

आयकर विभाग  
INCOME TAX DEPARTMENT



भारत सरकार  
GOVT. OF INDIA



स्थायी लेखा संख्या कार्ड  
Permanent Account Number Card  
AWGPA1896A



नाम / Name  
ABHISHEK

पिता का नाम / Father's Name  
RAM BABU SINGH

जन्म की तारीख / Date of Birth  
30/12/1987

हस्ताक्षर / Signature



23062018

Abhishek

M/s. Abhishek  
35/14

Diabetes:

• Insulin - Silt in diet


• low BP meds

• follow diabetic diet

• low fat diet

• Drink at least 2.3 liter water per day



Patient Name	Mr. ABHISHEK 35/Y M 30-03-2023 AF-001001632	MR No:
Age/Sex	 WHB1018667	Date:
Referred By		

### Health Check-Up Report

PRESENT COMPLAINTS:

*Insomnia*      *Lethargy*

PRESENT MEDICATIONS:

PERSONAL HISTORY

Unmarried / Married

Diet : Eggetarian / Vegetarian / Mixed

Habits: Tobacco : Chews/Smokes  
Alcohol : No.

Bladder : normal

Bowels : normal

Sleep : Normal / Disturbed

Physical Activity : Active / Moderate / Sedentary

Drug / Any other allergy : No.

Menstrual History : NA.

PAST MEDICAL HISTORY

*NS*

FAMILY HISTORY

*NS*

**Physical Examination Findings**

**General Examination**

Height	170	cm
Weight	87.9	kg
BMI	30.4	kg/m <sup>2</sup>
Pulse	82	/min
BP	140/90	mm of Hg
RR	16	/min
Evidence of : <u>pallor</u> / <u>Icterus</u> / <u>Pedal Oedema</u> / <u>Cyanosis</u> / <u>Clubbing</u>		

Abdominal Examination:

\_\_\_\_\_

Cardiovascular System:

\_\_\_\_\_

Respiratory System:

\_\_\_\_\_

Musculoskeletal System:

\_\_\_\_\_

Advice:

*Start diet in diet, DR BD Nubz*

Doctor's Sign & Stamp:

Dr Merchant Adnaan  
Regn.No I-80064-A  
**Physician**

**ENT EVALUATION**

<b>Name:</b>	Mr . ABHISHEK 35/Y M	<b>MR NO:</b>
<b>Age/Gender:</b>	30-03-2023 AF-001001632  PLP579425	<b>Date:</b>

**COMPLAINTS, IF ANY:**

**Ear:-**

Tympanic Membrane:  
Pre- auricular:-  
Pina / EAC:  
Mastoid Tunning Fork tests:-

*Normal*

**NOSE:-**

External Nose:-  
Anterior Rhinoscopy:-  
Post – Nasal space:-

**THROAT:-**

Tongue / palate / Teeth:-

*Compromised sup larynx*

**NECK:-**

Nodes:-  
Thyroid:-  
Glands:-

*Normal*

**INVESTIGATIONS:**

---




---



---

**IMPRESSION:-** LOSAS

  
**Dr .Sameer Lambay**  
M.S. (ENT Surgeon), D.O.R.L  
Reg No. MMC/ 84342



**OPHTHALMIC EVALUATION**

<b>Name:</b>	Mr. ABHISHEK	<b>MR NO:</b>
<b>Age/Sex:</b>	35/Y M 30-03-2023 AF-001001632 PLP579425	<b>Date:</b>

**Examination**

**Right Eye**

**Left Eye**

**Visual Acuity**

Distance Vision

6/6

Near Vision

NG

Color Vision

Normal/Defective

**Refraction Prescription :**

Right Eye			Left Eye		
Sph.	Cyl.	Axis	Sph.	Cyl.	Axis
<b>Remarks</b>			<b>Remarks</b>		

**SLIT LAMP EXAMINATION:**

**Anterior Segment:** \_\_\_\_\_

**IOP :-** \_\_\_\_\_ mm of Hg.

**Posterior Segment:** \_\_\_\_\_  
*(cunad)*


**REMARKS:** *can continue same glasses*

WNL = Within Normal Limits

NAD = No abnormality detected.

