

**DIAGNOSTIC REPORT**

Patient Ref. No. 666000004026979

**CLIENT CODE :** CA00010147 - MEDIWHEEL  
**CLIENT'S NAME AND ADDRESS:**MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED  
F701A, LADO SARAI, NEW DELHI,  
SOUTH DELHI, DELHI,  
SOUTH DELHI 110030  
DELHI INDIA  
8800465156

Cert. No. MC-5590

DDRC SRL DIAGNOSTICS

GANDHI NAGAR, KTM  
KERALA, INDIA  
Tel : 93334 93334  
Email : customercare.ddrc@srl.in**PATIENT NAME :** SONY S ARACKAL**PATIENT ID :** SONYM1802854175**ACCESSION NO :** 4036WD001216 **AGE :** 37 Years **SEX :** Male**ABHA NO :****DRAWN :****RECEIVED :** 08/04/2023 11:53**REPORTED :** 08/04/2023 17:21**REFERRING DOCTOR :** DR. MEDIWHEEL**CLIENT PATIENT ID :**

Test Report Status	Preliminary	Results	Biological Reference Interval	Units
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**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT****\* OPHTHAL**

OPHTHAL COMPLETED

**\* TREADMILL TEST**

TREADMILL TEST COMPLETED

**\* PHYSICAL EXAMINATION**

PHYSICAL EXAMINATION COMPLETED



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**DIAGNOSTIC REPORT**



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**PATIENT NAME :** SONY S ARACKAL **PATIENT ID :** SONYM1802854175  
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Test Report Status	Preliminary	Results	Units
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**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**\* BUN/CREAT RATIO**

BUN/CREAT RATIO 7.8 5 - 15

**CREATININE, SERUM**

CREATININE 1.25 18 - 60 yrs : 0.9 - 1.3 mg/dL

**GLUCOSE, POST-PRANDIAL, PLASMA**

GLUCOSE, POST-PRANDIAL, PLASMA 109  
 Diabetes Mellitus : > or = 200. mg/dL  
 Impaired Glucose tolerance/  
 Prediabetes : 140 - 199.  
 Hypoglycemia : < 55.

**GLUCOSE FASTING, FLUORIDE PLASMA**

GLUCOSE, FASTING, PLASMA 88  
 Diabetes Mellitus : > or = 126. mg/dL  
 Impaired fasting Glucose/  
 Prediabetes : 101 - 125.  
 Hypoglycemia : < 55.

**GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD**

GLYCOSYLATED HEMOGLOBIN (HBA1C) 5.7  
 Normal : 4.0 - 5.6%. %  
 Non-diabetic level : < 5.7%.  
 Diabetic : >6.5%

Glycemic control goal  
 More stringent goal : < 6.5 %.  
 General goal : < 7%.  
 Less stringent goal : < 8%.

Glycemic targets in CKD :-  
 If eGFR > 60 : < 7%.  
 If eGFR < 60 : 7 - 8.5%.

**LIPID PROFILE, SERUM**

CHOLESTEROL 196  
 Desirable : < 200 mg/dL  
 Borderline : 200-239  
 High : >or= 240

TRIGLYCERIDES 270 **High**  
 Normal : < 150 mg/dL  
 High : 150-199  
 Hypertriglyceridemia : 200-499  
 Very High : > 499

HDL CHOLESTEROL 33 **Low**  
 General range : 40-60 mg/dL



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**PATIENT NAME : SONY S ARACKAL** PATIENT ID : **SONYM1802854175**

ACCESSION NO : **4036WD001216** AGE : 37 Years SEX : Male ABHA NO :

