

- COMPUT. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
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- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



NAME	MRS SAPNA KULSUNGE	DATE	12/03/2022
		AGE	37 YRS
REF. BY DR	MEDIWHEEL	SEX	FEMALE

### REAL TIME SONOGRAPHY OF WHOLE ABDOMEN SHOWS,

#### LIVER :

Liver is normal in size showing homogenous paranchymal echotexture. There is no evidence of solid or cystic mass. The Portal vein and the hepatic venous system appears normal..

#### Gall bladder :

Gall bladder is physiologically distended .The gall bladder wall of normal thickness. No evidance of gall stones..

#### PANCREAS :

Pancreas is normal in size with smooth margin and homogenous paranchymal echotexture . No e/o focal lesion seen.

#### KIDNEYS :

Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appear normal .There is no evidence of hydronephrosis or renal calculus

(a) Right kidney measures: 10.0 x 4.1 cms.

(b) Left kidney measures: 10.1 x 3.1 cms.

#### SPLEEN :

The spleen is normal in size with homogenous paranchymal echotexture.No focal lesion are seen.

#### URINARY BLADDER :

The Urinary bladder is well distended.No evidence of calculus or intraluminal mass seen int the bladder.

#### UTERUS :

Uterus is normal and shows homogenous myometrial echopattern .Endometrium lining appears normal .No evidence of focal lesion.

Uterus measures: 7.4 x 5.0 x 3.8 cms. ET – 8.9 mm.

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**ADNEXA :**

Both ovaries are normal in size and shows homogenous echopattern. No evidence of focal lesion.

(a) Right ovary measures: 2.5 x 1.7 cms.

(b) Left ovary measures: 2.0 x 1.3 cms.

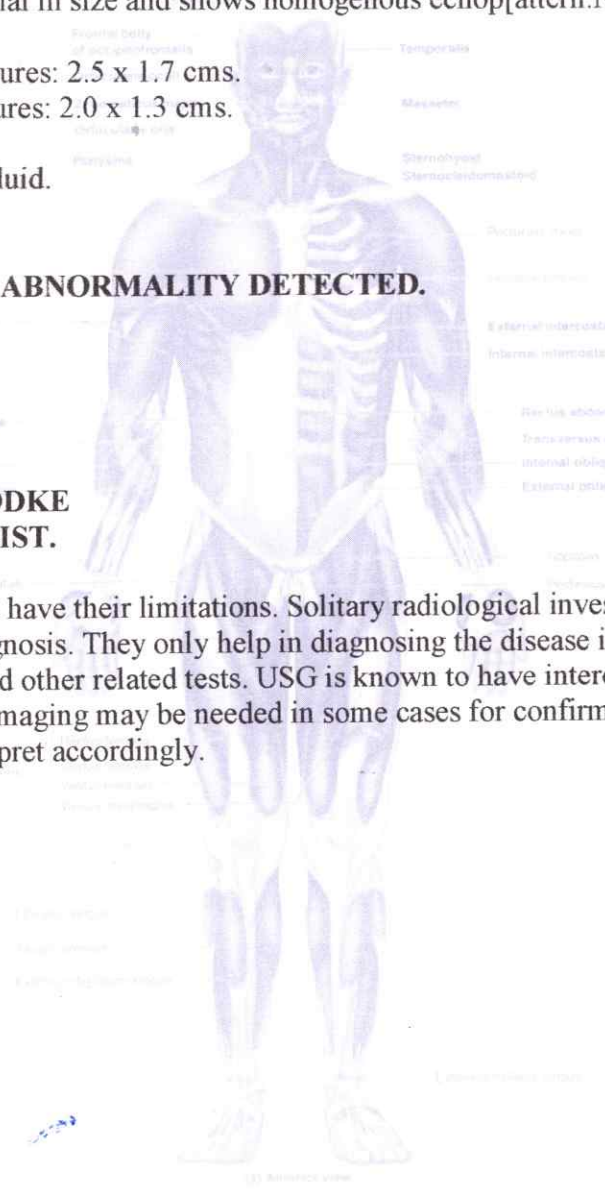
No evidence of free fluid.

**IMPRESSION :**

**NO SIGNIFICANT ABNORMALITY DETECTED.**

**DR. SHRIKANT BODKE**  
**CONS. RADIOLOGIST.**

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings..Please interpret accordingly.



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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

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<b>NAME</b>	MRS SAPANA A KULSANGE	<b>DATE</b>	12.03.2022
		<b>AGE</b>	39YRS
<b>REF. BY DR.</b>	MEDIWHEEL	<b>SEX</b>	FEMALE

## X-RAY CHEST (PAVIEW).

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

### **IMPRESSION :**

**NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.**

**Correlate clinically .**

**DR ANIL SAXENA**  
(Consultant Radiologist)

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MRS SAPANA A KULSANGE**

**Lab No. : JCA7324 \*JCA7324\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 11:44 am**

**Sex : FEMALE Age : 39 Years**

**Report Date: 12-Mar-2022 6:20 pm**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 1:06 pm**

## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	<b>11.1</b>	gm %	Female : 11.5 - 14.5 gm%
Erythrocytes ( Total RBCs)	4.31	mill. / cmm	Female : 3.8 - 5.2 mill. / cmm
PCV	35	%	Female : 32 - 47 %
MCV	81.20	fl	80- 96 fl
MCH	<b>25.80</b>	pg	27 - 32 pg
MCHC	<b>31.70</b>	gm%	32 - 37 gm%
RDW	<b>14.7</b>	%	12 - 14.5

### TOTAL WBC COUNT

TOTAL WBC COUNT	6900	/ cumm	4,000 - 11,000
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### DIFFERENTIAL COUNT

Neutrophils	55	%	40 - 75
Lymphocytes	35	%	20 - 40
Eosinophils	<b>07</b>	%	0 - 6
Monocytes	03	%	2 - 8
Platelet count	355000	Lacs/cmm	150000-450000

### PERIPHERAL SMEAR

RBC Morphology	Hypochromasia (mild)		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	20	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

END OF REPORT

<b>Checked By</b>	1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301	<b>DR. BHAVINI KAMDAR</b>
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**Patient's Name : MRS SAPANA A KULSANGE**

**Lab No. : JCA7324 \*JCA7324\***

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**Reg. Date : 12-Mar-2022 11:44 am**

**Sex : FEMALE Age : 39 Years**

**Report Date: 12-Mar-2022 6:46 pm**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 1:06 pm**

**BLOOD GROUP**

**TEST**

Blood Group

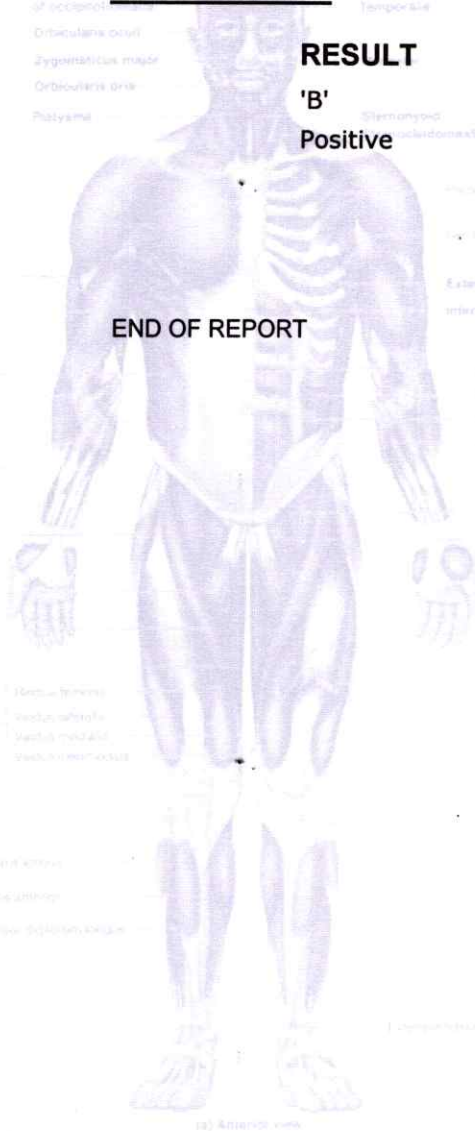
Rh Factor

**RESULT**

'B'

Positive

END OF REPORT



Checked By

DR. BHAVINI KAMDAR

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**Lab No. : JCA7324 \*JCA7324\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 11:44 am**

**Sex : FEMALE Age : 39 Years**

**Report Date: 14-Mar-2022 10:35 am**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 1:06 pm**

**TEST**

**RESULT**

**NORMAL VALUES**

**BLOOD SUGAR REPORT**

**BLOOD SUGAR FASTING**

**109.9**

Normal: 70-110 mg/dL  
 Impaired Fasting Glucose(IFG):  
 110 -125  
 Diabetes mellitus:  $\geq 126$   
 (on more than one occasion)

*Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser*

*Comment:*

*Blood sugar values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.*

**BLOOD SUGAR REPORT**

**BLOOD SUGAR (Post prandial)**

**100**

Normal: 70-140 mg/dL

Impaired Tolerance: 140-199  
 Diabetes mellitus:  $\geq 200$   
 (on more than one occasion)

**URINE SUGAR (Post prandial)**

**Absent**

*Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser*

*Comment:*

*Blood sugar values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.*

Checked By	DR. BHAVINI KAMDAR
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**BIOCHEMISTRY REPORT**

**Test**

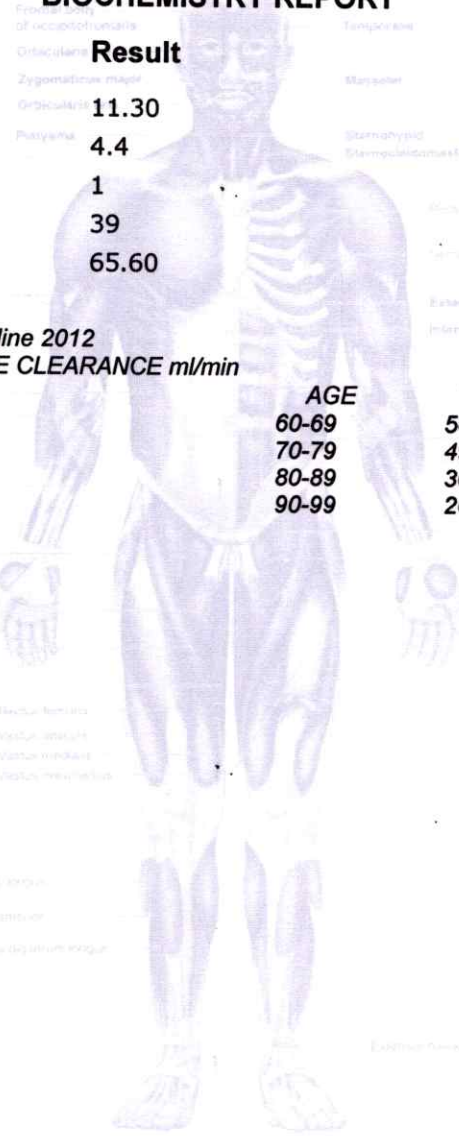
Blood Urea Nitrogen (BUN)

