



To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	SHWETA JAIN
DATE OF BIRTH	28-08-1979
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	12-06-2021
BOOKING REFERENCE NO.	21J103091100000622S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. JAIN SUNIL
EMPLOYEE EC NO.	103091
EMPLOYEE DESIGNATION	BRANCH HEAD
EMPLOYEE PLACE OF WORK	KASNA
EMPLOYEE BIRTHDATE	10-04-1975

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **09-06-2021** till **31-03-2022**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



भारत सरकार

GOVERNMENT OF INDIA



श्वेता जैन

Shweta Jain

जन्म तिथि/ DOB 28/08/1979

पहिला / FEMALE



5448 4401 4682

आधार - आम आदमी का अधिकार

[Handwritten signature]

[Handwritten signature]

DR. MEDITA AHUJA
MBA, MCA, MCOM, FIAS
C.A. (F), ICAI, U.S.A.
DMC No - 66620



भारतीय विशिष्ट पहचान प्राधिकरण
INDIAN IDENTIFICATION AUTHORITY

पता:

W/O: सुनील जैन, जी -
2/80, लखन पार्क, श्याम
पार्क विस्तार, साहिबाबाद,
साहिबाबाद, गाजियाबाद,
उत्तर प्रदेश - 201005

Address:

W/O Sumit Jan G - 2/80 Naveen
Park, Shyam Park extension,
Sahibabad, Sahibabad, Ghaziabad,
Uttar Pradesh - 201005

5448 4401 4682

Aadhaar - Aam Admi ka Adhikar

P & Super Specialist's OPDs
 Emergency, Pharmacy,
 Services, Maternity Services
 & Ambulatory Services
 of Surgery, Urologic,
 and Gynec Surgeries
 and Hospital-Luxury Room (AC)
 Rooms (AC), Economy (AC)
 canteen
 24x7
 and Dental Care Clinic,
 with all major medicines &
 services
 Automated Lab
 use of Ultrasound and Doppler
 by a Senior Experienced
 Angiologist
 of High Quality & Roy & Special
 etc.



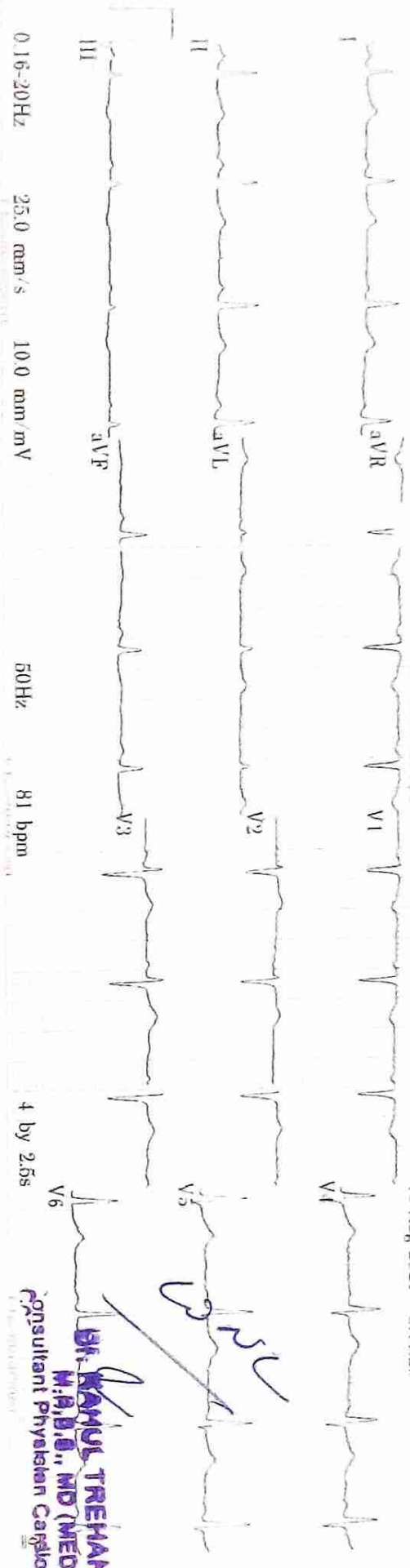
DR. SURESH KUMAR	MD	
DR. SHANKAR	MD	
DR. SHARDA	MD	
NEPHROLOGY		
DR. BHASKAR	MD	
DENTISTRY		
DR. SURESH KUMAR	MD	
DR. SURESH KUMAR	MD	
PLASTIC SURGERY		
DR. ANANT KUMAR	MD	
OPTHALMOLOGY		
DR. SURESH KUMAR	MD	
DR. SURESH KUMAR	MD	
DR. SURESH KUMAR	MD	
UROLOGY		
DR. SURESH KUMAR	MD	
DR. SURESH KUMAR	MD	
DR. SURESH KUMAR	MD	
GASTROENTEROLOGY		
DR. SURESH KUMAR	MD	
DR. SURESH KUMAR	MD	
PEDIATRIC SURGERY		
DR. SURESH KUMAR	MD	
DENTAL		
DR. SURESH KUMAR	MD	
NEPHROLOGY		
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DENTISTRY		
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PEDIATRIC SURGERY		
DR. SURESH KUMAR	MD	
UROLOGY		
DR. SURESH KUMAR	MD	
DR. SURESH KUMAR	MD	
DENTISTRY		
DR. SURESH KUMAR	MD	

