

S. NO.

Date: 28/08/21

PRE-EMPLOYMENT HEALTH CHECK UP FITNESS

Name - Himanshu

Age- 27

Gender- Male

Department:

Dr. Name:

PHYSICAL EXAMINATION:

SPO2:

B.P: 130/90

Pulse: 82

Weight: 85.1

Height: 175

Blood Sugar:

FINDINGS:

vision & glasses (6/6P
6/6P.

Co. glare

lens clear

cornea clear.

R

Flugel 1/0

ud 0000 BE
Himanshu
Chandra

SIGNATURE

Patient Name	Mr HIMASHU MITTAL	Collection Dt.&Tm.	: 28/08/2021	4.28 PM
Reg No	16063	Uploading Dt.&Tm.	: 28/08/2021	4.25 PM
Age/Sex	27 Years / Male	Printing Dt.&Tm.	: 30/08/2021	11.32 AM
Ref. Doctor	Self	Req. No.	: 21073293	
Type	OPD	Consultant Doctor	: Dr. R.M.O	

CHEST PA

No parenchymal lung lesion seen.

Both domes of diaphragm are normal.

Both costophrenic angles are normal.

Both hila are normal.

Cardiac shape & size normal.

IMPRESSION : NORMAL STUDY.

PLEASE CORRELATE CLINICALLY.



Dr. Neena Sikka

Dr. Rajbir Singh Chauhan

H-Block, Palam Vihar, Gurgaon, Haryana - 122017 | Ph.: 0124-4777600, Mobile No.: 9891424242, 533033001
MBBS, DNB, Radio Diagnosis, HMC Regn. HN 17627 | Sr. Consultant & Head Radiology, HMC Regn. No. 3527

(This is only professional opinion and not the diagnosis, Please correlate clinically)

by PARK GROUP OF HOSPITALS DEPARTMENT OF PATHOLOGY

Patient Name : Mr. HIMASHU MITTAL			
MR No : 16063	Collection Dt.&Tm. : 29/08/2021	01:12:52 AM	
Age/Sex : 27 Years / Male	Uploading Dt.&Tm. : 31/08/2021	2.18.48 AM	
Type : OPD	Printing Dt.&Tm. : 31/08/2021	11.18.53 AM	
TPA/Corporate :	Sample ID : 29564		
IP No. :	Bill/Req. No. : 21073293		
Current Bed no. :	Ref Doctor : Dr.R.M.O		

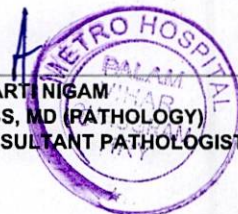
URINE ROUTINE MICROSCOPY

Test	Result	Reference Range	Units
PHYSICAL EXAMINATION			
VOLUME	20		ml
COLOUR	Pale Yellow	Pale Yellow	
APPEARANCE	Clear	Clear	
SPECIFIC GRAVITY	1.020		
CHEMICAL EXAMINATION			
REACTION	Acidic	Acidic	
PH	6.5		
BLOOD	NIL		
ALBUMIN	NIL	NIL	
GLUCOSE	NIL	NIL	
KETONES	NIL		
BILE SALT	NIL	NIL	
BILE PIGMENT	NIL	NIL	
UROBILINOGEN	NIL	NIL	
MICROSCOPIC EXAMINATION			
PUS CELL	4-5/hpf	2--3/HPF	
RED BLOOD CELLS	NIL	NIL	
EPITHELIAL CELLS	3-5/hpf	4--5/HPF	
CASTS	NIL	NIL	
CRYSTALS	NIL	NIL	

***** END OF THE REPORT *****

Dr. PRADIP KUMAR
MICROBIOLOGIST

Dr. ARTI NIGAM
MBBS, MD (PATHOLOGY)
CONSULTANT PATHOLOGIST



Lab Technician:
PRIYANKA1645

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DEPARTMENT OF PATHOLOGY

Patient Name : Mr. HIMASHU MITTAL	Collection Dt.&Tm. : 29/08/2021	01:12:52 AM
MR No : 16063	Uploading Dt.&Tm. : 29/08/2021	1.17.57 AM
Age/Sex : 27 Years / Male	Printing Dt.&Tm. : 29/08/2021	4.58.41 PM
Type : OPD	Sample ID : 29564	
TPA/Corporate :	Bill/Req. No. : 21073293	
IP No. :	Ref Doctor : Dr.R.M.O	
Current Bed no. :		

