

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	LILABEN BABUBHAIRATHWA
DATE OF BIRTH	16-02-1973
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	10-06-2023
BOOKING REFERENCE NO.	23J43189100060798S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. RATHWA BABUBHAI NARANBHAI
EMPLOYEE EC NO.	43189
EMPLOYEE DESIGNATION	HEAD CASHIER "E" _II
EMPLOYEE PLACE OF WORK	VADODARA,DANDIA BAZAR
EMPLOYEE BIRTHDATE	01-06-1971

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **31-05-2023** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



PATIENT NAME: Lila Rathwa	
AGE / SEX: 52 YRS/F	DATE: 10 June 2023

CHEST XRAY (PA view)

Both lung fields appear normal.

Both hila appear normal.

Bilateral costo-phrenic angles appear grossly clear.

Mediastinum and cardiac shadow appear normal.

Bony thorax appears unremarkable.

No evidence of free gas under domes of diaphragm.

IMPRESSION:

- **NO SIGNIFICANT ABNORMALITY NOTED IN LUNG FIELDS**
- **NORMAL CARDIAC SHADOW**

DR. KAJAL LIMBAD, M.D.

CONSULTANT RADIOLOGIST

This report is not valid for medico-legal purpose.



PATIENT NAME: Lila Rathwa

AGE / SEX: 52 YRS/F

DATE: 10 June 2023

ULTRASOUND OF ABDOMEN

LIVER appears normal in size (11.7 cm) and shows **raised parenchymal echogenicity**. No evidence of focal lesion. No evidence of dilated IHBR or portal vein. CBD appears normal.

GALL BLADDER is well-distended. No evidence of calculus or sludge within. No evidence of wall thickening or pericholecystic edema seen.

VISUALIZED PART OF PANCREAS appears normal and shows normal parenchymal echogenicity. MPD is within normal limits.

SPLEEN appears normal in size (9.9 cm) and shows normal parenchymal echogenicity. No evidence of focal lesion.

Right kidney: 9.5 x 3.9 cm Left kidney: 9.6 x 3.5 cm

BOTH KIDNEYS appear normal in size and position. Show normal cortical parenchymal thickness and echogenicity. Corticomedullary differentiation is maintained.

No evidence of calculus or focal lesion on either side.

Mild fullness in bilateral renal Pelvicalyceal system (Right> Left)

URINARY BLADDER is full. No evidence of calculus or wall thickening seen.

UTERUS appears mildly bulky measuring 8.5 x 4.3 x 4.5 (CCxAPxBC) cm. shows a 3.6 x 3.5 cm sized well-defined hypoechoic lesion with no internal vascularity at anterior myometrial wall.

There is an approximately 7.6 x 6.9 x 6.6 cm sized heterogeneously hypoechoic lesion with few central cystic areas within, with minimally raised central vascularity noted in left adnexal from which left ovary is not seen separately. Right ovary is small and atrophied.

BOWEL LOOPS appear normal in caliber and show normal peristalsis.

Mild free fluid noted in interbowel space.

IMPRESSION:

- A large solid-cystic lesion in left adnexal as mentioned; Differentials are 1. Wandering fibroid 2. Ovarian solid-cystic neoplasm (cross sectional imaging for further evaluation)
- Bulky uterus with an intramural uterine fibroid
- Mild ascites
- Grade I fatty liver
- Mild fullness in bilateral renal Pelvicalyceal system (Right> Left) – possibly due to full bladder

DR. KAJAL LIMBAD, M.D.

CONSULTANT RADIOLOGIST

[This report is not valid for medico-legal purpose. Not all pathologies can be detected on ultrasound in each scan. Further radiographic evaluation is suggested if required.]



2D-ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

NAME: LILABEN B RATHWA

AGE/SEX: 52YRS/FEMALE

DATE: 10/06/2023

REF BY: DR. SAURABH JAIN

OBSERVATION:

- NORMAL LV SIZE WITH NORMAL LV SYSTOLIC DYSFUNCTION. LVEF = 60% (VISUAL).
- NO RWMA AT REST.
- GRADE I LV DIASTOLIC DYSFUNCTION.
- TRIVIAL MR. NO MS.
- NO AR. NO AS.
- TRIVIAL TR. NO PAH.
- NORMAL SIZED LA, RA & RV SIZE WITH NORMAL RV SYSTOLIC FUNCTION
- NORMAL MPA, RPA & LPA.
- INTACT IAS & IVS.
- NO E/O INTRACARDIC CLOT/VEGETATION/PE.
- NORMAL SIZE OF IVC.
- NORMAL PERICARDIUM.

