

Medi-Wheel

R/o → Nagpur

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC- 2014/01/0113



Name: Mrs. Sandhya Sankusale Date: 05-11-22
Age: 31y Sex: M/F Weight: 62.2 kg Height: 152.2 inc BMI: 26.9
BP: 110/70 mmHg Pulse: 55 bpm RBS: _____ mg/dl
Spa-99 y. LMP-25-10-22

31/F
No known comorbidities

O/E
Clm
ln
P/A / N

Inv → wired

- Schw.
- Diet control
 - Exercise
 - weight reduction.
 - Cap Atoz $\times - 1 - \times$
A/2 (30)

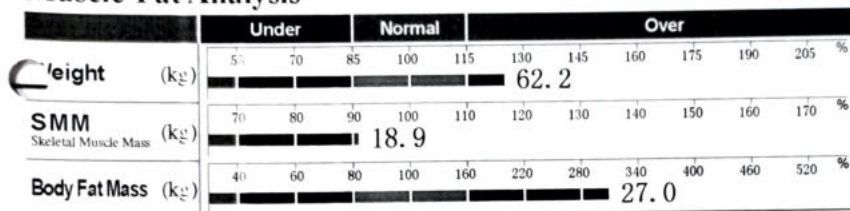
Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg.No.: 2014/01/0113

ID	Height	Age	Gender	Test Date / Time
123191	152.2cm	31	Female	05.11.2022 09:52

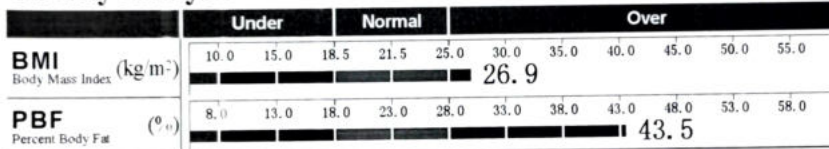
Body Composition Analysis

Total amount of water in my body	Total Body Water (L)	25.8 (25.4~31.0)
What I need to build muscles	Protein (kg)	6.9 (6.8~8.4)
What I need for strong bones	Mineral (kg)	2.52 (2.35~2.87)
Where my excess energy is stored	Body Fat Mass (kg)	27.0 (10.0~15.9)
Sum of the above	Weight (kg)	62.2 (42.3~57.3)

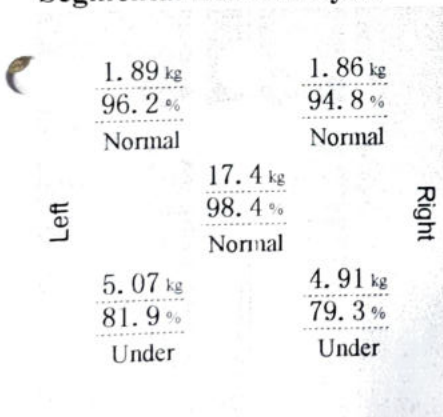
Muscle-Fat Analysis



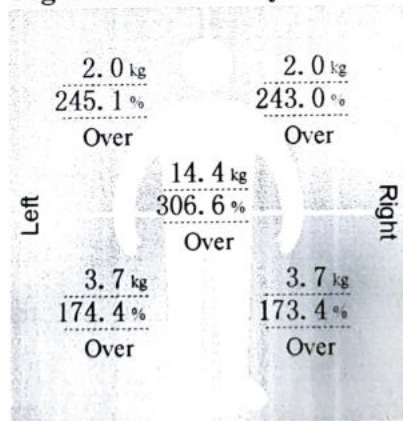
Obesity Analysis



Segmental Lean Analysis



Segmental Fat Analysis



* Segmental fat is estimated.

Body Composition History

	05.11.22 09:52				
Weight (kg)	62.2				
SMM (kg)	18.9				
PBF (%)	43.5				
<input checked="" type="checkbox"/> Recent <input type="checkbox"/> Total					

InBody Score

61/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight	49.8 kg
Weight Control	-12.4 kg
Fat Control	-15.6 kg
Muscle Control	+3.2 kg

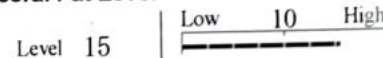
Obesity Evaluation

BMI	<input type="checkbox"/> Normal <input type="checkbox"/> Under <input checked="" type="checkbox"/> Slightly Over <input type="checkbox"/> Over
PBF	<input type="checkbox"/> Normal <input type="checkbox"/> Slightly Over <input checked="" type="checkbox"/> Over

