

SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MR. SURAJ NIMKAR

SEX: Male AGE: .

REF. BY : BANK OF BORADA

DATE :03/12/2022

BLOOD SUGAR EXAMINATION

TEST	RESULT
Fasting Blood Sugar:	73 mg/dl
Post Meal Blood Suagr Level:	118 mg/dl

REFERANCE RANGE	:	NON DIABETIC	IGT	DIABETIC
FASTING		</=90MG	90-126 mg %	>/=126mg %
POSTMEAL		</=140mg	140-200mg%	>/=200mg

Dr. S R SARDAR
M.D. Reg. No. 66462
Dr. Sampat Sarda
M.D. (Pathology)
SARDA CENTRE FOR DIABETES & SELF CARE
4, Vyanktesh Nagar, Jalna Road, Aurangabad
Phone No. 2333851, 2334858

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NAME: MR. SURAJ NIMKAR

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DATE :03/12/2022

COMPLETE BLOOD COUNT

TEST	RESULT	NORMAL RANGE
WBC COUNT	6800 /cumm	4.0 - 11.0 x 10 ³ /cumm
Haemoglobin:	13.2 g%	13.0 - 18.0 g%
Platelets:	231000 /cumm	1,50,000 - 4,50,000 / cumm
Red Blood Cells:	4.56 /Mill/ul	4.20 - 6.00 Mill/ul
MCV:	88.1 fL	80.0 - 97.0 fL
MCH:	28.9 pg	26.0 - 32.0 pg
MCHC:	32.9 g/dL	31.0 - 36.0 g/dL
HCT:	40.1 %	37.0 - 51.0 %
Differential Count		
Neutrophils:	66 %	40 - 75 %
Lymphocyte:	24 %	20 - 45 %
Monocytes:	04 %	2 - 10 %
Eosinophills:	06 %	1 - 06 %
Basophills:	00 %	0 - 1 %
ESR:	06 mm at 1 Hr.	Male: 0 - 8 mm at 1 Hr. Female: 0 - 20 mm at 1 Hr.

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BLOOD PROFILE

TEST	RESULT	NORMAL
BLOOD UREA N2	07 mg%	5-25mg %
CREATININE	0.8mg%	0.6-1.4 mg %
BILIRUBIN TOTAL	0.64mg%	0.2-1.0 mg
DIRECT	0.14	0.0-0.3
INDIRECT	0.50	0.3-0.7
S.G.O.T	30 IU/L	15-40 IU/L
S.G.P.T	27 IU/L	15-40 IU/L
ALK PHOSPHATASE	106 IU/L	42-128IU
S.PROTEIN TOTAL	7.2gm%	6.0-8.0 gm%
ALBUMIN	3.7gm%	3.2-4.4 gm%
GLOBULINS	3.5gm%	2.3-3.5 gm%
ALB/GLO RATIO	1.0	
G.G.T.P	20	upto50IU

Dr.S R SARDAR

M.D Reg. No.66462

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M.D.(Pathology) 233851, 2334858

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SEX: Male AGE: .

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DATE :03/12/2022

LIPID PROFILE

Serum Cholesterol :	167 mg/dl	130 - 250 mg/dl
HDL Cholesterol:	37 mg/dl	30 - 95 mg/dl
Serum Triglyceride:	157 mg/dl	up to 165 mg/dl
LDL Cholesterol:	98.6 mg/dl	up to 165 mg/dl
VLDL Cholesterol:	31.4 mg/dl	up to 40 mg/dl
LDL. / HDL Cholesterol Ratio:	2.66	Low risk : 0.5 - 3.0 Moderate risk: 3.0 - 6.0 High risk: > 6.0
CHOL./HDL Cholesterol Ratio:	4.51	Low risk : 3.3 - 4.4 Average risk: 4.4 - 7.1 Moderate risk: 7.0 - 11.0 High risk: > 11

Dr. S. A. SARDA

M.D Reg. No. 56462

Dr. Sampat Sarda
M.D. (Pathology)

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Phone No. 2333851, 2334858

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NAME: MR. SURAJ NIMKAR

SEX: Male AGE: .

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DATE :03/12/2022

GYCOCYTED HAEMOGLOBIN

TEST	RESULT	NORMAL
HbA1C:	4.6 %	4.7-5.9 %
M.B.G	75.58% mg	70 - 120 mg

INTERPRETATION:

FOR DIABETIC PATIENT

Good Control: 6.0 - 7.0 %

Fair Diabetic Control: 7.0 - 8.0 %

Unsatisfactory control: 8.0 - 10 %

Poor Diabetic Control: Above 10 %

Dr.S R SARDAR

M.D Reg. No. 26462

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4, Vyankatesh Nagar, Jalna Road, Aurangabad

M.D. (Pathology) Ph: 2333851, 2334858

NAME: MR. SURAJ NIMKAR

SEX: Male AGE: .

REF. BY : BANK OF BORADA

DATE :03/12/2022

Urine Routine Examination

Physical Examination

Colour:	Pale Yellow
Appearance:	Clear
Reaction:	Acidic
Deposit	Absent

Chemical Examination:

Specific Gravity	1.010
Albumin	Absent
Sugar:	Absent
Acetone:	----
Bile Salts	----
Bile Pigment:	----

Microscopic Examination

RBC :	Absent
Pus Cells:	OCASSIONAL/HPF
Epihtelial cells:	Absent
Crystals:	Absent
Casts:	Absent

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CENTRE FOR DIABETES & SELF CARE

NAME: MR. SURAJ NIMKAR

SEX: Male AGE: .

REF. BY : BANK OF BORADA

DATE :03/12/2022

AGE: YRS

THYROID FUCTION TEST

TEST	RESULT	NORMAL RANGE
Total T 3 :	136.92 ng/ml	60-181 ng/ml
Total T 4 :	6.35 ug/dl	4.87 - 11.72 ug/dl
TSH Ultrasensitive :	1.54 uIU/ml	0.35 -5.5uIU/ml

Dr S R. SARDA

M.D. Reg. No. 86462

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4, Vyanktesh Nagar, Jalna Road, Aurangabad
Phone No. 2333851, 2334858

Dr. Sampat Sarda
M.D. (Pathology)

Date:- 03/12/22

Name Mr Suraj Nimkar Age/Sex 30/Male

Address Bank of Baroda, A B

OPHTHALMIC EXAMINATION REPORT

	<u>Right Eye</u>	<u>Left eye</u>
Vision Distant	$\frac{6}{6} \bar{C} -2.25$ $\frac{-1.25}{76}$	$\frac{6}{6} \bar{C} -2.5$ $\frac{-1.25}{80}$
Vision Near	N6	N6
Anterior segment	<u>NAD</u>	<u>NAD</u>
Pupils	NSRTL	<u>NSRTL</u>
Lens	clear	clear
Tension	<u>Normal</u>	<u>Normal</u>
Fundus:-	Disc myopic C/D 0.3 FRT	Disc myopic C/D 0.3 FRT
Colour Vision	Colour Blind	Colour Blind

Impression: (BE) Colour Blindness H
Rest within Normal limits.