Serum Uric Acid

CREATININE

Age of the Patient

eGFR



**Result**

11.30

4.4

1

39

65.60

**Normal Range**

5 - 20 mg/dl

Female : 2.4 - 5.7 mg%

0.5 - 1.5 mg/dl

eGFR calculation based on MDRD guideline 2012  
REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

AGE	MALES	FEMALES	AGE	MALES	FEMALES
20-29	94-140	72-121	60-69	54-98	45-75
30-39	89-137	71-110	70-79	49-79	37-61
40-49	76-120	50-102	80-89	30-60	27-55
50-59	67-109	50-102	90-99	26-44	26-42

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- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



**Patient's Name : MRS SAPANA A KULSANGE**  
**Referred By Dr : MEDIWHEEL**  
**Sex : FEMALE Age : 39 Years**  
**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Lab No. : JCA7324 \*JCA7324\***  
**Reg. Date : 12-Mar-2022 11:44 am**  
**Report Date: 14-Mar-2022 10:36 am**  
**Print Date : 14-Mar-2022 1:07 pm**

**LIVER FUNCTION TESTS**

TEST	RESULT	NORMAL VALUES
Bilirubin Total	0.6	0.5 - 1.0 mg / dl
Bilirubin Direct	0.21	0.1 - 0.3 mg / dl
Bilirubin Indirect	0.39	UPTO 0.8 mg / dl
S.G.P.T.	13	Up to 49 U / L
S.G.O.T.	20	Up to 46 U / L
Alkaline Phosphatase	69	4 - 15 Years: 54 - 369 U/I 20 - 59 Years: 42 - 98 U/I > 60 Years: 53 - 141 U/I
Total Proteins	7.4	6 - 8 gm / dl
Albumin	4.2	3.2 - 5.5 gm / dl
Globulin	3.20	2 - 3.5 mg / dl
A / G Ratio	1.31	1.0- 2.3
GGT	23	5 - 50 IU/L

END OF REPORT

- Checked By: **DR. BHAVINI KAMDAR MD (PATH) MUM**
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**Patient's Name : MRS SAPANA A KULSANGE**

**Lab No. : JCA7324 \*JCA7324\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 11:44 am**

**Sex : FEMALE Age : 39 Years**

**Report Date: 14-Mar-2022 10:45 am**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 1:07 pm**

**LIPID PROFILE**

**TEST**

**RESULT**

**NORMAL VALUES**

SR. CHOLESTEROL

140

Desirable: < 200 mg/dl  
Borderline High: 200-239 mg/dl  
High: >= 240 mg/dl

SR. TRIGLYCERIDES

40

Normal: < 150 mg/dl  
Borderline High: 150-199 mg/dl  
High: 200-499 mg/dl  
Very High: >= 500 mg/dl

HDL CHOLESTEROL

42

40 - 60 mg / dl

VLDL

8.00

6 - 38 mg / dl

LDL CHOLESTEROL

90.00

Optimal: < 100 mg/dl  
Near Optimal: 100-129 mg/dl  
Borderline high: 130-159 mg/dl  
High: 160-189 mg/dl  
Very High: >= 190 mg/dl

CHOLESTEROL / HDL

3.33

< 5

LDL / HDL

2.14

< 3.5

**NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report. Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL Ratio below 5.1 is statistically associated with decreased incidence of heart disease.**

END OF REPORT

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**Lab No. : JCA7324 \*JCA7324\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 11:44 am**

**Sex : FEMALE Age : 39 Years**

**Report Date: 14-Mar-2022 1:07 pm**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 1:07 pm**

**HBA1C**

**TEST**

HBA1C  
ESTIMATED AVERAGE GLUCOSE

**RESULT**

4.9  
93.93

**NORMAL VALUES**

4 - 5.7 %

**METHOD : NEPHELOMETRY**

**DIAGNOSTIC CRITERIA FOR DIABETES:**

**Normal: Less than 5.7%**

**Impaired glucose tolerance: 5.8% to 6.4%**

**Diabetes: 6.5% or more**

**CONTROL CRITERIA IN DIABETICS:**

**Optimal control: 7.0% or less**

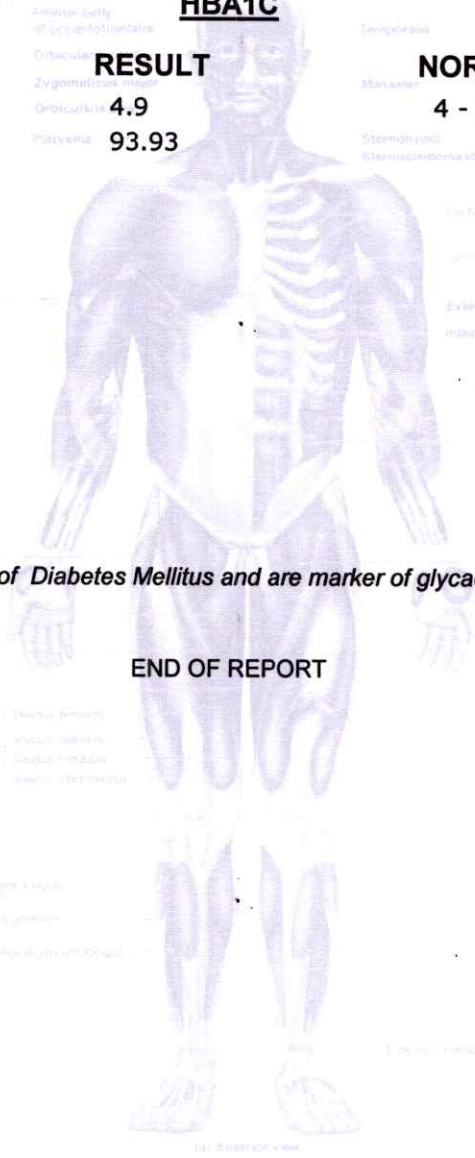
**Fair control: 7.0% to 8.0%**

**Poor control: More than 8.0%**

**Comment :**

**HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.**

**END OF REPORT**



*Bl*

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MRS SAPANA A KULSANGE**

**Lab No. : JCA7324\*JCA7324\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 11:44 am**

**Sex : FEMALE Age : 39 Years**

**Report Date: 13-Mar-2022 7:02 pm**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 1:07 pm**

## THYROID FUNCTION TEST

### TEST

### RESULT

### NORMAL VALUES

T3 [ Tri - iodothyronine ]

110

55 - 180 ng/dl

Method

ELFA

Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens, Estrogens, O C Pills, Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

T4 [ Thyroxine ]

6.9

4.66 - 10.50 ug/dl

Method

ELFA

Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens, Estrogens, O C Pills, Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

TSH [Thyroid Stimulating Hormone]

1.37

0.25 - 5.0 uIU/mL

Method

ELFA

### Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure, severe burns, trauma and surgery etc.
3. Drugs that decrease TSH values e.g: L-dopa, Glucocorticoid Drugs that increase TSH values e.g Iodine, Lithium, Amiodarone.

END OF REPORT

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**Patient's Name : MRS SAPANA A KULSANGE**

**Lab No. : JCA7324 \*JCA7324\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 11:44 am**

**Sex : FEMALE Age : 39 Years**

**Report Date: 12-Mar-2022 6:07 pm**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 1:07 pm**

**ROUTINE URINE EXAMINATION**

**PHYSICAL EXAMINATION**

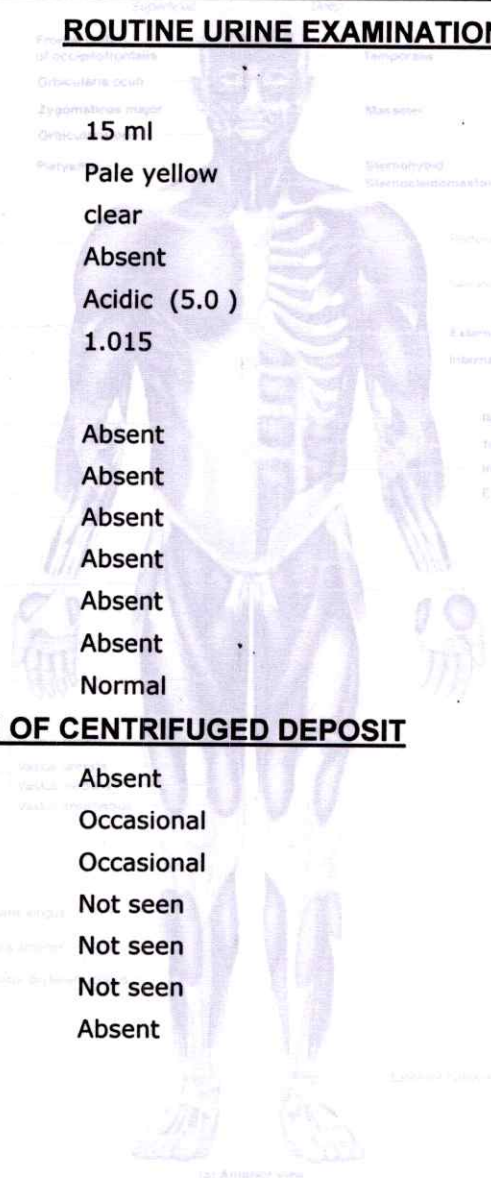
Quantity **15 ml**  
 Colour **Pale yellow**  
 Appearance **clear**  
 Deposit **Absent**  
 pH **Acidic (5.0)**  
 Specific Gravity **1.015**

**CHEMICAL EXAMINATION**

Proteins **Absent**  
 Sugar **Absent**  
 Ketone **Absent**  
 Occult Blood **Absent**  
 Bile Pigment **Absent**  
 Bile Salts **Absent**  
 Urobilinogen **Normal**

**MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT**

Red Blood Cells **Absent**  
 Pus Cells **Occasional**  
 Epithelial Cells **Occasional**  
 Casts **Not seen**  
 Crystals **Not seen**  
 Yeast **Not seen**  
 Bacteria **Absent**



*Bl*

Checked By

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**Patient's Name : MRS SAPANA A KULSANGE**

