

Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

:: PERSONAL HEALTH REPORT ::

NAME <u>Piyush Gupta</u>	DATE <u>22/1/22</u>
	SR. NO.
	SEX. <u>33 M.</u>
	AGE
	HEIGHT
	WEIGHT

HISTORY

Present History : NAD.
 Past Illness History : NAD Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy
 Past Occupational History : NAD.
 Family History : Father & mother - HTN & Father - Diabetes.
 Personal History : NAD.
 Addiction : NAD Tobacco/Gutkha/Smoking/Alcohol NAD.

GENERAL EXAMINATION

T.P.R. : 84/min - 15/min B.P. : 120/80 mm Hg :
 Pallor/Icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/NVE/Other : NO.

SYSTEMIC EXAMINATION

R.S. : NAD
 C.V.S : NAD
 C.N.S : NAD
 A.S. : NAD
 Musculo-skelet System : NAD

E.N.T. Ex. : <u>NAD</u> Dental Ex. : <u>NAD</u> Skin Ex. : <u>NAD</u> Psychic Ex. : <u>NAD</u>	ACUITY OF VISION			
	Without Glass	DISTANT	6/	6/
		Near	6/	6/
	With Glass	DISTANT	6/ 6	6/ 6
Near		6/ 6	6/ 6	
COLOUR BLINDNESS		<u>NAD.</u>		

REMARK : NO
 ADVICE : Nil.
 The Worker is FIT/UNFIT for the assigned job.

R.H.

Dr. Krish P. Vaidya
 MD, PGDCC
 Associate Consultant-Cardiology
 Reg. No. G-50510

DR. KRISH VAIDYA

MD G-50510, CH



भारत सरकार
GOVERNMENT OF INDIA




पियूष गुप्ता
Piyush Gupta
जन्म वर्ष/YoB: 1988
पुरुष Male



6241 4715 1152

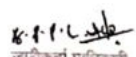
आधार - आम आदमी का अधिकार




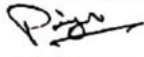
 बैंक ऑफ़ बड़ोदा
Bank of Baroda

नाम
Name **पियूष गुप्ता**
PIYUSH GUPTA

कार्यवाही क्र. / E.C. No. **115434**


जाचिकर्ता प्राधिकारी
Issuing Authority




धारक के हस्ताक्षर
Signatura Holder's



02

17 m /

1000

1000

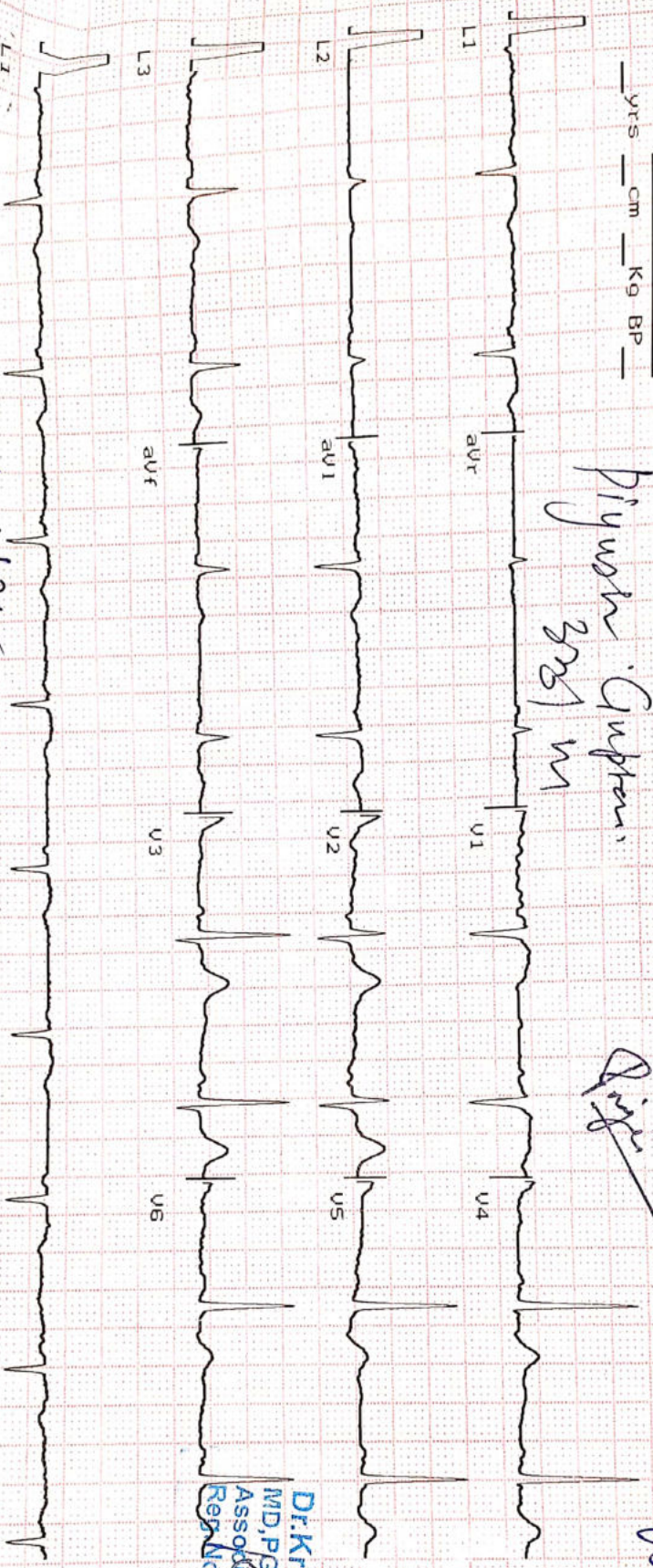
Name: _____

_____ yrs _____ cm _____ Kg BP _____

Piyush Gupta
325 m

Dr. P. Vaidya

WVW



Ver 1.0mm/mV
1.9 25mm/sec
Time: _____
Date: 22/01/22

Heart Rate : 65 bpm

INTERVAL (ms)

PR: 145 QRS: 27

QT: 317 QTc: 334

ST: 217

AXIS (deg)

P : -44 QRS: -35

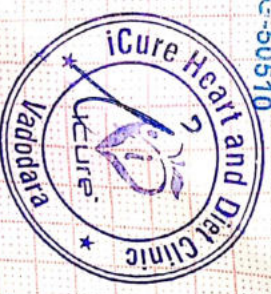
T : -57

Dr. Krish P. Vaidya

MD, PGDCC

Associate Consultant-Cardiology

Reg. No. C-50510



Y908 — **PIYUSH GUPTA**

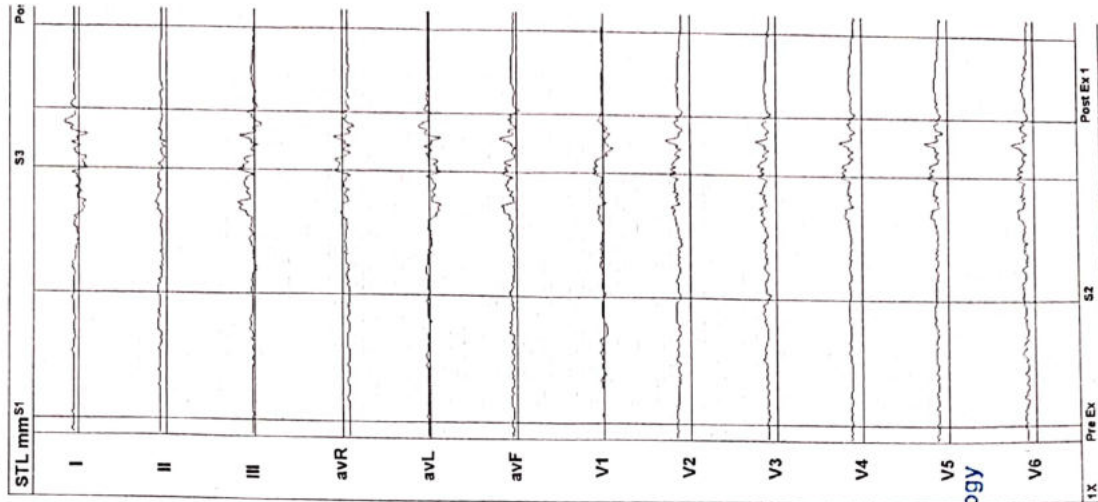
33 Yrs/M Kg / Ht- cms Ref. No.:

Date: 22-01-2022 Ref By: **Bruce**
 Time: 10:30 AM Protocol:

Summary

History:
 Medication:

Stage	Stg Time min:sec	Speed kmh	Grade %	METs	HR bpm	BP mmHg	RPP	PVCs
Pre Ex				1	100	120/80	120	
Standing				1	100	120/80	120	
Supine				1	101	120/80	121	
Hyp Vent				1	99	120/80	119	
S1	03:00	2.7	10.0	4.8	126	120/80	151	
S2	03:00	4.0	12.0	6.9	144	130/80	187	20
Peak Ex	01:26	5.4	14.0	9.5	154	140/90	216	50
Post Ex 1	02:00			1	112	120/80	134	53
Post Ex 2	00:41			1	108	120/80	130	53
Finish				1	102	120/80	122	54



Findings: Exercise Time : 07:26 mins
 Max HR attained : 154 bpm 85 % of Target 180 bpm
 Max BP : 140/90mmHg
 Max Workload attained : 9.5 METs (Good Effort Tolerance)
 Reason for Test Termination: Patient Completed Test

No significant ST segment changes noted during exercise or recovery stages.
 No Angina / Arrhythmia / S3 / Murmur
 Final Impression : Test is negative for inducible ischaemia.



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 Associate Consultant-Cardiology
 Reg.No.G-50510

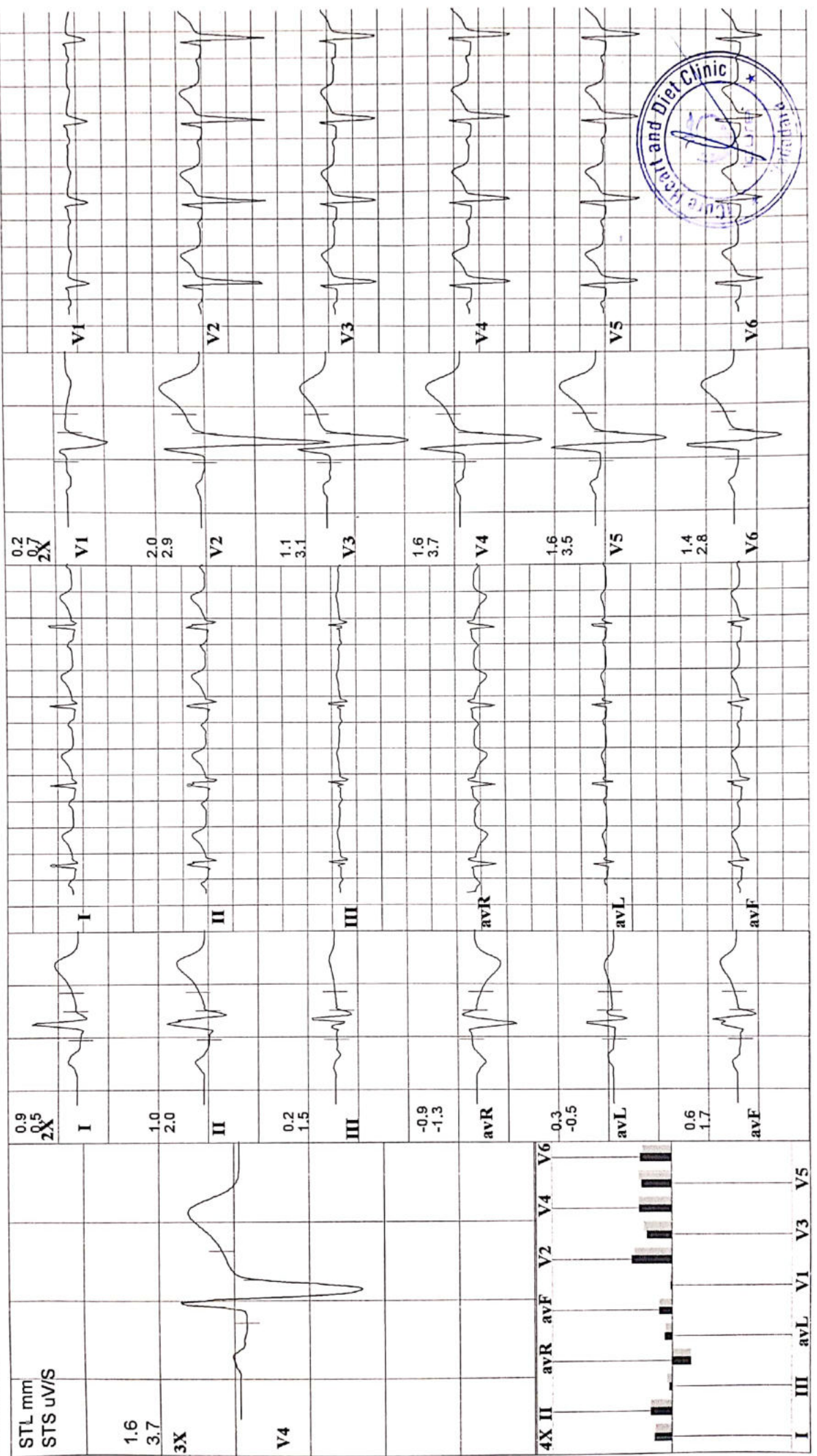
DR KRISH VAIDYA
 Reg No- 501055

Speed: --- km/h Hr: 105
Grade: --- % Mets: 4.8
Protocol: Bruce BP: 120/80 mmHg Curr Time: 00:23

Target Hr: 56 % of 186 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Ex Time: 00:10 BLC: On Sweep: 25 mm/S
Median Sweep: 25 mm/S

Y908 PIYUSH GUPTA
33 Yrs/M Kg / Ht- cms Ref.No.:
Date: 22-01-2022 Time: 10:30 AM

Post J: 71 mS





402, Epsilon Tower, Race Course Road, Vadodara

Y908
33 Yrs/M
Date: 22-01-2022 Time: 10:30 AM

Ref.No.:

Speed: --- km/h
Grade: --- %
Protocol: Bruce

Hr: 98
Mets: 1
BP: 120/80 mmHg

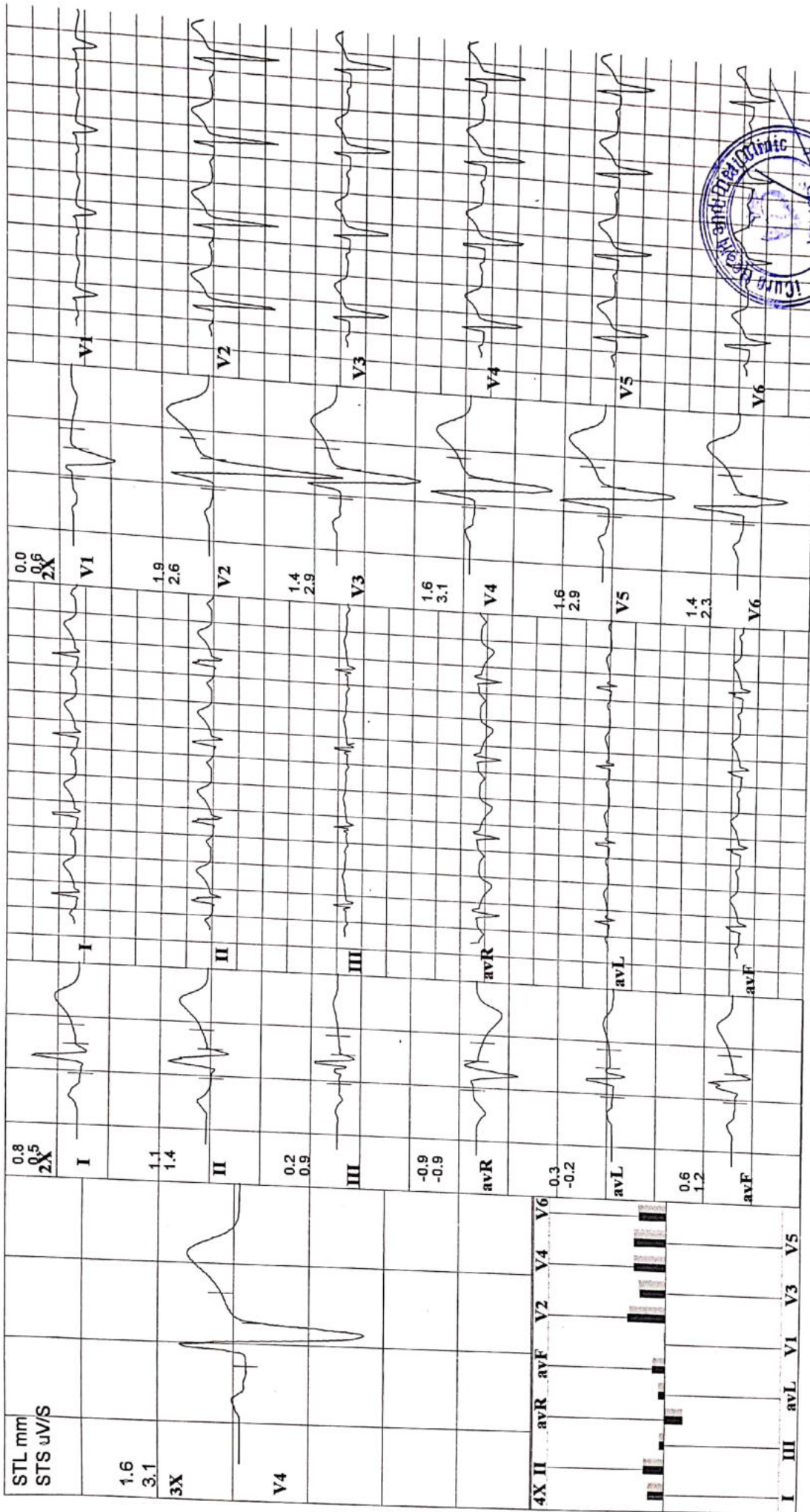
Target Hr: 52 % of 186
Ex Time: --- min:sec
Curr Time: 00:17

Filter: 0.1 - 100 Hz
BLC: On
NotchOn

Gain: 10 mm/mV
Sweep: 25 mm/S
Median Sweep: 25 mm/S

Linked Media
Pre Ex
Supine

Post J: 71 ms

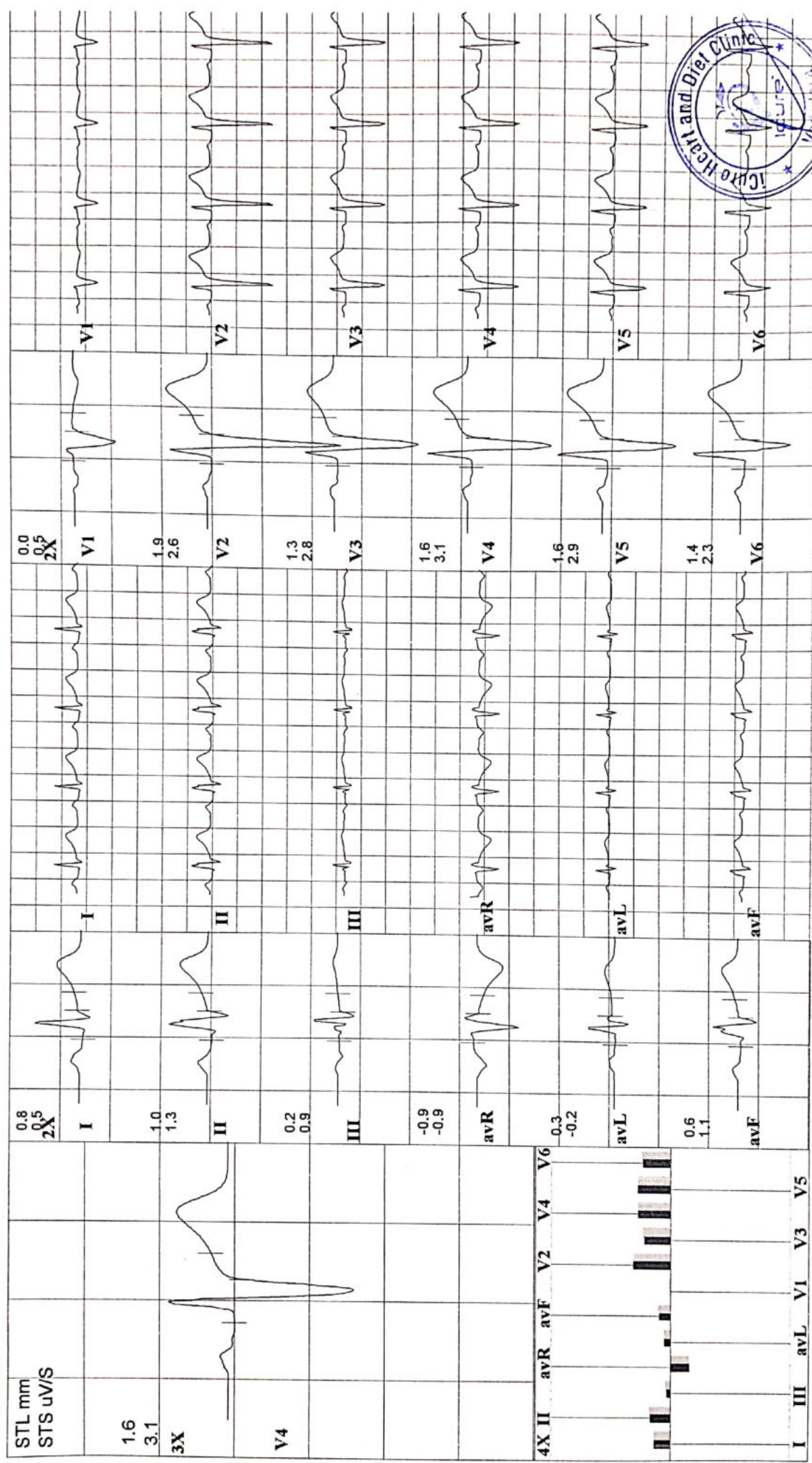


Y908
33 Yrs/ M
Date: 22-01-2022 Time: 10:30 AM
Post J: 69 mS

Speed: --- kmh Hr: 101
Grade: ---% Mets: 1
Protocol: Bruce BP: 120/80 mmHg Curr Time: 00:13