LA: 29MM

AO: 28MM

IVS: 09/13MM

LVPW: 08/13MM

LVID: 41/28MM

CONCLUSION:

- NORMAL LV/RV SIZE AND SYSTOLIC FUNCTION.
- NO RWMA AT REST.
- LVEF = 60 % (VISUAL).

DR.NIRAV BHALANI
[CARDIOLOGIST]

DR.ARVIND SHARMA
[CARDIOLOGIST]

20230601634
52 Years

RATHWA, LILABEN
Female

10-Jun-23 9:03:48 AM

Rate 60

PR 164

QRSD 80

QT 424

QTc 424

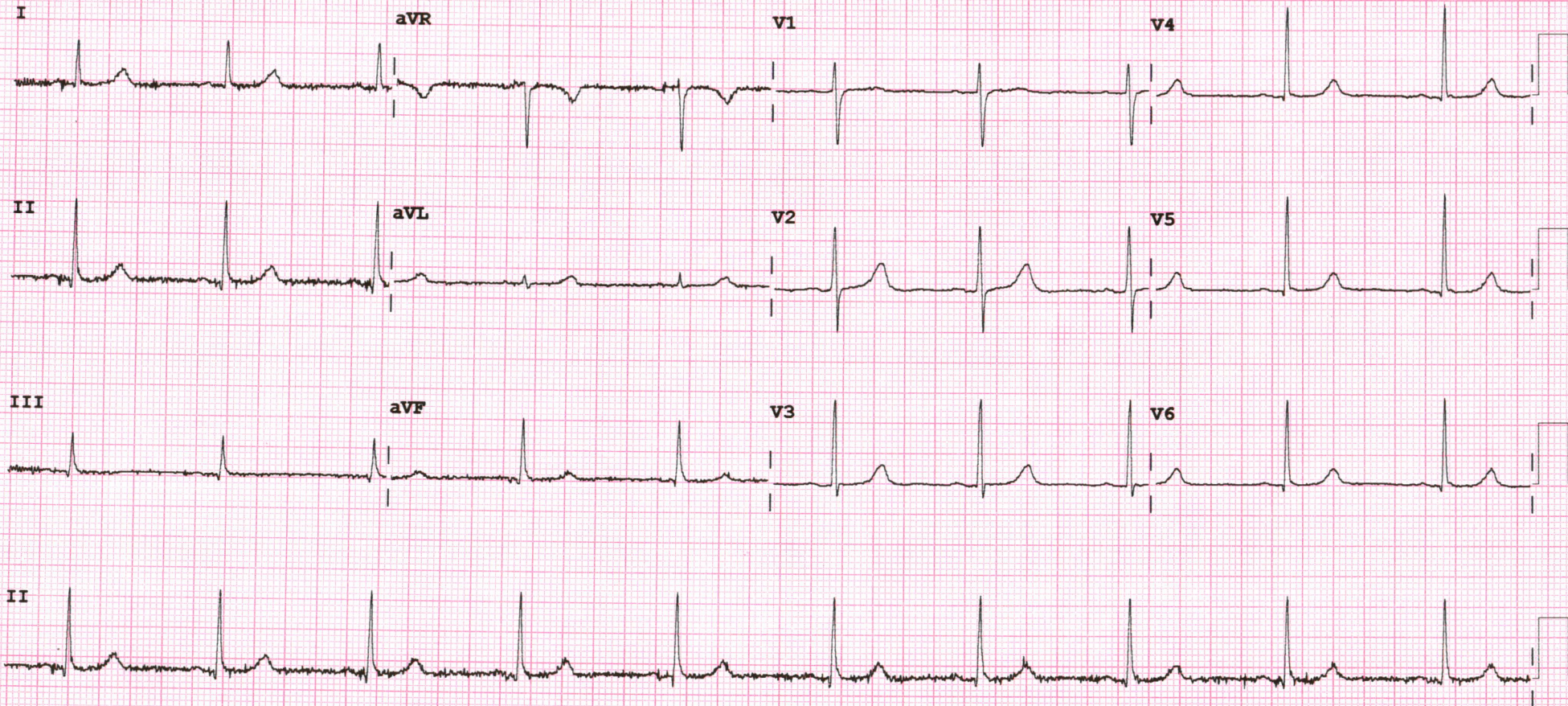
--AXIS--

P 19

QRS 55

T 25

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W

PH09

P?