**Lab No. : JCA7324 \*JCA7324\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 11:44 am**

**Sex : FEMALE Age : 39 Years**

**Report Date: 14-Mar-2022 4:51 pm**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 7:35 pm**

**STOOL ROUTINE & MICROSCOPY**

**PHYSICAL EXAMINATION**

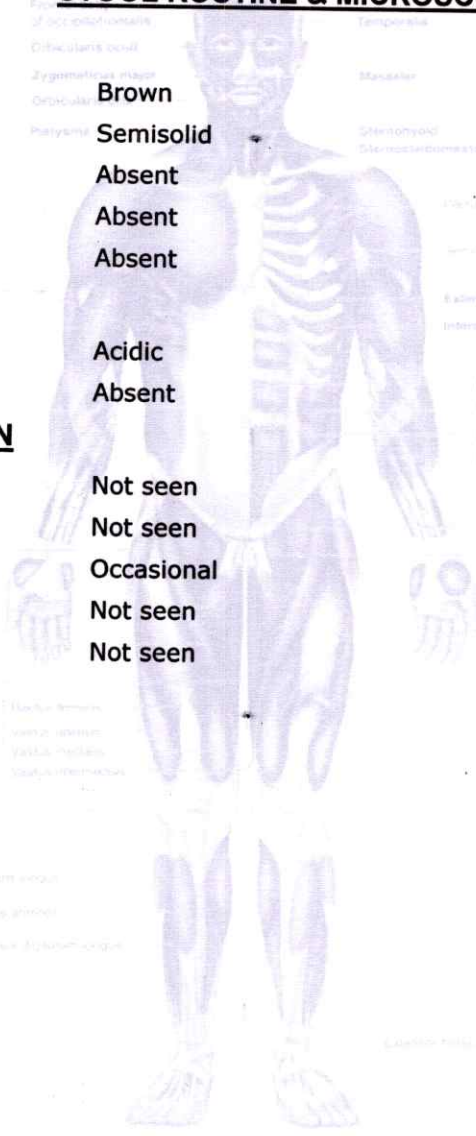
Colour **Brown**  
 Form ( Consistency ) **Semisolid**  
 Mucus **Absent**  
 Blood (Frank) **Absent**  
 Parasites **Absent**

**CHEMICAL EXAMINATION**

Reaction **Acidic**  
 Occult Blood **Absent**

**MICROSCOPIC EXAMINATION**

Red Blood Cells **Not seen**  
 Epithelial Cells **Not seen**  
 Pus Cells **Occasional**  
 Macrophages **Not seen**  
 Cyst/Ova/Trophozoites **Not seen**



*Blk*

Checked By

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Healthcare Diagnostics &lt;healthcare.medicals@gmail.com&gt;

## Health Check up Booking Request(bobS9307),Package Code(PKG10000241),Beneficiary Code(18383)

2 messages

Mediwheel &lt;santosh@policywheel.com&gt;

Sat, Mar 5, 2022 at 7:53 PM

To: "healthcare.medicals@gmail.com" &lt;healthcare.medicals@gmail.com&gt;

Cc: Mediwheel CC &lt;customercare@mediwheel.in&gt;, Mediwheel CC &lt;mediwheelwellness@gmail.com&gt;



**Mediwheel**  
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011-41195959

Email:wellness@mediwheel.in

Dear Healthcare Medical Centre And Diagnostic,  
City : Mumbai . Location : .Kandivali West,

We have received the following request for Health Check up from

**Name** : SAPANA AJAY KULSANGE  
**Age** : 39  
**Gender** : Female  
**Member Relations** : Spouse  
**Package Name** : Metro Full Body Health Checkup Female Below 40  
**Package Code** : PKG10000241  
**User Location** : Maharashtra,MUMBAI,400003  
**Contact Details** : 9867179374  
**Booking Date** : 05-03-2022  
**Appointment Date** : 12-03-2022

Member Information			
Booked Member Name	Age	Gender	Cost(In INR)
SAPANA AJAY KULSANGE	39	Female	Cashless
<b>Total amount to be paid</b>			<b>Cashless</b>

Please login to your account to confirm the same. Also you mail us for confirmation

**Package Name** : Metro Full Body Health Checkup Female Below 40 - Includes (37) Tests

**Tests included in this Package** : Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar Postprandial, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin

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सत्यमेव जयते  
भारत सरकार



आधार

भारतीय विशिष्ट ओळख प्राधिकरण

भारत सरकार

Unique Identification Authority of India  
Government of India

नोंदविण्याचा क्रमांक / Enrollment No 1218/61040/19462

To,  
सपना अजय कुळसंगे  
Sapana Ajay Kulsange  
C-23, Plot No.72 Sawli Chs  
RSC-12  
Near Ganesh Mandir Gorai-1  
Borivali  
Borivali Borivali West Mumbai  
Maharashtra 400091  
9664544312

Ref: 2204 / 13L / 565767 / 566257 / P



UE697223614IN



आपला आधार क्रमांक / Your Aadhaar No. :

**5924 0073 8460**

आधार – सामान्य माणसाचा अधिकार



भारत सरकार

GOVERNMENT OF INDIA

सपना अजय कुळसंगे  
Sapana Ajay Kulsange

जन्म वर्ष / Year of Birth : 1982  
स्त्री / Female



**5924 0073 8460**

आधार – सामान्य माणसाचा अधिकार

Dr. NUPUR RAI

MBBS, DIPLOMA CARDIOLOGY (PGDC)  
Reg. No.: 2018115643

**Healthcare**

Mahavir Sunadarshan Soc.,  
Satya Nagar Road, Mahavir Nagar,  
Kandivali (W), Mumbai - 400 067.  
Tel. No.: 2869 7808

*Sapana Kulsange*

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- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

<b>NAME:</b>	MRS SAPNA KULSANGE	<b>DATE:</b>	12/03/2022
<b>HEIGHT:</b> 165 CMS	<b>WEIGHT:</b> 64KGS	<b>AGE:</b>	39 YRS
<b>REFERRED BY:</b>	MEDIWHEEL	<b>SEX:</b>	F
<b>PRESENT COMPLAIN:</b> HYPERACIDITY ++			
<b>CURRENT MEDICATION:</b> NIL			
<b>PAST HISTORY:</b> NIL			
<b>FAMILY HISTORY:</b> NIL			
<b>ALLERGY:</b> NIL			
<b>SLEEP:</b> GOOD	<b>HABITS:</b> NIL	<b>APPETITE:</b> GOOD	
	<b>BLADDER:</b> NAD	<b>BOWEL:</b> NAD	
<b>GENERAL EXAMINATION:</b>		<b>ADVICE-</b>	
P: 76/min BP 110/70 mm of hg		--TO DRINK LOTS OF LIQUIDS= APPX 5 LIT PER DAY.	
<b>ICTERUS:</b> NIL	<b>OEDEMA:</b> NIL	--TO AVOID SALT, SPICY, OILY, FATTY FOOD, NON VEG FOOD	
<b>OTHERS:</b> NAD		--TO STAT SMALL FREQUENT FEEDS.	
<b>RS:</b> NAD		--MEDITATION / PRANAYAM	
<b>CVS:</b> NAD		LIQ. MUCAINE GEL= 2 TSF X 3 TIMES A DAY	
<b>PA:</b> NAD		<i>Fit for Employment</i>	
<b>CNS:</b> NAD		<b>DR. Y. J. MEHTA</b>	
<b>INVESTIGATION:</b> E22		<b>DR. YOGESH J. MEHTA M.D.</b>	
		Physician & Cardiologist	
		Reg. No - 71131	

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com)  
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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

## EYE CHECK UP & COLOUR VISION

NAME: MRS SAPNA KULSANGE		DATE: 12/03/22
REF. BY: MEDIWHEEL	AGE: 39YRS	SEX:F

	RIGHT EYE	LEFT EYE
CORNEA	NORMAL	NORMAL
PUPIL	NORMAL	NORMAL
SCLERA	NORMAL	NORMAL
EYE MOVEMENTS	NORMAL	NORMAL
REFRACTIVE ERROR	6/6	6/6
COLOUR VISION	NORMAL	NORMAL

NO H/O SQUINT, CATARACT, GLAUCOMA, INFLAMMATION, REDNESS, CONJUNCTIVITIS, STYE, CHALAZION

*Healthcare*  
 Mahavir Suryadarshan Soc.,  
 M.G. Road, Marol Nagar,  
 KANDIVALI (W), MUMBAI - 400 067.

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MRS SAPANA A KULSANGE**

**Referred By Dr : MEDIWHEEL**

**Sex : FEMALE Age : 39 Years**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Lab No. : JCA7324 \*JCA7324\***

**Reg. Date : 12-Mar-2022 11:44 am**

**Report Date: 12-Mar-2022 6:20 pm**

**Print Date : 14-Mar-2022 1:06 pm**

## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	11.1	gm %	Female : 11.5 - 14.5 gm%
Erythrocytes ( Total RBCs)	4.31	mill. / cmm	Female : 3.8 - 5.2 mill. / cmm
PCV	35	%	Female : 32 - 47 %
MCV	81.20	fl	80- 96 fl
MCH	25.80	pg	27 - 32 pg
MCHC	31.70	gm%	32 - 37 gm%
RDW	14.7	%	12 - 14.5

## TOTAL WBC COUNT

TOTAL WBC COUNT	6900	/ cumm	4,000 - 11,000
-----------------	------	--------	----------------

## DIFFERENTIAL COUNT

Neutrophils	55	%	40 - 75
Lymphocytes	35	%	20 - 40
Eosinophils	07	%	0 - 6
Monocytes	03	%	2 - 8
Platelet count	355000	Lacs/cmm	150000-450000

## PERIPHERAL SMEAR

RBC Morphology	Hypochromasia (mild)		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	20	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

END OF REPORT

- Checked By :** DR. BHAVINI KAMDAR  
MD (PATH) MUM
- 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301**
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**Patient's Name : MRS SAPANA A KULSANGE**

**Lab No. : JCA7324 \*JCA7324\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 11:44 am**

**Sex : FEMALE Age : 39 Years**

**Report Date: 12-Mar-2022 6:46 pm**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 1:06 pm**

**BLOOD GROUP**

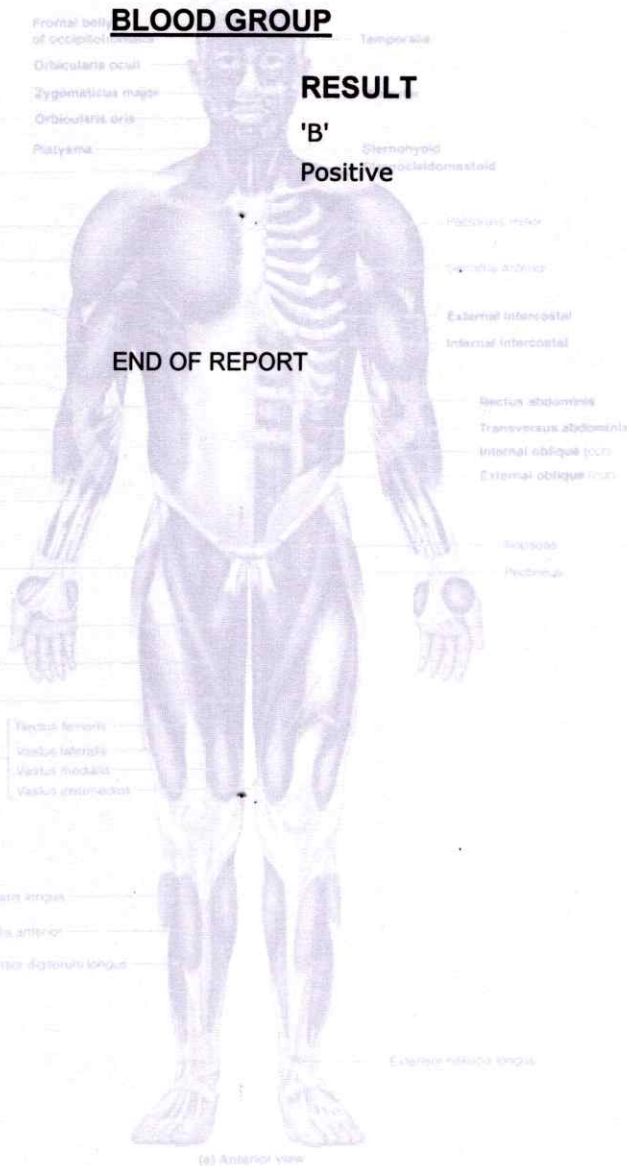
**TEST**

Blood Group  
Rh Factor

**RESULT**

'B'  
Positive

END OF REPORT



*Bl*

Checked By

DR. BHAVINI KAMDAR

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MRS SAPANA A KULSANGE**

**Lab No. : JCA7324 \*JCA7324\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 11:44 am**

**Sex : FEMALE Age : 39 Years**

**Report Date: 14-Mar-2022 10:35 am**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 1:06 pm**

**TEST**

**RESULT**

**NORMAL VALUES**

**BLOOD SUGAR REPORT**

**BLOOD SUGAR FASTING**

**109.9**

Normal: 70-110 mg/dL  
Impaired Fasting Glucose(IFG):  
110 -125  
Diabetes mellitus:  $\geq 126$   
(on more than one occasion)

*Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser*

*Comment:*

*Blood sugar values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.*

**BLOOD SUGAR REPORT**

**BLOOD SUGAR (Post prandial)**

**100**

Normal: 70-140 mg/dL

Impaired Tolerance: 140-199  
Diabetes mellitus:  $\geq 200$   
(on more than one occasion)

**URINE SUGAR (Post prandial)**

**Absent**

*Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser*

*Comment:*

*Blood sugar values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.*

*Bk*

Checked By

- BORIVALI CENTRE**
- KANDIVALI CENTRE**
- KANDIVALI CENTRE**
- DAHISAR CENTRE**
- GORAI CENTRE**
- GOREGAON CENTRE**
- GOREGAON (EAST)**
- MIRA ROAD**

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**Patient's Name : MRS SAPANA A KULSANGE**

**Lab No. : JCA7324 \*JCA7324\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 11:44 am**

**Sex : FEMALE Age : 39 Years**

**Report Date: 14-Mar-2022 10:35 am**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 1:06 pm**

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**BIOCHEMISTRY REPORT**

**Test**

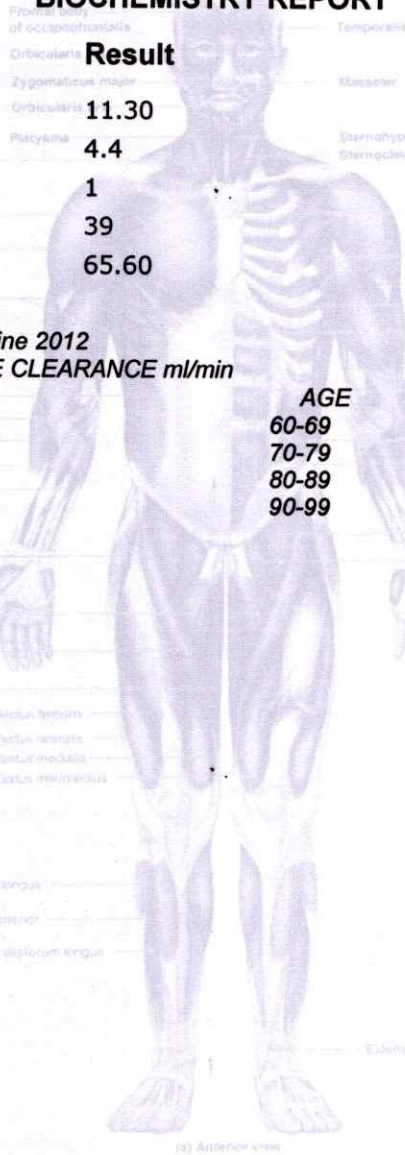
Blood Urea Nitrogen (BUN)

Serum Uric Acid

CREATININE

Age of the Patient

eGFR



**Result**

11.30

4.4

1

39

65.60

**Normal Range**

5 - 20 mg/dl

Female : 2.4 - 5.7 mg%

0.5 - 1.5 mg/dl

*eGFR calculation based on MDRD guideline 2012  
REFERENCE RANGE FOR CREATININE CLEARANCE ml/min*

AGE	MALES	FEMALES	AGE	MALES	FEMALES
20-29	94-140	72-121	60-69	54-98	45-75
30-39	89-137	71-110	70-79	49-79	37-61
40-49	76-120	50-102	80-89	30-60	27-55
50-59	67-109	50-102	90-99	26-44	26-42

Checked By

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

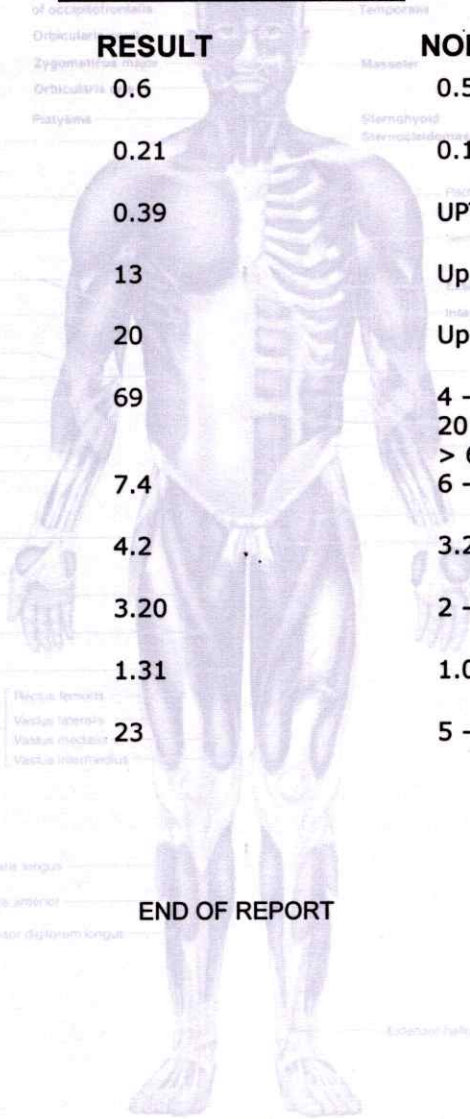
**Patient's Name : MRS SAPANA A KULSANGE**  
**Referred By Dr : MEDIWHEEL**  
**Sex : FEMALE Age : 39 Years**  
**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Lab No. : JCA7324\*JCA7324\***  
**Reg. Date : 12-Mar-2022 11:44 am**  
**Report Date: 14-Mar-2022 10:36 am**  
**Print Date : 14-Mar-2022 1:07 pm**

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**LIVER FUNCTION TESTS**

TEST	RESULT	NORMAL VALUES
Bilirubin Total	0.6	0.5 - 1.0 mg / dl
Bilirubin Direct	0.21	0.1 - 0.3 mg / dl
Bilirubin Indirect	0.39	UPTO 0.8 mg / dl
S.G.P.T.	13	Up to 49 U / L
S.G.O.T.	20	Up to 46 U / L
Alkaline Phosphatase	69	4 - 15 Years: 54 - 369 U/I 20 - 59 Years: 42 - 98 U/I > 60 Years: 53 - 141 U/I
Total Proteins	7.4	6 - 8 gm / dl
Albumin	4.2	3.2 - 5.5 gm / dl
Globulin	3.20	2 - 3.5 mg / dl
A / G Ratio	1.31	1.0- 2.3
GGT	23	5 - 50 IU/L



END OF REPORT

*Bl*

- Checked By: **DR. BHAVINI KAMDAR**  
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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MRS SAPANA A KULSANGE**

**Lab No. : JCA7324 \*JCA7324\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 11:44 am**

**Sex : FEMALE Age : 39 Years**

**Report Date: 14-Mar-2022 10:45 am**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 1:07 pm**

**LIPID PROFILE**

**TEST**

**RESULT**

**NORMAL VALUES**

SR. CHOLESTEROL

140

Desirable: < 200 mg/dl  
Borderline High: 200-239 mg/dl  
High: >= 240 mg/dl

SR. TRIGLYCERIDES

40

Normal: < 150 mg/dl  
Borderline High: 150-199 mg/dl  
High: 200-499 mg/dl  
Very High: >= 500 mg/dl

HDL CHOLESTEROL

42

40 - 60 mg / dl

VLDL

8.00

6 - 38 mg / dl

LDL CHOLESTEROL

90.00

Optimal: < 100 mg/dl  
Near Optimal: 100-129 mg/dl  
Borderline high: 130-159 mg/dl  
High: 160-189 mg/dl  
Very High: >= 190 mg/dl

CHOLESTEROL / HDL

3.33

< 5

LDL / HDL

2.14

< 3.5

**NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report. Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL Ratio below 5.1 is statistically associated with decreased incidence of heart disease.**

END OF REPORT

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**Patient's Name : MRS SAPANA A KULSANGE**

**Lab No. : JCA7324 \*JCA7324\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 11:44 am**

**Sex : FEMALE Age : 39 Years**

**Report Date: 14-Mar-2022 1:07 pm**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 1:07 pm**

**HBA1C**

**TEST**

HBA1C  
ESTIMATED AVERAGE GLUCOSE

**RESULT**

Orbitcularis 4.9  
Plazyma 93.93

**NORMAL VALUES**

4 - 5.7 %

**METHOD : NEPHELOMETRY**

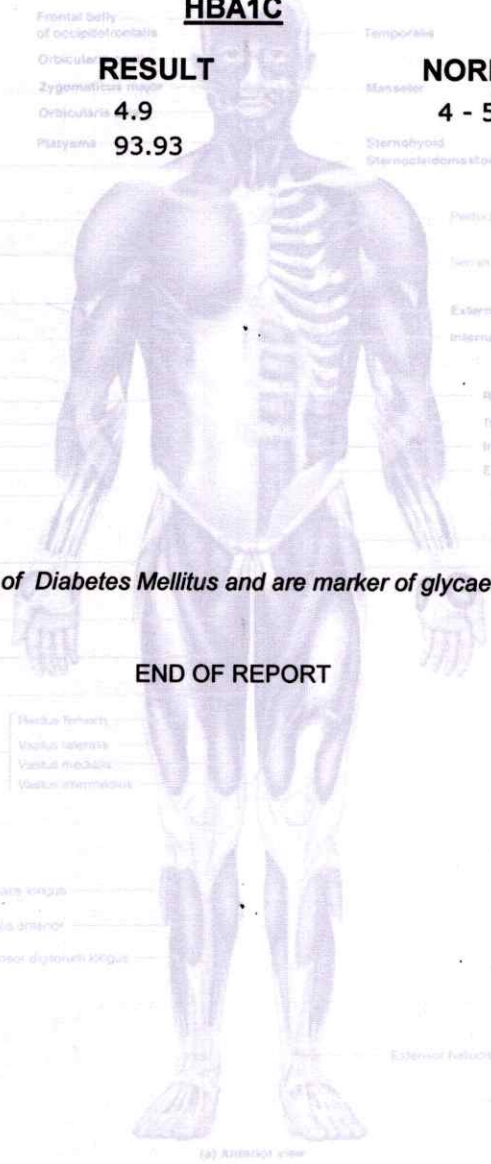
**DIAGNOSTIC CRITERIA FOR DIABETES:**

- Normal: Less than 5.7%
- Impaired glucose tolerance: 5.8% to 6.4%
- Diabetes: 6.5% or more
- CONTROL CRITERIA IN DIABETICS:
- Optimal control: 7.0% or less
- Fair control: 7.0% to 8.0%
- Poor control: More than 8.0%

