

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MRS. TARANNUM ZEBA
EC NO.	117833
DESIGNATION	BRANCH OPERATIONS
PLACE OF WORK	ASANSOL
BIRTHDATE	02-10-1991
PROPOSED DATE OF HEALTH CHECKUP	22-07-2023
BOOKING REFERENCE NO.	23S117833100063368E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **05-07-2023** till **31-03-2024** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,


Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

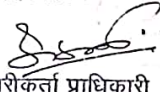



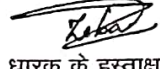
SL : ROPURN130

 **बैंक ऑफ बड़ौदा**  
**Bank of Baroda**

नाम  
Name **ZEBA TARANNUM**

कर्मचारी कूट क.  
E.C. NO. **117833**

  
जारीकर्ता प्राधिकारी  
Issuing Authority

  
  
धारक के हस्ताक्षर  
Signature of Holder

मिलने - पर, निम्नलिखित को लौटाए  
सहायक महाप्रबंधक ( सुरक्षा )  
बैंक ऑफ बड़ौदा, बड़ौदा कार्पोरेट सेंटर  
सी-26, जी-ब्लॉक, बान्द्रा कुर्ला कॉम्प्लेक्स, मुंबई - 400 051, भारत  
फोन 91 22 6698 5196 फेक्स 91 22 2652 5747

**If found, please return to**  
Asst. General Manager (Security)  
Bank of Baroda, Baroda Corporate Centre  
C-26, G-Block, Bandra-Kurla Complex, Mumbai - 400 051, India  
Phone 91 22 6698 5196 Fax 91 2 2652 5747

**Residential Address: GAFFAR COLONY, NEW AZAD NAGAR,  
DHANBAD, JHARKHAND 828104  
MOB - 9835159447**

रक्त समूह /Blood Group : **A++**  
पहचान चिन्ह /Identification Marks : **A CUT MARK ON FOREHEAD**







असर्फी हॉस्पिटल

सबके लिए स्वास्थ्य

OUT PATIENT DEPARTMENT

Department of General Medicine

Modiwhool

Regd. No. : JUL23-59673 Visit : OPD/290723/135517

Patient Name : MRS. ZERA TARANUM Mobile : 9835159447

Age/Sex : 31 Y 9 M 27 D / Female Date : 29-Jul-2023 12:10 pm

Address : RADA SOHAGI, CHHATAR GACHH, KISHANGANJ, 855117, BIHAR, INDIA

Doctor : Dr. Aditya Anurag MD (Medicine) OPD Timing :  
Referred By :

Allergies :

Height : Ft In Temp. : C SPO2 : 99 %  
Weight : 58 Kg Pulse : 74 BPM B.P. : 100/60 mm/Hg

History and complaints :

Examination:

Diagnosis:

Pt. came for regular  
checkup.  
NO complaint at present  
NO chronic illness

Investigations:

CXR-PA. ↑ BVmally  
Lipid profile-WNL  
HBAIC-4.6  
DFT-WNL  
KFT-WNL  
RHEMI-WNL  
UACR-WNL  
Hb-11.6  
TC-8,300

Medicines Prescribed:  
USG-W/A-WNL  
ECG-WNL  
2D-ECHO-WNL  
TSM 2.6!

Adv: :-  
Maintain healthy  
lifestyle >

Follow up: Days | Advice (Diet/ Lifestyle / Rehab)

Date :

Time :

Signature of Doctor

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सबके लिए स्वास्थ्य

Baramuri, P.O. - Bishunpur Polytechnic, Dhanbad (Jharkhand) - 828130

Regd. Office : Phulantand, Kharkaree, Dhanbad (Jharkhand) - 828125

Mob.: 78083 68888

CIN : U85110JH2005PLC011673

## RADIOLOGY REPORT

Patient Name :	MRS. ZEBA TARANNUM	Patient ID :	59673
Modality :	DX	Sex :	F
Age :	31Y	Study :	CHEST PA
Reff. Dr. :	SELF	Study Date :	22-07-2023

### X-RAY CHEST PA VIEW

Mild hazy opacification seen in both lung fields.  
Bilateral bronchovascular markings are prominent.  
Bilateral costophrenic angles are unremarkable.  
Bilateral hila are unremarkable.  
Domes of diaphragm are normal in morphology and contour.  
Cardiac size is within normal limits.  
Bony thoracic cage appears normal.