DRAWN : RECEIVED : 08/04/2023 11:53 REPORTED : 08/04/2023 17:21

**REFERRING DOCTOR :** DR. MEDIWHEEL CLIENT PATIENT ID :

Test Report Status	Preliminary	Results	Units
DIRECT LDL CHOLESTEROL		132	mg/dL
		Optimum : < 100 Above Optimum : 100-139 Borderline High : 130-159 High : 160-189 Very High : >or= 190	
NON HDL CHOLESTEROL		<b>163</b>	mg/dL
		<b>High</b> Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	
VERY LOW DENSITY LIPOPROTEIN CHOL/HDL RATIO		<b>5.9</b>	mg/dL
		<b>High</b> < or = 30.0	
LDL/HDL RATIO		<b>4.0</b>	
		<b>High</b> 3.30 - 4.40	
<b>LIVER FUNCTION TEST WITH GGT</b>			
BILIRUBIN, TOTAL		0.44	mg/dL
		General Range : < 1.1	
BILIRUBIN, DIRECT		0.19	mg/dL
		General Range : < 0.3	
BILIRUBIN, INDIRECT		0.25	mg/dL
		0.00 - 1.00	
TOTAL PROTEIN		7.1	g/dL
		Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	
ALBUMIN		4.6	g/dL
		20-60yrs : 3.5 - 5.2	
GLOBULIN		2.5	g/dL
		2.0 - 4.1	
ALBUMIN/GLOBULIN RATIO		1.8	RATIO
		1.0 - 2.0	
ASPARTATE AMINOTRANSFERASE (AST/SGOT)		15	U/L
		Adults : < 40	
ALANINE AMINOTRANSFERASE (ALT/SGPT)		31	U/L
		Adults : < 45	
ALKALINE PHOSPHATASE		70	U/L
		Adult(<60yrs) : 40 - 130	
GAMMA GLUTAMYL TRANSFERASE (GGT)		52	U/L
		Adult (male) : < 60	
<b>TOTAL PROTEIN, SERUM</b>			
TOTAL PROTEIN		7.1	g/dL
		Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	
<b>URIC ACID, SERUM</b>			
URIC ACID		6.1	mg/dL
		Adults : 3.4-7	
<b>ABO GROUP &amp; RH TYPE, EDTA WHOLE BLOOD</b>			
ABO GROUP		TYPE O	
RH TYPE		POSITIVE	
<b>BLOOD COUNTS,EDTA WHOLE BLOOD</b>			
HEMOGLOBIN		14.9	g/dL
		13.0 - 17.0	



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ACCESSION NO : **4036WD001216** AGE : 37 Years SEX : Male ABHA NO :

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Test Report Status	Preliminary	Results	Units
RED BLOOD CELL COUNT		4.89	4.5 - 5.5 mil/ $\mu$ L
WHITE BLOOD CELL COUNT		8.40	4.0 - 10.0 thou/ $\mu$ L
PLATELET COUNT		302	150 - 410 thou/ $\mu$ L
<b>RBC AND PLATELET INDICES</b>			
HEMATOCRIT		43.6	40 - 50 %
MEAN CORPUSCULAR VOL		89.0	83 - 101 fL
MEAN CORPUSCULAR HGB.		30.6	27.0 - 32.0 pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION		34.2	31.5 - 34.5 g/dL
RED CELL DISTRIBUTION WIDTH		12.2	11.6 - 14.0 %
MENTZER INDEX		18.2	
<b>WBC DIFFERENTIAL COUNT</b>			
SEGMENTED NEUTROPHILS		60	40 - 80 %
LYMPHOCYTES		37	20 - 40 %
MONOCYTES		<b>00</b>	<b>Low</b> 2 - 10 %
EOSINOPHILS		03	1 - 6 %
BASOPHILS		00	0 - 2 %
ABSOLUTE NEUTROPHIL COUNT		5.04	2.0 - 7.0 thou/ $\mu$ L
ABSOLUTE LYMPHOCYTE COUNT		<b>3.11</b>	<b>High</b> 1.0 - 3.0 thou/ $\mu$ L
ABSOLUTE MONOCYTE COUNT		<b>00</b>	<b>Low</b> 0.2 - 1.0 thou/ $\mu$ L
ABSOLUTE EOSINOPHIL COUNT		0.25	0.02 - 0.50 thou/ $\mu$ L
ABSOLUTE BASOPHIL COUNT		<b>00</b>	<b>Low</b> 0.02 - 0.10 thou/ $\mu$ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)		1.6	
<b>ERYTHROCYTE SEDIMENTATION RATE (ESR),WHOLE BLOOD</b>			
SEDIMENTATION RATE (ESR)		11	0 - 14 mm at 1 hr
<b>SUGAR URINE - POST PRANDIAL</b>			
SUGAR URINE - POST PRANDIAL		NOT DETECTED	NOT DETECTED
<b>THYROID PANEL, SERUM</b>			
T3		83.30	20-50 yrs : 60-181 ng/dL
T4		8.80	3.2 - 12.6 $\mu$ g/dl
TSH 3RD GENERATION		2.440	18-49 yrs : 0.4 - 4.2 $\mu$ IU/mL
<b>PHYSICAL EXAMINATION, URINE</b>			
COLOR		PALE YELLOW	



