Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC- 2014/01/0113

Medi-Wheel

R/o → Nagpur

KIMS-KINGSWAY HOSPITALS

Name : Mr. Arvind Vaidya

Date : 10/06/23

Age : 59 Y Sex : (M)/F Weight : 57.2 kg Height : 161.8 inc BMI : 21.8

BP : 150/80 mmHg Pulse : 78/m bpm RBS : ______ mg/dl

SpO2: 100%

59/M

- k/c DM
  - voglib 0.3 1 — x — 1
  - Loyzide M 30 XR 1 — x — x
- k/c HT
  - cilacar-T 1 — x — x
- Tobacco ++
- DOE-II
- F/H - Mother DM, IHD

O/E
JVP°
Chest
CVS
P/A N.

Inv.
- Hb - 11.2
- HbA1c - 8.6
- LDL - 121
- TMT - +ve

Adv.

↑ T. Loyzide M (30+500) XR 1 — x — 1
(Before meals)

T. Istamet (100+500) ABF 1 — x — x

Cap Roza Gold (10+75+75) x — x — 1 A/D

T. Cilacar T 1 — x — x

T. Neurobion Forte 1 — x — x ABF

- STOP TOBACCO
- Diet + walking
- To see Dr. S. Ganjewar sir
- Rpt. F & PMBS after 1 mth

Dr. VIMMI GOEL
MD
Non Invasive Cardiology
0113

SPANV Medisearch Lifesciences Private Limited
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.
Phone: +91 0712 6789100
CIN: U74999MH2018PTC303510

Dr. Ashish Kamble
MBBS, MS, FICO (London), FVRS
Phaco and Vitreoretinal Surgeon
Reg. No: MCI- 11-39352

Name : Mr. Arvind Vaidya Date : 10/6/23

Age : 59 y Sex : M/F Weight : ______ kg Height : ______ inc BMI : ______

BP : ______ mmHg Pulse : ______ bpm RBS : ______ mg/dl

(BE) → Mild to Moderate
NPDR
+
Early Cataract

Advice

- E/D Maxmoist (BE)
4 times
x 2 m

R/A 6 months/SOS

SPANV Medisearch Lifesciences Private Limited
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.
Phone: +91 0712 6789100

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name	: Mr. ARVIND VAIDYA	**Age /Gender**	: 59 Y(s)/Male
Bill No/ UMR No	: BIL2324015657/UMR2324008175	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 10-Jun-23 08:24 am	**Report Date**	: 10-Jun-23 10:21 am

HAEMOGRAM

Parameter	Specimen	Results	Biological Reference	Method
Haemoglobin	Blood	**11.2**	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		**34.5**	40.0 - 50.0 Vol%	Calculated
RBC Count		5.21	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		**66**	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		**21.6**	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		32.5	31.5 - 35.0 g/l	Calculated
RDW		**16.8**	11.5 - 14.0 %	Calculated
Platelet count		306	150 - 450 10^3/cumm	Impedance
WBC Count		5400	4000 - 11000 cells/cumm	Impedance
DIFFERENTIAL COUNT				
Neutrophils		59.7	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		29.1	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		5.4	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		5.8	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		3223.8	2000 - 7000 /cumm	Calculated

SPANV Medisearch Lifesciences Private Limited
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.
Phone: +91 0712 6789100
CIN: U74999MH2018PTC303510

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name	: Mr. ARVIND VAIDYA	**Age /Gender**	: 59 Y(s)/Male
Bill No/ UMR No	: BIL2324015657/UMR2324008175	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 10-Jun-23 08:24 am	**Report Date**	: 10-Jun-23 10:21 am

Parameter	Specimen	Results	Biological Reference	Method
Absolute Lymphocyte Count		1571.4	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		291.6	20 - 500 /cumm	Calculated
Absolute Monocyte Count		313.2	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
PERIPHERAL SMEAR				
Microcytosis		Microcytosis ++(11%-20%)		
Hypochromasia		Hypochromia ++(11%-20%)		
Anisocytosis		Anisocytosis +(Few)		
WBC		As Above		
Platelets		Adequate		
E S R		14	0 - 20 mm/hr	Automated Westergren's Method

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. VAIDEHEE NAIK, MBBS,MD

CONSULTANT PATHOLOGIST

SPANV Medisearch Lifesciences Private Limited
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.
Phone: +91 0712 6789100
CIN: U74999MH2018PTC303510

KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mr. ARVIND VAIDYA	**Age /Gender**	: 59 Y(s)/Male
Bill No/ UMR No	: BIL2324015657/UMR2324008175	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 10-Jun-23 08:22 am	**Report Date**	: 10-Jun-23 10:58 am