*Manish Kumar Jha*

**Dr. Manish Kumar Jha**

MBBS, MD (Radio-diagnosis)

Registration No. 77237 (WBMC)

Date 23-07-2023 Time 09-00-13



**Disclaimer:** - It is an online interpretation of medical imaging based on clinical data. All modern machines/ procedures have their own limitation. If there is any clinical discrepancy, this investigation may be repeated or reassessed by other tests. Patient's identification in online reporting is not established, so in no way can this report be utilized for any medico legal purpose.



**24 HOUR EMERGENCY**

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31 Years

MRS ZEBBA TARANNUM  
Female

22-Jul-23 14:59:28

ASARFI INST. OF CARDIAC SCIENCES

Rate 75 . Sinus rhythm.....normal P axis, V-rate 50- 99

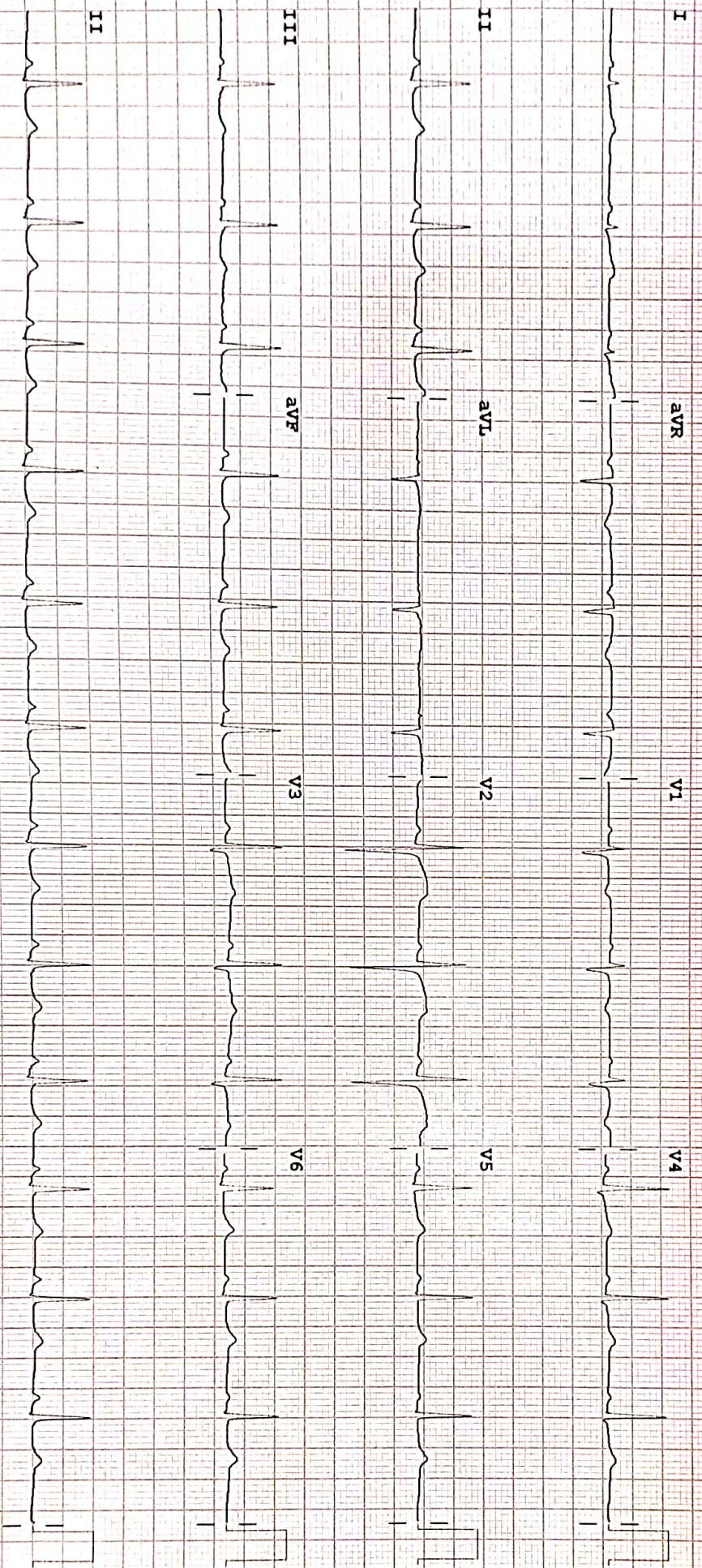
PR 130  
QRSD 83  
QT 398  
QTc 445

--AXIS--  
P 53  
QRS 85  
T 49

- NORMAL ECG -

12 Lead: Standard Placement

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~0.50-100 Hz W

PH100B CL

P2



## RADIOLOGY REPORT

Reg. No.	59673	Ref. Dr.	SELF
Name	MRS. ZEBA TARANNUM	Study	USG WHOLE ABDOMEN
Age & Sex	31Y /F	Reporting Date	22.07.2023

### USG WHOLE ABDOMEN

- LIVER** : Liver is normal in size, shape & echotexture. No obvious focal lesion is seen. IHBR are not dilated.
- GALL BLADDER** : GB is well distended. No obvious calculus or mass lesion is seen. The wall thickness is normal.
- CBD** : CBD is normal in course & caliber.
- PV** : PV is normal in course & caliber.
- PANCREAS** : Pancreas is normal in size, shape & echotexture. Peripancreatic soft tissues appear normal. MPD is not dilated.
- SPLEEN** : Spleen is normal in shape, size & echotexture. It measures 10.6cm in size.
- KIDNEYS** : The right kidney measures 9.6 x 4.7cm. The left kidney measures 9.8 x 5cm. Both kidneys are normal in shape, size & position. The pelvicalyceal system is normal. Corticomedullary differentiation is maintained. No focal lesion is seen.
- URINARY BLADDER** : Urinary bladder is well distended. No obvious calculus or mass lesion is seen. The wall thickness is normal.
