

# **CERTIFICATE OF MEDICAL FITNESS**

This is to certify that I have conducted the clinical examination

of Mr. Gulab Ambekar on 26/11/23

| Medically Fit  |                              |
|--|------------------------------|
| Fit with restrictions/recommendations                                      |                              |
| Though following restrictions have been reveal not impediments to the job. | ed, in my opinion, these are |
| 1 Blood Clucose level 1  |                              |
| 2 MBAIC 1  |                              |
| 3. dyslipidemia  |                              |
| However the employee should follow the advice communicated to him/her.     | e/medication that has been   |
| Review after   |                              |
| Currently Unfit.   |                              |
| Review after   | recommended                  |

This certificate is not meant for medico-legal purposes

Apollo Health and Lifestyle Limited

(CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016. Ph No: 040-4904 7777, Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

APOLLO CLINICS NETWORK MAHARASHTRA

Pune (Aundh | Kharadi | Nigdi Pradhikaran | Viman Nagar | Wanowrie)

Online appointments: www.apolloclinic.com





Apollo Clinic Expertise. Closer to you Gulab Chand

Date

: 25-11-2023

Department

: GENERAL

MR NO

: CKHA.0000069909

Doctor

Name

: Mr. GULAB AMBEKAR

Registration No

Qualification

Age/ Gender

: 38 Y / Male

101

Consultation Timing: 09:04

Height: | 6 | Weight: 6 7 8 | BMI: 26 | Waist Circum: 107

Temp: 97.6 F | Pulse: 7 | Resp: 20 | B.P: 37 9 9

General Examination / Allergies History

Clinical Diagnosis & Management Plan

Present complains - N . 1

Comorbidity- Providers on medication

Allergies - NI

Surgical H/O 1/1

Family H/O Asthma (mother)

Addiction - Nil

<u>OE</u>

CVS-

CNS-

P/A-

Chest-

NAD

H/O covid infection - 14 o

Vaccinated with - both doses

Follow up date:

Doctor Signature





# POWER PRESCRIPTION

NAME: More Gulab Ambekare

GENDER: M/F

DATE: 25-11-23

AGE: 38

UHID: 69909

## RIGHT EYE

## SPH CYL VISION AXIS DISTANCE 0.75 170 NEAR

## LEFT EYE

| SPH  | CYL  | AXIS | VISION |
|------|------|------|--------|
|      | 0.25 | 180  | %      |
| 1.00 |      |      |        |

**INSTRUCTIONS:** 

SIGNATURE P



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: Mr. GULAB AMBEKAR

: CKHA.0000069909

Reported on

UHID

: 25-11-2023 14:42

Adm/Consult Doctor

Age

:38 Y M

OP Visit No

: CKHAOPV105357

Printed on

: 25-11-2023 17:14

Ref Doctor

: SELF

## DEPARTMENT OF RADIOLOGY

## X-RAY CHEST PA

Both lung fields and hila are normal.

No obvious active pleuro-parenchymal lesion seen.

Both costophrenic and cardiophrenic angles are clear.

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

## **CONCLUSION:**

No obvious abnormality seen

Printed on:25-11-2023 14:42

--- End of the Report---

Dr. SANKET KASLIWAL

MBBS DMRE Radiology

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APOLLO CLINICS NETWORK MAHARASHTRA

Pune (Aundh | Kharadi | Nigdi Pradhikaran | Viman Nagar | Wanowrie)



: Mr. GULAB AMBEKAR

Age

: 38 Y M

UHID

: CKHA.0000069909

OP Visit No

: CKHAOPV105357

Reported on

: 25-11-2023 09:46

Printed on

: 25-11-2023 17:15

Adm/Consult Doctor

Ref Doctor

: SELF

## DEPARTMENT OF RADIOLOGY

## ULTRASOUND - WHOLE ABDOMEN

Liver: appears normal in size, shape and shows raised echotexture. No focal lesion is noted. No e/o IHBR dilatation

Portal vein and CBD appear normal in dimensions at porta hepatis.