18/08/2021

GE MAC600 1.02

ID: 8076809035

18-Aug-2021 9:11:28



0.16-20Hz 25.0 mm/s 10.0 mm/mV 50Hz 81 bpm 4 by 2.5s

DR. RAHUL TREHAN
M.B.B.S., MD (MED)
Consultant Physician Cardiologist

ID: 8076809035

42years Female

Mrs. Shweta Jain
Shweta Jain

Vent. rate 81 bpm
QRS duration 62 ms
QTc 372 ms
PR interval 182 ms
P duration 104 ms
RR interval 746 ms
P-R-T axes 55 47 21

[Signature]
DR. RAHUL TREHAN
M.B.B.S., MD (MED)
Consultant Physician Cardiologist

MAC600 1.02 12SL™ V239

R

SHWETA JAIN 42YRS AKH 23112 F CHEST PA 2021-08-18
AAKASH HOSPITAL 90/43, MALVIYA NAGAR, PH-40501000



Aakash Hospital™

Care with concern

(A unit of Dr. Gabo & Associates Medicare Pvt. Ltd.)



CIN No. UB5110DL2004PTC125538

90/43, Malviya Nagar, New Delhi-110017

#+91-11-40501000 (100 Lines), 9871027922

info@aakashhospital.com, www.aakashhospital.com

NAME: MRS SHWETA JAIN AGE: 42 Y SEX: FEMALE

REF.BY: MEDICAL DATE: 18.08.21 X RAY NO: 23112

CHEST (PA VIEW)

The diaphragmatic domes have smooth contours, a normal arched shape and occupy a normal position.

The costophrenic angles are clear.

Both lungs are normally aerated and are applied to the chest wall on all sides.

The mediastinum is centered and of normal width.

The cardiac and vascular shadows show a normal configuration.

The thoracic skeleton is symmetrically shaped and the spine is unremarkable.

The soft tissue envelope of chest shows no abnormalities.

IMP: NORMAL STUDY


DR.R.DUGGAL
MD(RADIOLOGY)
DMC-2595

AREA OF EXPERTISE

- Interventions (Vascular & Nonvascular)
- FNAC
- Biopsy
- Drainages
- Doppler Scans
- 3D & 4D Scans
- Varicose Vein Laser Treatment



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ECHOCARDIOGRAM REPORT

NAME : MRS SHWETA JAIN
AGE/SEX : 42/F
DATE : 18.08.21

ECHOCARDIOGRAPHY & COLOR DOPPLER REPORT

In device ECG and TDI unavailable,
Fair Echo windows.

