



To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	PRATIBHA GIRISH TORAWANE
DATE OF BIRTH	01-01-1987
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	22-01-2022
BOOKING REFERENCE NO.	21M162012100009636S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. TORAWANE GIRISH M
EMPLOYEE EC NO.	162012
EMPLOYEE DESIGNATION	TASK FORCE - RECOVERY CELL
EMPLOYEE PLACE OF WORK	MALEGAON,MALEGAON CAMP
EMPLOYEE BIRTHDATE	01-04-1984

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **17-01-2022** till **31-03-2022**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda



(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



Ref. By : BOB

Protocol : BRUCE1

Medication : NO ANK
Objective : N/A
Time (Min:Sec) Phase Time (Min:Sec) Speed (mph) Grade (%) METs H.R. (bpm) Hist: B.P. (mmHg) NO ANK P.V.C. Comments

Time (Min:Sec)	Phase Time (Min:Sec)	Speed (mph)	Grade (%)	METs	H.R. (bpm)	Hist: B.P. (mmHg)	NO ANK	P.V.C.	Comments
Supine				1.0	138	120/80	165	-	
Standing				1.0	119	120/80	142	-	
HV				1.0	98	120/80	117	-	
EXStart				1.0	81	120/80	97	-	
Stage 1	3:00	3:01	1.5	10.0	4.2	160	140/92	224	-
Stage 2	3:00	6:01	2.5	12.0	7.1	159	140/92	222	-
PeakEx	0:15	6:16	3.5	14.0	7.4	174	140/92	243	-
Recovery	1:00		1.1	0.0	1.2	134	140/92	187	-
Recovery	2:00		1.1	0.0	1.0	122	160/110	195	-
Recovery	3:00		1.1	0.0	1.0	118	158/108	186	-
Recovery	3:09		1.1	0.0	1.0	114	158/108	180	-

Findings :

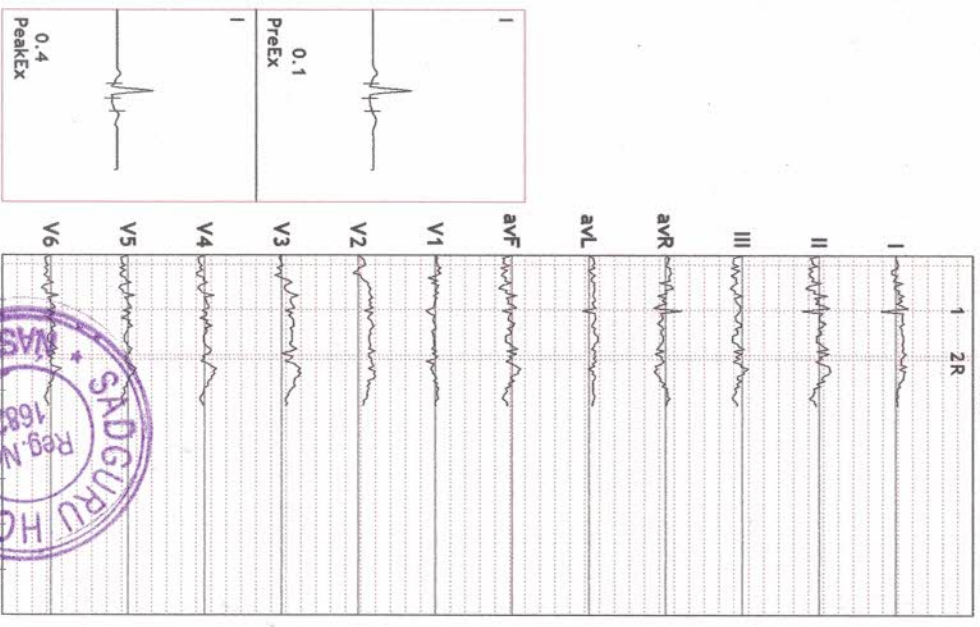
Exercise Time : 6:16 minutes
Max HR attained : 174 bpm 94% of Max Predictable HR 186
Max BP : 140/92(mmHg)
Workload attained : 7.4 (Fair Effort Tolerance)
No significant ST segment changes noted during exercise or recovery.
No Angina/Arrhythmia/S3/murmur
Final Impression : Test is negative for inducible ischaemia.
Maximum Depression: 0:00

Pratibha

positive for inducible ischaemia

for

Advice/Comments:



SADGURU HOSPITAL

NASHIK

45915/MR PRATIBHA TORAWANE

34 Yrs/Male

53 Kg/161 Cms

Date: 22-Jan-2022 12:00:00 AM

12 Lead + Comparison

HR: 118 bpm

METS: 1.0

BP: 158/108

MPHR: 63% of 186

Speed: 1.1 mph

Grade: 0.0%

Raw ECG

BRUICE1

(1.0-100)Hz

Ex Time 06:15

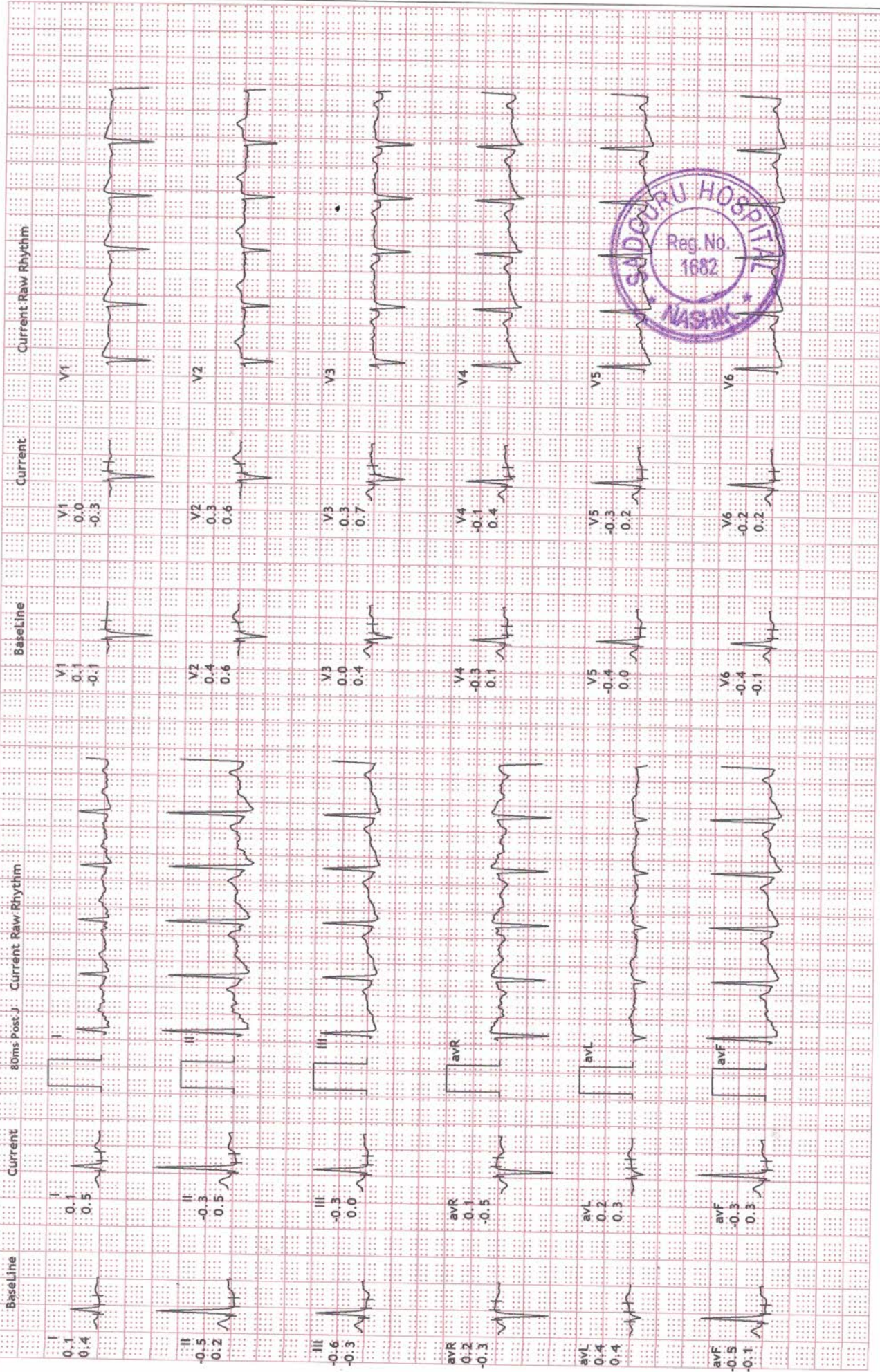
BLC : On

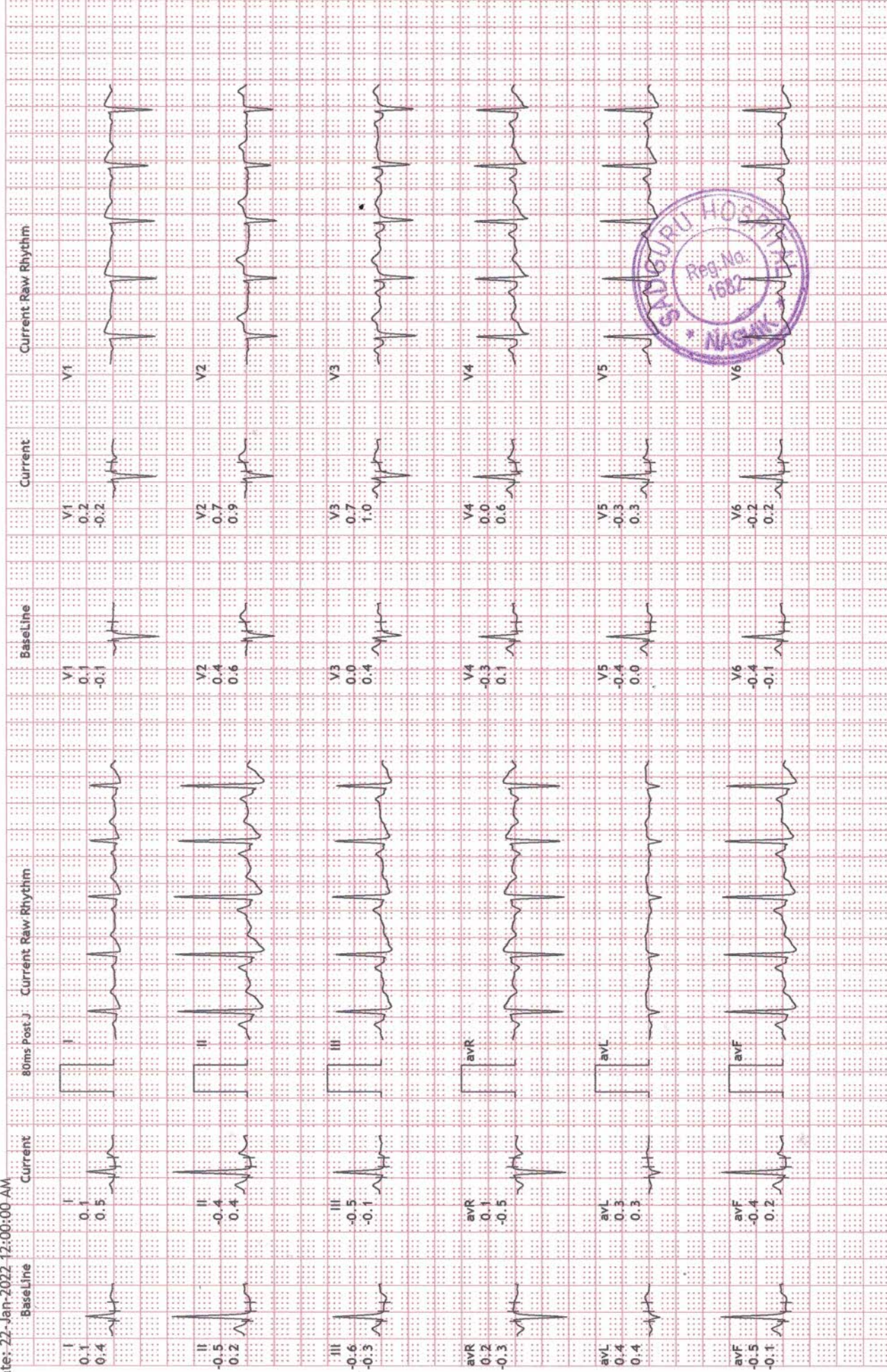
Notch : On

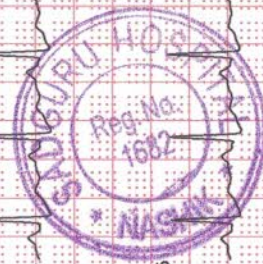
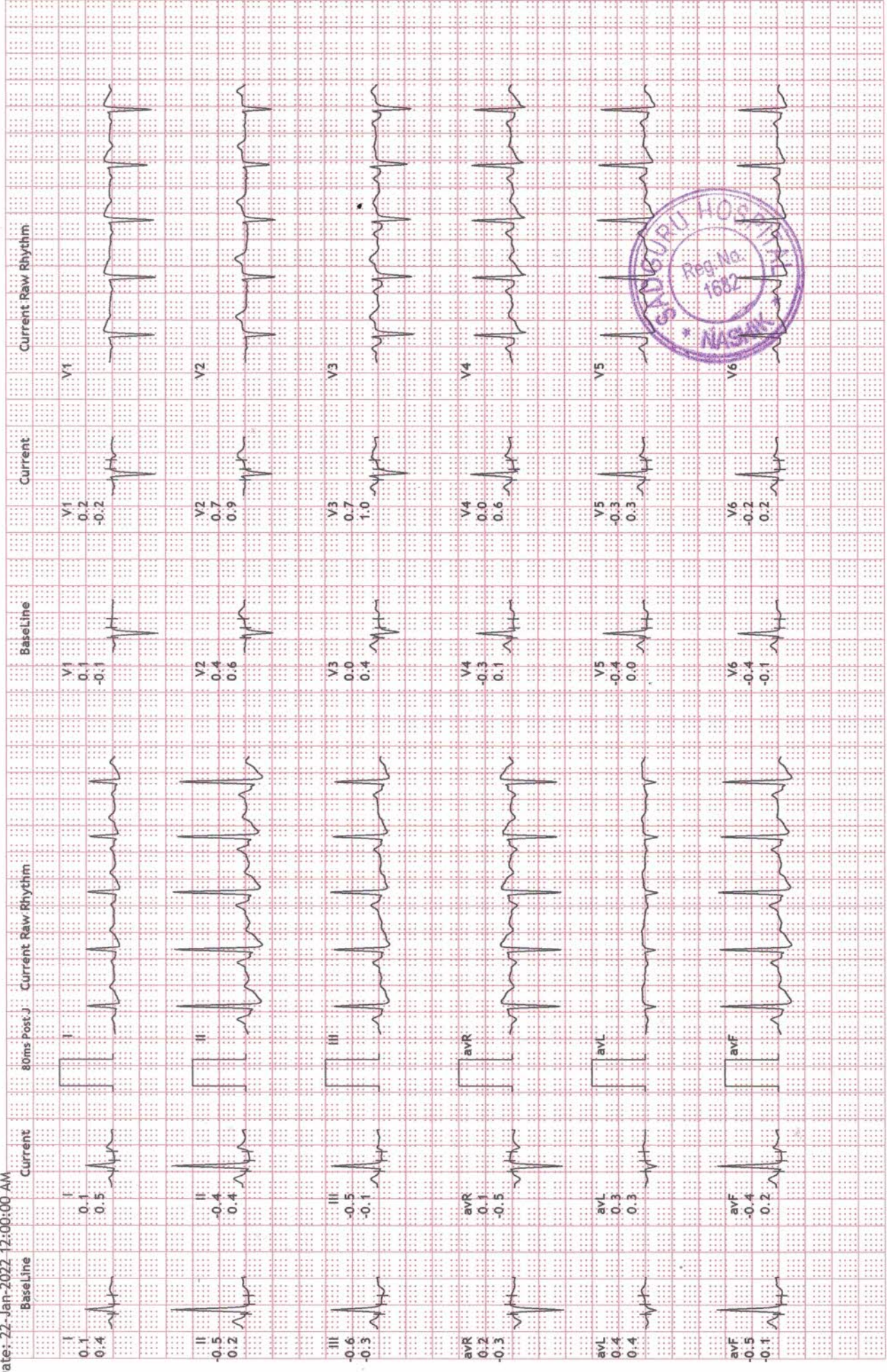
Recovery : (03:06)

10.0 mm/mV

25 mm/Sec.







