



NO MASK
NO ENTRY
SANITISE YOUR HANDS
BEFORE ENTERING...
THANK YOU



GPS Map Camera

Bhubaneswar, Odisha, India
Plot No, 119, Saheed Nagar Rd, Saheed Nagar, Bhubaneswar, Odisha 751007,
India
Lat 20.292545°
Long 85.845858°
29/08/23 08:56 AM GMT +05:30



Google

Healthcare Services

ZHC/OFRJ

OPD FORM

Sl. No. :

Age

41

Gender :

M

Referred by Dr.

Dr. Pooja



ਭਾਰਤ ਸਰਕਾਰ

Government of India



Issue Date: 16/07/2013



ਸੰਜੀਵ ਕੁਮਾਰ
Sanjeev Kumar
ਜਨਮ ਮਿਤੀ/DOB: 01/12/1984
ਮਰਦ/ MALE

6527 7654 1271

VID : 9156 6109 2651 3276

ਮੇਰਾ ਆਧਾਰ, ਮੇਰੀ ਪਛਾਣ

Date & Time :

13/8

Technician



OPPO Reno7 Pro 5G

SANJEEV KUMAR

MALE

ZENA HEALTHCARE

PLOT-119, SAHIDNAGAR, BHUBANESWAR

ID: 1058

AGE: 38 Y M D

CHS K9

RATE: 103 bpm SINUS RHYTHM

R-R: 579 ms

P-R: 148 ms

QRS: 82 ms

QT: 384 ms

QTc: 375 ms

--A3IS--

P: 56*

QRS: 64*

T: 60*

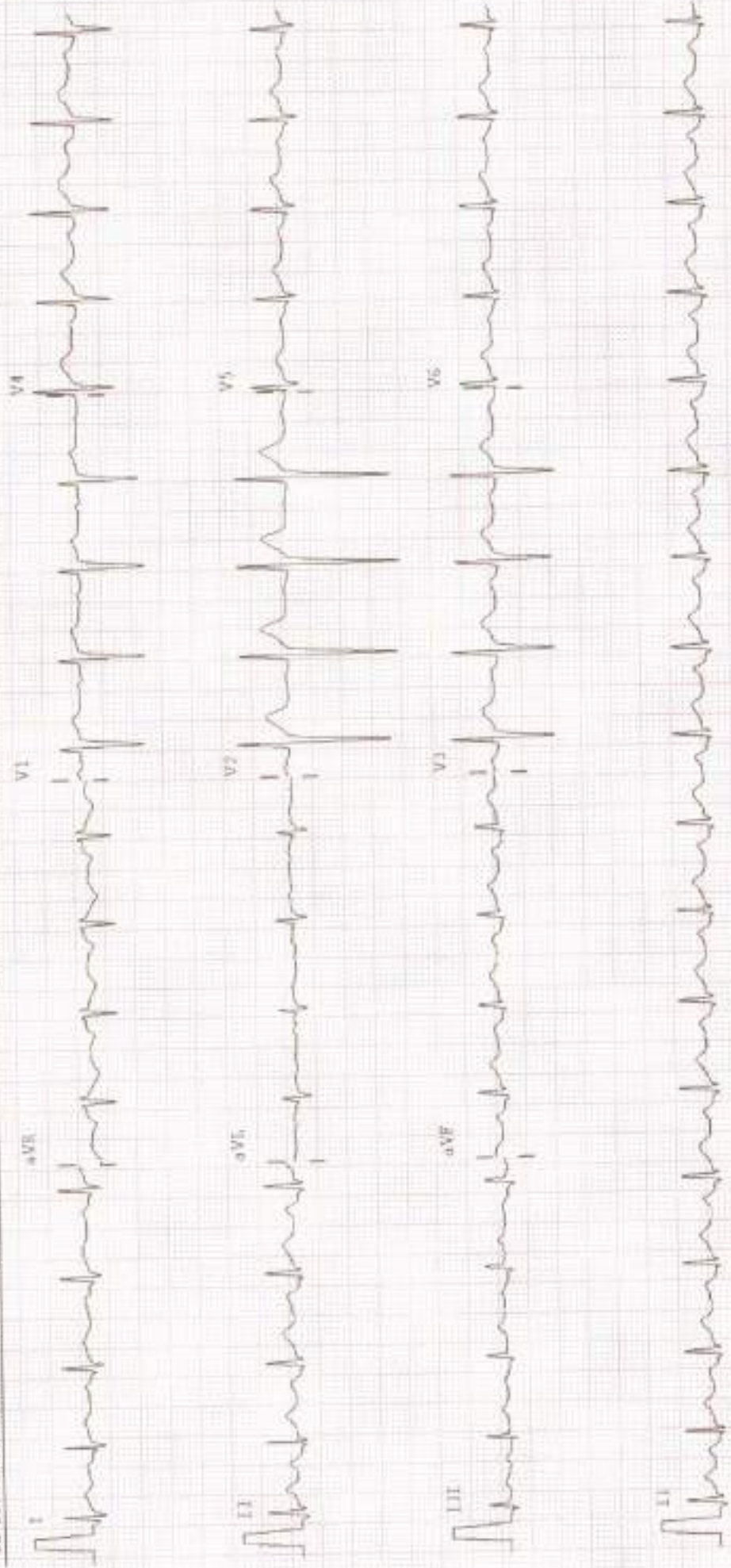
NORMAL ECG

12-LEAD REPORT FORMAT: 3x3+11 SQ

REF

Dr. FEMALE

Dr. M. K. HOTA
M.B.B.S.
REGD No. 6993





NAME:-SANJEEV KUMAR
AGE:-38YRS
Patient ID:-02

REFERRAL:-MEDI-WHEEL
DATE:-29.08.2023
SEX:-MALE

CHEST X-RAY PA VIEW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.

Dr. Bhagaban Pradhan
M.D.(Radio diagnosis)

Consultant Radiologist



Patient Name : MR. SANJEEV KUMAR

Age / Gender : 38 years / Male

Patient ID : 15838

Referral : MEDI WHEEL

Collection Time : 29/08/2023, 10:49 AM

Reporting Time : 29/08/2023, 06:05 PM

Sample ID :



2080a

Test Description	Value(s)	Reference Range	Unit
Lipid Profile			
Cholesterol-Total Method : Spectrophotometry	174.2	Desirable level < 200 Borderline High 200-239 High ≥ or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	89.3	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: ≥ or = 500	mg/dL
HDL Cholesterol Method : Serum, Direct method-PEG	41.2	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic indirect projection	115.14	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High ≥ or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	17.86	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4.23	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.79	2.5 - 3.5	

Note:

8-10 hours fasting sample is required.

END OF REPORT

Lab Technician

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Wishing Good Health

Page 1 of 1



Patient Name : MR. SANJEEV KUMAR

Age / Gender : 38 years / Male

Patient ID : 15838

Referral : MEDI WHEEL

Collection Time : 29/08/2023, 10:49 AM

Reporting Time : 29/08/2023, 06:04 PM

Sample ID :



Z00003

Test Description	Value(s)	Reference Range	Unit
LFT, Liver Function Test			
Bilirubin - Total Method : Serum, Jendrassak Grof	0.68	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazoelation	0.16	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.52	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with BPO, IPCC 37 degree	20.15	8 - 33	U/L
SGPT Method : Serum, UV with BPO, IPCC 37 degree	27.19	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-gltamyl-carboxy-epsilon-lysine	8.23	< 55	U/L
Alkaline Phosphatase Method : PMPP-AMP Buffer/Kinetic	117.2	53-128	U/L
Total Protein Method : Serum, Biuret, reagent blank read point	6.85	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	4.01	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	2.84	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.41	1.2 - 2.3	

END OF REPORT

Lab technician

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Wishing Good Health



Patient Name : MR. SANJEEV KUMAR

Age / Gender : 38 years / Male

Patient ID : 15838

Referral : MEDI WHEEL

Collection Time : 29/08/2023, 10:49 AM

Reporting Time : 29/08/2023, 05:09 PM

Sample ID :



20606

Test Description	Value(s)	Reference Range	Unit
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HbA1c, Glycosylated Hemoglobin

HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD	5.84		%
Method : (HPLC, NCSB certified)			
Estimated Average Glucose :	120.91	-	mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycaemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: < 7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycaemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Patient Name : MR. SANJEEV KUMAR

Age / Gender : 38 years / Male

Patient ID : 15838

Referral : MEDI WHEEL

Collection Time : 29/08/2023, 10:49 AM

Reporting Time : 29/08/2023, 05:09 PM

Sample ID :