Ajaya

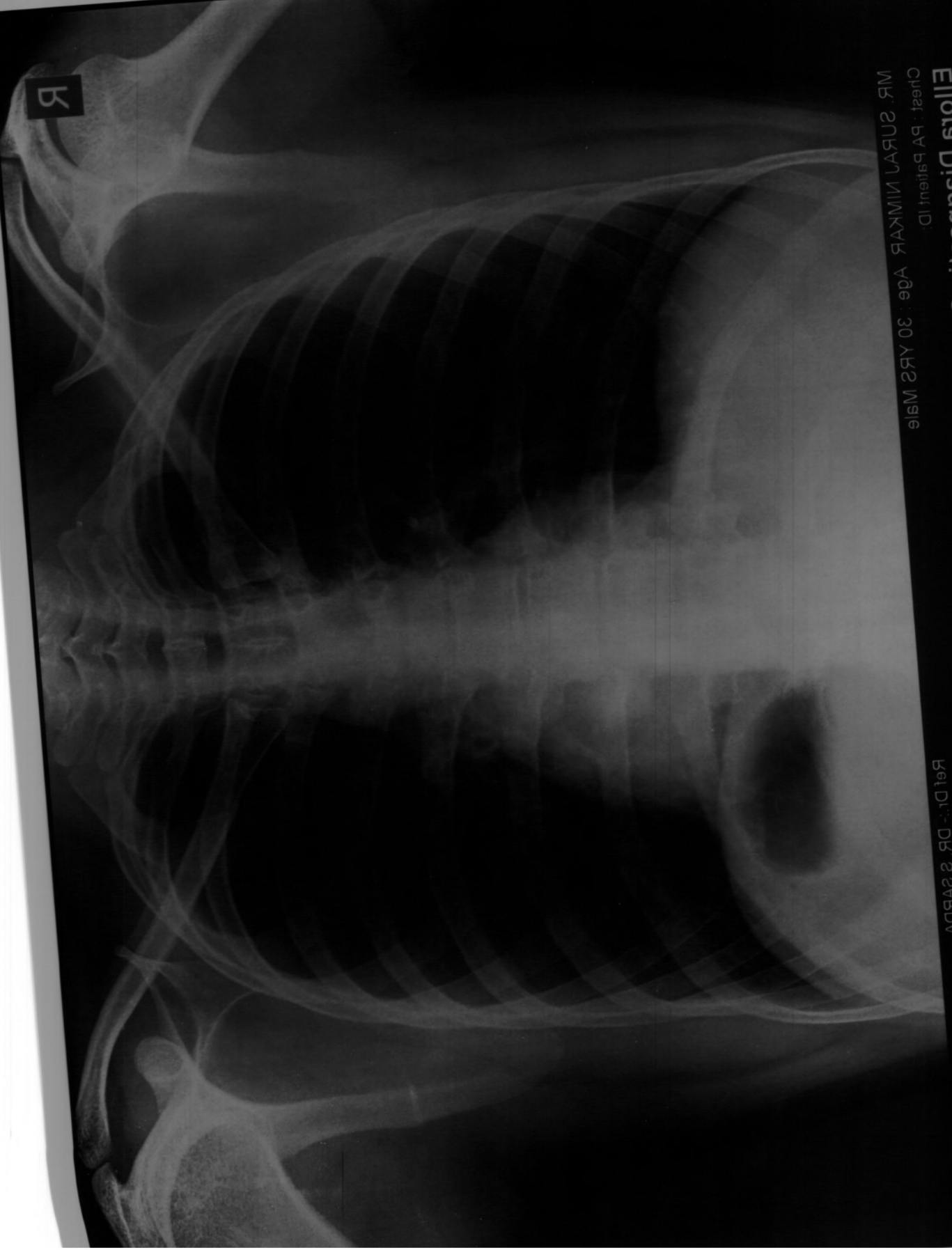
DR. AJAY OHIYA
M.B.B.S., D.O., (BOM) D.N.B.F.C.P.S.
REG. NO. 88496
TIRUPATI NETRALAYA & DENTAL CLINIC

Ellora Diagnostic Centre, Aurangabad (0540) 5323185

Chest : PA Patient ID :

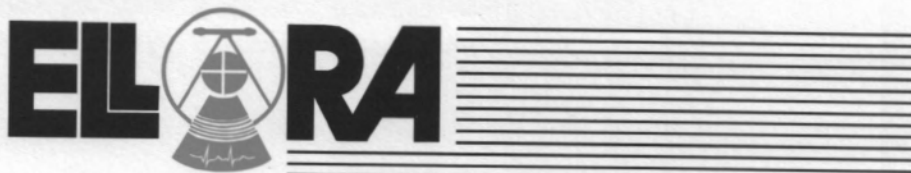
MR. SURAJ NIMKAR Age : 30 YRS Male

Date : 03-15-2025 AM 11:02:04
Ref Dr : DR. S. SARDA



R

DIGITAL X-RAY
INTERVENTIONAL RADIOLOGY
3D/4D SONOGRAPHY & COLOR DOPPLER
2-D ECHOCARDIOGRAPHY
PERIPHERAL COLOR DOPPLER
HI-SPEED HELICAL C.T. SCAN
C.T. ANGIOGRAPHY
PATHOLOGY LAB. SERVICES
☎: 0240-2325282, 8446100111



DIAGNOSTIC CENTRE
X-RAY & IMAGING CLINIC

1, VYANKATESH NAGAR, OPP. SFS
HIGH SCHOOL, JALNA ROAD,
AURANGABAD - 431005
☎ : 0240-2325282

MR SURAJ NIMKAR
M/30

CHEST

Trachea central.
Apices are clear.
Both lung appeared well pneumatised and appeared normal.
Both cp angles are clear.
Cardiac silhoutte normal.

IMPRESSION
NORMAL CHEST

Dr. P. A. Barjatya
Radiologist
Regd.No.58902
Sarda Center For Diabetes & Selfcare
4, Venkatesh Nagar Rd, Aurangabad.

DR. P. A. BARJATYA
M.B.B.S., M.D.
9823344449

DR. G. S. LAHOTI
M.B.B.S., D.M.R.D.
9850171587

DIGITAL X-RAY
INTERVENTIONAL RADIOLOGY
3D/4D SONOGRAPHY & COLOR DOPPLER
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DIAGNOSTIC CENTRE
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1, VYANKATESH NAGAR, OPP. SFS
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AURANGABAD - 431005
☎ : 0240-2353182, 2325282, 8446100111

03-12-2022

Mr. SURAJ NIMKAR
30 YRS

USG ABDOMEN

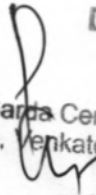
Liver is normal in size, shape and echotexture.
Intrahepatic biliary radicles and portovenous echocomplex appeared normal.
No e/o any solid, cystic, diffuse parenchymal pathology seen.
Normal cbd and portal vein.

Gallbladder is well distended and appeared normal, no e/o any gallbladder calculus. Normal gb wall thickness.
Pancreas is normal in size, shape and echotexture.
Normal peripancreatic fat planes.
Spleen is normal in size, shape and echotexture.
Both kidneys are normal in size, shape and echotexture. No e/o any calculus seen, No e/o hydronephrosis.

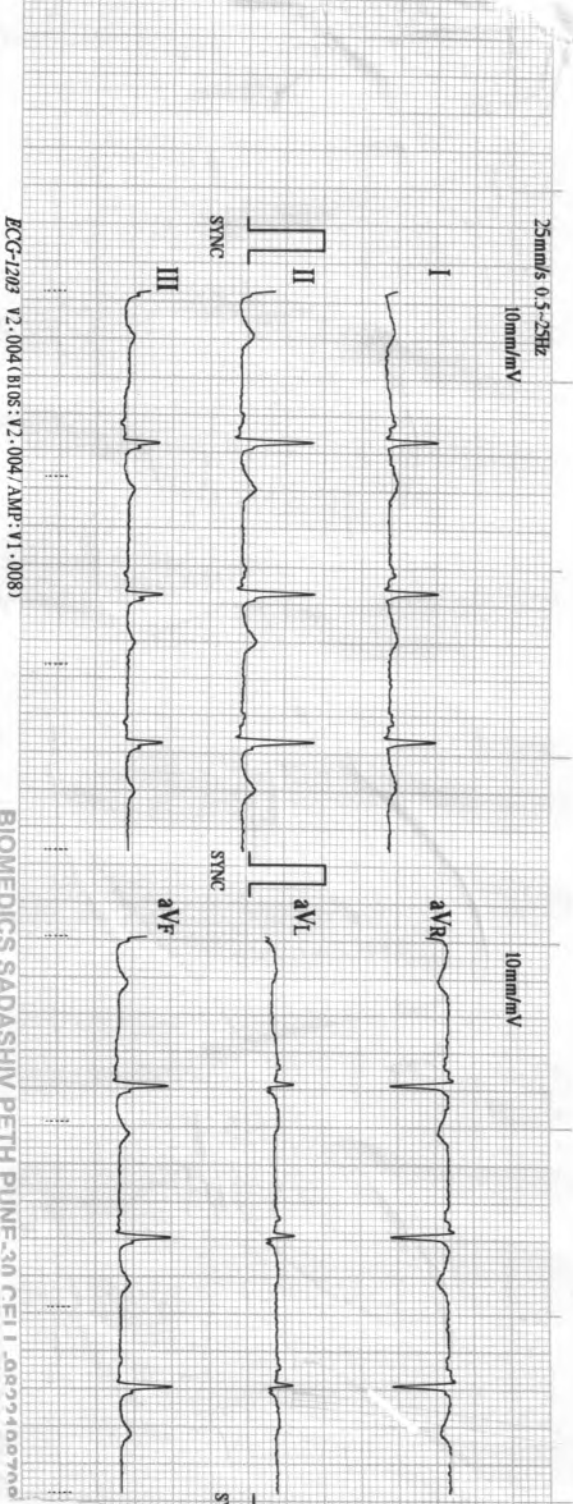
Urinary bladder is well distended and appeared normal, no e/o any intravesical pathology.
Distended bladder volume amounts
No e/o ascitis / paraaortic adenopathy.
Prostate measures 28 x 26 x 24 mms with approximate weight of 8.7cc.