Target Hr: 54% of 186 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Ex Time: --- min:sec BLC: On Sweep: 25 mm/s
Median Sweep: 25 mm/s

Linked Media
Pre Ex
Standing

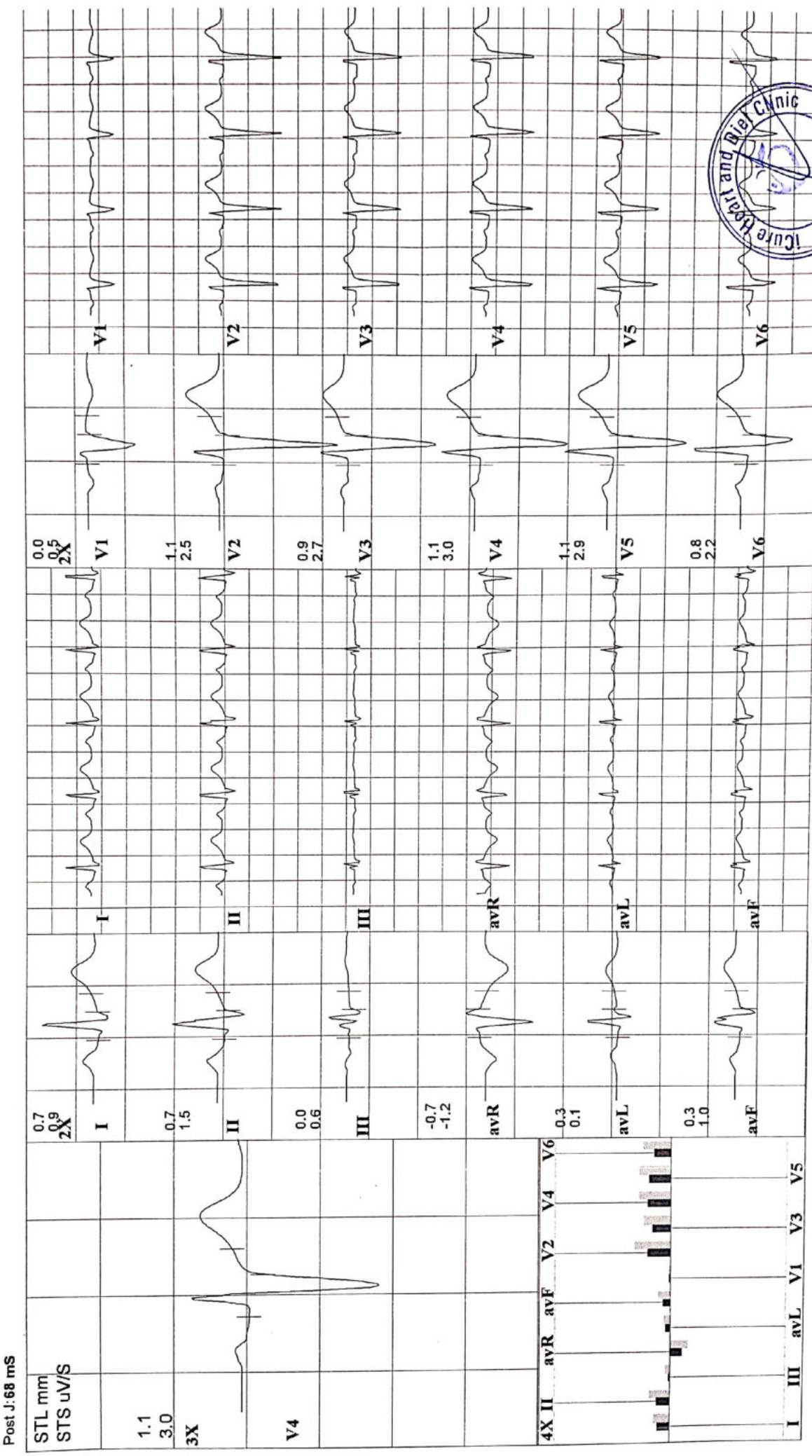


Y908
33 Yrs/M
Date: 22-01-2022 Time: 10:30 AM
Post J: 68 mS

Speed: --- kmh Hr: 108
Grade: ---% Mets: 1
Protocol: Bruce BP: 120/80 mmHg Curr Time: 10:20

Target Hr: 58 % of 186
Ex Time: 07:26
Filter: 0.1 - 100 Hz
BLC: On
NotchOn

Gain: 10 mm/mV
Sweep: 25 mm/S
Median Sweep: 25 mm/S

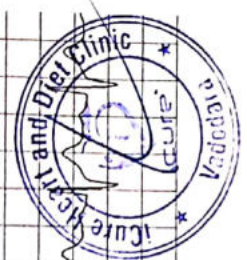
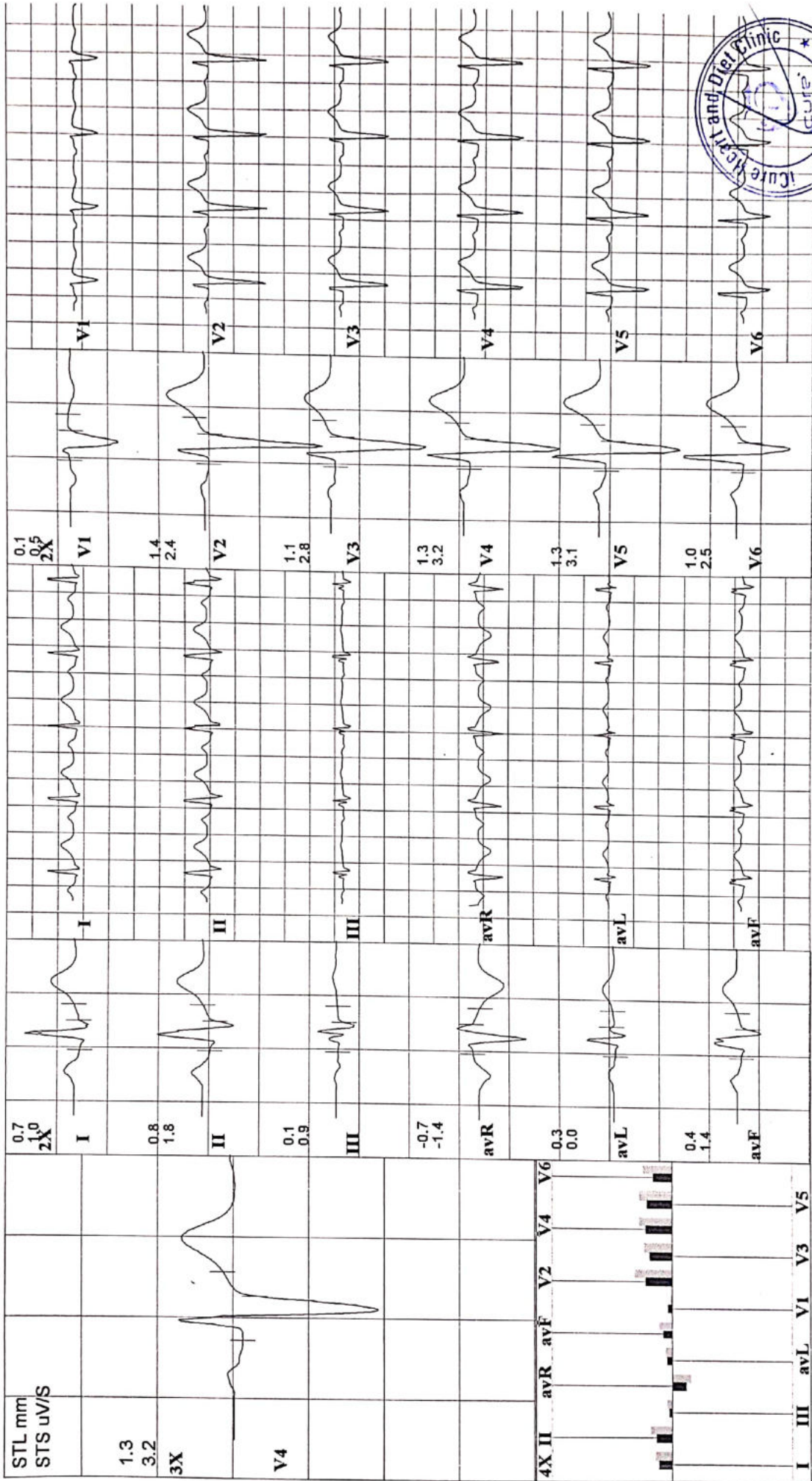


