

YRS ___ cm ___ Kg BP ___

Narashchand Purwar

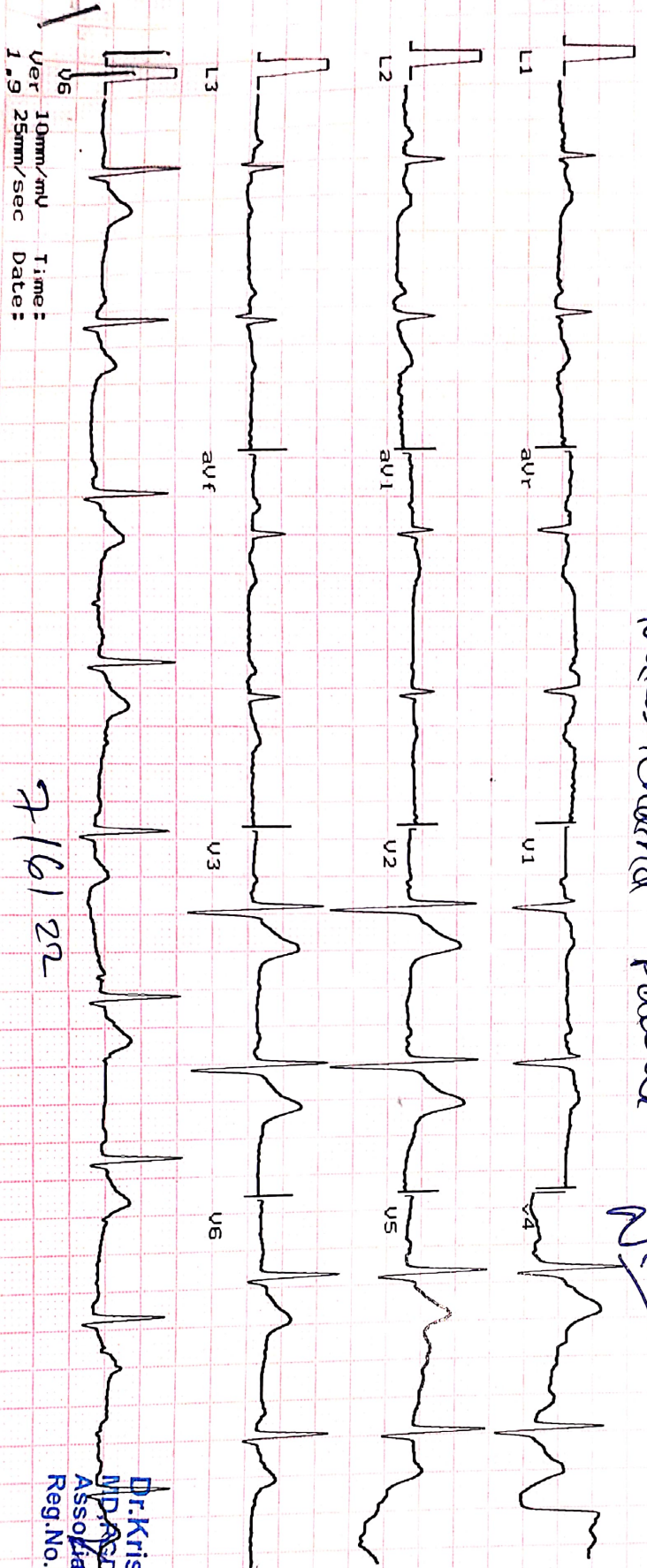
Narashchand Purwar

WNL

Heart Rate : 74 bpm

INTERVAL (ms)
PR: 265 QRS: 40
QT: 425 QTc: 478
ST: 152

AXIS (deg)
P: -82 QRS: 38
T: 45



Ver 1.9 10mm/mV 25mm/sec Time: Date:

7/6/22

Dr. Krish P. Vaidya
MD, ASDCC
Associate Consultant: Cardiology
Reg. No. G-50510



Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

:: PERSONAL HEALTH REPORT ::

| | |
|---------------------------------|--|
| NAME <u>Narreshchand Powers</u> | DATE <u>07/06/22.</u> |
| | SR. NO. SEX. <u>Male</u> AGE <u>38/M</u> HEIGHT <u>168cm.</u> WEIGHT <u>71 kg.</u> |

HISTORY

Present History : NO
 Past Illness History : Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy NO
 Past Occupational History : NO
 Family History : Father - Diabetic & Cholesterol
 Personal History : NO
 Addiction : Tobacco/Gutkha/Smoking/Alcohol NO

GENERAL EXAMINATION

T.P.R. : B.P. : 122/80 mm Hg mm Hg :
 Pallor/Icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/NVE/Other :

SYSTEMIC EXAMINATION

R.S. : NO
 C.V.S : NO
 C.N.S : NO
 A.S. : NO
 Musculo-skelet System : NO

| E.N.T. Ex. | NO | ACUITY OF VISION | | RT EYE | LT EYE |
|-------------|------|------------------------------|---------|---------------|---------|
| | | Dental Ex. | NO | Without Glass | DISTANT |
| | Near | | | 6/ 6 | 6/ 6 |
| Skin Ex. | NO | With Glass | DISTANT | 6/ - | 6/ - |
| | | | Near | 6/ - | 6/ - |
| Psychic Ex. | NO | COLOUR BLINDNESS <u>NA-D</u> | | | |


REMARK


ADVICE

The Worker is FIT/UNFIT for the assigned job.




Dr. Krish P. Vaidya
 MD, FIDCC
 Associate Consultant - Cardiology
 Reg No. DR. KRISH VAIDYA


 भारत सरकार
 Government of India


 आधार

नरेशचंद रामसिंह पवार
 Nareshchand Ramsingh Pawar
 जन्म तारीख / DOB : 15/07/1983
 पुरुष / Male


Issue Date : 28/12/2011



3101 9140 0490
 भारी आधार, भारी ओळख




Naresh



 बैंक ऑफ बड़ौदा
 Bank of Baroda

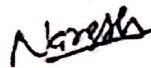
नाम
 Name Nareshchand Ramsingh Pawar

कर्मचारी कूट क्र.
 Employee Code No. 161757



 जारीकर्ता प्राधिकारी
 Issuing Authority





 धारक के हस्ताक्षर
 Signature of Holder



JKV LABORATORY



Name : NARESHCHAND PAWAR
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 38 Yrs./M
Date : 07/06/2022
Report ID. : 7

HAEMOGRAM PROFILE

TEST

Blood Group
Rh Factor
(Anti D.)

RESULT

: " B "
: " POSITIVE "

BIOCHEMISTRY

FASTING (FBS)

Blood Glucose

: 97.0 mg/dL

70 - 110 mg/dL

POST-PRANDIAL

Blood Glucose

: 118.0 mg/dL

80 - 140 mg/dL

Done By Fully Auto Analyzer MIURA, A-1004

END OF REPORT

DR JIGAR SHAH (G23327)
M.D. Pathologist

Time : 7 a.m. to 9.00 p.m. ● Emergency 24 Hrs.

Ff-5 Pancham Elite Khodiyar Nagar, New V.I.P. Road, Vadodra-390 022

☎ 8320343731 / 9601969303 ✉ jkvlaboratory2021@gmail.com

Test Report are subject to technical limitations & should be clinically correlated. Laboratory may be contacted whenever required.