20005

Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

END OF REPORT

Lab technician

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Page 2 of 2



Patient Name : MR. SANJEEV KUMAR

Age / Gender : 38 years / Male

Patient ID : 15838

Referral : MEDI WHEEL

Collection Time : 29/08/2023, 10:49 AM

Reporting Time : 29/08/2023, 05:09 PM

Sample ID :



20503

Test Description	Value(s)	Reference Range	Unit
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Urine(R/M) Routine Examination of Urine

General Examination

Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 5.5	4.5 - 7.0	
Specific gravity	1.010	1.005 - 1.030	

Chemical Examination

Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	

Microscopic Examination

Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	1 - 2 /HPF	0-9	/hpf
Epithelial cells	2 - 3 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Amorphous deposits	Absent	Absent	
Bacteria	Absent	Absent	

END OF REPORT

Lab technician

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Patient Name : MR. SANJEEV KUMAR

Age / Gender : 38 years / Male

Patient ID : 15838

Referral : MEDI WHEEL

Collection Time : 29/08/2023, 10:49 AM

Reporting Time : 29/08/2023, 05:08 PM

Sample ID :



20505

Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	14.2	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	4.95	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	42.9	42 - 52	%
Mean Cell Volume (MCV)	86.67	78 - 100	fL
Mean Cell Haemoglobin (MCH)	28.69	27 - 31	pg
Mean Corpuscular Hb Concn. (MCHC)	33.10	32 - 36	g/dL
Red Cell Distribution Width (RDW)	12.6	11.5 - 14.0	%
Total Leucocytes (WBC) Count	8700	4000-10000	cell/cu.mm
Neutrophils	63	40 - 80	%
Lymphocytes	33	20 - 40	%
Monocytes	02	2 - 10	%
Eosinophils	03	1 - 5	%
Basophils	00	1 - 2	%
Platelet Count	287	150 - 450	10 ⁶ /ul
Mean Platelet Volume (MPV)	9.4	7.2 - 11.7	fL
PCT	0.27	0.2 - 0.5	%
PDW	17.0	9.0 - 17.0	%

END OF REPORT

Lab technician

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Page 1 of 1



Patient Name : MR. SANJEEV KUMAR

Age / Gender : 38 years / Male

Patient ID : 15838

Referral : MEDI WHEEL

Collection Time : 29/08/2023, 10:49 AM

Reporting Time : 29/08/2023, 05:05 PM

Sample ID :



20600

Test Description	Value(s)	Reference Range	Unit
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Thyroid Profile (T3, T4, TSH)

T3-Total Method : CLIA	0.95	0.67 - 2.73	ng/dL
T4-Total Method : CLIA	9.23	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	0.58	0.45 - 4.50	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH variability. Subclinical Autoimmune Hypothyroidism. Intermittent L4 therapy for hypothyroidism. Recovery phase after Non-Thyroidal illness*
Raised	Decreased	Decreased	Classic Autoimmune Thyroiditis Post thyrotoxicosis Post radioactive Hypothyroid phase of transient thyrotoxic*
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) associated L4 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness. Subclinical Hypothyroidism. Thyroxine ingestion*
Decreased	Decreased	Decreased	Central Hypothyroidism. Non-Thyroidal illness. Recent treatment for Hyperthyroidism (TSH remains suppressed)*
Decreased	Raised	Raised	Primary Hyperparathyroidism (Graves disease) Multinodular goitre, Toxic nodule •Transient thyroiditis Postpartum, 50mm (lymphocytic), Postviral (granulomatous, subacute, DeQuervain s), Gestational thyrotoxicosis with hyperemesis gravidarum*
Decreased Within Range	Raised	Within range	T3-toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness. In elderly the drop in T3 level can be upto 20%.

END OF REPORT

Lab technician

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Patient Name : MR. SANJEEV KUMAR

Age / Gender : 38 years / Male

Patient ID : 15838

Referral : MEDI WHEEL

Collection Time : 29/08/2023, 10:49 AM

Reporting Time : 29/08/2023, 05:05 PM

Sample ID :



20505

Test Description	Value(s)	Reference Range	Unit
<u>Glucose, Fasting (FBS)</u>			
Glucose fasting <small>Method : Fluoride Plasma-F, Hexokinase</small>	87.2	75 - 115	mg/dL
<u>Glucose, Post Prandial (PP)</u>			
Blood Glucose-Post Prandial <small>Method : Hexokinase</small>	120.3	70 - 140	mg/dL
<u>Creatinine</u>			
Creatinine <small>Method : Serum, Jaffe</small>	0.95	0.60 - 1.30	mg/dL
<u>Uric acid, Serum</u>			
Uric Acid <small>Method : Uricase, Colorimetric</small>	3.85	3.4 - 7.0	mg/dL
<u>BUN, Serum</u>			
BUN-Blood Urea Nitroge <small>Method : Serum, Uricase</small>	16.5	10 - 50	mg/dL

END OF REPORT

Lab technician

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Patient Name : MR. SANJEEV KUMAR

Age / Gender : 38 years / Male

Patient ID : 15838

Referral : MEDI WHEEL

Collection Time : 29/08/2023, 10:49 AM

Reporting Time : 29/08/2023, 05:05 PM

Sample ID : 

Test Description	Value(s)	Reference Range	Unit
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ESR, Erythrocyte Sedimentation Rate

ESR - Erythrocyte Sedimentation Rate	8	0 - 15	mm/hr
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Method : EDTA Whole Blood, Manual Westergren

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polyneuritis rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

Blood Group ABO & Rh Typing, Blood

Blood Group (ABO typing)	'O'
Method : Manual-Hemagglutination	
RhD Factor (Rh Typing)	Positive
Method : Manual hemagglutination	

END OF REPORT

Lab technician




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MICROBIOLOGIST

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Wishing Good Health

Page 1 of 1

Issue Date: 16/03/2013



ਸੰਤੋਸ਼ ਕੁਮਾਰ
Santosh Kumar
Date of Birth/DOB: 01/12/1984
SEX/ GENDER: MALE

6527 7654 1271
VID : 9156 6109 2651 1276

ਮੇਰਾ ਆਧਾਰ, ਮੇਰੀ ਪਛਾਣ

Santosh

Dr.M.K.HOTA
M.B.S.
REGD No.6903

632 / SANJEEV KUMAR / 38 Yrs / M / 169 Cms / 72 Kg Date: 29-Aug-2023 Refd By : MEDI-WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	01:53	1:53	00.0	00.0	01.0	121	66 %	117/75	141	00	
Standing	02:11	0:18	00.0	00.0	01.0	117	64 %	117/75	136	00	
HV	02:26	0:15	00.0	00.0	01.0	113	62 %	117/75	132	00	
ExStart	02:42	0:16	00.0	00.0	01.0	112	62 %	117/75	131	00	
BRUCE Stage 1	05:42	3:00	01.7	10.0	04.7	138	76 %	118/77	162	00	
BRUCE Stage 2	08:42	3:00	02.5	12.0	07.1	152	84 %	120/79	182	00	
PeakEx	11:26	2:45	03.4	14.0	10.0	169	93 %	122/81	206	00	
Recovery	11:58	0:30	01.1	00.0	04.2	167	92 %	122/81	203	00	
Recovery	12:28	1:00	01.1	00.0	01.2	159	87 %	121/81	192	00	
Recovery	14:28	3:00	00.0	00.0	01.0	135	74 %	119/79	160	00	
Recovery	16:46	5:18	00.0	00.0	01.0	124	68 %	118/77	146	00	

FINDINGS :

Exercise Time : 08:46
 Max HR Attained : 169 bpm 93% of Target 182
 Max BP Attained : 122/81
 Max WorkLoad Attained : 10 Good response to induced stress
 Test End Reasons : Test Complete

REPORT :

