

# PHYSICAL EXAMINATION REPORT

1

Patient Name	Sugha Sarkeite	Sex/Age F 32 ys.
Date	8/1/2022.	Location Thank
History and C	omplaints	
EXAMINATIO	ON FINDINGS:	
Height (cms):	Temp (0c):	
Weight (kg):	Skin:	AN SLIM
Blood Pressure	Nails:	No
Pulse	Lymph Node:	
Systems:		
Cardiovascular:		
Respiratory:		
Genitourinary:		
GI System:		
CNS:		
Impression:	JHb., TESR.	
	LOW HOL.	
	Malrotated Left K	iduey

ADDRESS: 2<sup>nd</sup> Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053

HEALTHLINE - MUMBAI: 022-6170-0000 | OTHER CITIES: 1800-266-4343

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Advio	re: - Tron Su - Regula	primort
	Negua	x txeruse.
1)	Hypertension:	
2)	IHD	
3)	Arrhythmia	
4)	Diabetes Mellitus	
5)	Tuberculosis	K \ , \
6)	Asthama	
7)	Pulmonary Disease	
3)	Thyroid/ Endocrine disorders	
9)	Nervous disorders	
10)	GI system	
11)	Genital urinary disorder	
12)	Rheumatic joint diseases or symptoms	
13)	Blood disease or disorder	
14)	Cancer/lump growth/cyst	
15)	Congenital disease	
16)	Surgeries	LSCS.
17)	Musculoskeletal System	
PERS	ONAL HISTORY:	
)	Alcohol	(NO)
2)	Smoking	(No)
3)	Diet	Neg Veg
4)	Medication	(No)

R

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MBBS

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Date: 8/1/22 Name: Sodka Baskite

CID:

Sex / Age: 82

EYE CHECK UP

Chief complaints: /L'CU

**Systemic Diseases:** 

Past history:

All. BEG6 X/VB-N-6

Aided Vision:

**Unaided Vision:** 

Refraction:

(Right Eye)

(Left Eye)

	Sph	Cyl	Axis	Vn	Sph	Cyl	Axis	Vn
Distance								
Near								

Colour Vision: Normal / Abnormal

Remark: 2000. Visilow

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HEALTHLINE - MUMBAI: 022-6170-0000 | OTHER CITIES: 1800-266-4343



: 2200872552

Name

: MRS.SUDHA MOHAN SARKATE

Age / Gender

: 32 Years / Female

Consulting Dr. Reg. Location

.

: G B Road, Thane West (Main Centre)

**Authenticity Check** 

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: 08-Jan-2022 / 11:12

Reported :08-Jan-2022 / 14:53

# **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**

	CBC (Complet	e Blood Count), Blood	
PARAMETER	RESULTS	<b>BIOLOGICAL REF RANGE</b>	METHOD
RBC PARAMETERS			
Haemoglobin	9.7	12.0-15.0 g/dL	Spectrophotometric
RBC	4.06	3.8-4.8 mil/cmm	Elect. Impedance
PCV	30.9	36-46 %	Measured
MCV	76	80-100 fl	Calculated
MCH	24.0	27-32 pg	Calculated
MCHC	31.5	31.5-34.5 g/dL	Calculated
RDW	18.4	11.6-14.0 %	Calculated
WBC PARAMETERS			
WBC Total Count	6000	4000-10000 /cmm	Elect. Impedance
WBC DIFFERENTIAL AND A	ABSOLUTE COUNTS		201
Lymphocytes	38.1	20-40 %	
Absolute Lymphocytes	2286.0	1000-3000 /cmm	Calculated
Monocytes	5.8	2-10 %	
Absolute Monocytes	348.0	200-1000 /cmm	Calculated
Neutrophils	55.1	40-80 %	
Absolute Neutrophils	3306.0	2000-7000 /cmm	Calculated
Eosinophils	1.0	1-6 %	
Absolute Eosinophils	60.0	20-500 /cmm	Calculated
Basophils	0.0	0.1-2 %	
Absolute Basophils	0.0	20-100 /cmm	Calculated
Immature Leukocytes			

WBC Differential Count by Absorbance & Impedance method/Microscopy.

