

YRS _____ cm _____ Kg BP _____

Saurabh Sharma 28/1/22

Saurabh

WNL

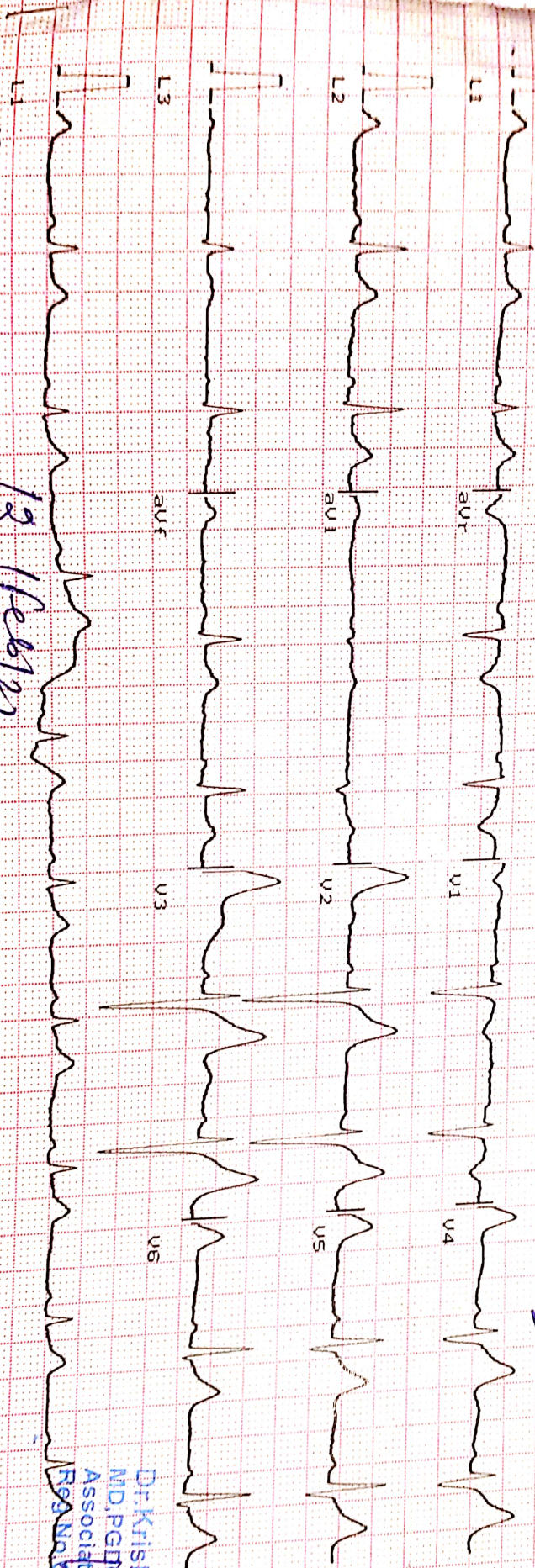
Heart Rate : 71 bpm

INTERVAL (ms)

PR: 150 QRS: 55

QT: 342 QTc: 377

ST: 80

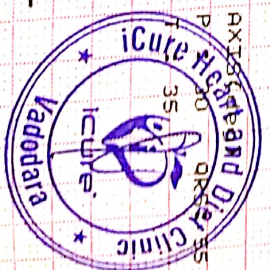


Ver 10mm/mV Time :
Paper 25mm/sec Date :

12/1/22

Mastros

Dr. Krish P. Vaidya
 MD, PGDCC
 Associate Consultant-Cardiology
 Reg. No. S-50510





Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

:: PERSONAL HEALTH REPORT ::

NAME <u>Sayurabh Sheramel.</u>	DATE <u>12/02/2022</u>
	SR. NO. SEX. <u>male</u> AGE <u>28y</u> HEIGHT <u>184cm.</u> WEIGHT <u>106kg.</u>

HISTORY

Present History : NO

Past Illness History : NO Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy

Past Occupational History : NO

Family History : NO

Personal History : NO

Addiction : Yes Tobacco/Gutkha/Smoking/Alcohol once in two or 3 days.