IMPRESSION

**NORMAL LIVER, SPLEEN, PANCREAS, GALLBLADDER, BOTH KIDNEYS,
URINARY BLADDER -**

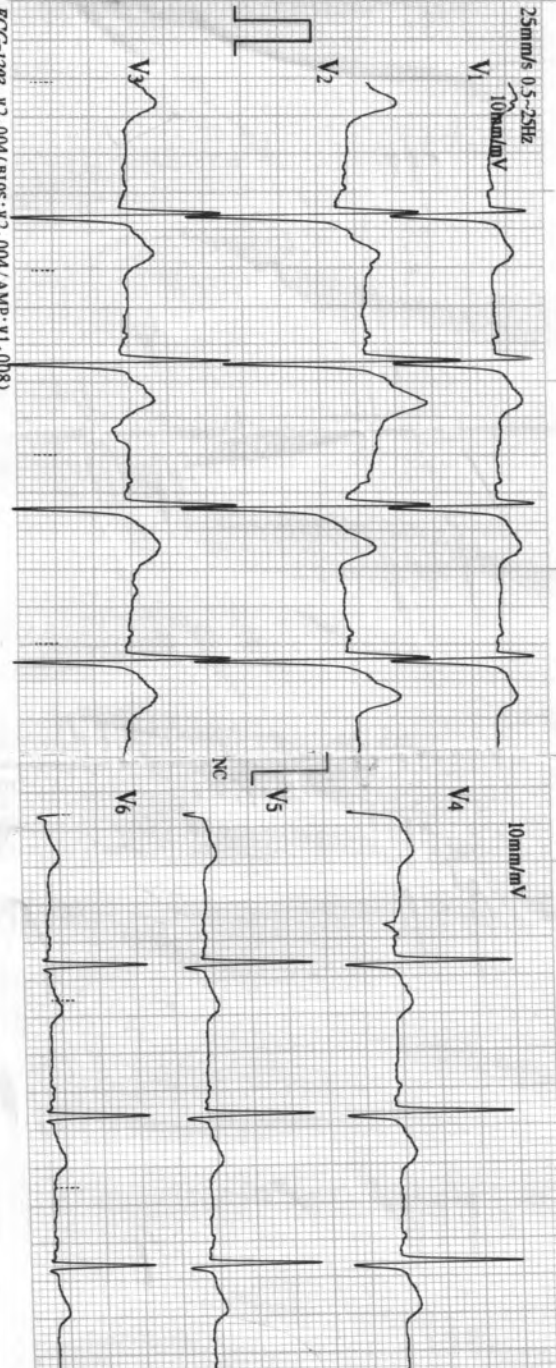

Dr. P. A. Barjatya
Radiologist
Regd.No.58902
Sarda Center For Diabetes & Selfcare
4, Venkatesh Nagar Rd, Aurangabad.
DR. P. A. BARJATYA
M.B.B.S., M.D.
9823344449

DR. G. S. LAHOTI
M.B.B.S., D.M.R.D.
9850171587



ECG-1203 V2.004(BIOS:V2.004/AMP:V1.008)

BIOMEDICS SADASHIV PETH PUNE-30 CFI 1 .0829400700



ECG-1203 V2.004(BIOS:V2.004/AMP:V1.008)

12/03/2022 11:28
 ID : 0032
 Name :
 Sex :
 Age :
 HR : 81 bpm
 P-R : 740 ms
 P-R : 234 ms
 QRS : 136 ms
 QT/QTc : 470/545 ms
 P/QRS/T : -59/65/-153°
 RV5/SV1 : 1.440/1.050 mV
 RV5+SV1 : 2.490 mV

Machine Interpretation Only

Confirm with Physician

Physician:

BIOMEDICS SADASHIV PETH PUNE-30 C

SARDA
CENTRE FOR DIABETES & SELF CARE

4, Vyankatesh Nagar, Jaina Road, Aurangabad, Ph. : (0240) 2333851, 2334858.

Name: Mr. Sway Nimbkar Age: 30w
RDS

CLINICAL SUMMARY:

Weight: _____ Height (Cms): _____ Blood Pressure: _____

ECG FINDINGS:

Rate: 87/min QRS. Complex: ~

Rhythm: ~ ST Segment: ~

Mechanism: ~ T. Wave: ~

Axis: ~ QT Interval: ~

P. Wave: ~ PR Interval: ~

Recommendation: ~

Date: 2/12/10
Dr. A. S. SARDA
M.D. Reg. No. 73270
SARDA CENTER FOR DIABETES & SELF CARE
4, Vyankatesh Nagar, Jaina Road, Aurangabad
Phone No. 2333851, 2334858

Name : Mr.Suraj Nimkar

Date: 03/11/2022

Age/Sex: 30Yrs/Male

Ref By DR. Sarda sir

Stress Test Report

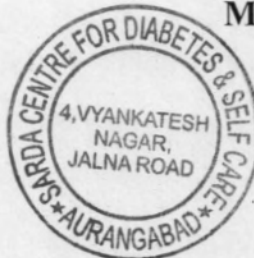
- 1) Protocol-Bruce
- 2) Exercise Time-9.00min
- 3) Baseline Heart Rate and Blood Pressure-114bpm.BP-115/84mm of Hg.
- 4) Mets-10.10
- 5) ST-T Segment Changes-No Significant ST-T changes
- 6) Angina-None
- 7) Arrhythmias-None
- 8) Other Symptoms-None
- 9) Maximal Heart Rate and Blood Pressure-164bpm.BP-155/84mm of Hg.
- 10) Predicted Maximal Heart Rate Achieve -86%
- 11) Reason for Termination- Target Heart Rate Achieved.

CONCLUSION :- Stress Test Negative for exercise induced ischemia.



**DR.DEORAO THENGE
M.D.D.N.B.(CARDIOLOGY)**

**Dr. Devrao Thenge
MD, DNB (Cardiology)
Reg. No. 2001/02/491**



ASIAN HOSPITAL
MOTIWALA SQUARE
AURANGABAD

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Nimkar, Suraj
Patient ID: 20252
Height: 163 cm
Weight: 67 kg

DOB: 16.11.1992
Age: 30yrs
Gender: Male
Race: Asian

Study Date: 03.12.2022
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR. DEORAO THENGE
Technician: --

Medications:
--

Medical History:
--

Reason for Exercise Test:
--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:26	0.00	0.00	111	115/84	
	STANDING	00:07	0.50	0.00	112		
EXERCISE	STAGE 1	03:00	1.70	10.00	129	125/84	
	STAGE 2	03:00	2.50	12.00	148	135/84	
	STAGE 3	03:00	3.40	14.00	164	145/84	
	STAGE 4	00:01	3.40	14.00	164		
RECOVERY		04:00	0.00	0.00	113	155/84	

The patient exercised according to the BRUCE for 9:00 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 114 bpm rose to a maximal heart rate of 164 bpm. This value represents 86 % of the maximal, age-predicted heart rate. The resting blood pressure of 115/84 mmHg, rose to a maximum blood pressure of 155/84 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions

Exercise of bruce protocol for 9.00 min.
Target heart rate achieved.
No angina/arrhythmias.No Significant S-T Changes.
Test is negative for induced ischemia.



