



Aarogya RPR  
AAROGYA SWASTHA JIWAN

**Aarogya RPR Health Care Services**

**Dr. Charu Kohli's Clinic**

Rita Arun Kumar

15/11/20 11:140/20

FSG  
UGL  
ul  
X12  
Tut  
PFT  
2DEcho  
PP

PFT  
PP  
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Tut  
2DEcho  
X12

| BOB Health Check package - Male     | BOB Health Check Package- Female    |
|-------------------------------------|-------------------------------------|
| Pulmonary function test (PFT)       | Pulmonary function test (PFT)       |
| Calcium Total Serum Test            | Calcium Total Serum Test            |
| CBC with ESR                        | CBC with ESR                        |
| Blood Group & RH Factor             | Blood Group & RH Factor             |
| Blood and Urine Sugar Fasting       | Blood and Urine Sugar Fasting       |
| Blood and Urine Sugar PP            | Blood and Urine Sugar PP            |
| Lipid Profile                       | Lipid Profile                       |
| Total Cholesterol                   | Total Cholesterol                   |
| HDL                                 | HDL                                 |
| LDL                                 | LDL                                 |
| Triglycerides                       | Triglycerides                       |
| HDL / LDL ratio                     | HDL / LDL ratio                     |
| Liver Profile                       | Liver Profile                       |
| AST                                 | AST                                 |
| ALT                                 | ALT                                 |
| GGT                                 | GGT                                 |
| Billrubin (total, direct, indirect) | Billrubin (total, direct, indirect) |
| ALP                                 | ALP                                 |
| Proteins (T, Albumin, Globulin)     | Proteins (T, Albumin, Globulin)     |
| Kidney Profile                      | Kidney Profile                      |
| Serum Creatinine                    | Serum Creatinine                    |
| Blood Urea Nitrogen                 | Blood Urea Nitrogen                 |
| Uric Acid                           | Uric Acid                           |
| HBA1C                               | HBA1C                               |
| Routine Urinalysis                  | Routine Urinalysis                  |
| USG Whole Abdomen                   | USG Whole Abdomen                   |
| General Tests                       | General Tests                       |
| X-Ray Chest                         | X-Ray Chest                         |
| ECG                                 | ECG                                 |
| 2D Echo                             | 2D Echo                             |
| Stress Test TMT                     | Stress Test TMT                     |
| Thyroid Profile (T3, T4, TSH)       | Thyroid Profile (T3, T4, TSH)       |
| PSA Male                            | PAP Smear                           |
| Physician Consultation              | Mammography / Sonomammography       |
|                                     | Physician and Gynaec Consultation   |

Kaushal Arun 31/01/2020

**NAME** : KUNDAN KUMAR  
**AGE/SEX** : 35Y/M  
**DATE** : 26.03.2022

|  |        |             |      |
|--|--------|-------------|------|
| Height                                       | Weight | BP          | BMI  |
| 160 cm                                       | 73 kg  | 130/90 mmHg | 28.5 |
| Smoking : OCC<br>Alcohol : OCC<br>Drugs : NO |        |             |      |

**Family History:-**

- Asthma : NO
- Diabetes / BP : NO
- TB : Nil
- Cancer : Nil
- Heart Disease : NO
- HTN : No
- BP : NO
- Thyroid : Nil

**Personal History:**

- Pleurisy : Nil
- Rheumatic : No
- TB : NO
- Operated for : NO
- Accidents : No
- Psychosomatic history : Nil
- BP : NO
- Thyroid : NO

| Eye / Vision | DISTANCE VISION |        | NEAR VISION |        | COLOUR VISION | GLASSES. |
|--------------|-----------------|--------|-------------|--------|---------------|----------|
|              | RT EYE          | LT EYE | RT EYE      | LT EYE |               |          |
|              | 6/6             | 6/6    | N6          | N6     | NORMAL        | YES      |

Signature of Medical Examiner : 

**IMPORTANT:** Owing to technical limitations in case of any error in the study, the Doctor cannot be held responsible for claim of damages of any nature and this report is not valid for any Medico-legal aspect.

BoB



Age - 36

Contact - 766 770 9072

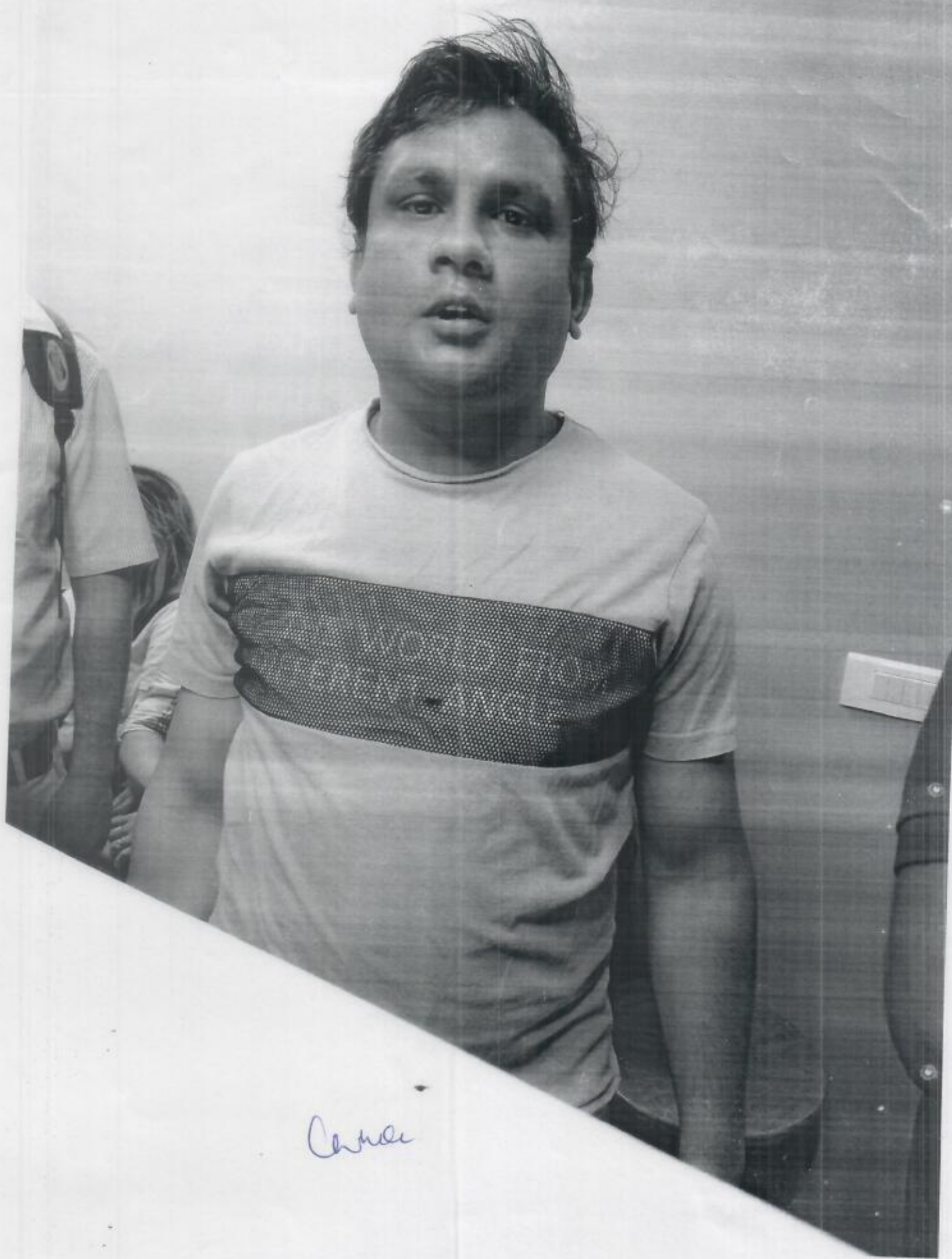
✓ call

Kundansuns@gmail.com

Kundansuns@gmail.com



Kundan



Camera



|                   |                       |                            |                         |
|-------------------|-----------------------|----------------------------|-------------------------|
| Registration No.  | 102128498             | Mobile No.                 | 7667709072              |
| Patient Name      | Mr. KUNDAN KUMAR      | Registration Date/Time     | 26/03/2022 09:46:26     |
| Age / Sex         | 36 Yrs Male           | Sample Collected Date/Time | 26/03/2022 12:56:01     |
| Ref By / Hospital | Others BANK OF BARODA | Report Date/Time           | 26/03/2022 19:05:50     |
| Collected At      | DCKC                  | Printed Date/Time          | 26/03/2022 19:08:11     |
| Test Name         |                       | Value                      | Unit                    |
|                   |                       |                            | Biological Ref Interval |

### HAEMATOLOGY

#### Complete Blood Count (CBC)

|  |        |            |                 |
|--|--------|------------|-----------------|
| Haemoglobin (Hb) ,EDTA<br><i>Method : Colorimetric</i>                     | 12.8   | g/dL       | 13.0 - 17.0     |
| Total Leucocyte Count (TLC) ,EDTA<br><i>Method : Electric impedance</i>    | 08.7   | $10^9/L$   | 04.0 - 10.0     |
| Differential Leucocyte Count<br><i>Method : Microscopy</i>                 |        |            |                 |
| Neutrophil ,EDTA   | 64.8   | %          | 40.0 - 75.0     |
| Lymphocyte ,EDTA   | 25.1   | %          | 20.0 - 45.0     |
| Eosinophil ,EDTA   | 3.5    | %          | 1.0 - 6.0       |
| Monocyte ,EDTA   | 6.6    | %          | 2.0 - 10.0      |
| Basophil ,EDTA   | 0.0    | %          | 0.0 - 1.0       |
| ESR* ,EDTA<br><i>Method : Westergreen</i>                                  | 24     | mm/1st hr. | 00 - 15         |
| Red Blood Cell (RBC) ,EDTA<br><i>Method : Electric impedance</i>           | 5.85   | $10^6/uL$  | 4.50 - 5.50     |
| Hematocrit (HCT /PCV) ,EDTA<br><i>Method : Pulse height detection</i>      | 39.1   | %          | 40.0 - 50.0     |
| Mean Corp Volume (MCV) ,EDTA<br><i>Method : Calculated</i>                 | 66.9   | fL         | 83.0 - 101.0    |
| Mean Corp Hb (MCH) ,EDTA<br><i>Method : Calculated</i>                     | 21.8   | pg         | 27.0 - 32.0     |
| Mean Corp Hb Conc (MCHC) ,EDTA<br><i>Method : Calculated</i>               | 32.6   | g/dL       | 31.5 - 34.5     |
| Platelet Count(PLT) ,EDTA<br><i>Method : Electric impedance/Microscopy</i> | 150.00 | $10^3/uL$  | 150.00 - 450.00 |

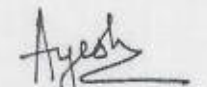
\* The test outside of the scope of NABL.