Free Home Service



JKV LABORATORY



Name : NARESHCHAND PAWAR
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 38 Yrs./M
Date : 07/06/2022
Report ID. : 7

EXAMINATION OF URINE

| <u>TEST</u> | <u>RESULT</u> | <u>UNIT</u> |
|---------------------------------------|--------------------------|-------------|
| Sample | : FASTING | |
| <u>PHYSICAL EXAMINATION</u> | | |
| Quantity | : 20 | ml |
| Colour | : COLOURLESS | |
| Transperancy | : CLEAR | |
| Specific Gravity | : 1.003 | |
| Reaction | : ACIDIC | |
| Deposits | : ABSENT | |
| <u>CHEMICAL EXAMINATION</u> | | |
| Albumin | : NIL | |
| Sugar | : NIL | |
| Acetone | : ABSENT | |
| Bile Salts | : ABSENT | |
| Bile Pigments | : ABSENT | |
| Urobilinogen | : NORMAL : ~ < 1.0 mg/dL | |
| Occult Blood | : ABSENT | |
| Nitrate | : ABSENT | |
| <u>MICROSCOPIC EXAMINATION</u> | | |
| Pus Cells | : 0-1 / hpf | |
| RBC | : NIL | |
| Epithelial Cells | : NIL | |
| Crystals | : NIL | |
| Amorphous Phosphate | : NIL | |
| Cast | : NIL | |

END OF REPORT

DR JIGAR SHAH (G23327)
M.D. Pathologist

Time : 7 a.m. to 9.00 p.m. ● Emergency 24 Hrs.

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodra-390 022
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Test Report are subject to technical limitations & should be clinically correlated. Laboratory may be contacted whenever required.



JKV LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : NARESHCHAND PAWAR
Referred by : I Cure Heart & Diet Clinic
Date : 07/06/2022 14:31

Ref. No. : 3675
Age : 38 Years
Sex : Male

HbA1C [Glycosylated Haemoglobin]

| Test Name | Result | Units | Biological Reference Interval |
|---------------------------------------|--------|-------|--|
| Glycosylated Haemoglobin : (HbA1C) | 5.1 | % | Excellent control: 4.2-6.2 Good Control : 6.3-7.2 Fair Control : 7.3-8.2 Poor Control : >8.3 |

Estimated Average glucose : 99.67 mg/dl

Comment : *As per the new 2009 update of American Diabetes Association regarding HbA1C & Mean Blood Glucose relationship.

NOTE: This test is used to monitor diabetic patients compliance with the therapeutic regimen and long term blood glucose control. It's level is proportional to both the average blood glucose concentration and the life span of the red blood cells (RBC) in circulation. HbA1c values are free of day to day glucose fluctuations and are unaffected by exercise or recent food intake.



DR K K PATEL

MD (G-20476)

CONSULTANT PATHOLOGIST



JKV LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
☎ 8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : NARESHCHAND PAWAR
Referred by : I Cure Heart & Diet Clinic
Date : 07/06/2022 14:31

Ref. No. : 3675
Age : 38 Years
Sex : Male

BIOCHEMICAL TESTS

| Test Name | Result | Units | Biological Reference Interval |
|-------------|--------|-------|-------------------------------|
| Uric Acid : | 3.66 | mg/dl | 3.4 - 7.0 |



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MD (G-20476)

CONSULTANT PATHOLOGIST



J K V LABORATORY

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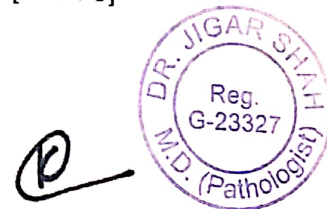


Patient's Name : NARESHCHAND PAWAR
Referred by : I Cure Heart & Diet Clinic
Date : 07/06/2022 14:31

Ref. No. : 3675
Age : 38 Years
Sex : Male

LIVER FUNCTION TEST

| Test Name | Result | Units | Biological Reference Interval |
|--|--------|-------|---|
| S.G.P.T. (ALT) : | 21.0 | U/L | 30- 65 |
| S.G.O.T. (AST) : | 18.2 | IU/L | [Female: 0 - 31] [Male: 0 - 35] |
| S. Alkaline Phosphatase : | 75 | IU/L | [upto 15 yrs Female 50-162] [>20 yrs Female 42 - 141] [>20 yrs Male 53 - 119] |
| S. Bilirubin (Total) : | 0.63 | mg/dl | [0.1 to 1.2] |
| S. Bilirubin (Direct) : | 0.22 | mg/dl | [0.0 to 0.3] |
| S. Bilirubin (Indirect) : | 0.41 | mg/dl | [0.0 to 0.9] |
| S. Proteins: (Total) : | 7.36 | gm/dl | [6.6 to 8.8] |
| S. Albumin : | 3.90 | gm/dl | [3.5 to 5.2] |
| S. Globulin : | 3.46 | gm/dl | [2.5 to 3.0] |
| A/G Ratio : | 1.1 | | |
| G.G.T. : (Gamma-Glutamyl Transferase) | 47.0 | IU/L | [8 to 78] |



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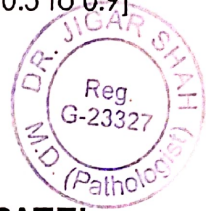
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8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : NARESHCHAND PAWAR
Referred by : I Cure Heart & Diet Clinic
Date : 07/06/2022 14:31

Ref. No. : 3675
Age : 38 Years
Sex : Male

RENAL FUNCTION TEST

| Test Name | Result | Units | Biological Reference Interval |
|-----------------------|--------|-------|--|
| Blood Urea : | 26.0 | mg/dl | [12.6 to 42.6] |
| Blood Urea Nitrogen : | 12.1 | mg/dl | [8 to 23] |
| Serum Creatinine : | 0.86 | mg/dl | [Male : 0.6 to 1.1] [Female : 0.5 to 0.9] |



DR K K PATEL

MD (G-20476)

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J K V LABORATORY

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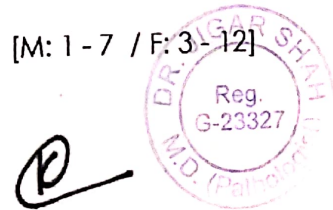


Patient's Name : NARESHCHAND PAWAR
Referred by : I Cure Heart & Diet Clinic
Date : 07/06/2022 14:31

Ref. No. : 3675
Age : 38 Years
Sex : Male

HEMOGRAM

| Test Name | Result | Units | Biological Reference Interval |
|--|--------|------------|-------------------------------|
| Hemoglobin : | 14.2 | g/dl | [13.0-18.0] |
| Total RBC Count : | 4.95 | mill/cmm | [4.7-6.0] |
| <u>Blood Indices</u> | | | |
| P.C.V : | 45.2 | % | [42-52] |
| M.C.V. : | 91.31 | femtolitre | [78-100] |
| M.C.H. : | 28.69 | pg | [27-31] |
| M.C.H.C. : | 31.4 | g/dl | [32-36] |
| R.D.W. : | 13.7 | % | [11.5-14.0] |
| Total WBC Count : | 6770 | /cmm | [4000-10000] |
| Platelet Count : | 250000 | /cmm | 150000-450000 |
| <u>Differential WBC Count</u> | | | |
| Polymorphs : | 60 | % | [60 - 70] |
| Lymphocytes : | 33 | % | [20 - 40] |
| Eosinophils : | 03 | % | [1 - 4] |
| Monocytes : | 04 | % | [2 - 6] |
| Basophils : | 00 | % | [0 - 1] |
| MPV : | 9.3 | | |
| PDW-CV : | 11.1 | | |
| PDW-SD : | 14.1 | | |
| PCT : | 0.23 | | |
| P-LCR : | 22.0 | | |
| <u>Erythrocyte Sedimentation Rate</u> [Modified Westergren] | | | |
| After 1 hour : | 03 | mm | [M: 1 - 7 / F: 3 - 12] |



DR K K PATEL
MD (G-20476)
CONSULTANT PATHOLOGIST



JKV LABORATORY

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8320343731 / 9601969303M jkvlaboratory2021@gmail.com