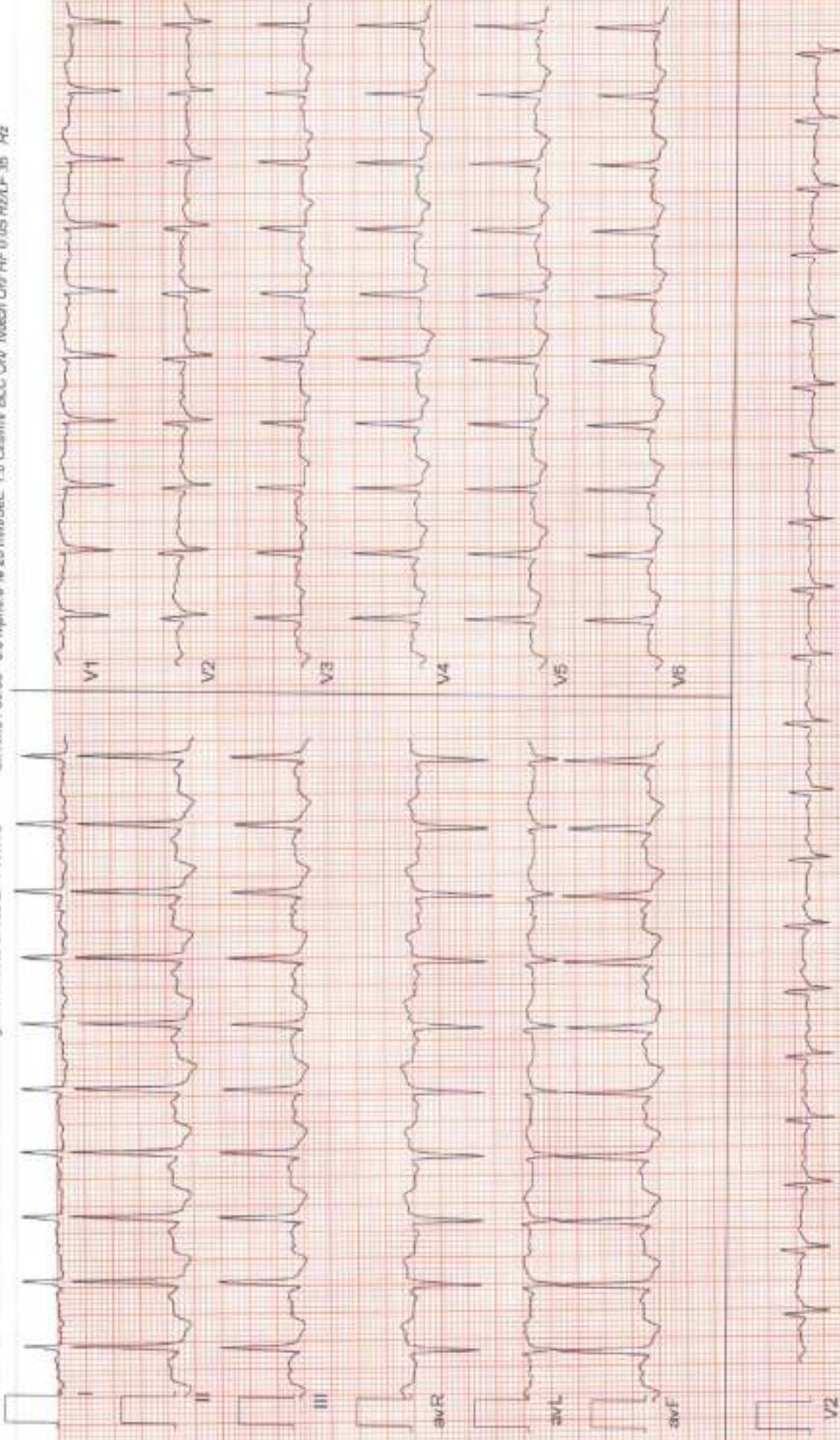
Dr. M. K. HOTA
 8/8/23
 REGD. No. 6993

TMT is Negative



Date: 29-08-2023 10:25:02 AM METs : 1.0 HR: 121 Target HR : 66% of 182 BP : 117/75

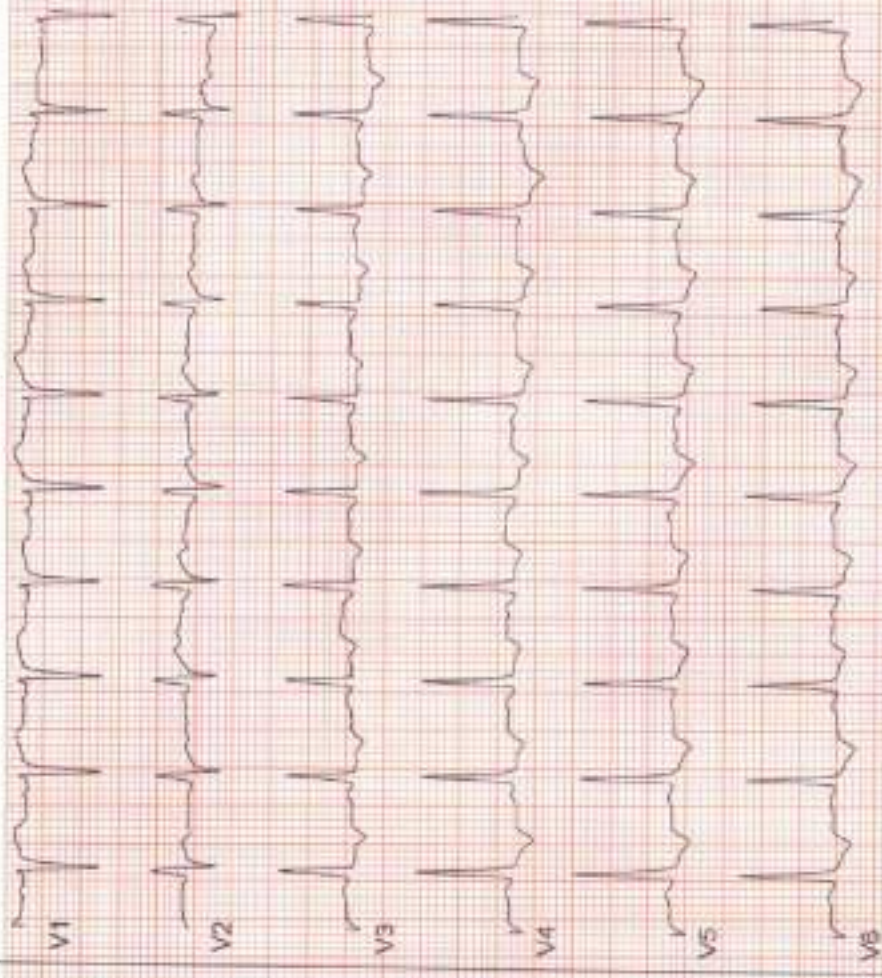
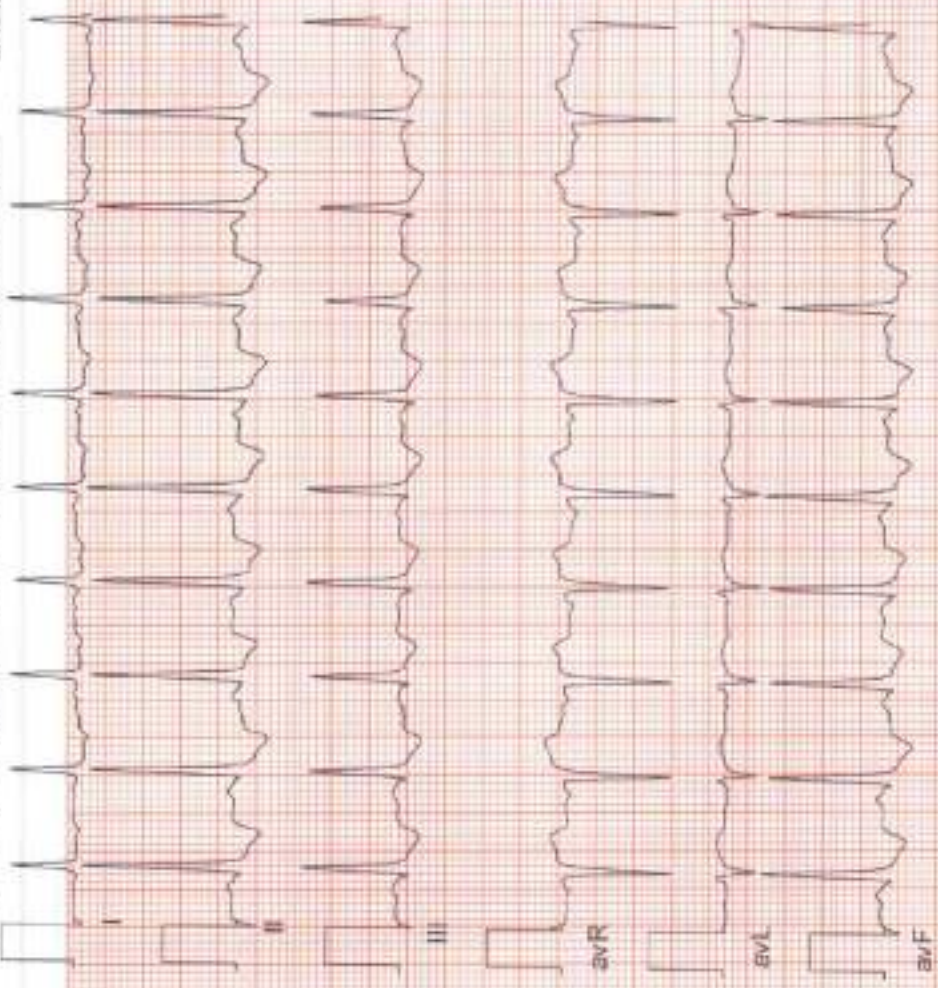
ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec 1.0 Drain/V BLC Div Notch On/ HF 0.05 Hz/V.F 35 Hz