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| Test Name   | Value    | Unit | Biological Ref Interval |
|---|----------|------|-------------------------|
| RDW- CV%* ,EDTA   | 15.4     | %    | 10.0 - 14.5             |
| Blood Group ABO* ,EDTA<br><i>Method: Forward Grouping</i> | "O"      |      |                         |
| Rh Typing ,EDTA<br><i>Method: Forward Grouping</i>        | POSITIVE |      |                         |
| HbA1c* ,EDTA<br><i>Method: Photometric method</i>         | 5.2      | %    |                         |

**INTERPRETATIONS:-**

**NORMAL RANGE**

4.00 - 5.60 %

|   |      |        |   |
|---|------|--------|---|
| Pre Diabetic/ Higher chance of getting diabetes | 5.70 | - 6.20 | % |
| Good Diabetic Control                           | 6.20 | - 6.80 | % |
| Fair Diabetic Control                           | 6.80 | - 7.60 | % |
| Uncontrolled Diabetes -action suggested         | >7.6 |        | % |

**Note:-**

Glycosylated Haemoglobin is a specific component of HBA1C and is the blood glucose bound to it. This test is an index of carbohydrate in balance during the preceding two months. The estimation is of greater importance for specific group of patient. This result are not affected by time, meal intake exercise, diabetic drugs, emotional Stress etc. HbA1c should be routinely monitored ideally at least every 3 months.

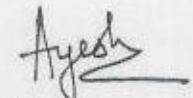
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**BIOCHEMISTRY**

**LIPID PROFILE**

|  |      |       |              |
|--|------|-------|--------------|
| Total Lipids ,Serum Plain  | 453  | mg/dl | 400 - 700    |
| Serum Cholesterol ,Serum Plain<br>Method : CHOD-POD                  | 158  | mg/dl | 80 - 200     |
| Serum Triglycerides ,Serum Plain<br>Method : GOD-POD                 | 137  | mg/dl | 40 - 200     |
| Serum HDL Cholesterol* ,Serum Plain<br>Method : Direct Method        | 42.0 | mg/dl | 40.0 - 70.0  |
| Serum LDL Cholesterol* ,Serum Plain<br>Method : Calculated           | 89.0 | mg/dl | 30.0 - 100.0 |
| Serum VLDL Cholesterol* ,Serum Plain<br>Method : Calculated          | 27.0 | mg/dl | 24.0 - 45.0  |
| Total CHO/HDL Cholesterol Ratio* ,Serum Plain<br>Method : Calculated | 4.27 |       |              |
| LDL/HDL Cholesterol Ratio* ,Serum Plain<br>Method : Calculated       | 2.54 |       |              |

Guidelines for Total Blood Cholesterol Levels on 11 to 12 hour fasting samples.

Desirable : Less than 200 mg/dl

Borderline High Risk : 200 to 239 mg/dl

High Risk : 240 mg/dl and over, on repeated values

Optimal Level for Cardio Patients : Less than 200 mg/dl

HDL-C : High HDL has generally been found to be protective, decreasing the risk of coronary artery disease (CAD) in most people. However, some recent studies have shown that in some people with high HDL, the HDL is not protective and may, in fact result in higher risk for CAD than in people with normal HDL levels. In one study it was shown that people with CAD and high HDL had underlying genetic anomalies in enzymes important in lipid turnover. Another study showed that high levels of abnormally large HDL particles were associated with increased risk of CAD. Factors that elevate HDL concentrations include chronic alcoholism, treatment with oral estrogen replacement therapy, extensive aerobic exercise, and treatment with niacin, statins, or fibrates. Smoking reduces levels of HDL, cholesterol, while quitting smoking leads to a rise in the plasma HDL level.

LDL Reference Range :

Levels in terms of risk for coronary heart disease :

|                             |                 |
|-----------------------------|-----------------|
| Optimal                     | <100 mg/dL      |
| Near Optimal/ above optimal | 100 - 129 mg/dL |
| Borderline-high             | 130 - 159 mg/dL |
| High                        | 160 - 189 mg/dL |
| Very High                   | >=190 mg/dL     |

\* The test outside of the scope of NABL.

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|                   |                       |                            | <b>Biological Ref Interval</b> |

**KIDNEY FUNCTION TEST (KFT)**

|  |        |        |   |
|--|--------|--------|---|
| Blood Urea ,Serum Plain<br>Method : Urease -GLDH           | 21.5   | mg/dl  | 15.0 - 45.0   |
| Serum Creatinine ,Serum Plain<br>Method : Modified Jaffe's | 1.06   | mg/dl  | 0.50 - 1.50   |
| Serum Uric Acid ,Serum Plain<br>Method : Uricase- POD      | 4.78   | mg/dl  | 3.40 - 7.00   |
| Serum Sodium# ,Serum Plain<br>Method : ISE Direct          | 141.0  | mmol/L | 135.0 - 148.0   |
| Serum Potassium* ,Serum Plain<br>Method : ISE Direct       | 4.20   | mmol/L | 3.50 - 5.00   |
| Serum Chloride* ,Serum Plain<br>Method : ISE DIRECT        | 102.00 | mmol/L | 97.00 - 107.00  |
| Serum Calcium ,Serum Plain<br>Method : Arsenazo III        | 8.90   | mg/dl  | New Born : 7.8 - 11.2<br>mg/dl<br>Adult : 8.2 - 10.6<br>mg/dl |

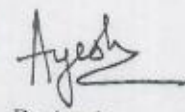
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|-----------|-------|------|-------------------------|
|-----------|-------|------|-------------------------|

**LIVER PROFILE / LFT**

|  |      |       |  |
|--|------|-------|--|
| Serum Bilirubin (Total) ,Serum Plain<br><i>Method : DSA Method</i>               | 0.58 | mg/dl | 0.00 - 1.30                                    |
| Serum Bilirubin (Direct)* ,Serum Plain<br><i>Method : DSA Method</i>             | 0.17 | mg/dl | 0.00 - 0.30                                    |
| Serum Bilirubin (Indirect)* ,Serum Plain<br><i>Method : Calculated Parameter</i> | 0.41 | mg/dl | 0.00 - 0.60                                    |
| SGOT ,Serum Plain<br><i>Method : IFCC/KINETIC</i>                                | 31.0 | IU/l  | Males : Upto 46 IU/l<br>Females : Upto 40 IU/l |
| SGPT ,Serum Plain<br><i>Method : IFCC/KINETIC</i>                                | 44.0 | IU/l  | Upto 49 IU/l                                   |
| Serum Alkaline Phosphatase ,Serum Plain<br><i>Method : DEA Method</i>            | 87.0 | IU/l  | 30.0 - 310.0                                   |
| Serum Total Protein ,Serum Plain<br><i>Method : Biuret Method</i>                | 7.05 | gm/dl | 6.00 - 8.50                                    |
| Serum Albumin ,Serum Plain<br><i>Method : BCG Method</i>                         | 4.00 | gm/dl | 3.50 - 5.50                                    |
| Globulin ,Serum Plain<br><i>Method : Calculated</i>                              | 3.00 | gm/dl | 2.00 - 4.10                                    |
| A/G Ratio ,Serum Plain<br><i>Method : Calculated</i>                             | 1.33 |       | 1.00 - 2.10                                    |
| Serum GGTP* ,Serum Plain<br><i>Method : G-Glutamyl Transferase</i>               | 25.0 | U/L   | 0.0 - 50.0                                     |

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|---|-------|-------|-------------------------|
| Blood Sugar (Fasting) ,Plasma F<br><i>Method : GOD POD</i>      | 96.9  | mg/dl | 70.0 - 110.0            |
| Blood Sugar (PP) ,Plasma PP<br><i>Method : GOD POD</i>          | 123.8 | mg/dl | 70.0 - 140.0            |
| Blood Urea Nitrogen* ,Serum Plain<br><i>Method : Calculated</i> | 10.05 | mg/dl | 0.00 - 30.00            |

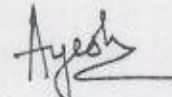
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|                          |                              |                                   | <b>Biological Ref Interval</b> |

**IMMUNOASSAY**

**TOTAL THYROID PROFILE#** ,Serum Plain

|                                   |      |        |              |
|-----------------------------------|------|--------|--------------|
| Triiodothyronine (T3)             | 0.99 | ng/ml  | 0.50 - 2.00  |
| Thyroxin (T4)                     | 7.11 | ug/dl  | 4.40 - 11.60 |
| Thyroid Stimulating Hormone (TSH) | 3.10 | uIU/mL | 0.39 - 6.16  |

**Comments :**

The levels of thyroid hormone (T3&T4) are low in case of primary secondary and tertiary hypothyroidism and sometimes in nonthyroidal illness also. Increased levels are found in grave-s disease, hyperthyroidism and thyroid hormone resistance. T3 levels are also raised in T3 thyrotoxicosis. TSH levels are raised in primary hypothyroidism and are low in hyperthyroidism and secondary


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|---|-------|------|---|
| PSA (Prostate Specific Antigen [Total]) | 0.21  |      | Normal : 0.0-4.0<br>Borderline : 4.0-10.0 ng/ml |

**INTERPRETATION**

Prostate-specific antigen (PSA), a glycoprotein is produced by the prostate gland, the lining of the urethra, and the bulbourethral gland. Normally, very little PSA is secreted in the blood. Increases in glandular size and tissue damage caused by benign prostatic hypertrophy, prostatitis, or prostate cancer may increase circulating PSA levels. PSA exists in serum in multiple forms: complexed to alpha-1-anti-chymotrypsin (PSA-ACT complex), unbound (free PSA), and enveloped by alpha-2-macroglobulin (not detected by immunoassays). When total PSA concentration is <2.0 ng/ml, the probability of prostate cancer in asymptomatic men is low, further testing and free PSA may provide little additional information. When total PSA concentration is >10.0 ng/mL, the probability of cancer is high and prostate biopsy is generally recommended. The total PSA range of 4.0 to 10.0 ng/ml has been described as a diagnostic "gray zone," in which the free:total PSA ratio helps to determine the relative risk of prostate cancer. Therefore, some urologists recommend using the free:total ratio to help select which men should undergo biopsy. However even a negative result of prostate biopsy does not rule-out prostate cancer. Up to 20% of men with negative biopsy results have subsequently been found to have cancer. Higher total PSA levels and lower percentages of free PSA are associated with higher risks of prostate cancer. Based on free:total PSA ratio: the percent probability of finding prostate cancer on a needle biopsy by age in years:

| Free PSA as a percent of Total PSA | Probability of carcinoma prostate when Total PSA is 4.1 - 10.0 ng / ml |
|------------------------------------|--|
| >=                                 | 26.8 %   |
| 20 - 25                            | 16 %   |
| 15 - 20                            | 20 %   |
| 10 - 15                            | 28 %   |
| 0 - 10                             | 56 %   |

**Comments:-**

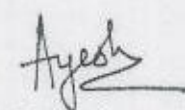
False negative / positive results are observed in patients receiving mouse monoclonal antibodies for diagnosis or therapy. PSA total and free levels may appear consistently elevated / depressed due to the interference by heterophilic antibodies and nonspecific protein binding. Results obtained with different assay kits cannot be used interchangeably. All results should be correlated with clinical findings and results of other investigations

\* The test outside of the scope of NABL.