MEASUREMENT	VALUE	NORMAL RANGE
AORTIC ROOT DIAMETER	21	20 - 37 mm
AORTIC VALVE OPENING	N	15 - 26 mm
LEFT ATRIAL DIMENSION	30	19 -40 mm
RV DIMENSION	N	07 - 26 mm
RV THICKNESS	N	03 -09 mm
LV ED DIMENSION	42	37 - 56 mm
LV ES DIMENSION	30	22-40mm
IVS THICKNESS	ED -08	06 - 10 mm
LVPW THICKNESS	ED -09	05 - 10 mm
IVS/LVPW RATION	N	
MITRAL VALVE	Normal in structure and function.	
INDICES OF LV FUNCTION		
LVEF	(58) %	60 +/-5 %

IMAGING

AREA OF EXPERTISE

- Interventions
(Vascular & Nonvascular)
- FNAC

- Biopsy
- Drainages
- Doppler Scans

- 3D & 4D Scans
- Varicose Vein
Laser Treatment





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- ❖ LV is normal in size. Normal LV systolic function. No thrombus.
- ❖ LA is normal in size. No clot.
- ❖ RV and RA normal in size, Normal RV function. TAPSE= 20 mm
- ❖ RA normal in size.
- ❖ Mitral valve normal in structure. No MS, No MR.
- ❖ Normal tricuspid & pulmonic valves. No TR detected, RVSP could not be estimated.
- ❖ Aortic valve- tricuspid, normal in structure and mobility. No AR, no AS.
- ❖ Pericardium normal.
- ❖ IVC--- normal in size and collapsing.

RWMA: none


DOPPLER:- Non restrictive mitral inflow

MV	E -1.0 m/sec, A -0.5 m/sec, DT—147 msec.	MR	0/4
TV	---	TR	0/4
AV	0.8 m/sec, max PG—2.6 mmhg	AR	0/4
PV	1.0 m/sec, max PG— 4.0 mmhg	PR	0/4

COLOUR FLOW MAPPING: Normal

FINAL IMPRESSION:-

- ❖ Normal chamber sizes
- ❖ Non restrictive mitral inflow
- ❖ No RWMA
- ❖ Normal LV systolic function.
- ❖ No LV clot, Vegetation, pericardial effusion.


DR. Mohit S Tandon
MD, Medicine
PGPCC, Dip. Advance ECHO
IAE(accredited.)
Consultant Physician and non invasive cardiology.

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90/43, MALVIYA NAGAR, NEW DELHI-110017 #011-40501000



90/43, Malviya Nagar, New Delhi-110017
 #011 40501000 (100 Lines), 9871027922
 info@aakashhospital.com, www.aakashhospital.com

Name	Mrs. SHWETA JAIN	Srl No.	43	Sample Coll.	18/08/202100:58:16
Ref. By	SELF	Age	42 Yrs. Female	Report printing	19/08/202101:16:23
UHID	02	Dep.	BANK OF BARODA	Patient Id	2108180043

Test Name	Result	Unit	Normal Value
<u>COMPLETE HAEMOGRAM</u>			
HAEMOGLOBIN (Hb)	12.2	gm/dl	11.5 - 16.5
TOTAL LEUCOCYTE COUNT (TLC)	7,800	/cumm	4000 - 11000
DIFFERENTIAL LEUCOCYTE COUNT (DLC)			
NEUTROPHIL	74	%	40 - 75
LYMPHOCYTE	23	%	20 - 45
EOSINOPHIL	01	%	01 - 06
MONOCYTE	02	%	02 - 10
BASOPHIL	00	%	0.0 - 1.0
ESR (WESTEGREN's METHOD)	35	mm/1st hr.	0 - 20
R.B.C COUNT	4.02	Millions/cmm	3.8 - 4.8
P.C.V / HAEMATOCRIT	37.3	%	35 - 45
M C V	92.8	fl.	80 - 100
M C H	30.5	Picogram	27.0 - 31.0
M C H C	32.8	gm/dl	33 - 37
PLATELET COUNT	1.57	Lakh/cmm	1.50 - 4.00
RDW	12.4	FL	11.6 - 14.0