Date: 29-08-2023 10:25:02 AM METS: 1.0 HR: 117 Target HR: 64% of 182 BP: 117/75

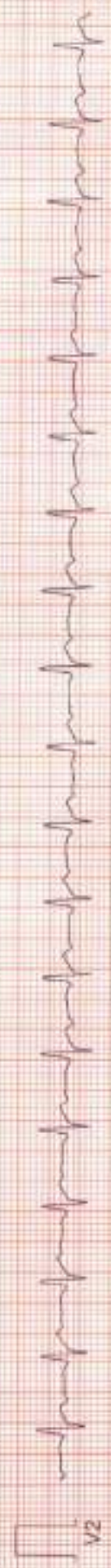
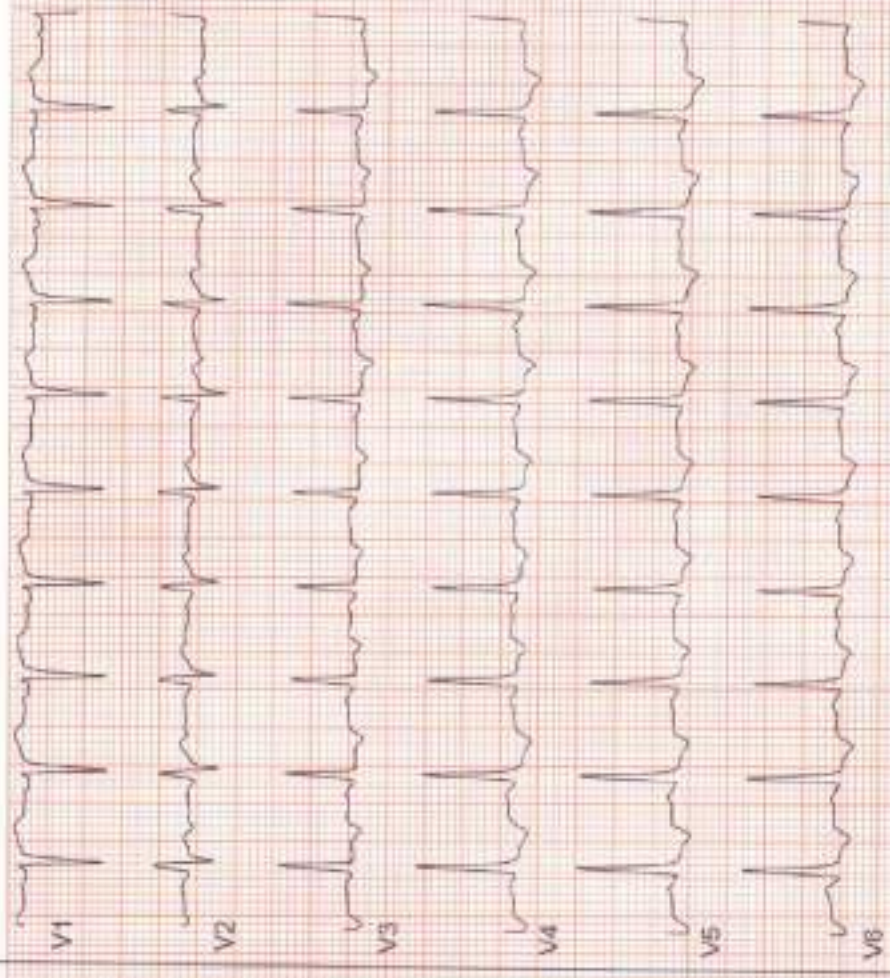
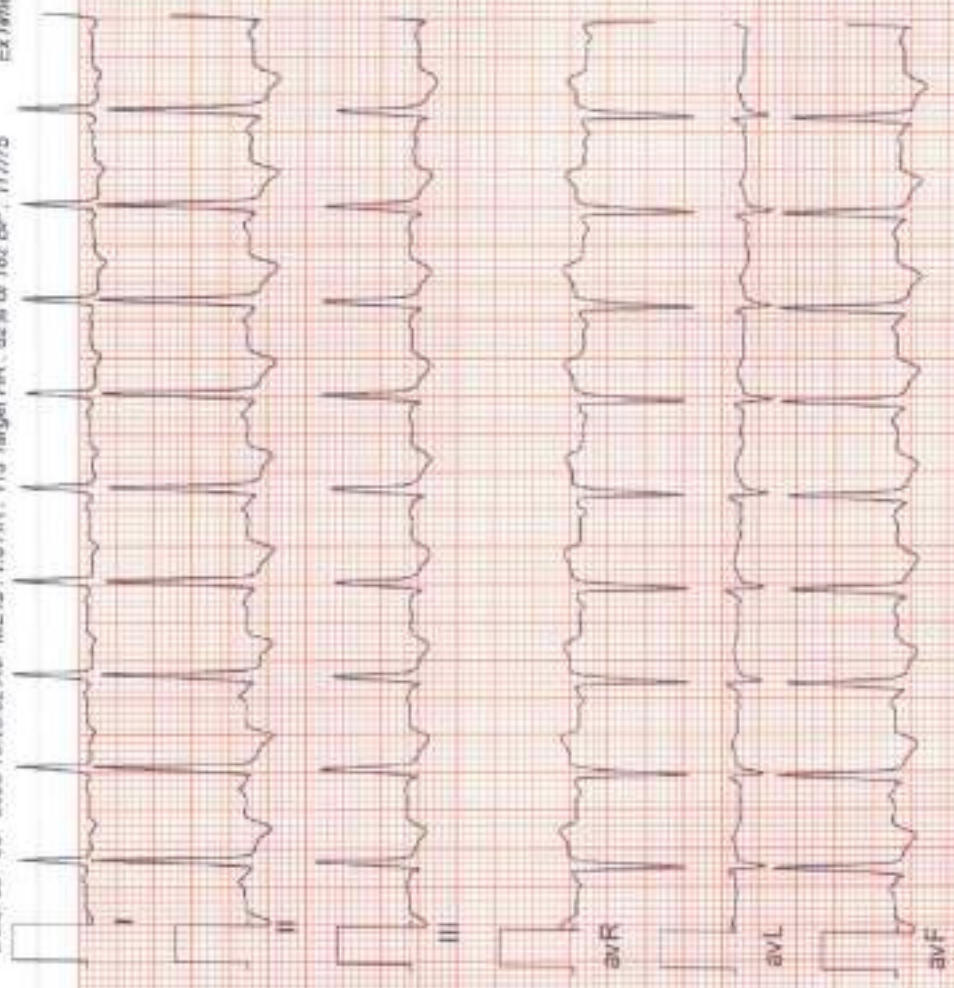
ExTime: 00:00 0.0 mph 0.0 % 25 mm/Sec 1.0 Cm/mV ELC On/ Noise On HF 0.05 Hz LF 38 Hz





Date: 29-08-2023 10:25:02 AM METs : 1.0 HR : 113 Target HR : 92% of 162 BP : 117/75