Dr. Devrao Thenge
MD, DNB (Cardiology)
Reg. No. 2001/02/491

Physician

Technician

Nimkar, Suraj
 Patient ID 20252
 03.12.2022
 12:07:53pm

Male 163 cm 67 kg
 30yrs Asian
 Meds:

Tabular Summary

BRUCE: Total Exercise Time 09:00
 Max HR: 164 bpm 86% of max predicted 190 bpm HR at rest: 114
 Max BP: 155/84 mmHg BP at rest: 115/84 Max RPP: 23490 mmHg*bpm
 Maximum Workload: 10.10 METS
 Max. ST: -0.70 mm, 0.00 mV/s in III; EXERCISE STAGE 3 08:00

Test Reason:
 Medical History:
 Ref. MD: Ordering MD:
 Technician: Test Type:
 Comment:

Arrhythmia: A:148
 ST/HR index: 1.05 μ V/bpm
 Reasons for Termination: Target heart rate achieved
 Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall impression: Normal stress test.
 Conclusion: Exercise of bruce protocol for 9.00 min.
 Target heart rate achieved.
 No angina/arrhythmias. No Significant S-T Changes.
 Test is negative for induced ischemia.

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (/min)	ST Level (III mm)	Comment
PRETEST	SUPINE	00:26	0.00	0.00	1.0	111	115/84	12765	0	0.15	
	STANDING	00:07	0.50	0.00	1.0	112			0	0.15	
EXERCISE	STAGE 1	03:00	1.70	10.00	4.6	129	125/84	16125	0	-0.30	
	STAGE 2	03:00	2.50	12.00	7.0	148	135/84	19980	0	-0.35	
	STAGE 3	03:00	3.40	14.00	10.1	164	145/84	23780	0	-0.60	
	STAGE 4	00:01	3.40	14.00	10.1	164			0	-0.55	
RECOVERY		04:00	0.00	0.00	1.0	113	155/84	17515	0	-0.10	

Linked Medians

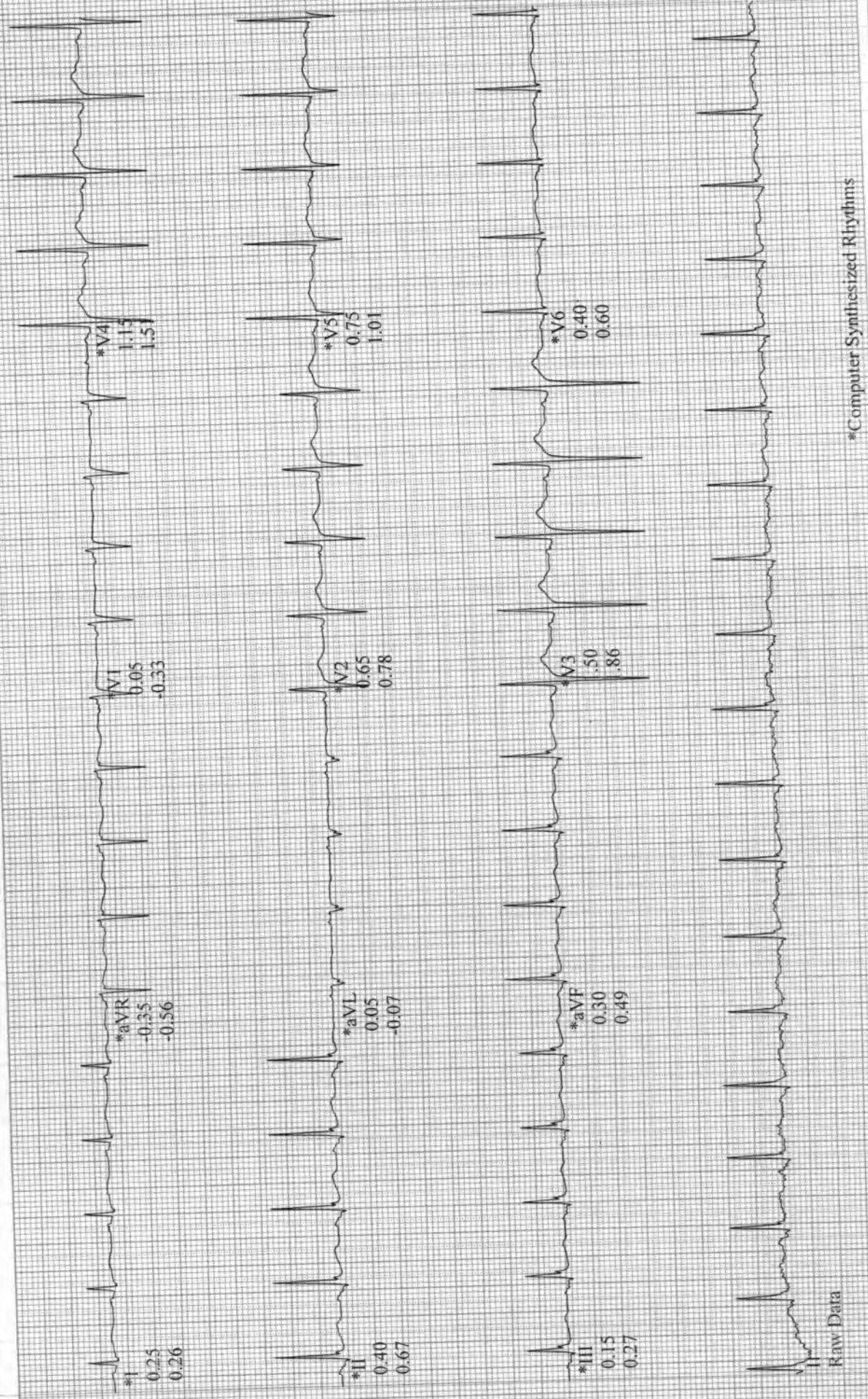
BRUCE
0.0 mph
0.0 %

PRETEST
SUPINE
00:24

112 bpm
115/84 mmHg

Nimkar, Suraj
Patient ID 20252
03.12.2022
12:08:19pm

Lead
ST Level (mm)
ST Slope (mV/s)