Waist-Hip Ratio



Visceral Fat Level



Research Parameters

Fat Free Mass	35.2 kg
Basal Metabolic Rate	1129 kcal (1301~1508)
Obesity Degree	125% (90~110)
SMI	5.9 kg/m ²
Recommended calorie intake	1529 kcal

Calorie Expenditure of Exercise

Golf	109	Gateball	118
Walking	124	Yoga	124
Badminton	141	Table Tennis	141
Tennis	187	Bicycling	187
Boxing	187	Basketball	187
Mountain Climbing	203	Jumping Rope	218
Aerobics	218	Jogging	218
Soccer	218	Swimming	218
Japanese Fencing	311	Racketball	311
Squash	311	Taekwondo	311

- * Based on your current weight
- * Based on 30 minute duration

Impedance

	RA	LA	TR	RL	LL
Z₂₀ 20 kHz	415.8	407.2	27.5	361.6	336.7
100 kHz	372.7	368.0	25.0	322.2	300.2

Patient Name: Mrs Sandhya Nilesh Sonkusre

UHID KH123191	Age Patient Type 31 Y / -	Gender Female	Admission No OPRI-66981
Speciality -	Registration No. -	Created By Ashish Kamble	

RIGHT EYE

EYE	Sph	Cyl	Axis	Visual Acuity
00	-5.50	00	00	6/6

LEFT EYE

EYE	Sph	Cyl	Axis	Visual Acuity
00	-5.50	00	00	6/6

Near: Addition

RIGHT

N6

LEFT

N6

Print Date & Time

ed By

05-11-2022 02:07 PM

Name : Mrs. Sandhya Sankarane DOB : _____ Date : 5/11/22

Age : 31 Sex : M/F Weight : _____ kg Height : _____ in BMI : _____

BP : _____ mmHg Pulse : _____ bpm

For Health Check up

No gynec complaints at present

O/H : P, L, A, E, C, ATND)
TL Not Done

M/H : LMP: 25/10/22
PAC: 4-5d / 28-30d / Rsg

P/H : Nil

Sx/H : Rt Salpingectomy for ectopic preg.

F/H : Nil

USG : Ut AV (N), EI - 8mm.
BIC adnexa clear

Hsv : PAF Smear Test - Taken on 5/11/22

Breast examination : WNL

P/A : Soft NT

P/S : Gx J - healthy
vg

P/W : Ut (N) AV/AF
BIC follicles free NT



Monika

UHID	KH123191	Order Date & time	05-11-2022
Patient Name	Mrs Sandhya Nilesh Sonkusre	Sample Collection Date	05-11-2022 01:04 PM
Age/Gender	31 Y/Female	Acknowledge Date	05-11-2022 01:25 PM
Patient Type	OP	Report Date	05-11-2022 01:55 PM
Visit No	OP-111403	Ordering Doctor	
Refer By	Dr Vimmi Goel	Treating Doctor Name	Dr Vimmi Goel
Order Id	ODRID-277274	Accession Number	0145887P

Clinical Biochemistry

Service Name	Result	Unit	Reference Range	Method
* Post Prandial Blood Sugar, Plasma	77.0	mg%	<140	GOD\POD, Colorimetric

Clinical Pathology

Service Name	Result	Unit	Reference Range	Method
Urine Post Prandial Sugar, Urine	Negative			GOD/POD

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Dr Gauri Hardas
Consultant Pathologist
2011/06/1806



UHID	KH123191	Order Date & time	05-11-2022
Patient Name	Mrs Sandhya Nilesh Sonkusre	Sample Collection Date	05-11-2022 09:28 AM
Age/Gender	31 Y/Female	Acknowledge Date	05-11-2022 09:36 AM
Patient Type	OP	Visit No	OP-111403
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-277274	Accession Number	0145814

