

Name : Mr. GOUTAM SAHA (56 /M)

Date : 24/06/2022

Address : 3/13 GORASHTAN ROAD, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0001974914

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH150696



## CHIEF COMPLAINTS

For corporate health checkup

C/O Constipation for long duration.

C/O Occasional lower abdominal pain.

## PRESENT KNOWN ILLNESS

### Present known illness

No history of : - Diabetes mellitus, Heart disease, Asthma

Hypertension : Since - 5 years; Medication - regular



## DRUG ALLERGY

NO KNOWN ALLERGY

:25/06/2022



## SYSTEMIC REVIEW

### Cardiovascular system

High blood pressure - yes; Medication - yes

### Respiratory system

Cough - yes

### Gastrointestinal system

Appetite - normal; Dyspepsia - yes; Symptoms - flatulence; Bowel habits - constipation; Piles - yes

### Genitourinary system

Frequency - normal; Dysuria/burning micturition - yes

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Normal hearing

### Skin

- Nil Significant

### Weight

- stable



### Present medications

- Tab. Telma (40 mg) - once daily.



### Past medical history

Past medical history - nil significant



### Surgical history

Fistulectomy - 2 years back.



### Personal history

Marital status - Married

No. of children - 3

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - Yes

Name : Mr. GOUTAM SAHA (56 /M)

UHID : AMHL.0001974914

Date : 24/06/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH150696

Number - 3-4 sticks  
Frequency - daily  
Chews tobacco - No  
Physical activity - Mild

### Family history

Father - has expired  
Aged - At 70 years  
Cause - stroke  
Mother - has expired  
Aged - At 65 years  
Cause - coronary artery disease  
Brothers - 1  
Sisters - 6  
Diabetes - father,mother,sisters,brother  
Hypertension - mother  
Coronary artery disease - mother  
Cancer - None  
CVA - father

## PHYSICAL EXAMINATION

### General

Build - Healthy.  
Height - 158 Cm  
Weight - 59 Kg  
BMI - 23.63  
Pallor - No  
Oedema - no

### Cardiovascular system

Heart rate (Per minute) - 82  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 118  
Diastolic(mm of Hg) - 74  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Present.

### Central nervous system

- No neurological deficit

### Skin

- No significant finding

### Musculo Skeletal System

- No significant finding

Printed By : AVIJIT DAS

Name : Mr. GOUTAM SAHA (56 /M)

UHID : AMHL.0001974914

Date : 24/06/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH150696

**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	14.0	g/dl	●	13.0-17.0
RBC COUNT	4.91	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	41.8	%	●	41-53
MCV	85.1	fl	●	83-101
MCH	28.6	pg	●	27-32
MCHC	33.6	%	●	31.5-34.5
RDW	13.7	%	●	11.8-14.0
WBC Count	5300	/cu mm	●	4000-10000
Platelet Count	1.65	lacs/cu mm	●	1.5-4.0
Neutrophils	58	%	●	40-80
Lymphocytes	34	%	●	20-40
Monocytes	07	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	14	mm/1st hr	●	0-15

**STOOL ROUTINE**

Test Name	Result	Unit	Level	Range
Colour:	Brown			
Consistency :	Semi Solid			
Mucus:	Trace			
Reaction:	Alkaline			
Frank Blood	Absent			
Pus Cells	Occasional/hpf			
RBC:	Not found			
Ova:	Not Found			
Cysts:	Not Found			
PARASITE	Not Found			

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.010			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	Occasional/hpf			
Casts:	Not Found			
Crystals:	Not Found			
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.			

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	34	U/L	●	10-40
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1

● Within Normal Range    ● Borderline High/Low    ● Out of Range

Name : Mr. GOUTAM SAHA (56 /M)

UHID : AMHL.0001974914

Date : 24/06/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH150696

ALKALINE PHOSPHATASE - SERUM	86	U/L	●	53-128
AST (SGOT) - SERUM	26	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.8	mg/dL	●	0.0-1.0

HDL CHOLESTEROL - SERUM	45	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	107	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	26	mg/dL	●	0-35

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	178	mg/dL	●	0-200

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.2	g/dL	●	1.8-3.6

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.1	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	23	U/L	●	7-64

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	9.2	µg/dL	●	5.1-14.1

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	96	mg/dL	●	70-99

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	163 *	mg/dL	●	0-150

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	120	mg/dL	●	70-140

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.3	µIU/mL	●	0.270-4.200

**HBA1C (GLYCOSYLATED**

**HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	6.1 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.0	mg/dL	●	3.5-7.2

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
-----------	--------	------	-------	-------

**PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM**

Test Name	Result	Unit	Level	Range
-----------	--------	------	-------	-------

● Within Normal Range    ● Borderline High/Low    ● Out of Range

Name : Mr. GOUTAM SAHA (56 /M)

UHID : AMHL.0001974914

Date : 24/06/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH150696

---

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.615	ng/mL	●	0.00-6.50
--	-------	-------	---	-----------

### BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	8.0	mg/dL	●	7.0-18.0

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4:1.0			1.0-2.0

### ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

- \* Grade-I fatty liver.
- \* Prostatomegaly.

### X-RAY CHEST PA

- \* Chest skiagram does not reveal any significant abnormality.

● Within Normal Range    ● Borderline High/Low    ● Out of Range

**Name** : Mr. GOUTAM SAHA (56 /M)

**UHID** : AMHL.0001974914

**Date** : 24/06/2022

**Package** : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH  
TMT/ECHO)

**AHC No** : AMHLAH150696

---

**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

**Name** : Mr. GOUTAM SAHA (56 /M)

**UHID** : AMHL.0001974914

**Date** : 24/06/2022

**Package** : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH  
TMT/ECHO)

**AHC No** : AMHLAH150696

---