

Name : Mrs. BRATATI HALDER BASU (31 /F)

Date : 25/02/2022

Address : 16/824, CHINSURAH, CHHATAGOLI, HOOGHLY, HOOGHLY, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0001921938

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH142837



## CHIEF COMPLAINTS

For corporate health checkup

No specific complaints

PRESENT KNOWN ILLNESS:-

No H/O HTN/DM/TB/Asthma/Heart Disease.



## DRUG ALLERGY

NO KNOWN ALLERGY

:28/02/2022



## SYSTEMIC REVIEW

### Cardiovascular system

Nil significant.

### Respiratory system

SNEEZING - Present.

COUGH - Present.

NOSE BLOCK - Present.

SPUTUM - Present.

### Gastrointestinal system

APPETITE – Normal.

FLATULENCE AND DYSPEPSIA - Present.

BOWEL HABITS - Regular.

### Genitourinary system

FREQUENCY - Normal.

### Gynaec history

P1+0, LMP - 28/1/22, Cycle - Regular, Flow - Normal, H/O PCOD.

### Central nervous system

MEMORY & CONCENTRATION - Normal.

SLEEP – Normal.

### Eyes

VISION - Corrected with myopic glasses.

### ENT

HEARING - Normal.

### Skin

Nil significant.

### Weight

Steady.



### Present medications

OCP.



### Past medical history

Past medical history - nil significant



### Surgical history

Lower segment  
caesarean section - 1.



### Personal history

Marital status - Married

No. of children - 1

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Active



### Family history

Father - has expired

Mother - alive

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Diabetes - mother,uncle,aunt  
Hypertension - mother  
Coronary artery disease - mother  
Allergy - father  
Cancer - None  
CVA - father

Extremities - No Significant finding.  
Spine - No Significant finding.

### Ophthalmology consultation

Ophthalmology findings - Distance vision with glass 6/6 (both eyes).  
Near vision N6 (both eyes).

## PHYSICAL EXAMINATION



### General

Build - obese  
Height (in cms) - 158  
Weight (in Kgs) - 97  
BMI - 38.86  
Pallor - no  
Oedema - no



### Cardiovascular system

Heart rate(Per minute) - 102  
Rhythm - Normal  
Systolic(mm of Hg) - 136  
Diastolic(mm of Hg) - 90  
Heart sounds - S1S2+



### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Present.



### Central nervous system

No neurological deficit



### Skin

No significant finding



### Musculo Skeletal System

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	13.1	g/dl	●	12.0-15.0
RBC COUNT	4.9 *	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	38.9	%	●	36-46
MCV	79.4 *	fl	●	83-101
MCH	26.7 *	pg	●	27-32
MCHC	33.6	%	●	31.5-34.5
RDW	14.7 *	%	●	11.8-14.0
WBC Count	11900 *	/cu mm	●	4000-10000
Platelet Count	1.86	lacs/cu mm	●	1.5-4.0
Neutrophils	62	%	●	40-80
Lymphocytes	32	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Microcytic Hypochromic RBCs.			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	30 *	mm/1st hr	●	0-20

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	3-5
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	37	U/L	●	10-40
ALBUMIN - SERUM	3.9	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	57	U/L	●	42-98
AST (SGOT) - SERUM	24	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.5	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	261 *	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 43 U/L ● 7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2

TOTAL T4: THYROXINE - SERUM 7.8 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 82 mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 140 mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 158 \* mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 2.3 µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.7 \* % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 5.1 mg/dL ● 2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 48 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 181 \* mg/dL ● 0-100
VLDL CHOLESTEROL - SERUM (Calculated) 32 mg/dL ● 0-35

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 9.3 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.1:1.0 1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.4 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.5 g/dL ● 1.8-3.6

ECG

SINUS RHYTHM.
LOW "QRS" AMPLITUDES.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

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\* Hepatomegaly with fatty liver (Grade I).

\* Bulky uterus.

\* Multiple peripherally arranged follicles in bilateral ovaries.

Advised hormonal assay to rule out polycystic ovarian diseases.

Dr. SHWETA KHANNA  
CONSULTANT RADIOLOGIST  
Reg – 72134 (WBMC)

#### **X-RAY CHEST PA**

Chest skiagram does not reveal any significant abnormality.

Dr. SHWETA KHANNA  
CONSULTANT RADIOLOGIST  
Reg – 72134 (WBMC)

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

#### **Haematology**

STOOL ROUTINE

#### **Histopathology**

PAP SMEAR /CERVICAL SMEAR



Within Normal Range



Borderline High/Low



Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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