

**Name** : Mrs. NATASHA GHOSH BASU (34 /F)

**Date** : 24/06/2022

**Address** : 752 LAKE TOWN BLOCK-A, ANIMA APPT, KOLKATA, KOLKATA, WEST BENGAL, INDIA

**Examined by:**

**UHID** : AGHL.0001462503

**Package** : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

**AHC No** : AMHLAH150724



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

### Present known illness

No history of : - Diabetes mellitus, Hypertension, Heart disease, Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY

:25/06/2022



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Bowel habits - regular

### Genitourinary system

Frequency - normal

### Gynaec history

Last menstrual period - 8/6/22; Periods - irregular, scanty; Last child birth - 5 years; No of deliveries - P1+1

### Central nervous system

Head ache - yes; Dizziness - yes

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Normal hearing

### Musculoskeletal system

Spine and joints  
Knee (bilateral) - pain

### Skin

- Nil Significant

### Weight

- stable



## Past medical history

Covid 19 - Yes

Hospitalization for Covid 19 - No

Covid 19

Others - Childhood Asthma - inhaler not required at adulthood.



## Surgical history

Lower segment caesarean section - 5 years back.

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Others - Sebaceous cysts operated  
- September, 2021.

### Personal history

Marital status - Married  
No. of children - 1  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Sedentary

### Family history

Father - has expired  
Aged - At 77 years  
- Pneumonia  
Mother - alive  
Sisters - 1  
Diabetes - mother,uncle,aunt  
Hypertension - father,mother  
Coronary artery disease - mother  
Cancer - None

## PHYSICAL EXAMINATION

### General

Build - over weight  
Height - 160 Cm  
Weight - 64 Kg  
BMI - 25  
Pallor - No  
Oedema - no

### Cardiovascular system

Heart rate (Per minute) - 88  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 110  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Present.

### Central nervous system

- No neurological deficit

### Skin

- No significant finding

### Musculo Skeletal System

- No significant finding

Printed By : AVIJIT DAS

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	13.6	g/dl	●	12.0-15.0
RBC COUNT	5.12 *	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	41.5	%	●	36-46
MCV	81.1 *	fl	●	83-101
MCH	26.6 *	pg	●	27-32
MCHC	32.8	%	●	31.5-34.5
RDW	14.0	%	●	11.8-14.0
WBC Count	8200	/cu mm	●	4000-10000
Platelet Count	2.47	lacs/cu mm	●	1.5-4.0
Neutrophils	59	%	●	40-80
Lymphocytes	32	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	07	mm/1st hr	●	0-20

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	50	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	7.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional	/hpf		

Epithelial Cells	8-10 /h.p.f /hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	11	U/L	●	10-40
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	69	U/L	●	42-98
AST (SGOT) - SERUM	16	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	157	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSEPTIDASE - SERUM	11	U/L	●	7-64

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
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● Within Normal Range      ● Borderline High/Low      ● Out of Range

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GLUCOSE - PLASMA (FASTING) 93 mg/dL ● 70-99

TSH: THYROID STIMULATING HORMONE - SERUM 1.9 µIU/mL ● 0.270-4.200

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.4	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.2	mg/dL	●	2.6-6.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	55	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	85	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	17	mg/dL	●	0-35

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	8.8	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.3:1.0			1.0-2.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.3	g/dL	●	1.8-3.6

**ECG**

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

**X-RAY CHEST PA**

\* Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	10.4	µg/dL	●	5.1-14.1

**Haematology**

URINE SUGAR - POST PRANDIAL (QUALITATIVE)  
STOOL ROUTINE

**Biochemistry**

GLUCOSE - PLASMA (POST PRANDIAL)

**Histopathology**

PAP SMEAR /CERVICAL SMEAR

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	87	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
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**Ultrasound Radiology**

ULTRASOUND SCREENING WHOLE ABDOMEN

**CARDIOLOGY**

TREADMILL TEST / STRESS TEST



Within Normal Range



Borderline High/Low



Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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