**Dr. Zelda V. Dadachanji**  
MBBS, M.S.(Ophthal), DNB FICO(UK), MRCSEd  
Fellow-Cornea & Refractive Surgery (NN)  
Consultant Ophthalmologist  
CORNEA&LASIK Specialist  
Reg. No. MMC2013/05/1940

## DENTAL CHECKUP

<b>Name:</b>	Mr. ABHISHEK 35/Y M	<b>MR NO:</b>	
<b>Age/Gender :</b>	30-03-2023 AF-001001632  ED800600	<b>Date:</b>	


Medical history: Diabetes Hypertension \_\_\_\_\_

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus & Stains		++	++	++
Mobility				
Caries ( Cavities )				
a) Class 1 (Occlusal)				
b) Class 2 (Proximal)		25		
c) Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces		24		47
Impacted Tooth				
Missing Tooth				
Existing Denture				

### TREATMENT ADVISED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling		25		
Root Canal Therapy				
Crown				
Extraction		24		47

Oral Prophylaxis: Scaling & polishing  
 Orthodontic Advice for Braces: Yes / No  
 Prosthetic Advice to Replace Missing Teeth: Denture Bridge Implant  
 Oral Habits: Tobacco Cigarette Others since \_\_\_ years  
 Advice to quit any form of tobacco as it can cause cancer.  
 Other Findings: \_\_\_\_\_

  
 Dr. Prachi Shah Manudhane  
 BDS, GDC Mumbai (Reg.No. A-17381)  
 Advanced Prosthodontics, UCLA, California, USA

Mr. ABHISHEK  
35/Y M  
30-03-2023 AF-001001632


**NUTRITION PRESCRIPTION FOR DM**

Registration Date:	
Ht./Wt.:	Cms. / Kgs.

Keeping in mind your Medical Reports, health status, food intake, dietary habits, a personalized Dietary Instructions are provided here.

**DIETARY RECOMMENDATIONS:-** Changes with regards to your present Dietary habits,

- Have small frequent meals.
- Fasting and feasting should be avoided.
- Start your day with 1 tbsp of methi seeds soaked overnight. Gulp methi along with water.
- **CEREALS**- Include more of whole grain products like wheat, jowar, oats, ragi, soya, barley and avoid consumption of refined flour and its products.
- **FRUITS**- Limit banana, mango, chiku, custard apple, grapes as these are high in sugars.
- **VEGS**- Limit potato, sweet potato, suran, arbi, raw banana.
- **MILK**- Avoid butter, cream, cheese, whole milk.
- **NUTS**- Avoid coconut, peanut, cashewnut.
- **NON-VEG**- Have more of Egg whites, chicken, fish; avoid red meat, shellfish, beef and pork.
- Avoid all fruit juices, - fresh & canned, soft drinks, sherbets, sugarcane juice instead have whole fruits.
- Avoid use of sugar, honey, jaggery and food items made from them.
- Avoid papad, pickles, oily chutneys, fried foods, creamy foods, mayonnaise, chocolates, ice cream, junk foods & fast foods.
- Use oil in rotation: Oil / Ghee consumption – 3-4 tsp/day. i.e ½ kg/person/ month.
- Use Non-stick cookware for cooking your food.
- Avoid vanaspati, margarine, bakery products like cakes, pastries, cream-biscuits.
- Drink plenty of water, at least 12-15 glasses (2.5 -3 litres) / day.
- Do not smoke, drink, or chew tobacco.
- Exercise daily for 45-60 mins either brisk walking, jogging, swimming. If medical complaint then as per doctor's advise.

  
**Dr. Sabiha Siddiqui**  
BHSc, P.G. Dietetics, CDE, DNYS  
(Head Clinical Dietitian & Nutritionist)



**DIET CHART**

MEAL	MENU	AMOUNT [HOUSEHOLD MEASURES]
Early morning	Water + 1 tsp fenugreek seeds (soaked overnight or powdered) OR Warm water + a pinch of cinnamon	1 glass  1 glass
	Exercise/ Yoga/ Breathing exercise	
Breakfast	Tea / coffee (prepared with double toned milk) (no sugar )  1 cup milk + 2 Tbsp Oats/ wheat flakes + 2 egg whites / 1 whole egg OR 1 c Milk with any one of below option /Veg poha / Oats Upma / Veg Dahlia OR Phulka / Roti + 1 vati vegetable OR Brown Bread sandwich	50 ml milk   1 vati Medium size -2 nos (no oil / ghee)  2 slice
Mid – Morning	Fruit OR Almonds 4-5 Walnuts 2	1 Medium size (Seasonal fruit)
Lunch	Salad / Thin soup (Cucumber, Tomato, carrot, cabbage, radish, etc.)	1 Big Bowl
	Rotis or Phulkas	2 small / 1 big (No ghee / oil )
	Rice (preferably brown rice)	1 vati Rice (twice a week)
	Dal	1 Vati