- UTERUS** : Uterus is normal in size, shape & echotexture. It measures 7.4 x 3 x 3.4cm. Endometrium is central and measures 8.3 mm.
- OVARIES** : The right ovary measures 2.2 x 1.3cm. The left ovary measures 2.6 x 1.3cm. Both ovaries are normal in shape, size & position.
- OTHERS** : No ascites or retroperitoneal lymphadenopathy is seen.
- IMPRESSION** : • No significant abnormality detected.



**Dr. VAISHALI PATEL**  
MBBS, DNB (Radio-diagnosis)  
Consultant Radiologist



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An ISO 9001 : 2015  
Organisation

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## ECHOCARDIOGRAPHY REPORT

Name: MRS ZEBA TARANNUM

Age: 31

Sex:

Date: 22/07/2023

### 2D & M-MODE MEASUREMENTS

LA Diam	3.0 cm
Ao Diam	2.7 cm
IVSd	1.0 cm
LVIDd	4.3 cm
LVPWd	1.0 cm
IVSs	1.3 cm
LVIDs	2.9 cm

### 2D & M-MODE CALCULATIONS

EDV(Teich)	84 ml
ESV(Teich)	33 ml
EF(Teich)	61 %
%FS	33 %
SV(Teich)	52 ml
LVd Mass	158.05 g
RWT	0.45

### MITRAL VALVE

MV E Vel	1.03 m/s
MV DecT	238 ms
MV Dec Slope	4.3 m/s <sup>2</sup>
MV A Vel	0.47 m/s
MV E/A Ratio	2.20

### AORTIC VALVE

AV Vmax	1.39 m/s
AV maxPG	7.73 mmHg

### TRICUSPID VALVE

TR Vmax	1.75 m/s
TR maxPG	12.21 mmHg

### PULMONARY VALVE

PV Vmax	1.00 m/s
PV maxPG	4.02 mmHg

### COMMENTS:

- NORMAL SIZE CARDIAC CHAMBERS
- NO LVRWMA
- GOOD LV SYSTOLIC FUNCTION (EF-61%)
- NORMAL MITRAL INFLOW PATTERN
- NO MR, NO AR, TRACE TR, NO PAH
- IAS, IVS INTACT
- NO CLOT , PE
- IVC NORMAL

### IMPRESSION:

- NORMAL SIZE CARDIAC CHAMBERS
- NO LVRWMA
- GOOD LV SYSTOLIC FUNCTION (EF-61% )

DR.S.H CHAVAN  
(CONSULTANT CARDIOLOGIST)

TECH. SIG



## Asarfi Hospital Limited

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Regd. Office : Baramuri, P.O. Bishunpur Polytechnic, Dhanbad - 828130 CIN : U85110JH2005PLC011673  
Ph.: 9234302735, 9234651512, 9234681514 Email : info@asarfihospital.com / www.asarfihospital.com







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# ASARFI HOSPITAL LABORATORY

(A Unit of Asarfi Hospital Ltd.)