Patient Name :	Lilaben Babubhai Rathwa	Sample No. :	20230602841
Patient ID :	20230601634	Visit No. :	OPD20230605428
Age / Sex :	52y/Female	Call. Date :	10/06/2023 08:47
Consultant :	DR SAURABH JAIN	S. Coll. Date :	10/06/2023 09:08
Ward :	-	Report Date :	10/06/2023 14:17

CBC, ESR

Investigation	Result	Normal Value
Hemoglobin :	11.4 gm/dl [L]	12.5 to 16.0 gm/dl
P.C.V. :	37.6 %	37.0 to 47.0 %
M.C.V. :	67.1 fL [L]	78 to 100 fL
M.C.H. :	20.4 pg [L]	27 to 31 pg
M.C.H.C. :	30.3 g/dl [L]	32 to 36 g/dl
RDW :	14.6 % [H]	11.5 to 14.0 %
RBC Count :	5.6 X 10 ⁶ / cumm [H]	4.2 to 5.4 X 10 ⁶ / cumm
Polymorphs :	67 %	38 to 70 %
Lymphocytes :	30 %	15 to 48 %
Eosinophils :	1 %	0 to 6 %
Monocytes :	2 % [L]	3 to 11 %
Total :	100	< 100 > 100
WBC Count :	6100 /cmm	4000 to 10000 /cmm
Platelets Count :	215000 /cmm	1,50,000 to 4,50,000 /cmm
ESR - After One Hour :	8 mm/hr	1 to 20 mm/hr

Dr. Mehul Desai
M.B.D.C.P
Reg.No.G-9521



Patient Name : Lilaben Babubhai Rathwa	Sample No. : 20230602841
Patient ID : 20230601634	
Age / Sex : 52y/Female	Visit No. : OPD20230605428
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Blood Group


Investigation	Result	Normal Value
BLOOD GROUP :		
ABO	A	
Rh	Positive	

RENAL FUNCTION TEST

Investigation	Result	Normal Value
Creatinine :	0.7 mg/dl	0.6 - 1.4 mg/dl
Urea :	20 mg/ dl	13 - 45 mg/dl
Uric Acid :	6.9 mg/dl	3.5 - 7.2 mg/dl
Calcium :	9.5 mg/dl	8.5 - 10.5
Phosphorus :	4.5 mg/dl	1.5 - 6.8

Dr.Mehul Desai
M.B.D.C.P
Reg.No.G-9521



Patient Name :	Lilaben Babubhai Rathwa	Sample No. :	20230602841
Patient ID :	20230601634		
Age / Sex :	52y/Female	Visit No. :	OPD20230605428
Consultant :	DR SAURABH JAIN	Call. Date :	10/06/2023 08:47
Ward :	-	S. Coll. Date :	10/06/2023 09:08
		Report Date :	10/06/2023 15:36

HBA1C


Investigation	Result	Normal Value
Glycosylated Hb :	5.4 %	Near Normal Glycemia : 6 to 7 Excellent Control : 7 to 8 Good Control : 8 to 9 Fair Control : 9 to 10 Poor Control : > 10
Average Plasma Glucose of Last 3 Months :	108.28	

FBS & PPBS

Investigation	Result	Normal Value
Blood Sugar (FBS) :	109 mg/dl [H]	74 - 100 mg/dl
Urine Sugar (FUS) :	Nil	
Blood Sugar (PP2BS) :	123 mg/dl [H]	70 to 120 mg/dl
Urine Sugar (PP2US) :	Nil	

Dr.Mehul Desai
M.B.D.C.P
Reg.No.G-9521




Patient Name :	Lilaben Babubhai Rathwa	Sample No. :	20230602841 
Patient ID :	20230601634	Visit No. :	OPD20230605428
Age / Sex :	52y/Female	Call. Date :	10/06/2023 08:47
Consultant :	DR SAURABH JAIN	S. Coll. Date :	10/06/2023 09:08
Ward :	-	Report Date :	10/06/2023 14:17

LFT (Liver Function Test)

Investigation	Result	Normal Value
Total Bilirubin :	0.7 mg/dl	0.2 to 1.0 mg/dl
Direct Bilirubin :	0.3 mg/dl	0.0 to 0.2 mg/dl
Indirect Bilirubin :	0.4 mg/dl	0.0 to 0.8 mg/dl
AST (SGOT) :	26 U/L	5 to 34 U/L
ALT (SGPT) :	21 U/L	0 to 55 U/L
Total Protein (TP) :	6.2 g/dL [L]	6.4 to 8.3, g/dl
Albumin (ALB) :	4.2 g/dl	3.5 to 5.2 g/dl
Globulin :	2 g/dl	2.3 to 3.5 g/dl
A/G Ratio :	2.1	
Alkaline Phosphatase (ALP) :	174 U/L [H]	40 to 150 U/L
GAMMA GT. :	21 U/L	7 to 35 U/L