*Computer Synthesized Rhythms

Raw Data

CARDIO BEATS

Linked Medians

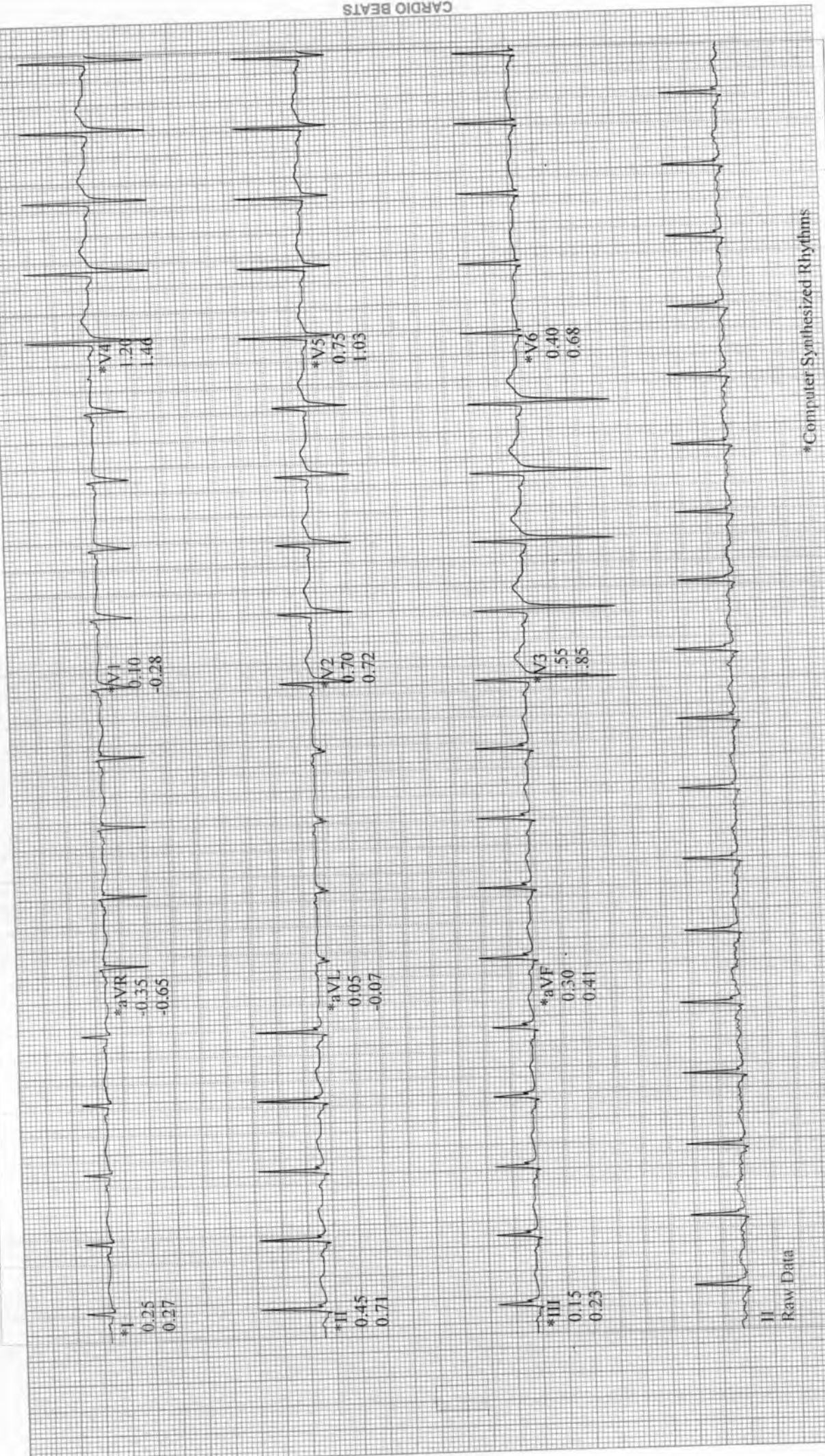
BRUCE
0.0 mph
0.0 %

PRETEST
STANDING
00:26

111 bpm
115/84 mmHg

Nimkar, Suraj
Patient ID 20252
03.12.2022
12:08:20pm

Lead
ST Level (mm)
ST Slope (mV/s)



*Computer Synthesized Rhythms

Raw Data

Nimkar, Suraj
Patient ID 20252
03.12.2022
12:11:20pm

12-Lead Report

BRUCE
1.7 mph
10.0 %

EXERCISE
STAGE 1
02:50

129 bpm
125/84 mmHg

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead ST(mm) Lead ST(mm)

