



LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. MEENA BABU LAL
EC NO.	51794
DESIGNATION	BRANCH HEAD
PLACE OF WORK	BHAGWATGARH
BIRTHDATE	17-08-1964
PROPOSED DATE OF HEALTH CHECKUP	13-04-2023
BOOKING REFERENCE NO.	23J51794100057472E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **06-04-2023** till **31-03-2024** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager

MRN NO: 15010000456939
PATIENT'S NAME: MR BABU LAL MEENA
DR. NAME: DR. SITARAM GUPTA

DATE: 14/04/2023
AGE/SEX: 58 YRS./M

ULTRASOUND STUDY OF ABDOMEN & PELVIS (PHC)

Liver: - is enlarged in size and bright in echotexture. No evidence of any mass lesion is seen. Bilobar Intrahepatic biliary radicals are not dilated.

Gall Bladder: - Is distended. Lumen is clear. Wall thickness is normal.

CBD: - Normal in calibre. No calculus is seen in visualized part of CBD.

Portal Vein: - Normal in calibre.

Pancreas: - Normal in size & echotexture. No focal lesion is seen. MPD is not dilated.

Spleen: - Normal in size & echotexture. No focal lesion is seen.

Right Kidney: - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of calculus or hydronephrosis.

Left Kidney: - Normal in shape, size & location. Echotexture is normal. Corticomedullary differentiation is maintained. There is no evidence of calculus or hydronephrosis.

Urinary Bladder: - is distended. No calculus or mass lesion is seen. Wall thickness is normal.

Post void residual urine is ~5 ml

Prostate: - is enlarged in size (~ 38 gm).

Others: - No free fluid is seen in abdomen.

Impression: USG findings are suggestive of: -

- Prostatomegaly.
- Hepatomegaly with fatty changes in liver .

Correlate clinically & with other related investigations.


Dr. Swati Jain
Consultant Radiologist

Dr. Vijay Kumar Sharma
Consultant Radiologist

Dr. Sunny Maharwal
Consultant Radiologist

This is a preventive health checkup sonography report with no available clinical details and previous records.

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Babu Lal Meena MRN : 15010000456939 Gender/Age : MALE , 58y (17/08/1964)

Collected On : 14/04/2023 12:49 PM Received On : 14/04/2023 12:50 PM Reported On : 14/04/2023 01:55 PM

Barcode : 412304140211 Specimen : Whole Blood Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9414844893

HAEMATOLOGY

Test	Result	Unit	Biological Reference Interval
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Photometric Measurement)	14.0	g/dL	13.0-17.0
Red Blood Cell Count (Electrical Impedance)	4.69	millions/ μ L	4.2-6.0
PCV (Packed Cell Volume) / Hematocrit (Calculated)	41.5	%	40.0-54.0
MCV (Mean Corpuscular Volume) (Derived)	89	fL	80.0-100.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	29.9 L	pg	32.0-35.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	33.8	g/L	27.0-34.0
Red Cell Distribution Width (RDW)	14.5	%	12.0-18.0
Platelet Count (Electrical Impedance Plus Microscopy)	208	Thousand / μ L	150.0-400.0
Total Leucocyte Count(WBC) (Electrical Impedance / Flow Cytometric)	6.6	Thous/cumm	4.0-10.0
DIFFERENTIAL COUNT (DC)			
Neutrophils	64.5	%	40.0-75.0
Lymphocytes	31.2	%	15.0-45.0
Monocytes	1.9 L	%	4.0-13.0
Eosinophils	1.8	%	0.5-7.0
Basophils	0.6	%	0.0-2.0

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Narayana Multispeciality Hospital

(A unit of Narayana Hrudayalaya Limited) CIN: L85110KA2000PLC027497

Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099

Hospital Address: Sector-28, Kumbha Marg, Pratap Nagar, Jaipur 302033

Tel: +91 141 7122 233 | Email: info.jpr@narayanahealth.org | www.narayanahealth.org

GST No. 08AABCN1685J1Z8



Appointments

1800-309-0309 (Toll Free)