Haematology

Service Name	Result	Unit	Reference Range	Method
Haemogram (CBC with ESR), Whole Blood				
Erythrocytes				
* Haemoglobin	13.0	gm/dl	12-15	Photometric Measurement
* RBC count	4.98 H	millions/cumm	3.8-4.8	Photometric Measurement
* Packed Cell Volume (PCV/HCT)	40.9	%	36-46	Calculated
* MCV	82 L	fl	83-101	Calculated
* MCH	26.0 L	pg	27-32	Calculated
* MCHC	31.7	gm/dl	31.5-34.5	Calculated
* RDW	15.8 H	%	11.5-14.0	Calculated
Leucocytes				
* TLC (Total Leukocyte Count)	5100	/cumm	4000-10000	Flow cytometry
* Neutrophils	47.2 L	%	50-70	
* Lymphocytes	46.4 H	%	25-30	
* Eosinophils	1.3	%	1-5	
* Monocytes	5.0	%	5-10	
* Basophils	0.1 L	%	1-2	
* Absolute Neutrophil Count	2407.20	/cumm	2000-7000	Calculated
* Absolute Lymphocyte Count	2366.40	/cumm	1000-4800	Calculated
* Absolute Eosinophil Count	66.30	/Cumm	20-500	Calculated
* Absolute Monocyte Count	255.00	/cumm	200-1000	Calculated
* Absolute Basophil Count	5.10 L	/cumm	20-100	Calculated
Platelets				
* Platelet Count	276	10 ³ /cumm	150-450	Impedance
* MPV	7.6	fl	6.0-9.5	Calculated
* PCT (Platelet Hematocrit)	0.21	%	0.2-0.5	
* PDW (Platelet Distribution Width)	11.50	%	9-17	
Peripheral Smear Examination				
RBC Morphology				
* Hypochromia	+ (Few)			
* Microcytosis	+ (Few)			
* WBCs	As Above			
* Platelets	Adequate			
* ESR (Westergren)	10	mm/hr	<20	Westergren
* Blood Grouping & RH Factor, Whole Blood & Serum	"B" Rh POSITIVE			Column agglutination test
* HbA1c (Glycosylated Haemoglobin), Blood	5.5	%	Non-Diabetic: <=5.6 % Pre-Diabetic: 5.7-6.4 % Diabetic >=6.5 %	HPLC

Clinical Biochemistry

Service Name	Result	Unit	Reference Range	Method
Fasting Blood Sugar, Plasma	91.0	mg/dL	<100	GOD/POD, Colorimetric
Lipid Profile, Serum				
Cholesterol	154.00	mg/dL	<200	Enzymatic Method

KINGSWAY HOSPITALS

PERSONALISING HEALTHCARE

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Ambulance No: 60096 60098

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UHID	KH123191	Order Date & time	05-11-2022
Patient Name	Mrs Sandhya Nilesh Sonkusre	Sample Collection Date	05-11-2022 09:28 AM
Age/Gender	31 Y/Female	Acknowledge Date	05-11-2022 09:36 AM
Patient Type	OP	Visit No	OP-111403
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-277274	Accession Number	0145814

Service Name	Result	Unit	Reference Range	Method
Triglyceride	160.0 H	mg/dL	Normal Less than 150 mg/dl Borderline High 150 - 199 mg/dl High 200 - 499 mg/dl Very High More than 499 mg/dl Major risk factor for Heart disease <40 mg/dl (Males) Major risk factor for Heart disease <50 mg/dl (Female) Negative risk factor for Heart disease >60 mg/dl Optimal <100 mg/dl Near optimal 100 - 129 mg/dl	Enzymatic(Lipase/GK/GPO/POD)
HDL Cholesterol Direct	43.0 L	mg/dL	Borderline high 130 - 159 mg/dl High 60 - 189 mg/dl Very High >190 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol (Direct)	82.0	mg/dL	Borderline high 130 - 159 mg/dl High 60 - 189 mg/dl Very High >190 mg/dl	Enzymatic
VLDL	32.00 H	mg/dL	<30	Calculated
Cholesterol/HDL Ratio	4.00		3-5	Calculated
Non HDL	111.00	mg/dL		Calculated
Kidney Function Test (KFT), Serum				
Blood Urea	9.00 L	mg/dL	15-36	Urease with indicator dye Enzymatic (creatinine amidohydrolase)
Creatinine	0.61	mg/dL	0.52-1.04	Calculated
eGFR	120.80	mL/min/1.73m ²		Direct ion selective electrode
Sodium	138	mmol/L	136-145	Direct ion selective electrode
Potassium	4.05	mmol/L	3.5-5.1	Urease with indicator dye
BUN (Blood Urea Nitrogen), Serum	7.0	mg/dL	7-17	
Liver Function test, Serum				
Total Bilirubin	0.59	mg/dL	0.2-1.3	Azobilirubin/Dyphylline Calculated
Bilirubin Direct	0.23	mg/dL	0.1-0.3	Dual wavelength Spectrophotometric
Bilirubin Indirect	0.36	mg/dL	0.1-1.1	Kinetic with pyridoxal 5 phosphate
SGOT (AST)	38 H	U/L	13-35	Kinetic with pyridoxal 5 phosphate
SGPT (ALT)	48 H	U/L	13-45	Pnpp/AMP buffer
Alkaline Phosphatase	81.00	U/L	38-126	Biuret(Alkaline cupric Sulfate)
Total Protein	7.26	gm/dl	6.3-8.2	Bromocresol green dye binding
Albumin	4.11	gm/dl	3.5-5.0	Calculated
Globulin	3.15	gm/dl	2-4	Calculated
Albumin/Globulin Ratio	1.30		12-43	Kinetic Method
Gamma GT (GGT), Serum	53.0 H	U/L		

