







**Lab No.** : KNK/10-06-2023/SR7743274

Patient Name : SUJAY PODDER Age : 31 Y 4 M 5 D

Gender : M

Lab Add. : Newtown, Kolkata-700156

Ref Dr. : Dr.MEDICAL OFFICER
Collection Date: 10/Jun/2023 09:43AM

**Report Date** : 11/Jun/2023 11:20AM

Test Name Result Unit Bio Ref. Interval Method



## **PDF** Attached

GLYCATED HAEMOGLOBIN (HBA1C), EDTA WHOLE BLOOD

GLYCATED HEMOGLOBIN (HBA1C) 4.9

\*\*\*FOR BIOLOGICAL REFERENCE INTERVAL DETAILS , PLEASE REFER TO THE BELOW MENTIONED REMARKS/NOTE WITH ADDITIONAL CLINICAL

INFORMATION \*\*\*

HbA1c (IFCC) 30.0 mmol/mol HPLC

Clinical Information and Laboratory clinical interpretation on Biological Reference Interval:

Analyzer used: Bio-Rad-VARIANT TURBO 2.0

Method: HPLC Cation Exchange

### Recommendations for glycemic targets

- Ø Patients should use self-monitoring of blood glucose (SMBG) and HbA1c levels to assess glycemic control.
- Ø The timing and frequency of SMBG should be tailored based on patients' individual treatment, needs, and goals.
- Ø Patients should undergo HbA1c testing at least twice a year if they are meeting treatment goals and have stable glycemic control.
- Ø If a patient changes treatment plans or does not meet his or her glycemic goals, HbA1c testing should be done quarterly.
- Ø For most adults who are not pregnant, HbA1c levels should be <7% to help reduce microvascular complications and macrovascular disease. Action suggested >8% as it indicates poor control.
- Ø Some patients may benefit from HbA1c goals that are stringent.

Result alterations in the estimation has been established in many circumstances, such as after acute/ chronic blood loss, for example, after surgery, blood transfusions, hemolytic anemia, or high erythrocyte turnover; vitamin  $B_{12}$ / folate deficiency, presence of chronic renal or liver disease; after administration of high-dose vitamin E / C; or erythropoietin treatment.

Reference: Glycated hemoglobin monitoring BMJ 2006; 333;586-8

#### References:

1. Chamberlain JJ, Rhinehart AS, Shaefer CF, et al. Diagnosis and management of diabetes: synopsis of the 2016 American Diabetes Association Standards of Medical Care in Diabetes. Ann Intern Med. Published online 1 March 2016. doi:10.7326/M15-3016.

2. Mosca A, Goodall I, Hoshino T, Jeppsson JO, John WG, Little RR, Miedema K, Myers GL, Reinauer H, Sacks DB, Weykamp CW. International Federation of Clinical Chemistry and Laboratory Medicine, IFCC Scientific Division. Global standardization of glycated hemoglobin measurement: the position of the IFCC Working Group. Clin Chem Lab Med. 2007;45(8):1077-1080.

Dr NEEPA CHOWDHURY MBBS MD (Biochemistry) Consultant Biochemist

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Lab No. : SR7743274 Name : SUJAY PODDER Age/G : 31 Y 4 M 5 D / M Date : 10-06-2023

