

Name : Mr. ROHIT SHAW (32 /M)

Date : 11/03/2022

Address : 180/1, SHUBHNIWAS, J.N. SINGH ROAD, GOALAPARA, KOLKATA, KOLKATA,  
WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0001927651

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS  
WITH TMT/ECHO)

AHC No : AMHLAH143687



## CHIEF COMPLAINTS

For corporate health checkup

C/O Anal fissure – on ointment PRN.

PRESENT KNOWN ILLNESS:-

H/O Hypothyroidism, since 2018 – on medication.

H/O Primary infertility x 5 years – on medication.

No H/O HTN/DM/TB/Asthma/Heart Disease.



## DRUG ALLERGY

Nil

:14/03/2022



## SYSTEMIC REVIEW

### Cardiovascular system

SWELLING OF FEET - Present, on exertion.

### Respiratory system

Nil significant.

### Gastrointestinal system

APPETITE - Normal, FLATULENCE AND  
DYSPEPSIA - Present, on medication PRN,  
BOWEL HABITS – Regular, PILES – Anal fissure.

### Genitourinary system

FREQUENCY – Normal.

### Central nervous system

HEADACHE – Present occasional / settles with  
balm, MEMORY & CONCENTRATION – Normal,  
SLEEP – Normal.

### Eyes

VISION - Corrected with myopic glasses.

### ENT

HEARING – Normal.

### Musculoskeletal system

Neck pain / back pain - on regular exercise -  
helping.

### Skin

Nil significant.

### Weight

Put on 3 kgs in 1 week.



### Present medications

Tab. Thyronorm (50 mcg) - 1 tab daily. Tab.  
Fertisure M - 1 tab daily.



### Past medical history

Jaundice - in childhood.



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Married  
Diet - Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Active

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### Family history

Father - alive  
Mother - alive  
Brothers - 1  
Hypertension - mother  
Coronary artery disease - none  
Thyroid/other endocrine disorder - father,mother  
Cancer - None

### Skin

No significant finding

### Musculo Skeletal System

Extremities - No significant finding.  
Spine - No significant finding

## PHYSICAL EXAMINATION

### General

Build - obese  
Height (in cms) - 176  
Weight (in Kgs) - 96  
BMI - 30.99  
Pallor - no  
Oedema - no

### Cardiovascular system

Heart rate(Per minute) - 62  
Rhythm - Normal  
Systolic(mm of Hg) - 120  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Appearance - Protruded.  
Organomegaly - No  
Tenderness - No

### Central nervous system

No neurological deficit

Printed By : AVIJIT DAS

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	13.4	g/dl	●	13.0-17.0
RBC COUNT	4.88	Million/ul	●	4.5-5.5
Hematocrit - Hct:	40.1 *	%	●	41-53
MCV	82.2 *	fl	●	83-101
MCH	27.5	pg	●	27-32
MCHC	33.4	%	●	31.5-34.5
RDW	14.3 *	%	●	11.8-14.0
WBC Count	7700	/cu mm	●	4000-10000
Platelet Count	1.26 *	lacs/cu mm	●	1.5-4.0
Neutrophils	67	%	●	40-80
Lymphocytes	27	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	09	mm/1st hr	●	0-15

Epithelial Cells 0-2  
 Casts: Not Found  
 Crystals: Not Found  
 Note: Biological reference interval  
 RBC- 0-2/hpf  
 Pus Cell - 0-5/hpf.

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	134 *	U/L	●	10-40
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	100	U/L	●	53-128
AST (SGOT) - SERUM	105 *	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.9	mg/dL	●	0.0-1.0

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	50	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional	/hpf		

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	206 *	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.1	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	73 *	U/L	●	7-64

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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GLUCOSE - PLASMA (FASTING) 76 mg/dL ● 70-99

TRIGLYCERIDES - SERUM 147 mg/dL ● 0-150

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name Result Unit Level Range  
GLUCOSE - PLASMA (POST PRANDIAL) 129 mg/dL ● 70-140

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name Result Unit Level Range  
TSH: THYROID STIMULATING HORMONE - SERUM 2.5 µIU/mL ● 0.270-4.200

**HBA1C (GLYCOSYLATED**

**HAEMOGLOBIN)-WHOLE BLOOD**

Test Name Result Unit Level Range  
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.2 % ●  
Nondiabetic : 4 - 5.6 %  
Prediabetics : 5.7 - 6.4%  
Diabetes : >= 6.5%  
ADA  
Therapeutic goal : <7%

**URIC ACID - SERUM**

Test Name Result Unit Level Range  
URIC ACID - SERUM 6.4 mg/dL ● 3.5-7.2

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.2 mg/dL ● 0.0-0.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range  
HDL CHOLESTEROL - SERUM 49 mg/dL ● 30-70  
LDL CHOLESTEROL -SERUM 134 \* mg/dL ● Optimal: <100  
VLDL CHOLESTEROL - SERUM (Calculated) 23 mg/dL ● 0-35

**BUN (BLOOD UREA NITROGEN)**

Test Name Result Unit Level Range  
BUN (BLOOD UREA NITROGEN) 11.2 mg/dL ● 7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
A/G - RATIO 1.7:1.0 1.0-2.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
PROTEIN TOTAL - SERUM 7.1 g/dL ● 6.4-8.3  
GLOBULIN: (CALCULATED) - SERUM 2.6 g/dL ● 1.8-3.6

**ECG**

SINUS BRADYCARDIA. OTHERWISE WITHIN NORMAL LIMITS.

**TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

\* Fatty changes in liver - Grade I.

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name Result Unit Level Range  
TOTAL T3: TRI IODOTHYRONINE - SERUM 1.3 ng/ml ● 0.8-2  
TOTAL T4: THYROXINE - SERUM 9.8 µg/dL ● 5.1-14.1

**X-RAY CHEST PA**

Chest skiagram does not reveal any significant abnormality.

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range

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INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT  
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

**Haematology**

STOOL ROUTINE

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

 Within Normal Range     Borderline High/Low     Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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