Patient's Name : NARESHCHAND PAWAR
Referred by : I Cure Heart & Diet Clinic
Date : 07/06/2022 14:31

Ref. No. : 3675
Age : 38 Years
Sex : Male

LIPID PROFILE

| Test Name | Result | Units | Biological Reference Interval |
|-------------------|--------|-------|--|
| Cholesterol : | 148.2 | mg/dl | Desirable level/low risk : < 200 Borderline level/moderate risk : 200-250 Elevated level/ high risk : > 250 |
| Triglyceride : | 122.5 | mg/dl | Normal : <150 Borderline high :150-200 High : > 200 |
| HDL Cholesterol : | 47.0 | mg/dl | Desirable level/low risk : >60 Borderline level/moderate risk : 35-60 Elevated level/ high risk : <35 |
| LDL Cholesterol : | 76.7 | mg/dl | Desirable level/low risk : <130 Borderline level/moderate risk : 130-159 Elevated level/ high risk : >159 |
| VLDL : | 24.5 | mg/dl | Upto 34 |
| Chol./HDL Ratio : | 3.2 | | |
| LDL/HDL Ratio : | 1.6 | | Desirable level/low risk : 0.5-3.0 Borderline level/moderate risk : 3.0-6.0 Elevated level/ high risk : >6.0 |
| Total Lipids : | 618.9 | mg/dl | 400 - 1000 |



DR K K PATEL
MD (G-20476)
CONSULTANT PATHOLOGIST

NAME : NARESHCHANDRA PAWAR

AGE : 37 Y/M

DATE : 07/06/2022

X RAY CHEST (PA)

OBSERVATIONS:

Both the lung fields and apices appear clear.

Both the hilar shadow appears normal.

Cardiac silhouette appears normal.

Both the costophrenic sinuses are clear.

Mediastinal and tracheal shadows are normal.

Both the domes of diaphragm are normal.

Visualized rib cage and clavicle are normal.

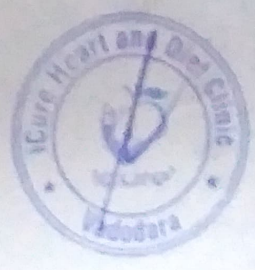
COMMENTS:

- **No significant abnormality is seen.**

Mehul Prajapati



**DR. MEHUL PRAJAPATI
CONSULTANT RADIOLOGIST**



| | | |
|--------------------------|-------------|-------------------|
| NAME : NARESHCHAND PAWAR | AGE: 38 Y/M | DATE : 07/06/2022 |
|--------------------------|-------------|-------------------|

ULTRASOUND WHOLE ABDOMEN

(Screening Only)

Liver is normal in size and shows raised parenchymal reflectivity. No focal lesion is seen. Hepatic veins appear normal. There is no evidence of any dilated intra hepatic biliary radicals.

Portal Vein appears normal in diameter. **Common Bile Duct** is of normal diameter.

Gallbladder is distended with normal wall thickness. There is no evidence of gallstones. No evidence of peri-cholecystic fluid or probe tenderness.

Pancreas is normal in size and shows homogenous reflectivity. There is no evidence of any calcification or ductal dilatation.

Spleen is normal size and shows a homogenous echotexture. There is no evidence of any focal lesion.

Both Kidneys are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction. Right kidney measures 98x45mm. Left kidney measures 89x41mm. There is no evidence of renal calculi, hydronephrosis or mass seen.

Bladder is well distended and shows normal wall thickness. No evidence of intra-luminal mass or calculi.

Prostate gland is normal in size. It has smooth outlines and normal reflectivity.

There is no evidence of ascites.

No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

Appendix cannot be imaged. No mass or collection in right iliac fossa.

CONCLUSION:

Fatty liver

No other sonographic abnormality is seen.



DR. MEHUL PRAJAPATI
CONSULTANT RADIOLOGIST



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402, Epsilon Tower, Race Course Road, Vadodara

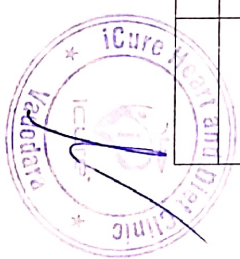
Summary

K 1063 NARESHCHAND PAWAR
38 Yrs/ M Kg / Ht. cms Ref. No.:

Date: 07-06-2022 Ref By:
Time: 01:48 PM Protocol: Bruce

History:
Medication:

| Stage | Stg Time <small>min:sec</small> | Speed <small>km/h</small> | Grade <small>%</small> | METS | HR <small>bpm</small> | BP <small>mmHg</small> | RPP | PVCs |
|-----------|------------------------------------|------------------------------|---------------------------|------|--------------------------|---------------------------|-----|------|
| Pre Ex | | | | 1 | 94 | 120/80 | 113 | |
| Standing | | | | 1 | 96 | 120/80 | 115 | |
| Supine | | | | 1 | 96 | 120/80 | 115 | |
| Hyp Vent | | | | 1 | 97 | 120/80 | 116 | |
| S1 | 03:00 | 2.7 | 10.0 | 4.8 | 120 | 120/80 | 144 | |
| S2 | 03:00 | 4.0 | 12.0 | 6.9 | 134 | 130/90 | 174 | |
| Peak Ex | 01:35 | 5.4 | 14.0 | 9.5 | 152 | 140/100 | 213 | |
| Post Ex 1 | 02:00 | | | 1 | 113 | 130/90 | 147 | |
| Post Ex 2 | 00:58 | | | 1 | 105 | 120/80 | 126 | |
| Finish | | | | 1 | 104 | 120/80 | 125 | |

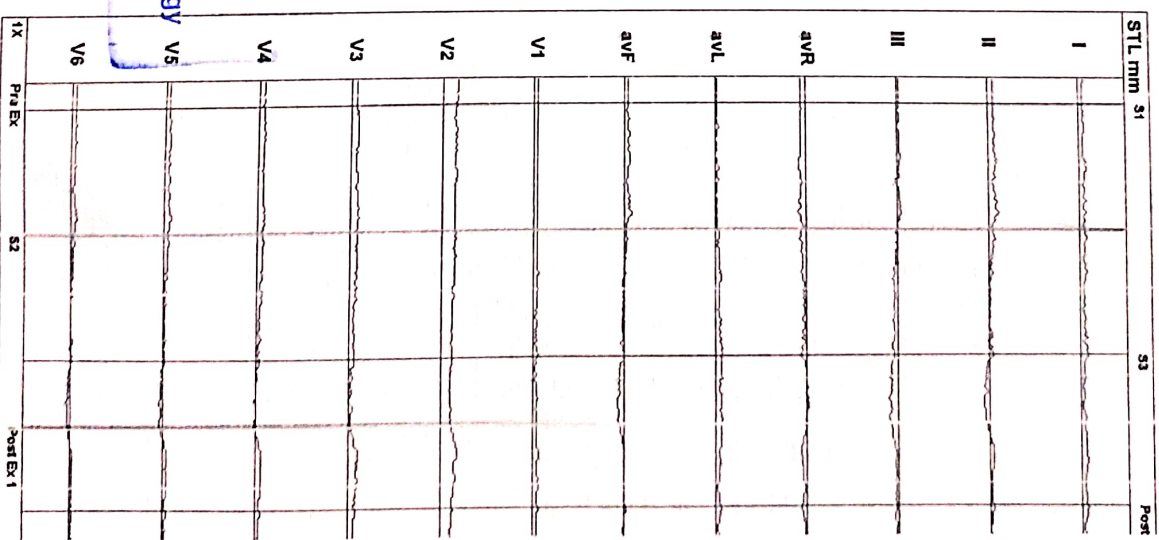


Findings: Exercise Time : 07:35 mins
 Max HR attained : 152 bpm 83 % of Target 182 bpm
 Max BP : 140/100mmHg
 Max Workload attained : 9.5 METs (Good Effort Tolerance)
 Reason for Test Termination: Patient Completed Test

No significant ST segment changes noted during exercise or recovery stages.
 No Angina / Arrhythmia / S3 / Murmur
 Final Impression : Test is negative for inducible ischaemia.

