

Name : Mr. WAKEEL AHMED (54 /M)

Date : 20/03/2023

Address : IA BLOCK 297/2 SECTOR-3 SALT LAKE PS-BIDHANNAGAR, KOLKATA, KOLKATA,  
WEST BENGAL, INDIA

Examined by: Dr .RATNA GUPTA

UHID : AGHL.0001624926

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH  
TMT/ECHO)

AHC No : AMHLAH170306



## CHIEF COMPLAINTS

For corporate health checkup

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Thyroid disorder, Heart  
disease, Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY :20/03/2023



## SYSTEMIC REVIEW

### Cardiovascular system

High blood pressure - yes; Medication - yes

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Bowel habits - regular; Rectal  
bleeding - no; Piles - no

### Genitourinary system

- Nil Significant

### Central nervous system

Head ache - on and off; Relieved by - spontaneous  
resolution; Concentration - good; Sleep - adequate

### Eyes

Vision - normal with glasses; Glasses - yes; Glasses  
for - reading; Both eyes - Poor acuity; - DIFFICULTY  
IN VISION WITH PRESENT GLASSES

### ENT

- Normal hearing

### Weight

- stable



## Present medications

- CORBIS 2.5 MG 1 TAB DAILY  
ROZAVEL 5 MG 1 TAB DAILY; Compliance - regular



## Past medical history

Do you have any drug - No  
allergies?  
Covid 19 - No  
Malaria - 20 YEARS AGO



## Surgical history

Tonsillectomy - IN CHILDHOOD



## Personal history

Marital status - Married  
No. of children - 2  
Diet - Mixed Diet  
Alcohol - does not consume alcohol  
Smoking - Yes  
Duration of smoking(in - 20  
years)  
Type - Cigarette  
Number - 5-6  
Frequency - daily  
Chews tobacco - No  
Physical activity - Mild  
- level ground walking  
Duration - DAILY WALKING 15  
MINUTES



## Family history

Father - has expired  
Aged - 68 YEARS  
Cause - cancer  
- CA LUNG / NO TOBACCO  
USE  
Mother - has expired  
Aged - 82 YEARS  
Cause - natural cause  
Brothers - 3

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Sisters - 3  
Diabetes - mother, brothers  
Coronary artery disease - none  
Cancer - father  
Type - CA LUNG

## PHYSICAL EXAMINATION



### General

Build - over weight  
Height - 166  
Weight - 65  
BMI - 23.59  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 90  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 120  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Protuberant  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Normal



### Central nervous system

- No neurological deficit



### Eyes

Eye vision - Impaired  
Eye vision - READING GLASSES/  
DIFFICULTY IN  
VISION WITH PRESENT  
GLASSES -

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	15.3	g/dl	●	13.0-17.0
RBC COUNT	4.98	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	45.3	%	●	41-53
MCV	91.1	fl	●	83-101
MCH	30.7	pg	●	27-32
MCHC	33.7	%	●	31.5-34.5
RDW	14.3 *	%	●	11.8-14.0
WBC Count	8500	/cu mm	●	4000-10000
Platelet Count	1.91	lacs/cu mm	●	1.5-4.0
Neutrophils	50	%	●	40-80
Lymphocytes	40	%	●	20-40
Monocytes	07	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	11	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.020			
pH:	6.0			
Albumin:	Not Detected			
Glucose	+			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	4-6	/hpf		
Pus Cells	10-12	/hpf		
Epithelial Cells	Occasional/hpf			

Casts: Not Found  
 Crystals: Not Found  
 Note: Biological reference interval  
 RBC- 0-2/hpf  
 Pus Cell - 0-5/hpf.  
 NOTE : - Urine glucose rechecked and confirmed by Benedict's test

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	++			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	+			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	35	U/L	●	10-40
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	104	U/L	●	53-128
AST (SGOT) - SERUM	25	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.4	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	209 *	mg/dL	●	0-200

**CREATININE - SERUM**

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.0	mg/dL	●	0.9-1.3

GLOBULIN: (CALCULATED) - SERUM	3.2	g/dL	●	1.8-3.6
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### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	48	U/L	●	7-64

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	8.6	µg/dL	●	5.1-14.1

### GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	101 *	mg/dL	●	70-99

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	120	mg/dL	●	0-150

### GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	240 *	mg/dL	●	70-140

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.2	µIU/mL	●	0.270-4.200

### HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	6.4 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

### URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.2	mg/dL	●	3.5-7.2

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	43	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	141 *	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	25	mg/dL	●	0-35

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

### PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	2.2	ng/mL	●	0.00-6.50

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.7	g/dL	●	6.4-8.3

### BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	10.5	mg/dL	●	7.0-18.0

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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A/G - RATIO 1.4 ● 1.0-2.0

### ECG

SINUS RHYTHM.  
SHORT PR INTERVAL.  
INCOMPLETE RIGHT BUNDLE BRANCH BLOCK.  
OCCASIONAL PREMATURE VENTRICULAR  
COMPLEXES.  
SHORT RUN OF QUADRIGEMINI PATTERN.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE  
MYOCARDIAL ISCHAEMIA.  
PREMATURE VENTRICULAR COMPLEX SEEN  
DURING EXERCISE AND RECOVERY.

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade-I fatty liver.

### X-RAY CHEST PA

Normal study.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT  
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Haematology

STOOL ROUTINE

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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Printed By :

**Dr.RATNA GUPTA**

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.