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Test Report Status	Preliminary	Results	Units
APPEARANCE		CLEAR	
<b>* CHEMICAL EXAMINATION, URINE</b>			
PH		5.0	4.7 - 7.5
SPECIFIC GRAVITY		1.020	1.003 - 1.035
PROTEIN		NOT DETECTED	NOT DETECTED
GLUCOSE		NOT DETECTED	NOT DETECTED
KETONES		NOT DETECTED	NOT DETECTED
BILIRUBIN		NOT DETECTED	NOT DETECTED
UROBILINOGEN		NORMAL	NORMAL
NITRITE		NOT DETECTED	NOT DETECTED
<b>MICROSCOPIC EXAMINATION, URINE</b>			
RED BLOOD CELLS		NOT DETECTED	/HPF
WBC		1-2	/HPF
EPITHELIAL CELLS		NOT DETECTED	/HPF
CASTS		NOT DETECTED	
CRYSTALS		NOT DETECTED	
BACTERIA		NOT DETECTED	NOT DETECTED
YEAST		NOT DETECTED	NOT DETECTED
<b>BLOOD UREA NITROGEN (BUN), SERUM</b>			
BLOOD UREA NITROGEN		10	Adult(<60 yrs) : 6 to 20 mg/dL
<b>SUGAR URINE - FASTING</b>			
SUGAR URINE - FASTING		NOT DETECTED	NOT DETECTED
<b>* PHYSICAL EXAMINATION, STOOL</b>			
		RESULT PENDING	
<b>* CHEMICAL EXAMINATION, STOOL</b>			
		RESULT PENDING	
<b>* MICROSCOPIC EXAMINATION, STOOL</b>			
		RESULT PENDING	



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**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT****\* ECG WITH REPORT****REPORT**

COMPLETED

**\* USG ABDOMEN AND PELVIS****REPORT**

COMPLETED

**\* CHEST X-RAY WITH REPORT****REPORT**

COMPLETED

**\*\*End Of Report\*\***

Please visit [www.ddrcsrl.com](http://www.ddrcsrl.com) for related Test Information for this accession  
 TEST MARKED WITH '\*' ARE OUTSIDE THE NABL ACCREDITED SCOPE OF THE LABORATORY.

**PRASEEDA S NAIR**  
 BIOCHEMIST

**DR.KRIPA ELIZABETH JOHN**  
 CONSULTANT PATHOLOGIST

**K.MEERA BHAI**  
 SENIOR BIOCHEMIST



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If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	:	Mr./Mrs./Ms. <u>SONY. S. ARACKAL</u>
2. Mark of Identification	:	(Mole/Scar/any other (specify location)):
3. Age/Date of Birth	:	<u>20.10.1985</u> Gender: <u>F/M - male</u>
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/Driving Licence/Company ID) <u>Passport Card</u>

**PHYSICAL DETAILS:**

a. Height ..... <u>168</u> ..... (cms)	b. Weight ..... <u>81</u> ..... (Kgs)	c. Girth of Abdomen ..... <u>91</u> ..... (cms)
d. Pulse Rate ... <u>81</u> ..... (/Min)	e. Blood Pressure: <u>110/70</u>	Systolic Diastolic
	1 <sup>st</sup> Reading	<u>110</u> <u>70</u>
	2 <sup>nd</sup> Reading	<u>110</u> <u>70</u>

**FAMILY HISTORY:**

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father	<u>63</u>		
Mother	<u>62</u>		
Brother(s)	<u>34</u>		
Sister(s)			