Baramuri, Bishnupur Polytechnic, Dhanbad 828 130  
Ph. No.: 7808368888, 9297862282, 9234681514

Name : MRS. ZEBA TARANNUM  
Age / Sex : 31 Yrs / Female  
Doctor :  
Reg. No. : JUL23-59673  
Pat. Type : Mediwheel



Collection Time: 22-07-2023 1:07 pm  
Receiving Time : 22-07-2023 1:08 pm  
Reporting Time: 23-07-2023 9:07 am  
Publish Time : 23-07-2023 10:52 am

Test Name	Result	Flag	Unit	Reference Range
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## Biochemistry

### Creatinine, Serum

Method: Enzymatic

Machine Name: XL640

Creatinine, Serum

0.6

mg/dl

0.6-1.4

### Uric Acid, Serum

Method: Enzymatic

Machine Name: XL640

Uric Acid, Serum

3.9

mg/dl

3.4-7.0

### Blood Urea Nitrogen (BUN)

Method: Calculated

Machine Name: XL640

Blood Urea Nitrogen (BUN)

7.5

mg/dl

07-21

### LIPID PROFILE, SERUM

Method: Spectrophotometry

Machine Name: XL640

Cholesterol, Total (CHOD/PAP)

130.0

mg/dl

<200 No risk 200-239  
Moderate  
risk >240 High risk

Triglycerides (Enzymatic)

55.0

mg/dl

Normal: < 150  
Borderline-high:  
150-199 High risk  
200-499  
Very high risk >500

HDL Cholesterol (Enzymatic)

40.0

L

mg/dl

<40 High Risk ; >60 No  
Risk

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MD (PATHOLOGY)

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#### Condition of Laboratory Testing & Reporting

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Test Name	Result	Flag	Unit	Reference Range
LDL Cholesterol (Calculated)	64.0		mg/dl	Optimum:<100 Above optimum: <130; Moderate risk:130-159; High risk:>160
VLDL Cholesterol (Calculated)	26.0		mg/dl	0-30
Cholesterol Total : HDL Ratio (Calculated)	3.2		mg/dl	1.2-6.0

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Test Name	Result	Flag	Unit	Reference Range
<b>GLYCOCYLATED HEMOGLOBIN (HbA1C), BLOOD</b>				
Method : HPLC / Nephelometry		Machine Name: BIO-RAD, D-10 / MISPA		
HbA1C	4.6		%	4.4-6.2
Estimated average glucose (eAG)	85.3		mg/dl	

### Interpretation:

HbA1c result is suggestive of at risk for Diabetes (Prediabetes)/ well controlled Diabetes in a known Diabetic.

Note: Presence of Hemoglobin variants and/or conditions that affect red cell turnover must be considered, particularly when the HbA1C result does not correlate with the patient's blood glucose levels.

### FACTORS THAT INTERFERE WITH HbA1C | FACTORS THAT AFFECT INTERPRETATION | MEASUREMENT | OF HBA1C RESULTS |

-----|-----  
| Hemoglobin variants,elevated fetal | Any condition that shortens erythrocyte |  
| hemoglobin (HbF) and chemically | survival or decreases mean erythrocyte |  
| modified derivatives of hemoglobin | age (e.g.,recovery from acute blood loss, |  
| (e.g. carbamylated Hb in patients | hemolytic anemia, HbSS, HbCC, and HbSC) |  
| with renal failure) can affect the | will falsely lower HbA1c test results |  
| accuracy of HbA1c measurements | regardless of the assay method used.Iron |  
| deficiency anemia is associated with |

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Test Name	Result	Flag	Unit	Reference Range
higher HbA1c				
Glucose, PP				
Method: GOD-POD				
Glucose, PP	110.5		mg/dl	70-140

Note: Additional tests available for Diabetic control are Glycated Hemoglobin (HbA1c), Fructosamine