Dr. Krish P. Vaidya
 MD, PDDCC
 Associate Consultant-Cardiology
 Reg.No.G-50510

DR KRISH VAIDYA
 Reg No- 501055





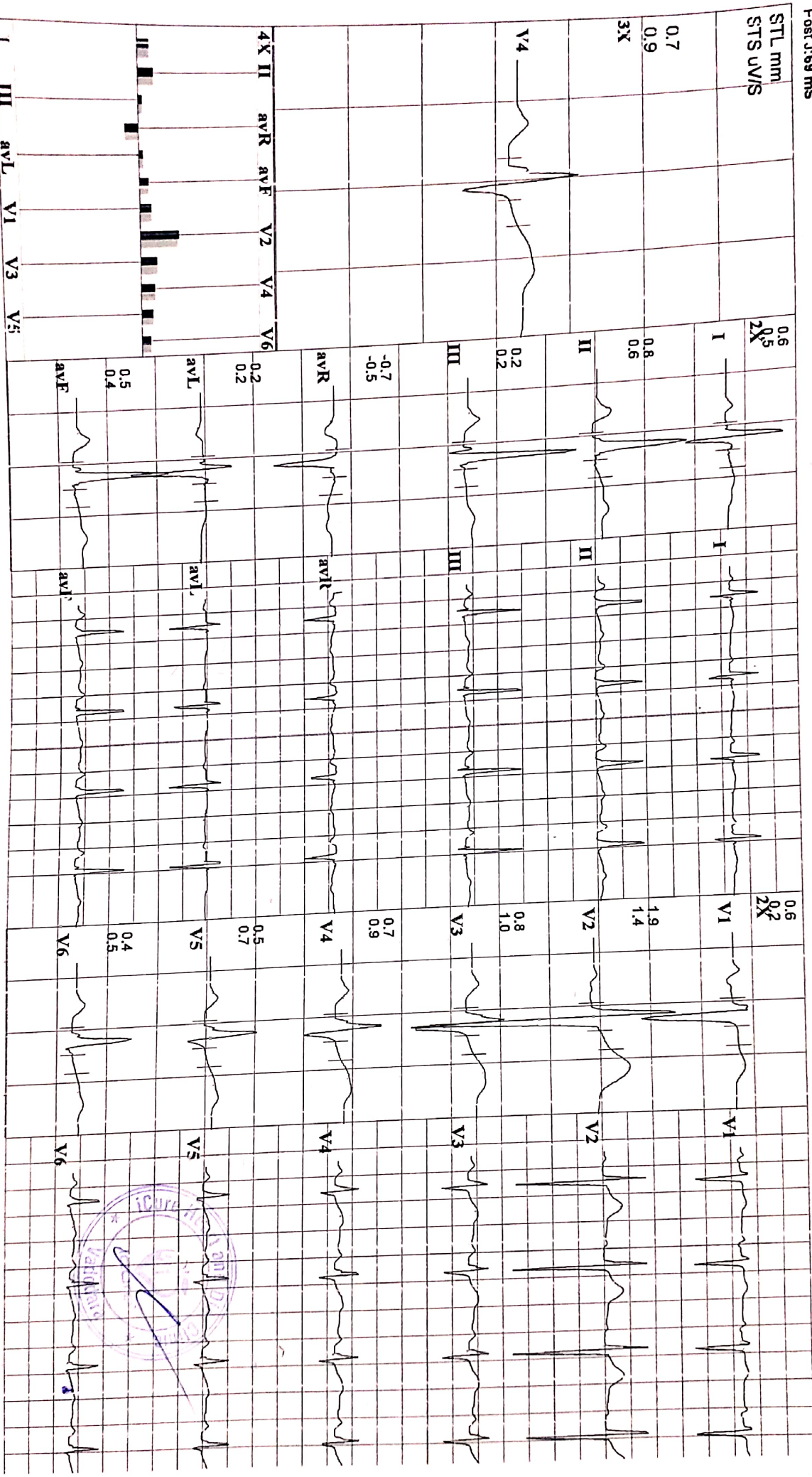
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K 1063 NARESHCHAND PAWAR
38 Yrs/ M Kg/ Ht- cms Ref.No.:
Date: 07-06-2022 Time: 01:48 PM

Speed: — km/h Hr: 96 Target Hr: 52 % of 182 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: — % Mets: 1 Ex Time: — min:sec BLC: On Sweep: 25 mm/s
Protocol: Bruce BP: 120/80 mmHg Curr Time: 00:11 Notch: On Median Sweep: 25 mm/s
Linked Media
Pre Ex
Standing