Speed: --- km/h Hr: 112
Grade: --- % Mets: 1
Protocol: Bruce BP: 120/80 mmHg Curr Time: 09:39

Target Hr: 60 % of 186 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Ex Time: 07:26 BLC: On Sweep: 25 mm/s
Median Sweep: 25 mm/s Notch On

Y908 PIYUSH GUPTA
33 Yrs/M Kg / Ht- cms Ref.No.:
Date: 22-01-2022 Time: 10:30 AM

Post J: 60 mS





Y908
33 Yrs/ M
Date: 22-01-2022 Time: 10:30 AM

PIYUSH GUPTA
Kg / Ht-
Ref.No.:

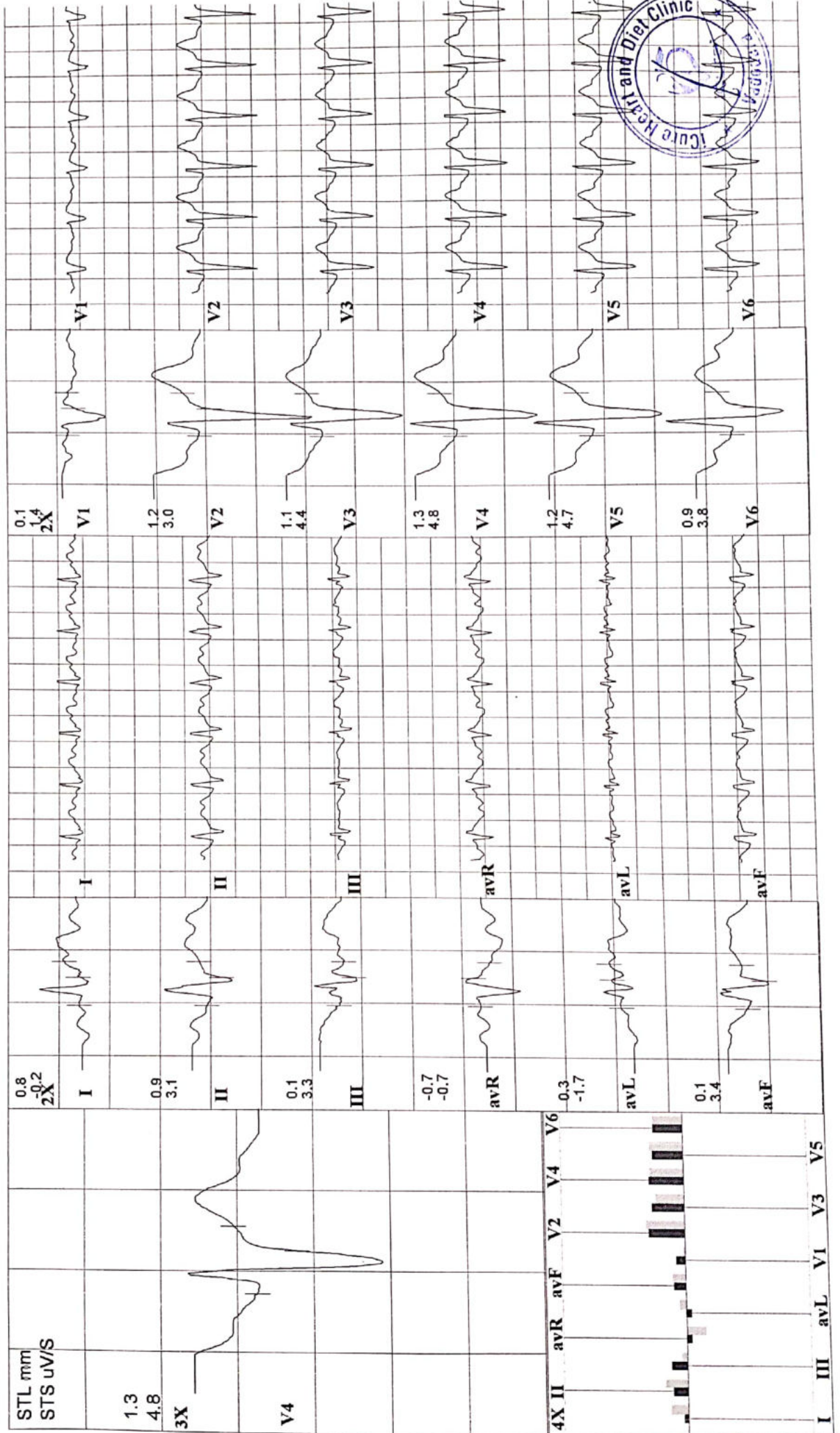
Speed: 5.4 kmh Hr: 154
Grade: 14 % Mets: 9.5
Protocol: Bruce BP: 140/90 mmHg Curr Time: 07:39