Emergencies

99837-32222

Patient Name : Mr Babu Lal Meena MRN : 15010000456939 Gender/Age : MALE , 58y (17/08/1964)			
Absolute Neutrophil Count	4.26	Thousand / μ L	1.5-7.0
Absolute Lymphocyte Count	2.06	Thousand / μ L	1.0-4.0
Absolute Monocyte Count	0.13 L	Thousand / μ L	0.2-0.8
Absolute Eosinophil Count	0.12	Thousand / μ L	0.0-0.2
Absolute Basophil Count	0.04	Thousand / μ L	0.0-0.2

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

--End of Report--

Manish

Dr. Manisha Agarwal
MBBS, DNB Pathology and DCP
Consultant

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Babu Lal Meena MRN : 15010000456939 Gender/Age : MALE , 58y (17/08/1964)
 Collected On : 14/04/2023 12:49 PM Received On : 14/04/2023 12:50 PM Reported On : 14/04/2023 02:53 PM
 Barcode : 402304140313 Specimen : Serum Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)
 Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9414844893

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
SERUM CREATININE			
Serum Creatinine	1.02	mg/dL	0.66-1.25
eGFR	75.1	mL/min/1.73m ²	Both: <60 indicative of renal impairment Both: Note:eGFR is inaccurate for Hemodynamically unstable patients eGFR is not applicable for less than 18
Blood Urea Nitrogen (BUN) (Colorimetric (Urease UV))	13.39	mg/dL	9.0-20.0
Serum Uric Acid (Colorimetric - Uricase,Peroxidase)	6.03	mg/dL	3.5-8.5
LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)			
Cholesterol Total (Enzymatic Method (cholesterol Oxidase, Esterase, Peroxidase))	200.2 H	mg/dL	Both: Desirable: < 200 Both: Borderline High: 200-239 Both: High: > 240
Triglycerides (Enzymatic Method (lipase, Kinase, Oxidase And Peroxidase))	191.0 H	mg/dL	Both: Normal: < 150 Both: Borderline High: 150-199 Both: High : 200-499 Both: Very High: => 500
HDL Cholesterol (HDLC) (Direct Measure, PTA /MgCl ₂)	50.1	mg/dL	Low: < 40 High: => 60
Non-HDL Cholesterol	150.1	-	-
LDL Cholesterol (Friedewald Formula)	111.9 H	mg/dL	Both: Desirable: < 100 Both: Optimal: 100-129 Both: Borderline High: 130-159 Both: High: 160-189 Both: Very High: > 190
VLDL Cholesterol (Friedewald Formula)	38.2	mg/dL	10.0-50.0
Cholesterol /HDL Ratio	4.0	-	0.0-5.0

Patient Name : Mr Babu Lal Meena MRN : 15010000456939 Gender/Age : MALE , 58y (17/08/1964)			
Total Protein (Biuret (alkaline Cupric Sulfate))	7.89	gm/dL	6.3-8.2
SGOT (AST) (Enzymatic Colorimetric)	30	U/L	17.0-59.0
SGPT (ALT) (UV With PSP -IFCC)	42	U/L	<50.0
Alkaline Phosphatase (ALP)	88	U/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (L-gamma-glutamyl-4-nitroanalide/glycylglycine Kinetic Method)	38	U/L	15.0-73.0
THYROID PROFILE (T3, T4, TSH)			
Tri Iodo Thyronine (T3) (Enhanced Chemiluminescence)	1.48	ng/ml	0.97-1.69
Thyroxine (T4) (Enhanced Chemiluminescence)	9.92	ug/dl	4.3-12.5
TSH (Thyroid Stimulating Hormone) (Enhanced Chemiluminescence)	1.60	uIU/ml	0.35-5.5

--End of Report--

Anil

Dr. Anil Sharma
MBBS , MD (Microbiology)
Senior Consultant

Note

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- Results relate to the sample only.
- Kindly correlate clinically.



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Babu Lal Meena MRN : 15010000456939 Gender/Age : MALE , 58y (17/08/1964)

Collected On : 14/04/2023 12:49 PM Received On : 14/04/2023 12:50 PM Reported On : 14/04/2023 02:25 PM

Barcode : 402304140313 Specimen : Serum Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9414844893

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Bilirubin Total (Dyphylline, Diazonium Salt)	0.86	mg/dL	0.2-1.3
Albumin To Globulin (A/G)Ratio	1.25	-	1.0-2.1

--End of Report--

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Senior Consultant

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Babu Lal Meena MRN : 15010000456939 Gender/Age : MALE , 58y (17/08/1964)