Page No 8 of 10  
 CHECKED BY

  
 Dr. Piyali Dhar  
 MBBS, DCP Pathology



  
 Dr. Ayesha  
 MBBS, MD(Pathology)





|                          |                       |                                   |                     |
|--------------------------|-----------------------|-----------------------------------|---------------------|
| <b>Registration No.</b>  | 102128498             | <b>Mobile No.</b>                 | 7667709072          |
| <b>Patient Name</b>      | Mr. KUNDAN KUMAR      | <b>Registration Date/Time</b>     | 26/03/2022 09:46:26 |
| <b>Age / Sex</b>         | 36 Yrs Male           | <b>Sample Collected Date/Time</b> | 26/03/2022 12:56:01 |
| <b>Ref By / Hospital</b> | Others BANK OF BARODA | <b>Report Date/Time</b>           | 26/03/2022 15:15:01 |
| <b>Collected At</b>      | DCKC                  | <b>Printed Date/Time</b>          | 26/03/2022 19:08:11 |

| Test Name | Value | Unit | Biological Ref Interval |
|-----------|-------|------|-------------------------|
|-----------|-------|------|-------------------------|

**CLINICAL PATHOLOGY**

**URINE ROUTINE EXAMINATION\***

**URE PHYSICAL EXAMINATION\***

|                  |             |             |
|------------------|-------------|-------------|
| Colour URINE     | Pale Yellow | Pale Yellow |
| Volume URINE     | 10 mL       |             |
| Appearance URINE | Clear       | Clear       |

**URE CHEMICAL EXAMINATION\***

|                              |        |               |
|------------------------------|--------|---------------|
| Reaction URINE               | Acidic | Acidic        |
| Ph (Strip Method) URINE      | 6.0    | 5.0 - 8.0     |
| Specific Gravity URINE       | 1.030  | 1.001 - 1.035 |
| Protein (Strip Method) URINE | Nil    | Not-Detected  |
| Glucose (Strip Method) URINE | Nil    | Nil           |

**URE MICROSCOPY EXAMINATION**

|                        |            |        |
|------------------------|------------|--------|
| Pus Cells URINE        | 1 - 2 /HPF | 0 - 2  |
| Epithelial Cells URINE | 0 - 2 /HPF | 0 - 2  |
| RBC's URINE            | NIL /HPF   | 0 - 2  |
| Casts URINE            | Nil        |        |
| Crystals URINE         | Nil        |        |
| Bacteria URINE         | Absent     | Absent |
| Mucus Thread URINE     | Nil        | Nil    |
| Other URINE            | Nil        |        |

\* The test outside of the scope of NABL.

*Ayesh*  
Page No. 9 of 10

Dr. Ayesh  
MBBS, MD(Pathology)

*Piyali*

Dr. Piyali Dhar  
MBBS, DCP Pathology



At Your Home: Collection of Blood Samples, ECG, Digital X-Ray

Occupational Health Service • Diagnostic & Preventive • Health Assessment • Periodic Preventive Health Camps • Corporate Health Checks  
 Ultrasound | Digital X Ray | DEXA | Mammography | Path Lab | ECHO | TMT | Healthchecks | PFT | Holter | Audiometry



|                   |                       |                            |                     |
|-------------------|-----------------------|----------------------------|---------------------|
| Registration No.  | 102128498             | Mobile No.                 | 7667709072          |
| Patient Name      | Mr. KUNDAN KUMAR      | Registration Date/Time     | 26/03/2022 09:46:26 |
| Age / Sex         | 36 Yrs Male           | Sample Collected Date/Time | 26/03/2022 12:56:01 |
| Ref By / Hospital | Others BANK OF BARODA | Report Date/Time           | 26/03/2022 17:36:31 |
| Collected At      | DCKC                  | Printed Date/Time          | 26/03/2022 19:08:11 |

| Test Name                         | Value | Unit | Biological Ref Interval |
|-----------------------------------|-------|------|-------------------------|
| URINE SPOT SUGAR (FASTING) .URINE | Nil   |      |                         |
| URINE SPOT SUGAR (PP) .URINE      | Nil   |      | Nil                     |
|                                   |       |      | Nil                     |

\*\*\* End of Report \*\*\*

\* The test outside of the scope of NABL.

*Ayesha*  
 Page No. 10 of 10  
 Dr. Ayesha  
 MBBS, MD(Pathology)

*Piyali Dhar*  
 Dr. Piyali Dhar  
 MBBS, DCP Pathology



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**Dr. CHARU KOHLI CLINIC**  
**C-234, DEFENCE COLONY, NEW DELHI**

**Patient Information**

Name : **KUNDAN KUMAR**

DATE : 26/03/22 12:50:08

AGE : 35 /M

ID : 83

REF. BY : Dr.

Height : 160

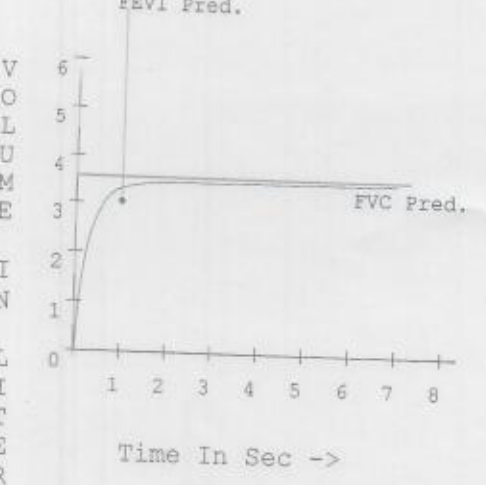
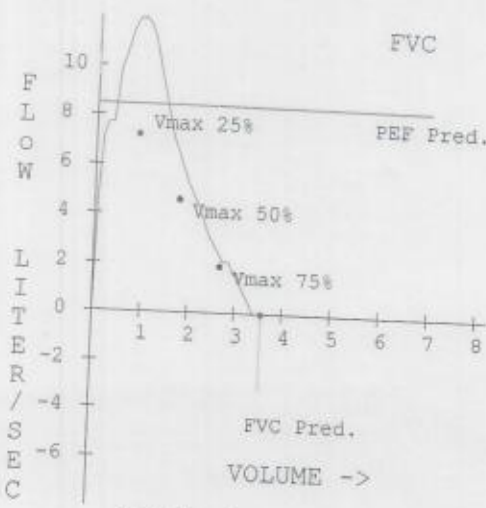
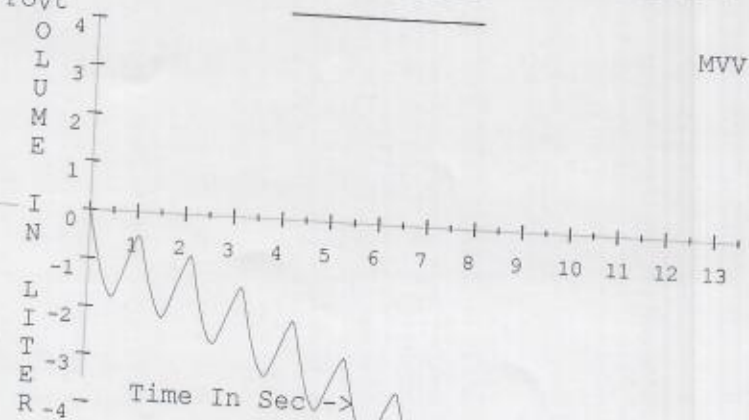
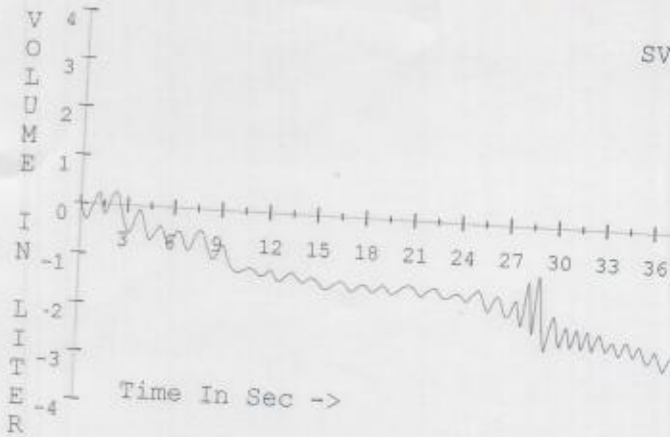
Indication:

Weight : 73

Smoker : Smoker

Pre


Povt



| Parameter       | Pred   | Pre   | %Pred  | Post | %Pred | Dif.% |
|-----------------|--------|-------|--------|------|-------|-------|
| FVC (L)         | 3.57   | 3.46  | 97.01  |      |       |       |
| FEV0.5 (L)      |        | 2.78  |        |      |       |       |
| FEV1 (L)        | 3.04   | 3.30  | 108.75 |      |       |       |
| FEV1/FVC %      | 85.10  | 95.39 | 112.10 |      |       |       |
| PEF (L/S)       | 8.47   | 11.97 | 141.32 |      |       |       |
| PIE (L/S)       |        |       |        |      |       |       |
| FEF25-75% (L/S) | 4.30   | 5.22  | 121.48 |      |       |       |
| VMax25 %        | 7.25   | 11.97 | 165.05 |      |       |       |
| VMax50 %        | 4.63   | 6.38  | 137.89 |      |       |       |
| VMax75 %        | 1.93   | 2.39  | 124.28 |      |       |       |
| FET100 %        |        | 1.86  |        |      |       |       |
| SVC (L)         | 3.72   | 1.52  | 40.78  |      |       |       |
| ERV (L)         | 1.20   | 0.51  | 42.56  |      |       |       |
| IRV (L)         |        | 0.53  |        |      |       |       |
| Rf (BrPM)       |        | 43.31 |        |      |       |       |
| VT (L)          |        | 0.29  |        |      |       |       |
| TI (s)          |        | 0.71  |        |      |       |       |
| TE (s)          |        | 0.68  |        |      |       |       |
| VE (I/M)        |        | 15.07 |        |      |       |       |
| VT/TI (L/S)     |        | 0.41  |        |      |       |       |
| TI/T.TOT        |        | 0.51  |        |      |       |       |
| IC              |        | 0.81  |        |      |       |       |
| MVV             | 111.50 | 76.52 | 68.62  |      |       |       |
| FEF50 % (L/S)   |        | 5.98  |        |      |       |       |
| FIF50 % (L/S)   |        | 86.57 |        |      |       |       |
| FEF50/FIF50 %   |        | 0.07  |        |      |       |       |

**Diagnosis :**

Normal Spirometry ( FVC and FEV1/FVC > 80% of Predicted value )

  
**DR. D. R. RAJIV**  
**MBBS, MD**  
**DMC-46748**  
**CONSULTANT CARDIOLOGIST**



Mr. KUNDAN KUMAR

I.D. : 225

AGE/SEX : 35/M

RECORDED : 26-3-2022 13:21

RATE : 95 BPM

B.P. : 130/90 mmHg

*Charu Kohli*

DR. CHARU KOHLI'S CLINIC

SUPINE  
PRETEST

ST @ 10mm/mV  
80ms PostJ

RAW ECG

*95/min*  
DR. D. R. RAJIV  
MBBS, MD  
DMC 46748  
CONSULTANT CARDIOLOGIST



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

CardiCom, INDIA Ph.:091-731-2620740, TeleFax:091-731-2431214



*Dr. Charu Kohli*

# DR. CHARU KOHLI'S CLINIC

C-234, DEFENCE COLONY, NEW DELHI-110024

Mr. KUNDAN KUMAR  
Age/Sex: 35/M  
Recorded: 26-3-2022 13:21  
Ref. by: :  
Indication: :