PHOSPHORUS-INORGANIC, BLOOD, GEL SERUM

PHOSPHORUS-INORGANIC, BLOOD 3.0 mg/dL 2.4-5.1 mg/dL Phosphomolybdate/UV

Dr NEEPA CHOWDHURY MBBS MD (Biochemistry) Consultant Biochemist



Lab No. : SR7743274 Name : SU.	JAY PODDER		Age/G: 31 Y 4 M 5 D / M	Date: 10-06-2023
* <b>ALKALINE PHOSPHATASE</b> , GEL SERI	 JM			
ALKALINE PHOSPHATASE	104	U/L	46-116 U/L	PNPP- AMP
*BILIRUBIN (DIRECT) , GEL SERUM				
BILIRUBIN (DIRECT)	0.22	mg/dL	<0.2 mg/dL	DIAZOTIZED DCA
*BILIRUBIN (TOTAL) , GEL SERUM				
BILIRUBIN (TOTAL)	0.97	mg/dL	0.3-1.2 mg/dL	DIAZOTIZED DCA
*SGPT/ALT , GEL SERUM				
SGPT/ALT	103	U/L	7-40 U/L	IFCC KINETIC METHOD
*POTASSIUM, BLOOD , GEL SERUM				
POTASSIUM,BLOOD	4.50	mEq/L	3.5 - 5.5 mEq/L	ISE DIRECT
CREATININE, BLOOD , GEL SERUM	0.74	mg/dL	0.7-1.3 mg/dL	Jaffe, alkaline picrate, kinetic
GLUCOSE, FASTING , BLOOD, NAF PLAS	SMA			
GLUCOSE,FASTING	83	mg/dL	Impaired Fasting-100-125 mg, Diabetes- >= 126 mg/dL. Fasting is defined as no calori intake for at least 8 hours.	
*ESR (ERYTHROCYTE SEDIMENTATIO	<b>n rate)</b> , edta w	HOLE BLOOD		
1stHour	10	mm/hr	0.00 - 20.00 mm/hr	Westergren
*TOTAL PROTEIN [BLOOD] ALB:GLO I	RATIO,.			
TOTAL PROTEIN	8.40	g/dL	5.7-8.2 g/dL	BIURET METHOD
ALBUMIN	4.4	g/dL	3.2-4.8 g/dL	BCG Dye Binding
GLOBULIN	4.00	g/dl	1.8-3.2 g/dl	Calculated
AG Ratio	1.10		1.0 - 2.5	Calculated
*URIC ACID, URINE, SPOT URINE				
URIC ACID, SPOT URINE	18.50	mg/dL	37-92 mg/dL	URICASE
*THYROID PANEL (T3, T4, TSH), GEL	SERUM			
T3-TOTAL (TRI IODOTHYRONINE)	0.92	ng/ml	0.60-1.81 ng/ml	CLIA
T4-TOTAL (THYROXINE)	6.3	μg/dL	3.2-12.6 μg/dL	CLIA
TSH (THYROID STIMULATING HORMO	NE) 2 01	μIU/mL	0.35-5.5 μIU/mL	CLIA

## **BIOLOGICAL REFERENCE INTERVAL:** [ONLY FOR PREGNANT MOTHERS]

Trimester specific TSH LEVELS during pregnancy:

FIRST TRIMESTER : 0.10 2.50  $\mu$  IU/mL SECOND TRIMESTER : 0.20 3.00  $\mu$  IU/mL THIRD TRIMESTER : 0.30 3.00  $\mu$  IU/mL

#### References:

- **1.**Indian Thyroid Society guidelines for management of thyroid dysfunction during pregnancy. Clinical Practice Guidelines, New Delhi: Elsevier; 2012.
- 2. Stagnaro-Green A, Abalovich M, Alexander E, Azizi F, Mestman J, Negro R, et al. Guidelines of the American Thyroid Association for the Diagnosis and Management of Thyroid Disease During Pregnancy and Postpartum. Thyroid 2011; 21:1081-25.
- 3. Dave A, Maru L, Tripathi M. Importance of Universal screening for thyroid disorders in first trimester of pregnancy. Indian J

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Endocr Metab [serial online] 2014 [cited 2014 Sep 25]; 18: 735-8. Available from: http://www.ijem.in/text.asp? 2014/18/5/735/139221.

\*GLUCOSE, PP, BLOOD, NAF PLASMA

GLUCOSE,PP 128 mg/dL Impaired Glucose Tolerance-140 Hexokinase Method

mg/dL to 199 mg/dL. Diabetes>= 200 mg/dL.

\*SODIUM, BLOOD, GEL SERUM

SODIUM, BLOOD 139 mEq/L 136 - 145 mEq/L ISE DIRECT

\*CALCIUM, BLOOD

CALCIUM,BLOOD 9.40 mg/dL 8.7-10.4 mg/dL Modified OCPC

\*BLOOD GROUP ABO+RH [GEL METHOD], EDTA WHOLE BLOOD

 ABO
 B
 Gel Card

 RH
 NEGATIVE
 Gel Card

BLOOD GROUP COMMENTS DU TEST : NEGATIVE

#### **TECHNOLOGY USED: GEL METHOD**

#### **ADVANTAGES:**

- Gel card allows simultaneous forward and reverse grouping.
- · Card is scanned and record is preserved for future reference.
- Allows identification of Bombay blood group.
- · Daily quality controls are run allowing accurate monitoring