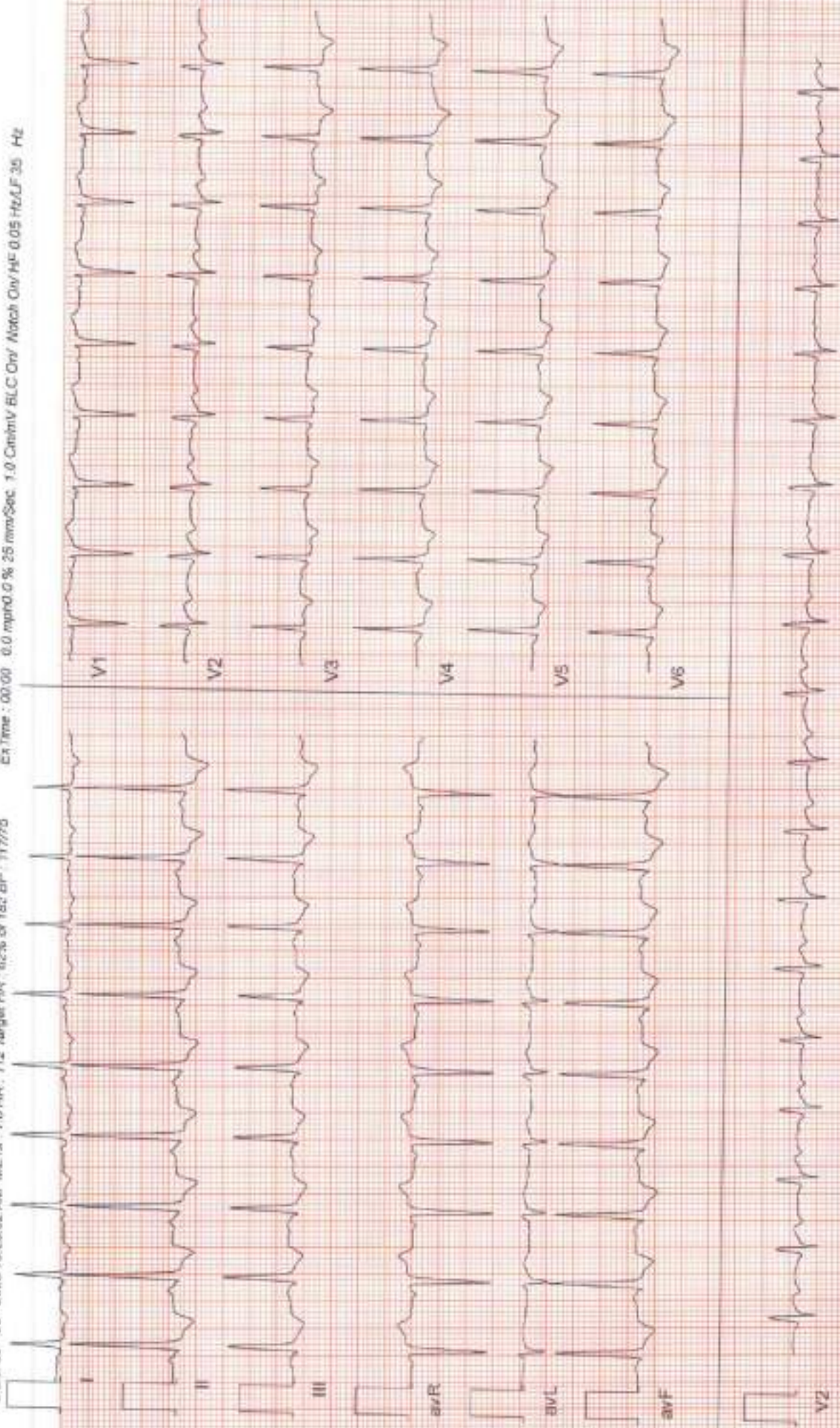
Ex Time : 00:00 0.0 rpm/0.0 % 25 mm/Sec 1.0 Cm/mV ELC On/ Notch On/ MF 0.05 Hz/LF 35 Hz





Date: 29 - 08 - 2023 10:25:02 AM METs: 1.0 HR: 112 Target HR: 62% of 182 B/P: 117/75

Ex Time: 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Calm/V BLC On/ Notch On/ MF 0.05 Hz/LF 35 Hz





Date: 29-08-2023 10:25:02 AM METs: 4.7 HR: 138 Target HR: 75% of 182 BP: 118/77

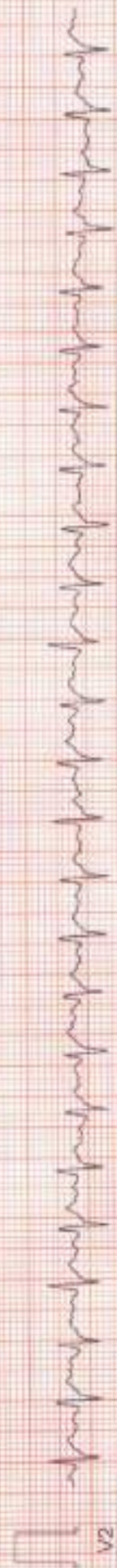
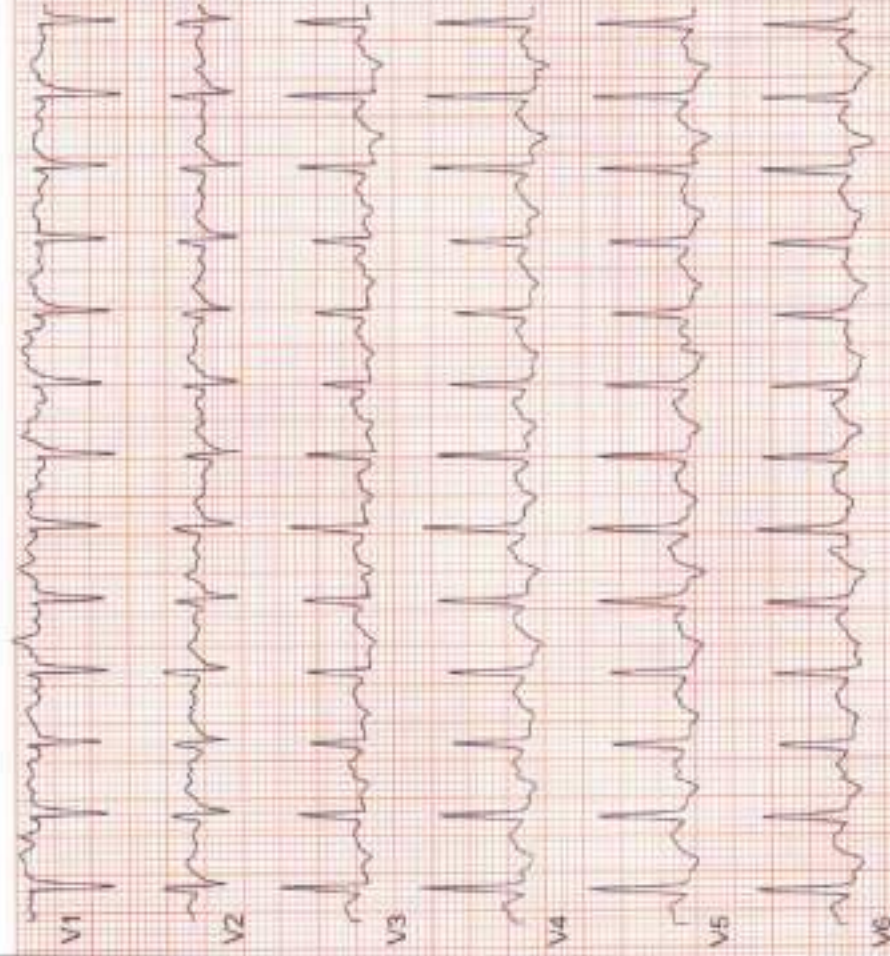
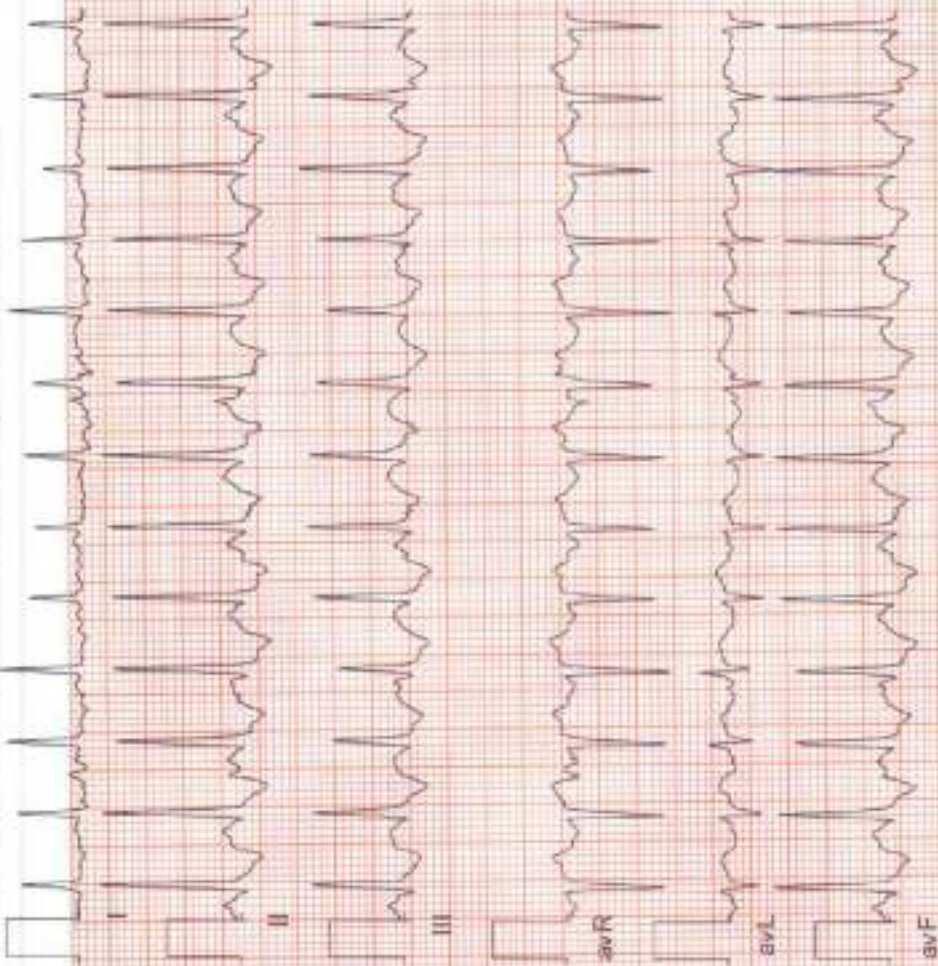
Ex Time: 03:00 1.7 mph 10.0 % 25 mm/Sec. 1.0 Cream V BLC Cir Notch Qa/ HF 0.05 Hz/ F 35 Hz