Gall bladder: is well distended with normal wall thickness. No echoreflective calculus or soft tissue mass noted.

Spleen: appears normal in size, shape and echotexture. No focal lesion is noted.

Pancreas: appears normal in size, shape and echotexture. No focal lesion / pancreatic ductal dilatation / calcification noted.

Right kidney: normal in size ms 9.5 x 4.2 cms, shape, location with smooth outlines and normal echotexture. CM differentiation is well maintained. No calculus or hydronephrosis seen.

Left kidney: normal in size ms 9.5 x 4.1 cms, shape, location with smooth outlines and normal echotexture. CM differentiation is well maintained. No hydronephrosis seen. E/o 3.8 mm non obstructive calculus at mid pole with tiny concretions noted.

No retroperitoneal lymphadenopathy is seen. Aorta and I.V.C. appear normal.

Urinary bladder: is well distended and appears normal. No echoreflective calculus or soft tissue mass noted. Both U-V junction appear normal.

Prostate: appears normal in size and echotexture ....

Visualised bowel loops appear normal. No wall edema or mass noted.

## IMPRESSION:

- Grade I fatty changes in liver.
- Left renal non obstructive calculus.

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APOLLO CLINICS NETWORK MAHARASHTRA

TO BOOK AN APPOINTMENT

Page 1 of 2



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Clinical correlation suggested....

(The sonography findings should always be considered in correlation with the clinical and other investigation finding where applicable.) It is only a professional opinion, Not valid for medico legal purpose.

Printed on:25-11-2023 09:46

---End of the Report---

Dr. SANKET KASLIWAL

MBBS DMRE

Radiology

Page 2 of 2



Name: Mr. Gulab Ambekar

Age/ Sex: 38 Yrs / M

Date: 25/11/2023

## 2D ECHO/COLOUR DOPPLER

| M - Mode values   |     | Doppler Values       |     |
|-------------------|-----|----------------------|-----|
| AORTIC ROOT (mm)  | 23  | PULMONARY VE(m/sec)  | 0.9 |
| LEFT ATRIUM (mm)  | 26  | PG (mmHg)            | 3.6 |
|                   |     | AORTIC VEL (m/sec)   | 1.2 |
| IVS - D (mm)      | 10  | PG (mmHg)            | 5.2 |
| LVID – D (mm)     | 40  | MITRAL E WAVE(m/sec) | 0.9 |
|                   |     | A WAVE (m/sec)       | 0.6 |
| LVPW - D (mm)     | 10  | ·                    |     |
| EJECTION FRACTION | 60% |                      |     |
| (%)               |     |                      |     |

## REPORT:

Normal sized all cardiac chambers.

No regional wall motion abnormality.

Normal LV systolic function.

Mitral valve Normal, No mitral regurgitation/ No Mitral stenosis.

Aortic valve normal. No aortic regurgitation/No Aortic stenosis.

Normal Tricuspid & pulmonary valve.

No tricuspid regurgitation. No pulmonary hypertension.

Intact IAS and IVS.

No clots, vegetations, pericardial effusion noted.

Aortic arch appears normal

## **IMPRESSION:**

Normal PA pressures.

Normal LV systolic function, No RWMA. LVEF 60%.

DR. VIKRANT KHESE

MBBS, MD Medicine, DNB Medicine, DM Cardiology

Consultant and interventional Cardiologist

Reg No: MMC: 2015/02/0627



(CIN - U85110TG2000PLC115819)

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APOLLO CLINICS NETWORK MAHARASHTRA

Pune (Aundh | Kharadi | Nigdi Pradhikaran | Viman Nagar | Wanowrie)

1860 500 7788





## भारत सरकार Government of India

## भारतीय विशिष्ट पहचान प्राधिकरण Unique Identification Authority of India

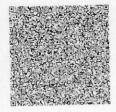
नामांकन क्रम / Enrollment No. :