**Comment :**

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

END OF REPORT



*Bl*

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**Patient's Name : MRS SAPANA A KULSANGE**

**Lab No. : JCA7324 \*JCA7324\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 11:44 am**

**Sex : FEMALE Age : 39 Years**

**Report Date: 13-Mar-2022 7:02 pm**

**Collected At : MAHAVIR NAGAR MAIN BRANCH**

**Print Date : 14-Mar-2022 1:07 pm**

**THYROID FUNCTION TEST**

**TEST**

**T3 [ Tri - iodothyronine ]**

**RESULT**

**110**

**NORMAL VALUES**

**55 - 180 ng/dl**

**Method**

**ELFA**

Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens, Estrogens, O C Pills, Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

**T4 [ Thyroxine ]**

**6.9**

**4.66 - 10.50 ug/dl**

**Method**

**ELFA**

Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens, Estrogens, O C Pills, Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

**TSH [Thyroid Stimulating Hormone]**

**1.37**

**0.25 - 5.0 uIU/mL**

**Method**

**ELFA**

**Interpretation :**

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure, severe burns, trauma and surgery etc.
3. Drugs that decrease TSH values e.g: L dopa, Glucocorticoid Drugs that increase TSH values e.g Iodine, Lithium, Amiodarone.

**END OF REPORT**

*Bk*

**Checked By**

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MRS SAPANA A KULSANGE**

**Lab No. : JCA7324 \*JCA7324\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 12-Mar-2022 11:44 am**

**Sex : FEMALE Age : 39 Years**

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## ROUTINE URINE EXAMINATION

### PHYSICAL EXAMINATION

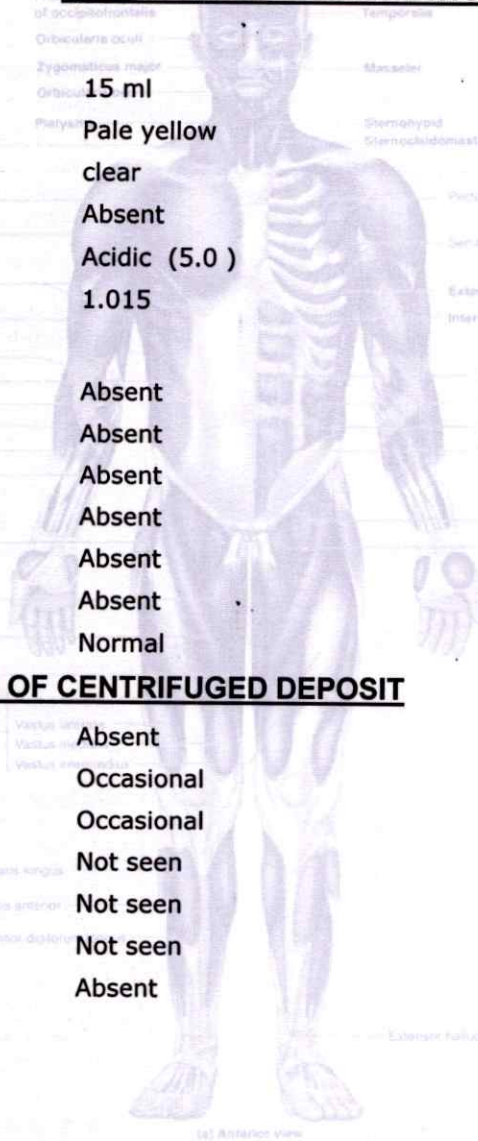
Quantity **15 ml**  
 Colour **Pale yellow**  
 Appearance **clear**  
 Deposit **Absent**  
 pH **Acidic (5.0)**  
 Specific Gravity **1.015**

### CHEMICAL EXAMINATION

Proteins **Absent**  
 Sugar **Absent**  
 Ketone **Absent**  
 Occult Blood **Absent**  
 Bile Pigment **Absent**  
 Bile Salts **Absent**  
 Urobilinogen **Normal**

### MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT

Red Blood Cells **Absent**  
 Pus Cells **Occasional**  
 Epithelial Cells **Occasional**  
 Casts **Not seen**  
 Crystals **Not seen**  
 Yeast **Not seen**  
 Bacteria **Absent**



*Bl*

Checked By

**DR. BHAVINI KAMDAR**

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- HEALTH CHECK-UP



**HEALTHCARE**  
MEDICAL CENTRE & DIAGNOSTICS

M.R

## ELECTROCARDIOGRAM (ECG)

MRS SAPANA A KUISANGE  
EJCA7324  
12-Mar-2022  
ECC

PATIENT MRS SAPANA A KUISANGE AGE. 39 SEX F

REF. BY DR. Mediwheel DATE 12/03/2022

INTERPRETATION :

*Normal*

Dr. *N.P.Rai*

DR. NUPUR-RAI

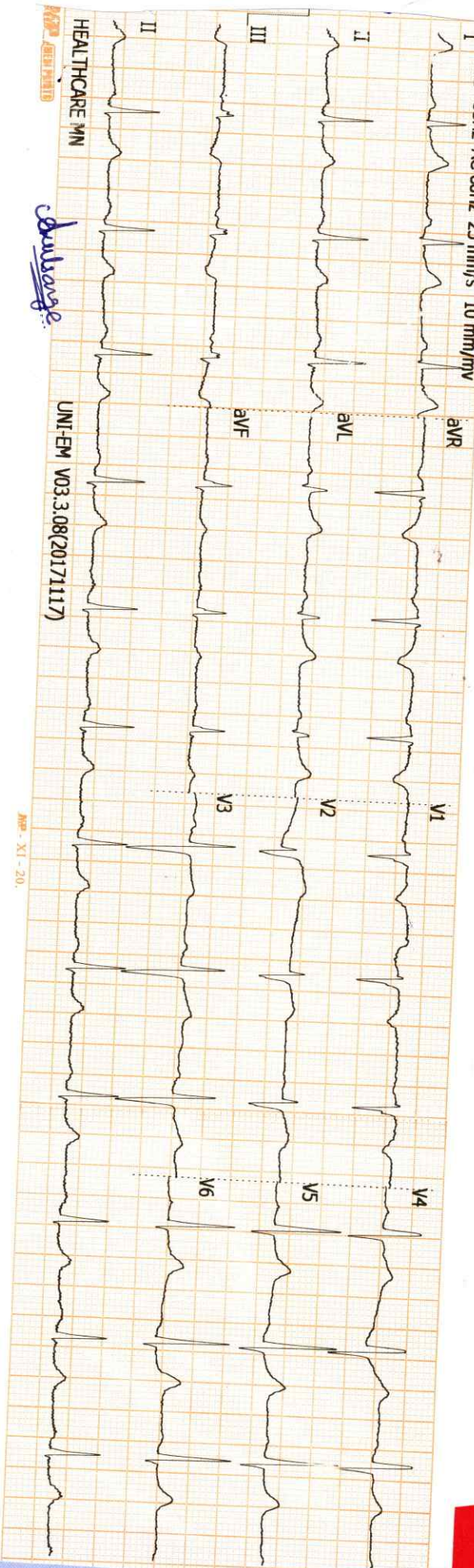
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Reg. No. 2018115643

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Satya Nagar,  
Kandivalli (W), Mumbai - 400 067,  
Tel. No. 2859 7808



p.67Hz - 35Hz AC 60Hz 25 mm/s 10 mm/mv



HEALTHCARE MN

UNI-EM V03.3.08(20171117)

MP - XI - 20

*Signature*



History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : ..... *78 bpm*

Ventricular Rate : .....

Rhythm : ..... *RF*

Mechanism : .....

Voltage : .....

Axis : .....

P. Waves : .....

PR Interval : .....

Q. Waves : ..... *A*

QRS Interval : .....

ST Segment : .....

T. Waves : .....

QT Interval : .....

Extra Systoles : .....

REMARKS & CONCLUSIONS : ..... *WNL* .....



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MAHAVIR SURYADARSHAN SOC SATYANAGAR ROAD

MAHAVIR NAGAR KANDIVALI WEST 400068

**TREADMILL TEST REPORT**

**MRS SAPANA KULSANGE**  
 ID : 238  
 DATE : 12/03/2022  
 AGE/SEX : 39 / F  
 HT/WT : 165 / 64  
 REF. BY : MEDIMHEEL

PROTOCOL : Bruce  
 HISTORY : Checkup/Physical Fitness,  
 INDICATION : HEALTH CHECK UP  
 MEDICATION : NO

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	V1	V5	
STANDING					89	0 / 0	0	-0.1	0	-0.2	
SUPINE					87	0 / 0	0	-0.1	0.1	-0.3	
HYPERVENT					94	0 / 0	0	-0.1	0	-0.1	
Stage 1	2:55	2:55	2.7	10	127	120 / 70	152	0.3	0.2	-0.4	4.67
Stage 2	5:55	2:55	4	12	135	130 / 80	201	1.6	0	1.1	7.04
PK-EXERCISE	7:59	1:59	5.4	14	180	140 / 90	252	2.5	0.3	0.9	9.02
RECOVERY 1	9:30	1:23			115	130 / 80	149	3.1	0.1	3	
RECOVERY 2	10:10	2:3			105	120 / 70	126	2.1	0.1	1.7	
RECOVERY	11:2	2:55			100	110 / 70	110	1.1	0.4	1	

**RESULTS**

EXERCISE DURATION : 7:59  
 MAX HEART RATE : 183 bpm  
 MAX BLOOD PRESSURE : 140 / 90 mm Hg  
 REASON OF TERMINATION : Achieved THR,  
 BP RESPONSE : Normal,  
 ARRYTHMIA : None,  
 H.R. RESPONSE : Normal Chronotropic Response,  
**IMPRESSIONS** :  
 FAIR EFFORT TOLERANCE  
 NO ANGINA, NO ARRYTHMIA  
 NORMAL HR AND BP RESPONSE  
 NO SIGNIFICANT ST CHANGE DURING THE STRESS TEST  
 STRESS TEST NEGATIVE FOR INDUCIBLE ISCHAEMIA

MAX WORK LOAD : 9.02 METS

**Healthcare**  
 Mahavir Suryadarshan Soc.,  
 Satyanagar Road, Mahavir Nagar,  
 Kandivali (W), Mumbai - 400 067.  
 Tel. No.: 2869 7808

**Dr. NUPUR RAI**  
 M.B.B.C. DIPLOMA CARDIOLOGY (CC)  
 Reg. No.: 2018115042

Technician : 1

**DR YOGESH MEHTA ( MD )**



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS SAPANNA KUISANGE  
I.D. 238  
Age 39/F  
Date 12/03/2022