Parameter	**Specimen**	**Results**	**Biological Reference**	**Method**
Fasting Plasma Glucose	Plasma	**188**	< 100 mg/dl	GOD/POD,Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HBA1C)				
HbA1c		8.6	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. VAIDEHEE NAIK, MBBS,MD

CONSULTANT PATHOLOGIST

SPANV Medisearch Lifesciences Private Limited
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.
Phone: +91 0712 6789100
CIN: U74999MH2018PTC303510

KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mr. ARVIND VAIDYA	**Age /Gender**	: 59 Y(s)/Male
Bill No/ UMR No	: BIL2324015657/UMR2324008175	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 10-Jun-23 11:13 am	**Report Date**	: 10-Jun-23 12:39 pm

Parameter	Specimen	Results	Biological Reference	Method
Post Prandial Plasma Glucose	Plasma	139	< 140 mg/dl	GOD/POD, Colorimetric

Interpretation:

Clinical Decision Value as per ADA Guidelines 2021

Diabetes Mellites If,
Fasting =/>126 mg/dl
Random/2Hrs.OGTT=/>200 mg/dl
Impaired Fasting = 100-125 mg/dl
Impaired Glucose Tolerance = 140-199 mg/dl

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100026

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. VAIDEHEE NAIK, MBBS,MD

CONSULTANT PATHOLOGIST

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mr. ARVIND VAIDYA	**Age /Gender**	: 59 Y(s)/Male
Bill No/ UMR No	: BIL2324015657/UMR2324008175	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 10-Jun-23 08:24 am	**Report Date**	: 10-Jun-23 10:58 am

LIPID PROFILE

Parameter	Specimen	Results		Method
Total Cholesterol	Serum	180	< 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		135	< 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		**29**	> 40 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		**121.38**	< 100 mg/dl	Enzymatic
VLDL Cholesterol		27	< 30 mg/dl	Calculated
Tot Chol/HDL Ratio		**6**	3 - 5	Calculation

Intiate therapeutic		Consider Drug therapy	LDC-C
CHD OR CHD risk equivalent	>100	>130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk>20%			
Two or more additional major risk factors,10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130 10 yrs risk <10% >160	<130
No additional major risk or one additional major risk factor	>160	>190,optional at 160-189	<160

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100026

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. Anuradha Deshmukh, MBBS,MD

CONSULTANT MICROBIOLOGIST

KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mr. ARVIND VAIDYA	**Age /Gender**	: 59 Y(s)/Male
Bill No/ UMR No	: BIL2324015657/UMR2324008175	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 10-Jun-23 08:24 am	**Report Date**	: 10-Jun-23 10:58 am

THYROID PROFILE

Parameter	Specimen	Results	Biological Reference	Method
T3	Serum	1.28	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.15	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		1.87	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100026

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. Anuradha Deshmukh, MBBS,MD

CONSULTANT MICROBIOLOGIST

KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mr. ARVIND VAIDYA		
Bill No/ UMR No	: BIL2324015657/UMR2324008175	**Age /Gender**	: 59 Y(s)/Male
Received Dt	: 10-Jun-23 08:24 am	**Referred By**	: Dr. Vimmi Goel MBBS,MD
		Report Date	: 10-Jun-23 10:58 am

Parameter	Specimen	Result Values	Biological Reference	Method
RFT				
Blood Urea	Serum	**18**	19.0 - 43.0 mg/dl	Urease with indicator dye
Creatinine		1.05	0.66 - 1.25 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		81.8		Calculation by CKD-EPI 2021
Sodium		138	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.47	3.5 - 5.1 mmol/L	Direct ion selective electrode
LIVER FUNCTION TEST(LFT)				
Total Bilirubin		0.29	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		**0.09**	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.20	0.1 - 1.1 mg/dl	Duel wavelength spectrophotometric
Alkaline Phosphatase		80	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT		22	10 - 40 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		18	15 - 40 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		7.28	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		4.12	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		3.15	2.0 - 4.0 gm/	Calculated
A/G Ratio		1.31		

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100026

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. Anuradha Deshmukh, MBBS,MD

CONSULTANT MICROBIOLOGIST

KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name	: Mr. ARVIND VAIDYA	**Age /Gender**	: 59 Y(s)/Male
Bill No/ UMR No	: BIL2324015657/UMR2324008175	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 10-Jun-23 09:55 am	**Report Date**	: 10-Jun-23 11:47 am