COMPLETE HAEMOGRAM

Test	Result	Reference Range	Units
HAEMOGLOBIN	14.9	12.0 - 16.5	gms/dL
TOTAL LEUCOCYTE COUNT	5700	4000 - 11000	/ μ L
DIFFERENTIAL COUNT			
NEUTROPHILS	54	50.0 - 80.0	%
LYMPHOCYTES	35	20.0 - 40.0	%
MONOCYTES	09	2.0 - 10.0	%
EOSINOPHILS	02	0.0 - 5.0	%
BASOPHILS	00	0.0 - 2.0	%
RED BLOOD CELL COUNT	5.11	3.5 - 5.5	millions/ μ L
PACKED CELL VOLUME	46.1	35.0 - 50.0	%
MEAN CORPUSCULAR VOLUME	90.2	75 - 95	fL
MEAN CORPUSCULAR HAEMOGLOBIN	29.2	27 - 31	Picograms
MEAN CORPUSCULAR HB CONC	32.3 L	33 - 37	%
PLATELET COUNT	167	150 - 450	THOUSAND/ CUMM

***** END OF THE REPORT *****

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Lab Technician: AJIT1513

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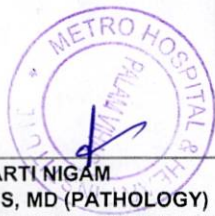
Patient Name	: Mr. HIMASHU MITTAL	Collection Dt.&Tm.	: 29/08/2021	01:12:52 AM
MR No	: 16063	Uploading Dt.&Tm.	: 29/08/2021	1.18.14 AM
Age/Sex	: 27 Years / Male	Printing Dt.&Tm.	: 29/08/2021	4.58.51 PM
Type	: OPD	Sample ID	: 29564	
TPA/Corporate	:	Bill/Req. No.	: 21073293	
IP No.	:	Ref Doctor	: Dr.R.M.O	
Current Bed no.	:			

ESR

Test	Result	Reference Range	Units
E.S.R.	15	0 - 15	mm at the end of 1st hr

***** END OF THE REPORT *****

Dr. PRADIP KUMAR
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CONSULTANT PATHOLOGIST

DEPARTMENT OF PATHOLOGY


Patient Name	: Mr. HIMASHU MITTAL	Collection Dt.&Tm.	: 29/08/2021	01:12:52 AM
MR No	: 16063	Uploading Dt.&Tm.	: 29/08/2021	1.14.34 AM
Age/Sex	: 27 Years / Male	Printing Dt.&Tm.	: 29/08/2021	4.59.03 PM
Type	: OPD	Sample ID	: 29564	
TPA/Corporate	:	Bill/Req. No.	: 21073293	
IP No.	:	Ref Doctor	: Dr.R.M.O	
Current Bed no.	:			

BLOOD SUGAR FASTING

Test	Result	Reference Range	Units
PLASMA GLUCOSE FASTING	82.8	60 - 100	mg/dl

***** END OF THE REPORT *****

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MICROBIOLOGIST


Dr. ARTI NIGAM
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CONSULTANT PATHOLOGIST

DEPARTMENT OF PATHOLOGY

Patient Name	: Mr. HIMASHU MITTAL		
MR No	: 16063	Collection Dt.&Tm.	: 29/08/2021 01:12:52 AM
Age/Sex	: 27 Years / Male	Uploading Dt.&Tm.	: 29/08/2021 1.14.58 AM
Type	: OPD	Printing Dt.&Tm.	: 29/08/2021 4.59.25 PM
TPA/Corporate	:	Sample ID	: 29564
IP No.	:	Bill/Req. No.	: 21073293
Current Bed no.	:	Ref Doctor	: Dr.R.M.O

BLOOD SUGAR P.P

Test	Result	Reference Range	Units
FASTING PP			
BLOOD SUGAR P.P.	81.3	80 - 150	mg/dl

*Results of these tests should always be interpreted in conjunction with patients medical history, clinical presentation and other findings.