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Test Name	Result	Flag	Unit	Reference Range
<b>Liver Function Test (LFT)</b>				
Method : Spectrophotometry		Machine Name: XL-640		
Bilirubin Total (Diazo)	0.4		mg/dl	0.3-1.2
Bilirubin Direct (Diazo)	0.2		mg/dl	0.00-0.2
Bilirubin Indirect (Calculated)	0.2		mg/dl	0.00-1.0
SGPT (IFCC without PDP)	24.0		U/L	7-50
SGOT (IFCC without PDP)	21.0		U/L	5-45
Alkaline Phosphate (PNP AMP Kinetic)	265.0		U/L	70-306
GGT (Enzymatic)	17.8		U/L	0-55
Protein Total (Biuret)	6.9		g/dl	6.4-8.3
Albumin (BCG)	4.0		g/dl	3.5-5.2
Globulin (Calculated)	2.9		g/dl	2.3-3.5
A : G Ratio (Calculated)	1.3			0.8-2.0

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Test Name	Result	Flag	Unit	Reference Range
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## Clinical Pathology

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**24 HOUR EMERGENCY**

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**"KEEP THE REPORTS CAREFULLY AND BRING THEM ALONG DURING YOUR NEXT VISIT TO OUR HOSPITAL"**

Name : MRS. ZEBA TARANNUM  
Age / Sex : 31 Yrs / Female  
Doctor :  
Reg. No. : JUL23-59673  
Pat. Type : Mediwheel



Collection Time: 22-07-2023 1:07 pm  
Receiving Time : 22-07-2023 1:08 pm  
Reporting Time: 23-07-2023 9:07 am  
Publish Time : 23-07-2023 10:52 am

Test Name	Result	Flag	Unit	Reference Range
<b>Routine Urine Examination; Urine</b>				
<i>Method</i> : Microscopic				
Appearance	CLEAR	.		
Colour	STRAW	.		
Volume	25		ml.	
Protiens	NEGATIVE	.		
Glucose	NEGATIVE	.		
PH	6.5	.		
Specific Gravity	1.010	.		
Bilirubin	NEGATIVE	.		
Ketone Bodies	XX	.		
Bile Salts	XX	.		
Bile Pigments	XX	.		
Pus Cells	1-2		/hpf.	
Epithelial Cells	1-2		/hpf.	
R.B.C.	NIL		/hpf.	
Casts	NOT SEEN		/hpf.	
Crystals	NOT SEEN		/hpf.	
others	NOT SEEN	.		

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MD (PATHOLOGY)

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Test Name	Result	Flag	Unit	Reference Range
<b>Protein:Creatinine Ratio; Urine</b>				
<i>Method : Immunoturbidimetry, Spectrophotometry</i>				
Protein	12.5		mg/L	
Creatinine	10.0		mg/dl	
PCR	1.25		mg/g	0-0.5

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(A Unit of Asarfi Hospital Ltd.)

Baramuri, Bishnupur Polytechnic, Dhanbad 828 130  
Ph. No.: 7808368888, 9297862282, 9234681514

Name : MRS. ZEBA TARANNUM  
Age / Sex : 31 Yrs / Female  
Doctor :  
Reg. No. : JUL23-59573  
Pat. Type : Mediwheel



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Reporting Time: 23-07-2023 9:07 am  
Publish Time: 23-07-2023 10:52 am

Test Name	Result	Flag	Unit	Reference Range
<b>Haematology</b>				
<b>BLOOD GROUP, ABO &amp; RH TYPING</b>				
<i>Method: Agglutination</i>				
ABO GROUP	A			0-0
RH TYPING	POSITIVE			0-0
<b>ESR (Erythrocyte Sedimentaion Rate)</b>				
<i>Method: Westergren</i>				
ESR	17	H	mm/hr	0-10

Machine Name: VES-MATIC 20

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Publish Time : 23-07-2023 10:52 am