ID: 225  
HWT: 160/73

TREADMILL TEST SUMMARY REPORT

Protocol: BRUCE  
History:  
Medication: :

| PHASE                 | PHASE TIME | STAGE TIME   | SPEED (Km./Hr.) | GRADE (%)                 | H.R. (BPM) | B.P. (mmHg) | RPP X100 | II   | ST LEVEL (mm) V2 | V5   | METS |
|-----------------------|------------|--------------|-----------------|---------------------------|------------|-------------|----------|------|------------------|------|------|
| SUPINE                |            |              |                 |                           |            |             |          |      |                  |      |      |
| HYPERVENT             | 0:16       | 0:16         |                 |                           | 95         | 130/90      | 123      | 0.6  | 4.9              | 0.2  |      |
| VAL SALVA             |            |              |                 |                           | 90         | 130/90      | 117      | 0.5  | 5.2              | 0.0  |      |
| STANDING              |            |              |                 |                           | 87         | 130/90      | 113      | 0.4  | 5.1              | 0.3  |      |
| STAGE 1               | 2:59       | 2:59         | 2.70            | 10.00                     | 119        | 130/90      | 140      | 0.9  | 4.5              | 0.1  | 4.80 |
| STAGE 2               | 5:59       | 2:59         | 4.00            | 12.00                     | 141        | 138/90      | 154      | 0.7  | 5.4              | -0.2 | 7.10 |
| STAGE 3               | 7:59       | 1:59         | 5.40            | 14.00                     | 161        | 146/90      | 194      | 0.8  | 6.7              | -0.1 | 9.10 |
| PEAK EXERCISE         | 8:01       | 2:01         |                 |                           | 164        | 146/90      | 239      | 0.6  | 6.7              | -0.9 | 9.03 |
| RECOVERY              | 2:59       | 2:59         | 0.00            | 0.00                      | 109        | 130/90      | 141      | -0.3 | 4.0              | -0.8 |      |
| RECOVERY              | 5:59       | 5:59         | 0.00            | 0.00                      | 104        | 130/90      | 135      | 0.1  | 4.6              | -0.1 | 9.06 |
| RESULTS               |            |              |                 |                           |            |             |          |      |                  |      |      |
| Exercise Duration     |            | 8:01 Minutes |                 |                           |            |             |          |      |                  |      |      |
| Max Heart Rate        |            | 164 bpm      |                 | 88 % of target heart rate | 185 bpm    |             |          |      |                  |      |      |
| Max Blood Pressure    |            | 146/90 mmHg  |                 |                           |            |             |          |      |                  |      |      |
| Max Work Load         |            | 9.06 METS    |                 |                           |            |             |          |      |                  |      |      |
| Reason of Termination |            |              |                 |                           |            |             |          |      |                  |      |      |
| IMPRESSIONS           |            |              |                 |                           |            |             |          |      |                  |      |      |

*Negative for RW*

*Dr. D. R. RAJIV*  
MBBS, MD

CARDIOLOGIST DMC-46748  
CONSULTANT CARDIOLOGIST



*Charu Kohli*

Mr. KUNDAN KUMAR  
I.D. : 225  
AGE/SEX : 35/M  
RECORDED : 26-3-2022 13:21

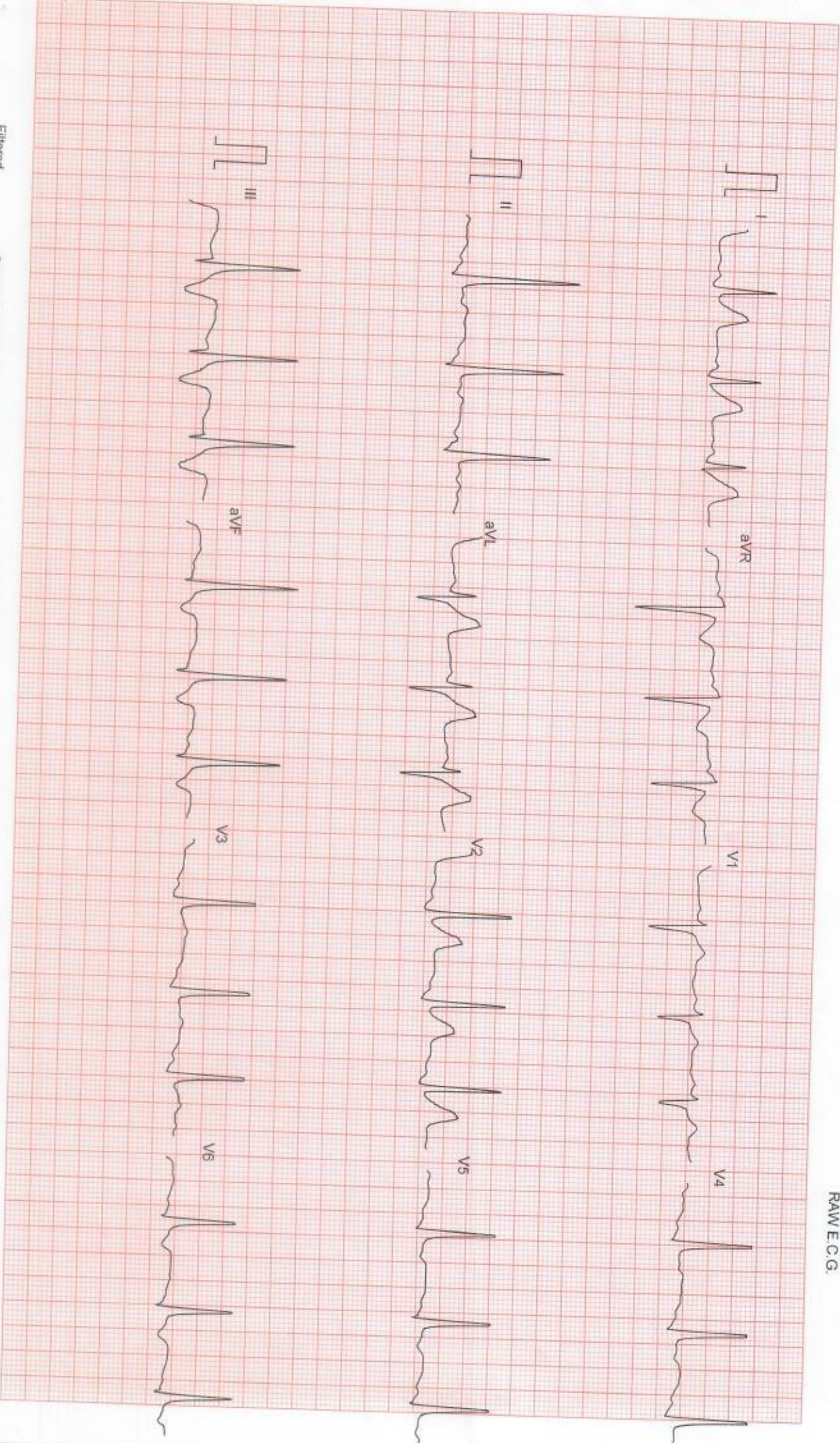
RATE : 96 BPM  
B.P. : 130/90 mmHg

Dr. CHARU KOHLI'S CLINIC

SUPINE  
PRETEST

ST @ 10mm/mV  
80ms PostJ

RAW E.C.G.