**HABITS & ADDICTIONS:** Does the examinee consume any of the following? No

Tobacco in any form	Sedative	Alcohol
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

**PERSONAL HISTORY**

- |   |   |
|---|---|
| a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. <u>Thyroid.</u> <b>Y/N</b> ✓ | c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? <b>Y/N</b> ✓ |
| b. Have you undergone/been advised any surgical procedure? <b>Y/N</b> ✓   | d. Have you lost or gained weight in past 12 months? <b>Y/N</b> ✓   |

**Have you ever suffered from any of the following?**

- |  |   |
|--|---|
| • Psychological Disorders or any kind of disorders of the Nervous System? <b>Y/N</b> ✓ | • Any disorder of Gastrointestinal System? <b>Y/N</b> ✓                               |
| • Any disorders of Respiratory system? <b>Y/N</b> ✓                                    | • Unexplained recurrent or persistent fever, and/or weight loss <b>Y/N</b> ✓          |
| • Any Cardiac or Circulatory Disorders? <b>Y/N</b> ✓                                   | • Have you been tested for HIV/HBsAg / HCV before? If yes attach reports <b>Y/N</b> ✓ |
| • Enlarged glands or any form of Cancer/Tumour? <b>Y/N</b> ✓                           | • Are you presently taking medication of any kind? <b>Y/N</b> ✓                       |
| • Any Musculoskeletal disorder? <b>Y/N</b> ✓   |   |

**DDRC SRL Diagnostics Private Limited**

Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036  
Ph No. 0484-2318223, 2318222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com

Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036, Ph No: 2310688, 231822, web: www.ddrcsrl.com

• Any disorders of Urinary System?

Y/N ✓

• Any disorder of the Eyes, Ears Nose, Throat or Mouth & Skin

Y/N

**FOR FEMALE CANDIDATES ONLY**

a. Is there any history of diseases of breast/genital organs?

Y/N

d. Do you have any history of miscarriage/abortion or MTP

Y/N

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N

f. Are you now pregnant? If yes, how many months?

Y/N

**CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER**

➤ Was the examinee co-operative?

Y/N

➤ Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job?

Y/N

➤ Are there any points on which you suggest further information be obtained?

Y/N

➤ Based on your clinical impression, please provide your suggestions and recommendations below;

*lifestyle modification & exercise advised*

➤ Do you think he/she is **MEDICALLY FIT** or **UNFIT** for employment.

*FIT*

**MEDICAL EXAMINER'S DECLARATION**

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner :

*Dr. Austin Varghees*  
*[Signature]*

Seal of Medical Examiner :

**Dr. Austin Varghees**  
**MBBS**  
**TCMC Reg. No:77017**

Name & Seal of DDRC SRL Branch :



Date & Time :

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Ph No. 0484-2318223, 2318222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com

Regd. Office: 4th Floor, Prime Square, Plot No.1, Gaiwadi Industrial Estate, S.V. Road, Goregaon (West), Mumbai - 400062.





सत्यमेव जयते  
भारत सरकार



आधार

भारतीय विशिष्ट पहचान प्राधिकरण

भारत सरकार

Unique Identification Authority of India  
Government of India

Enrollment No. : 2003/33003/41585

To  
Sony S Arackal

05/08/2015

S/O Sunny D  
S N Mandiram  
Edakulam P O  
Ranny  
Vadassenkkara  
Edakulam, Pathanamthitta  
Kerala - 689672  
9961277036



51575378

KH515753782FT



आपका आधार क्रमांक / Your Aadhaar No. :

**4782 0355 5561**

आधार - आम आदमी का अधिकार



भारत सरकार  
Government of India

Sony S Arackal



DOB: 20/10/1985  
Male

4782 0355 5561



आधार - आम आदमी का अधिकार



सत्यमेव जयते  
Government of India



AADHAAR

सूचना

- आधार पहचान का प्रमाण है, नागरिकता का नहीं।
- पहचान का प्रमाण ऑनलाइन प्रमाणीकरण द्वारा प्राप्त करें।

### INFORMATION

- Aadhaar is proof of identity, not of citizenship.
- To establish identity, authenticate online.

