

ID: 000133276

Visit

28-Jan-2023

12:07:29

30years

Asian

Female

BRUCE

Max HR: 169bpm

93% of max predicted 180bpm

Max BP: 140/80

Maximum workload: 8.6METS

Reason for Termination: Max HR attained

Comments:

Total Exercise time: 7:03

25.0 mm/s

10.0 mm/mV


100hz

Referred by:

Test ind:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	WorkLoad (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	1:22	***	***	1.0	88	120/80	106
	STANDING	0:03	***	***	1.0	90	120/80	106
	HYPERVENT	0:15	0.8	0.0	1.0	82	120/80	98
EXERCISE	STAGE 1	3:00	1.7	10.0	4.6	130	120/80	156
	STAGE 2	3:00	2.5	12.0	7.0	159	140/80	223
	STAGE 3	1:03	3.4	14.0	8.6	165	140/80	231
RECOVERY	Post	3:01	***	***	1.0	115	140/80	161

TMT Negative for ST





Swaminarayan Nagar, Off Mumbai-Agra Highway,  
Panchvati, Nashik - 422 003.

QFAHN/BILL/003/V1

Name : Mrs. MANISHA P SANAP (31 / F) +91- 253 - 2510250 / 350 / 450 / 550 / 750

Date : 28/01/2023

Address : MEDIWHEEL NASHIK, NASHIK, MAHARASHTRA, INDIA



Examined by :

UHID : MHN1.0000133276

Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH29971



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension, Thyroid  
disorder, Heart disease,  
Stroke, Asthma, COPD,  
Cancer



## DRUG ALLERGY

NO KNOWN ALLERGY :28/01/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant



### Past medical history

Do you have any - No  
allergies?  
Do you have any drug - No  
allergies?  
Past medical history - nil significant  
Covid 19 - Yes  
- 2021,2022  
Hospitalization for - No  
Covid 19  
Oxygen support - No



### Surgical history

Lower segment - 2017,2020  
caesarean section

### Immunization history

- Covid Dose1,Covid Dose2



### Personal history

Marital status - Married  
Diet - Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Active  
- home exercise

### Family history

Family history - Nil significant  
Coronary artery - none  
disease  
Cancer - None

## PHYSICAL EXAMINATION

### General

General appearance - normal  
Build - normal  
Height - 157  
Weight - 68.9  
BMI - 27.95  
Pallor - No  
Oedema - no  
Temperature - 95.2  
SpO2 - 98

### Cardiovascular system

Heart rate (Per minute) - 64  
Rhythm - Regular  
- B.P. Supine  
Systolic(mm of Hg) - 90  
Diastolic(mm of Hg) - 60  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath  
sounds

### Abdomen

Organomegaly - No



Name : Mrs. MANISHA P SANAP (31 /F)

Package : MediWheel Full Body Health Checkup Female Below 40 Package

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Date : 28/01/2023

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Tenderness - No





Name : Mrs. MANISHA P SANAP      www.askapollo.com      Age : 31Yr 0Mth 0Days      Gender: Female  
 UHID : MHN1.0000133276 / NSKAH29971      W/BNo/RefNo : AHC  
 SIN ILRN : 11589471 \ 11589473 \ 696842  
 Specimen : Urine  
 Ref Doctor : Dr. Rajashri Dhongade



Collected on : 28-JAN-2023 10:22:04 AM      Received on : 28-JAN-2023 11:12:26 AM      Reported on : 28-JAN-2023 01:23:11 PM