Mild

### **PLATELET PARAMETERS**

Microcytosis

Platelet Count	238000	150000-400000 /cmm	Elect. Impedance
MPV	11.3	6-11 fl	Calculated
PDW	24.3	11-18 %	Calculated
RBC MORPHOLOGY			
Hypochromia	Mild		

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Reg. Location

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R

Macrocytosis

Anisocytosis

Poikilocytosis

Mild

Polychromasia

Mild

**Target Cells** 

Basophilic Stippling

Normoblasts

Others

Elliptocytes-occasional

**WBC MORPHOLOGY** 

PLATELET MORPHOLOGY

COMMENT

Features suggest iron deficiency anemia

Advice: Iron studies, Serum ferritin & Reticulocyte count estimation recommended. Stool for occult blood.

Specimen: EDTA Whole Blood

ESR, EDTA WB-ESR

36

2-20 mm at 1 hr.

Westergren

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West \*\*\* End Of Report \*\*\*







Dr.AMIT TAORI M.D (Path) **Pathologist** 

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AERFOCAMI HEALTHCARE	<b>BELOW 40 MALE/FEMALE</b>
DECLU TO	DIOLOGICAL DEED TANKS

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	78.6	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	91.5	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	0.81	0.1-1.2 mg/dl	Diazo
BILIRUBIN (DIRECT), Serum	0.34	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.47	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	7.5	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.8	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	2.7	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.8	1 - 2	Calculated
SGOT (AST), Serum	18.8	5-32 U/L	IFCC without pyridoxal phosphate activation
SGPT (ALT), Serum	12.8	5-33 U/L	IFCC without pyridoxal phosphate activation
GAMMA GT, Serum	13.7	3-40 U/L	IFCC
ALKALINE PHOSPHATASE, Serum	82.1	35-105 U/L	PNPP
BLOOD UREA, Serum	14.3	12.8-42.8 mg/dl	Urease & GLDH
BUN, Serum	6.7	6-20 mg/dl	Calculated
CREATININE, Serum	0.42	0.51-0.95 mg/dl	Enzymatic
eGFR, Serum	186	>60 ml/min/1.73sqm	Calculated

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URIC ACID, Serum

.

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2.4-5.7 mg/dl

Collected

Reported

Uricase

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Amit Taan

Dr.AMIT TAORI M.D ( Path ) Pathologist

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# **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE** GLYCOSYLATED HEMOGLOBIN (HbA1c)

PARAMETER	RESULTS	<b>BIOLOGICAL REF RANGE</b>	<b>METHOD</b>
Glycosylated Hemoglobin	4.5	Non-Diabetic Level: < 5.7 %	HPLC

(HbA1c), EDTA WB - CC

Prediabetic Level: 5.7-6.4 %

Collected

Reported

Diabetic Level: >/= 6.5 %

Estimated Average Glucose (eAG), EDTA WB - CC

82.5

mg/dl

Calculated

### Intended use:

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

### Clinical Significance:

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

### Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

### Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West \*\*\* End Of Report \*\*\*







Dr.SHASHIKANT DIGHADE M.D. (PATH) Pathologist

COLLEGE of AMERICAN PATHOLOGISTS

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# **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE BLOOD GROUPING & Rh TYPING**

PARAMETER

RESULTS

**ABO GROUP** 

Rh TYPING

**Positive** 

NOTE: Test performed by Semi- automated column agglutination technology (CAT)

Specimen: EDTA Whole Blood and/or serum

Clinical significance:

ABO system is most important of all blood group in transfusion medicine

### Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

### Refernces:

- 1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- 2. AABB technical manual

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West \*\*\* End Of Report \*\*\*





Dr.AMIT TAORI M.D (Path) **Pathologist** 

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE LIPID PROFILE

PARAMETER	RESULTS	<b>BIOLOGICAL REF RANGE</b>	METHOD
CHOLESTEROL, Serum	113.9	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	Enzymatic
TRIGLYCERIDES, Serum	48.3	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	GPO-POD
HDL CHOLESTEROL, Serum	39.1	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Homogeneous enzymatic colorimetric assay
NON HDL CHOLESTEROL, Serum	74.8	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	65.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Homogeneous enzymatic colorimetric assay
VLDL CHOLESTEROL, Serum	9.8	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	2.9	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	1.7	0-3.5 Ratio	Calculated

<sup>\*</sup>Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West
\*\*\* End Of Report \*\*\*