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

CardiCore 12000



Mr. KUNDAN KUMAR

ID : 225  
AGE/SEX : 35/M  
RECORDED : 26-3-2022 13:21

RATE : 90 BPM  
B.P. : 130/90 mmHg

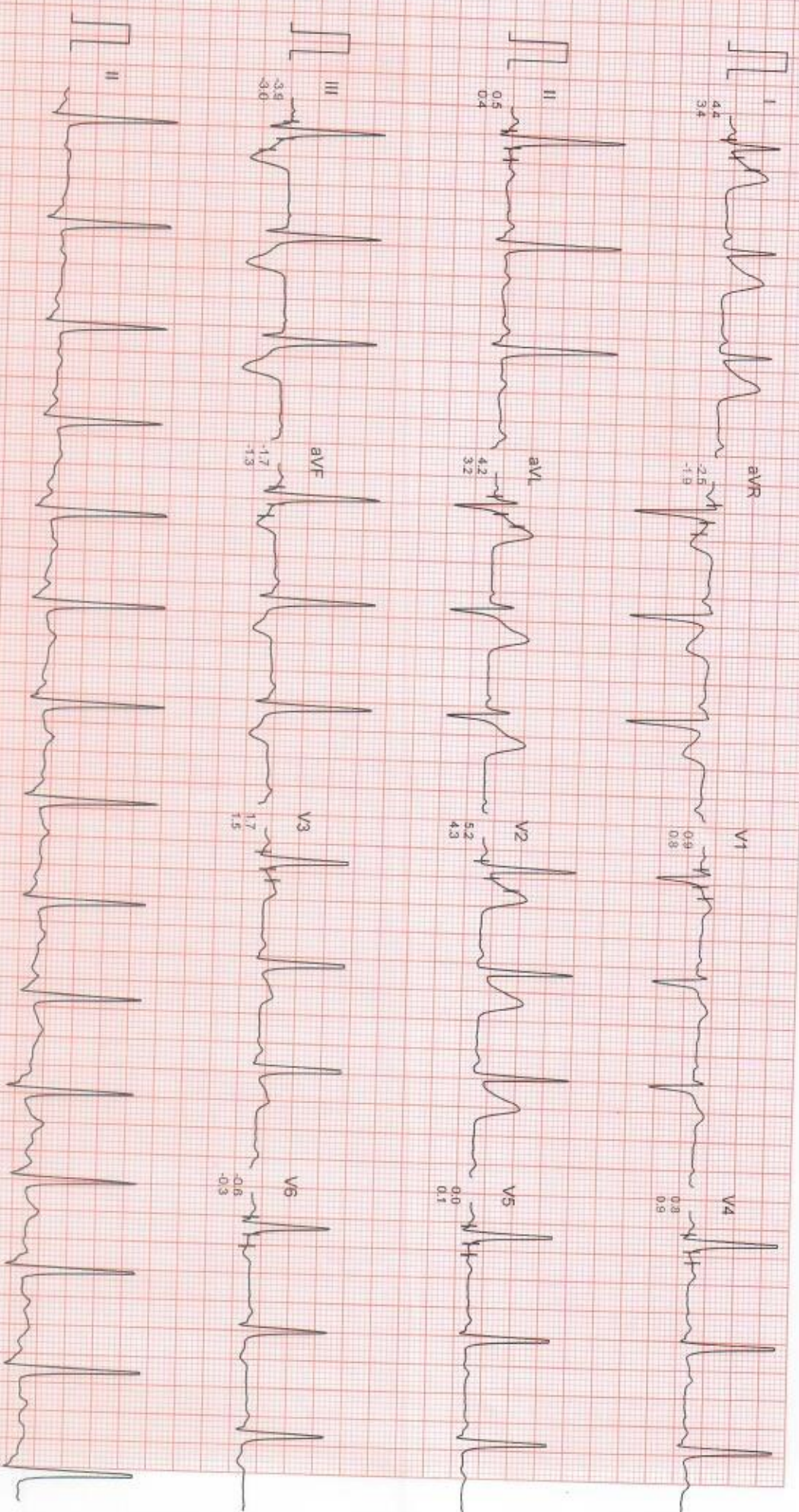
DR. CHARU KOHLI'S CLINIC

HYPERVENTILATION  
PRETEST

STAGE TIME : 0:16

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

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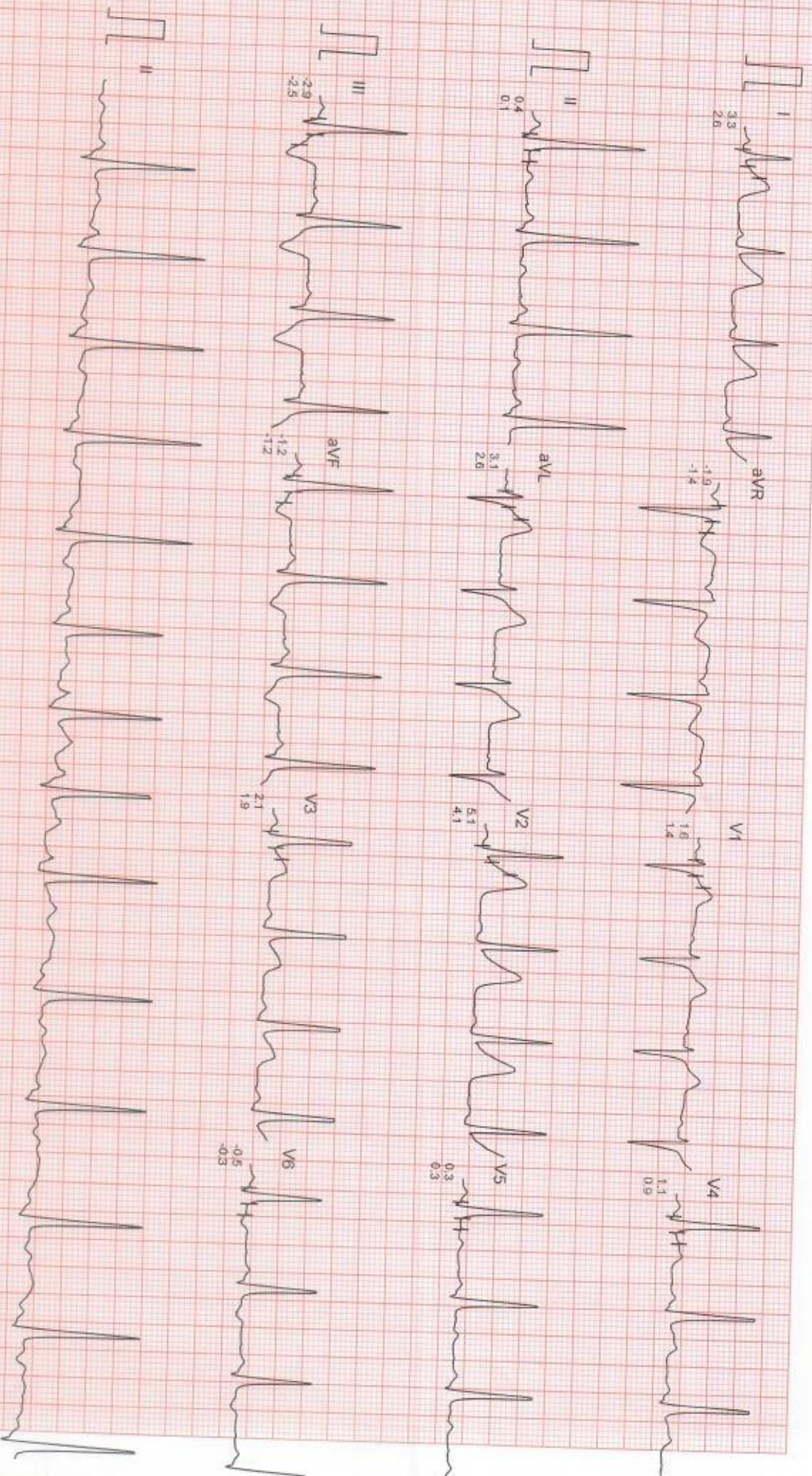
Mr. KUNDAN KUMAR  
I.D. : 225  
AGE/SEX : 35/M  
RECORDED : 26-3-2022 13:21