Target Hr: 82 % of 186
Filter: 0.1 - 100 Hz
BLC: On
NotchOn

Gain: 10 mm/mV
Sweep: 25 mm/S
Median Sweep: 25 mm/S

Linked Media
Peak Ex

Post J: 60 mS



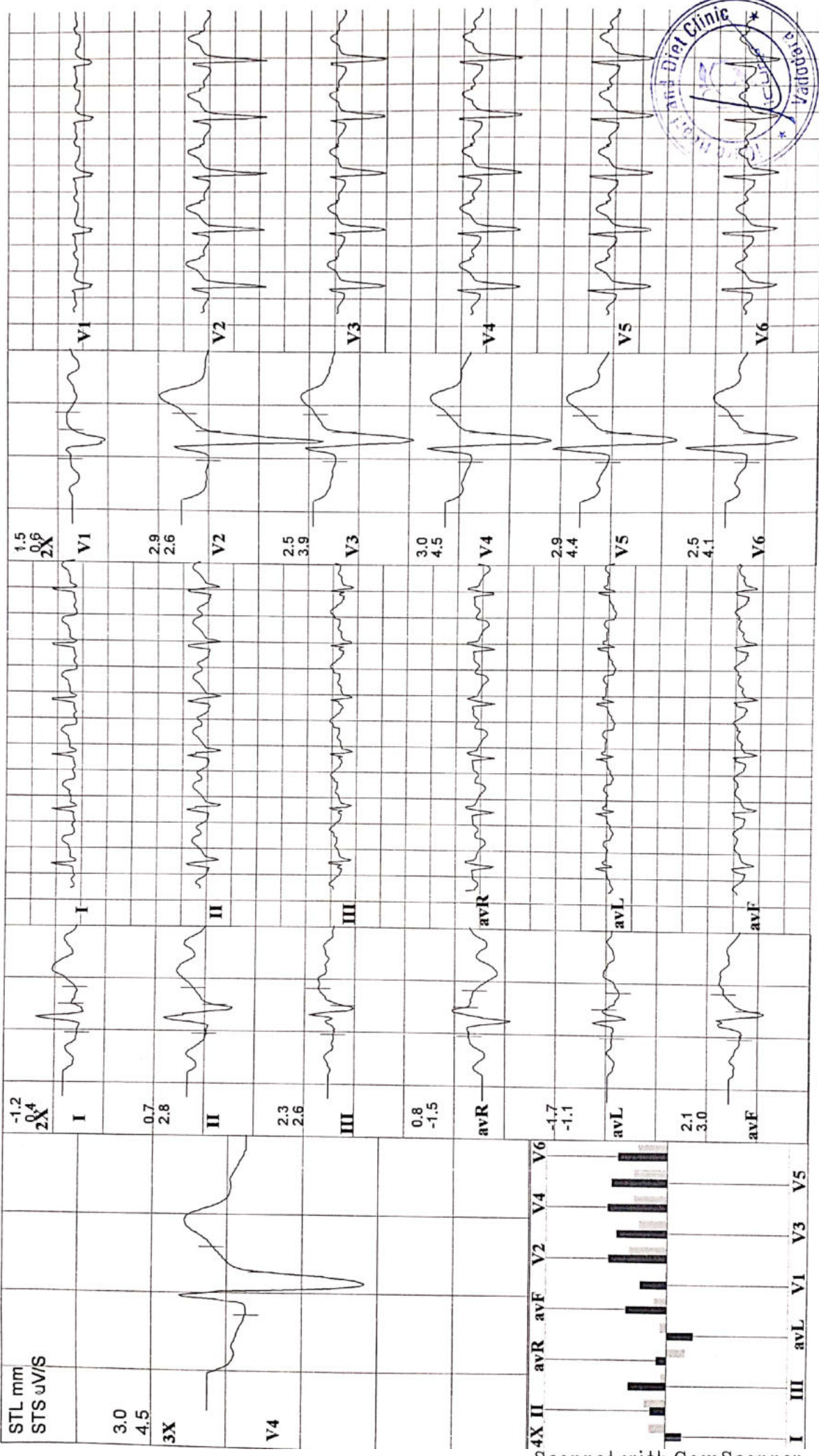
Y908
 33 Yrs/ M
 Date: 22-01-2022 Time: 10:30 AM
 Post J: 64 mS

Speed: 4 kmh Hr: 144
 Grade: 12 % Mets: 6.9
 Protocol: Bruce BP: 130/80 mmHg Curr Time: 06:13

Target Hr: 77 % of 186
 Ex Time: 06:00

Filter: 0.1 - 100 Hz Gain: 10 mm/mV
 BLC: On Sweep: 25 mm/S
 Notch On Median Sweep: 25 mm/S

Linked Media
 S2



Y908
 33 Yrs/M
 Date: 22-01-2022 Time: 10:30 AM
 Post J: 71 mS

PIYUSH GUPTA
 Kg / Ht- cms
 Ref.No.:

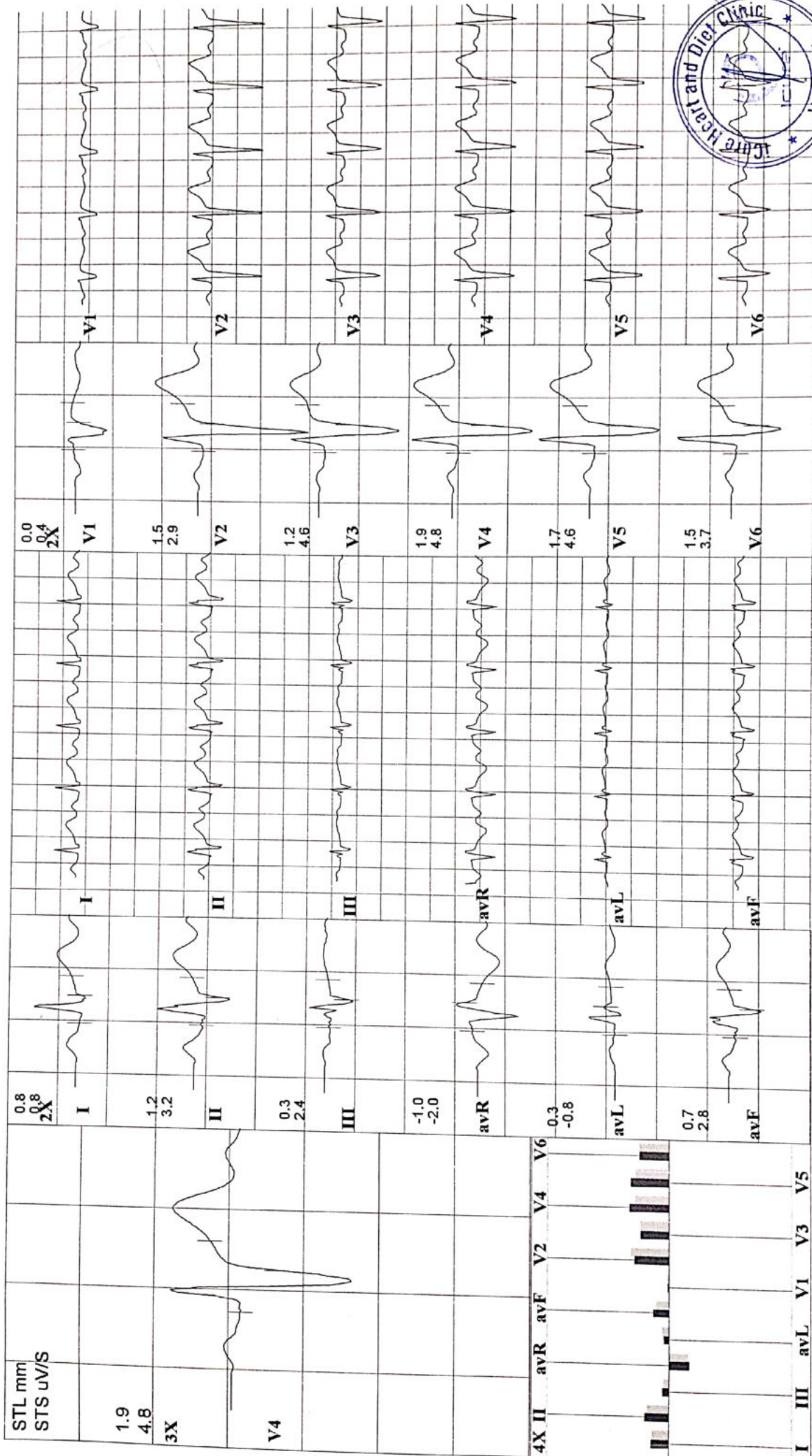
Speed: 2.7 kmh Hr: 126
 Grade: 10 % Mets: 4.8
 Protocol: Bruce BP: 120/80 mmHg