Date: 29 - 08 - 2023 10:25:02 AM METs : 7.1 HR : 152 Target HR : 84% of 162 BP : 120/79

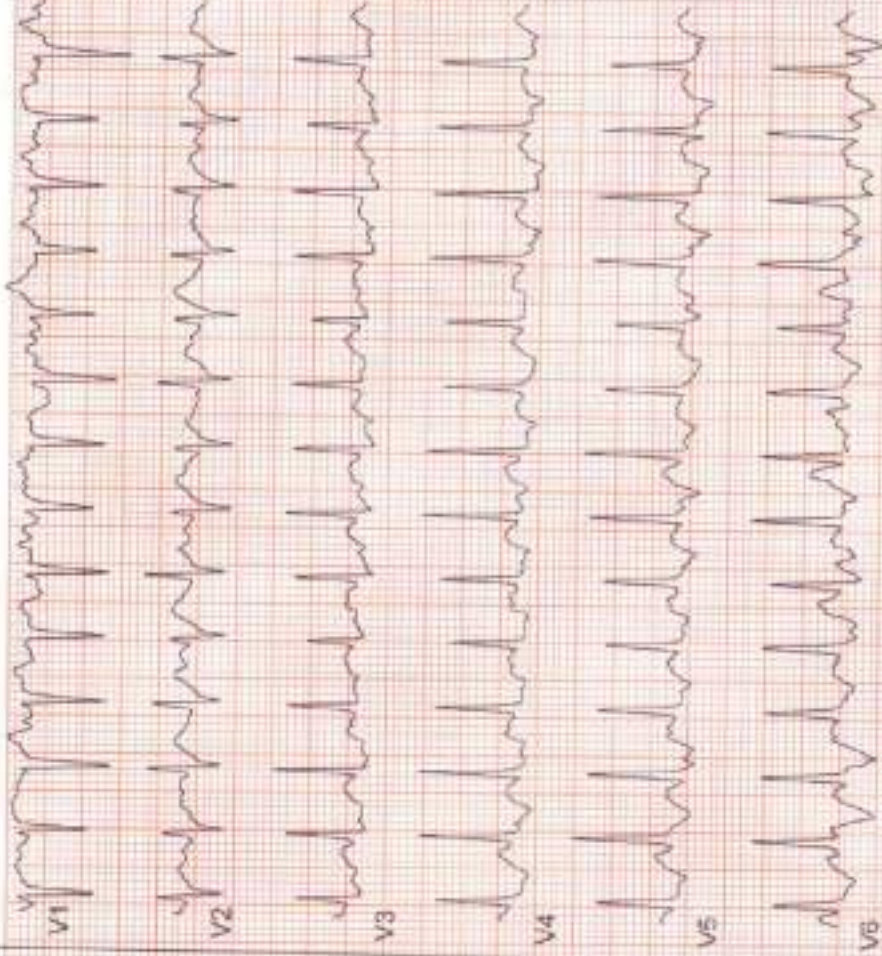
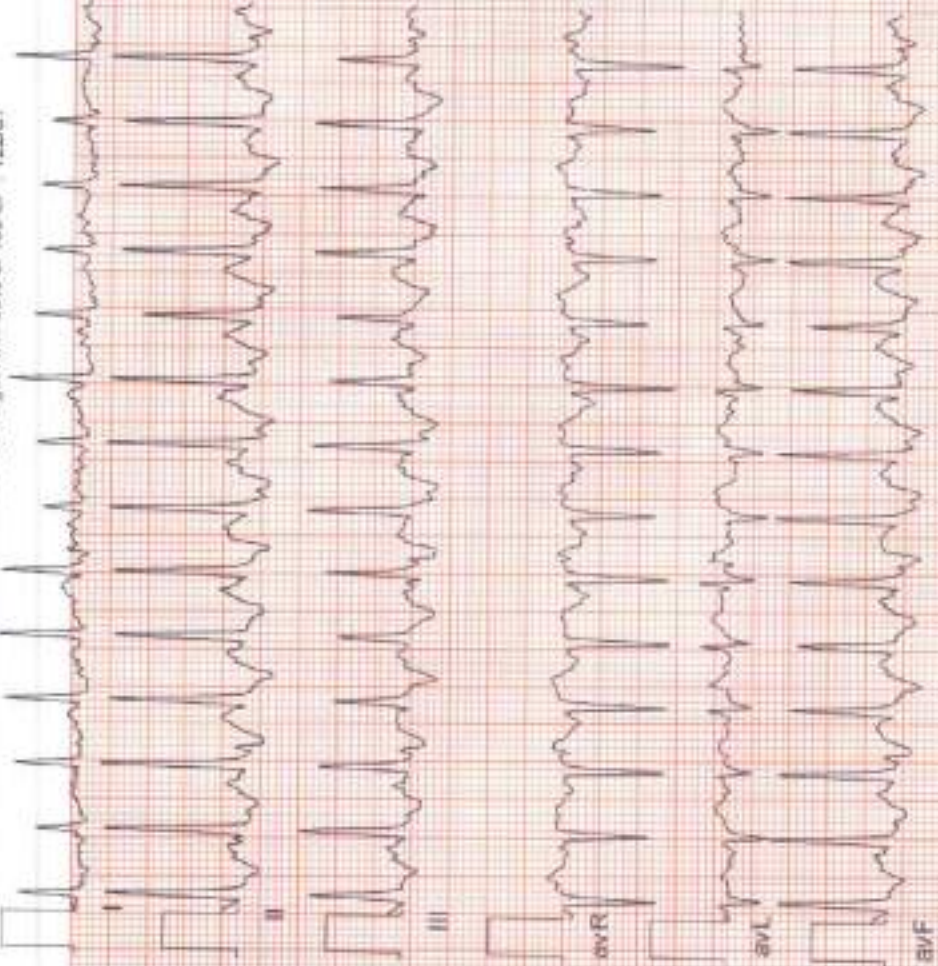
ExTime : 06:00 2.5 mph/12.0 % 25 mm/Sec. 1.0 Cm/mV BLC Cal/ Notch On/HF 0.05 Hz/V.F. 35 Hz





Date: 29-08-2023 10:25:02 AM METs - 10.0 HR: 169 Target HR: 93% of 162 BP: 122/81