Post J: 69 ms



iCure
Vadodara
07-06-2022

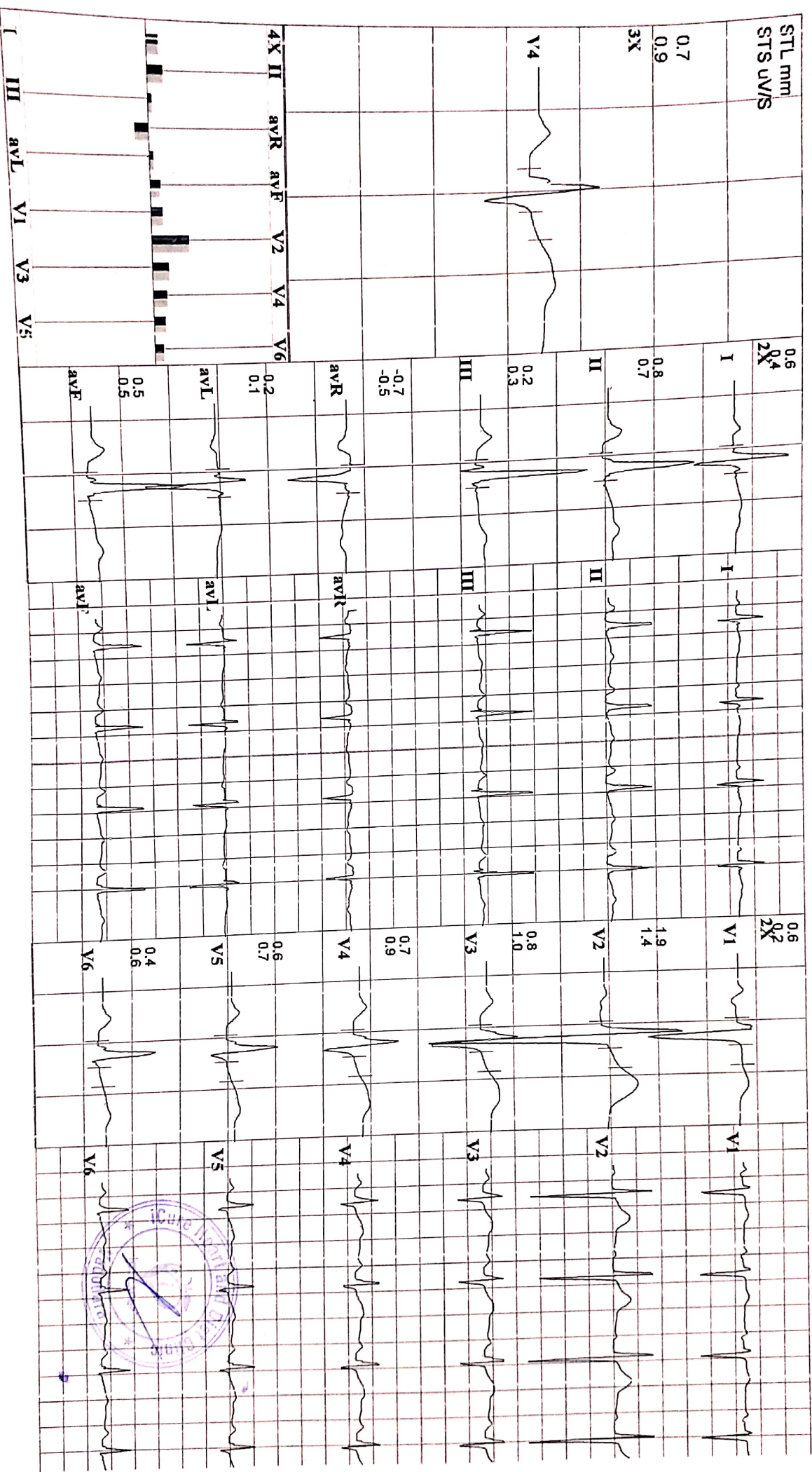


iCure heart and diet clinic
432, Epsilon Tower, Race Course Road, Vadodara

K 1063 NARESHCHAND PAWAR
38 Yrs / M Kg / Ht- cms Ref.No.:
Date: 07-06-2022 Time: 01:48 PM
Post J: 73 ms

Speed: — kmh Hr: 96 Target Hr: 52 % of 182 Filter 0.1 - 100 Hz Gain: 10 mm/mV
Grade: — % Met: 1 Ex Time: — min:sec BLC: On Sweep: 25 mm/s
Protocol: Bruce BP: 120/80 mmHg Cur Time: 00:19 Notch: On Median Sweep: 25 mm/s

Linked Media
Pre Ex
Supine





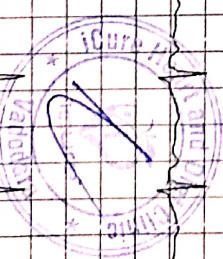
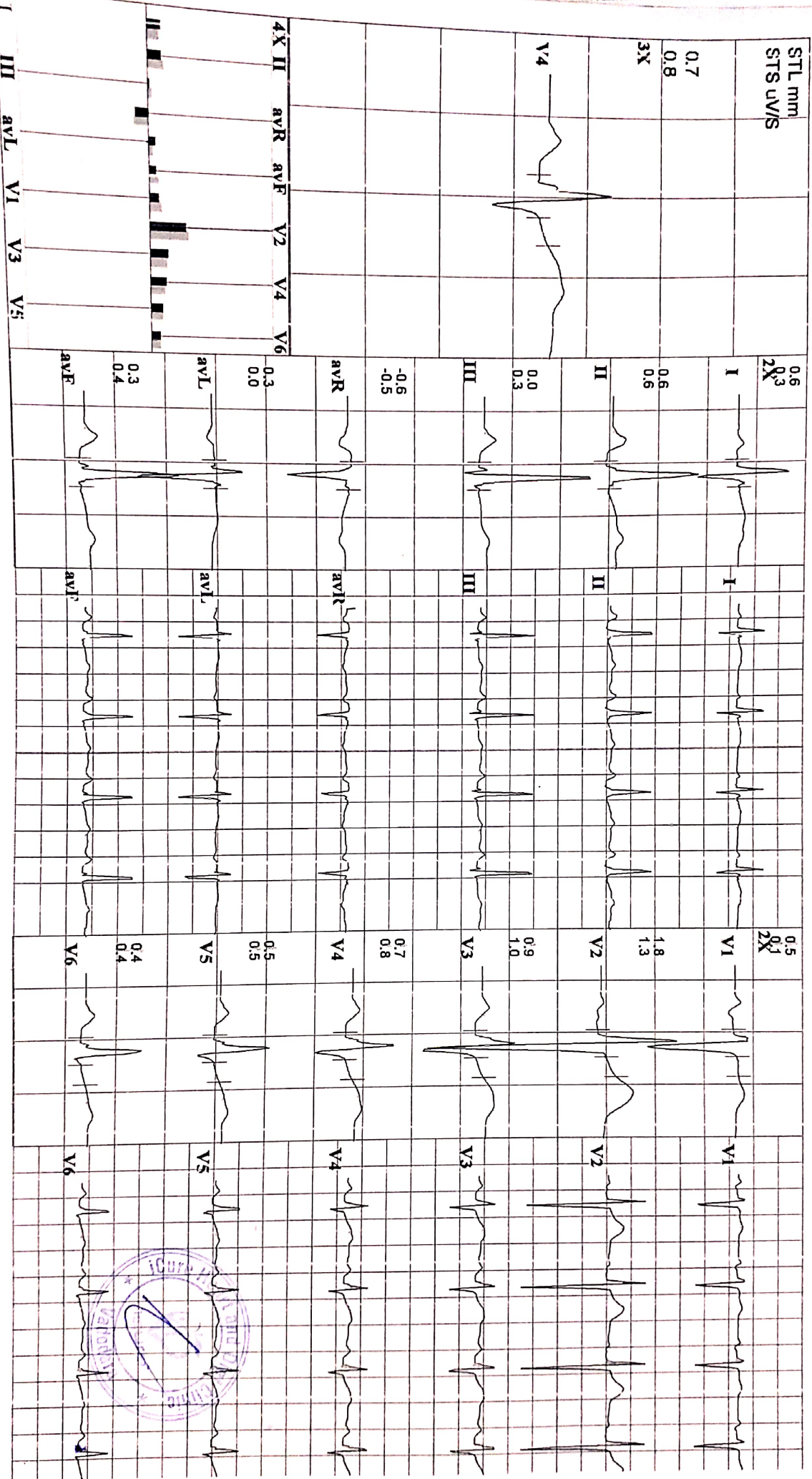
iCure heart and diet clinic

432, Epsilon Tower, Race Course Road, Vadodara

K 1063 NARESHCHAND PAWAR
 38 Yrs/ M Kg / Ht- cms Ref.No.:
 Date: 07-06-2022 Time: 01:48 PM
 Post J: 73 ms

Speed: — kmh Hr: 105 Target Hr 57% of 182 Filter: 0.1 - 100 Hz Gain: 10 mm/mv
 Grade: — % Mets: 4.8 Ex Time: 00:10 BLC: On Sweep: 25 mm/s
 Protocol: Bruce BP: 120/80 mmHg Curr Time: 00:38 Notch On Median Sweep 25 mm/s