GENERAL EXAMINATION

T.P.R. : B.P. : 120/80 mm Hg :

Pallor/Icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/NVE/Other : NAD

SYSTEMIC EXAMINATION

R.S. : NAD

C.V.S : NAD

C.N.S : NAD

A.S. : NAD

Musculo-skelet System : Rt knee pain & Back pain

E.N.T. Ex. <u>NAD</u> Dental Ex. <u>NAD</u> Skin Ex. <u>NAD</u> Psychic Ex. <u>NAD</u>	ACUITY OF VISION		RT EYE	LT EYE
	Without Glass	DISTANT	6/ <u>6</u>	6/ <u>6</u>
		Near	6/ <u>6</u>	6/ <u>6</u>
	With Glass	DISTANT	6/	6/
Near		6/	6/	
COLOUR BLINDNESS			<u>NAD</u>	

REMARK

ADVICE

The Worker is FIT/UNFIT for the assigned job



Dr. Krish P. Vaidya
 MD, FSCC
 Associate Consultant-Cardiology
 Reg. No. G-5510/01H



बैंक ऑफ बड़ौदा
Bank of Baroda

नाम सौरभ शर्मा
Name SAURABH SHARMA
चलानकारी फूट क्र.
E.C. No. 126582



जारीकर्ता प्राधिकारी
Issuing Authority

धारक के हस्ताक्षर
Signature of Holder



भारत सरकार
Government of India



सौरभ शर्मा
SAURABH SHARMA
जन्म तिथि/DOB: 14/04/1993
पुरुष/ MALE

Download Date: 24/09/2020

Issue Date: 13/02/2012

3432 5451 2347

VID : 9128 7757 7555 3314

मेरा आधार, मेरी पहचान





J K V LABORATORY



FF-5, Pancham Elife, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : SAURABH SHARMA Ref. No. : 9413
Referred by : I Cure Heart & Diet Clinic Age : 28 Years
Date : 12/02/2022 20:53 Sex : Male

BIOCHEMICAL TESTS

Test Name	Result	Units	Biological Reference Interval
Uric Acid :	6.26	mg/dl	3.4 - 7.0



DR K K PATEL
MD (G-20476)

CONSULTANT PATHOLOGIST



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BLOOD GROUP

Test Name	Result
ABO System :	"O"
Rh Typing :	"POSITIVE"


DR. K. K. PATEL
MD (G-20476)
G-23327
CONSULTANT PATHOLOGIST
M.D. (Pathology)



JKV LABORATORY



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Ref. No. : 9413
Age : 28 Years
Sex : Male

THYROID FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Serum T3 :	1.00	ng/ml	[0.60 - 1.81]
Serum T4 :	5.94	µg/dl	[4.50 - 10.90]
Serum TSH : (CHEMILUMINESCENCE)	3.254	µIU/ml	[0.55 - 4.78]

Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (free T4). Additionally, the hypothalamic tripeptide, thyrotropin-releasing hormone (TRH), directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy, also stimulate the thyroid gland to synthesize and secrete T3 and T4. Quantification of TSH is significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

TSH levels During Pregnancy :

- First Trimester : 0.1 to 2.5 µIU/mL
- Second Trimester : 0.2 to 3.0 µIU/mL
- Third trimester : 0.3 to 3.0 µIU/mL

Reference : Carl A.Burtis,Edward R.Ashwood,David E.Bruns. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics. 5th Edition. Philadelphia: WB Saunders,2012:2170


DR. K. K. PATEL
G-23327
MD (G-20476)
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Ref. No. : 9413
Age : 28 Years
Sex : Male



HBA1C [Glycosylated Haemoglobin]

Test Name	Result	Units	Biological Reference Interval
Glycosylated Haemoglobin : (HBA1C)	5.1	%	Excellent control: 4.2-6.2 Good Control : 6.3-7.2 Fair Control : 7.3-8.2 Poor Control : >8.3

Estimated Average glucose : 99.67 mg/dl

Comment *As per the new 2009 update of American Diabetes Association regarding HbA1C & Mean Blood Glucose relationship.