#### Historical records check not performed.

#### \*URINE ROUTINE ALL, ALL, URINE

### **PHYSICAL EXAMINATION**

COLOUR PALE YELLOW
APPEARANCE SLIGHTLY HAZY

## **CHEMICAL EXAMINATION**

4.8 - 7.4 DIPSTICK 1.016-1.022 DIPSTICK SPECIFIC GRAVITY 1.010 DIPSTICK(Protein Error NOT DETECTED **PROTEIN** NOT DETECTED Principle)/MANUAL **GLUCOSE** NOT DETECTED NOT DETECTED DIPSTICK (Glucose Oxidase peroxidase)/ MANUAL KETONES (ACETOACETIC ACID, NOT DETECTED NOT DETECTED Dipstick (Legals test)/Manual ACETONE) NOT DETECTED BLOOD **NEGATIVE** DIPSTICK(Pseudo Peroxidase Method) NEGATIVE DIPSTICK(Azo-Diazo **BILIRUBIN ABSENT** Reaction)/MANUAL **UROBILINOGEN NORMAL** NORMAL DIPSTICK(Diazonium Ion Reaction)/MANUAL NEGATIVE DIPSTICK(GRIESS TEST) NITRITE **NEGATIVE** NEGATIVE DIPSTICK LEUCOCYTE ESTERASE **NEGATIVE** MICROSCOPIC EXAMINATION LEUKOCYTES (PUS CELLS) /hpf 0-5 Microscopy 2 - 3 /hpf 0-5 **EPITHELIAL CELLS** 2 - 3 Microscopy

EPITHELIAL CELLS 2 - 3 /npf 0-5 Microscopy

RED BLOOD CELLS NOT DETECTED /npf 0-2 Microscopy

CAST NOT DETECTED NOT DETECTED Microscopy

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Lab No. : SR7743274	Name : SUJAY PODDER	Age/G : 31 Y 4 M 5 D / M	Date: 10-06-2023
CRYSTALS	NOT DETECTED	NOT DETECTED	Microscopy
BACTERIA	NOT DETECTED	NOT DETECTED	Microscopy
YEAST	NOT DETECTED	NOT DETECTED	Microscopy
OTHERS	NIL		

#### Note:

- 1. All urine samples are checked for adequacy and suitability before examination.
- 2. Analysis by urine analyzer of dipstick is based on reflectance photometry principle. Abnormal results of chemical examinations are confirmed by manual methods.
- 3. The first voided morning clean-catch midstream urine sample is the specimen of choice for chemical and microscopic analysis.
- 4. Negative nitrite test does not exclude urinary tract infections.
- 5. Trace proteinuria can be seen in many physiological conditions like exercise, pregnancy, prolonged recumbency etc.
- 6. False positive results for glucose, protein, nitrite, urobilinogen, bilirubin can occur due to use of certain drugs, therapeutic dyes, ascorbic acid, cleaning agents used in urine collection container.
- 7. Discrepancy between results of leukocyte esterase and blood obtained by chemical methods with corresponding pus cell and red blood cell count by microscopy can occur due to cell lysis.
- 8. Contamination from perineum and vaginal discharge should be avoided during collection, which may falsely elevate epithelial cell count and show presence of bacteria and/or yeast in the urine.

*CBC WITH PLATELET (THROMBOCYTE)	COUNT , EDTA WHOLE	BLOOD		
HEMOGLOBIN	15.5	g/dL	13 - 17	PHOTOMETRIC
WBC	7.2	*10^3/µL	4 - 10	DC detection method
RBC	5.22	*10^6/µL	4.5 - 5.5	DC detection method
PLATELET (THROMBOCYTE) COUNT	152	*10^3/µL	150 - 450*10^3/µL	DC detection method/Microscopy
<u>DIFFERENTIAL COUNT</u>				
NEUTROPHILS	61	%	40 - 80 %	Flowcytometry/Microscopy
LYMPHOCYTES	31	%	20 - 40 %	Flowcytometry/Microscopy
MONOCYTES	06	%	2 - 10 %	Flowcytometry/Microscopy
EOSINOPHILS	02	%	1 - 6 %	Flowcytometry/Microscopy
BASOPHILS	00	%	0-0.9%	Flowcytometry/Microscopy
CBC SUBGROUP				
HEMATOCRIT / PCV	48.4	%	40 - 50 %	Calculated
MCV	92.7	fl	83 - 101 fl	Calculated
MCH	29.8	pg	27 - 32 pg	Calculated
MCHC	32.1	gm/dl	31.5-34.5 gm/dl	Calculated
RDW - RED CELL DISTRIBUTION WIDTH	14.1	%	11.6-14%	Calculated
PDW-PLATELET DISTRIBUTION WIDTH	40.8	fL	8.3 - 25 fL	Calculated
MPV-MEAN PLATELET VOLUME	16.2		7.5 - 11.5 fl	Calculated
*LIPID PROFILE , GEL SERUM				
CHOLESTEROL-TOTAL	235	mg/dL	Desirable: < 200 mg/dL Borderline high: 200-239 mg/dL High: > or =240 mg/dL	CHOD – PAP
TRIGLYCERIDES	200	mg/dL	Normal:: < 150, BorderlineHigh::150-199, High:: 200-499, VeryHigh::>500	ENZYMATIC (END POINT)
HDL CHOLESTEROL	46	mg/dl	< 40 - Low 40-59- Optimum 60 - High	ENZYMATIC (PEG)
LDL CHOLESTEROL DIRECT	155	mg/dL	OPTIMAL: <100 mg/dL, Near optimal/ above optimal: 100-129 mg/dL, Borderline high: 130-159 mg/dL, High: 160-189 mg/dL, Very high: >=190 mg/dL	
VLDL	34	mg/dL	< 40 mg/dl	Calculated
CHOL HDL Ratio	5.1		LOW RISK 3.3-4.4 AVERAGE RISK 4.47-7.1 MODERATE RISK 7.1-11.0 HIGH RISK >11.0	Calculated