*Performed on fully Automated Dimension X-Pand plus BioChemistry Analyser.

*External Quality Control by Biorad Laboratory.

***** END OF THE REPORT *****

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CONSULTANT PATHOLOGIST



Dr. Khanna's
PATHCARE
PVT. LTD.

A-43, Hauz Khas, New Delhi-110016
E-8A, Hauz Khas, Main Market, New Delhi-16
Ph. : 011-46123456 (15Lines)
Email : info@pathcareindia.com
Website : www.pathcareindia.com

- CAP Proficiency Participating Laboratory
- Recognised by DSIR for 'in-house' R&D
- On Panel of : C.G.H.S, E.C.H.S (Army), BHEL, B.S.F., MMTC, GAIL

LABORATORY REPORT

PATIENT NAME : MR. MITTAL HIMANSHU
REG No : 2021083369
UID No : 2311209
REF. BY Dr. : PARK METRO

AGE / SEX : 27 Years / M
REG.DATE/TIME : 28/08/2021
PRINT DATE : 30/08/2021
AREA : KPL DWARKA



BIOCHEMISTRY

<u>Investigation</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
HbA1c WHOLE BLOOD (HPLC)	5.20	%	4.8 - 5.9

CLINICAL EVALUATION:

RECOMMENDED DCCT NGSP GUIDELINES FOR HbA1C LEVELS :

Normal 4.8 % - 5.9 %
Target for diabetics : < 7 %
Therapeutic action required > 8 %

.....END OF REPORT.....



Dr. Sherry Khanna
DNB(Pathology)
Head-Lab

1. All reports are for interpretation by the treating doctor only and have to be viewed and correlated with clinical examination and other investigations. 2. All investigations have their limitation which is imposed by the limits to sensitivity and specificity of individual assay procedures as well as the quality of the specimen received by the laboratory. Isolated laboratory investigations never confirm the final diagnosis of the disease. 3. If the result(s) of tests are alarming or unexpected the doctor is advised to contact the lab immediately for needful and necessary action.

In case of any Complaint/Suggestion/Franchisee Enquiries, please email at info@pathcareindia.com
For 24 hour online booking for Home Collection Facility & For Online Test Report viewing, please visit www.pathcareindia.com

Customer Care No.
9312210524
9873835865

DEPARTMENT OF PATHOLOGY

Patient Name : Mr. HIMASHU MITTAL	Collection Dt.&Tm. : 29/08/2021	01:12:52 AM
MR No : 16063	Uploading Dt.&Tm. : 29/08/2021	1.14.21 AM
Age/Sex : 27 Years / Male	Printing Dt.&Tm. : 29/08/2021	4.59.42 PM
Type : OPD	Sample ID : 29564	
TPA/Corporate :	Bill/Req. No. : 21073293	
IP No. :	Ref Doctor : Dr.R.M.O	
Current Bed no. :		

LIPID PROFILE (TOTAL CHOLESTEROL LDL HDL TREIGLYCERIDES)

Test	Result	Reference Range	Units
LIPID PROFILE			
TOTAL CHOLESTEROL	156.1	0 - 200	mg/dL
SERUM TRIGLYCERIDES	87.4	60 - 165	mg/dl
HDL-CHOLESTEROL	48.8	30 - 70	mg/dl
LDL	89.82	50 - 135	mg/dl
VLDL CHOLESTEROL	17.48	6 - 32	mg/dL
TOTAL CHOLESTEROL/HDL RATIO	3.2	2.0 - 5.0	mg/dl
LDL CHOLESTEROL/HDL RATIO	1.84	1.0 - 3.0	mg/dL

***** END OF THE REPORT *****

Dr. PRADIP KUMAR
MICROBIOLOGIST



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MBBS, MD (PATHOLOGY)
CONSULTANT PATHOLOGIST

Lab Technician: AJIT1513

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(This is only professional opinion and not the diagnosis, Please correlate clinically)