NOTE: This test is used to monitor diabetic patients compliance with the therapeutic regimen and long term blood glucose control. It's level is proportional to both the average blood glucose concentration and the life span of the red blood cells (RBC) in circulation. HbA1c values are free of day to day glucose fluctuations and are unaffected by exercise or recent food intake.



DR K K PATEL
 Reg.
 MD (G-20476)
 CONSULTANT PATHOLOGIST



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Patient's Name : SAURABH SHARMA
Referred by : I Cure Heart & Diet Clinic
Date : 12/02/2022 20:53

Ref. No. : 9413
Age : 28 Years
Sex : Male

LIVER FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
S.G.P.T. (ALT) :	36.9	U/L	30- 65
S.G.O.T. (AST) :	32.5	IU/L	[Female: 0 - 31] [Male: 0 - 35]
S. Alkaline Phosphatase :	97	IU/L	[upto 15 yrs Female 50-162] [>20 yrs Female 42 - 141] [>20 yrs Male 53 - 119]
S. Bilirubin (Total) :	0.93	mg/dl	[0.1 to 1.2]
S. Bilirubin (Direct) :	0.25	mg/dl	[0.0 to 0.3]
S. Bilirubin (Indirect) :	0.68	mg/dl	[0.0 to 0.9]
S. Proteins: (Total) :	6.90	gm/dl	[6.6 to 8.8]
S. Albumin :	3.97	gm/dl	[3.5 to 5.2]
S. Globulin :	2.93	gm/dl	[2.5 to 3.0]
A/G Ratio :	1.4		
G.G.T. : (Gamma-Glutamyl Transferase)	39.8	IU/L	[8 to 78]



DR. K. K. PATEL

MD (G-20486)
(Pathologist)

CONSULTANT PATHOLOGIST



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Patient's Name : SAURABH SHARMA
Referred by : I Cure Heart & Diet Clinic
Date : 12/02/2022 20:53

Ref. No. : 9413
Age : 28 Years
Sex : Male

RENAL FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Blood Urea :	27.8	mg/dl	[12.6 to 42.6]
Blood Urea Nitrogen :	13.4	mg/dl	[8 to 23]
Serum Creatinine :	0.92	mg/dl	[Male : 0.6 to 1.1] [Female : 0.5 to 0.9]



DR. JIGAR SHAH PATEL
MD (G-20476)
G-23327
CONSULTANT PATHOLOGIST



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Patient's Name : SAURABH SHARMA
Referred by : I Cure Heart & Diet Clinic
Date : 12/02/2022 20:53

Ref. No. : 9413
Age : 28 Years
Sex : Male

LIPID PROFILE

Test Name	Result	Units	Biological Reference Interval
Cholesterol :	155.3	mg/dl	Desirable level/low risk : < 200 Borderline level/moderate risk : 200-250 Elevated level/ high risk : > 250
Triglyceride :	124.6	mg/dl	Normal : <150 Borderline high :150-200 High : > 200
HDL Cholesterol :	52.4	mg/dl	Desirable level/low risk : >60 Borderline level/moderate risk : 35-60 Elevated level/ high risk : <35
LDL Cholesterol :	77.98	mg/dl	Desirable level/low risk : <130 Borderline level/moderate risk : 130-159 Elevated level/ high risk : >159
VLDL :	24.92	mg/dl	Upto 34
Chol./HDL Ratio :	3		
LDL/HDL Ratio :	1.5		Desirable level/low risk : 0.5-3.0 Borderline level/moderate risk : 3.0-6.0 Elevated level/ high risk : >6.0
Total Lipids :	635.2	mg/dl	400 - 1000


DR K K PATEL
MD (G-20476)
G-23327
CONSULTANT PATHOLOGIST
(Pathologist)



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Patient's Name : SAURABH SHARMA
Referred by : I Cure Heart & Diet Clinic
Date : 12/02/2022 20:53