	Vegetables	1-2 Vati
	Curd (skimmed)/ Buttermilk	1/2 vati /1 glass
Evening	Roasted chana / Soya nuts/ OR sprouts bhel OR Besanquilla / BesanMuthia  Green Tea / Tea	1 handful 1 small katori Medium size – 2 nos  1 cup (No sugar)
Dinner	SAME AS LUNCH  Except Rice	
OPTIONS	Veg khichdi + kadhi /curd + 1 vati vegetable	2 Vatis / 1 vati
OPTIONS	Wheat/Jowar/BajraBhakri Vegetable Dal	2 nos medium 1 vati 1 vati
Bed – Time	Milk (Skimmed)	100 ml milk

Total calories/day	Oil /Ghee /day	Salt/day
1500 Kcals	3 to 4 tsps	3/4 tsp

- Oil intake should be ½ liter per person per month.
- Consume Green tea/ Herbal tea 2-3 cups/ day.
- Take 1 Tsp Flaxseed (Alsi) after lunch and dinner.



**Dr. Sabiha Siddiqui**  
BHSc,P.G.Dietetics,CDE,DNYS  
(Head Clinical Dietitian & Nutritionist)

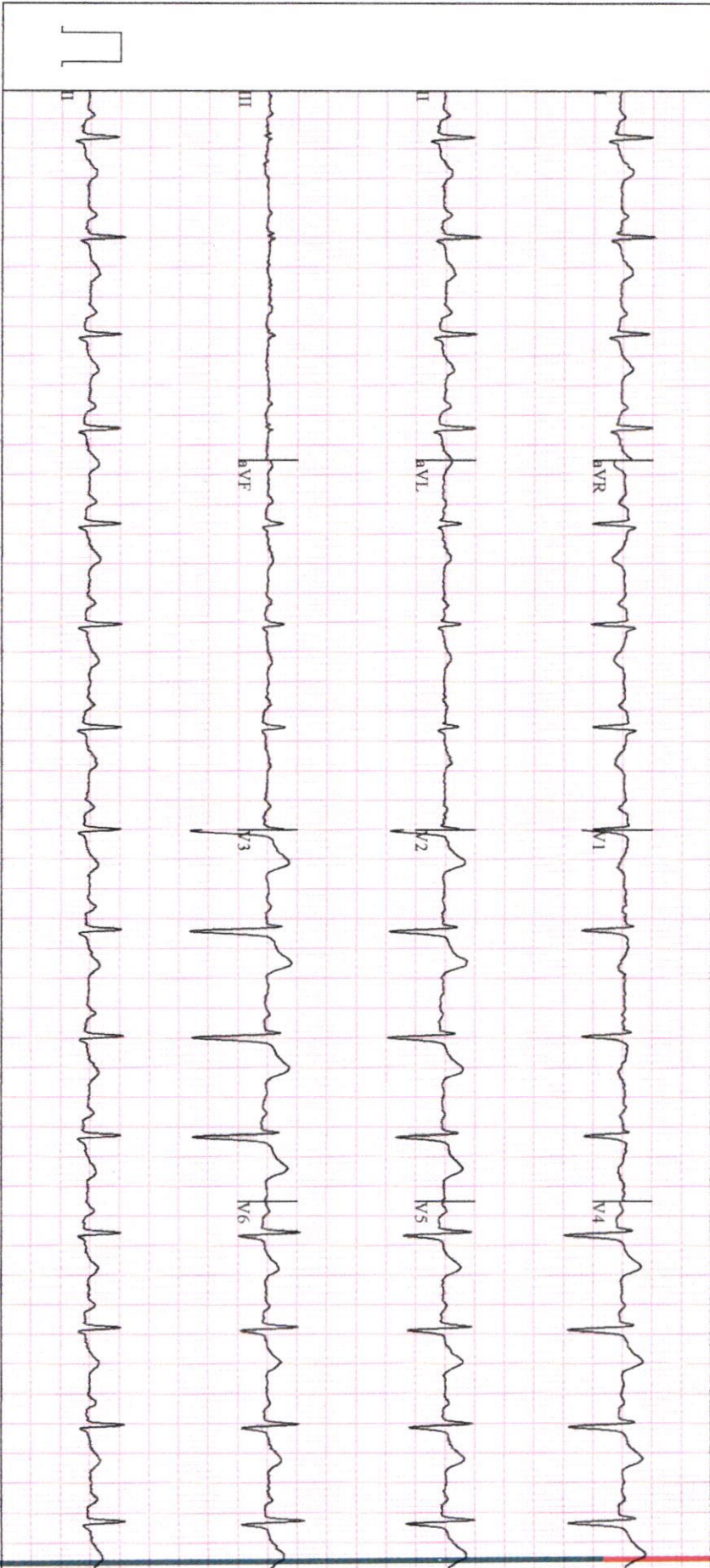
MR ABHISHEK  
1632  
35 Years

Male

30.03.2023 8:13:36  
THE APOLLO CLINIC  
NASIK  
MLNMBAL-400001

QRS : 84 ms  
QT / QTc Baz : 366 / 447 ms  
PR : 148 ms  
P : 74 ms  
RR / PP : 666 / 666 ms  
P / QRS / T : 31 / 42 / 33 degrees