RATE 87bpm

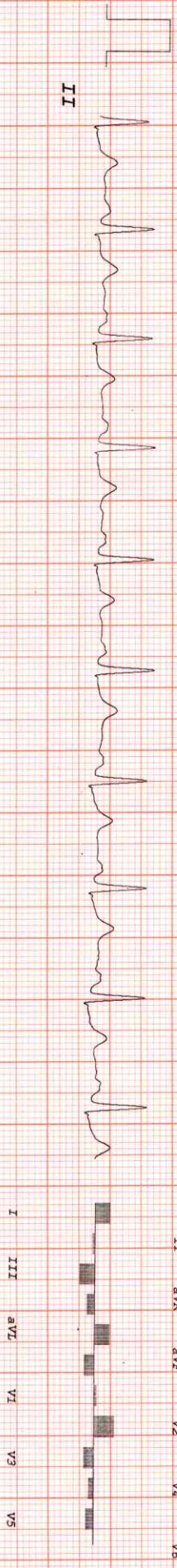
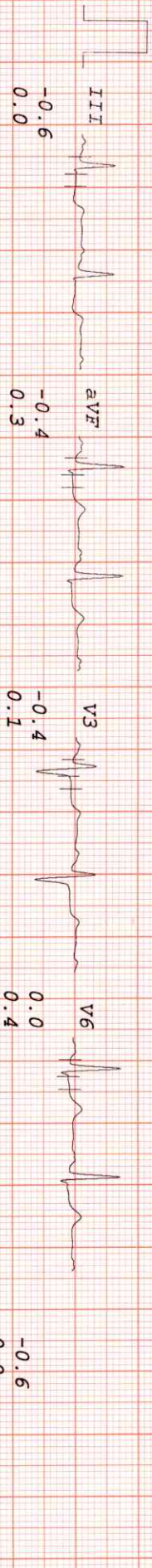
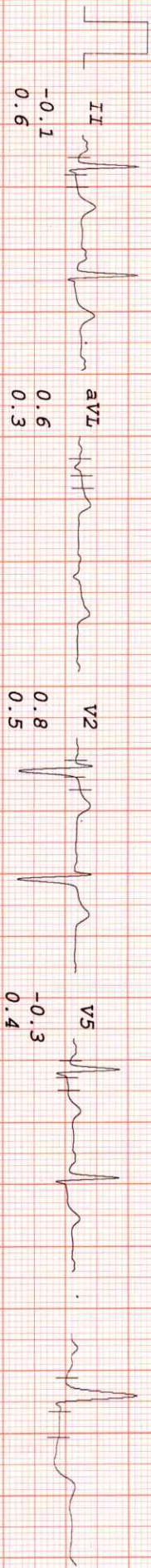
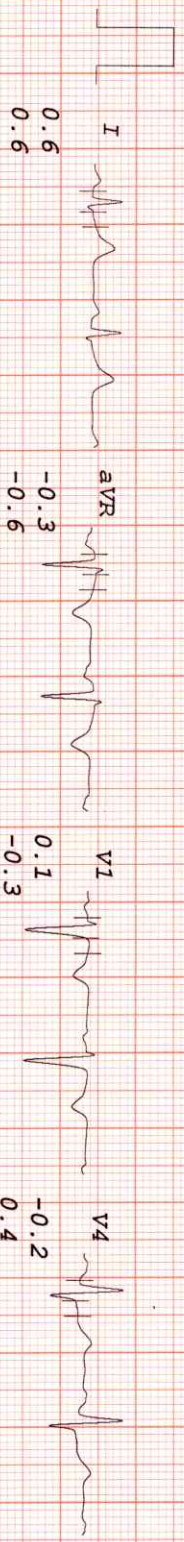
PRETEST  
SUPINE

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2

III



Rhythm: Filtered/24 Cycle/ Base Corrected, AVZ. Complex: Filtered UNI-PM, Indore. Tel.: +91-731-4030035, Fax: +91-731-4031180, E-Mail: am@electromedicals-netz-gerb-ww.de, www.dni-em.com, DNF Ver. 1.0-0.6

*S. Kuisange*



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS SAPANA KULSANGE  
I.D. 238  
Age 39/F  
Date 12/03/2022

RATE 89bpm

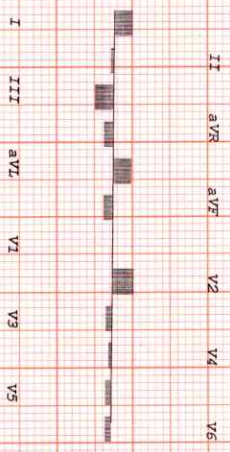
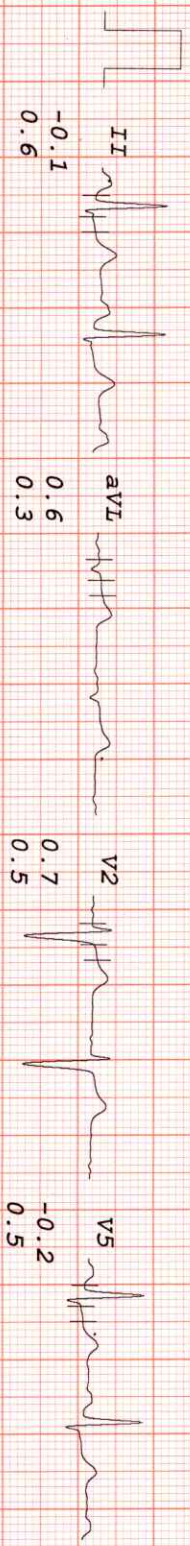
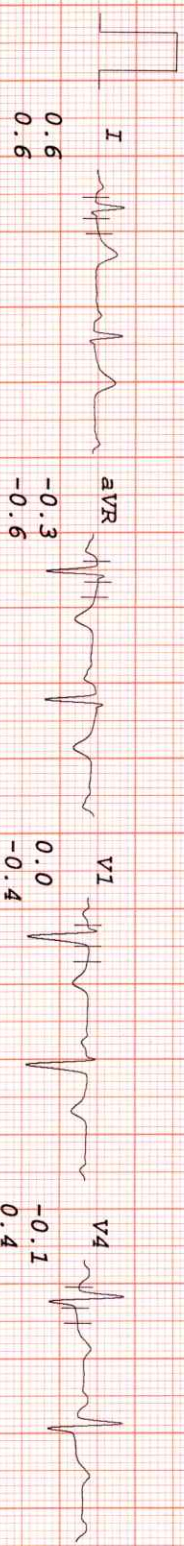
PRETEST  
STANDING

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2

III



*Sapana Kulsange*



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS SAPANAA KULSANGE  
I.D. 238  
Age 39/F  
Date 12/03/2022

RATE 94bpm

PRETEST  
HYPERVENT

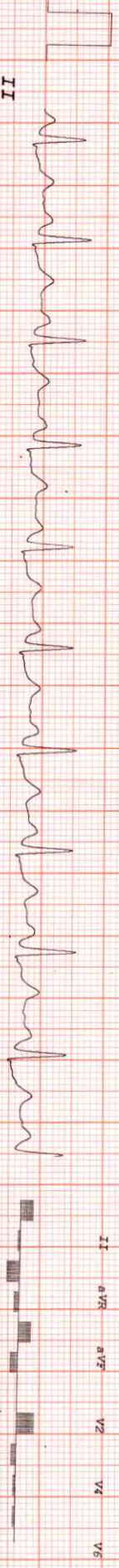
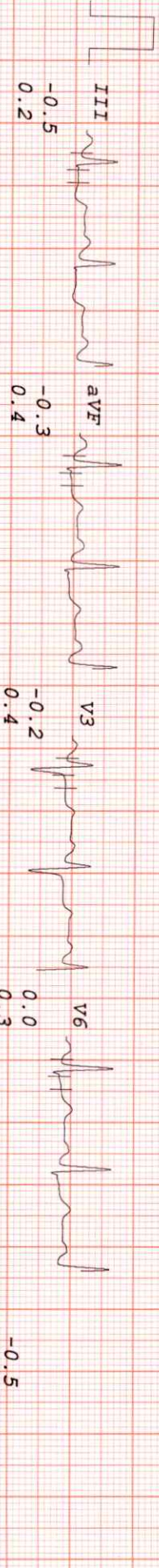
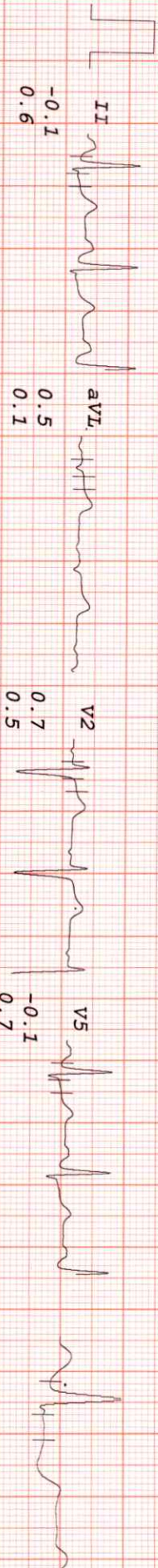
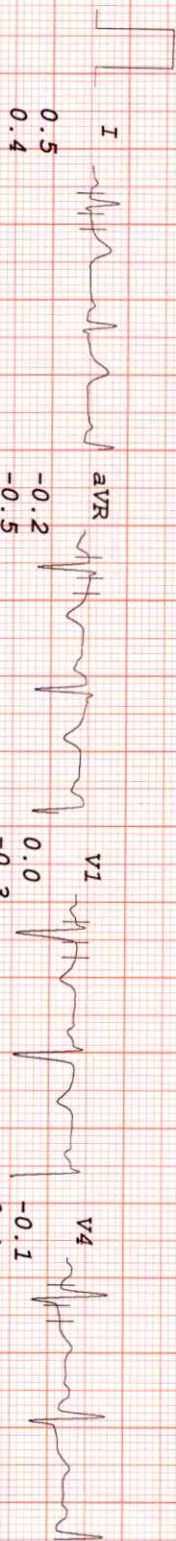
ST @ 10mm/mv  
80ms PostJ