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*SGOT/AST, GEL SERUM				
SGOT/AST	59	U/L	13-40 U/L	IFCC Kinetic Method
*CHLORIDE, BLOOD , .				
CHLORIDE,BLOOD	101	mEq/L	98 - 107 mEq/L	ISE DIRECT
*URIC ACID, BLOOD, GE	EL SERUM			
URIC ACID,BLOOD	6.60	mg/dL	3.5-7.2 mg/dL	URICASE
UREA,BLOOD	14.0	mg/dL	19 - 49 mg/dL	Urease with GLDH
				Samin
				DR. SHABNAM PARVIN
				MD (Pathology) Consultant Pathologist



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**Age** : 31 Y 4 M 5 D

Gender : M

Lab Add. :

**Ref Dr.** : Dr.MEDICAL OFFICER

**Collection Date:** 

**Report Date** : 11/Jun/2023 08:39AM



# E.C.G. REPORT

DATA HEART RATE	78	Bpm
PR INTERVAL	136	Ms
QRS DURATION	82	Ms
QT INTERVAL	344	Ms
QTC INTERVAL	395	Ms
AXIS P WAVE	38	Degree
QRS WAVE	51	Degree
T WAVE	-6	Degree
IMPRESSION	:	Sinus arrhythmia otherwise normal ECG.

ACROY Dr. A C RAY

Department of Non-invasive Cardiology

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Patient Name : SUJAY PODDER

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Gender : M

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**Ref Dr.** : Dr.MEDICAL OFFICER

**Collection Date:** 

**Report Date** : 11/Jun/2023 10:45AM



# X-RAY REPORT OF CHEST (PA) VIEW

# **FINDINGS**:

No active lung parenchymal lesion is seen.

Both the hila are normal in size, density and position.

Mediastinum is in central position. Trachea is in midline.

Domes of diaphragm are smoothly outlined. Position is within normal limits.

Lateral costo-phrenic angles are clear.

The cardio-thoracic ratio is normal.

Bony thorax reveals no definite abnormality.

ANY

DR. VIMLESH JI VIMAL MBBS (Cal) MD, DMRD(IPGME & R) Consultant Radiologist Reg No 61436

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# SURAKSHA DIAGNOSTIC, RAJARHAT, KOLKATA. BIO-RAD VARIANT TURBO CDM 5.4 s/n 15893

# PATIENT REPORT V2TURBO A1c 2.0

Patient Data Analysis Data

Sample ID: D02132169114 Analysis Performed: 10/JUN/2023 17:44:06

Patient ID: SR7743274 Injection Number: 2403U Name: Run Number: 60

Physician: Rack ID:

Sex: Tube Number: 6

DOB: Report Generated: 10/JUN/2023 17:53:13

Operator ID: ASIT

Comments:

	NGSP		Retention	Peak
Peak Name	%	Area %	Time (min)	Area
Unknown		0.1	0.111	2671
A1a		0.7	0.159	14343
A1b		1.6	0.223	33731
LA1c		1.6	0.392	34518
A1c	4.9		0.497	86480
P3		3.1	0.772	66826
P4		1.1	0.857	23840
Ao		87.7	0.977	1862585

Total Area: 2,124,993

## HbA1c (NGSP) = 4.9 % HbA1c (IFCC) = 30 mmol/mol