Collected On : 14/04/2023 12:49 PM Received On : 14/04/2023 12:50 PM Reported On : 14/04/2023 02:28 PM

Barcode : 412304140212 Specimen : Whole Blood - ESR Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9414844893

HAEMATOLOGY

Test	Result	Unit	Biological Reference Interval
Erythrocyte Sedimentation Rate (ESR) (Westergren Method)	04	mm/hr	0.0-12.0

--End of Report--

Dr. Manisha Agarwal
MBBS, DNB Pathology and DCP
Consultant

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Babu Lal Meena MRN : 15010000456939 Gender/Age : MALE , 58y (17/08/1964)

Collected On : 14/04/2023 12:49 PM Received On : 14/04/2023 12:50 PM Reported On : 14/04/2023 01:57 PM

Barcode : 402304140314 Specimen : Whole Blood Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9414844893

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
HBA1C			
HbA1c	7.2 H	%	<= 5.7%-NORMAL 5.7-6.4% - PREDIABETES >=6.5% - DIABETES
Estimated Average Glucose	159.94 H	mg/dL	<140.0

Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

--End of Report--



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MBBS , MD (Microbiology)
Senior Consultant

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Page 1 of 1

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Babu Lal Meena MRN : 15010000456939 Gender/Age : MALE , 58y (17/08/1964)
 Collected On : 14/04/2023 12:49 PM Received On : 14/04/2023 02:03 PM Reported On : 14/04/2023 02:14 PM
 Barcode : 482304140079 Specimen : Urine Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)
 Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9414844893

CLINICAL PATHOLOGY

Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Volume	20 H	ml	0.0-0.0
Colour	Pale Yellow	-	-
Appearance	Clear	-	0-36500
CHEMICAL EXAMINATION			
pH(Reaction)	6.0	-	4.5-9.0
Sp. Gravity	1.025	-	1.002-1.03
Protein	NEGATIVE	-	0-0
Urine Glucose	NEGATIVE	-	0-0
MICROSCOPIC EXAMINATION			
Pus Cells	1-2	/hpf	-
RBC	Nil	/hpf	-
Epithelial Cells	2-4	/hpf	-
Crystals	Nil	-	-
Casts	Nil	-	-

--End of Report--



Patient Name : Mr Babu Lal Meena MRN : 15010000456939 Gender/Age : MALE , 58y (17/08/1964)

Manish

Dr. Manisha Agarwal
MBBS, DNB Pathology and DCP
Consultant

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Babu Lal Meena MRN : 15010000456939 Gender/Age : MALE , 58y (17/08/1964)

Collected On : 14/04/2023 12:49 PM Received On : 14/04/2023 12:50 PM Reported On : 14/04/2023 02:25 PM

Barcode : 402304140312 Specimen : Plasma Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9414844893

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Fasting Blood Sugar (FBS) (Colorimetric (Glucose Oxidase Hydrogen Peroxidase))	124 H	mg/dL	65.0-110.0

--End of Report--

Anil

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MBBS , MD (Microbiology)
Senior Consultant

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Babu Lal Meena MRN : 15010000456939 Gender/Age : MALE , 58y (17/08/1964)
Collected On : 14/04/2023 12:49 PM Received On : 14/04/2023 12:50 PM Reported On : 14/04/2023 02:54 PM
Barcode : 442304140041 Specimen : Serum Consultant : Dr. Sitaram Gupta(NON INVASIVE DIAGNOSTIC SERVICES)
Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9414844893

SEROLOGY

Test	Result	Unit	Biological Reference Interval
Prostate Specific Antigen (PSA) (Enhanced Chemiluminescence)	0.842	ng/ml	0.0-4.0

--End of Report--

Anil

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MBBS , MD (Microbiology)
Senior Consultant

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Patient Name	Babu Meena	Requested By	Dr. ^Sitaram^Gupta
MRN	15010000456939	Procedure DateTime	2023-04-14 13:33:36
Age/Sex	58Y 7M / Male	Hospital	NH JAIPUR

X-RAY CHEST P.A. VIEW

Both lung fields are clear. No parenchymal lesion noted.

Both CP angles are clear.

Cardiac shadow is within normal limits.

Bony thorax & soft tissue appears normal.

Costal spaces of diaphragm are normally placed.

Correlate clinically & with other related investigations.