DEPARTMENT OF PATHOLOGY

Patient Name	: Mr. HIMASHU MITTAL	Collection Dt.&Tm.	: 29/08/2021	01:12:52 AM
MR No	: 16063	Uploading Dt.&Tm.	: 29/08/2021	1.15.34 AM
Age/Sex	: 27 Years / Male	Printing Dt.&Tm.	: 29/08/2021	4.59.52 PM
Type	: OPD	Sample ID	: 29564	
TPA/Corporate	:	Bill/Req. No.	: 21073293	
IP No.	:	Ref Doctor	: Dr.R.M.O	
Current Bed no.	:			

BLOOD GROUP and RH TYPE

Test	Result	Reference Range	Units
BLOOD GROUP	" B " RH POSITIVE		

***** END OF THE REPORT *****

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Patient Name	: Mr. HIMASHU MITTAL	Collection Dt.&Tm.	: 29/08/2021	01:12:52 AM
MR No	: 16063	Uploading Dt.&Tm.	: 29/08/2021	1.16.10 AM
Age/Sex	: 27 Years / Male	Printing Dt.&Tm.	: 29/08/2021	5.00.01 PM
Type	: OPD	Sample ID	: 29564	
TPA/Corporate	:	Bill/Req. No.	: 21073293	
IP No.	:	Ref Doctor	: Dr.R.M.O	
Current Bed no.	:			

LIVER FUNCTION TEST

Test	Result	Reference Range	Units
LFT			
TOTAL BILIRUBIN	0.76	0.2 - 1.2	mg/dL
DIRECT BILIRUBIN	0.54 <i>H</i>	0 - 0.4	mg/dL
INDIRECT BILIRUBIN	0.22	0.10 - 0.6	mg/dL
SGOT (AST)	22.2	0 - 45	U/L
SGPT (ALT)	24.8	0 - 45	U/L
ALKALINE PHOSPHATASE	74.0	30 - 170	IU/L
TOTAL PROTEINS	6.23 <i>L</i>	6.4 - 8.0	g/dL
ALBUMIN	4.44	3.3 - 5.5	g/dL
GLOBULIN	1.79 <i>L</i>	2.3 - 4.5	g/dL
A/G RATIO	2.48	0 - 16.5	pg/ml

***** END OF THE REPORT *****

Dr. PRADIP KUMAR
MICROBIOLOGIST



Dr. ARTI NIGAM
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CONSULTANT PATHOLOGIST

Lab Technician: AJIT1513

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DEPARTMENT OF PATHOLOGY

Patient Name : Mr. HIMASHU MITTAL	Collection Dt.&Tm. : 29/08/2021	01:12:52 AM
MR No : 16063	Uploading Dt.&Tm. : 29/08/2021	1.16.45 AM
Age/Sex : 27 Years / Male	Printing Dt.&Tm. : 29/08/2021	5.00.11 PM
Type : OPD	Sample ID : 29564	
TPA/Corporate :	Bill/Req. No. : 21073293	
IP No. :	Ref Doctor : Dr.R.M.O	
Current Bed no. :		

KIDNEY FUNCTION TEST

Test	Result	Reference Range	Units
KFT			
SERUM UREA	30.5	10 - 45	mg/dL
SERUM CREATININE	1.0	0.4 - 1.4	mg/dL
SERUM URIC ACID	8.95 <i>H</i>	2.5 - 7	mg/dL
SERUM SODIUM	146 <i>H</i>	136 - 145	meq/l
SERUM POTASSIUM	4.0	3.5 - 5.5	meq/l