0648/04125/60276

To Gulab Chandar Ambekar गुलाब चंदर आबेकर VTC: Pokhari, PO: Pokhari, Sub District: Ambegaon, District: Pune, State: Maharashtra, PIN Code: 410509, Mobile: 7721897086

2491599





आपका आधार क्रमांक / Your Aadhaar No. :

4567 1100 3158

मेरा आधार, मेरी पहचान



भारत सरकार Government of India





गुलाब चंदर आंबेकर Gulab Chandar Ambekar जन्म तिथि / DOB: 06/04/1985 पुरुष / Møle

4567 1100 3158

मेरा आधार, मेरी पहचान

| PACKAGE NAME   | Booking   | EMP-NAME                     | AGE GENDER | EMAIL                     | CONTACT NO | Appointment Date |
|--|-----------|------------------------------|------------|---------------------------|------------|------------------|
| Arcofemi MediWheel Full Body Health<br>Annual Plus Check Female 2D ECHO<br>(Metro) | bob547882 | Sarika Gulab Ambekar         | 34 Female  | gulabambekar167@gmail.com | 7721897086 | 25-11-2023       |
| Arcofemi MediWheel Full Body Annual<br>Plus Male 2D ECHO (Metro)                   | bobE47881 | MR. AMBEKAR GULAB<br>CHANDAR | 35 Male    | gulabambekar167@gmail.com | 7721897086 | 25-11-2023       |







Age/Gender : 38 Y 7 M 19 D/M
UHID/MR No : CKHA.000069909

Visit ID : CKHAOPV105357

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 3158 Collected : 25/Nov/2023 09:19AM

Received : 25/Nov/2023 12:53PM Reported : 25/Nov/2023 02:35PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

|  | DEPARTMENT OF | HAEMATOLOG | Υ               |        |
|--|---------------|------------|-----------------|--------|
| ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324 |               |            |                 |        |
| Test Name  | Result        | Unit       | Bio. Ref. Range | Method |

| HAEMOGLOBIN                          | 15.9    | g/dL                       | 13-17         | Spectrophotometer              |
|--------------------------------------|---------|----------------------------|---------------|--------------------------------|
| PCV                                  | 47.90   | %                          | 40-50         | Electronic pulse & Calculation |
| RBC COUNT                            | 5.85    | Million/cu.mm              | 4.5-5.5       | Electrical Impedence           |
| MCV                                  | 81.9    | fL                         | 83-101        | Calculated                     |
| MCH                                  | 27.2    | pg                         | 27-32         | Calculated                     |
| MCHC                                 | 33.2    | g/dL                       | 31.5-34.5     | Calculated                     |
| R.D.W                                | 15.5    | %                          | 11.6-14       | Calculated                     |
| FOTAL LEUCOCYTE COUNT (TLC)          | 8,630   | cells/cu.mm                | 4000-10000    | Electrical Impedance           |
| DIFFERENTIAL LEUCOCYTIC COUNT (D     | LC)     |                            |               |                                |
| NEUTROPHILS                          | 62      | %                          | 40-80         | Electrical Impedance           |
| YMPHOCYTES                           | 27.5    | %                          | 20-40         | Electrical Impedance           |
| EOSINOPHILS                          | 3.6     | %                          | 1-6           | Electrical Impedance           |
| MONOCYTES                            | 6.6     | %                          | 2-10          | Electrical Impedance           |
| BASOPHILS                            | 0.3     | %                          | <1-2          | Electrical Impedance           |
| ABSOLUTE LEUCOCYTE COUNT             |         |                            |               |                                |
| NEUTROPHILS                          | 5350.6  | Cells/cu.mm                | 2000-7000     | Calculated                     |
| YMPHOCYTES                           | 2373.25 | Cells/cu.mm                | 1000-3000     | Calculated                     |
| EOSINOPHILS                          | 310.68  | Cells/cu.mm                | 20-500        | Calculated                     |
| MONOCYTES                            | 569.58  | Cells/cu.mm                | 200-1000      | Calculated                     |
| BASOPHILS                            | 25.89   | Cells/cu.mm                | 0-100         | Calculated                     |
| PLATELET COUNT                       | 264000  | cells/cu.mm                | 150000-410000 | Electrical impedence           |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 2       | mm at the end<br>of 1 hour | 0-15          | Modified Westergre             |