Parameter	**Specimen**	**Results**		**Method**
URINE MICROSCOPY				
PHYSICAL EXAMINATION				
Volume	Urine	30 ml		
Colour.		Pale yellow		
Appearance		Clear		
CHEMICAL EXAMINATION				
Reaction (pH)	Urine	6.0	4.6 - 8.0	Indicators
Specific gravity		1.005	1.005 - 1.025	ion concentration
Urine Protein		1+ (Approx 25mg/dl)		protein error of pH indicator
Sugar		Negative		GOD/POD
Bilirubin		Negative		Diazonium
Ketone Bodies		Negative		Legal's est Principle
Nitrate		Negative		
Urobilinogen		Normal		Ehrlich's Reaction
MICROSCOPIC EXAMINATION				
Epithelial Cells	Urine	0-1	0 - 4 /hpf	Manual
R.B.C.		Absent	0 - 4 /hpf	Manual
Pus Cells		0-1	0 - 4 /hpf	Manual
Casts		Absent		Manual
Crystals		Absent		Manual
Others		.		Manual
USF(URINE SUGAR FASTING)				
Urine Glucose	Urine	Negative		GOD/POD

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100400

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. Anuradha Deshmukh, MBBS,MD
CONSULTANT MICROBIOLOGIST

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name	: Mr. ARVIND VAIDYA	**Age /Gender**	: 59 Y(s)/Male
Bill No/ UMR No	: BIL2324015657/UMR2324008175	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 10-Jun-23 08:24 am	**Report Date**	: 10-Jun-23 10:25 am

BLOOD GROUPING AND RH

Parameter	Specimen	Results	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" B "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. VAIDEHEE NAIK, MBBS,MD

CONSULTANT PATHOLOGIST

SPANV Medisearch Lifesciences Private Limited
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.
Phone: +91 0712 6789100
CIN: U74999MH2018PTC303510

KIMS-KINGSWAY HOSPITALS

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	ARVIND VAIDYA		
AGE/ SEX	59Y11M20D / M	STUDY DATE	10-06-2023 08:54:45
ACCESSION NO.	BIL2324015657-9	HOSPITAL NO.	UMR2324008175
REPORTED ON	10-06-2023 10:02	MODALITY	DX
		REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST AP VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION:
No pleuro-parenchymal abnormality seen.

NAVEEN PUGALIA
MBBS, MD [076125]
SENIOR CONSULTANT RADIOLOGIST.

N.B : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

SPANV Medisearch Lifesciences Private Limited
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.
Phone: +91 0712 6789100
CIN: U74999MH2018PTC303510

KIMS-KINGSWAY
HOSPITALS

NAME OF PATIENT	MR. ARVIND VAIDYA	AGE & SEX	59YRS/MALE
UMR NO	2324008175	BILL NO	2324015657
REF BY	DR. VIMMI GOEL	DATE	10/06/2023

USG WHOLE ABDOMEN

LIVER is normal in shape, size and shows normal echotexture.
No evidence of any focal lesion seen. Intrahepatic billiary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it.
Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size shape and echotexture. No focal lesion seen.

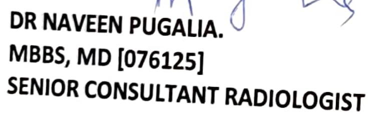
Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture. Wt- 22.56 gms.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:
No significant visceral abnormality seen.
Suggest clinical correlation / further evaluation.



DR NAVEEN PUGALIA.
MBBS, MD [076125]
SENIOR CONSULTANT RADIOLOGIST

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Arvind . Vaidya
Patient ID: 008175
Height:
Weight:
Study Date: 10.06.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 20.06.1963
Age: 59yrs
Gender: Male
Race: Indian
Referring Physician: Medi Wheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:
--

Medical History:
HTN DM

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:07	0.00	0.00	85	120/80	
	WARM-UP	00:05	0.00	0.00	85		
EXERCISE	STAGE 1	03:00	1.70	10.00	113	120/80	
	STAGE 2	03:00	2.50	12.00	127	140/80	
	STAGE 3	01:27	3.40	14.00	137		
RECOVERY		01:00	0.00	0.00	127	150/80	
		02:00	0.00	0.00	110	140/80	
		02:00	0.00	0.00	98	130/80	
		02:00	0.00	0.00	96	120/80	
		00:28	0.00	0.00			

The patient exercised according to the BRUCE for 7:26 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 84 bpm rose to a maximal heart rate of 137 bpm. This value represents 85 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg , rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to ST-T changes seen.