- आधार देश भर में मान्य है।
- आधार भविष्य में सरकारी और गैर-सरकारी सेवाओं का लाभ उठाने में उपयोगी होगा।
- Aadhaar is valid throughout the country.
- Aadhaar will be helpful in availing Government and Non-Government services in future.



भारतीय विशिष्ट पहचान प्राधिकरण  
Unique Identification Authority of India

Address: S/O: Sunny D, S N  
Mandiram, Edakulam P O,  
Ranny, Vadassenkkara,  
Pathanamthitta, Edakulam,  
Kerala, 689672

4782 0355 5561

1800 300 1947

help@uidai.gov.in

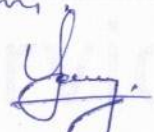
www.uidai.gov.in

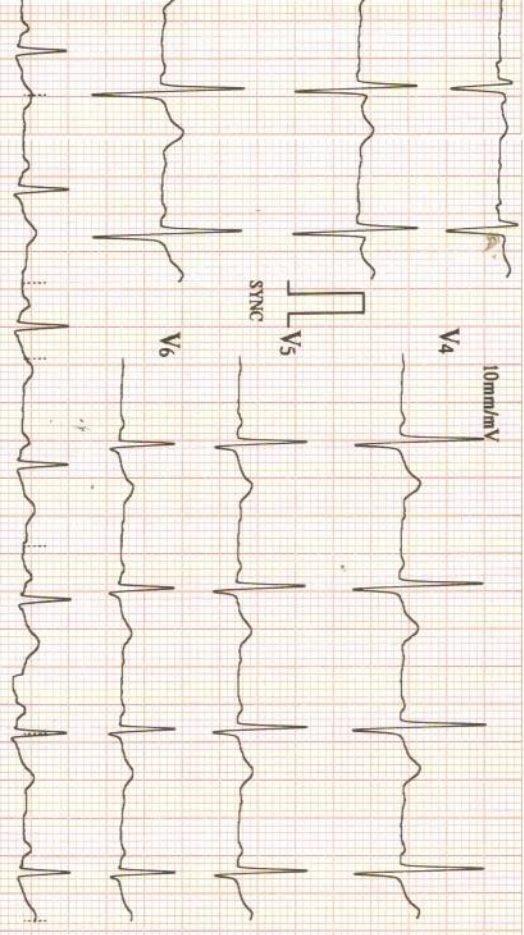
From  
Sony S. Arackal

To  
DDRC  
Kottayam.

Dear Sir/Madam,

I hereby confirm that during the medical check up conducted on 08.05.23, I am not conducting the ~~see~~ check up hand on stool/nutras.

Yours,  
  
Sony S. Arackal



08/04/2023 14:07

ID : 1968

Name: SONY

ARACKAL

Sex : Male

Age : 37

HR : 81

R-R : 739

P-R : 131

QRS : 91

QT/QTc : 349/405

P/ORS/T : 50/50/52

RV5/SV1 : 0.910/0.680 mV

RV5+SV1 : 1.590

bpm

ms

ms

ms

ms

ms

mV



\*Machine Interpretation Only\*

Confirm with Physician

Physician

V2:002(BIOS:V2:004/AMP:V1:006)

25mm/s 0.5-25Hz

I 10mm/mV

aVR 10mm/mV

V1 10mm/mV

II

aVL

V2

STNC

STNC

STNC

III

aVF

V3

10mm/mV




HR300

DRG MCH KOTTAYAM HEIDELCO INDIA 0522-4113779  
HEIDELCO INDIA Helpline No +91-522-4113779 | info@heidelco.com

## ECG REPORT

ACCESSION NO : 4036WD001216  
 NAME : SONY S ARACKAL  
 AGE : 37  
 SEX : MALE  
 DATE : 08.04.2023  
 COMPANY : MEDIWHEEL  
 RATE : 81 bpm  
 RHYTHM : Normal sinus rhythm  
 P. WAVE : Normal  
 P-R INTERVAL : 131 ms  
 Q,R,S,T. WAVES : Normal  
 AXIS : Normal  
 ARRHYTHMIAS : Nil  
 QT INTERVAL : 349 ms  
 OTHERS : Nil  
 OPINION : Normal ECG



  
**Dr. Austin Varghees**  
 MBBS  
 TCMC Reg. No: 77017

## OPHTHALMOLOGY REPORT

ACCESSION NO:4036WD001216

This is to certify that I have examined

MR / MS. Sony S. Anackal Aged 37 yrs and

His / her visual standard is as follows.