Normal sinus rhythm  
Normal ECG



GE MAC 800

2.0/4

12SL.M V<sup>2</sup>

25 mm/s

10 mm/mV

ADS

0.16-20 Hz

50 Hz

Unconfirmed  
4x2.5x3\_25\_R1

1/1

*Dr. Jagdish Vaswani*  
**DR. JAGDISH VASWANI**  
M.B.B.S., M.D (MED)  
MMC 54309

90 bpm  
--/-- mmHg



**NAME: MR. ABHISHEK**  
**AGE/SEX: 35 YEARS/MALE**  
**MR.NO : AF001001632**  
**REF. BY : ACROFEMI MEDIWHEEL/ HEALTH CHECKUP**  
**DATE: 30/03/2023**

## **2D ECHOCARDIOGRAPHY AND COLOR DOPPLER STUDY**

### **2D ECHOCARDIOGRAPHY FINDINGS:**

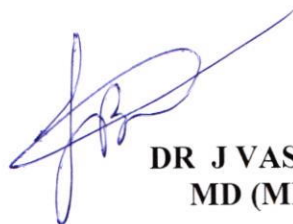
1. Normal sized LV with good contractility. LVEF appears to be 60%.  
No regional wall motion abnormality seen.
2. Structurally normal cardiac valves.
3. Normal sized RV with good contractility.  
RA and LA are normal in size.
4. IAS and IVS appear intact.
5. No obvious clot seen.
6. No vegetations or pericardial effusion.

### **SPECTRAL AND COLOR DOPPLER STUDY:**

LV diastolic dysfunction. Trivial TR. Doppler estimated Pulmonary Artery Pressure is 20 mm of Hg. Rest normal flow velocities and color flow mapping seen across both atrio-ventricular and Semilunar valves. No intracardiac shunt or other regurgitation noticed

### **IMPRESSION**

**Normal LV systolic function**  
**Type I LV diastolic dysfunction**  
**No Pulmonary Hypertension**  
**No clots/ vegetations.**



**DR J VASWANI**  
**MD (MED)**

#### **NOTE:**

**NORMAL 2D ECHOCARDIOGRAPHY REPORT DOES NOT RULE OUT CRITICAL CAD.**  
**THESE REPORTS ARE NOT FOR MEDICO-LEGAL PURPOSE, AND FOR DOCTORS; TO KINDLY CORRELATE CLINICALLY.**



## APOLLO CLINIC (COLABA)

**Name:** ABHISHEK  
**MRN:** 23-03-30-105441

**Study Date:** 30/03/2023 10:54  
**Gender:** Male

### Cardiac

### Dimension

#### MMode

**RVIDd (MM):** 1.49 cm

**IVSd (MM):** 0.935 cm

**LVIDd (MM):** 4.80 cm

**LVPWd (MM):** 0.892 cm

**IVSs (MM):** 2.00 cm

**LVIDs (MM):** 2.34 cm

**LVPWs (MM):** 1.49 cm

**AoR Diam (MM):** 3.06 cm

**LA Dimen (MM):** 2.89 cm

**AV Cusp Sep:** 2.00 cm

**EDV (MM-Teich):** 108 ml

**ESV (MM-Teich):** 18.9 ml

**IVS/LVPW (MM):** 1.05

**LA/Ao (MM):** 0.944

**LVPW % (MM):** 66.7 %

**EF (MM-Teich):** 82.5 %

**FS (MM-Teich):** 51.3 %

**IVS % (MM):** 114 %

**LV Mass (Cubed):** 151 grams

### Aortic Valve

#### Doppler

**AV Vmax:** 179 cm/s (Avg.)

**AV Max PG:** 13.1 mmHg (Avg.)

### Mitral Valve

#### MMode



MV E-F Slope: 4.87 cm/s  
MV E-F Time: 0.139 sec  
MV E-F Dist: 0.680 cm  
MV EPSS: 0.297 cm

### Tricuspid Valve

#### Doppler

TR Vmax:	153 cm/s	TV Vmax:	7.63 cm/s
TR Max PG:	9.33 mmHg	TV Max PG:	0.023 mmHg

### Pulm Valve

#### Doppler

PV Vmax: 137 cm/s  
PV Max PG: 7.55 mmHg

---

### Interpretation Summary

#### Comments

Reading Physician: \_\_\_\_\_

**Patient Name : Mr. Abhishek**  
**Age : 35 yrs**  
**Ref. By : Arcofemi**

**MR No : AF001001632**  
**Sex : Male**  
**Date : 30-03-2023**

**X-RAY CHEST PA VIEW**

The lungs are clear.