I 0.20 V1 0.15

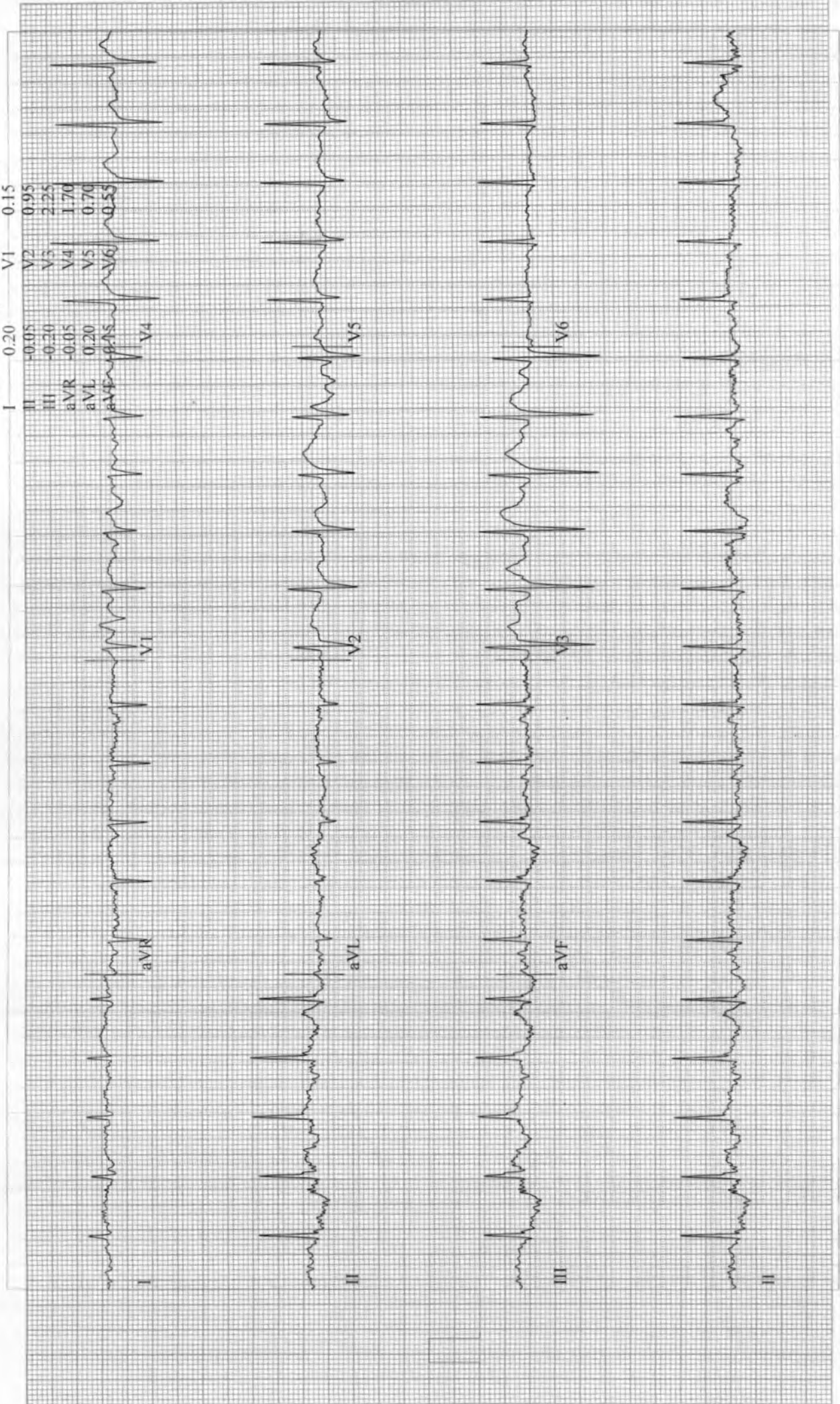
II -0.05 V2 0.95

III -0.20 V3 2.25

aVR -0.05 V4 1.70

aVL 0.20 V5 0.70

aVF 0.95 V6 0.55



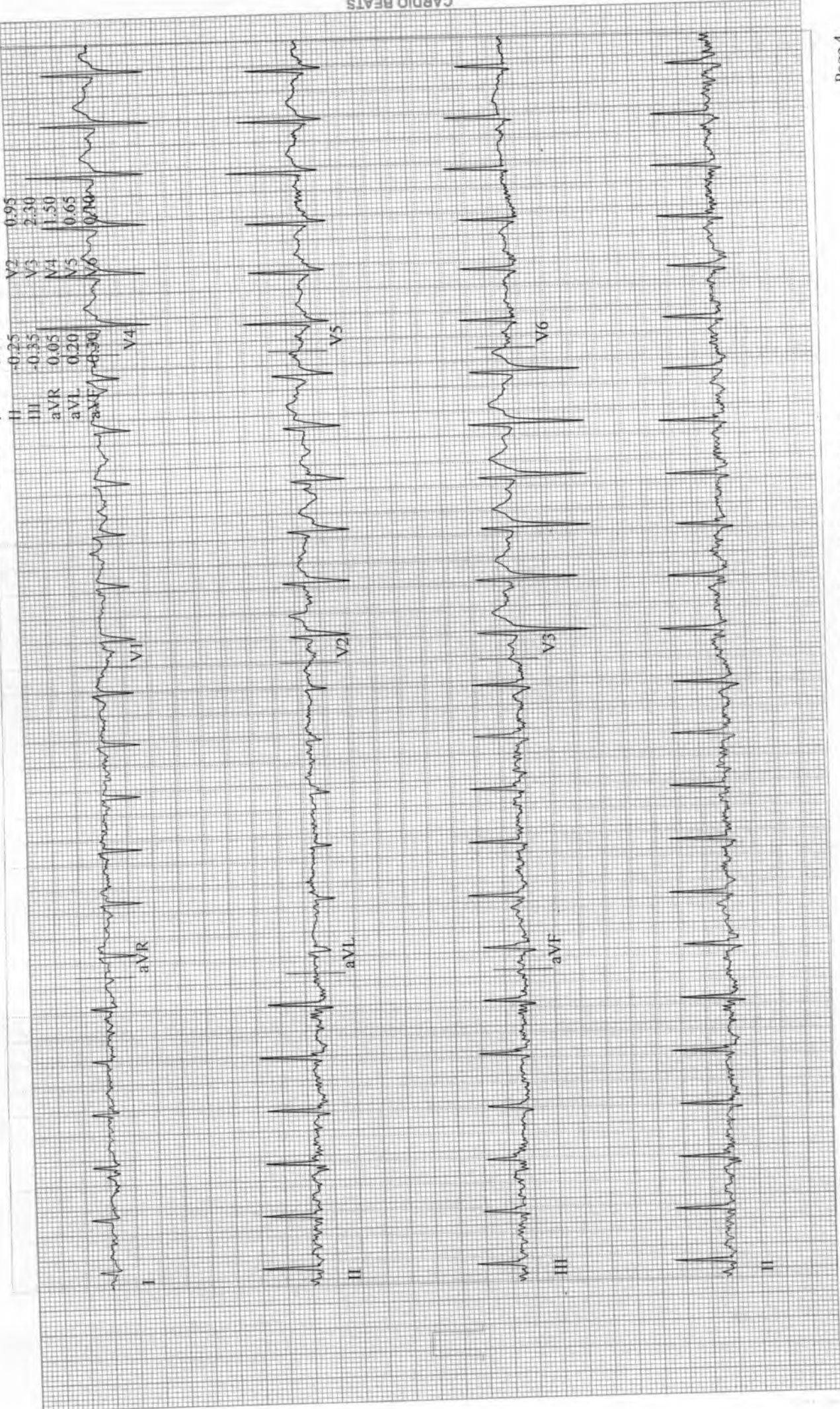
12-Lead Report

Nimkar, Suraj
Patient ID 20252
03.12.2022
12:14:20pm

BRUCE
2.5 mph
12.0 %

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	0.10	V1	0.30
II	-0.25	V2	0.95
III	-0.35	V3	2.30
aVR	0.05	V4	1.50
aVL	0.20	V5	0.65
aVF	0.30	V6	0.00



CARDIO BEATS

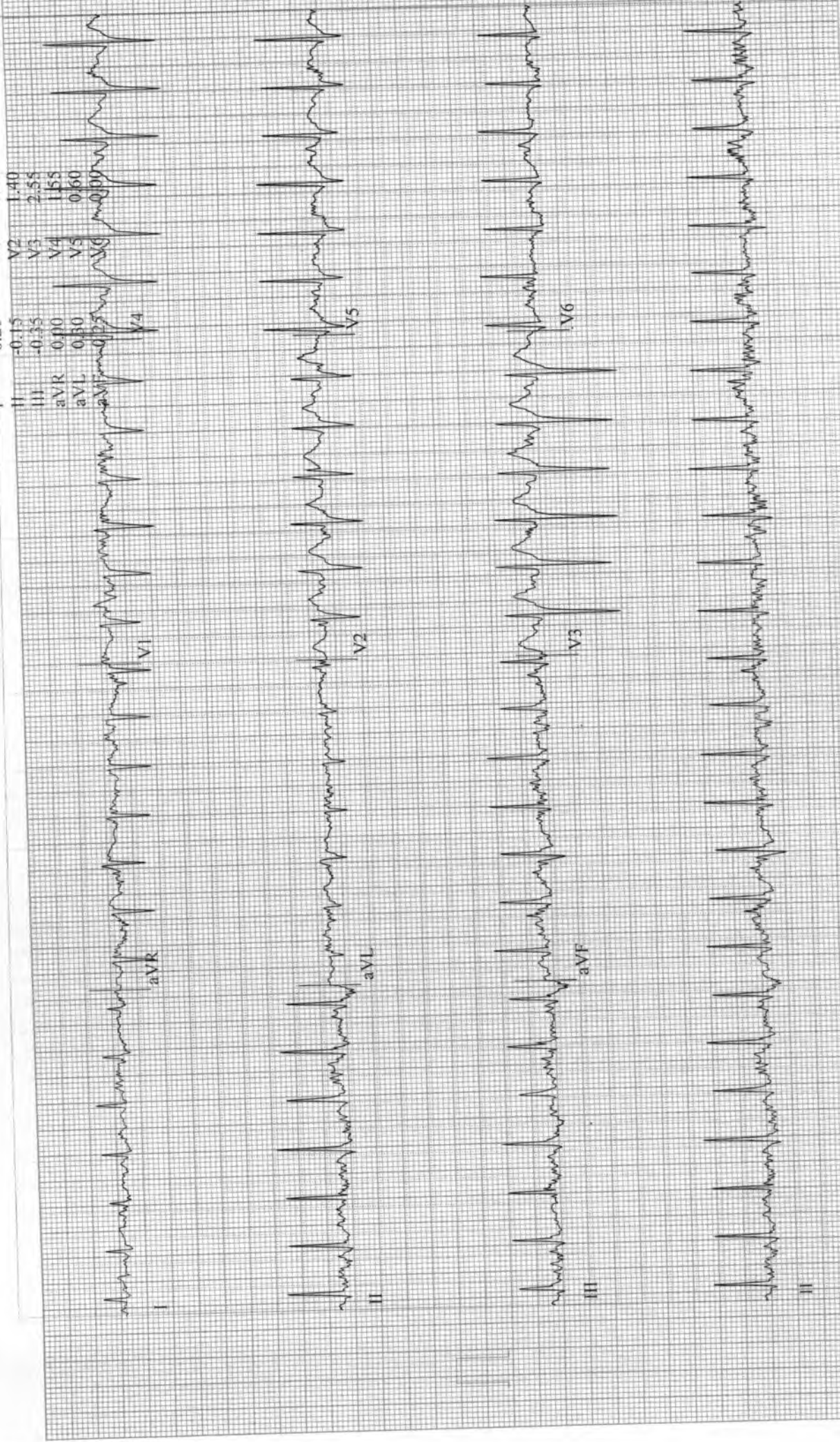
12-Lead Report

BRUCE
3.4 mph
14.0 %

Nimkar, Suraj
Patient ID 20252
03.12.2022
12:17:20pm

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	0.20	V1	0.45
II	-0.15	V2	1.40
III	-0.35	V3	2.55
aVR	0.10	V4	1.55
aVL	0.30	V5	0.60
aVF	0.25	V6	0.00



Nimkar, Suraj
Patient ID 20252
03.12.2022
12:17:30pm

12-Lead Report (PEAK EXERCISE)