PHASE TIME 0:10

LINKED MEDIAN

Mag. X 2

III



I III aVR aVL V1 V2 V3 V4 V5 V6

A. S. Sange



**HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS**

MRS SAPANA KULSANGE  
 I.D. 238  
 Age 39/F  
 Date 12/03/2022

RATE 127bpm  
 B.P. 120/70

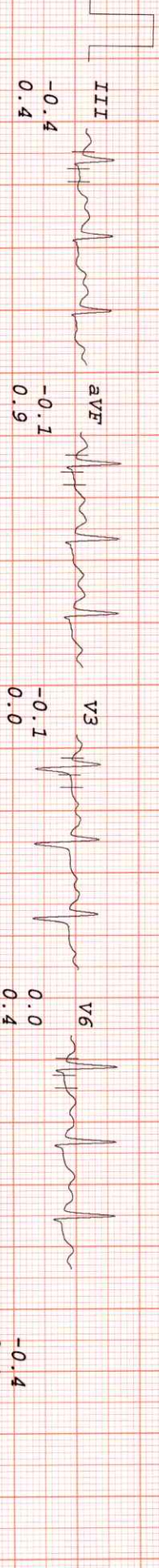
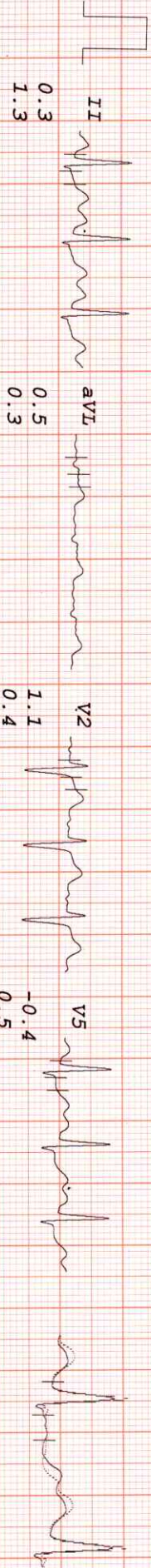
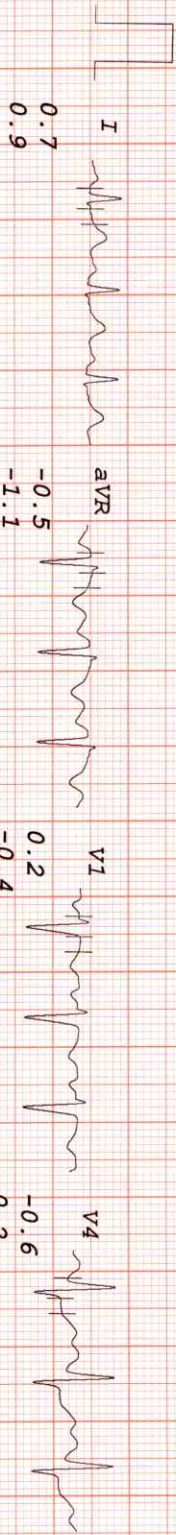
Brice  
 Stage 1  
 TOTAL TIME 2:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 2.7 km/hr  
 SLOPE 10 %

**LINKED MEDIAN**

Mag. X 2

III



*Sapana Kulsange*



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS SAPANNA KULSANGE  
I.D. 238  
Age 39/F  
Date 12/03/2022

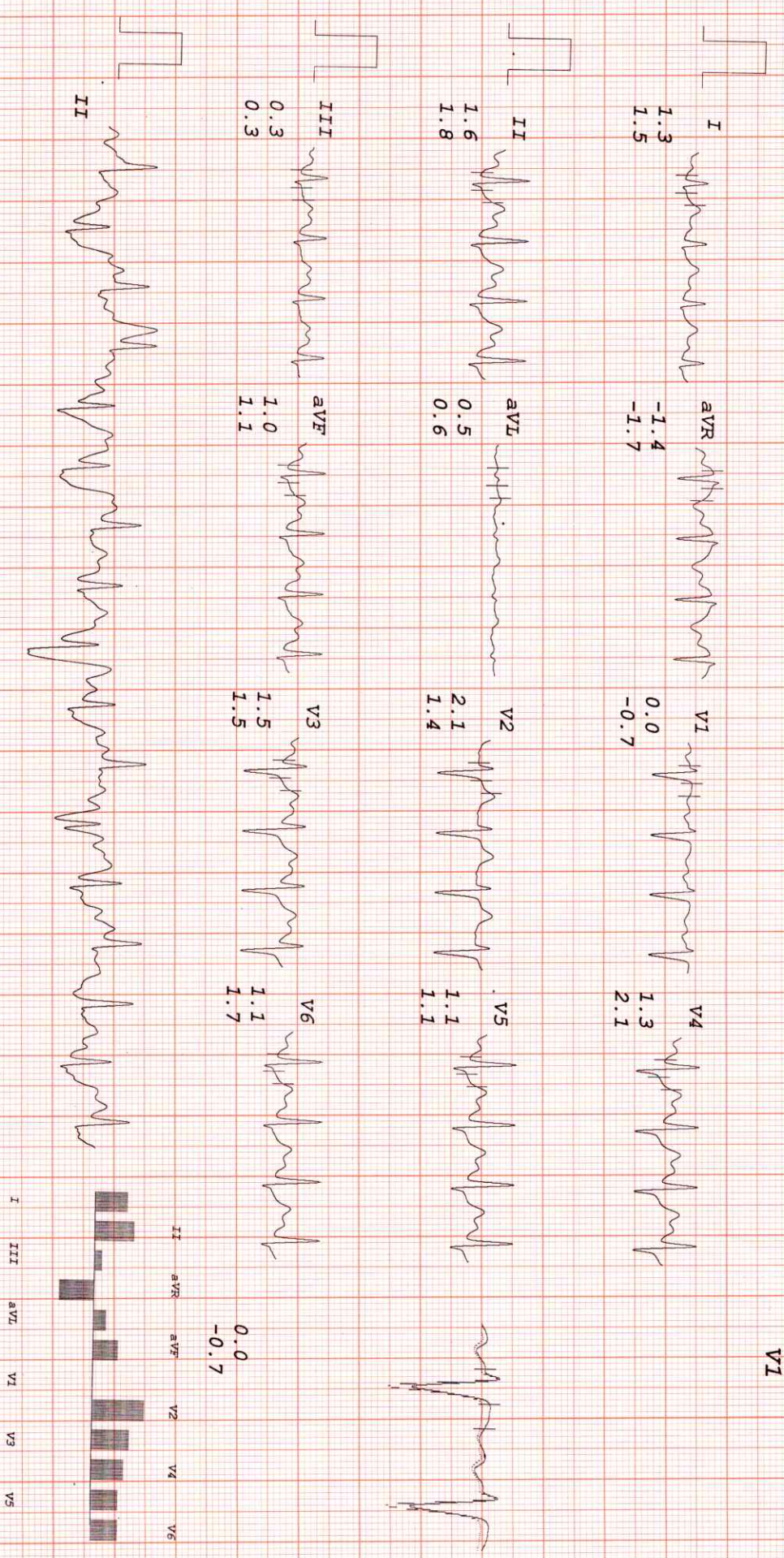
RATE 155bpm  
B.P. 130/80

Bruce  
Stage 2  
TOTAL TIME 5:55  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ  
Speed 4 km/hr  
SLOPE 12 %

LINKED MEDIAN

Mag. X 2



Dr. Sange



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS SAPANNA KULSANGE  
 I.D. 238  
 Age 39/F  
 Date 12/03/2022

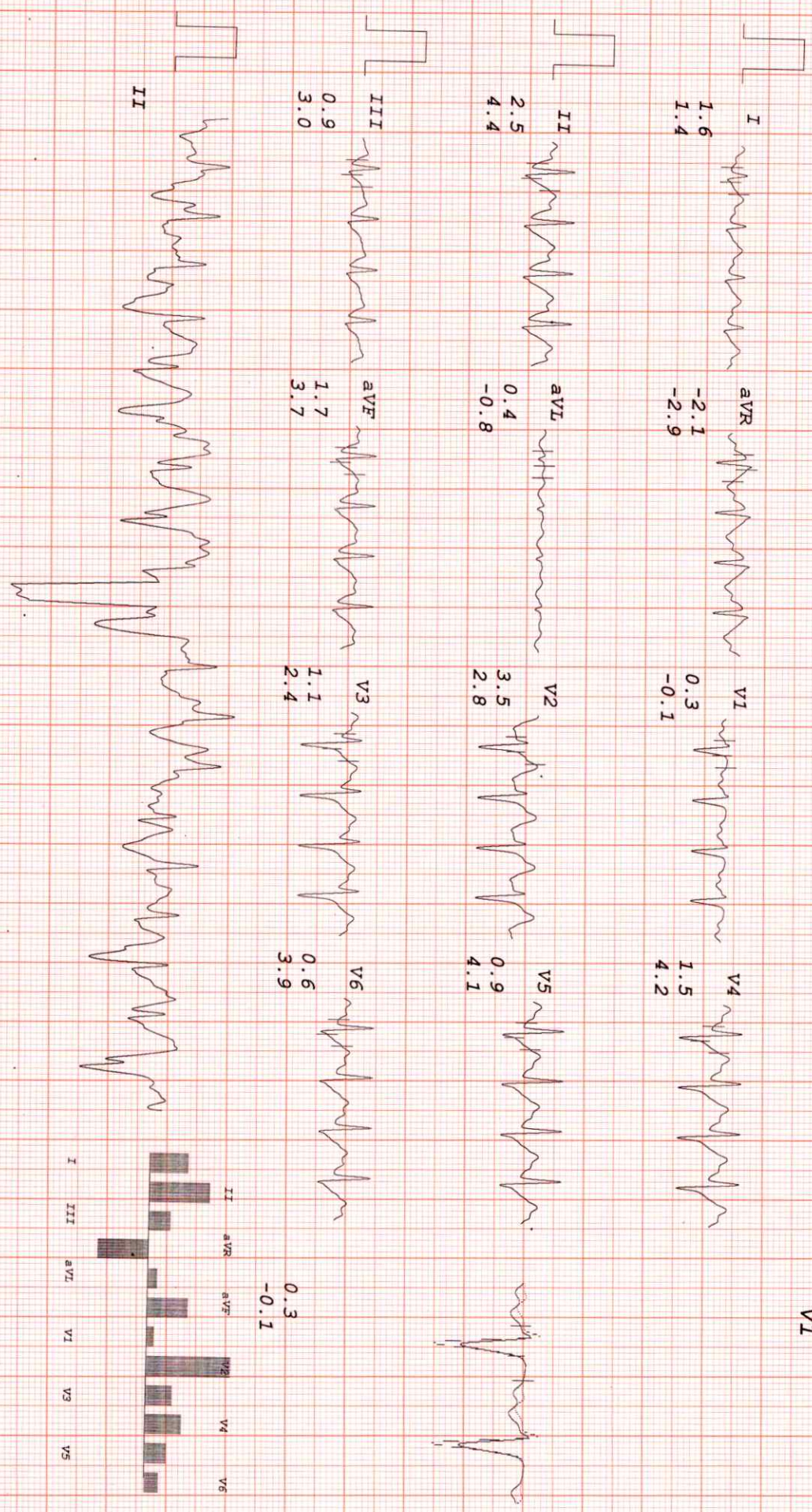
RATE 180bpm  
 B.P. 140/90

Bruce  
 PK-EXERCISE  
 TOTAL TIME 7:59  
 PHASE TIME 1:59

ST @ 10mm/mv  
 80ms PostJ  
 Speed 5.4 km/hr  
 SLOPE 14 %

LINKED MEDIAN

Mag. X 2



Sapanna K.