**** End Of Report ****

Page 1

Dr. MEENA METRE
 MBBS, MD
 CONSULTANT PATHOLOGIST



90/43, Malviya Nagar, New Delhi-110017
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 info@aakashhospital.com, www.aakashhospital.com

Name	Mrs. SHWETA JAIN	Srl No.	43	Sample Coll.	18/08/202100:58:16
Ref. By	SELF	Age	42-Yrs. Female	Report printing	19/08/202101:16:25
UHID	02	Dep.	BANK OF BAROD	Patient Id	2108180043

Test Name	Result	Unit	Normal Value
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HAEMATOLOGY

BLOOD GROUP ABO

"B"

RH TYPING

POSITIVE

LIPID PROFILE

TRIGLYCERIDES
GPO-Method

104

mg/dL

40.0 - 165.0

TOTAL CHOLESTEROL

203

mg/dL

123.0 - 199.0

H D L CHOLESTEROL DIRECT

61

mg/dL

40.0 - 79.4

V L D L

21.0

mg/dL

4.7 - 22.1

L D L CHOLESTEROL CALCULATED

121

mg/dL

63.0 - 129.0

TOTAL CHOLESTEROL/HDL RATIO

3.32

0.0 - 4.97

LDL / HDL CHOLESTEROL RATIO

1.98

0.00 - 3.55

INTERPRETATION

TRIGLYCERIDE:- Level > 250mg/dL is associated with an approximately 2-fold greater risk of coronary vascular disease. Elevation of triglycerides can be seen with obesity, medication, fast less than 12 hrs., alcohol intake, diabetes melitus, and pancreatitis.

CHOLESTEROL:- Its fractions and triglycerides are the important plasma lipids in defining cardiovascular risk factors and in the management of cardiovascular disease. Highest acceptable and optimum values of cholesterol values of cholesterol vary with age. Values above 220 mgm/dl are associated with increased risk of CHD regardless of HDL & LDL values.

HDL-CHOLESTEROL:- Level <35 mg/dL is associated with an increased risk of coronary vascular disease even in the face of desirable levels of cholesterol and LDL - cholesterol.



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Ref. By	SELF	Age	42 Yrs. Female	Report printing	19/08/202101:16:27
UHID	02	Dep.	BANK OF BARODA	Patient Id	2108180043

Test Name	Result	Unit	Normal Value
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LDL - CHOLESTEROL & TOTAL CHOLESTEROL:- Levels can be strikingly altered by thyroid, renal and liver disease as well as hereditary factors. Based on total cholesterol, LDL- cholesterol, and total cholesterol/HDL - cholesterol ratio, patients may be divided into the three risk categories -

	<u>CHOLESTEROL</u>	<u>LDL-CHOLESTEROL</u>	<u>CHO/HDL RATIO</u>
Acceptable/Low Risk	: < 200 mg/dL	: <130 mg/dL	: < 4.5
Borderline High Risk	: 200-239 mg/dL	: 130-159 mg/dL	: 4.5 - 6.0
High Risk	: > 240 mg/dL	: > 160 mg/dL	: > 6.0

APO A1 & APO B:- Recent studies have shown that Apolipoproteins A1 & B might be the best indicators of Coronary Artery Disease risk in an individual. Patients who have normal lipid profile may have abnormal Apo A1 & Apo B values. Ratio of Apo B : Apo A1 is >1 in cases of increased CHD risk.