Test Name	Result	Flag	Unit	Reference Range
<b>Complete Blood Count (CBC)</b>				
Method: Electronical Impedence		Machine Name: Sysmex 6 part		
Hemoglobin	11.6	L	g/dl	13-18
Total Leukocyte Count (TLC)	8,300		/cu-mm	4000-11000
PCV	33.6	L	%	40-50
MCH	30.7		Pg	27-31
MCHC	34.4		g/dl	31.5-35.5
Red Cell Distribution Width (RDW)	14.2	H	%	11.6-14
Neutrophils	67		%	55-75
Lymphocytes	27		%	15-30
Eosinophils	03		%	1-6
Monocytes	03		%	2-10
Basophils	00		%	0-1
RBC Count	3.76	L	million/mm <sup>3</sup>	4.5-5.5
Mean Corpuscular Volume (MCV)	89.3		fL	83-101
Platelet Count	1.33	L	lakhs/cumm	1.5-4.5

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Pat. Type : Mediwheel



Collection Time: 22-07-2023 1:07 pm  
Receiving Time : 22-07-2023 1:08 pm  
Reporting Time : 25-07-2023 12:15 pm  
Publish Time : 27-07-2023 9:57 am

Test Name	Result	Flag	Unit	Reference Range
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### Culture & Sensitivity (Urine)

Method: vitek 2 compact

Machine Name: vitek 2 compact

Organism Isolated	Result	Flag	Unit	Reference Range
Organism Isolated	Staphylococcus Aureus	.	.	.
Amikacin	+++	.	.	.
Cefixime	R	.	.	.
Ciprofloxacin	++	.	.	.
Ceftazidime	R	.	.	.
Ceftriaxone	++	.	.	.
Cefoxitin	+	.	.	.
Cefuroxime	+++	.	.	.
Erythromycin	R	.	.	.
Gentamycin	++++	.	.	.
Imipenem	++++	.	.	.
Levofloxacin	+++	.	.	.
Linezolid	++++	.	.	.
Meropenem	++++	.	.	.
Minocycline	++++	.	.	.
Nitrofurantoin	+++	.	.	.
Ofloxacin	++++	.	.	.
Teicoplanin	R	.	.	.
Tetracycline	++++	.	.	.

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Test Name	Result	Flag	Unit	Reference Range
Vancomycin	+++	.	.	.
Tigecycline	++++	.	.	.
Azithromycin	R	.	.	.
Ampicillin	++	.	.	.

Note: Clindamycin : + Lomefloxacin : +++ Penicillin G : R  
Oxacillin : R

**Note:**

In view of developing antibiotics resistance in india. It is advisalbe to use anitbotics belonging to Group B & C only if the patient is resistant to antibiotics.

\* Insturment used Bact/Alert 3D 60 & vitek 2 compact.

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# नयनश्री नेत्रालय

(A Unit of Asarfi Hospital Limited)

Baramuri, Bishunpur Polytechnic, Dhanbad - 828 130 (Jharkhand)  
7707013096, 7808368888 | www.asarfihospital.com, info@asarfihospital.

## PRESCRIPTION FOR GLASS

Reg No. 59673

Date: 22-07

Name: Mrs. Zeba Tajammum Age: 31y Gender: M

	RIGHT EYE				LEFT EYE		
	D SPH	D CYL	AXIS	VISION	D SPH	D CYL	AXIS
FOR DISTANCE VISION	<u>4.50</u>	<u>0.25</u>	<u>80°</u>	<u>6/6</u>	<u>5.00</u>	<u>0.25</u>	<u>95°</u>
ADD FOR NEAR VISION					<u>NE</u>		

Lens: White / Photo Chromic / Tinted / Kryptok / Executive / Bifocal / CR 39

P.D. 27.5/29.5 m.m. For DV

m.m. For NV

*change gl*

Remarks: Constant use / Distance use / Near use

Refractionist: Om

AHL/D/079/4068/February/23

22\_JUL\_2023 PM 02:41  
NO. 5840  
SN: 4779187

REF. DATA  
VD: 12.00 CYL: (-)  
<R> S C A  
- 3.75 - 0.75 81  
- 3.75 - 0.75 81  
- 3.75 - 0.75 81  
- 3.75 - 0.75 81  
S. E. - 4.25  
<L> S C A  
- 5.25 - 0.25 94  
- 5.00 - 0.25 94  
- 5.00 - 0.25 93  
- 5.00 - 0.25 94  
S. E. - 5.25

PD: 56.5

TOPCON

NAYANSHREE NETRALAYA  
UNIT OF ASARFI HOSPITAL  
LTD DHANBAD