

Name : Ms. NIKHAT RASHID (47 /F)

Date : 30/07/2022

Address :

Examined by:

UHID : AMHL.0001993587

Package : MEDI WHEEL FULL BODY HCK - FEMALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH153312



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

### Present known illness

No history of : - Hypertension, Thyroid disorder, Heart disease, Asthma  
Diabetes mellitus : - type 2; Medication - regular  
Dyslipidaemia : Medication - regular



## DRUG ALLERGY

NO KNOWN ALLERGY

:30/07/2022



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Abdominal pain - yes; -  
occasional; Dyspepsia - yes; Symptoms - flatulence;  
Bowel habits - regular

### Genitourinary system

Frequency - normal

### Gynaec history

Last menstrual period - 22/6/22; Periods - irregular;  
No of deliveries - P2+0; Delivery details - C/S

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Normal hearing

### Skin

- Nil Significant

### Weight

- stable



### Present medications

- Tab. Istamet (50 mg/500 mg) - twice daily.  
Tab. Oxra (10 mg) - once daily.



### Past medical history

Past medical history - nil significant



### Surgical history

Lower segment - 2.  
caesarean section

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### Personal history

Marital status - Married  
No. of children - 2  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Active

### Family history

Father - has expired  
Mother - alive  
Brothers - 2  
Diabetes - father,mother  
Coronary artery disease - none  
Cancer - None

## PHYSICAL EXAMINATION

### General

Build - over weight  
Height - 170 Cm  
Weight - 80 Kg  
BMI - 27.68  
Pallor - No  
Oedema - no

### Cardiovascular system

Heart rate (Per minute) - 92  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 114  
Diastolic(mm of Hg) - 86  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Appearance - Umbilical hernia.  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Present.

### Central nervous system

- No neurological deficit

### Skin

- No significant finding

### Musculo Skeletal System

- No significant finding

### Ophthalmology consultation

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Ophthalmology findings - UCVA RE 6/6  
LE 6/6

NVA REN 10  
LE N10

GENERAL HISTORY : DM(8YRS on Rx)

OCULAR MOVEMENTS : FULL

ANTERIOR SEGMENT :  
NORMAL

ACCEPTANCE  
RE Plano  
DVA 6/6

LE  
Plano  
DVA 6/6

ADD(B/E)+1.50Dsph,n6  
ADVICE \*Glass use regularly\*Detail Dilated  
Funduscopy\* Review after 1 year/SOS

**Printed By** : Debjani Chowdhury

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	11.9 *	g/dl	●	12.0-15.0
RBC COUNT	4.48	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	37.9	%	●	36-46
MCV	84.7	fl	●	83-101
MCH	26.7 *	pg	●	27-32
MCHC	31.5	%	●	31.5-34.5
RDW	14.4 *	%	●	11.8-14.0
WBC Count	6400	/cu mm	●	4000-10000
Platelet Count	2.87	lacs/cu mm	●	1.5-4.0
Neutrophils	58	%	●	40-80
Lymphocytes	34	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	20	mm/1st hr	●	0-20

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Turbid			
Specific Gravity	1.030			
pH:	6.0			
Albumin:	Not Detected			
Glucose	+++			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	0-2	/hpf		

Epithelial Cells 6-8 /h.p.f /hpf  
 Casts: Not Found  
 Crystals: Not Found  
 Note Biological reference interval  
 RBC- 0-2/hpf  
 Pus Cell - 0-5/hpf.  
 NOTE : - Urine glucose rechecked and confirmed by Benedict's test

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	+++			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	21	U/L	●	10-40
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	55	U/L	●	42-98
AST (SGOT) - SERUM	23	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.8	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	133	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	13	U/L	●	7-64

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**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	102 *	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	144 *	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED**

**HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.9 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	58	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	61	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	14	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.1	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.8	g/dL	●	1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	8.3	µg/dL	●	5.1-14.1

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	47	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.4	µIU/mL	●	0.270-4.200

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.5	mg/dL	●	2.6-6.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	17.0	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.5:1.0			1.0-2.0

**PAP SMEAR /CERVICAL SMEAR**

Ref No:  
AG01.C2204355  
SPECIMEN TYPE:  
Conventional cervical smear (Pap) x 1  
SPECIMEN ADEQUACY:  
Satisfactory for evaluation without endocervical cells.  
INTERPRETATION/RESULT:  
Negative for intraepithelial lesion or malignancy,with no organism

**ECG**

SINUS TACHYCARDIA. OTHERWISE WITHIN NORMAL LIMITS.

**TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

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### ULTRASOUND BREAST BILATERAL

\* Both breasts sonographic study within normal limits.

BI-RADS category - 1 (normal).

Dr. TANDRA SARKAR  
MBBS, DMRE, DNB (RADIODIAGNOSIS), MNAMS  
CONSULTANT RADIOLOGIST  
Reg. No. 49319 (WBMC)

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Sludge in gall bladder.

- Suggested TVS.

### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Haematology

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

STOOL ROUTINE



Within Normal Range



Borderline High/Low



Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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