Target Hr: 67 % of 186
 Ex Time: 03:00
 Curr Time: 03:13

Filter: 0.1 - 100 Hz
 BLC: On
 Notch: On

Gain: 10 mm/mV
 Sweep: 25 mm/S
 Median Sweep: 25 mm/S

Linked Media
S1



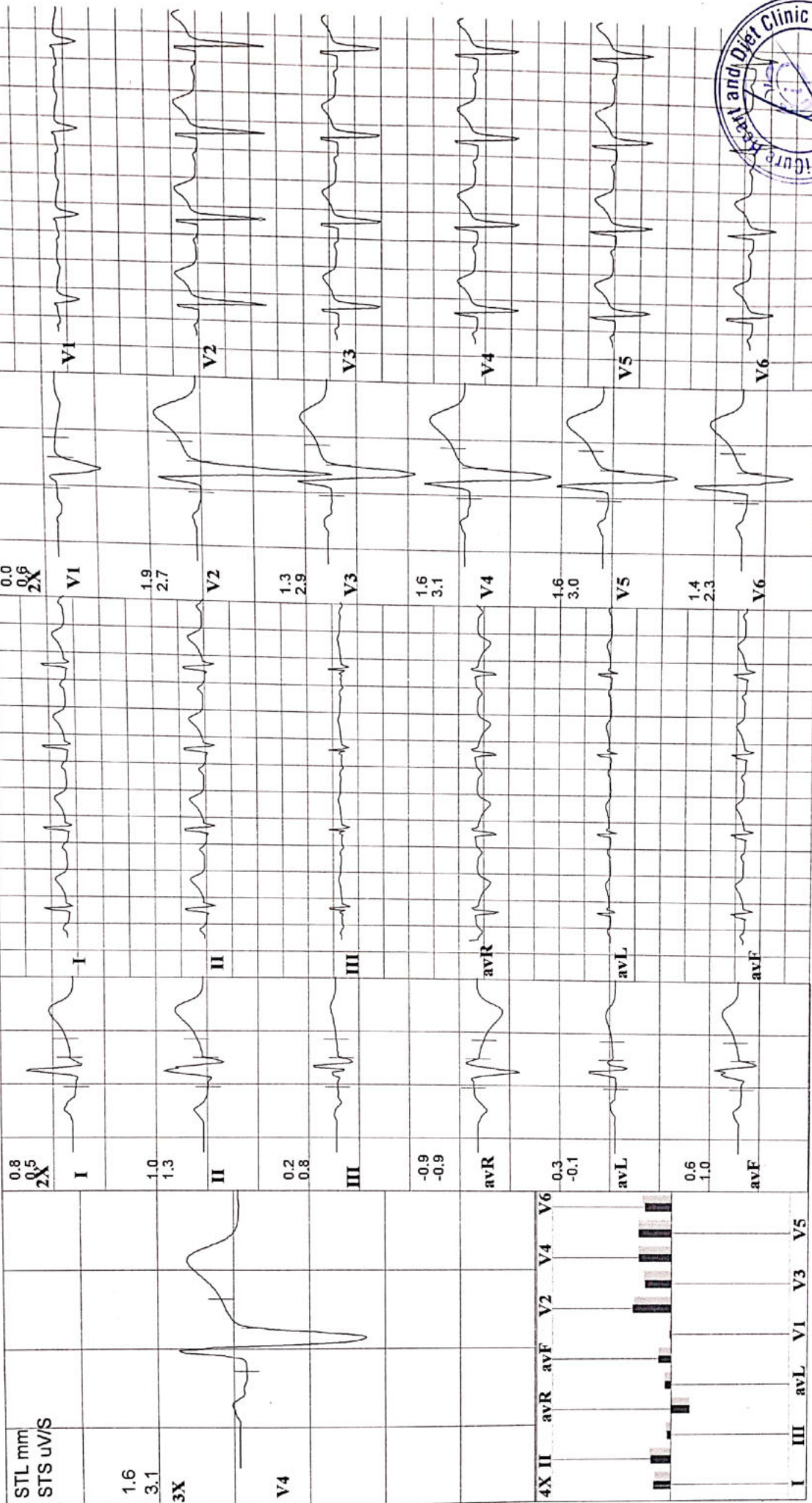
Y908
33 Yrs/M
Date: 22-01-2022 Time: 10:30 AM

Ref.No.:
Kg / Ht- cms

Speed: -- kmh Hr: 100
Grade: -- % Mets: 1
Protocol: Bruce BP: 120/80 mmHg Curr Time: 00:08

Target Hr: 53 % of 186
Filter: 0.1 - 100 Hz
Gain: 10 mm/mV
Sweep: 25 mm/S
Median Sweep: 25 mm/S

Post J: 71 ms





JKV LABORATORY



Name : PIYUSH GUPTA
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 33 Yrs./M
Date : 22/01/2022
Report ID. : 9

BIOCHEMISTRY

TEST	RESULT	UNIT	REFERENCE INTERVAL
Blood Urea	: 38.00	mg/dL	10 - 50 mg/dL
Serum Creatinine	: 1.20	mg/dL	0.6 - 1.4 mg/dL
Serum Uric Acid	: 5.20	mg/dL	3.4 - 7.0 mg/dL
SERUM PROTEIN			
Serum Protein Total	: 7.30	g/dL	6.6 - 8.3 g/dL
Albumin	: 4.50	g/dL	3.5 - 5.0 g/dL
Globulin	: 2.80	g/dL	2.3 - 3.5 g/dL
A/G Ratio	: 1.6	: 1	1.5 - 2.5 : 1
Bilirubin - Total	: 0.2	mg/dL	0.00 - 1.00 mg/dL
Bilirubin - Direct	: 0.1	mg/dL	Upto 0.30 mg/dL
Bilirubin - Indirect	: 0.8	mg/dL	0.1 - 1.0 mg/dL
SGPT	: 28.0	IU/L	10 - 40 IU/L
SGOT	: 36.0	IU/L	Upto 40 IU/L
Serum Alkaline Phosphatase	: 132.0	U/L	37 - 147 U/L
LIPID PROFILE			
Serum Cholesterol	: 157.00	mg/dL	130 - 200 mg/dL
Serum Triglyceride	: 142.00	mg/dL	60 - 165 mg/dL
HDL Cholesterol	: 41.00	mg/dL	30 - 70 mg/dL
LDL Cholesterol	: 87.60	mg/dL	Upto 150 mg/dL
VLDL	: 28.40	mg/dL	Upto 30 mg/dL
FASTING (FBS)			
Blood Glucose	: 96.0	mg/dL	70 - 110 mg/dL
POST-PRANDIAL			
Blood Glucose	: 132.0	mg/dL	80 - 140 mg/dL
SPECIAL TESTS			
GGTP	: 65	U/L	05 - 85 U/L
Gamma Glutamyltransferase			

Done By Fully Auto Analyzer MIURA, A-1004



DR JIGAR SHAH (G23327)
M.D. Pathologist

Time : 7 a.m. to 9.00 p.m. • Emergency 24 Hrs.