Heart size is normal.

Mild unfolding of aorta.

Pleural spaces are clear.

Bilateral costophrenic angles are clear.

Bony thorax and soft tissues are unremarkable.

  
**Dr. Bushra Rasool**  
**Consultant Radiologist**

**Patient Name : Mr. Abhishek**

**MR No : AF001001632**

**Age : 35 yrs**

**Sex : Male**

**Ref. By : Arcofemi**

**Date : 30-03-2023**

**ULTRASOUND OF ABDOMEN AND PELVIS**

**LIVER:** It is moderately enlarged in size. It measures 16.8 cm. The parenchyma shows moderately increased echo-texture. No focal lesion seen. Intra-hepatic biliary and portal radicles are normal. The main portal vein is normal.

**GALL BLADDER:** is partially distended. No calculus or mass seen. The wall thickness is normal. No peri-cholic abnormality seen. The common bile duct is normal. No evidence of choledocholithiasis seen.

**PANCREAS:** It is normal in size and echotexture. No focal lesion seen. No peri-pancreatic collection noted. The main pancreatic duct is normal.

**SPLEEN:** It is normal in size and echotexture. Splenic vein is normal.

**BOTH KIDNEYS:** Both kidneys are normal in size, shape and position. The parenchyma shows normal echo-texture. Cortico-medullary differentiation is well maintained.

**Right kidney** measures 11.9 x 5.9 cm. **Small mid pole calculus noted approx measuring 3.4 mm.**

**Left kidney** measures 11.8 x 5.6 cm. **Mid and lower poles calcification.**  
No evidence of hydronephrosis seen.

**URINARY BLADDER:** It is adequately distended. The margins are smooth. No vesical mass or calculus seen.

**PROSTATE:** is normal in size and shape. The parenchyma is normal. It measures 3.3 x 3.5 x 3.5 cm. The weight measures approx 22 cc.

No ascitis or lymphadenopathy noted.

**IMPRESSION:**

- MODERATE HEPATOMEGALY WITH GRADE II FATTY LIVER.
- RIGHT RENAL SMALL NON-OBSTRUCTING CALCULUS.

  
**Dr. Bushra Rasool**  
**Consultant Radiologist**

**Note:** *USG examinations have their limitations due to patient body habitus and bowel gas. Bowel abnormalities may not be detected on sonography. This document is not valid for medico-legal purpose.*





Indira Health And Lifestyle Private Limited.  
NABL Accredited Laboratory  
Eucharistic Congress Bldg. No. 1, Opp. Café Leopold,  
Close to Delhi Darbar Hotel, Convent Street, Colaba, Mumbai - 400 001.  
Tel.: 022-22021122, ☎: 8450982226,  
E:apolloclinicmumbai@gmail.com, apollocliniccolaba@gmail.com



Name : Mr. Abhishek Gender : Male Age : 35 Years  
UHID : AF-001001632 Bill No : Lab No : c-3669-23  
Ref. by : Arcofemi Healthcare Sample Col.Dt : 30/03/2023 09:01  
Barcode No : 683 Reported On : 30/03/2023 19:02

TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

URINE REPORT

**PHYSICAL EXAMINATION**

QUANTITY	15	mL
COLOUR	Yellow	
APPEARANCE	Clear	Clear
SEDIMENT	Absent	Absent

**CHEMICAL EXAMINATION(Strip Method)**

REACTION(PH)	5.0	4.6 - 8.0
SPECIFIC GRAVITY	1.030	1.005 - 1.030
URINE ALBUMIN	Absent	Absent
URINE SUGAR(Qualitative)	Absent	Absent
KETONES	Absent	Absent
BILE SALTS	Absent	Absent
BILE PIGMENTS	Absent	Absent
UROBILINOGEN	Normal(<1 mg/dl)	Normal
OCCULT BLOOD	Absent	Absent
Nitrites	Absent	Absent

**MICROSCOPIC EXAMINATION**

PUS CELLS	2 - 3 / hpf	0 - 3/hpf
RED BLOOD CELLS	Nil /HPF	Absent
EPITHELIAL CELLS	<b>4 - 6 / hpf</b>	3 - 4/hpf
CASTS	Absent	Absent
CRYSTALS	Absent	Absent
BACTERIA	Absent	Absent