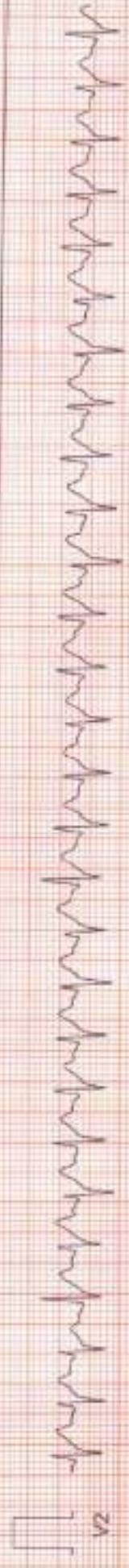
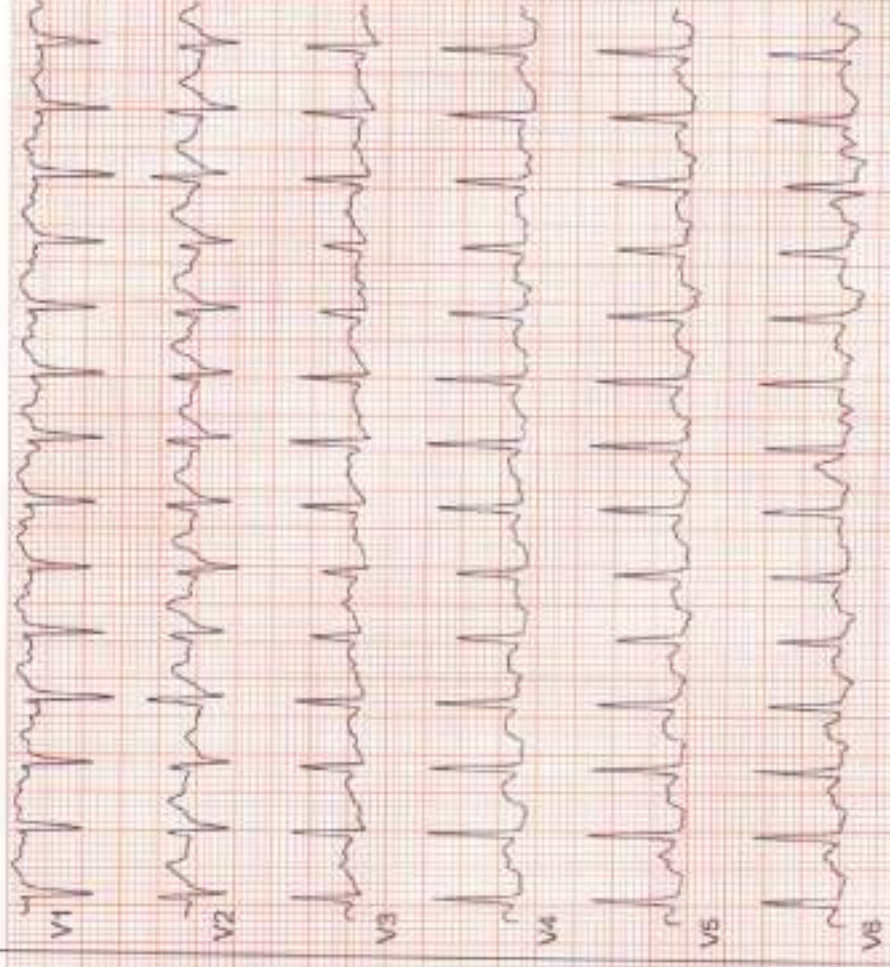
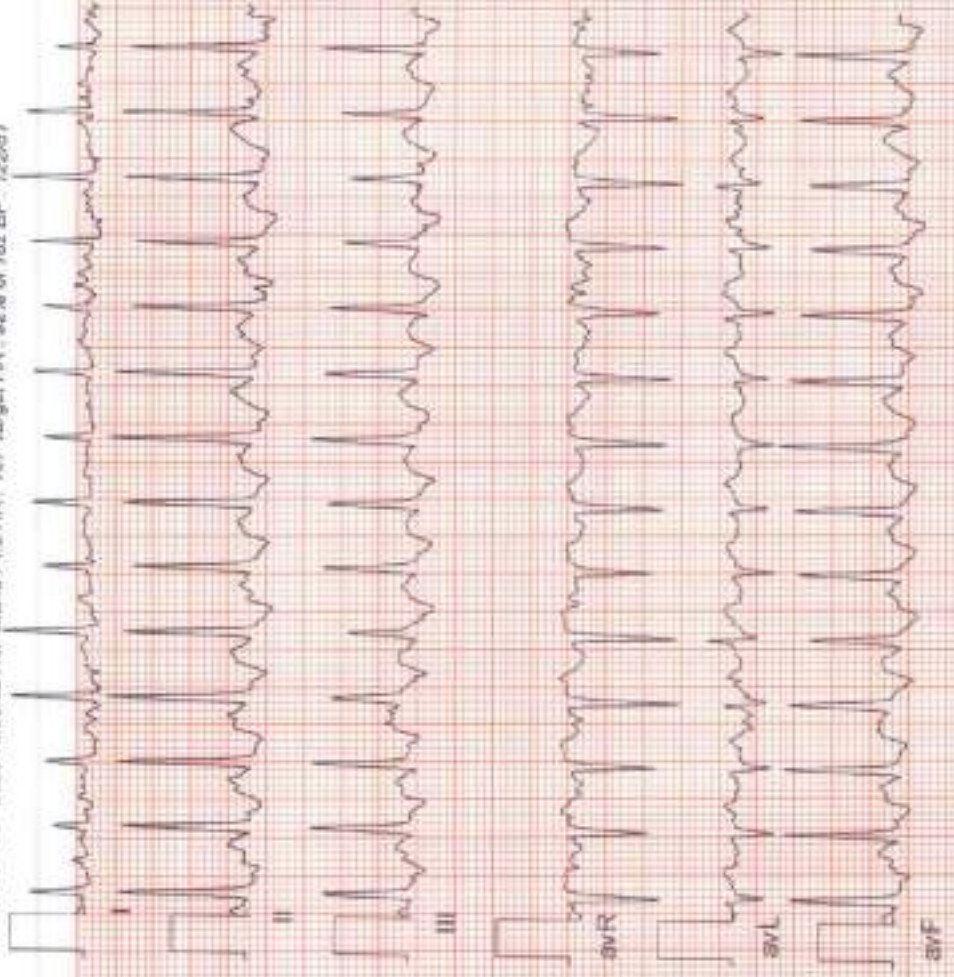
ExTime: 08:46 3.4 mph 14.0 % 25 mm/Sec. 1.0 Cm/mV BL.C On/ Match On/ HF 0.05 Hz/LF 35 Hz





Date: 29-08-2023 10:25:02 AM METs : 4.2 HR: 167 Target HR: 92% of 162 BP : 123/57

ExTime : 08:46 I.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Match On/ HF 0.05 Hz/LF 35 Hz