Linked Media
 S1
 Hyp Vent



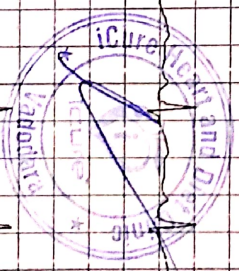
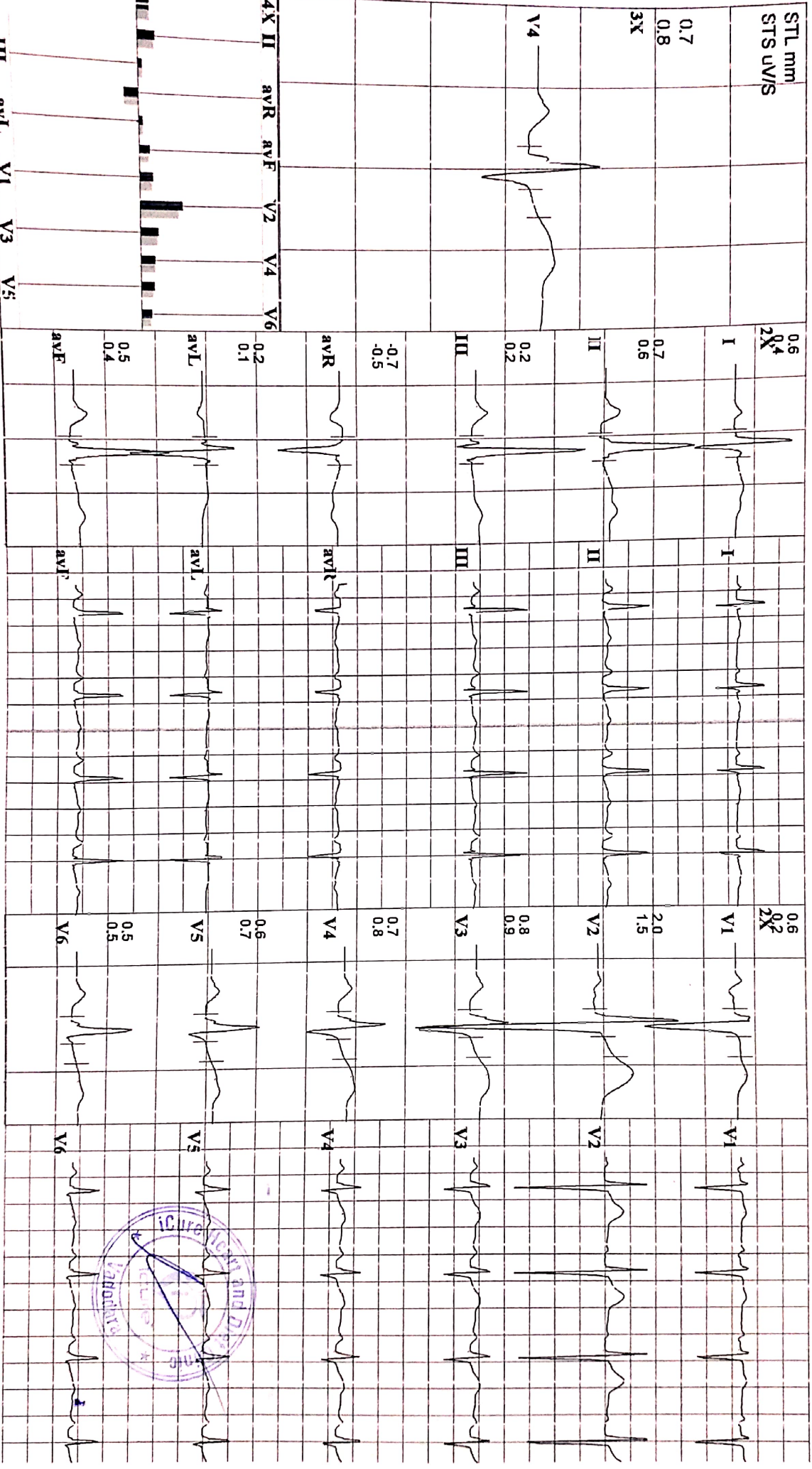


icure heart and diet clinic

402, Epsilon Tower, Race Course Road, Vadodara

K 1063 NARESHCHAND PAWAR
 38 Yrs/ M Kg / Ht- cms Ref.No.:
 Date: 07-06-2022 Time: 01:48 PM
 Post J: 73 mS

Speed: — kmh Hr: 96 Target Hr: 52 % of 182 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
 Grade: — % Mets: 1 Ex Time: — min:sec BLC: On Sweep: 25 mm/s
 Protocol: Bruce BP: 120/80 mmHg Cur Time: 00:08 Notch On Median Sweep: 25 mm/s
 Linked Media
 Pre Ex

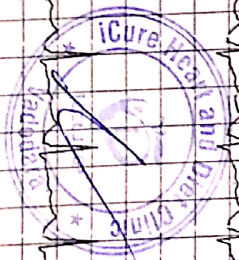
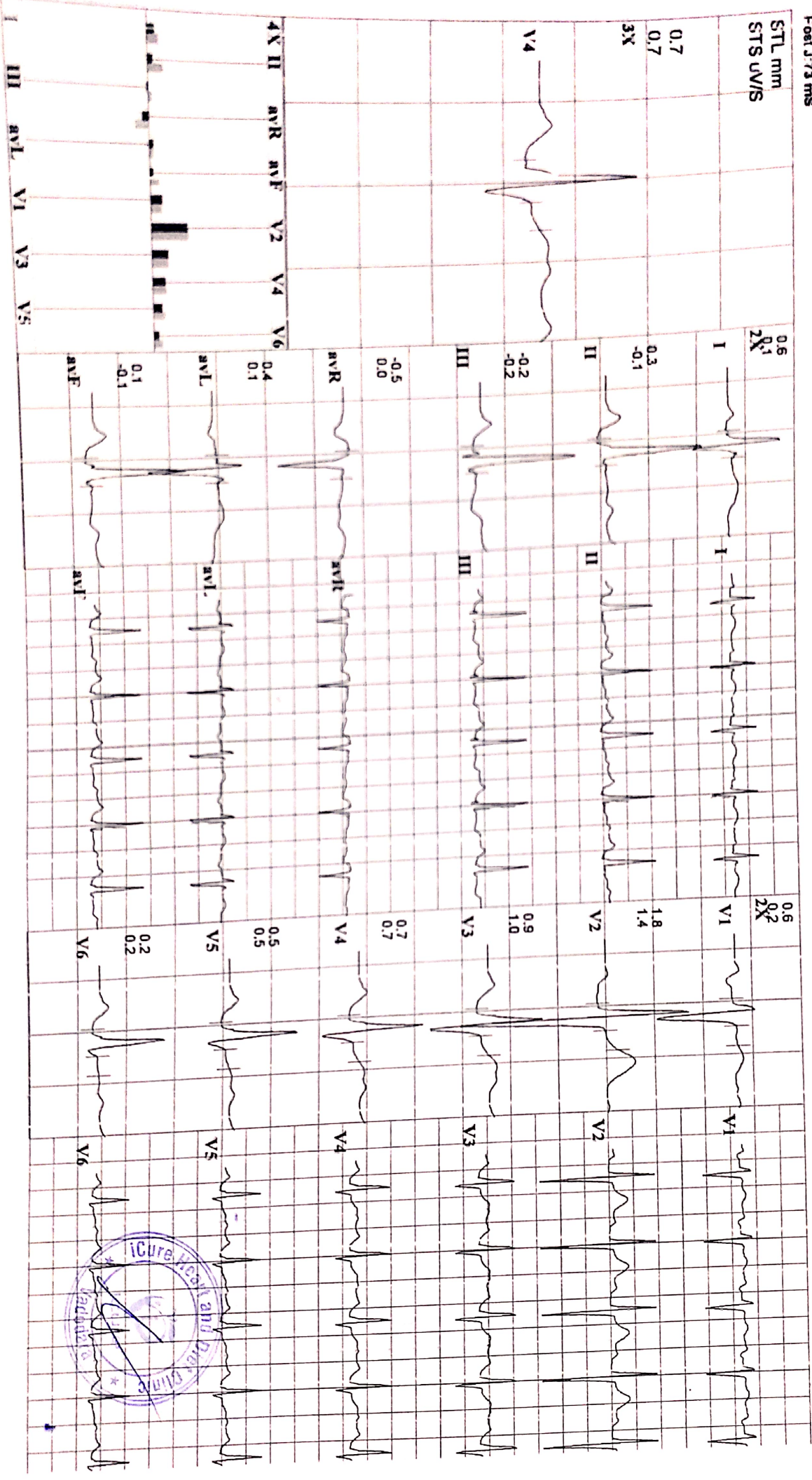