Ref. No. : 9413
Age : 28 Years
Sex : Male

HEMOGRAM

Test Name	Result	Units	Biological Reference Interval
Hemoglobin :	14.4	g/dl	[13.0-18.0]
Total RBC Count :	5.66	mill/cmm	[4.7-6.0]
<u>Blood Indices</u>			
P.C.V :	46.9	%	[42-52]
M.C.V. :	82.86	femtolitre	[78-100]
M.C.H. :	25.44	pg	[27-31]
M.C.H.C. :	30.7	g/dl	[32-36]
R.D.W. :	12.4	%	[11.5-14.0]
Total WBC Count :	8900	/cmm	[4000-10000]
Platelet Count :	255000	/cmm	150000-450000
<u>Differential WBC Count</u>			
Polymorphs :	65	%	[60 - 70]
Lymphocytes :	31	%	[20 - 40]
Eosinophils :	02	%	[1 - 4]
Monocytes :	02	%	[2 - 6]
Basophils :	00	%	[0 - 1]
MPV :	9.1		
PDW-CV :	10.5		
PDW-SD :	11.2		
PCT :	0.25		
P-LCR :	22.3		
<u>Erythrocyte Sedimentation Rate</u> [Modified Westergren]			
After 1 hour :	06	mm	[M: 1 - 7 / F: 3 - 12]


DR K K PATEL
 Reg. No. **MD (G-20476)**
CONSULTANT PATHOLOGIST


Heart & General Clinic

2D Echocardiography & Color Doppler Report

iCure Hear care, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

Name : Mr Saurabh Sharma		Age/ Sex : 28yrs/MALE	Date: 12/02/2022
MEASUREMENTS		OBSERVED	
AORTIC ROOT	[22-33]	30	
LEFT ATRIUM	[29-40]	35	
LEFT VENTRICLE [ES]	[22-37]	32	
LEFT VENTRICLE [ED]	[39-51]	49	
RIGHT VENTRICLE [ED]	[13-24]	22	
I.V.S THICKNESS	[8 - 10]	12	
L.V.P.WALL THICKNESS [ED]	[8 - 10]	11	
I.V.S / L.V.P.W RATIO		-	
L V EJECTION FRACTION	[50-70]	60%	
FRACTIONAL SHORTENING	[27- 43]	42%	

MOTION:

I.V.S.: Normal

L.V.P.W: Normal

VALVES:

ANTERIOR MITRAL

LEAFLET : NORMAL
EF - SLOPE : NORMAL
DE EXCN : NORMAL
EPSS : NORMAL

POSTERIOR MITRAL

LEAFLET : NORMAL
STRUCTURE : NORMAL
MOTION : NORMAL
SUB VAL FUSION : NORMAL

AORTIC VALVE : NORMAL

TRICUSPID VALVE : NORMAL

PULMONARY VALVE : NORMAL

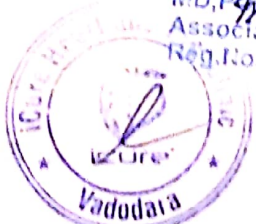
RVOT : NORMAL

OTHER ABNORMALITIES : NIL

CALCIFICATION: NIL

DOPPLER EVALUATION:

Structure	Flow Velocity	
MV	E - 1.96	A- 2.15
AV	1.4	
TV	1.8	
PV	1.9	
SHUNT	NIL	



Dr. Krish P. Vaidya
 MD, PCC
 Associate Consultant-Cardiology
 Reg. No. G-50510
Dr. Krish Vaidya
 MD. G-50510

 icure™
Heart & General Clinic

CONCLUSION:

Fair LV systolic function. [LV EF – 60%]

No RWMA

Normal Cardiac Chambers

NO LVDD

No MR, No MS

No AR, No AS

Normal values & blood flow velocities.

No TR, NO PAH

No e/o PE / PAH / clot / shunt.

Dr. Krish P. Vaidya
MD, DACC
Associate Consultant-Cardiology
Reg. No. G-50510

Dr. Krish Vaidya
MD. G-50510



PARAMOUNT DIAGNOSTIC & RESEARCH CENTRE

(A Unit of Paramount Charity Trust)

Radiology ■ Pathology ■ Histopathology ■ Molecular Biology

NAME : SAURABH SHARMA

AGE : 28 Y/M

DATE : 12/02/2022

ULTRASOUND WHOLE ABDOMEN

(Screening)

Liver is normal in size 131mm and shows normal parenchymal reflectivity. No focal lesion is seen. Hepatic veins appear normal. There is no evidence of any dilated intra hepatic biliary radicals.