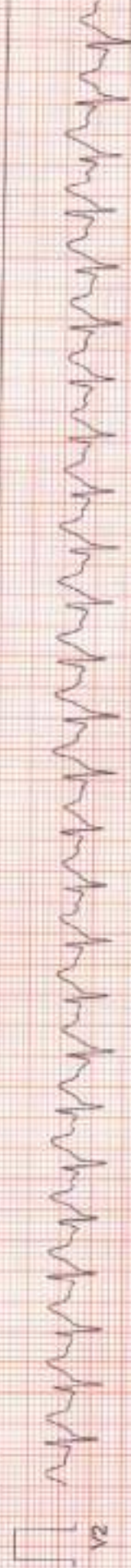
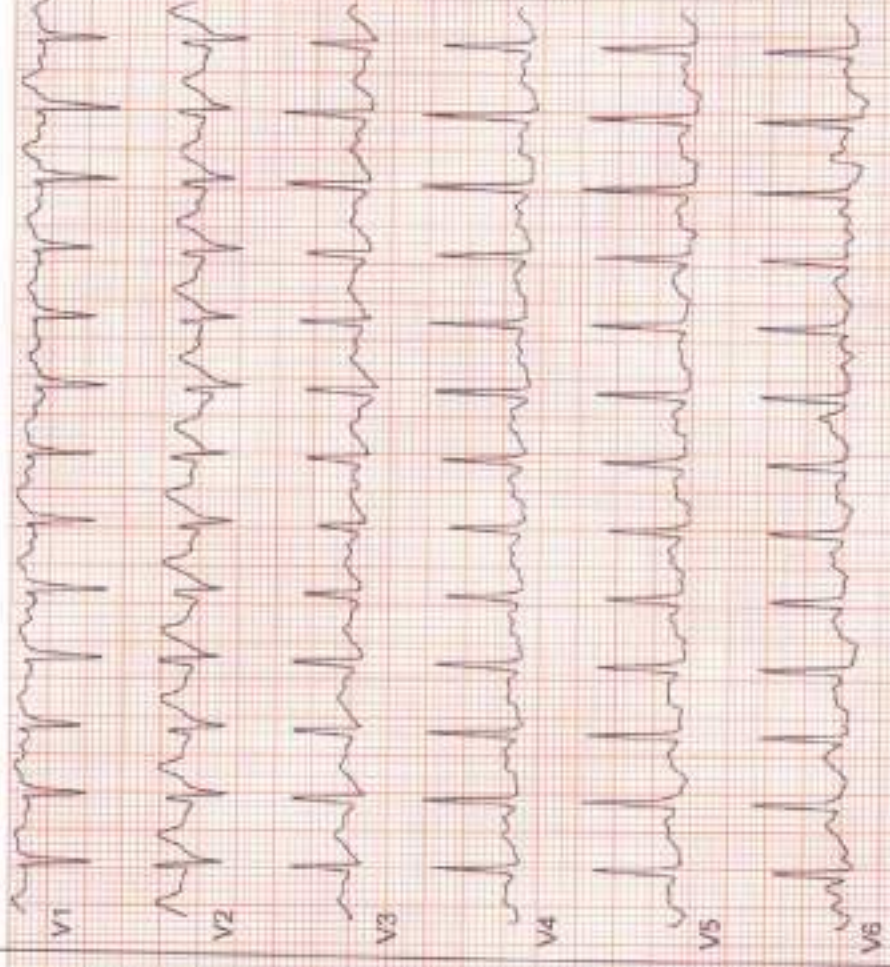
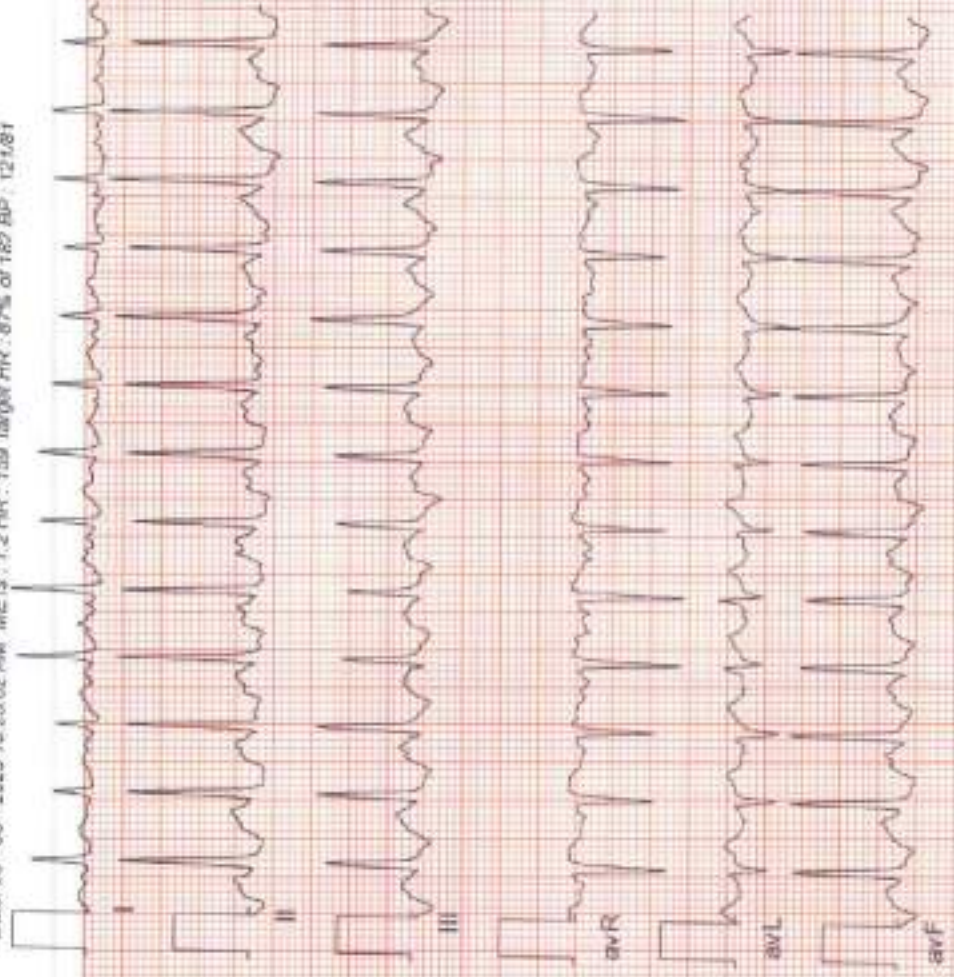


6 x 2 + Rhythm
Recovery(1:00)



Date: 29 - 08 - 2023 10:25:02 AM METs: 1.2 HR: 159 Target HR: 87% of 182 BP: 12/81

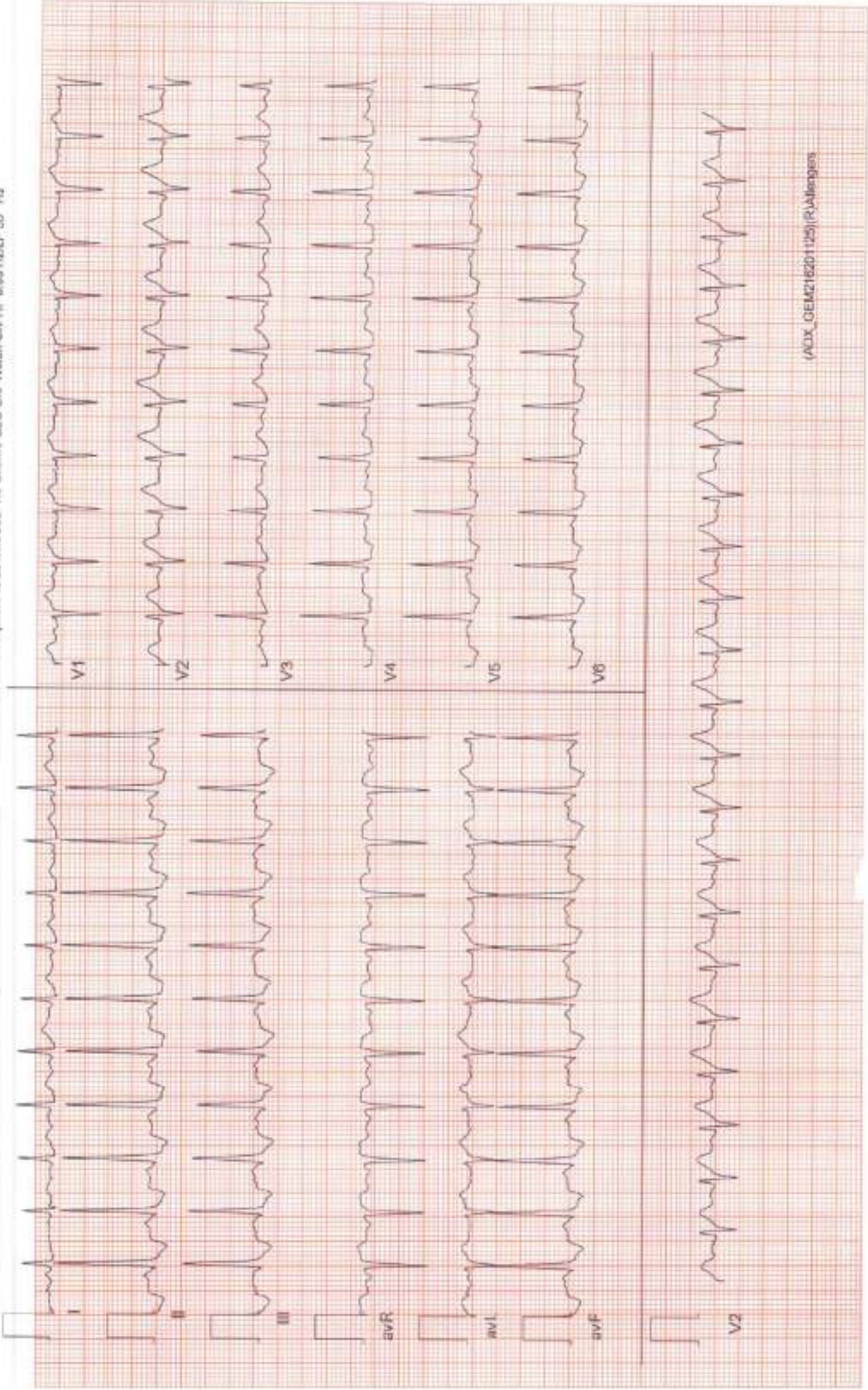
ExTime: 08:45 1.1 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Match On/ HF 0.05 Hz/L F 35 Hz





Date: 29-08-2023 10:25:02 AM METS : 1.0 HR : 135 Target HR : 74% of 182 BP : 119/79

ExTime : 08:46 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Match On/ HF 0.05 Hz/AF 35 Hz



**6 x 2 + Rhythm
Recovery(5:18)**



Date: 29-08-2023 10:25:02 AM METr: 1.0 HR: 124 Target HR: 68% of 182 BP: 118/77

ExTense: 08.46 0.0 mph 0.0 % 25 mm/Sec: 1.0 CrvMv BLC Crv/ Notch Crv/ HF 0.05 Hz LF 35 Hz