Dr. Vijay Kumar Sharma
Consultant (Radiology)

This is a digitally signed valid document. Reported Date/Time: 2023-04-14 16:25:04

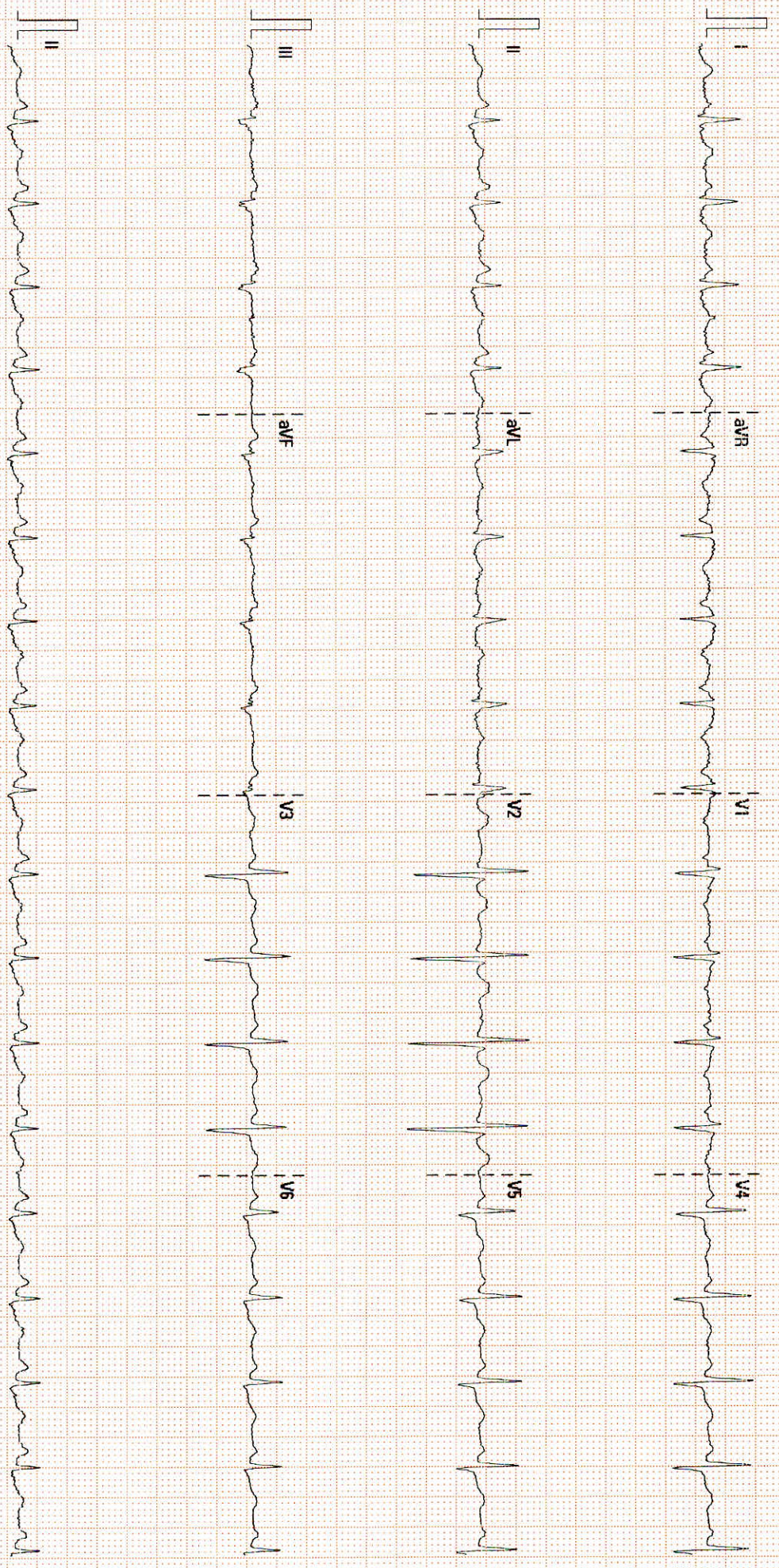
ID: 15010000456939
Name: MR BABU LAL
Age:
Gender:

04-14-2023 02:46:53 PM

Heart Rate 108 bpm
PR Interval 98 ms
QRS Duration 94 ms
QT/QTc Interval 326/410 ms
P/QRS/T Axes 54/13/37 deg
QTc/QTdges

Sinus tachycardia
--- Interpretation made without knowing patient's gender/age ---
Short PR interval
ST junctional depression is nonspecific
Borderline ECG

Unconfirmed Diagnosis.