**MediWheel Full Body Health Checkup Female Below 40 Package**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>C B C WITH ESR (AUTOMATION + STANDARD METHOD)</b>			
Hemoglobin	12.6	11.0 - 16.0	g/dl
Haematocrit	37.3	34.0 - 48.0	%
RBC COUNT	4.49	3.7 - 5.6	Million/ul
MCV	83	75.0 - 95.0	fl
MCH	28.1	26.0 - 32.0	pg
MCHC	33.8	31.0 - 36.0	g/dl
RDW	15.1	11 - 16	%
Platelet Count(Optical/Impedance)	260	140 - 440	10 <sup>9</sup> /mm <sup>3</sup>
TLC Count	6.09	4.0 - 11.0	10 <sup>9</sup> /mm <sup>3</sup>
<b>Differential Count</b>			
Neutrophils	55	40 - 75	%
Lymphocytes	38	20 - 45	%
Eosinophils	02	1 - 6	%
Monocytes	05	1 - 10	%
Basophils	00	0 - 1	%
ERYTHROCYTE SEDIMENTATION RATE (ESR)	12	0 - 20	mm/1st hr
<b>PERIPHERAL SMEAR</b>			
<b>URINE ROUTINE (CUE)</b>			
Specific Gravity	1.015 *	1.016 - 1.026	
Color,:	pale yellow		
Transparency:	Clear		
Reaction:	Acidic		
Protein :	Absent		
Sugar:	Absent		
pH	5.5	4.6 - 8	
Blood:	1+		
Ketone	Absent		



Name : Mrs. MANISHA P SANAP

Age : 31Yr 0Mth 0Days

Gender: Female

UHID : MHN1.0000133276 / NSKAH29971

W/BNo/RefNo : AHC

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Bile Pigments:	Absent
Bile Salts :	Negative
Urobilinogen	Normal
Nitrite	Negative

**DEPOSITS:**

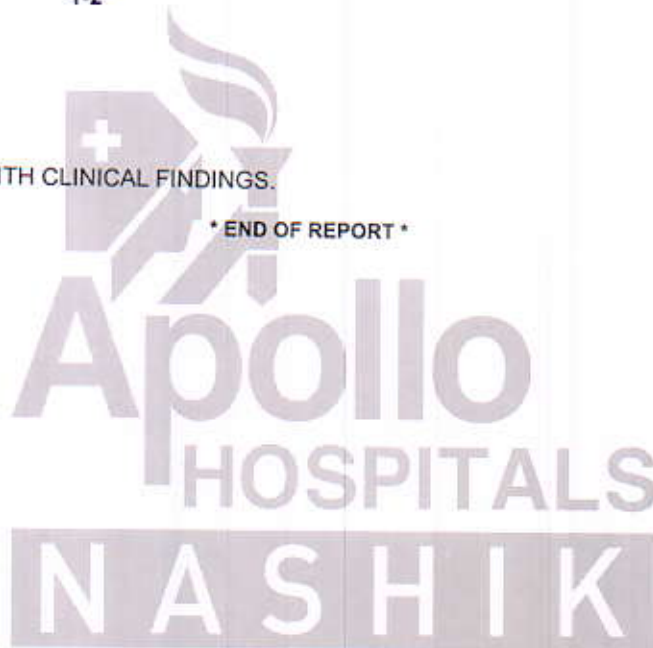
RBC	1-2	/hpf
WBC/Pus Cells	1-2	/hpf
✓/Sqc(Transitional/Squamous epithelial cells)	1-2	/hpf

Comments : cast:absent  
crystals:absent

Report Status:Final

KINDLY CORRELATE RESULTS WITH CLINICAL FINDINGS.

\* END OF REPORT \*



CHECKED BY : 1220754

724600

Dr.Minal Desale

Printed On : 29-JAN-2023 10:45:52 AM



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QFAHN/BILL/003/V1

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UHID : MHN1.0000133276

Date : 28/01/2023

Package : MediWheel Full Body Health Checkup Female Below 40 Package

apollonashik@apollohospitals.com

AHC No : NSKAH29971



### C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	12.6	g/dl	●	11.0-16.0
Haematocrit	37.3	%	●	34.0-48.0
RBC COUNT	4.49	Million/ ul	●	3.7-5.6
MCV	83	fl	●	75.0-95.0
MCH	28.1	pg	●	26.0-32.0
MCHC	33.8	g/dl	●	31.0-36.0
RDW	15.1	%	●	11-16
Platelet Count (Optical/Impedance)	260	10 <sup>9</sup> /m <sup>3</sup>	●	140-440
TLC Count	6.09	10 <sup>9</sup> /m <sup>3</sup>	●	4.0-11.0
Neutrophils	55	%	●	40-75
Lymphocytes	38	%	●	20-45
Eosinophils	02	%	●	1-6
Monocytes	05	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	12	mm/1st hr	●	0-20

### BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
(D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	24 *	U/L	●	30-65
ALBUMIN - SERUM	4.1	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.5	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.2		●	1.1-1.8

ALKALINE PHOSPHATASE - SERUM/PLASMA	59	U/L	●	0-100
-------------------------------------	----	-----	---	-------

AST (SGOT) - SERUM	20	U/L	●	15-37
--------------------	----	-----	---	-------

BILIRUBIN, TOTAL - SERUM	0.1	mg/dL	●	0.0-1.0
--------------------------	-----	-------	---	---------

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	166	mg/dL	●	0-200

### CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.9	mg/dL	●	0.6-1.0

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	19	U/L	●	0-50

### GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	102 *	mg/dL	●	70-100

### GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	95	mg/dL	●	70-140

### GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.8	%	●	0.0-6.0

Mean Plasma Glucose (MPG) Estimate: 129.1800 mg/dL

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
-----------	--------	------	-------	-------

● Within Normal Range    ● Borderline High/Low    ● Out of Range



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HDL CHOLESTEROL - SERUM / PLASMA 42 mg/dL ● 40-60

No significant abnormality is detected.

TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated) 4.0 ● 0.0-4.5

**X-RAY CHEST PA**

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

LDL Cholesterol (Direct LDL) 124 mg/dL

**Haematology**

STOOL ROUTINE

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	7.6	g/dL	●	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	7.6	g/dL	●	6.4-8.2

**Biochemistry**

TOTAL T3: TRI IODOTHYRONINE - SERUM

TSH: THYROID STIMULATING HORMONE - SERUM

**Histopathology**

CERVICAL/VAGINAL SMEAR II SLIDE

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	130	mg/dL	●	0-150

**Haematology**

URINE ROUTINE (CUE)

**UREA - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	23	mg/dL	●	15-38
UREA NITROGEN SERUM/PLASMA: (Calculated)	11	mg/dL	●	7-18

**Biochemistry**

TOTAL T4: THYROXINE - SERUM

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.1	mg/dL	●	2.6-6.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.0	mg/dL	●	0.0-0.7

**CARDIAC STRESS TEST - (TMT)**

**ECG**

**ULTRASOUND - WHOLE ABDOMEN**

● Within Normal Range    ● Borderline High/Low    ● Out of Range



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QFAHN/BILL/003/V1

Date

26/01/2023

AHC No

NSKAH29971



Printed By :