Dr. Mehul Desai
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Patient Name :	Lilaben Babubhai Rathwa	Sample No. :	20230602841 
Patient ID :	20230601634	Visit No. :	OPD20230605428
Age / Sex :	52y/Female	Call. Date :	10/06/2023 08:47
Consultant :	DR SAURABH JAIN	S. Coll. Date :	10/06/2023 09:08
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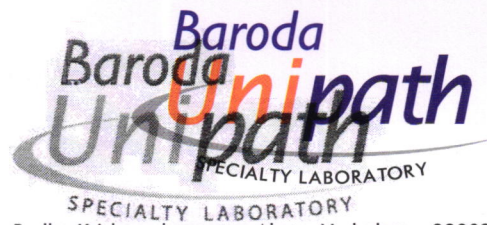
Lipid Profile

Investigation	Result	Normal Value
Sample :	Fasting	
Sample Type :	Normal	
Cholesterol (Chol) :	171 mg/dl	Low risk : < 200 Moderate risk : 200 - 239 High risk : > or = 240
Triglyceride :	83 mg/dl	Normal : < 200.0 High : 200 - 499 Very High : > or = 500
HDL Cholesterol :	79 mg/dl	Low risk: >or = 60 mg/dL High risk : Up to 35 mg/dL
LDL :	75.4 mg/dl [L]	131.0 to 159.0(N) < 130.0(L) > 159.0(H)
VLDL :	16.6 mg/dl	Up to 0 to 34 mg/dl
LDL/HDL Ratio :	0.95	Low risk : 0.5 to 3.0 Moderate risk : 3.0 to 6.0 Elevted level high > 6.0
Total Chol / HDL Ratio :	2.16	Low Risk : 3.3 to 4.4 Average Risk : 4.4 to 7.1 Moderate Risk : 7.1 to 11.0 High Risk : > 11.0
Total Lipids :	633 mg/dl	400 to 700 mg/dl

Note :- Lipemic samples give high triglyceride value and falsely low LDL value.



Dr.Mehul Desai
M.B.D.C.P
Reg.No.G-9521



Unipath Specialty Laboratory (Baroda) LLP - Platinum Complex, Opp. HDFC Bank, Nr. Radha Krishna char rasta, Akota, Vadodara - 390020
Unipath Specialty Laboratory (Baroda) LLP - Platinum Complex, Opp. HDFC Bank, Nr. Radha Krishna char rasta, Akota, Vadodara - 390020
 Phone: 0265-2354435 / 2326260 | Mobile: 7228800500 / 8155028222 | Email: info.baroda@unipathllp.in



TEST REPORT

Reg. No. : 30601004877 Reg. Date : 10-Jun-2023 12:02 Collected On : 10-Jun-2023 12:03
 Name : Ms. LEELA RATHWA Approved On : 10-Jun-2023 13:17
 Age : 52 Years Gender : Female Ref. No. : Dispatch At :
 Ref. By : Tele No. :
 Location : SAVITA SUPERSPECIALTY HOSPITAL @ WAGHODIYA ROAD

Test Name	Results	Units	Bio. Ref. Interval
THYROID FUNCTION TEST			
T3 (triiodothyronine) <i>Method: CLIA</i>	0.92	ng/mL	0.6 - 1.81
T4 (Thyroxine) <i>Method: CLIA</i>	6.30	µg/dL	4.5 - 12.6
TSH (ultra sensitive) <i>Method: CLIA</i>	3.516	µIU/mL	0.55 - 4.78
Sample Type: Serum			

Comments:

Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (free T4). Additionally, the hypothalamic tripeptide, thyrotropin-releasing hormone (TRH), directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy, also stimulate the thyroid gland to synthesize and secrete T3 and T4. Quantification of TSH is significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

TSH levels During Pregnancy :

- First Trimester : 0.1 to 2.5 µIU/mL
- Second Trimester : 0.2 to 3.0 µIU/mL
- Third trimester : 0.3 to 3.0 µIU/mL

Reference : Carl A. Burtis, Edward R. Ashwood, David E. Bruns. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics. 5th Edition. Philadelphia: WB Saunders, 2012:2170

----- End Of Report -----

This is an electronically authenticated report.

Test done from collected sample.