***** END OF THE REPORT *****

Dr. PRADIP KUMAR
MICROBIOLOGIST



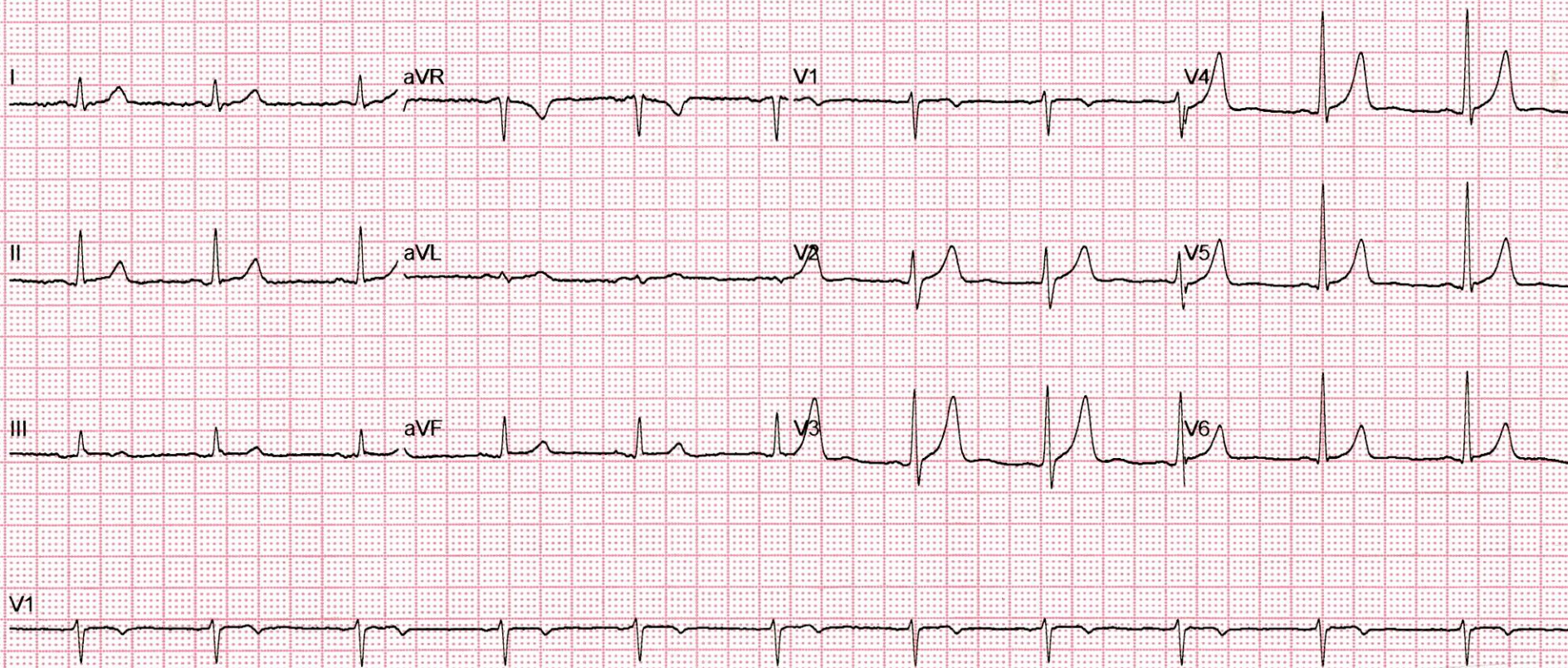
Dr. ARTI NIGAM
MBBS, MD (PATHOLOGY)
CONSULTANT PATHOLOGIST

Himanshu

28.08.2021 10:42:48
METRO HOSPITAL
PALAM VIHAR
HARYANA

68 bpm
--/-- mmHg

QRS	80 ms	Normal sinus rhythm
QT / QTcBaz	366 / 389 ms	Normal ECG
PR	130 ms	
P	92 ms	
RR / PP	886 / 882 ms	
P / QRS / T	34 / 63 / 44 degrees	



DEPARTMENT OF PATHOLOGY

Patient Name	: Mr. HIMASHU MITTAL	Collection Dt.&Tm.	: 29/08/2021	01:12:52 AM
MR No	: 16063	Uploading Dt.&Tm.	: 30/08/2021	9.43.19 AM
Age/Sex	: 27 Years / Male	Printing Dt.&Tm.	: 30/08/2021	9.43.24 AM
Type	: OPD	Sample ID	: 29564	
TPA/Corporate	:	Bill/Req. No.	: 21073293	
IP No.	:	Ref Doctor	: Dr.R.M.O	
Current Bed no.	:			

TSH

Test	Result	Reference Range	Units
THYROID STIMULATING HORMONE (TSH)	3.64	0.5-5.50 ,	µIU/ml
Method : Chemiluminescent Immunoassay (CLIA)			

Clinical Use: -

TSH is a glycoprotein secreted by anterior Pituitary. It stimulates thyroid hormones synthesis & regulation by thyroid gland.

