	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	1.6 *	mg/dL	●	0.0-0.7

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)	0.67	ng/mL	●	0.24-3

CARDIAC STRESS TEST - (TMT)

ECG

ULTRASOUND - WHOLE ABDOMEN

No significant abnormality is detected.

X-RAY CHEST PA

● Within Normal Range ● Borderline High/Low ● Out of Range

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No significant abnormality is detected.



INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE


 Within Normal Range  Borderline High/Low  Out of Range

Executive Summary


-  Overweight
-  Systemic Hypertension
- Isolated bilirubin elevation (Gilberts syndrome to be ruled out)
- Hyperuricemia

Wellness Prescription

Advice On Diet :-

-  Low calorie, low sugar, low fat diet
- Low salt diet
- Low fat diet
- Low purine diet


Advice On Physical Activity :-

-  30 minutes brisk walk 5 days a week

Recommended Follow-up Consultations

Speciality Name	Doctor Name	Schedule WithIn	Remarks
GASTROENTEROLOGY	Soham Doshi	2 Day(s)	

Follow-up and Review Plan

-  Weight reduction
- Periodic blood pressure monitoring
- To repeat liver function tests after 3 months
- To repeat serum uric acid after 3 months
- follow up with Dr Soham Doshi within 2 days



Scan the QR code in AskApollo App to book your follow-up appointments and investigations

Dr. SHEETAL KRIPLANI GUPTA

AHC Physician / Consultant Internal Medicine

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Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

6

ACCEPTABLE SCORE

7

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician’s advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515