RBC ANISOCYTOSIS

WBC WITHIN NORMAL LIMITS

PLATELETS ARE ADEQUATE ON SMEAR

NO HEMOPARASITES SEEN.







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Received : 25/Nov/2023 12:53PM Reported : 25/Nov/2023 03:02PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

|  | DEPARTMENT OF | HAEMATOLOG | Υ               |        |
|--|---------------|------------|-----------------|--------|
| ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324 |               |            |                 |        |
| Test Name  | Result        | Unit       | Bio. Ref. Range | Method |

| BLOOD GROUP ABO AND RH FACTOR, | WHOLE BLOOD EDTA | 1 |                                |
|--------------------------------|------------------|---|--------------------------------|
| BLOOD GROUP TYPE               | A                |   | Microplate<br>Hemagglutination |
| Rh TYPE                        | Positive         |   | Microplate<br>Hemagglutination |







: Mr.GULAB AMBEKAR

Age/Gender UHID/MR No : 38 Y 7 M 19 D/M : CKHA.000069909

Visit ID

: CKHAOPV105357

Ref Doctor Emp/Auth/TPA ID : Dr.SELF

: 3158

Collected

: 25/Nov/2023 09:19AM

Received

: 25/Nov/2023 12:53PM

Reported Status : 25/Nov/2023 03:44PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# DEPARTMENT OF BIOCHEMISTRY ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324 Test Name Result Unit Bio. Ref. Range Method

GLUCOSE, FASTING, NAF PLASMA 142 mg/dL 70-100 HEXOKINASE

## **Comment:**

As per American Diabetes Guidelines, 2023

| Fasting Glucose Values in mg/dL | Interpretation |
|---------------------------------|----------------|
| 70-100 mg/dL                    | Normal         |
| 100-125 mg/dL                   | Prediabetes    |
| ≥126 mg/dL                      | Diabetes       |
| <70 mg/dL                       | Hypoglycemia   |

#### Note:

- 1.The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

| GLUCOSE, POST PRANDIAL (PP), 2           | 238 | mg/dL | 70-140 | HEXOKINASE |
|--|-----|-------|--------|------------|
| HOURS , SODIUM FLUORIDE PLASMA (2<br>HR) |     |       |        |            |

#### **Comments**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

| HBA1C, GLYCATED HEMOGLOBIN ,<br>WHOLE BLOOD EDTA   | 8.4 | %     | HPLC       |
|--|-----|-------|------------|
| ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD EDTA | 194 | mg/dL | Calculated |

## **Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

| REFERENCE GROUP   | HBA1C %   |  |
|-------------------|-----------|--|
| NON DIABETIC      | <5.7      |  |
| PREDIABETES       | 5.7 - 6.4 |  |
| DIABETES          | ≥ 6.5     |  |
| DIABETICS         |           |  |
| EXCELLENT CONTROL | 6 – 7     |  |

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| Test Name  | Result | Unit | Bio. Ref. Range | Method   |

| FAIR TO GOOD CONTROL   | 7 – 8  |
|------------------------|--------|
| UNSATISFACTORY CONTROL | 8 – 10 |
| POOR CONTROL           | >10    |

Note: Dietary preparation or fasting is not required.