SADGURU HOSPITAL

NASHIK

45915/MR PRATIBHA TORAWANE

34 Yrs/Male

53 Kg/161 Cms

Date: 22-Jan-2022 12:00:00 AM

HR: 134 bpm
METS: 1.1
BP: 150/102

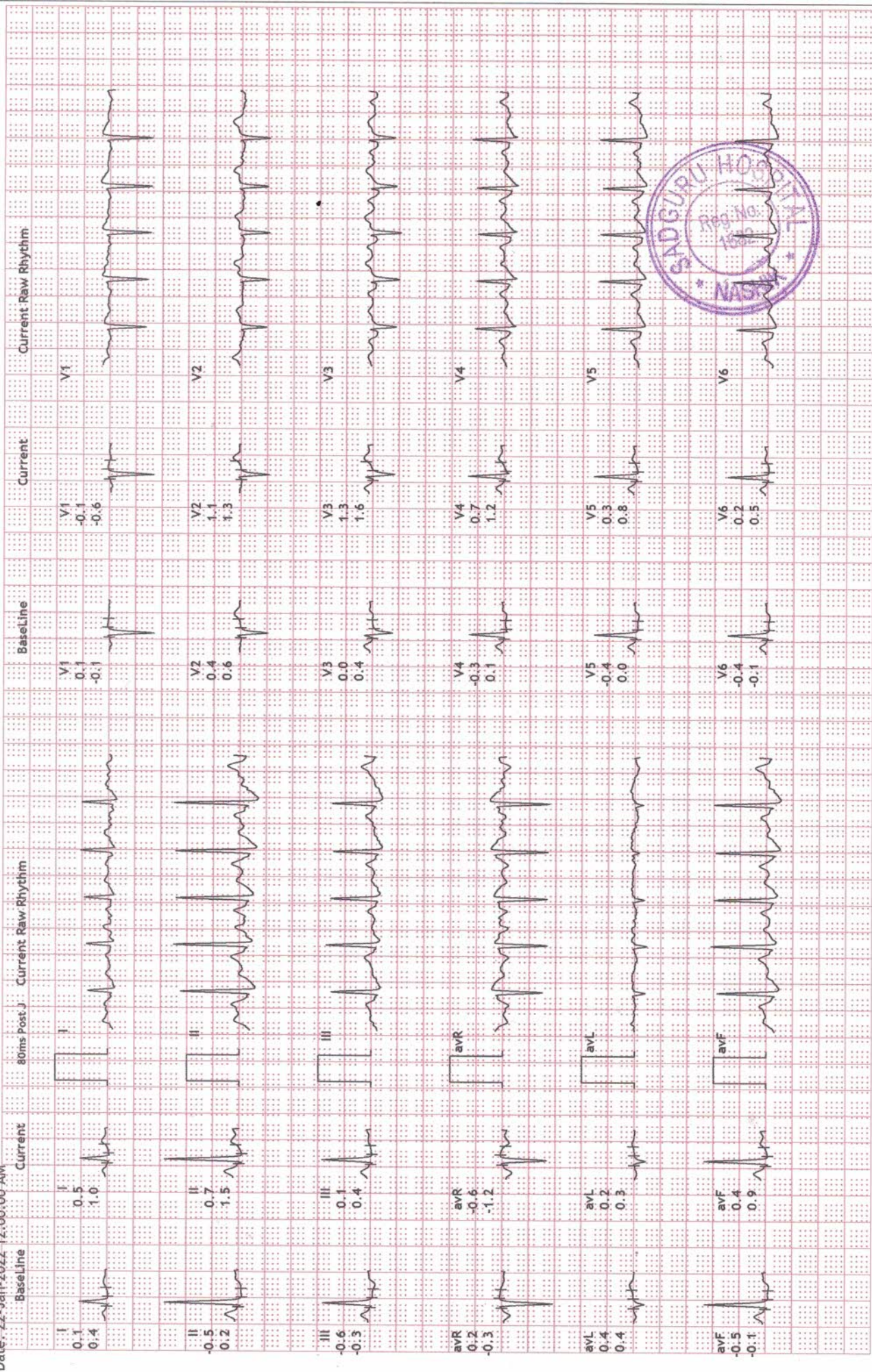
MPHR: 72% of 186
Speed: 1.1 mph
Grade: 0.0%

Raw ECG
BRUIICE1
(1.0-100)Hz

Ex Time 06:15
BLC : On
Notch : On

Recovery : (01:00)
10.0 mm/mV
25 mm/Sec.

12 Lead + Comparison





NASHIK
 45915/MR PRATIBHA TORAWANE
 34 Yrs/Male
 53 Kg/161 Cms

HR: 169 bpm
 METS: 7.4
 BP: 150/102

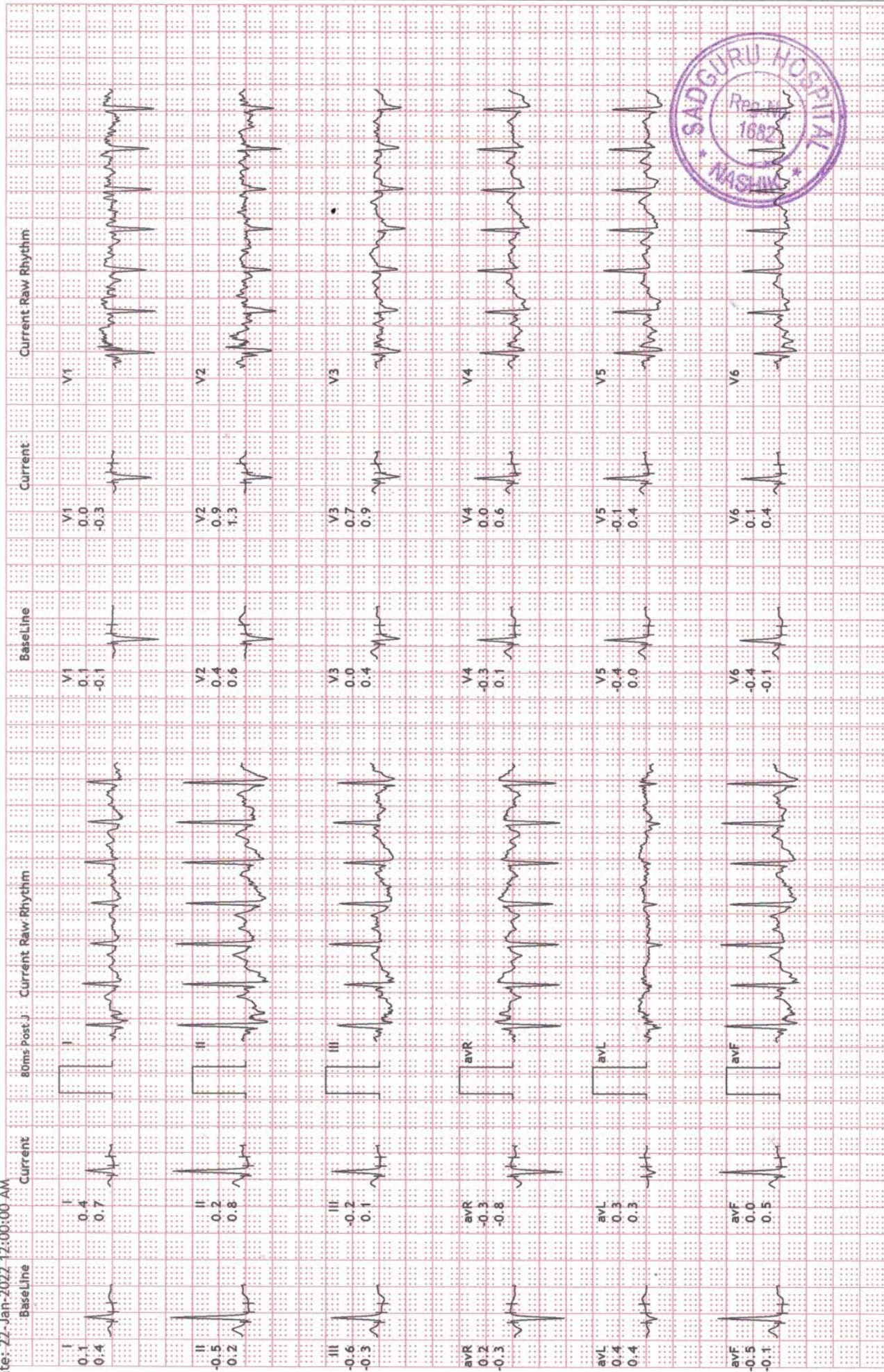
MPHR: 90% of 186
 Speed: 3.5 mph
 Grade: 14.0%