Interpretation:
Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: ST-T changes seen.
Overall impression: Positive.

Conclusions:
TMT is Positive for inducible ischemia. by ST-T changes seen during exercise & recovery.
No angina.

Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg No.: 2014/01/0113

59 Years

MR. ARVIND VAIDYA
Male

10-Jun-23 9:27:16 AM

KIMS~KINGSWAY HOSPITALS

PHC DEPT.

Rate	82
PR	179
QRSD	100
QT	378
QTc	442

- Sinus rhythm.................................normal P axis, V-rate 50- 99
- Minimal ST elevation, anterior leads.........................ST >0.10mV, V1-V4
- Artifact in lead(s) III,aVL,aVF,V4 and baseline wander in lead(s) V3,V4

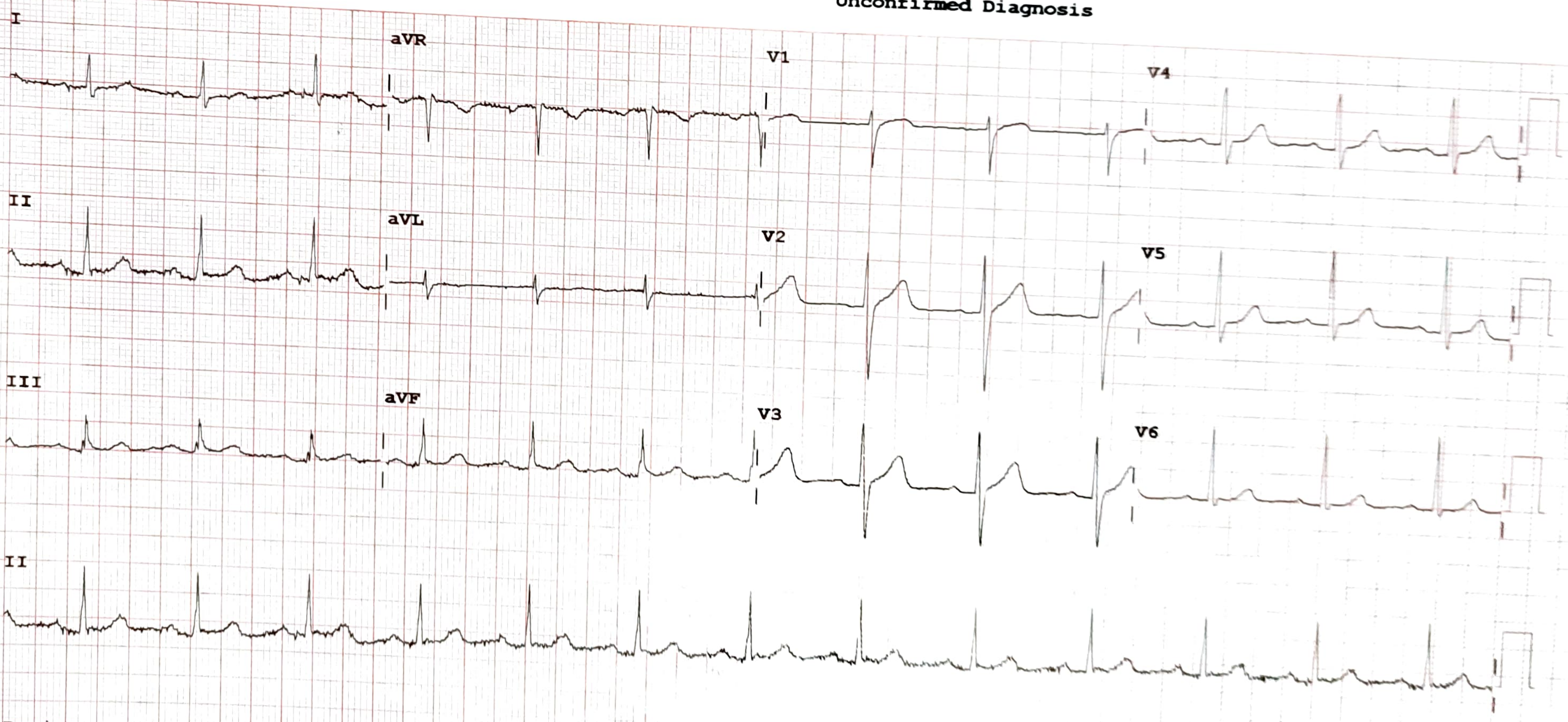
--AXIS--

P	66
QRS	70
T	67

12 Lead; Standard Placement

\- OTHERWISE NORMAL ECG -

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W 100B CL P?

PHILIPS