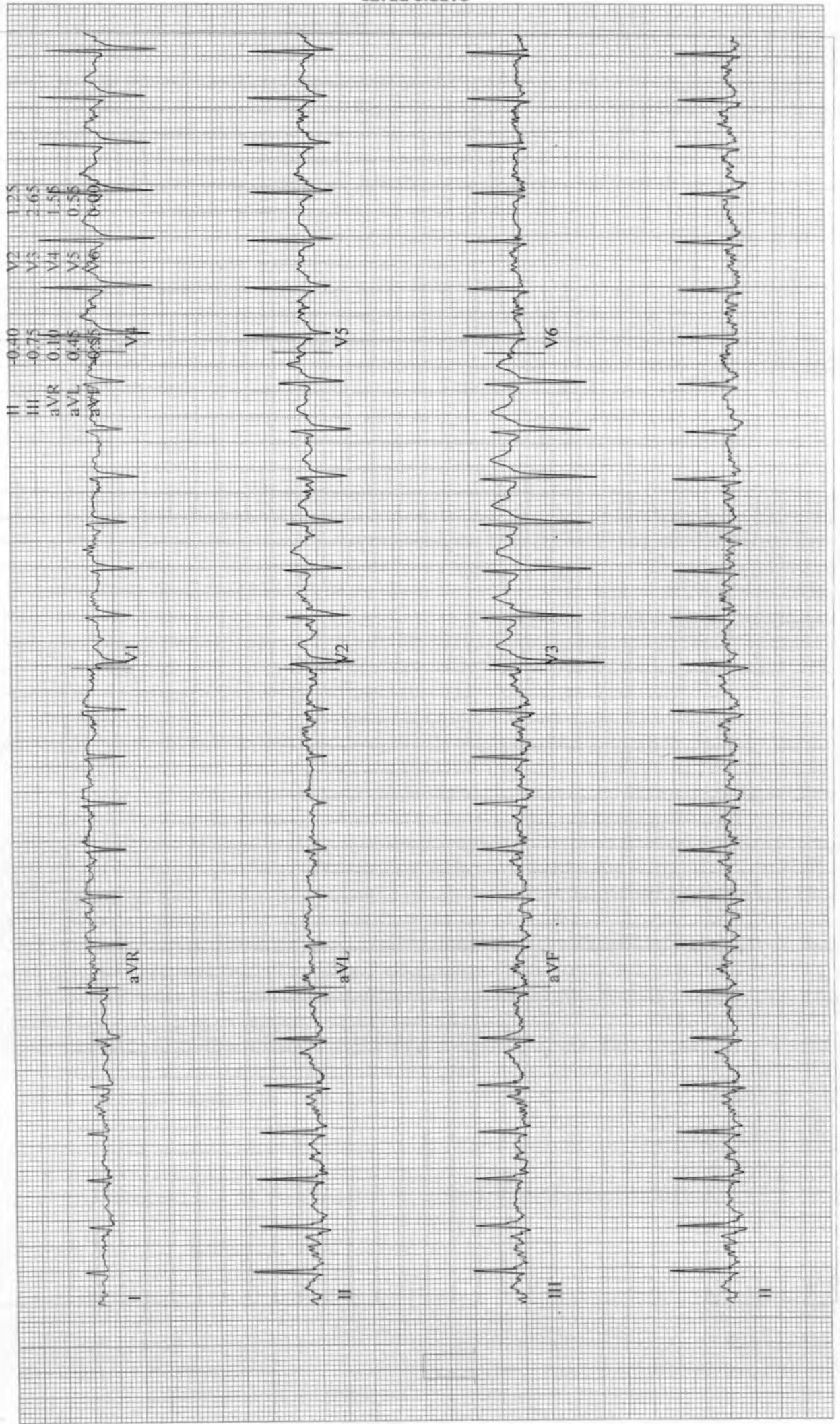
EXERCISE BRUCE
STAGE 4 3.4 mph
09:01 14.0 %

164 bpm
145/84 mmHg

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	0.25	V1	0.40
II	-0.40	V2	1.25
III	-0.75	V3	2.65
aVR	0.10	V4	1.56
aVL	0.45	V5	0.56
aVF	0.55	V6	0.00



CARDIO BEATS

Nimkar, Suraj
Patient ID: 20252
03.12.2022
12:18:20pm

12-Lead Report

RECOVERY

#1
00:50

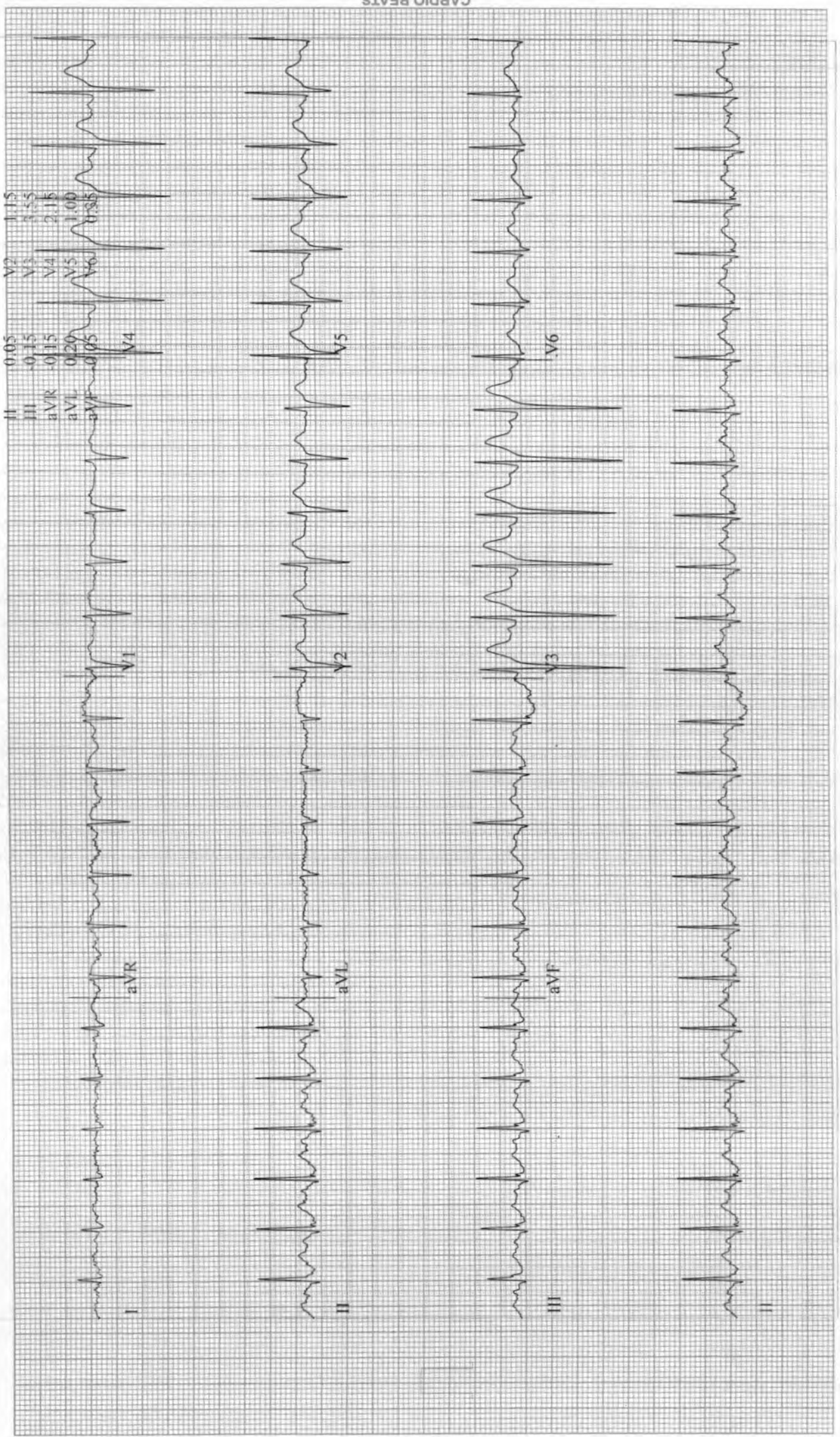
151 bpm

BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	0.25	V1	0.45
II	0.05	V2	1.15
III	-0.15	V3	3.55
aVR	-0.15	V4	2.15
aVL	0.20	V5	1.00
aVF	0.05	V6	1.35