Anushka Chavan  
Entered By

Ms Kaveri Gaonkar  
Verified By

Dr. Milind Patwardhan  
M.D(Path)  
Chief Pathologist

End of Report  
Results are to be correlated clinically



Indira Health And Lifestyle Private Limited.  
NABL Accredited Laboratory  
Eucharistic Congress Bldg. No. 1, Opp. Café Leopold,  
Close to Delhi Darbar Hotel, Convent Street, Colaba, Mumbai - 400 001.  
Tel.: 022-22021122, ☎: 8450982226,  
E: apolloclinicmumbai@gmail.com, apollocliniccolaba@gmail.com



Name : Mr. Abhishek Gender : Male Age : 35 Years  
UHID : AF-001001632 Bill No : Lab No : c-3669-23  
Ref. by : Arcofemi Healthcare Sample Col.Dt : 30/03/2023 09:01  
Barcode No : 683 Reported On : 30/03/2023 19:07

TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

**PLASMA GLUCOSE**

Fasting Plasma Glucose : **123** mg/dL Normal < 100 mg/dL  
Impaired Fasting glucose : 101 to 125 mg/dL  
Diabetes Mellitus : >= 126 mg/dL  
(on more than one occasion)  
(American diabetes association guidelines 2016)

Post Prandial Plasma Glucose : **232** mg/dL Normal < 140 mg/dL  
Impaired Post Prandial glucose : 140 to 199 mg/dL  
Diabetes Mellitus : >= 200 mg/dL  
(on more than one occasion)  
(American diabetes association guidelines 2016)


Fasting Urine Glucose : Absent  
Fasting Urine Acetone : Absent

Post Prandial Urine Glucose : Present (+)  
Post Prandial Urine Acetone : Absent

Method : Hexokinase

Vasanti Gondal  
Entered By

Ms Kaveri Gaonkar  
Verified By

  
Page 2 of 2  
Dr. Milind Patwardhan  
M.D(Path)  
Chief Pathologist

End of Report  
Results are to be correlated clinically



Indira Health And Lifestyle Private Limited.  
**NABL Accredited Laboratory**  
 Eucharistic Congress Bldg. No. 1, Opp. Café Leopold,  
 Close to Delhi Darbar Hotel, Convent Street, Colaba, Mumbai - 400 001.  
 Tel.: 022-22021122, ☎: 8450982226,  
 E: apolloclinicmumbai@gmail.com, apollocliniccolaba@gmail.com



Name : Mr. Abhishek Gender : Male Age : 35 Years  
 UHID : AF-001001632 Bill No : Lab No : c-3669-23  
 Ref. by : Arcofemi Healthcare Sample Col.Dt : 30/03/2023 09:01  
 Barcode No : 683 Reported On : 30/03/2023 18:21

**TEST RESULTS BIOLOGICAL REFERENCE INTERVAL**

**HbA1c(Glycosylated Haemoglobin )WB-EDTA**

(HbA1C) Glycosylated Haemoglobin : 6.5 % Normal <5.7 %  
 Pre Diabetic 5.7 - 6.5 %  
 Diabetic >6.5 %  
 Target for Diabetes on therapy < 7.0 %  
 Re-evaluation of therapy > 8.0 %

Mean Blood Glucose : 139.85 mg/dL

Correlation of A1C with average glucose

A1C (%)	Mean Blood Glucose (mg/dl)
6	126
7	154
8	183
9	212
10	240
11	269
12	298

Method High Performance Liquid Chromatography (HPLC).

**INTERPRETATION**

- \* The HbA1c levels correlate with the mean glucose concentration prevailing in the course of Pts recent history (apprx 6-8 weeks) & therefore provides much more reliable information for glycemia control than the blood glucose or urinary glucose.
- \* This Methodology is better than the routine chromatographic methods & also for the diabetic pts. having HEMOGLBINOPATHIES OR UREMIA as Hb variants and uremia does not INTERFERE with the results in this methodology.
- \* It is recommended that HbA1c levels be performed at 4 - 8 weeks during therapy in uncontrolled DM pts. & every 3 - 4 months in well controlled diabetics .
- \* Mean blood glucose (MBG) in first 30 days ( 0-30 ) before sampling for HbA1c contributes 50% whereas MBG in 90 - 120 days contribute to 10% in final HbA1c levels

**Alsaba Shaikh**  
Entered By

**Ms Kaveri Gaonkar**  
Verified By

  
**Dr. Milind Patwardhan**  
M.D(Path)  
Chief Pathologist

End of Report  
*Results are to be correlated clinically*



Indira Health And Lifestyle Private Limited.  
NABL Accredited Laboratory  
Eucharistic Congress Bldg. No. 1, Opp. Café Leopold,  
Close to Delhi Darbar Hotel, Convent Street, Colaba, Mumbai - 400 001.  
Tel.: 022-22021122, ☎: 8450982226,  
E: apolloclinicmumbai@gmail.com, apollocliniccolaba@gmail.com