LIVER FUNCTION TEST (LFT)

BILIRUBIN TOTAL Diazo Method	0.7	mg/dl	0 - 1.0
CONJUGATED (D. Bilirubin) Diazo Method	0.3	mg/dl	0.00 - 0.25
UNCONJUGATED (I.D Bilirubin)	0.4	mg/dl	0.00 - 0.70
TOTAL PROTEIN Biuret Method	5.6	gm/dl	6.6 - 8.3
ALBUMIN BCG Method	3.9	gm/dl	3.4 - 4.8
GLOBULIN	1.7	gm/dl	2.3 - 3.5
A/G RATIO	2.2		
SGOT IFCC Method	26	IU/L	0 - 32



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UHID	02	Dep. BANK OF BARODA	Patient Id	2108180043

Test Name	Result	Unit	Normal Value
SGPT IFCC Method	29	IU/L	0.0 - 33.0
ALKALINE PHOSPHATASE IFCC Method	77	U/L	35.0 - 104.0
GAMMA GT Glupa C Method	34	IU/L	6.0 - 42.0
LFT INTERPRET			

**** End Of Report ****

Dr. MEENA METRE
MBBS, MD
CONSULTANT PATHOLOGIST



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Ref. By	SELF	Age	42 Yrs. Female	Report printing	19/08/202101:16:29
UHID	02	Dep.	BANK OF BAROD	Patient Id	2108180043

Test Name	Result	Unit	Normal Value
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BIOCHEMISTRY

BLOOD UREA Urease GLDH Method	13.8	mg /dl	15.0 - 45.0
SERUM CREATININE ENZYMATIC Method	0.5	mg%	0.5 - 1.4
BLOOD UREA NITROGEN (BUN)	6.44	mg%	6.0 - 20.0
BLOOD SUGAR FASTING GOD-POD Method	106	mg/dl	70 - 110
BLOOD SUGAR PP GOD-POD Method	125	mg/dl	80 - 140

URINE EXAMINATION TEST

URINE EXAMINATION

PHYSICAL EXAMINATION

QUANTITY	20	ml.	
COLOUR	PALE YELLOW		Pale yellow
TRANSPARENCY	TURBID		
SPECIFIC GRAVITY	1.030		1.005-1.030
PH	6.0		6.0-7.5

CHEMICAL EXAMINATION

ALBUMIN	TRACE	Nil
REDUCING SUGAR	NIL	Nil
KETON	NIL	



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Ref. By	SELF	Age 42 Yrs. Female	Report printing	19/08/202101:16:31
UHID	02	Dep. BANK OF BARODA	Patient Id	2108180043

Test Name	Result	Unit	Normal Value
LEUCOCYTE	NIL		
NITRITES	NEGATIVE		
BLOOD	NIL		
MICROSCOPIC EXAMINATION			
PUS CELLS	2-4	/HPF	0-5
RBC'S	NIL	/HPF	0-2
CASTS	NIL		Occasional
CRYSTALS	NIL		
EPITHELIAL CELLS	6-8	/HPF	0-3
BACTERIA	NIL		Nil
OTHERS	MUCUS THREAD PRESENT		

STOOL EXAMINATION

STOOL ROUTINE & MICROSCOPY	
PHYSICAL EXAMINATION	
COLOUR/ APPEARANCE	BROWNISH
CONSISTENCY	SEMI-FORMED
PUS	NIL
MUCUS	NIL
BLOOD	NIL
CHEMICAL REACTION	
REACTION	6.5



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Ref. By	SELF	Age	42 Yrs. Female	Report printing	19/08/202101:16:33
UHID	02	Dep.	BANK OF BAROD	Patient Id	2108180043

MICROSCOPY EXAMINATION

PUS CELLS	NIL /HPF
RBC'S	NIL /HPF
OVA	NOT SEEN
CYST	NOT SEEN
VEG MATTER	ABSENT
OTHERS	NIL

**** End Of Report ****

Dr. MEENA METRE
MBBS, MD
CONSULTANT PATHOLOGIST



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Ref. By	SELF	Age	42 Yrs. Female	Report printing	19/08/202101:18:00
UHID	02	Dep.	BANK OF BARODA	Patient Id	2108180043

Test Name	Result	Unit	Normal Value
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BIOCHEMISTRY