AHC Physician / Consultant Internal Medicine



**Note :-** The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.





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Date

28/01/2023

AHC No

NSKAH29971



## AICVD RISK SCORE REPORT

### RISK STATUS

Low Risk

### YOUR SCORE

2

### ACCEPTABLE SCORE

2

**Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515

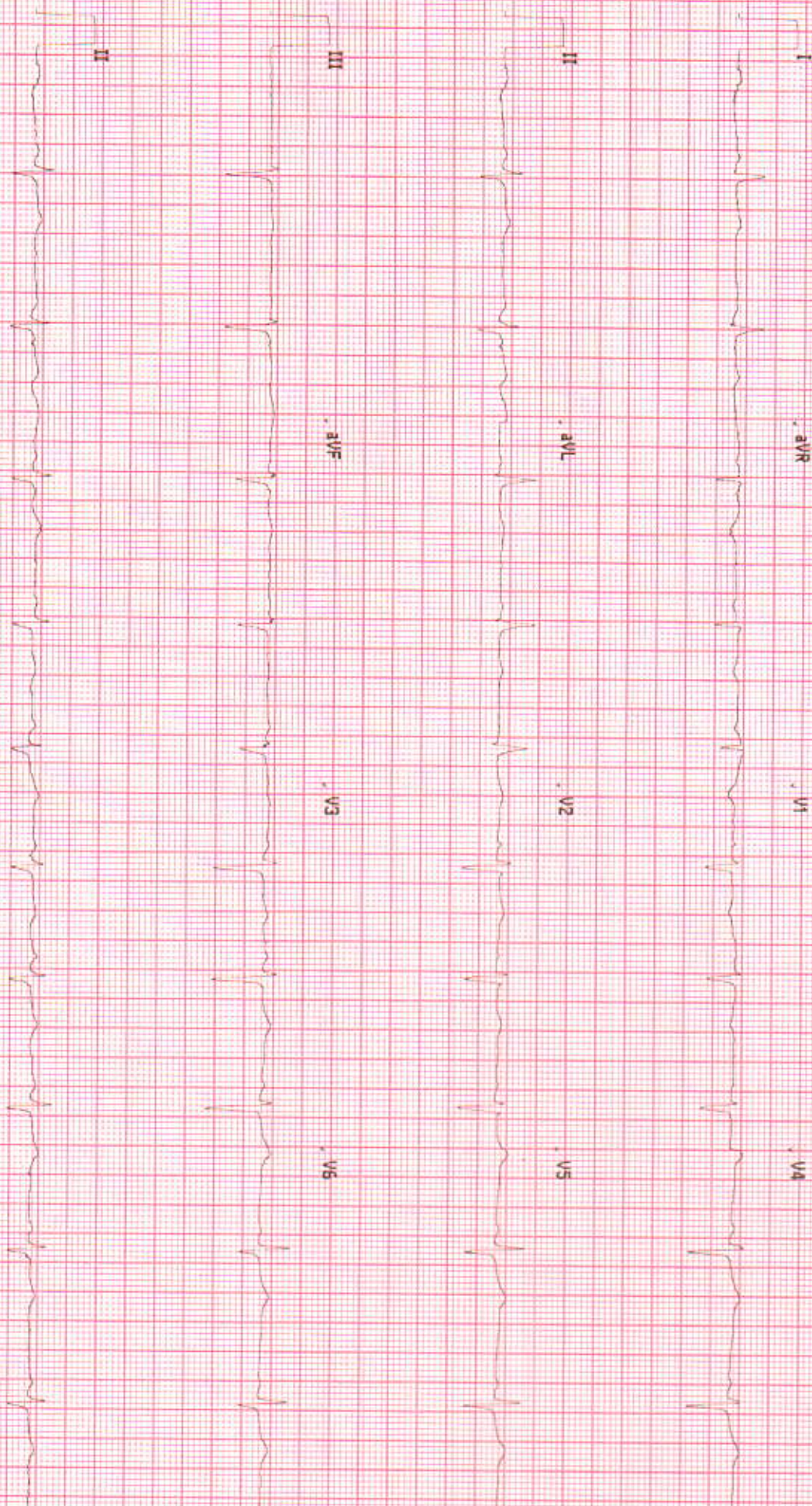
NASHIK

Sanap, Mansha  
ID:  
DOB:  
30yr, Female

28-Jan-2023 09:29:47

Vent rate: 64 BPM  
PR int: 155 ms  
QRS dur: 109 ms  
QT/QTc: 443/452 ms  
P-R-T axes: 40 -35 30

SINUS RHYTHM WITH SINUS ARRHYTHMIA  
MARKED LEFT AXIS DEVIATION (QRS AXIS < -30)  
ABNORMAL ECG  
UNCONFIRMED REPORT



11350018213

No Site Name

Site # 0 Carl #

2 Version 2.0.4.0 Sequence #22296 25mm/s 10mm/mV 0.05-40 Hz




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NASHIK

## MD (Radiology)

**Patient Details** : Mrs. MANISHA P SANAP | Female | 31Yr 0Mth 0Days  
**UHID** : MHN1.0000133276 **Patient Location:** AHC  
**Patient Identifier:** NSKAH29971   
**DRN** : 223002428 **Completed on :** 28-JAN-2023 11:22  
**Ref Doctor** : Dr. Rajashri Dhongade

### ULTRASOUND - WHOLE ABDOMEN

**LIVER** : Normal in size. Echotexture is uniform and normal.  
No I.H.B.D./ focal lesions.

**PORTAL VEIN**: Normal in size.

**GALL BLADDER**: Minimally distended ---- post prandial status.

**COMMON BILE DUCT**: Normal in size.

**PANCREAS** : Visualized portion of head and body of pancreas appears normal in size and echotexture. Rest of the pancreas is obscured due to bowel gases.