Acuity of Vision

For Far

R ..... 6/6 .....L ..... 6/6 .....

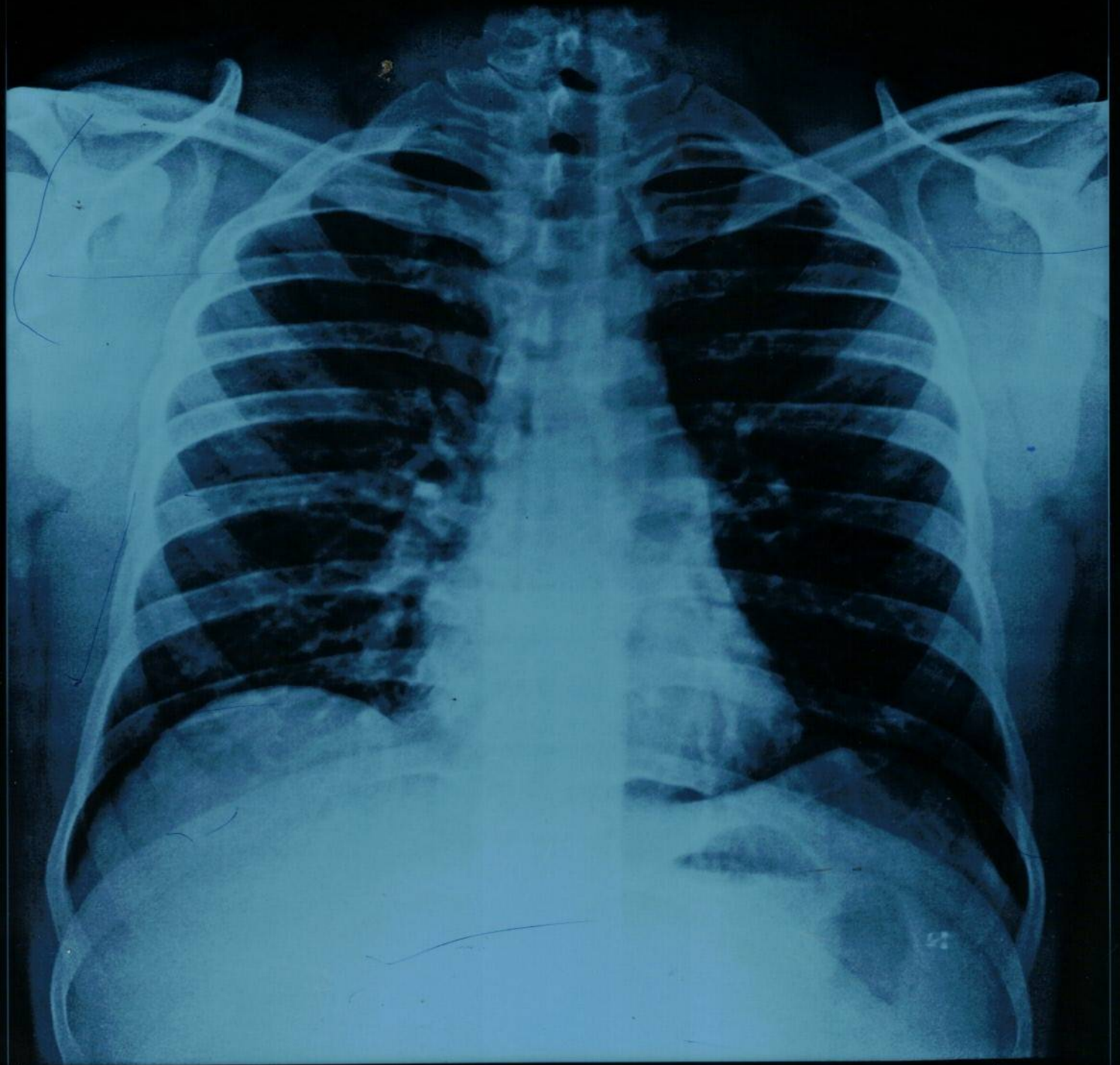
For Near

R ..... N6 .....L ..... N6 .....