Name : Mr. Abhishek Gender : Male Age : 35 Years  
UHID : AF-001001632 Bill No : Lab No : c-3669-23  
Ref. by : Arcofemi Healthcare Sample Col.Dt : 30/03/2023 09:01  
Barcode No : 683 Reported On : 30/03/2023 19:30

TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

**LFT(Liver Function Tests)-Serum**

S.Total Protein (Biuret method)	8.04	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.54	g/dL	3.5 - 5.2
S.Globulin (Calculated)	3.5	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.3		0.9 - 2
S.Total Bilirubin (DPD):	0.87	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	<b>0.31</b>	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.56	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P):	31	U/L	5 - 40
S.ALT (SGPT) (IFCC Kinetic with P5P):	<b>50</b>	U/L	5 - 41
S.Alk Phosphatase(pNPP-AMP Kinetic):	<b>138</b>	U/L	40 - 129
S.GGT(IFCC Kinetic):	26	U/L	11 - 50

Vasanti Gondal  
Entered By

Ms Kaveri Gaonkar  
Verified By

Dr. Milind Patwardhan  
M.D(Path)  
Chief Pathologist

Page 4 of 9

End of Report  
Results are to be correlated clinically





Indira Health And Lifestyle Private Limited.  
NABL Accredited Laboratory  
Eucharistic Congress Bldg. No. 1, Opp. Café Leopold,  
Close to Delhi Darbar Hotel, Convent Street, Colaba, Mumbai - 400 001.  
Tel.: 022-22021122, ☎: 8450982226,  
E:apolloclinicmumbai@gmail.com, apollocliniccolaba@gmail.com



Name : Mr. Abhishek Gender : Male Age : 35 Years  
UHID : AF-001001632 Bill No : Lab No : c-3669-23  
Ref. by : Arcofemi Healthcare Sample Col.Dt : 30/03/2023 09:01  
Barcode No : 683 Reported On : 30/03/2023 19:30

TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

**Lipid Profile- Serum**

S. Cholesterol(Oxidase)	189	mg/dL	Desirable < 200 Borderline:>200-<240 Undesirable:>240
S. Triglyceride(GPO-POD)	105	mg/dL	Desirable < 150 Borderline:>150-<499 Undesirable:>500
S. VLDL:(Calculated)	21	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	<b><u>36.2</u></b>	mg/dL	Desirable > 60 Borderline:>40-<59 Undesirable:<40
S. LDL:(calculated)	131.8	mg/dL	Desirable < 130 Borderline:>130-<159 Undesirable:>160
Ratio Cholesterol/HDL	<b><u>5.2</u></b>		3.5 - 5
Ratio of LDL/HDL	<b><u>3.6</u></b>		2.5 - 3.5

**Vasanti Gondal**  
Entered By

**Ms Kaveri Gaonkar**  
Verified By

**Dr. Milind Patwardhan**  
M.D(Path)  
Chief Pathologist

End of Report  
Results are to be correlated clinically



Indira Health And Lifestyle Private Limited.  
NABL Accredited Laboratory  
Eucharistic Congress Bldg. No. 1, Opp. Café Leopold,  
Close to Delhi Darbar Hotel, Convent Street, Colaba, Mumbai - 400 001.  
Tel.: 022-22021122, ☎: 8450982226,  
E: apolloclinicmumbai@gmail.com, apollocliniccolaba@gmail.com



Name : Mr. Abhishek Gender : Male Age : 35 Years  
UHID : AF-001001632 Bill No : Lab No : c-3669-23  
Ref. by : Arcofemi Healthcare Sample Col.Dt : 30/03/2023 09:01  
Barcode No : 683 Reported On : 30/03/2023 19:30

TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

**RFT - Renal Profile-serum**

S.Urea(Urease-GLDH)	28.2	mg/dL	10.0 - 45.0
S. Urea Nitrogen( Calculated)	13.16	mg/dL	5 - 20
S.Creatinine(Jaffe's Kinetic)	0.82	mg/dL	0.50 - 1.3
S.Uric Acid(Uricase-POD)	6.6	mg/dL	3.4 - 7.0
S.Total Protein(Biuret)	8.04	g/dL	6.6 - 8.7
S.Albumin(BCG)	4.54	g/dL	3.5 - 5.2
S.Globulin(Calculated)	3.5	g/dL	2 - 3.5
A/G Ratio(Calculated)	1.3		0.9 - 2
S.Sodium(Na) (ISE-Direct)	137	mmol/L	135 - 145
S.Potassium(K) (ISE-Direct)	4.1	mmol/L	3.5 - 5.3
S.Chloride(Cl) (ISE-Direct)	98	mmol/L	95 - 106
S.Calcium(NM-BAPTA)	9.63	mg/dL	8.6 - 10.0
S.Phosphorus(UV Phosphomolybdate)	3.34	mg/dL	2.5 - 4.5