Monitor T4 replacement or T4 suppressive therapy

Monitor TSH level are used for diagnosis of Hypothyroidism & Hyperthyroidism.

Note: -

TSH levels are subject to circadian variation, reaching peak levels between 2 - 4.a.m. and at a minimum between 6-10 pm. The variation is of the order of 50% .hence time of the day influences the measured serum TSH concentration s.



***** END OF THE REPORT *****

Dr. PRADIP KUMAR
MICROBIOLOGIST

Dr. ARTI NIGAM
MBBS, MD (PATHOLOGY)
CONSULTANT PATHOLOGIST

Lab Technician:
HEERALAL1713

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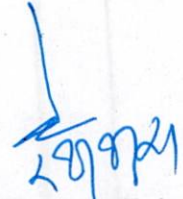
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(This is only professional opinion and not the diagnosis, Please correlate clinically)

2 D Echocardiography Report

Name	Mr. Himanshu Mittal	IP/OP	OPD
Age/ Sex	27Years / Male	UHID	16063
Done By:	Dr. Madhur Jain	Date	28/08/2021

Impression:

1. No RWMA seen. LVEF~55-60%
2. All cardiac chamber dimensions are normal.
3. Mild MR
4. Mild TR.
5. Grade I LV diastolic dysfunction.
6. Normal Right Ventricular Systolic function.
7. No intra cardiac clot/mass/pericardial pathology.
8. IVC is normal in size with normal respiratory variations.



Dr. Madhur Jain
Senior Consultant & Head
Interventional Cardiology

Note: This is a professional opinion, not final diagnosis. Cardiac congenital lesions have not been ruled out. This modality is having its limitations and the report should be correlated with clinical and other relevant patient data. This report is not valid for medico-legal purpose.

Patient Name	Mr HIMASHU MITTAL	Collection Dt.&Tm.	: 28/08/2021	4.28 PM
Reg No	16063	Uploading Dt.&Tm.	: 28/08/2021	4.25 PM
Age/Sex	27 Years / Male	Printing Dt.&Tm.	: 29/08/2021	12.04 PM
Ref. Doctor	Self	Req. No.	: 21073293	
Type	OPD	Consultant Doctor	: Dr. R.M.O	

ULTRA SOUND W/A

Liver: Liver is normal in size, shape and echotexture. No focal lesion seen. Intrahepatic biliary radicals are normal.

Gall Bladder: Gall bladder is distended. No calculus seen. Gall bladder shows normal wall thickness. CBD and Portal Vein are normal.

Pancreas: Pancreas is normal in size, shape and echotexture. No peri-pancreatic collection seen.

Spleen: Spleen is normal in size, shape and echotexture.

Kidneys: Both kidneys are normal in size, shape and site. Echotexture of sinus and cortex is normal. No pelvi-calyceal dilatation seen. No calculus/ mass lesion seen. Cortico-medullary differentiation maintained.

Urinary Bladder: Urinary bladder is distended and shows normal wall thickness. No calculus/ mass lesion seen.

Prostate: Prostate is normal in size and echotexture.

No free fluid is noted.

IMPRESSION: No significant abnormality seen.

ADV.: Clinical correlation.



H-Block, Palam Vihar, Gurugram, Haryana - 122017 | Ph.: 0124-4777000, Metro Multispecialty Hospital & Health City, Gurgaon, Haryana - 122002, 0124-4777000, 0124-4777001
 Dr. Neepa Sikka MBBS, DNB Radio-Diagnosis HMC Regn. No. 47627
 Dr. Rajbir Singh Chauhan Sub-Specialist in Head & Neck Radiology HMC Regn. No. 3527
 (This is only professional opinion and not the diagnosis, Please correlate clinically)