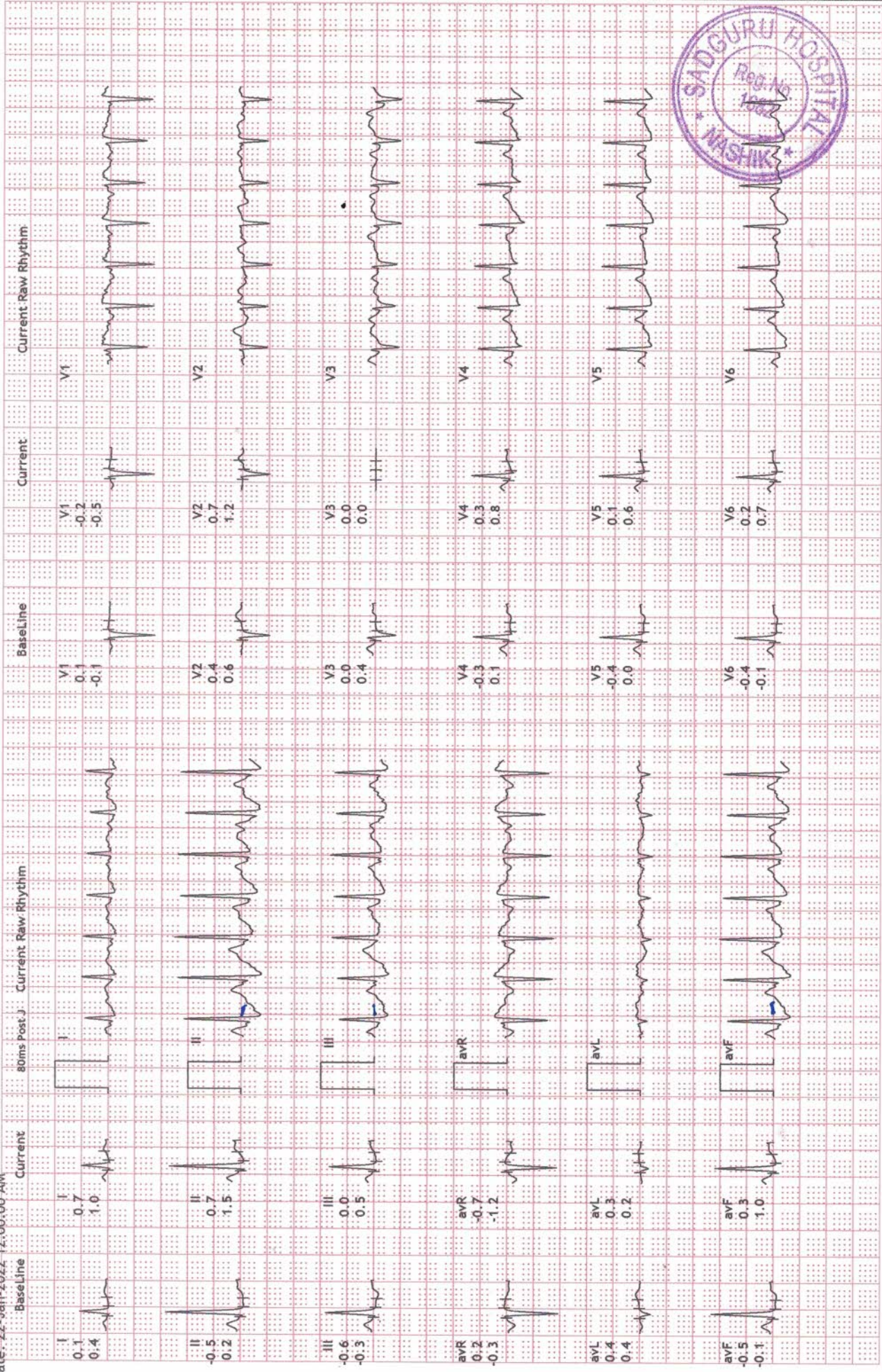
Raw ECG
 BRUICE1
 (1.0-100)HZ

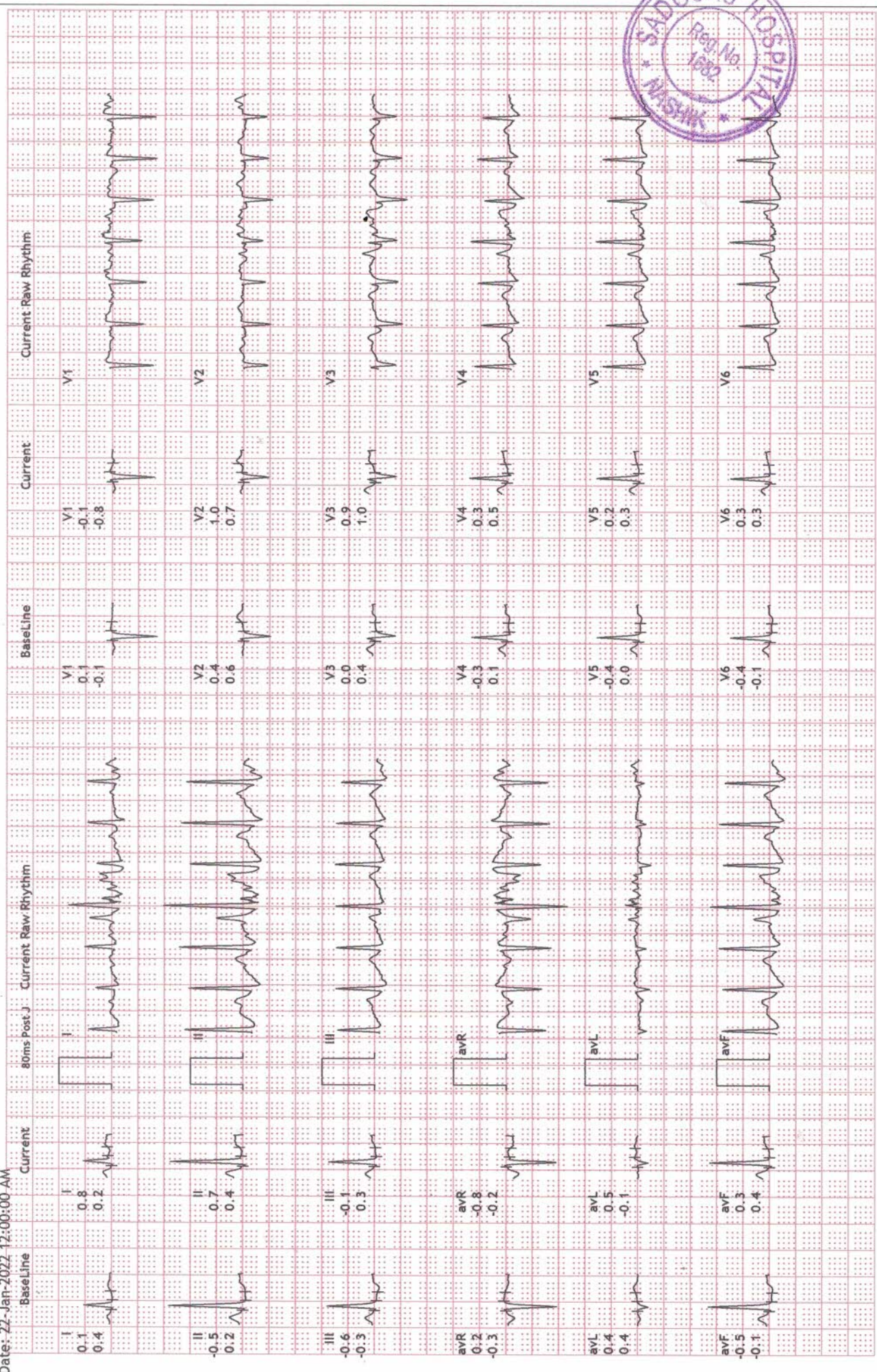
Ex Time 06:15
 BLC : On
 Notch : On

PeakEx
 10.0 mm/mV
 25 mm/Sec.