K 1063 NARESHCHAND PAWAR
38 Yrs/ M Kg / Hr- cms RefNo:
Date: 07-06-2022 Time: 01:48 PM

Speed: 2.7 kmh Hr: 120 Target Hr: 65 % of 182 Filter: 0.1 - 100 Hz Gain: 10 mm/mv
Grade: 10 % Mts: 4.8 Ex Time: 03:00 BLC: On Sweep: 25 mm/s
Protocol: Bruce BP: 120/80 mmHg Curr Time: 03:25 Notch/Dn Median Sweep 25 mm/s

Linked Media
S1

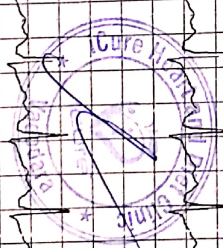
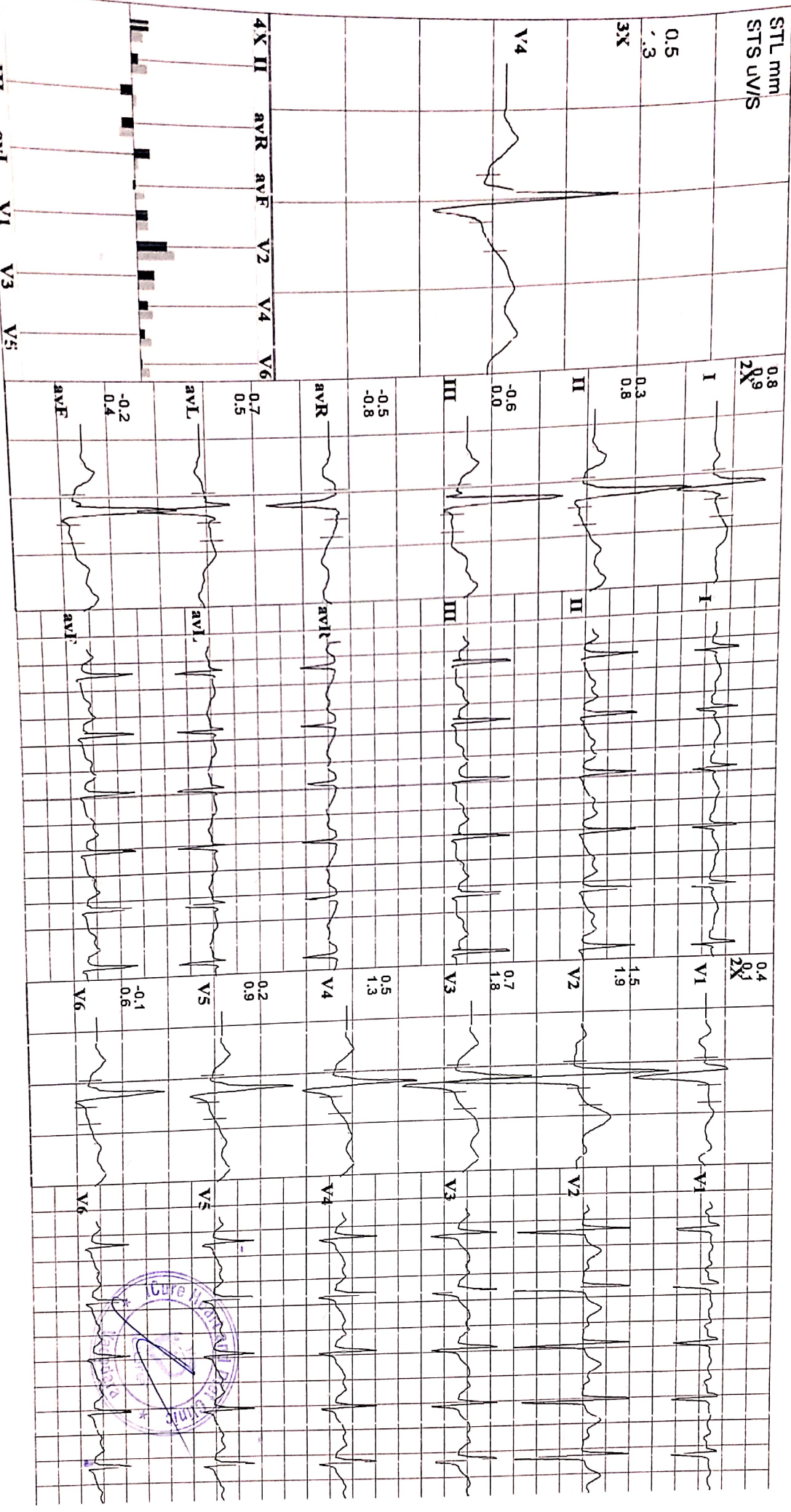
Pace J-73 ms



K 1063
38 Yrs/ M
Date: 07-06-2022 Time: 01:48 PM
Post J: 66 ms

NARESHCHAND PAWAR
Kg / Ht- cms Ref.No.:
Speed: 4 kmh Hr: 134
Grade: 12 % Met: 6.9
Protocol: Bruce BP: 130/90 mmHg
Target Hr 73 % of 182
Ex Time: 06:00
Filter 0.1 - 100 Hz Gain:
BLC: On
Notch On
Sweep: 10 mm/mV
Median Sweep 25 mm/s

Linked Media
S2



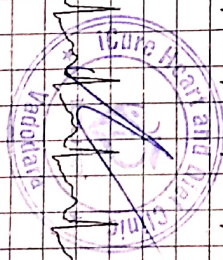
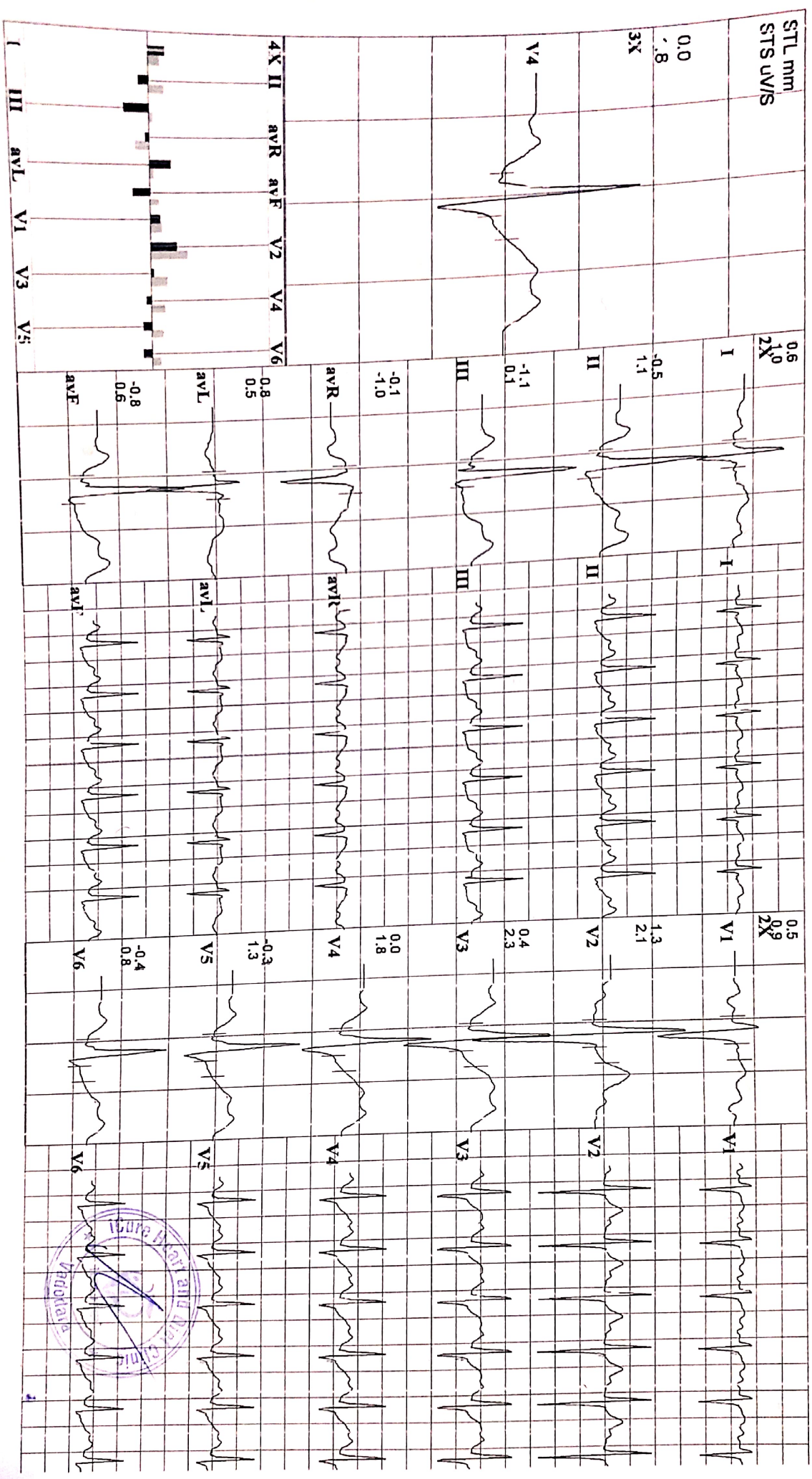