**Vasanti Gondal**  
Entered By

**Ms Kaveri Gaonkar**  
Verified By

**Dr. Milind Patwardhan**  
M.D(Path)  
Chief Pathologist

End of Report  
*Results are to be correlated clinically*





Indira Health And Lifestyle Private Limited.  
NABL Accredited Laboratory  
Eucharistic Congress Bldg. No. 1, Opp. Café Leopold,  
Close to Delhi Darbar Hotel, Convent Street, Colaba, Mumbai - 400 001.  
Tel.: 022-22021122, ☎: 8450982226,  
E:apolloclicmumbai@gmail.com, apollocliniccolaba@gmail.com



Name : Mr. Abhishek Gender : Male Age : 35 Years  
UHID : AF-001001632 Bill No : Lab No : c-3669-23  
Ref. by : Arcofemi Healthcare Sample Col.Dt : 30/03/2023 09:01  
Barcode No : 683 Reported On : 30/03/2023 16:08

TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

**HAEMOGRAM(CBC,ESR,P/S)-WB (EDTA)**

Haemoglobin(Colorimetric method)	16	g/dl	13 - 18
RBC Count (Impedance)	5.21	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	46.2	%	35 - 55
MCV:(Calculated)	88.7	fl	78 - 98
MCH:(Calculated)	30.7	pg	26 - 34
MCHC:(Calculated)	34.6	gm/dl	30 - 36
RDW-CV:	14.7	%	11.5 - 16.5
Total Leucocyte count(Impedance)	9240	/cumm.	4000 - 10500
Neutrophils:	52	%	40 - 75
Lymphocytes:	36	%	20 - 40
Eosinophils:	<b>08</b>	%	0 - 6
Monocytes:	04	%	2 - 10
Basophils:	00	%	0 - 2
Platelets Count(Impedance method)	1.73	Lakhs/c.mm	1.5 - 4.5
MPV	<b>11.1</b>	fl	6.0 - 11.0
ESR(Westergren Method)	04	mm/1st hr	0 - 20

Peripheral Smear (Microscopic examination)

RBCs: Normochromic, Normocytic

WBCs: Eosinophilia

Platelets: Adequate

Note: Test Run on 5 part cell counter. Manual diff performed.

Alsaba Shaikh  
Entered By

Ms Kaveri Gaonkar  
Verified By

Dr. Milind Patwardhan  
M.D(Path)  
Chief Pathologist

End of Report  
Results are to be correlated clinically





Indira Health And Lifestyle Private Limited.  
NABL Accredited Laboratory  
Eucharistic Congress Bldg. No. 1, Opp. Café Leopold,  
Close to Delhi Darbar Hotel, Convent Street, Colaba, Mumbai - 400 001.  
Tel.: 022-22021122, ☎: 8450982226,  
E: apolloclinicmumbai@gmail.com, apollocliniccolaba@gmail.com



Name : Mr. Abhishek Gender : Male Age : 35 Years  
UHID : AF-001001632 Bill No : Lab No : c-3669-23  
Ref. by : Arcofemi Healthcare Sample Col.Dt : 30/03/2023 09:01  
Barcode No : 683 Reported On : 30/03/2023 19:30

TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

**Thyroid (T3,T4,TSH)- Serum**

Total T3 (Tri-iodo Thyronine) (ECLIA)	2.37	nmol/L	1.3 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	122.3	nmol/L	66 - 181 nmol/L
TSH-Ultrasensitive (Thyroid-stimulating hormone) Method : ECLIA	3.65	μIU/ml	Euthyroid : 0.35 - 5.50 μIU/ml Hyperthyroid : < 0.35 μIU/ml Hypothyroid : > 5.50 μIU/ml

Grey zone values observed in physiological/therapeutic effect.

**Note:**

**T3 :**

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyroidism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

**T4 :**

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens,Estrogens,O C pills, Phenytoin), Nerphrosis etc. In such cases Free T3 and Free T4 give Corrected values.

**TSH :**

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e,g L dopa, Glucocorticoids.
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone

Vasanti Gondal  
Entered By

Ms Kaveri Gaonkar  
Verified By

Dr. Milind Patwardhan  
M.D(Path)  
Chief Pathologist

End of Report  
Results are to be correlated clinically