Colour Vision

..... NORMAL .....DATE: 08.04.2023  
OPTOMETRIST

R



SONY S ARACKAL 37/Y 1176 CHEST-PA 08-04-2023

DDRC SRL DIAGNOSTICS, GANDHI NAGAR, KOTTAYAM.


1000000

## X - RAY CHEST - REPORT

ACCESSION NO : 4036WD001216  
 NAME : SONY S ARACKAL  
 AGE : 37  
 SEX : MALE  
 DATE : 08.04.2023  
 COMPANY : MEDIWHEEL

EXPOSURE : Adequate  
 POSITIONING : Central  
 SOFT TISSUES : Normal  
 LUNG FIELDS : Normal  
 HEART SHADOW : Normal  
 CARDIOPHRENIC ANGLE : } No obliteration  
 COSTOPHRENIC ANGLE : }  
 HILUM : Normal  
 OPINION : Normal chest xRay



  
**Dr. Austin Varghees**  
 MBBS  
 TCMC Reg. No:77017



Name: **SONY S ARACKAL**  
 Age/Sex: **37 yrs/M**  
 Accession No: **4036WD001216**

Report Date: **08.04.2023**  
 Ref.by: **Mediwheel**

## USG ABDOMEN & PELVIS

### OBSERVATIONS:

- Liver:** Normal in size. **Shows increased parenchymal echotexture.** No focal parenchymal lesion noted. The biliary radicals appear normal. Portal vein is normal (10 mm).
- Gall bladder:** Distended (measures 5.3 x 1.5 cm). No calculus seen. No e/o of any wall thickening / edema. No e/o any pericholecystic collection.
- CBD:** Not dilated (4 mm).
- Spleen:** Normal in size (10.3 cm) and echotexture. No focal lesion.
- Pancreas:** Obscured by excess bowel gas.
- Kidneys:** Right kidney length measures 11.2 cm. Parenchymal thickness 2 cm  
 Normal in position & size. Cortical echogenicity is normal. There is good cortico-medullary differentiation. No calculus or mass lesion seen. No hydronephrosis.  
 Left kidney length measures 11.3 cm. Parenchymal thickness 2.1 cm  
 Normal in position & size. Cortical echogenicity is normal. There is good cortico-medullary differentiation. No calculus or mass lesion seen. No hydronephrosis.
- Ureters:** Not dilated.
- Urinary Bladder:** Distended, No luminal or wall abnormality noted.
- Prostate:** Normal in size, volume 15 cc. Shows homogenous parenchymal texture. No evidence of any mass lesion.
- Others:** No evident lymphadenopathy. No evidence of bowel wall thickening/echogenic mesentery/dilated bowel loops. Normal peristalsis seen. No free fluid in the peritoneal cavity. No pleural effusion noted.

### IMPRESSION:

- **Grade II fatty changes in liver.**



**Dr. Deepak.V, MBBS, DMRD**  
 Radiologist

Note: This is radiological opinion and not the final diagnosis. Ultrasound is limited by patient adiposity, bowel gas and correlate clinically and investigate further as needed.



08-04-2023-0012

Exam

Accession #

Exam Date

Description

Sonographer

08042023

n Date  
ender

Other

[2D] G35/118dB/FA10/P90/HAR/FSI 1



[2D] G38/118dB/FA10/P90/HAR/FSI 1



[2D] G39/118dB/FA10/P90/HAR/FSI 1



[2D] G39/118dB/FA10/P90/HAR/FSI 1



[2D] G38/118dB/FA10/P90/HAR/FSI 1



[2D] G32/118dB/FA10/P90/HAR/FSI 1