Dr. Vishal Jhaveri



Patient Name :	Lilaben Babubhai Rathwa	Sample No. :	20230602841
Patient ID :	20230601634	Visit No. :	OPD20230605428
Age / Sex :	52y/Female	Call. Date :	10/06/2023 08:47
Consultant :	DR SAURABH JAIN	S. Coll. Date :	10/06/2023 09:08
Ward :	-	Report Date :	10/06/2023 14:17

Urine R/M

Investigation	Result	Normal Value
Quantity - :	20 ml	
Colour - :	Pale Yellow	
Reaction (pH) :	6.0	4.6-8.0
Turbidity :	Clear	
Deposit :	Absent	Absent
Sp.Gravity :	1.030	1.005-1.010
Protein :	Absent	Absent
Glucose :	Absent	Absent
Bile Salts :	Absent	Absent
Bile pigments :	Absent	Absent
Ketones :	Absent	Absent
Urobilinogen :	Absent	
Blood :	Absent	Absent
Crystals :	Calcium oxalate	Absent
Others :	Amorphous deposits	Absent
Pus Cells :	1-3 /hpf	0-5/hpf
Red Blood Cells :	Absent /hpf	Absent
Epithelial Cells :	4-6 /hpf	

Dr.Mehul Desai
M.B.D.C.P
Reg.No.G-9521



PHYSICIAN EXAMINATION

Name :	LILABEN BABUBHAI RATHWA	Age :	52/FEMALE
Reg.No :	20230601634	DOE :	10/06/2023

Physical Examination:

Height:	148CM	Weight:	46	PULSE:	74	Temperature:	NORMAL
			KG				

BMI :	3.21	BP :	108/68	SPO2	99%
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Chief Complaint :	NAD
Past History :	NAD
General Examination :	NORMAL
Systemic Examination :	NORMAL
INVESTIGATION :	RBS :109 MG/DL ECG:NORMAL
ADVICE :	NAD

DR. SAURABH JAIN





Savita

Superspeciality Hospital
(A Unit of Solace Healthcare Pvt. Ltd.)

Parivar Char Rasta, Waghodia-Dabhoi Ring Road, Vadodara-390019

0265-2578844 / 2578849 ✉ mh@savitahospital.com 🌐 savitahospital.com

Examination By Ophthalmologist

Name :	LILABEN BABUBHAI RATHWA	Age :	52/FEMALE
Reg.No :	20230601634	DOE :	10/06/2023
Present Complaints :	NO FRESH C/O		
Medical History :	NAD		
Examination Of Eye :	NAD		

External Examination :	NIL	NIL
Anti Seg Examination :	A/S WNL	
Schiotz Tonometry IOP :	P:RRRL	
Fundus :	NILL	
Without Glass	Distant Vision :	
	Near Vision :	
With Glass	Distant Vision : 6/6WITH+1.0DSPH	6/6WITH+1.0DSPH
	Near Vision : N6WITH+1.25DSPH	N6 WITH +1.25DSPH
Colour Vision (With Ishihara Chart) :	WNL	
Advice :	NAD	

DR CHETAN CHAUHAN





Examination by GYNAECOLOGIST

Name:	LILABEN BABUBHAI RATHWA	Age:	52/FEMALE
Reg.No:	20230601634	DOE:	10/06/2023

Presenting Complaint:	NO ACTIVE COMPLAINTS
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MEDICAL HISTORY:	
M/H:	MENOPAUSE -3YEARS
O/H:	G2P2AO 2MONTHS ALIVE
OTHER:	NO P/H/O HT/DM

EXAMINATION:	
P/A:	SOFT
P/S:	NON TENDAR
P/V:	NOT DONE

IMPRESSION:	NILL GYNEC
ADVICE:	CAPSUL (SCELCAL ISO) (1 MONTH)

DR NIRAV SHAH





EXAMINATION BY DENTAL

Name :	LILABEN BABUBHAI RATHWA	Age/Sex:	52/FEMALE
Reg No :	20230601634	DOE:	10/06/23
Presenting Complaint :	DECAYED TOOTH IN UPPER RIGHT BACK TOOTH REGION		
Medical History :	NAD		

Examination :	ROOT STUMP IRT	,CALCULUS+++, STAIN+++				
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8	6					
6	6					
Impression :	NAD					

Advice :	EXTRACTION IN	<table border="1"><tr><td>8</td><td>6</td></tr><tr><td>6</td><td>6</td></tr></table>	8	6	6	6	,SACLLING AND POLLISHING
8	6						
6	6						

DR RUSDA MALEK