**AORTA, IVC and para aortic areas** are normal.

**SPLEEN** : Normal in size and echotexture.

**KIDNEYS**: Both kidneys are normal in site, size and echotexture.

No evidence of calculi/ hydronephrosis.

Right kidney measures : 9.5 x 4.3cm.

Left kidney measures : 9.9 x 4.1cm.

**URINARY BLADDER**: Well distended with normal walls.

No evidence of calculi/ growth/ diverticula.

**UTERUS**: Anteverted. Normal in size and echotexture.

Uterus measures : 5.3 x 3.1 x 9.3cm.

Endometrium is thin and measures 3.1mm.



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Mrs. MANISHA P SANAP

MHN1.0000133276

NSKAH29971

**ULTRASOUND - WHOLE ABDOMEN**

**OVARIES:**

Right ovary measures : 3.7 x 2.4cm.

Left ovary measures : 3.4 x 2.1cm.

Normal in size and echotexture.

Visualized bowel loops appear grossly normal.

No evidence of any free fluid in the peritoneal cavity.

**Impression**

No significant abnormality is detected.

--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)

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## MD (Radiology)

**Patient Details** : Mrs. MANISHA P SANAP | Female | 31Yr 0Mth 0Days  
**UHID** : MHN1.0000133276 **Patient Location:** AHC  
**Patient Identifier:** NSKAH29971   
**DRN** : 123003836 **Completed on :** 28-JAN-2023 09:20  
**Ref Doctor** : Dr. Rajashri Dhongade

## X-RAY CHEST PA

Both lung fields are clear.  
Both hila are normal in size and position.  
Costophrenic and cardiophrenic angles are clear.  
Cardiac size and contour are within normal limits.  
Rib cage is normal.  
Soft tissues are normal.

### **Impression**

No significant abnormality is detected.

--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)



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NASHIK

28/1/23

Ms Manisha Sangale

IA

10,500 - FPD

Dr Bijanlea Pnt1

9096986290/

8275015672

- No H/O of HMN & DM.

- Missing teeth present.

- H/O of RCT.

- Supra & Subgingival plaque seen.



Adm. - FPD Req.

Completion of RCT to upper tooth



# OPHTHALMOLOGY



Name : Mrs. Manisha Sangle Date 28/1/23 UNIT \_\_\_\_\_  
 Occupation : \_\_\_\_\_ Room No. \_\_\_\_\_ Out Patient   
 Age : 31 Sex : Male  Female  S/M/W/D Ref. Physician : \_\_\_\_\_  
 Address : N/A Copies to : \_\_\_\_\_  
 Tel. No. \_\_\_\_\_

## REPORT ON OPHTHALMIC EXAMINATION

HISTORY : \_\_\_\_\_

PRESENT COMPLAINT : do writing while reading  
 PAST HISTORY : DM / HTN / ALLERGY

**ON EXAMINATION**

VISION :

RE  
6/6

LE  
6/6

	RIGHT					LEFT				
	PGP	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA	
DIST		—————					—————			
NEAR		—————					—————			

AR / Retinoscopy :

	RIGHT			LEFT		
	SPH	CYL	AXIS	SPH	CYL	AXIS
	R	-1.00	83°	L	-0.5	104°

Refraction or Acceptance :

	RIGHT					LEFT				
	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA		
DIST	R	-0.5	105	6/6	L	-0.5	110	6/6		
NEAR	—————				no	—————				

CV. (N)