RATE : 87 BPM  
B.P. : 130/90 mmHg

Dr. CHARU KOHLI'S CLINIC  
VALSALVA  
PRETEST

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

CardiCom, INDIA, Ph.:091-731-2620740, TeleFax:091-731-2421944



Mr. KUNDAN KUMAR

ID : 225

AGE/SEX : 35/M

RECORDED : 26-3-2022 13:21

RATE : 108 BPM

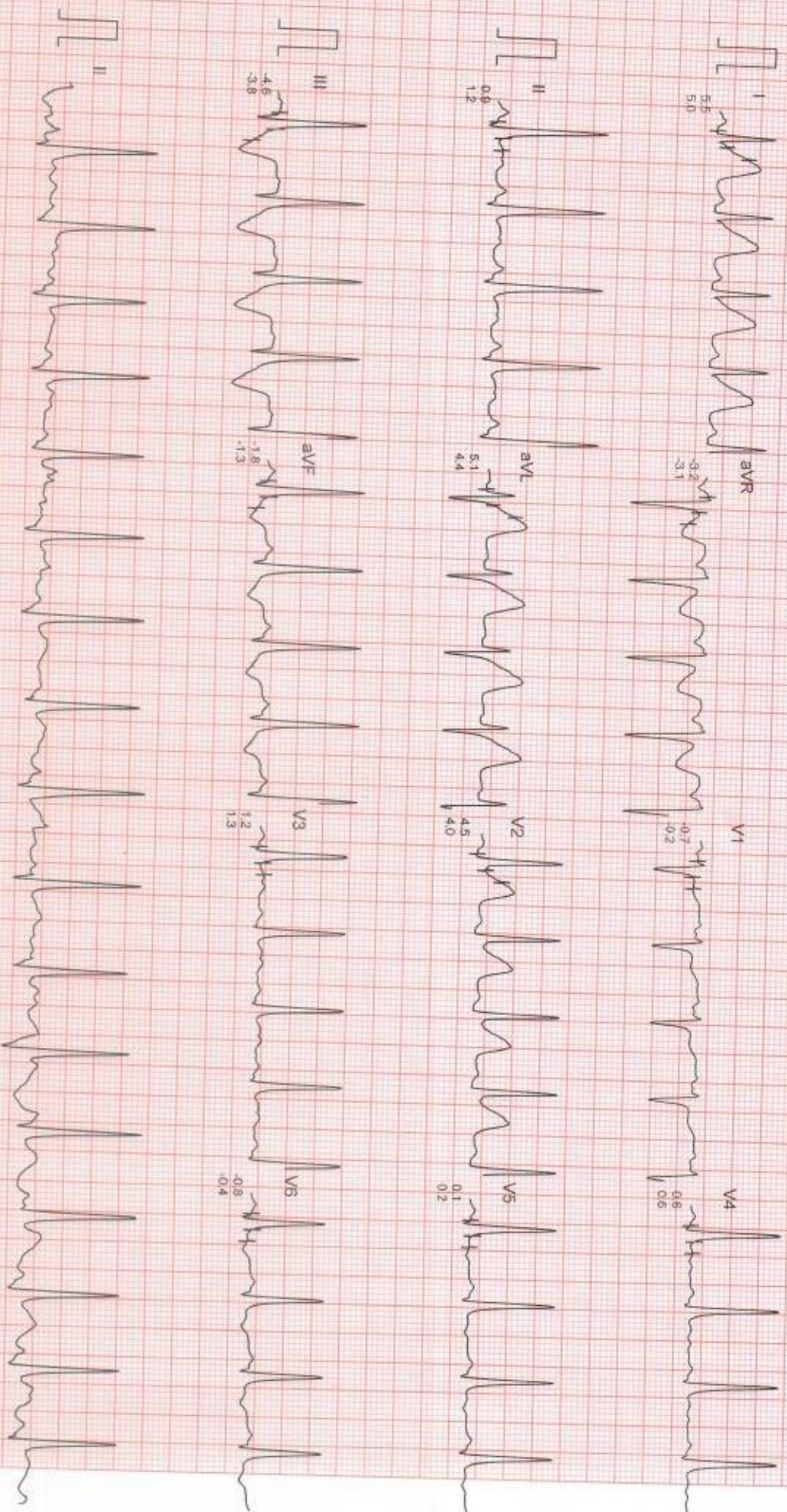
B.P. : 130/90 mmHg

DR. CHARU KOHLI'S CLINIC

STANDING  
PRETEST

ST @ 10mm/mV  
80ms PostU

LINKED MEDIAN



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

Cardicom, INDIA Ph. :091-731-2620740 TeleFax:091-731-2623354



Mr. KUNDAN KUMAR  
I.D. : 225

AGE/SEX : 36/M  
RECORDED : 26-3-2022 13:21

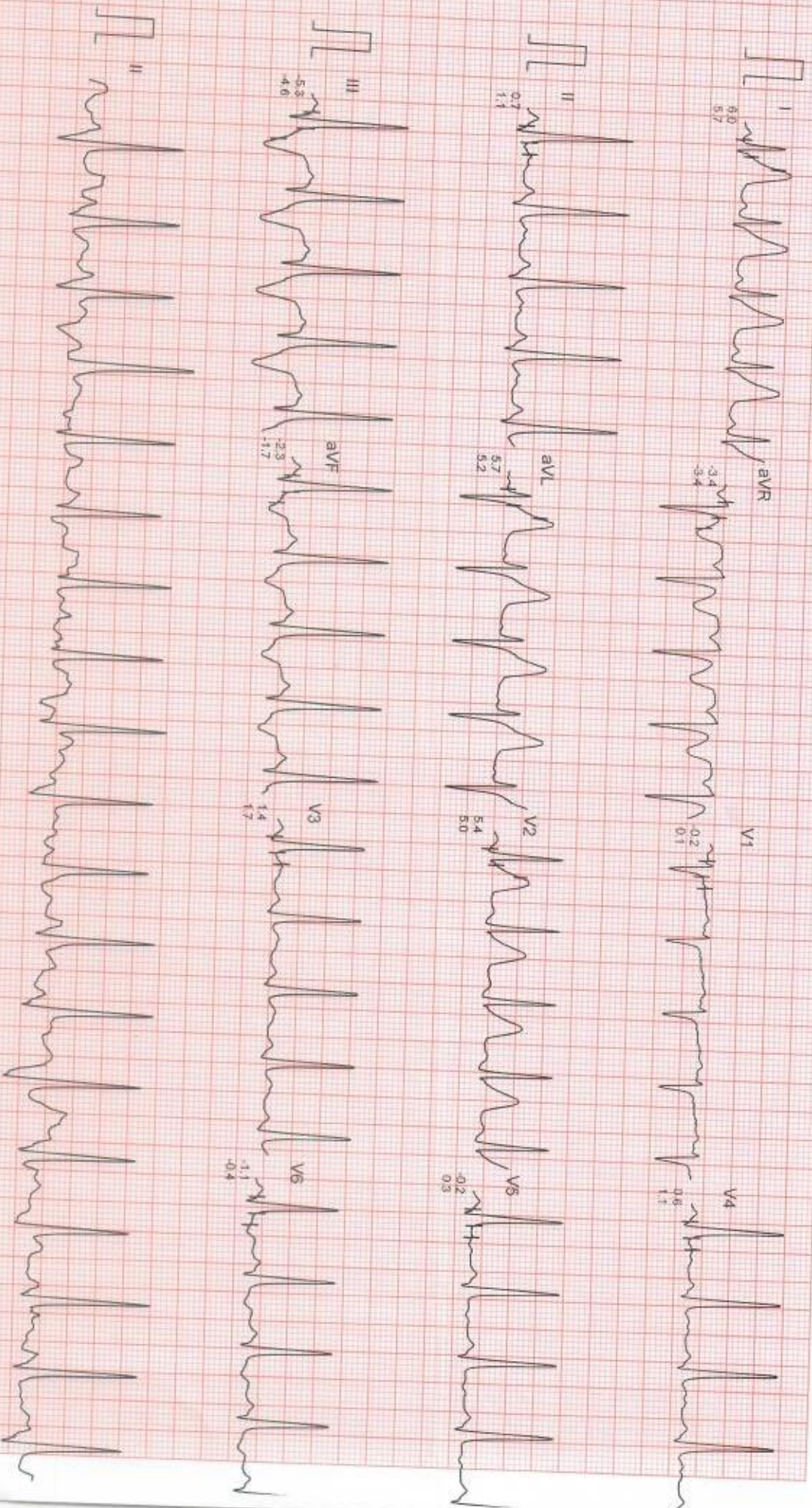
RATE : 119 BPM  
B.P. : 130/90 mmHg

DR. CHARU KOHLI'S CLINIC

BRUCE  
EXERCISE 1  
PHASE TIME : 2:59  
STAGE TIME : 2:59

ST @ 10mm/mV  
80ms PostJ  
SPEED : 2.7 Km./Hr.  
GRADE : 10.0 %

LINKED MEDIAN



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

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Mr. KUNDAN KUMAR  
ID : 225

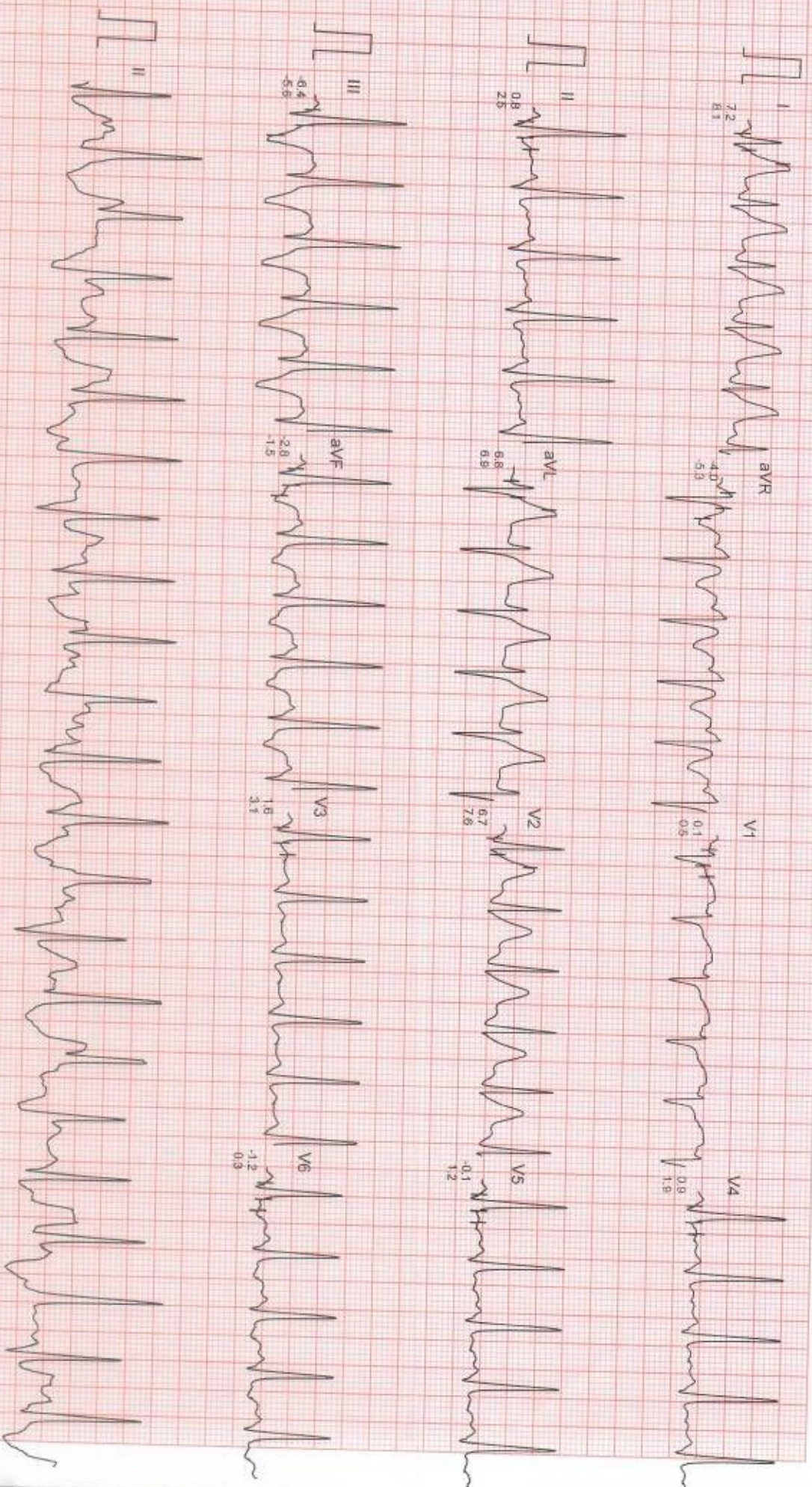
AGE/SEX : 35/M  
RECORDED : 26-3-2022 13:21