CARDIO BEATS

12-Lead Report

BRUCE
0.0 mph
0.0 %

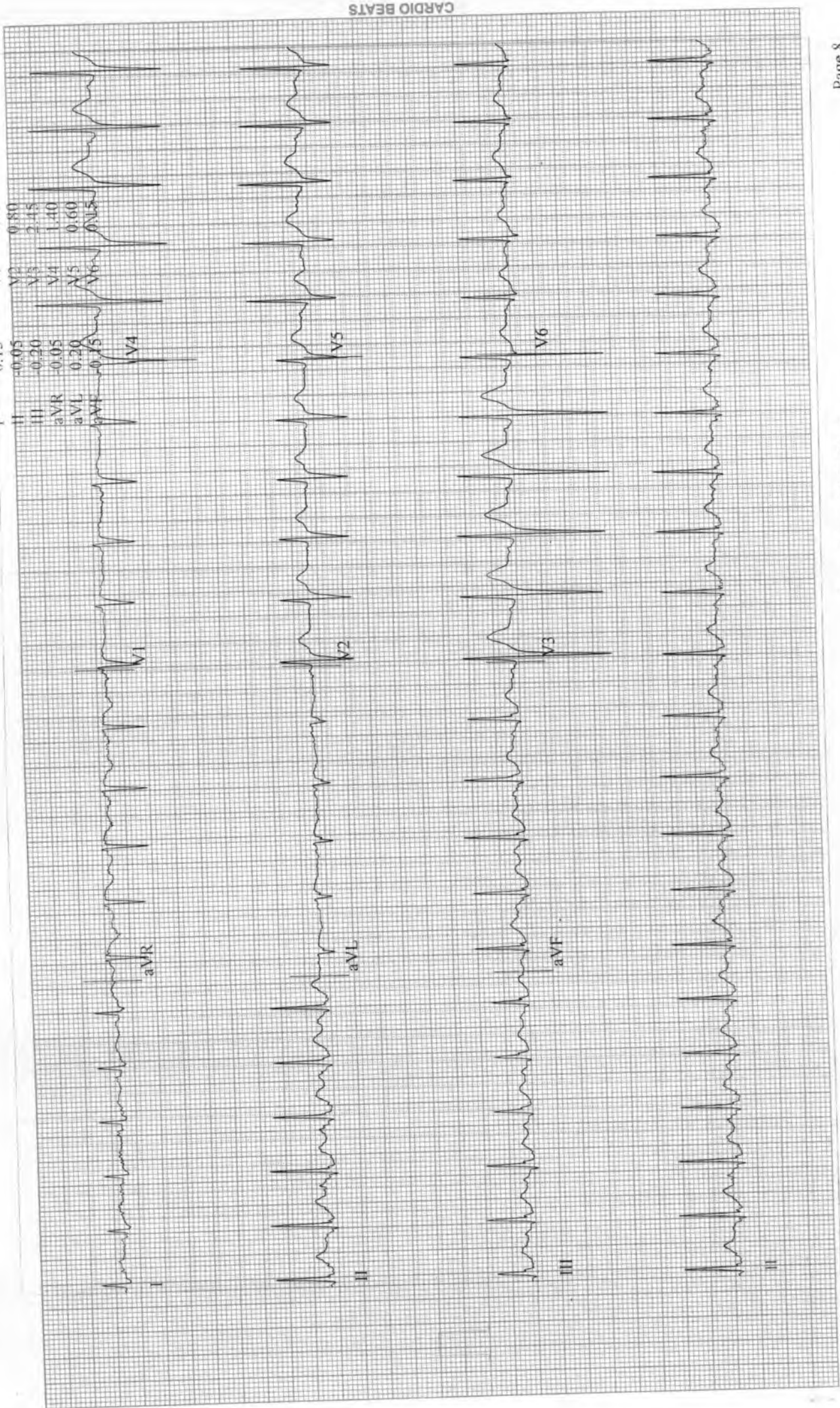
RECOVERY
#1
01:50

134 bpm

Nimkar, Suraj
Patient ID 20252
03.12.2022
12:19:20pm

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	0.15	V1	0.35
II	-0.05	V2	0.80
III	-0.20	V3	2.45
aVR	-0.05	V4	1.40
aVL	0.20	V5	0.60
aVF	0.75	V6	0.55



CARDIO BEATS

Nimkar, Suraj
Patient ID 20252
03.12.2022
12:20:20pm

12-Lead Report

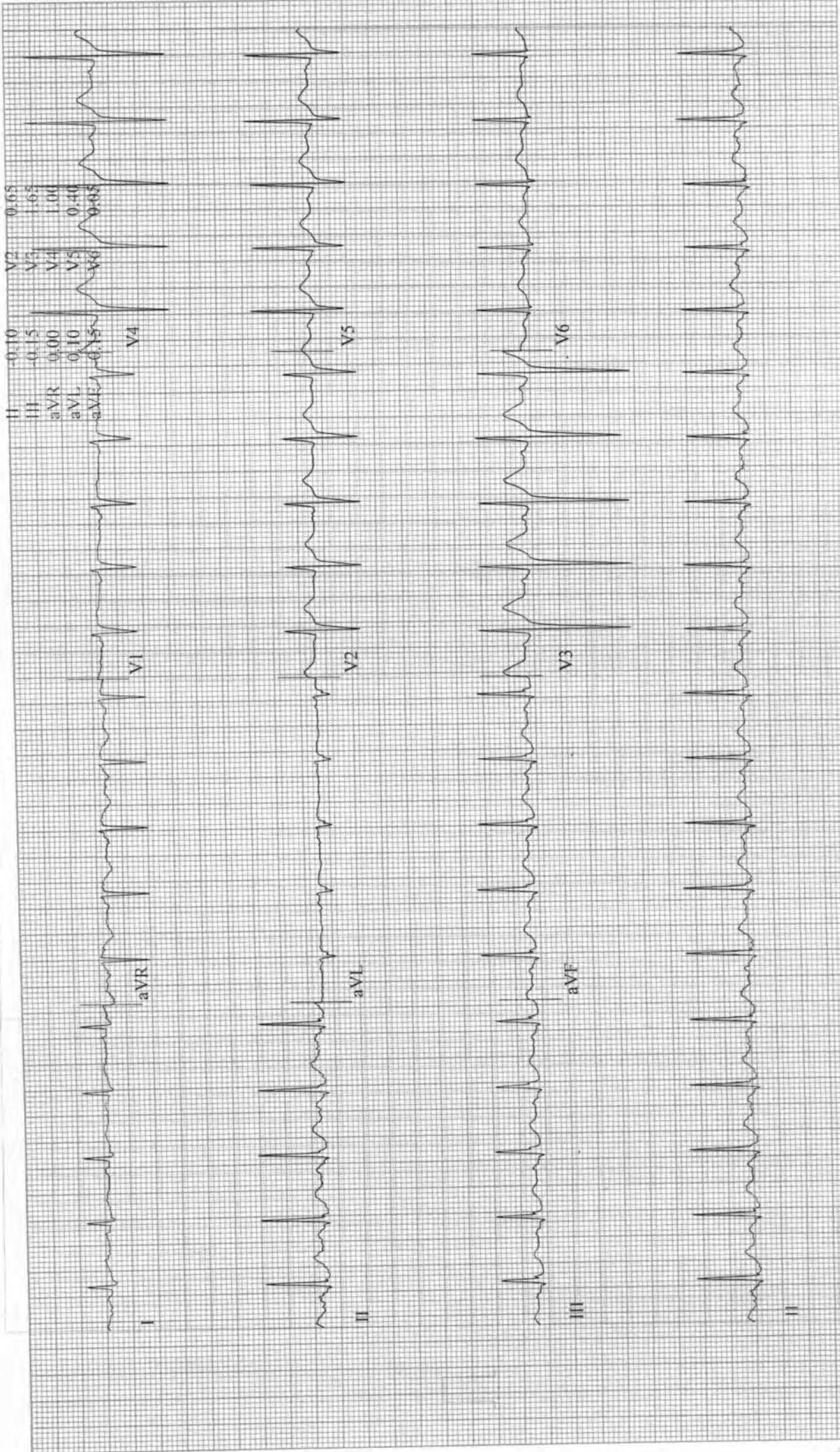
BRUCE
0.0 mph
0.0 %

RECOVERY
#1
02:50

121 bpm
155/84 mmHg

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	0.10	V1	0.35
II	0.10	V2	0.65
III	0.15	V3	1.65
aVR	0.00	V4	1.00
aVL	0.10	V5	0.40
aVF	0.55	V6	0.85



CARDIO BEATS

12-Lead Report

RECOVERY

#1
03:50

BRUCE
0.0 mph
0.0 %

116 bpm

Nimkar, Suraj
Patient ID 20252
03.12.2022
12:21:20pm

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	0.05	V1	0.20
II	-0.05	V2	0.55
III	-0.10	V3	1.40
aVR	-0.05	V4	0.95
aVL	0.10	V5	0.40
aVF	-0.15	V6	0.10