URINE SUGAR FASTING	NIL		NIL
URINE SUGAR PP	NIL		

**** End Of Report ****

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PATIENT NAME : MRS. SHWETA JAIN 02
REG No : 2021087803
UID No : 101437693
REF. BY Dr. : SELF
AGE / SEX : 42 Years / F
REG.DATE/TIME : 18/08/2021
PRINT DATE : 18/08/2021
AREA : SAKET



HORMONE

<u>Investigation</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
T3 SERUM (CLIA)	1.87	nmol/L	0.92 - 2.79
T4 SERUM (CLIA)	115.85	nmol/L	58.1 - 140.6
TSH SERUM (CLIA)	2.61	uIU/ml	0.35 - 5.5

Remarks :

(1) 4.2 to 15 uIU/mL - Correlate clinically as physiological and other factors may falsely elevate TSH level. (2) TSH Values may be transiently altered because of non thyroidal illness. (3) Some drugs may decrease TSH values, e.g., L-dopa, Glucocorticoids. (4) Some drugs may increase TSH values, e.g., Iodine, Lithium, Amiodarone. Abbreviations.

.....END OF REPORT.....



Sherry Khanna

Dr. Sherry Khanna
DNB(Pathology)
Head-Lab



90/43, Malviya Nagar, New Delhi-110017
#011 40501000 (100 Lines), 9871027922
info@akashhospital.com, www.akashhospital.com

PATIENT NAME : MRS. SHWETA JAIN 02 AGE / SEX : 42 Years / F
REG No : 2021087803 REG.DATE/TIME : 18/08/2021
UID No : 101437693 PRINT DATE : 18/08/2021
REF. BY Dr. : SELF AREA : SAKET



BIOCHEMISTRY

<u>Investigation</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
HbA1c WHOLE BLOOD (HPLC)	5.40	%	4.8 - 5.9

CLINICAL EVALUATION:

RECOMMENDED: DCCT NGSP GUIDELINES FOR HbA1C LEVELS :

Normal : 4.8 % - 5.9%

Target for diabetics : < 7%

Therapeutic action required : > 8%

END OF REPORT



Sherry Khanna

Dr. Sherry Khanna
DNB(Pathology)
Head-Lab



Aakash HospitalTM

Care with concern

(A unit of Dr. Gaba & Associates Medicare Pvt. Ltd.)



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NAME: MRS SHWETA JAIN

AGE: 42 YRS

SEX: FEMALE

REF. BY: MEDICAL

DATE: 18.08.21

ULTRASOUND WHOLE ABDOMEN

LIVER: - Normal sized, with homogenously increased echotexture. No focal lesion seen. Intra hepatic biliary system not dilated. Intra hepatic veins radicles are normal.

GALL BLADDER: - Normal distention. No mass lesion or calculus seen in the lumen. Extra hepatic biliary system is not dilated.

PANCREAS: - Normal size and echotexture. No focal lesion seen. Pancreatic duct not dilated.

SPLEEN: - Normal size and echotexture. No focal lesion seen. Spleno-portal axis is normal.

KIDNEYS: - Both kidneys normally identified in the respective renal fossae. They demonstrate normal size, contour and echo pattern with no evidence of hydronephrosis or calculus seen on either side.

Right kidney measures approx. 9.2 cm in the long axis.
Left kidney measures approx. 9.8 cm in the long axis.

URINARY BLADDER: - Empty at the time of scan.

UTERUS: - Normal sized (56 x 42 mm), demonstrating normal endometrial echo complex (6.7 mm) and even echo-textured myometrium.

No obvious adnexal mass seen.

Retroperitoneum does not show any abnormally enlarged lymph nodes. No pleural effusion or ascites seen. Bowel loops are unremarkable. Both iliac fossae are normal. Colon is fecal loaded.

IMPRESSION: - Grade-I fatty infiltration of liver.

Kindly correlate clinically.

DR. SALSABEEL S
DMRD. DNB (RADIOLOGY)
DMC-35954

AREA OF EXPERTISE

- Interventions (Vascular & Nonvascular)
- FNAC

- Biopsy
- Drainages
- Doppler Scans

- 3D & 4D Scans
- Varicose Vein Laser Treatment