iCure heart and diet clinic

432, Epsilon Tower, Race Course Road, Vadodara

K 1063 NARESHCHAND PAWAR
 38 Yrs/ M Kg / Ht- cms Ref.No.:
 Date: 07-06-2022 Time: 01:48 PM
 Post J: 61 mS

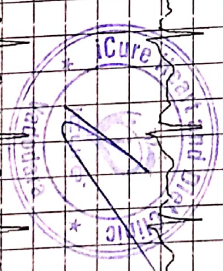
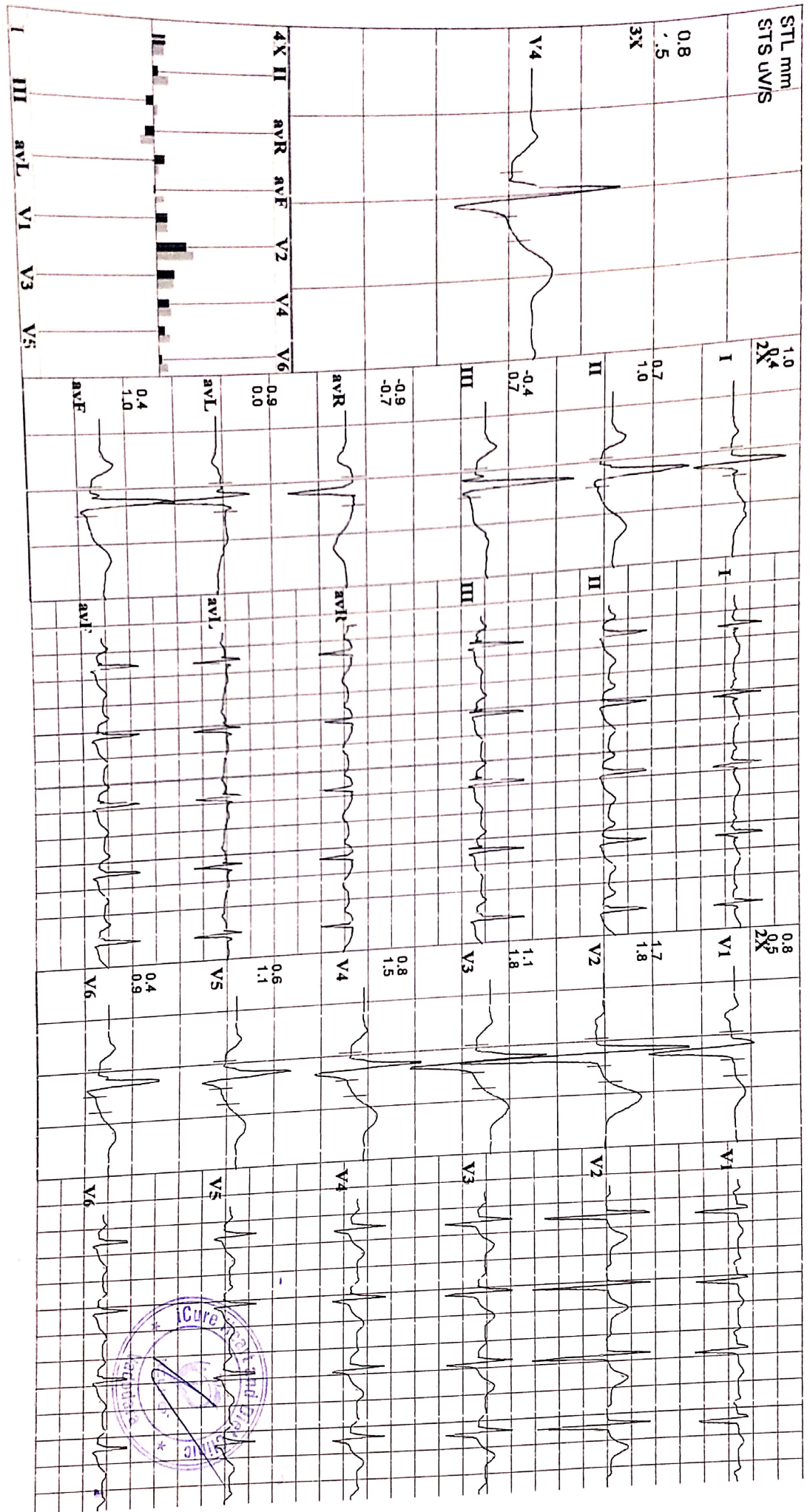
Speed: 5.4 kmh Hr: 152 Target Hr 83 % of 182 Filter 0.1 - 100 Hz Gain: 10 mm/mV
 Grade: 14 % Met: 9.5 Ex Time: 07:35 BLC: On
 Protocol: Bruce BP: 140/100 mmHg Curr Time: 08:03 Notch: On Median Sweep: 25 mm/s
 Linked Media
 Peak Ex



K 1063
 38 Yrs/ M
 Date: 07-06-2022 Time: 01:48 PM
 Post J: 60 mS

NARESHCHAND PAWAR
 Kg / Ht- cms Ref.No.:
 Speed: — km/h Hr: 113
 Grade: — % Met: 1
 Protocol: Bruce BP: 130/90 mmHg Curr Time: 10:03
 Target Hr: 62% of 182 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
 Ex Time: 07:35 BLC: On Sweep: 25 mm/s
 Nodal on Median Sweep: 25 mm/s

Linked Media
 Post Ex 1





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K 1063 NARESHCHAND PAWAR
38 Yrs/ M Kg / Ht- cms Ref: Nu:..
Date: 07-06-2022 Time: 01:48 PM

Speed: — kmh Hr: 105 Target Hr: 57 % of 182
Grade: — % Mets: 1 Ex Time: 07:35
Protocol: Bruce BP: 120/80 mmHg Curr Time: 11:01

Filter 0.1 - 100 Hz Gain: 10 mm/mV
BLC: On Sweep: 25 mm/s
Notch: On Median Sweep: 25 mm/s

Linked Media
Post Ex 2

Post J: 68 ms

STL mm
STS LV/S