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS SAPANA KULSANGE  
 I.D. 238  
 Age 39/F  
 Date 12/03/2022

RATE 115bpm  
 B.P. 130/80

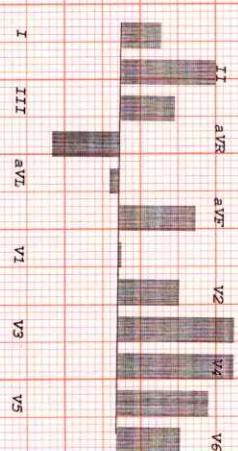
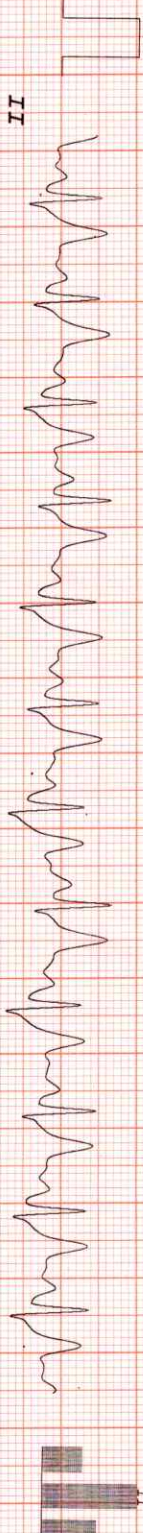
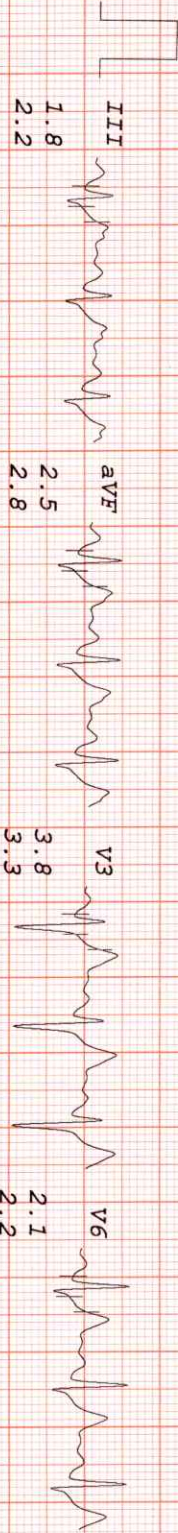
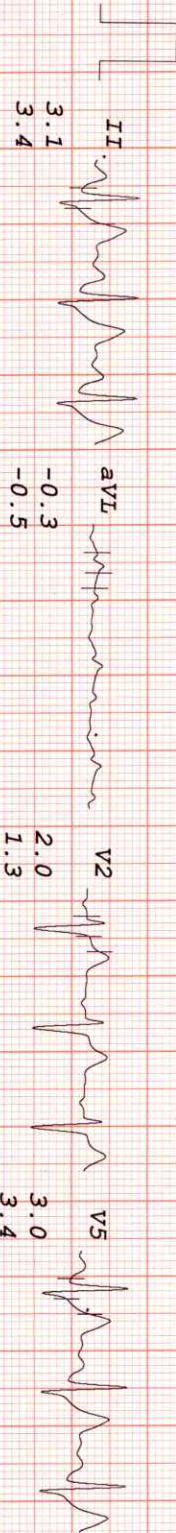
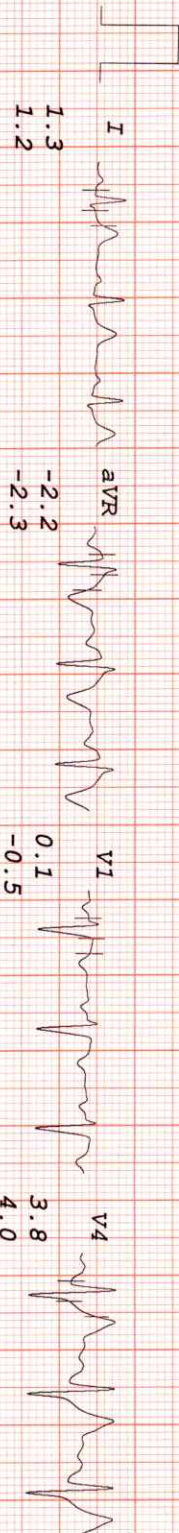
Bruce  
 RECOVERY  
 TOTAL TIME 9:30  
 PHASE TIME 1:23

ST @ 10mm/mV  
 80ms PostJ

RECOVERY 1  
 LINKED MEDIAN

Mag. X 2

V1



1. Kulsange



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS SAPANNA KUISANGE  
I.D. 238  
Age 39/F  
Date 12/03/2022

RATE 105bpm  
B.P. 120/70

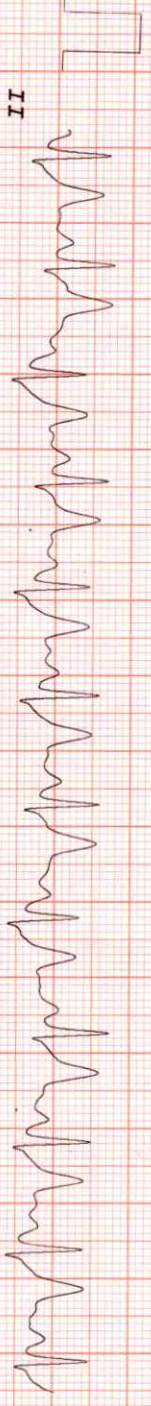
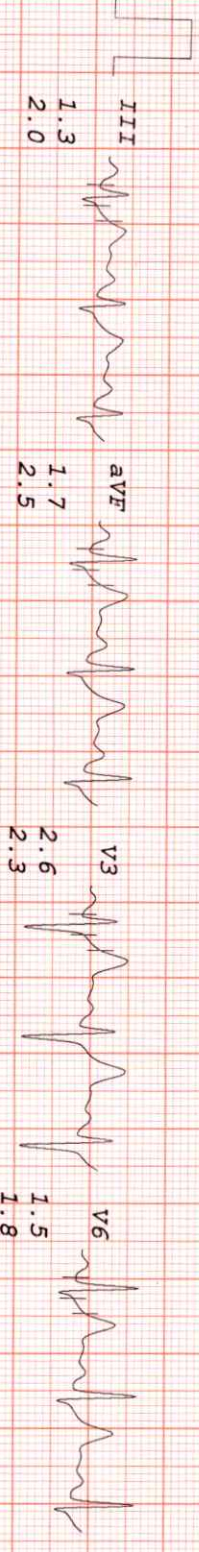
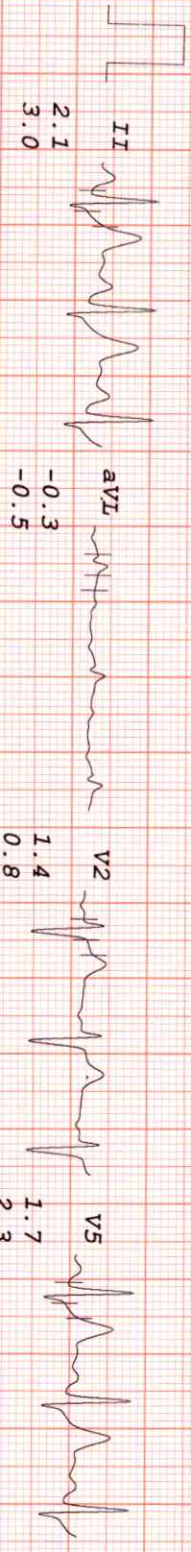
Bruce  
RECOVERY  
TOTAL TIME 10:10  
PHASE TIME 2:03

ST @ 10mm/mV  
80ms PostJ

RECOVERY 2  
LINKED MEDIAN

Mag. X 2

V1



1 Sapanna



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS SAPANAA KUISANGE  
I. D. 238  
Age 39/F  
Date 12/03/2022

RATE 100bpm  
B.P. 110/70

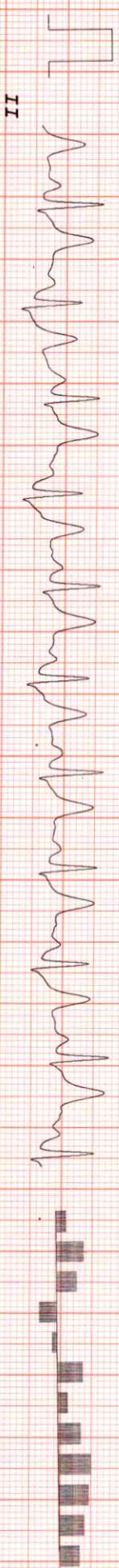
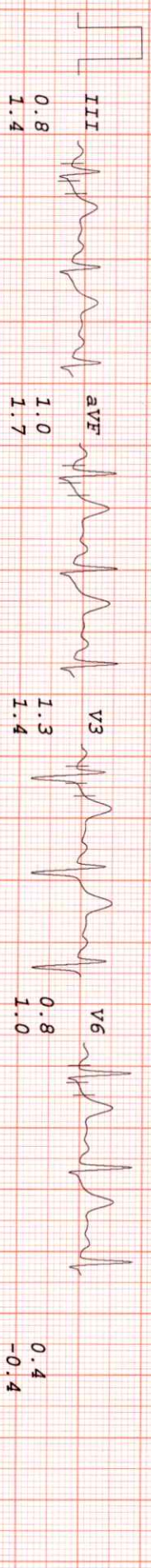
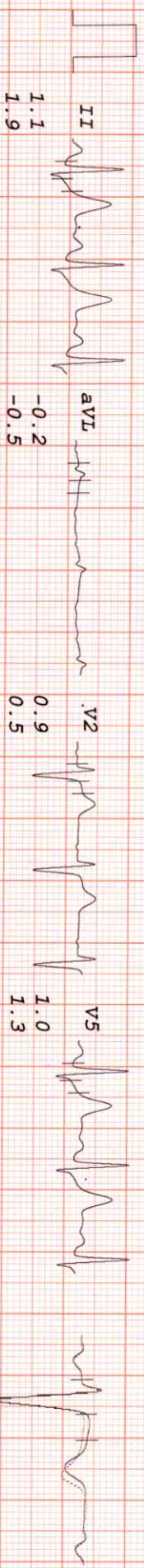
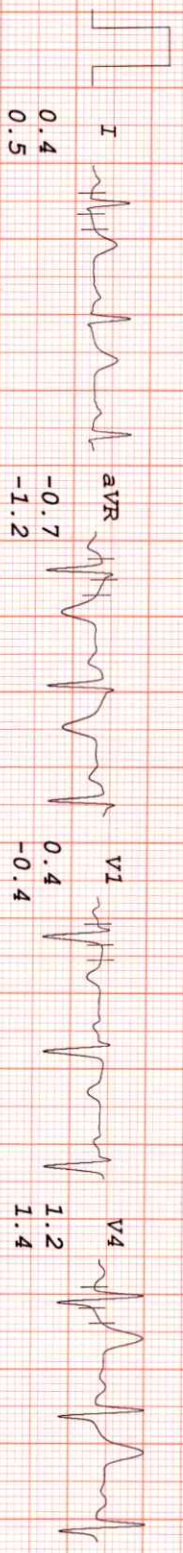
Bruce  
RECOVERY  
TOTAL TIME 11:02  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



Aruldas