Date: 22-Jan-2022 12:00:00 AM









NASHIK
 45915/MR PRATIBHA TORAWANE
 34 Yrs/Male
 53 Kg/161 Cms

HR: 92 bpm
 METS: 1.0
 BP: 120/80

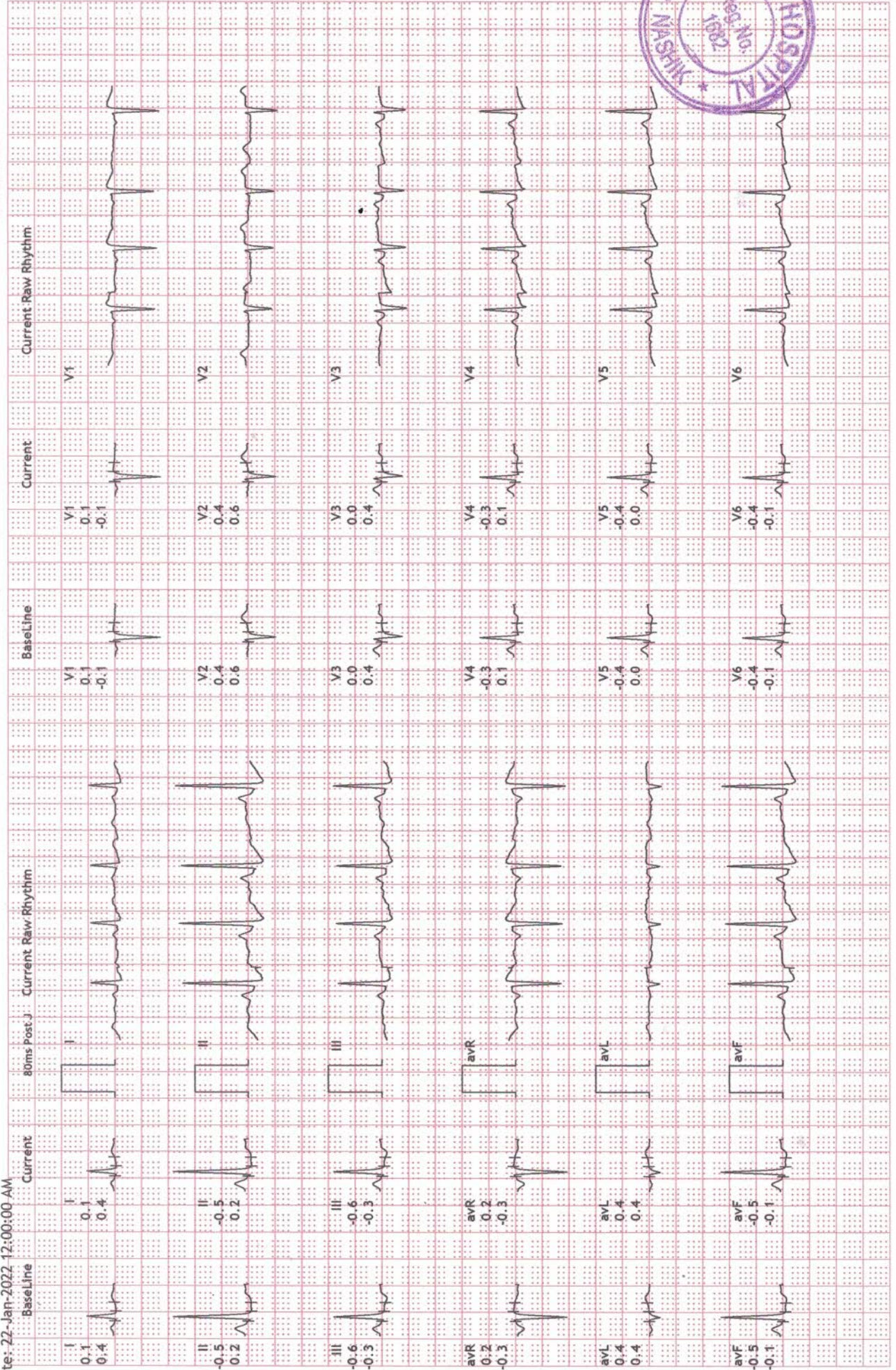
MPHR: 49% of 186
 Speed: 0.0 mph
 Grade: 0.0%

Raw ECG
 BRUICE1
 (1.0-100)Hz

Ex Time 00:00
 BLC : On
 Notch : On

ExStrt
 10.0 mm/mV
 25 mm/Sec.

Date: 22-Jan-2022 12:00:00 AM





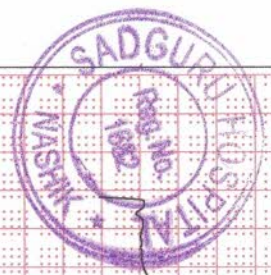
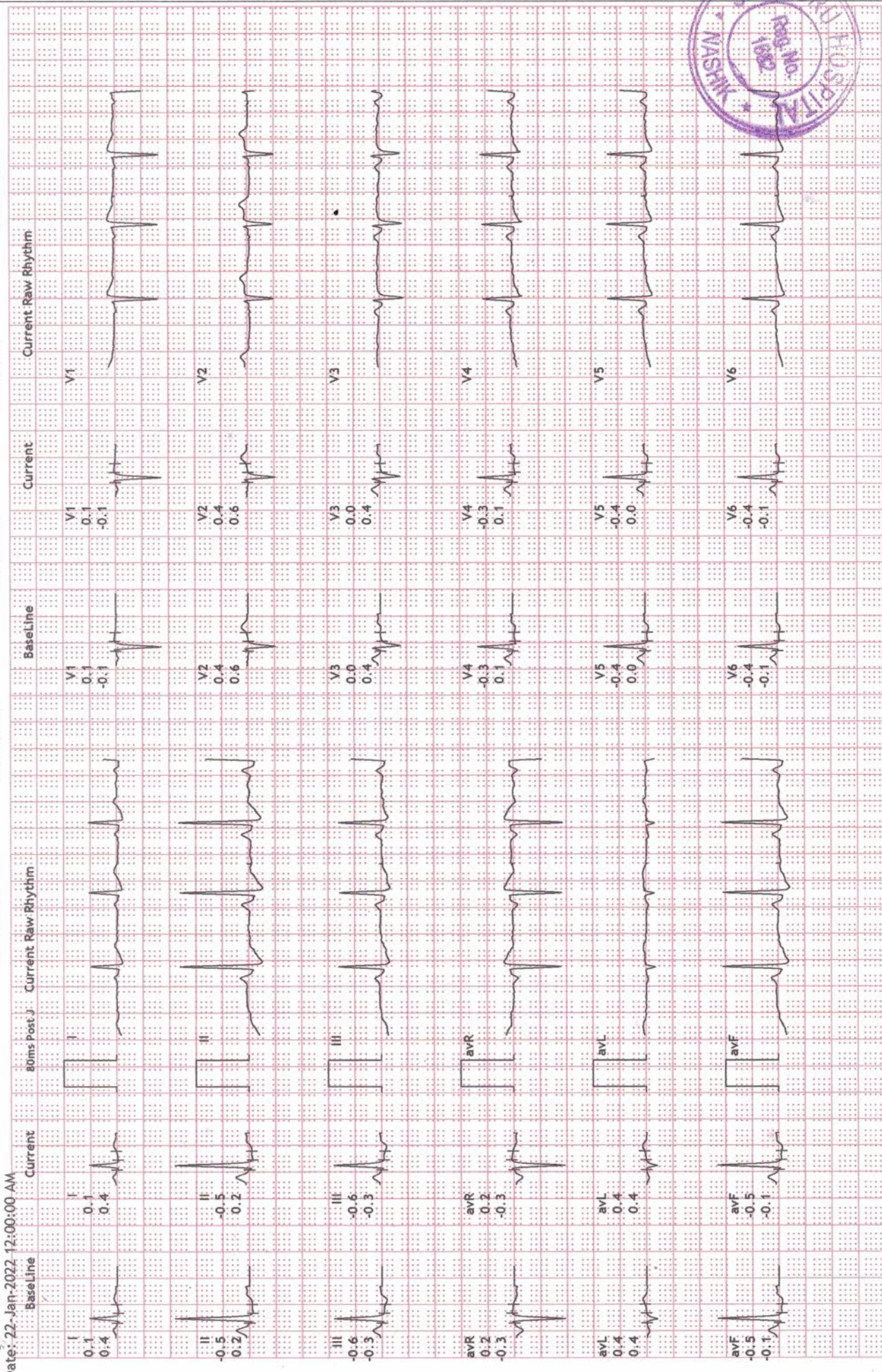
Ex Time 00:35
 BLC :On
 Notch :On