Amit Taon

Dr.AMIT TAORI M.D ( Path ) Pathologist

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: 2200872552

Name

: MRS.SUDHA MOHAN SARKATE

Age / Gender

: 32 Years / Female

Consulting Dr. Reg. Location

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: G B Road, Thane West (Main Centre)

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: 08-Jan-2022 / 11:12

:08-Jan-2022 / 13:30

# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	<b>METHOD</b>
Free T3, Serum	4.7	3.5-6.5 pmol/L	ECLIA
Free T4, Serum	16.1	11.5-22.7 pmol/L First Trimester:9.0-24.7 Second Trimester:6.4-20.59 Third Trimester:6.4-20.59	ECLIA
sensitiveTSH, Serum	2.2	0.35-5.5 microIU/ml First Trimester:0.1-2.5 Second Trimester:0.2-3.0 Third Trimester:0.3-3.0	ECLIA

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CID : 2200872552

Name : MRS.SUDHA MOHAN SARKATE

Age / Gender :

: 32 Years / Female

Consulting Dr. Reg. Location

: -

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Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

Clinical Significance:

1)TSH Values between 5.5 to 15 microlU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.

2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4/T4	FT3/T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

Diurnal Variation:TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests:Anti thyroid Antibodies, USG Thyroid ,TSH receptor Antibody. Thyroglobulin, Calcitonin

Limitations: Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.

### Reference

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3.Tietz ,Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD G B Road Lab, Thane West
\*\*\* End Of Report \*\*\*





Dr.AMIT TAOI

Dr.AMIT TAORI M.D ( Path ) Pathologist

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Age / Sex

: 32 Years/Female

Ref. Dr

- Louis

.

Reg. Location: G B Road, Thane West Main Centre

Reg. Date

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: 08-Jan-2022 / 14:04

# **USG WHOLE ABDOMEN**

<u>LIVER:</u> Liver appears normal in size and echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

<u>GALL BLADDER:</u> Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus.

PORTAL VEIN: Portal vein is normal. CBD: CBD is normal.

<u>PANCREAS:</u> Visualised head of pancreas appears normal in size & echotexture. Rest is obscured by excessive bowel gas

KIDNEYS: Right kidney measures 9.5 x 3.5 cm. (NORMAL)

Left kidney measures  $8.8 \times 3.0$  cm. Left kidney is visualised in left renal fossa, but the renal pelvis is facing supero-anteriorly s/o malrotation.

Both kidneys are normal in size, shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

<u>UTERUS:</u> Uterus is anteverted and measures 7.6 x 3.9 x 4.3 cm. Uterine myometrium shows homogenous echotexture. Endometrial echo is in midline and measures 7.0 mm. Cervix appears normal.

**OVARIES:** Both ovaries are normal. Bilateral adnexa are clear.

No free fluid or significant lymphadenopathy is seen.

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: 32 Years/Female

Ref. Dr

Reg. Date

Reg. Location: G B Road, Thane West Main Centre Reported Authenticity Check



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: 08-Jan-2022 / 14:04

### **IMPRESSION:**

# MALROTATED LEFT KIDNEY.

Note:Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have inter-observer variations. Further/follow-up imaging may be needed in some cases for confirmation / exclusion of diagnosis.

Advice: Clinical co-relation and further evaluation.

-----End of Report-----

Dr. Devendra Patil MBBS, MD (Radio-Diagnosis) Consultan Radiologist MMC - 2013/02/0165