RATE : 141 BPM  
B.P. : 138/90 mmHg

Dr. CHARU KOHLI'S CLINIC

BRUCE  
EXERCISE 2  
PHASE TIME : 5:59  
STAGE TIME : 2:59

ST @ 10mm/mV  
80ms PostJ  
SPEED : 4.0 Km./Hr  
GRADE : 12.0 %  
LINKED MEDIAN



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

CardiCom, INDIA Ph.:091-731-2620740 TeleFax:091-731-2431214



Mr. KUNDAN KUMAR  
I.D. : 225  
AGE/SEX : 35/M  
RECORDED : 26-3-2022 13:21

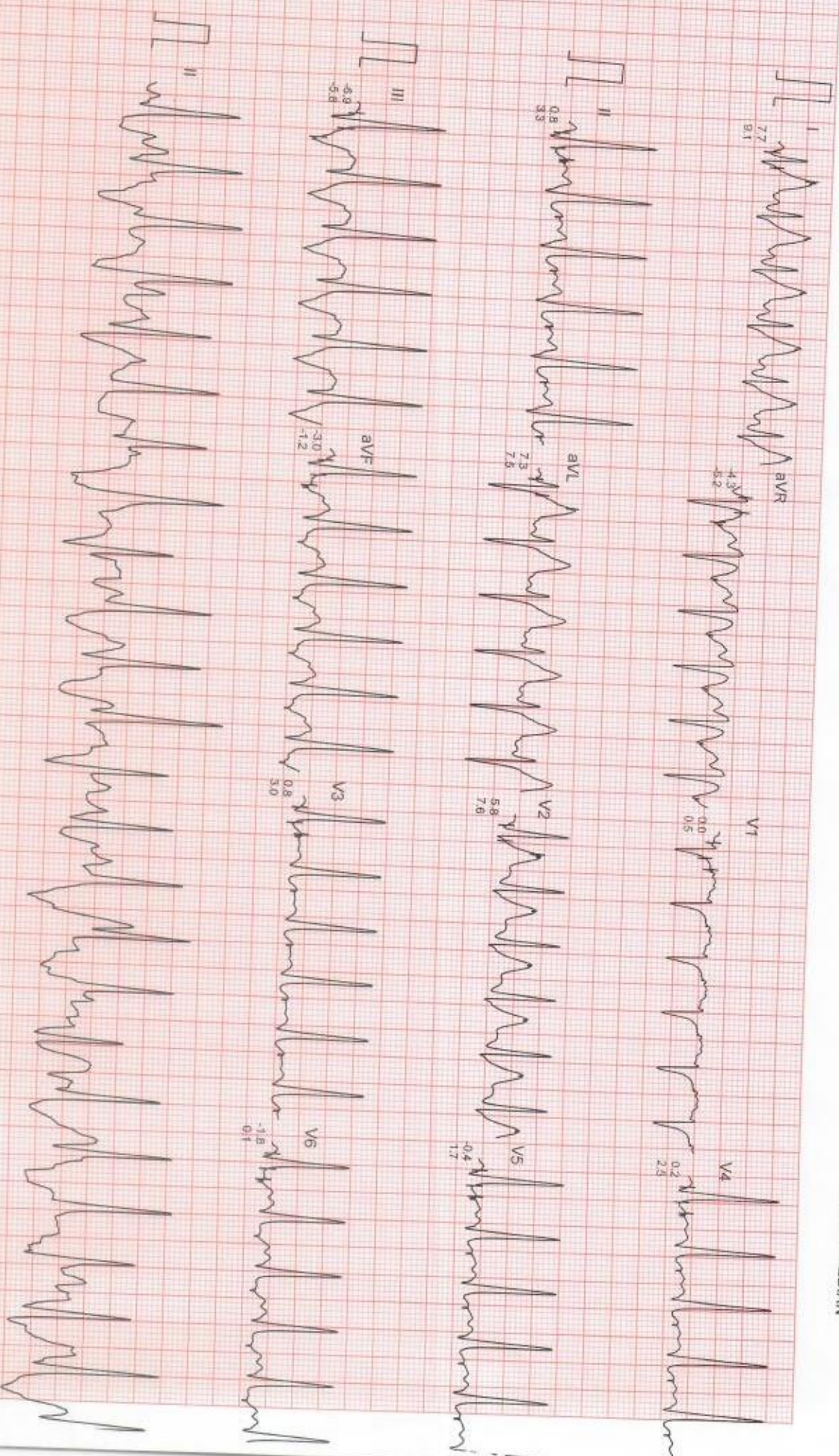
RATE : 151 BPM  
B.P. : 146/90 mmHg

Dr. CHARU KOHLI'S CLINIC

BRUCE  
EXERCISE 3  
PHASE TIME : 6:44  
STAGE TIME : 0:44

ST @ 10mm/mV  
80ms PostJ  
SPEED : 5.4 Km./Hr.  
GRADE : 14.0 %

LINKED MEDIAN



Filtered  
Computer Corrected Baseline

25mm/sec 10mm/mV



MR. KUNDAN KUMAR

I.D. : 225

AGE/SEX : 35/M

RECORDED : 26-3-2022 13:21

RATE : 164 BPM  
B.P. : 146/90 mmHg

DR. CHARU KOHLI'S CLINIC

BRUCE

PEAK EXERCISE

PHASE TIME : 8:01

STAGE TIME : 2:01

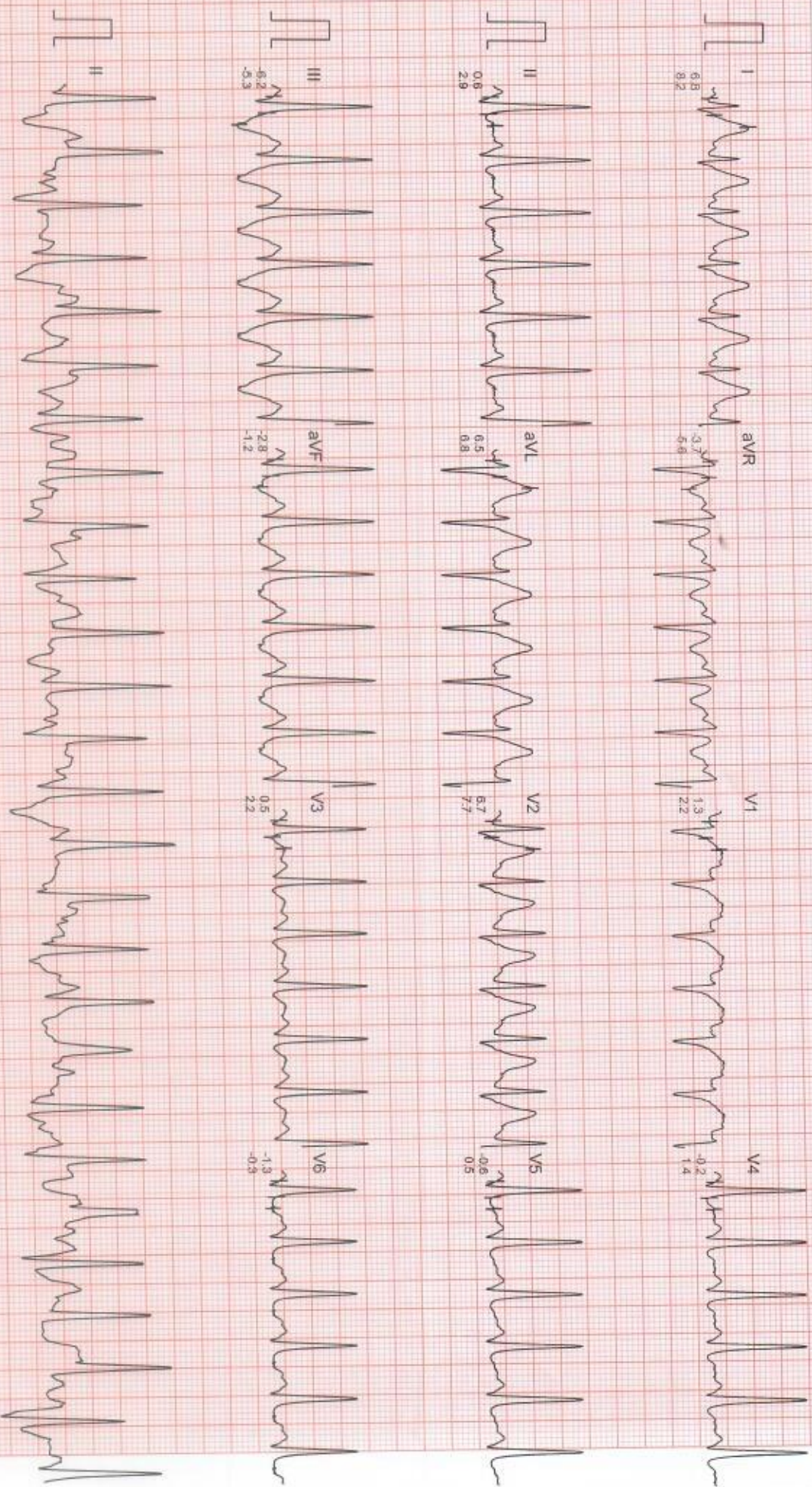
ST @ 10mm/mV

80ms PostU

SPEED : 5.4 Km./Hr.

GRADE : 14.0 %

LINKED MEDIAN



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

CardiCom, INDIA Ph.:091-731-2620740, TeleFax:091-731-2431214



Mr. KUNDAN KUMAR

I.D. : 225

AGE/SEX : 35/M

RECORDED : 26-3-2022 13:21

Dr. CHARU KOHLI'S CLINIC

BRUCE

RECOVERY

PHASE TIME : 0:59

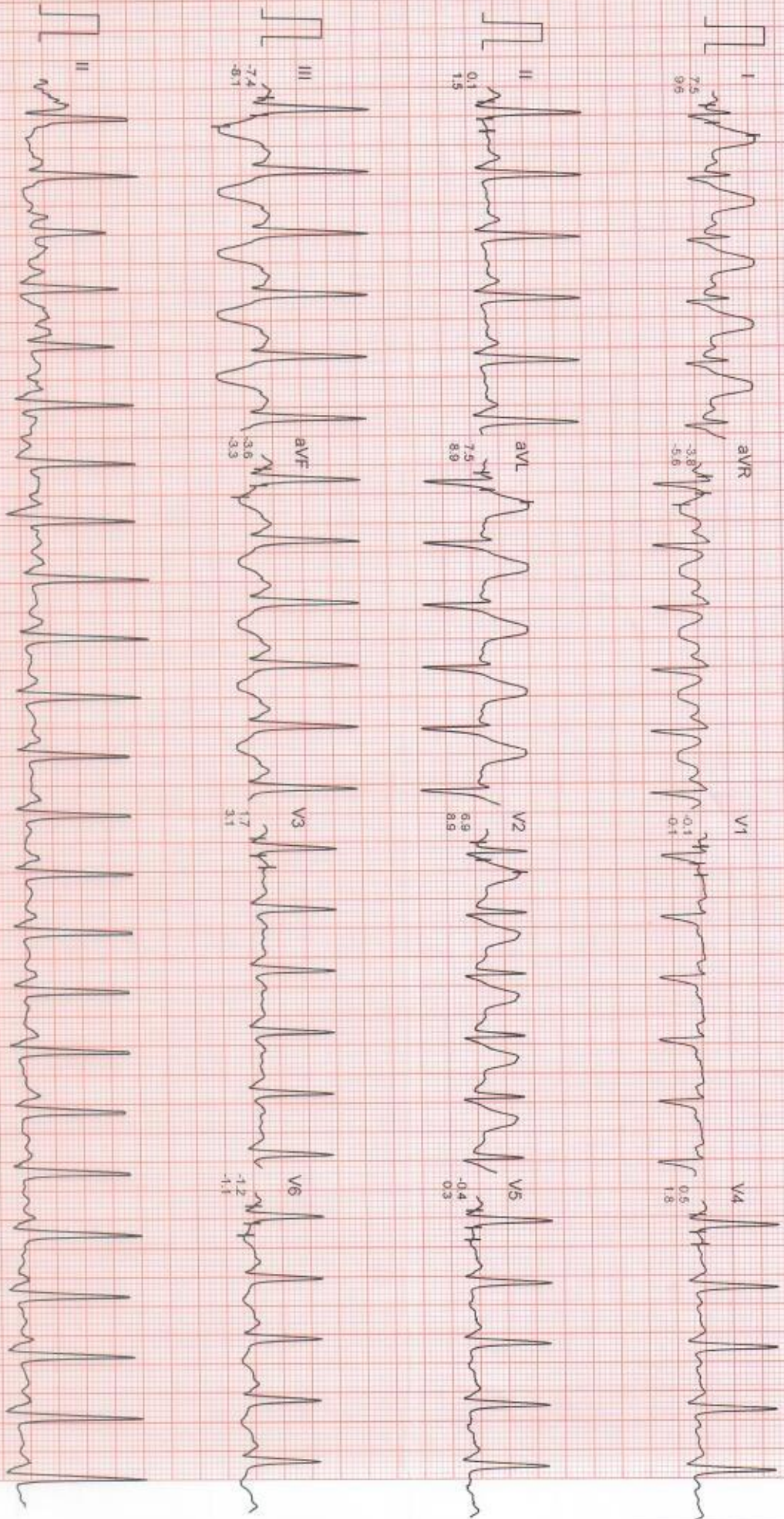
ST @ 10mm/mV

80ms PostJ

SPEED : 0.0 Km./Hr.

GRADE : 0.0 %

LINKED MEDIAN



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

CardiCom, INDIA Ph. 091-731-2620740, TeleFax 091-731-2431214



MR. KUNDAN KUMAR

ID : 225

AGE/SEX : 35/M

RECORDED : 26-3-2022 13:21

DR. CHARU KOHLI'S CLINIC

BRUCE

RECOVERY

PHASE TIME : 2:59

RATE : 109 BPM

B.P. : 130/90 mmHg

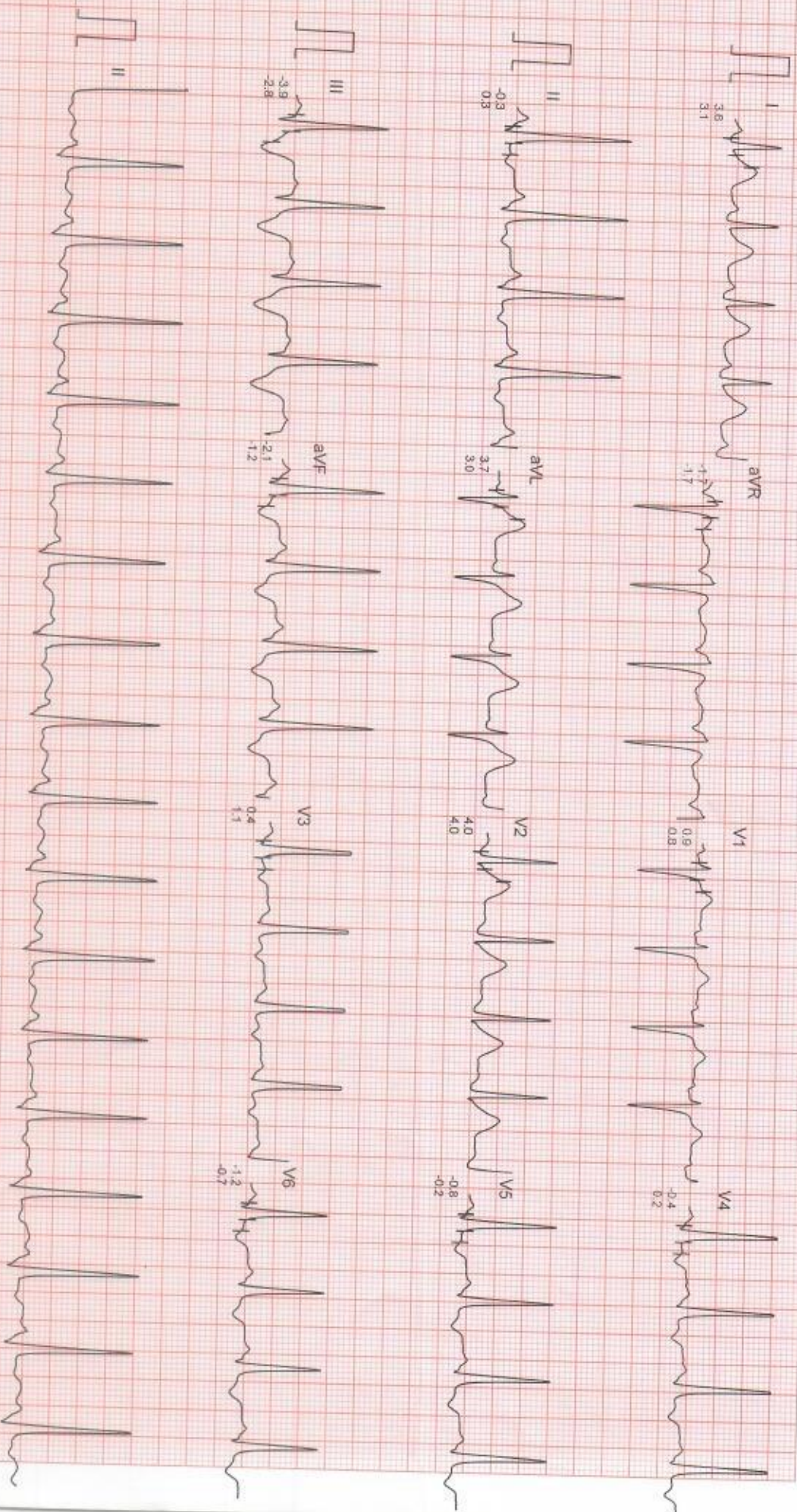
ST @ 10mm/mV

80ms PostJ

SPEED : 0.0 Km./Hr.