25 mm/s 10 mm/mV 505 55 Hz

02-07-00-V20-4-1 SN PA-3001 0166

EXERCISE STRESS TEST REPORT

Patient Name: MR BABU LAL MEENA,
Patient ID: 456939
Height:
Weight:

DOB: 17.08.1964
Age: 58yrs
Gender: Male
Race: Indian

Study Date: 14.04.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: DR. SITA RAM GUPTA
Attending Physician: DR. SITA RAM GUPTA
Technician: MR.KULDEEP MEGHVANSHI

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:15	0.00	0.00	98	150/80	
	STANDING	00:15	0.00	0.00	96		
	HYPERV.	00:15	0.00	0.00	93		
EXERCISE	WARM-UP	00:52	1.60	0.00	90		
	STAGE 1	03:00	2.70	10.00	122	160/80	
	STAGE 2	03:00	4.00	12.00	127	170/80	
	STAGE 3	01:39	5.40	14.00	136		
RECOVERY		04:15	0.00	0.00	93	160/80	

The patient exercised according to the BRUCE for 7:38 min:s, achieving a work level of Max. METS: 10.00. The resting heart rate of 99 bpm rose to a maximal heart rate of 136 bpm. This value represents 83 % of the maximal, age-predicted heart rate. The resting blood pressure of 150/80 mmHg, rose to a maximum blood pressure of 170/80 mmHg. The exercise test was stopped due to Target heart rate not achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST-T Changes:
Overall impression:

Conclusions

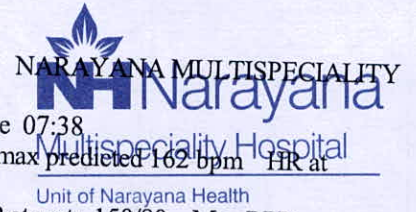
THR NOT ACHIVED.
ST-T CHANGES SEEN DURING PEAK EXERCISE.
PLEASE CORRELATE CLINICALLY.

Physician _____

Technician _____

MR BABU LAL MEENA,
 Patient ID 456939
 14.04.2023 Male
 4:08:28pm 58yrs Indian
 Meds:

Tabular Summary



Test Reason: Screening for CAD
 Medical History:

Ref. MD: DR. SITA RAM GUPTA Ordering MD
 Technician: MR.KULDEEP MEGHVANSHI Test
 Comment:

BRUCE: Total Exercise Time 07:38
 Max HR: 136 bpm 83% of max predicted 162 bpm HR at rest: 99
 Max BP: 170/80 mmHg BP at rest: 150/80 Max RPP: 22100 mmHg*bpm
 Maximum Workload: 10.00 METS
 Max. ST: -2.25 mm, 0.00 mV/s in V5; EXERCISE STAGE 3 07:39
 Arrhythmia: A:29, PVC:1, PSVC:1
 ST/HR index: 4.89 μ V/bpm

Reasons for Termination: Target heart rate not achieved
Summary: Resting ECG: normal. Functional Capacity: normal.
 HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: Overall impression:

Conclusion: THR NOT ACHIVED.
 ST-T CHANGES SEEN DURING PEAK EXERCISE.
 PLEASE CORRELATE CLINICALLY.

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (/min)	ST Level (V5 mm)
PRE-TEST	SUPINE	00:15	0.00	0.00	1.0	98	150/80	14700	0	-0.05
	STANDING	00:15	0.00	0.00	1.0	96			0	0.00
	HYPERV.	00:15	0.00	0.00	1.0	93			0	0.00
	WARM-UP	00:52	1.60	0.00	1.5	90			0	0.10
EXERCISE	STAGE 1	03:00	2.70	10.00	4.6	122	160/80	19520	0	-1.15
	STAGE 2	03:00	4.00	12.00	7.0	127	170/80	21590	1	-1.50
	STAGE 3	01:39	5.40	14.00	10.0	136			0	-2.25
RECOVERY		04:15	0.00	0.00	1.0	93	160/80	14880	0	-0.60