- 1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- $5.\ In\ cases\ of\ Interference\ of\ Hemoglobin\ variants\ in\ HbA1C, alternative\ methods\ (Fructosamine)\ estimation\ is\ recommended\ for\ Glycemic\ Control$ 
  - A: HbF >25%
  - B: Homozygous Hemoglobinopathy.
  - (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)







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Received : 25/Nov/2023 01:31PM Reported : 25/Nov/2023 03:43PM

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|--|--------|------|-----------------|--------|--|--|
|  |        |      |                 |        |  |  |
| ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324 |        |      |                 |        |  |  |
| Test Name  | Result | Unit | Bio. Ref. Range | Method |  |  |

| LIPID PROFILE , SERUM |       |       |        |                               |
|-----------------------|-------|-------|--------|-------------------------------|
| TOTAL CHOLESTEROL     | 187   | mg/dL | <200   | CHO-POD                       |
| TRIGLYCERIDES         | 234   | mg/dL | <150   | GPO-POD                       |
| HDL CHOLESTEROL       | 36    | mg/dL | 40-60  | Enzymatic<br>Immunoinhibition |
| NON-HDL CHOLESTEROL   | 151   | mg/dL | <130   | Calculated                    |
| LDL CHOLESTEROL       | 104.1 | mg/dL | <100   | Calculated                    |
| VLDL CHOLESTEROL      | 46.76 | mg/dL | <30    | Calculated                    |
| CHOL / HDL RATIO      | 5.22  |       | 0-4.97 | Calculated                    |

#### **Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report

|                     | Desirable                              | Borderline High | High      | Very High |
|---------------------|--|-----------------|-----------|-----------|
| TOTAL CHOLESTEROL   | < 200                                  | 200 - 239       | ≥ 240     |           |
| TRIGLYCERIDES       | <150                                   | 150 - 199       | 200 - 499 | ≥ 500     |
| LDL                 | Optimal < 100<br>Near Optimal 100-129  | 130 - 159       | 160 - 189 | ≥ 190     |
| HDL                 | ≥ 60                                   |                 |           |           |
| NON-HDL CHOLESTEROL | Optimal <130;<br>Above Optimal 130-159 | 160-189         | 190-219   | >220      |

- 1. Measurements in the same patient on different days can show physiological and analytical variations.
- 2. NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- 3. Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- **4.** Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- **5.** As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6. VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.







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| Test Name  | Result | Unit | Bio. Ref. Range | Method   |

| LIVER FUNCTION TEST (LFT), SERUM      |       |       |         |                       |
|---------------------------------------|-------|-------|---------|-----------------------|
| BILIRUBIN, TOTAL                      | 1.11  | mg/dL | 0.3-1.2 | DPD                   |
| BILIRUBIN CONJUGATED (DIRECT)         | 0.17  | mg/dL | <0.2    | DPD                   |
| BILIRUBIN (INDIRECT)                  | 0.94  | mg/dL | 0.0-1.1 | Dual Wavelength       |
| ALANINE AMINOTRANSFERASE (ALT/SGPT)   | 25.91 | U/L   | <50     | IFCC                  |
| ASPARTATE AMINOTRANSFERASE (AST/SGOT) | 21.0  | U/L   | <50     | IFCC                  |
| ALKALINE PHOSPHATASE                  | 90.18 | U/L   | 30-120  | IFCC                  |
| PROTEIN, TOTAL                        | 7.15  | g/dL  | 6.6-8.3 | Biuret                |
| ALBUMIN                               | 4.54  | g/dL  | 3.5-5.2 | BROMO CRESOL<br>GREEN |
| GLOBULIN                              | 2.61  | g/dL  | 2.0-3.5 | Calculated            |
| A/G RATIO                             | 1.74  | •     | 0.9-2.0 | Calculated            |

### **Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

#### 1. Hepatocellular Injury:

- AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- · Bilirubin may be elevated.
- AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

## 2. Cholestatic Pattern:

- ALP Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

### 3. Synthetic function impairment:

- · Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.