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.

☎ 8320343731 / 9601969303 ✉ jkvlaboratory2021@gmail.com

Test Report are subject to technical limitations & should be clinically correlated. Laboratory may be contacted whenever required.

Free Home Service



JKV LABORATORY



Name : PIYUSH GUPTA
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 33 Yrs./M
Date : 22/01/2022
Report ID. : 9

Hb A1C REPORT

TEST	RESULT	UNIT	REFERENCE INTERVAL
Hb A1C - Glycated Hb Glycated Haemoglobin	: 5.2	%	Non Diabetic : 4.3 - 6.3 % Good Control : 6.4 - 7.5 % Moderate Control : 7.5 - 9.0 % Poor Control : 9.0 % & Above
Avg. Blood Glucose Level	: 108	mg/dL	
Estimated Average Glucose eAG	: 103	mg%	

END OF REPORT

Reg. 23327
G23327

DR JIGAR SHAH (G23327)
M.D. Pathologist

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☎ 8320343731 / 9601949303 ✉ jkvlaboratory2021@gmail.com

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Free Home Service



J K V LABORATORY



Name : PIYUSH GUPTA
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 33 Yrs./M
Date : 22/01/2022
Report ID. : 9

EXAMINATION OF URINE

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>
Sample	: FASTING	
<u>PHYSICAL EXAMINATION</u>		
Quantity	: 10	mL
Colour	: PALE YELLOW	
Transparency	: CLEAR	
Specific Gravity	: 1.003	
Reaction	: ACIDIC	
Deposits	: ABSENT	
<u>CHEMICAL EXAMINATION</u>		
Albumin	: NIL	
Sugar	: NIL	
Acetone	: ABSENT	
Bile Salts	: ABSENT	
Bile Pigments	: ABSENT	
Urobilinogen	: NORMAL : ~ < 1.0 mg/dL	
Occult Blood	: ABSENT	
Nitrate	: ABSENT	
<u>MICROSCOPIC EXAMINATION</u>		
Pus Cells	: 0-1 / hpf	
RBC	: NIL	
Epithelial Cells	: NIL	
Crystals	: NIL	
Amorphous Phosphate	: NIL	
Cast	: NIL	

THYROID FUNCTIONS

Total Triiodothyronine - T3	: 1.25	ng/mL	0.58 - 1.59 ng/mL
Total Thyroxine - T4	: 7.89	ng/mL	4.87 - 11.72 microgram%
Thyroid Sti. Hormone -TSH	: 3.25	ng/mL	0.35 - 4.94 IUmb



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JKV LABORATORY



Name : PIYUSH GUPTA
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 33 Yrs./M
Date : 22/01/2022
Report ID. : 9

HAEMOGRAM PROFILE

TEST	RESULT	UNIT	METHOD	REFERENCE INTERVAL
BLOOD COUNTS & INDICES				
Haemoglobin	: 15.20	gm%		13.5 - 17.0 gm%
Total RBC	: 5.40	mill/cmm		4.6 - 6.2 mill/cmm
PCV	: 44.32	%		40 - 54 %
MCV	: 82.07	fL		80 - 96 fL
MCH	: 28.14	pg		27 - 31 pg
MCHC	: 34.30	%		32 - 36 %
RDW	: 13.50	%		10 - 15 %
Total WBC	: 6,400	/cmm		4,000 - 11,000/cmm
Platelet Count	: 2,79,000	/cmm		1.5 - 4.0 Lac/cmm.
DIFFERENTIAL LEUCOCYTES COUNT				
Band Cells	: 00	%		00 - 06 %
Neutrophils	: 62	%		55 - 70 %
Lymphocytes	: 31	%		20 - 40 %
Eosinophils	: 03	%		01 - 06 %
Monocytes	: 04	%		02 - 08 %
Basophils	: 00	%		00 - 01 %
Platelet In Smear	: ADEQUATE			
ERYTHROCYTES SEDIMENTATION RATE				
ESR After 1st Hour	: 5	mm	Westergren	01 - 07 mm
Blood Group	: " B "			
Rh Factor (Anti D.)	: " POSITIVE "			

(By Fully Automated Cell Counter Sysmex KX - 21, Japan)

END OF REPORT



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Free Home Service

PARAMOUNT DIAGNOSTIC & RESEARCH CENTRE

(A Unit of Paramount Charity Trust)

Radiology ■ Pathology ■ Histopathology ■ Molecular Biology

NAME : PIYUSH GUPTA

AGE: 33 Y/M

DATE : 22/01/2022

ULTRASOUND WHOLE ABDOMEN

(Screening Only)

Liver is normal in size and shows normal parenchymal reflectivity. No focal lesion is seen. Hepatic veins appear normal. There is no evidence of any dilated intra hepatic biliary radicals.

Portal Vein appears normal in diameter. **Common Bile Duct** is of normal diameter.

Gallbladder is distended with normal wall thickness. There is no evidence of gallstones. No evidence of peri-cholecystic fluid or probe tenderness.

Pancreas is normal in size and shows homogenous reflectivity. There is no evidence of any calcification or ductal dilatation.

Spleen is normal size and shows a homogenous echotexture. There is no evidence of any focal lesion.

Both Kidneys are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction. Right kidney measures 110x57mm. Left kidney measures 106x55mm. There is no evidence of renal calculi, hydronephrosis or mass seen.

Bladder is well distended and shows normal wall thickness. No evidence of intra-luminal mass or calculi.

Prostate gland is normal in size. It has smooth outlines and normal reflectivity.

There is no evidence of ascites.

No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

Appendix cannot be imaged. No mass or collection in right iliac fossa.

CONCLUSION: No sonographic abnormality is seen.



Mehul Prajapati

DR. MEHUL PRAJAPATI
CONSULTANT RADIOLOGIST

24 hours Emergency Service Available for CT Scan / MRI / Pathology **AMBULANCE SERVICE AVAILABLE**

Main Branch : Paramount Complex, Gotri Road, Race Course, Vadodara. Ph.: 0265 - 2395772, 2397438, 6647222, +91 - 6352731483,

Path. Lab : 0265 - 6603900/901/902/903, +91 - 8160225911, +91 - 9099066029

City Branch : Opp. Brahman Sabha Hall, Pratap Road, Dandiabazar, Vadodara. Ph.: 0265 - 2423233, +91 - 6352734810

PARAMOUNT DIAGNOSTIC & RESEARCH CENTRE

(A Unit of Paramount Charity Trust)

Radiology ■ Pathology ■ Histopathology ■ Molecular Biology

NAME : PIYUSH GUPTA	AGE : 33 Y/M	DATE : 22/01/2022
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X RAY CHEST (PA)

OBSERVATIONS:

- Both the lung fields and apices appear clear.
- Both the hilar shadow appears normal.
- Cardiac silhouette appears normal.
- Both the costophrenic sinuses are clear.
- Mediastinal and tracheal shadows are normal.
- Both the domes of diaphragm are normal.
- Visualized rib cage and clavicle are normal.

COMMENTS:

- No significant abnormality is seen.



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