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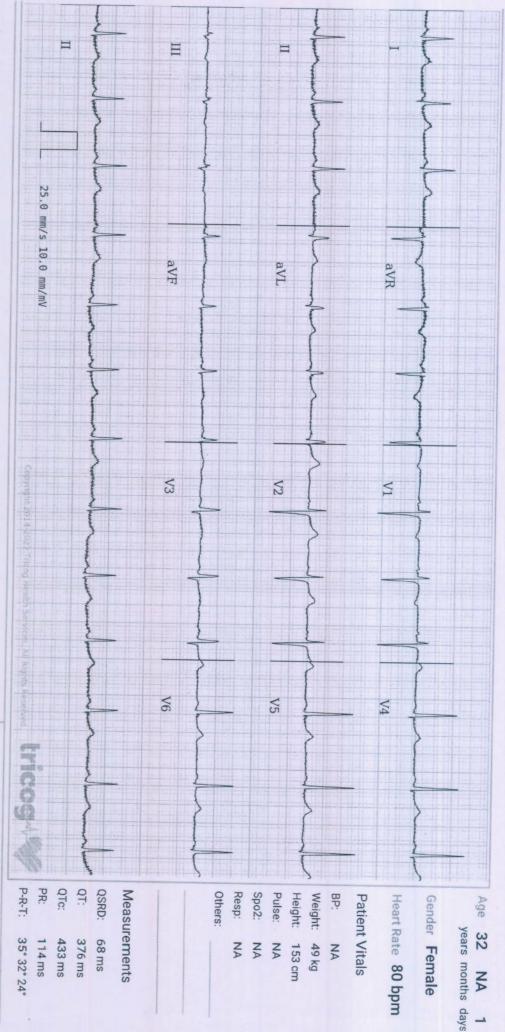


# SUBURBAN DIAGNOSTICS - G B ROAD, THANE WEST

Patient ID: Patient Name: SUDHA MOHAN SARKATE 2200872552

Date and Time: 8th Jan 22 1:21 PM

NA



Z NA

153 cm

ZA

Disclaimer: 1) Analysis in this report is based on ECG alone and should be used as an adjunct to clinical history, symptoms, and results of other invasive and non-invasive tests and must be interpreted by a qualified physician. 2) Patient vitals are as entered by the clinician and not derived from the ECG.

ECG Within Normal Limits: Sinus Rhythm, Normal Axis.Please correlate clinically.

REPORTED BY

DR SHAILAJA PILLA MBBS, MD Physican MD Physican

suburban diagnostic GB road

Time: 12:43:26 PM

Date: 08-Jan-22 Name: SUDHA SARKATE ID: 2200872552

Age: 32 y Sex: F

Height: 152 cms Weight: 49 Kgs Clinical History: NIL

Medications: NIL

**Patient Details** 

**Test Details** 

Protocol: Bruce Pr.MHR: 188 bpm THR: 169 (90 % of Pr.MHR) bpm Total Exec. Time: 3 m 32 s

Max. HR: 169 ( 90% of Pr.MHR )bpm Max. Mets: 7.00 Max. BP: 150 / 80 mmHg

Max. BP x HR: 25350 mmHg/min Min. BP x HR: 5880 mmHg/min

**Test Termination Criteria:** Fatigue, Dyspnea, Target HR attained

## **Protocol Details**

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0:45	1.0	0	0	91	110 / 70	-1.49	
Standing	0:2	1.0	0	0	91	110 / 70		2.12
Hyperventilation	0:1	1.0	0	0	84		-0.21 III	0.351
1	3:0	4.6	1.7	10		110 / 70	-0.21 III	0.711
Peak Ex	0:32	7.0	2.5	12	157	130 / 80	-3.61 aVR	5.66 II
Recovery(1)	1:0	1.8		100	169	150 / 80	-1.70 III	3.18 V2
Recovery(2)	1:0		1	0	125	150 / 80	-1.91 III	3.54 V2
Recovery(3)	1:0	1.0	0	0	107	150 / 80	-0.42 III	2.83
Recovery(4)		1.0	0	0	96	120 / 80	-0.64 II	1.42
	1:0	1.0	0	0	101	120 / 80	-0.64 II	1.06 II
Recovery(5)	0:6	1.0	0	0	106	120 / 80	-0.64	1.06

# Interpretation

The patient exercised according to the Bruce protocol for 3 m 32 s achieving a work level of Max. METS: 7.00. Resting heart rate initially 91 bpm, rose to a max. heart rate of 169 ( 90% of Pr.MHR ) bpm. Resting blood Pressure 110 / 70 mmHg, rose to a maximum blood pressure of

Negative Stress Test,

Poor effort tolerance. Accelerated chronotropic and normal inotropic response. No angina/arrhythmia.No significant STT changes from baseline.

Disclamer Negative stress test does not rule out coronary artery disease. Positive stress test is suggestive of but not confirmatory off coronary artery disease. Hence overall cardiological Dr. SHAILAJA PILLAI corelation is mandatory.

M.D. (GEN.MED) R.NO. 49972

Ref. Doctor:

(Summary Report edited by user)

Doctor: DR.SHAILAJA PILLAI

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