GRADE : 0.0 %

LINKED MEDIAN



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

CardiCom, INDIA Ph. 091-731-2620740, TeleFax:091-731-2431214



Name: KUNDAN

Date: March 26, 2022

## WHOLE ABDOMEN SCAN

Liver is normal in size and echotexture is raised. Partially obliterated intrahepatic biliary radicles and normal appearing venous channels noted. No focal lesion in either lobes. Portal vein is normal. No sub-diaphragmatic collection or pleural effusion.

Gall bladder is normal distended and shows echofree lumen.  
CBD: not dilated; apparently echofree.

Both the kidneys are normal in size, position and echopattern with normal corticomedullary differentiation.

RK: 10.6 x 4.9 cm, shows a cyst of 2.3cm size

LK: 10.13 x 4.27 cm

Pancreas is of normal size & echopattern. No focal lesion or peri-pancreatic collection.

Spleen is of normal size and echopattern. No focal lesion or calcification. Splenic vein is not dilated.

Aorta and IVC are normal. No retroperitoneal lymphadenopathy.

Urinary bladder shows normal distension and shows normal wall-thickness. No calculus or mass.

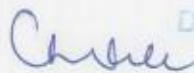
Prostate is normal in size 3, echopattern is homogenous.

Bowel loops are normal.

No free fluid is seen in abdomen.

### IMPRESSION:

Fatty liver with a right renal cyst, otherwise sonological study is within normal limits



**DR. CHARU KOHLI**

**MBBS, DMRS**

**DMC-8388**

**CONSULTANT RADIOLOGIST**

Dr Charu Kohli  
MBBS DMRD  
DMC8388

**IMPORTANT:** Owing to technical limitations, in case of any error in the study, the Doctor cannot be held responsible for claim of damages of any nature, and this report is not valid for any Medicolegal aspect.  
Every modern technology has its own limitations, in case of discrepancy/difference in opinion advised- repeat scan/ second opinion

**At Your Home: Digital X-Ray, Blood Samples, ECG, PFT, HOLTER, EEG, ABG**

Occupational Health Services ■ Diagnostic & Preventive Health Assessment ■ Periodic Preventive Health Camps ■ Corporate Health Checks  
Test marked with \* are not in NABL Scope. / Tests marked with # are performed at outsourced laboratory.

**Ultrasound | Digital X Ray | DEXA | Mammography | Path Lab | ECHO | TMT | Healthchecks | PFT | Holter | Audiometry**



# Kundan





**ACCREDITED BY NABL FOR LABORATORY MEDICINE SERVICES AS PER SCOPE  
 (AN ISO 15189:2012 ACCREDITED LABORATORY)**

**2D ECHOCARDIOGRAPHY & COLOUR MAPPING**

NAME: - MR.KUNDAN      AGE/SEX: - 36 Yrs / M  
 DATE: - 26/03/2022      REFERRING PHYSICIAN:- SELF

ECHOGENICITY: - satisfactory

**MODE MEASUREMENTS:**

|                             | VALUES | Normal Range |
|-----------------------------|--------|--------------|
| Left Atrium(ed)             | 2.8    | 2-4 cm       |
| Aorta root diameter(ed)     | 3.0    | 2-4cm        |
| AVO                         |        | —            |
| L.V. Dimention Diastole     | 4.4    | 3.5-5.6 cm   |
| Systole                     | 3.3    | 2-4 cm       |
| IVS Diastole                | 1.2    | 0.6-1.2 cm   |
| Systole                     | 1.1    | 0.9-1.8 cm   |
| LV. Posterior Wall Diastole | 1.2    | 0.6-1.2 cm   |
| Systole                     | 1.1    | 0.9-1.8 cm   |
| RV Diameter                 | 2.4    | 0.7-2.3 cm   |
| Fractional Shortening       |        |              |
| Ejection Fraction           | 60%    | 55-70%       |

**2D ECHOCARDIOGRAPHY STUDY:**

There is mild concentric hypertrophy of left ventricle , No RWMA .Normal Left Ventricular function (LVEF ~ 60 %). Aortic valve is tricuspid, leaflets are normal non calcified ,Mitral valve normal, Tricuspid valve and pulmonary valve are normal. Aorta and pulmonary arteries are normal. Right ventricle is normal with good function. Left Atrium is normal. Right Atrium is normal. No pericardial effusion. IVC is normal.IAS/IVS are intact.

**At Your Home: Digital X-Ray, Blood Samples, ECG,**

Occupational Health Services ■ Diagnostic & Preventive Health Assessment ■ Periodic Preventive Health Camps ■ Corporate Health Checks  
 Test marked with \* are not in NABL Scope. / Tests marked with # are performed at outsourced laboratory.



**ACCREDITED BY NABL FOR LABORATORY MEDICINE SERVICES AS PER SCOPE  
(AN ISO 15189:2012 ACCREDITED LABORATORY)**

**REGIONAL WALL MOTION ABNORMALITY: NO RWMA.**

**DOPPLER STUDY:**

**MITRAL VALVE: MILD MR**

E Velocity -80mm/ A Velocity - 65mm/s

**AORTIC VALVE: AV-peak Velocity:108mm/s**

**TRICUSPID VALVE: 46**


MILD Tricuspid Regurgitation

**PULMONARY VALVE: PV peak Velocity: 94mm/s**

**No Pulmonary Regurgitation**

**IMPRESSION:**

- Normal cardiac chambers.
- No regional wall motion abnormality seen. .
- LVEF - 60%.
- Normal Systolic function.
- Normal Diastolic function.
- Mild MR, Mild TR(PASP=33mmHg)
- No clot /vegetation/Pericardial Effusion

  
Dr.S.KUMAR  
MBBS, MD  
Non-Invasive Cardiologist



Reports are not valid for medico-legal purpose.

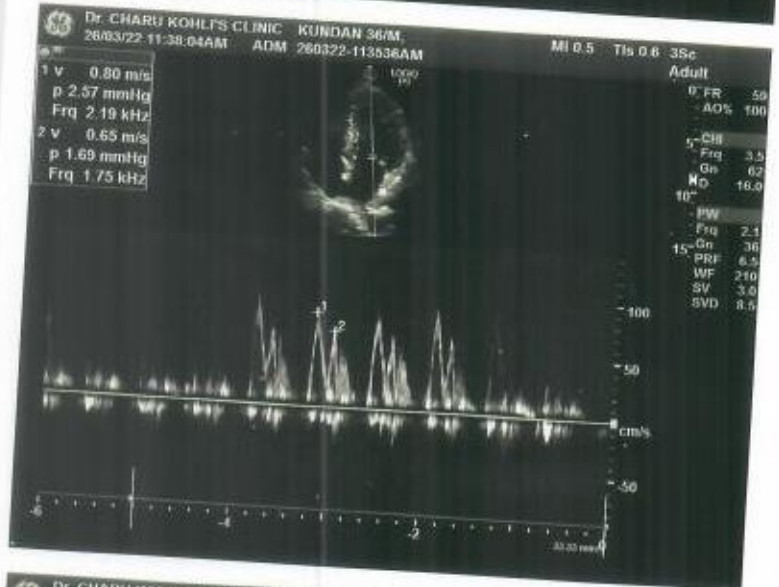
**At Your Home: Digital X-Ray, Blood Samples, ECG,**

Occupational Health Services ■ Diagnostic & Preventive Health Assessment ■ Periodic Preventive Health Camps ■ Corporate Health Checks  
Test marked with \* are not in NABL Scope. / Tests marked with # are performed at outsourced laboratory.

**Ultrasound | Digital X Ray | DEXA | Mammography | Path Lab | ECHO | TMT | Healthchecks | PFT | Holter | Audiometry**

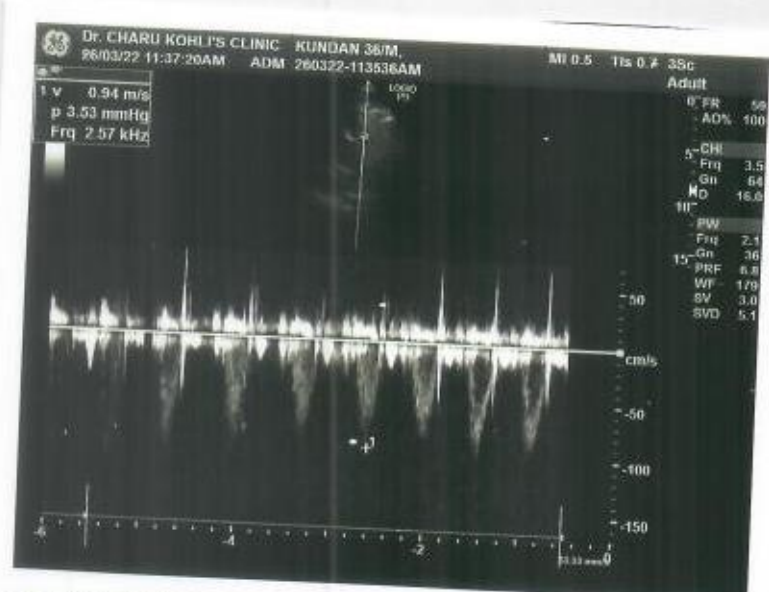


# KUNDAN





KUNDAN



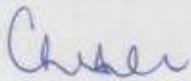


NAME : KUNDAN KUMAR  
AGE/SEX : 35Y/M  
DATE : 26.03.2022

**X- RAY CHEST PA :**

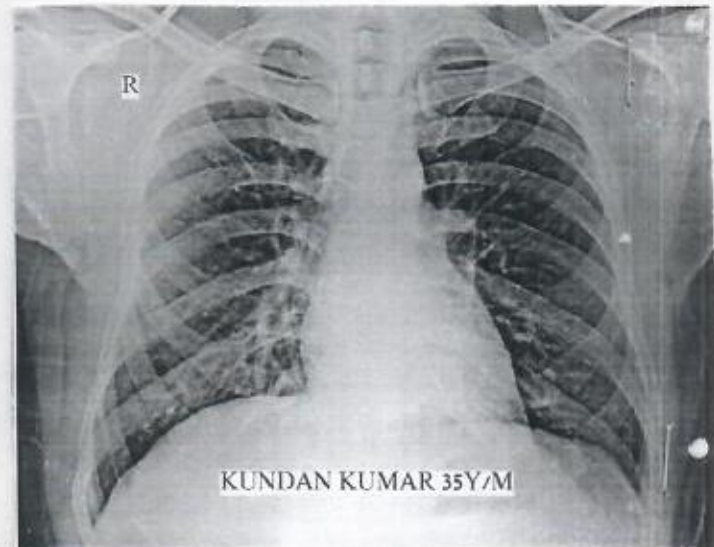
Cardiac shadow is normal.  
Aorta is normal.  
Both lung fields are clear.  
Both costophrenic angles are clear.  
Bilateral domes of diaphragm is normal.  
No bony injury noted.

**IMPRESSION :** Normal chest skiagram.



**DR. CHARU KOHLI**  
MBBS, MD  
Consultant Radiologist

**DR. CHARU KOHLI**  
MBBS, DMRS  
DMC-8388  
CONSULTANT RADIOLOGIST



**IMPORTANT:** Owing to technical limitations ,in case of any error in the study ,the Doctor cannot be held responsible for claim of damages of any nature, and this report is not valid for any Medical aspect.