Portal Vein appears normal in diameter. **Common Bile Duct** is of normal diameter.

Gallbladder is contracted. Shows wall echo shows complex. No evidence of peri-cholecystic fluid or probe tenderness.

Pancreas is normal in size and shows homogenous reflectivity. There is no evidence of any calcification or ductal dilatation.

Spleen is normal size 85mm and shows a homogenous echotexture. There is no evidence of any focal lesion.

Both Kidneys are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction. There is no evidence of renal calculi, hydronephrosis or mass seen.

Bladder is physiologically distended and shows normal wall thickness. No evidence of intraluminal mass or calculi.

Prostate gland is normal in size. It shows smooth walls and homogeneous echotexture.

There is no evidence of ascites.

No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

CONCLUSION:

- Contracted GB with wall echo shadow complex....? Calculus.
- No other significant sonographic abnormality is detected.

Advice: NBM scan for gallbladder.


DR. GIRISH PARMAR (M.D.)
CONSULTANT RADIOLOGIST



PARAMOUNT DIAGNOSTIC & RESEARCH CENTRE

(A Unit of Paramount Charity Trust)

Radiology ■ Pathology ■ Histopathology ■ Molecular Biology

NAME : SAURABH SHARMA

AGE : 28 Y/M

DATE : 12/02/2022

X RAY CHEST (PA)

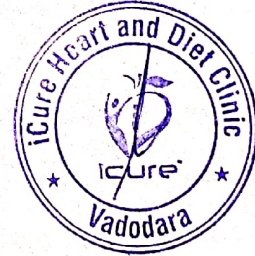
OBSERVATIONS:

Both the lung fields and apices appear clear.
Both the hilar shadow appears normal.
Cardiac silhouette appears normal.
Both the costophrenic sinuses are clear.
Mediastinal and tracheal shadows are normal.
Both the domes of diaphragm are normal.
Visualized rib cage and clavicle are normal.

COMMENTS:

No significant abnormality is seen.


DR GIRISH PARMAR (M.D.)
CONSULTANT RADIOLOGIST





JKV LABORATORY



Name : SAURABH SHARMA
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 28\, Yrs./M
Date : 12/02/2022
Report ID. : 28

BIOCHEMISTRY

TEST	RESULT	UNIT	REFERENCE INTERVAL
<u>FASTING (FBS)</u>			
Blood Glucose	: 93.0	mg/dL	70 - 110 mg/dL
<u>POST-PRANDIAL</u>			
Blood Glucose	: 102.0	mg/dL	80 - 140 mg/dL

Done By Fully Auto Analyzer MIURA, A-1004

EXAMINATION OF URINE

Sample : FASTING

PHYSICAL EXAMINATION

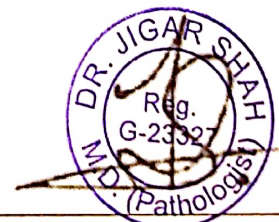
Quantity : 10 mL
 Colour : PALE YELLOW
 Transperancy : CLEAR
 Specific Gravity : 1.030
 Reaction : ACIDIC
 Deposits : ABSENT

CHEMICAL EXAMINATION

Albumin : NIL
 Sugar : NIL
 Acetone : ABSENT
 Bile Salts : ABSENT
 Bile Pigments : ABSENT
 Urobilinogen : NORMAL : ~ < 1.0 mg/dL
 Occult Blood : ABSENT
 Nitrate : ABSENT

MICROSCOPIC EXAMINATION

Pus Cells : 0-1 / hpf
 RBC : NIL
 Epithelial Cells : NIL
 Crystals : NIL
 Amorphous Phosphate : NIL
 Cast : NIL



DR JIGAR SHAH (G23327)
M.D. Pathologist

Time : 7 a.m. to 9.00 p.m. • Emergency 24 Hrs.