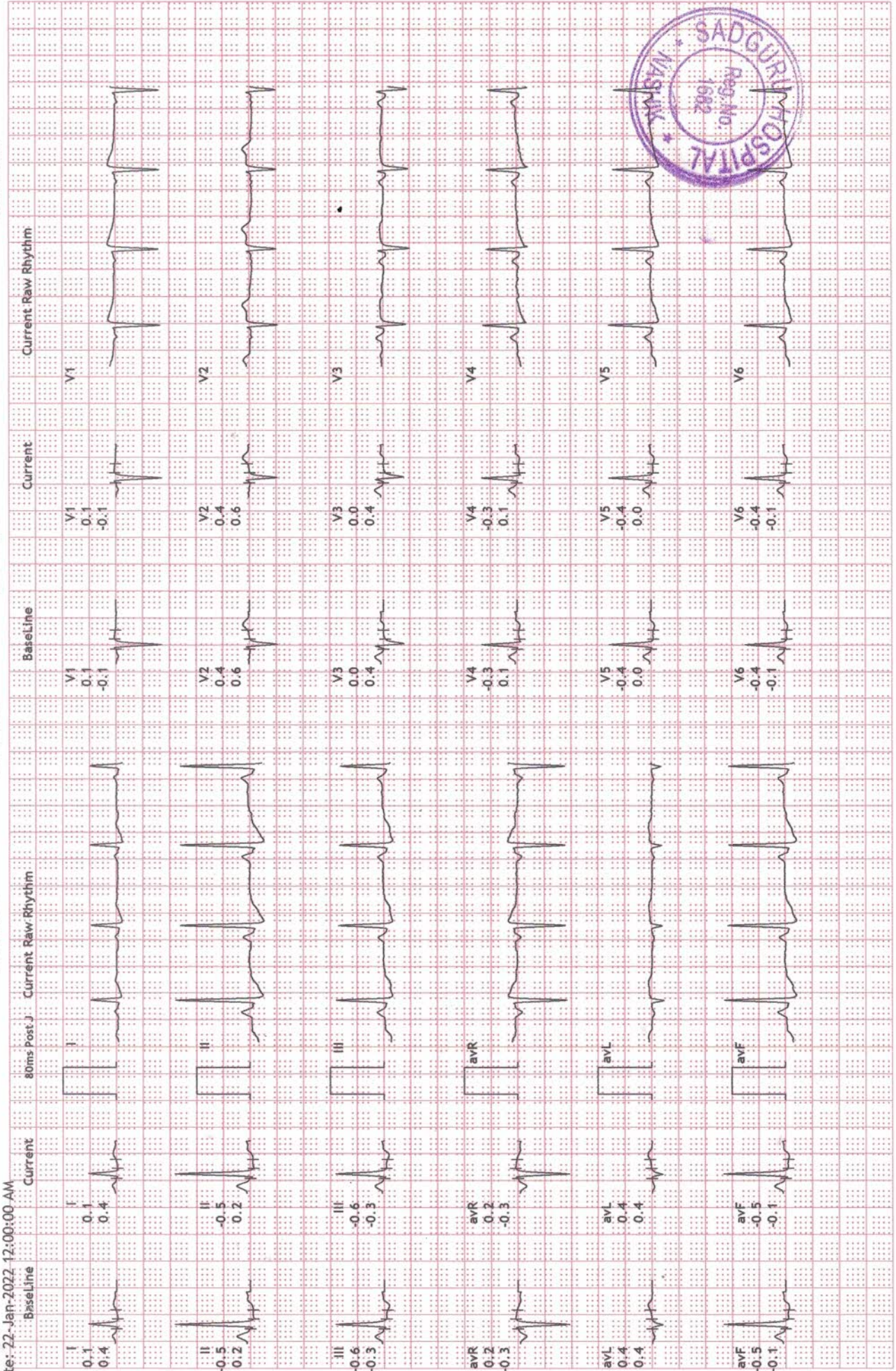
Raw ECG
 BRUICE1
 (1.0-100)HZ

MPHR:50% of 186
 Speed: 0.0 mph
 Grade: 0.0%

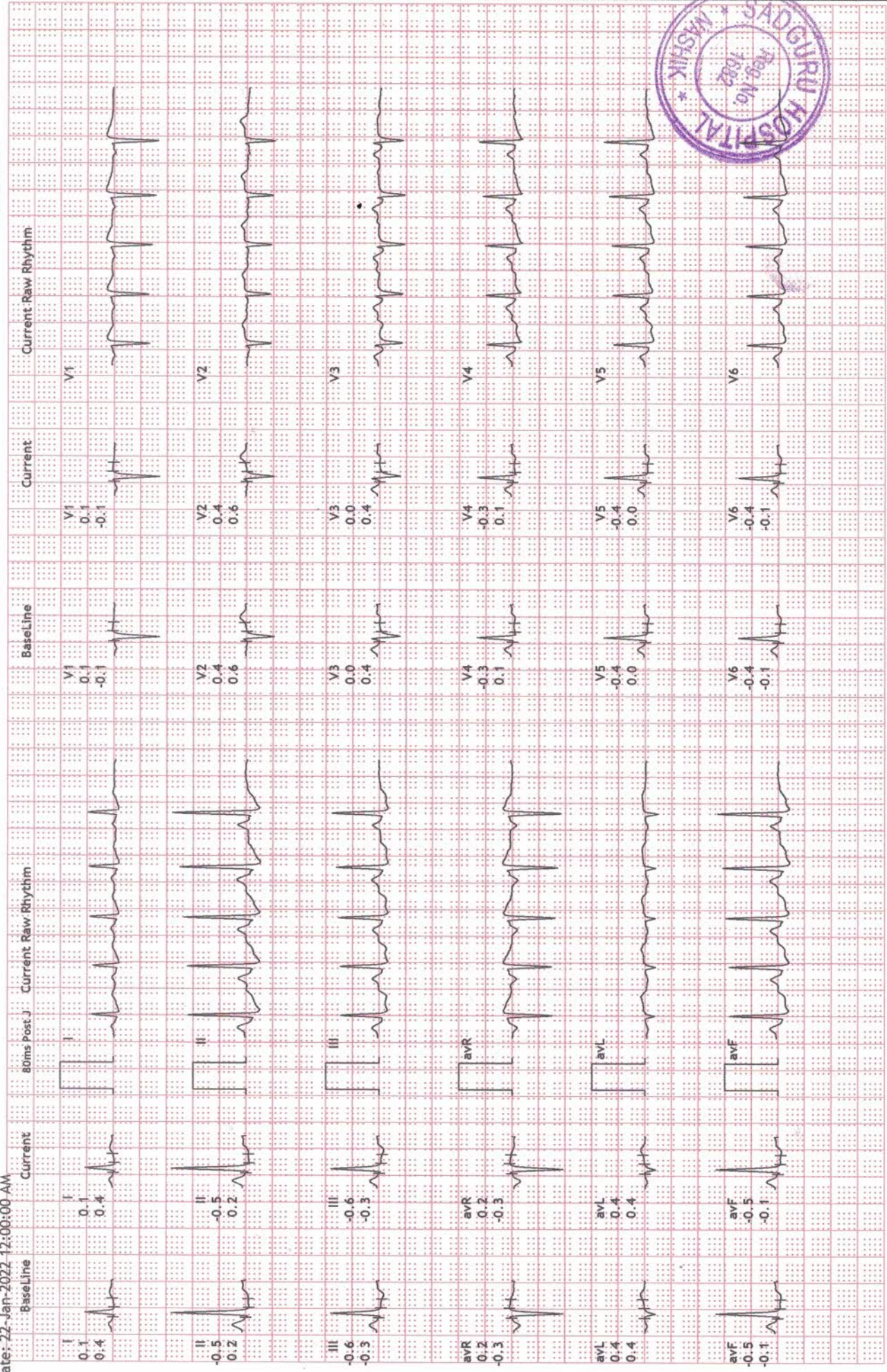
HR: 93 bpm
 METS: 1.0
 BP: 120/80

Date: 22-Jan-2022 12:00:00 AM





12 Lead + Comparison



Patient ID : 022 UHID No. : ME
Patient Name : MRS. PRATIBHA G TORWANE Regn/Sample Date : 22-Jan-2022 01.25 PM
Age / Sex : 34 Years / Female Report Date : 22-Jan-2022 01.30 PM
Referred By : SADGURU HOSPITAL Sample Type : Whole Blood
Barcode



COMPLETE BLOOD COUNT

Investigation	Result	Unit	Bio. Ref. Range
Haemoglobin (HB)	13.5	gm/dl	12-16
RBC	4.69	10 ⁶ /uL	4.2-5.4
PCV	40.8	%	37-47
MCV	87.0	fl	70-100
MCH	28.8	pg	27-31
MCHC	33.1	g/dl	32-36
RDW-CV	13.4	%	11.5-14.5
Platelet count	265000	/cumm	150000-450000
Total Leucocytes Count	5200	/cumm	4000-11000
DIFFERENTIAL LEUCOCYTES COUNT			
Neutrophils	65	%	44-76
Lymphocytes	32	%	20-40
Monocytes	01	%	2-10
Eosinophils	02	%	1-6
Basophils	00	%	0-2

----- END OF REPORT -----




Dr. Pravin Bagul

Dr. Pravin Bagul
(MD Path
Consulting Pathologist)

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SADGURU PATHOLOGY LABORATORY

Patient ID	: 022	UHID No.	: ME
Patient Name	: MRS. PRATIBHA G TORWANE	Regn/Sample Date	: 22-Jan-2022 01.25 PM
Age / Sex	: 34 Years / Female	Report Date	: 22-Jan-2022 01.30 PM
Referred By	: SADGURU HOSPITAL	Sample Type	: Whole Blood
		Barcode	 * 0 2 2 *

HAEMATOLOGY.

Investigation

Result

BLOOD GROUP ABO & RH TYPING

(EDTA Whole Blood)

Blood group (ABO Typing)

O

RhD Factor (Rh typing)

POSITIVE

Method

Manual Slide Hemagglutination

Note

Kindly recheck Blood Group before blood transfusion

ESR (Wintrobe)


24

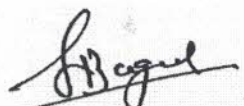
mm/1hr. 0-19

(EDTA Whole Blood)


----- END OF REPORT -----




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(MD Path
Consulting Pathologist)


SADGURU PATHOLOGY LABORATORY

Patient ID	: 022	UHID No.	: ME
Patient Name	: MRS. PRATIBHA G TORWANE	Regn/Sample Date	: 22-Jan-2022 01.25 PM