Page 6 of 11

Apollo Clinic Kharadi Sr.No 8/3,91/1Part, 1st Floor, OFFICE No .102, B Wing, Shops & Offices, KUL SCAPES, Opp. Reliance Mall, Kharadi, Pune-411014









Age/Gender

: 38 Y 7 M 19 D/M

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: 25/Nov/2023 01:31PM

Reported

: 25/Nov/2023 03:43PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# DEPARTMENT OF BIOCHEMISTRY ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324 Test Name Result Unit Bio. Ref. Range Method

| RENAL PROFILE/KIDNEY FUNCTION TE | ST (RFT/KFT) , SERU | JM     |             |                             |
|----------------------------------|---------------------|--------|-------------|-----------------------------|
| CREATININE                       | 0.87                | mg/dL  | 0.72 – 1.18 | Modified Jaffe, Kinetic     |
| UREA                             | 21.25               | mg/dL  | 17-43       | GLDH, Kinetic Assay         |
| BLOOD UREA NITROGEN              | 9.9                 | mg/dL  | 8.0 - 23.0  | Calculated                  |
| URIC ACID                        | 4.92                | mg/dL  | 3.5-7.2     | Uricase PAP                 |
| CALCIUM                          | 9.73                | mg/dL  | 8.8-10.6    | Arsenazo III                |
| PHOSPHORUS, INORGANIC            | 2.32                | mg/dL  | 2.5-4.5     | Phosphomolybdate<br>Complex |
| SODIUM                           | 137.09              | mmol/L | 136–146     | ISE (Indirect)              |
| POTASSIUM                        | 4.9                 | mmol/L | 3.5–5.1     | ISE (Indirect)              |
| CHLORIDE                         | 101.84              | mmol/L | 101–109     | ISE (Indirect)              |

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)







Age/Gender

: 38 Y 7 M 19 D/M

UHID/MR No

: CKHA.0000069909

Visit ID

: CKHAOPV105357

Ref Doctor Emp/Auth/TPA ID : Dr.SELF

: 3158

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## DEPARTMENT OF BIOCHEMISTRY

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|-----------|--------|------|-----------------|--------|
|-----------|--------|------|-----------------|--------|

| GAMMA GLUTAMYL TRANSPEPTIDASE | 192.20 | U/L | <55 | IFCC |
|-------------------------------|--------|-----|-----|------|
| (GGT) , SERUM                 |        |     |     |      |







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| DEPARTMENT OF IMMUNOLOGY   |        |      |               |        |   |  |  |
|--|--------|------|---------------|--------|---|--|--|
| ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324 |        |      |               |        |   |  |  |
| Test Name  | Result | Unit | Rio Ref Range | Method | 1 |  |  |

| THYROID PROFILE TOTAL (T3, T4, TSH), SERUM |       |        |            |      |  |
|--|-------|--------|------------|------|--|
| TRI-IODOTHYRONINE (T3, TOTAL)              | 0.59  | ng/mL  | 0.7-2.04   | CLIA |  |
| THYROXINE (T4, TOTAL)                      | 8.95  | μg/dL  | 5.48-14.28 | CLIA |  |
| THYROID STIMULATING HORMONE (TSH)          | 2.304 | μIU/mL | 0.34-5.60  | CLIA |  |

#### **Comment:**

| For pregnant females | Bio Ref Range for TSH in uIU/ml (As per American<br>Thyroid Association) |
|----------------------|--|
| First trimester      | 0.1 - 2.5  |
| Second trimester     | 0.2 - 3.0  |
| Third trimester      | 0.3 - 3.0  |

- 1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- 4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

| TSH   | Т3   | Т4   | FT4  | Conditions  |
|-------|------|------|------|---|
| High  | Low  | Low  | Low  | Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis                    |
| High  | N    | N    | N    | Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy. |
| N/Low | Low  | Low  | Low  | Secondary and Tertiary Hypothyroidism   |
| Low   | High | High | High | Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy                   |
| Low   | N    | N    | N    | Subclinical Hyperthyroidism   |
| Low   | Low  | Low  | Low  | Central Hypothyroidism, Treatment with Hyperthyroidism  |
| Low   | N    | High | High | Thyroiditis, Interfering Antibodies   |
| N/Low | High | N    | N    | T3 Thyrotoxicosis, Non thyroidal causes   |
| High  | High | High | High | Pituitary Adenoma; TSHoma/Thyrotropinoma  |







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| DI   | PARTMENT OF CLI | NICAL PATHOL | .OGY            |        |
|--|-----------------|--------------|-----------------|--------|
| ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324 |                 |              |                 |        |
| Test Name  | Result          | Unit         | Bio. Ref. Range | Method |

| COMPLETE URINE EXAMINATION (C | <b>JE)</b> , URINE |      |                  |                            |
|-------------------------------|--------------------|------|------------------|----------------------------|
| PHYSICAL EXAMINATION          |                    |      |                  |                            |
| COLOUR                        | PALE YELLOW        |      | PALE YELLOW      | Visual                     |
| TRANSPARENCY                  | CLEAR              |      | CLEAR            | Visual                     |
| рН                            | <5.5               |      | 5-7.5            | DOUBLE INDICATOR           |
| SP. GRAVITY                   | >1.025             |      | 1.002-1.030      | Bromothymol Blue           |
| BIOCHEMICAL EXAMINATION       |                    |      |                  |                            |
| URINE PROTEIN                 | NEGATIVE           |      | NEGATIVE         | PROTEIN ERROR OF INDICATOR |
| GLUCOSE                       | NEGATIVE           |      | NEGATIVE         | GLUCOSE OXIDASE            |
| URINE BILIRUBIN               | NEGATIVE           |      | NEGATIVE         | AZO COUPLING<br>REACTION   |
| URINE KETONES (RANDOM)        | NEGATIVE           |      | NEGATIVE         | SODIUM NITRO<br>PRUSSIDE   |
| UROBILINOGEN                  | NORMAL             |      | NORMAL           | MODIFED EHRLICH REACTION   |
| BLOOD                         | NEGATIVE           |      | NEGATIVE         | Peroxidase                 |
| NITRITE                       | NEGATIVE           |      | NEGATIVE         | Diazotization              |
| LEUCOCYTE ESTERASE            | NEGATIVE           |      | NEGATIVE         | LEUCOCYTE<br>ESTERASE      |
| CENTRIFUGED SEDIMENT WET MO   | UNT AND MICROSCOPY |      |                  |                            |
| PUS CELLS                     | 3 - 4              | /hpf | 0-5              | Microscopy                 |
| EPITHELIAL CELLS              | 1 - 2              | /hpf | <10              | MICROSCOPY                 |
| RBC                           | NIL                | /hpf | 0-2              | MICROSCOPY                 |
| CASTS                         | NIL                |      | 0-2 Hyaline Cast | MICROSCOPY                 |
| CRYSTALS                      | ABSENT             |      | ABSENT           | MICROSCOPY                 |







: Mr.GULAB AMBEKAR

Age/Gender

: 38 Y 7 M 19 D/M

UHID/MR No

: CKHA.0000069909

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: Dr.SELF

Emp/Auth/TPA ID : 3158 Collected

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| DEPARTMENT OF CLINICAL PATHOLOGY | DEPARTMENT | OF CLINICAL | PATHOLOGY |
|----------------------------------|------------|-------------|-----------|
|----------------------------------|------------|-------------|-----------|

| ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO | - PAN INDIA - FY2324 |
|---|----------------------|
|---|----------------------|

Result Unit **Test Name** Bio. Ref. Range Method

**URINE GLUCOSE(POST PRANDIAL)** POSITIVE +++ **NEGATIVE** Dipstick

URINE GLUCOSE(FASTING) **NEGATIVE NEGATIVE** Dipstick

\*\*\* End Of Report \*\*\*

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