Age / Sex	: 34 Years / Female	Report Date	: 22-Jan-2022 01.30 PM
Referred By	: SADGURU HOSPITAL	Sample Type	: SERUM
		Barcode	

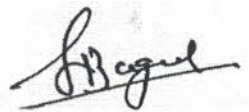
LIVER FUNCTION TEST

Investigation	Result	Unit	Bio. Ref. Range
LIVER FUNCTION TEST			
SGOT (AST) (Serum,IFCC)	28.9	U/L	Upto 40
SGPT (ALT) (Serum,IFCC)	31.4	U/L	Upto 40
Bilirubin-Total (Serum,Diazo)	1.00	mg/dL	0.1-1.2
Bilirubin-Direct (Serum,Diazo)	0.60	mg/dL	0.0-0.5
Bilirubin- Indirect	0.40	mg/dL	0.1-1.0
Alkaline Phosphatase (Serum, ALP-AMP)	155.7	U/L	54-306
Total Protein (Serum, Modified Biuret)	6.90	g/dl	6.0-8.5
Albumin (Serum,Bromocresol green)	4.20	g/dl	3.0-5.4
Globulin	2.70	g/dl	1.8-3.6
A/G Ratio (Calculated)	1.56		1.1-2.2


----- END OF REPORT -----


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(MD Path
Consulting Pathologist)

SADGURU PATHOLOGY LABORATORY

Patient ID	: 022	UHID No.	: ME
Patient Name	: MRS. PRATIBHA G TORWANE	Regn/Sample Date	: 22-Jan-2022 01.25 PM
Age / Sex	: 34 Years / Female	Report Date	: 22-Jan-2022 01.30 PM
Referred By	: SADGURU HOSPITAL	Sample Type	: SERUM
		Barcode	 * 0 2 2 *

BIOCHEMISTRY

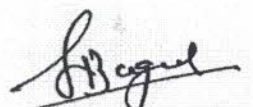
Investigation	Result	Unit	Bio. Ref. Range
Fasting Blood Glucose (Plasma-F,GOD-POD)	93.8	mg/dL	60-110
Parallel Urine Glucose	NIL		
Gamma GT (GGTP) (Serum, Enzymatic)	12.4	U/L	9-36
Sr. Uric Acid (Serum, Uricase Peroxidase)	5.0	mg/dL	2.5-6.0
BLOOD UREA NITROGEN (BUN)			
Sr. Blood Urea (Serum,Urease)	23.1	mg/dL	10-50
BUN-Blood Urea Nitrogen	11	mg/dL	8-23
Remark : In blood, Urea is usually reported as BUN and expressed in mg/dl. BUN mass units can be converted to urea mass units by multiplying by 2.14.			
Sr. Creatinine (Serum,Picrate Alcalin)	0.80	mg/dL	0.5-1.2
Sr. Blood Urea (Serum,Urease)	23.1	mg/dL	10-50
Remark : In blood, Urea is usually reported as BUN and expressed in mg/dl. BUN mass units can be converted to urea mass units by multiplying by 2.14.			

----- END OF REPORT -----



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(MD Path
Consulting Pathologist)

SADGURU PATHOLOGY LABORATORY

Patient ID	: 022	UHID No.	: ME
Patient Name	: MRS. PRATIBHA G TORWANE	Regn/Sample Date	: 22-Jan-2022 01.25 PM
Age / Sex	: 34 Years / Female	Report Date	: 22-Jan-2022 01.30 PM
Referred By	: SADGURU HOSPITAL	Sample Type	: SERUM
		Barcode	 * 0 2 2 *

LIPID PROFILE

Investigation	Result	Unit	Bio. Ref. Range
Nature Of Sample (Serum, Enzymatic)	Fasting		
Serum Cholesterol -Total	154.6	mg/dL	Desirable - Upto 200 Borderline High - 200-239 High - Above 240
Serum Triglycerides	130.2	mg/dL	Normal: Below 150 Borderline High :150-199 High : 200-499 Very High : >= 500
HDL Cholesterol	39.8	mg/dL	Major risk factor for heart disease: < 40 Negative risk factor for heart disease: >=60
LDL Cholesterol	89	mg/dL	Optimal: < 100 Near Optimal/Above Optimal: 100-129 Borderline High: 130-159 High : 160-189 Very High : >= 190
VLDL Cholesterol	26	mg/dL	Upto 40
CHOL/HDL Ratio	3.88	Ratio	0-4.5
LDL / HDL Ratio	2.2	Ratio	1.5-3.5

Note: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

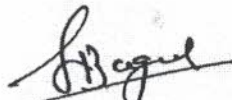
VLDL, CHOL/HDL Ratio, LDL/HDL Ratio, LDL Cholesterol, serum, are calculated parameter

----- END OF REPORT -----


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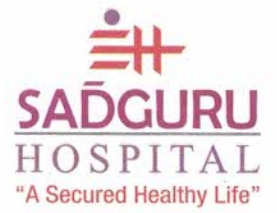
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Dr. Pravin Bagul
(MD Path
Consulting Pathologist)

SADGURU PATHOLOGY LABORATORY



Patient ID	: 022	UHID No.	: ME
Patient Name	: MRS. PRATIBHA G TORWANE	Regn/Sample Date	: 22-Jan-2022 01.25 PM
Age / Sex	: 34 Years / Female	Report Date	: 22-Jan-2022 01.30 PM
Referred By	: SADGURU HOSPITAL	Sample Type	: Whole Blood
		Barcode	

BIOCHEMISTRY.

Investigation	Result	Unit	Bio. Ref. Range
HbA1C	4.9	%	Non-diabetic: ≤ 5.8 Pre-diabetic: 5.9-6.4 Diabetic: $= >6.4$
Mean Blood Glucose level	94	mg/dL	
Method	Nephelometry		

INTERPRETATION :

- 1] HbA1c is used for monitoring diabetic control . It reflects the estimated average glucose (eAG) .
- 2] HbA1c has been endorsed by clinical groups & ADA(American Diabetes Association) guidelines 2012 , for diagnosis of diabetes using a cut- off point of 6.5%. ADA defined biological reference range for HbA1c is 4% - 6%. Patient with HbA1c value between 6.0% to 6.5% are considered at risk for developing diabetes in the future .
- 3] Trends in HbA1c are a better indicator of diabetes control than a solitary test .
- 4] In known diabetic patients, following values can be considered as a tool for monitoring the glycemic control. Excellent Control - 6 to 7 % , Fair to Good Control - 7 to 8 % , Unsatisfactory Control - 8 to 10 % and Poor Control - More than 10 % .

----- END OF REPORT -----



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Consulting Pathologist)

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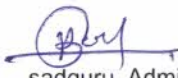
SAĀGURU PATHOLOGY LABORATORY

Patient ID	: 022	UHID No.	: ME
Patient Name	: MRS. PRATIBHA G TORWANE	Regn/Sample Date	: 22-Jan-2022 01.25 PM
Age / Sex	: 34 Years / Female	Report Date	: 22-Jan-2022 01.30 PM
Referred By	: SADGURU HOSPITAL	Sample Type	: URINE
		Barcode	 * 0 2 2 *

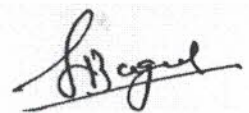
REPORT ON URINE ROUTINE


Investigation	Result
Specimen Name	Urine
PHYSICAL EXAMINATION	
Nature of specimen	Random
Colour	Pale Yellow
Transparency (Appearance)	Clear
Reaction (pH)	Acidic
Quantity	15 ml
Deposits	Absent
Specific Gravity	1.010
CHEMICAL EXAMINATION	
Urine Protein (Albumin)	Absent
Urine Glucose (Sugar)	Absent
Urine Ketones (Acetone)	Absent
Bile pigments	Absent
Bile Salt	Absent
MICROSCOPIC EXAMINATION	
Red blood cells	Not Seen
Pus Cells (WBCs)	4-5/hpf
Epithelial cells	2-3/hpf
Crystals	Not seen
Cast	Not seen
Bacteria	Absent

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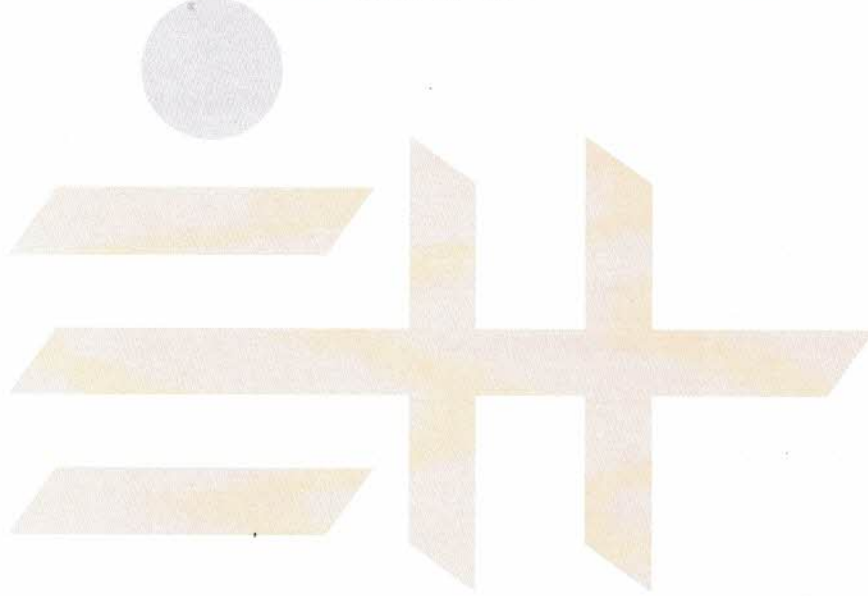

Dr. Pravin Bagul
(MD Path
Consulting Pathologist)

Patient ID	: 022	UHID No.	: ME
Patient Name	: MRS. PRATIBHA G TORWANE	Regn/Sample Date	: 22-Jan-2022 01.25 PM
Age / Sex	: 34 Years / Female	Report Date	: 22-Jan-2022 02.55 PM
Referred By	: SADGURU HOSPITAL	Sample Type	: PLASMA PP
		Barcode	 * 0 2 2 *

BIOCHEMISTRY

Investigation	Result	Unit	Bio. Ref. Range
Postmeal Blood Glucose (Plasma-PM,GOD-POD)	104.3	mg/dL	Upto 140
Parallel Urine Glucose	SNR		

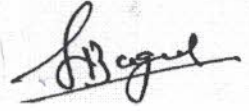
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Dr. Pravin Bagul
(MD Path)
Consulting Pathologist)



Patient Name : MRS. PRATIBHA GIRISH TORAWANE Date : 22 Jan 2022
Referred By : SADGURU HOSPITAL Age : 36 YEARS Sex : F

ULTRASONOGRAPHY ABDOMEN & PELVIS (TAS + TVS)

- * LIVER : Normal in contour and parenchymal texture.
No focal parenchymal lesion seen.
CBD and Intrahepatic biliary channels are normal.
- * G B : Physiologically distended. No gall stones seen.
- * PANCREAS : Normal in size and parenchymal echo pattern with normal peripancreatic planes.
- * SPLEEN : Normal in size, contour with homogenous echo pattern.
- * AORTA & I V C: Normal. No evidence of paraaorta/ paracaval lymphadenopathy
- * KIDNEYS : Normal in size, contour and echotexture.
No calculus or hydronephrosis is seen on both sides.
Renal sinus and cortical echoes are normal.
Peri renal planes are normal.
Cortico-Medullary differentiation is maintained.
RK -9.3 x 3.5 cms LK -10.0 x 3.8 cms.
- * URINARY BLADDER : Well distended. Walls are normal.
- * UTERUS: Normal in size, shape and myometrial echotexture. Small (30 x 27 mm) intramural fibroid seen at fundic region posteriorly.
- * OVARIES: Both ovaries are normal. Mild free fluid seen in POD.

IMPRESSION :

→ Small intramural uterine fibroid seen at fundic region posteriorly.




DR. HARDIK PATEL
DNB Radiodiagnosis



MRS PRATIBHA TORAWANE, : US From 1/22/2022