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KINGSWAY HOSPITALS

PERSONALISING HEALTHCARE

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CIN U74999MH2018PTC303510

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Emergency No: 0712-6789200
Ambulance No: 60096 60098

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UHID	KH123191	Order Date & time	05-11-2022
Patient Name	Mrs Sandhya Nilesh Sonkusre	Sample Collection Date	05-11-2022 09:28 AM
Age/Gender	31 Y/Female	Acknowledge Date	05-11-2022 09:36 AM
Patient Type	OP	Visit No	OP-111403
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-277274	Accession Number	0145814

Service Name	Result	Unit	Reference Range	Method
Interpretation:				
:A high fat meal may cause decreased bilirubin levels by interfering with the clinical reactions. GT activity is elevated in all forms of liver disease. This test is much more sensitive than either the alkaline phosphatase test or the transaminase test (i.e., SGOT, SGPT) in detecting obstructive jaundice, cholangitis, and cholecystitis. It is also indicated in the differential diagnosis of liver disease in children and pregnant women who have elevated levels of LDH and alkaline phosphatase.				
* Uric Acid, Serum	4.83	mg/dL	2.6-6.0	Uricase/Peroxidase (Colorimetric)
Thyroid Function Test (T3,FT4,TSH), Serum				Enhanced chemiluminescence
* T3	1.29	ng/mL	0.55-1.7	Enhanced chemiluminescence
* Free T4	1.17	ng/dL	0.8-1.7	Enhanced chemiluminescence
* Thyroid Stimulating Hormone (TSH)	3.64	uIU/mL	0.5-4.8	

Clinical Pathology

Service Name	Result	Unit	Reference Range	Method
Urine Routine and Microscopy, Urine				
Physical Examination				
Volume	30 ml			
Appearance	Clear			
Colour	Pale Yellow			
PH	7.0	NA	4.6-8.0	
Specific Gravity	1.005 L	NA	1.016-1.022	Iodometric method
Chemical Examination				
Protein	Negative	mg/dL		
Glucose	Negative			
Ketone	Negative			
Bilirubin	Negative			
Urobilinogen	Normal			
Nitrate	Negative			
Microscopic Examination				
Pus Cells	0-1	/ hpf		
Epithelial Cells	0-1	/ hpf		
Red Blood Cells	Absent	/ hpf		
Crystal	Absent	/ hpf		
Cast	Absent			
Bacteria	.			
Other	.			
Urine Sugar Fasting, Urine	Negative			GOD/POD

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KINGSWAY
HOSPITALS

PERSONALISING HEALTHCARE

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CIN U74999MH2018PTC303510

UHID	KH123191	Patient Name	Mrs Sandhya Nilesh Sonkusre
Age	31 Y	Gender	Female
Payer Name	Self	Payer Type	cash
Order Date & time	05-11-2022 12:00 AM	Acknowledge Date	05-11-2022 10:31 AM
Refer By	Dr Vimmi Goel	Treating Doctor Speciality	Non Invasive Cardiology
Accession Number	OPRDAC-21532	DOB	
Patient Type	OP	Order Id	ODRID-277274

X-Ray Chest AP

Both the lung fields are clear.

Heart and Aorta are normal.

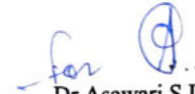
Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

No pleuro-parenchymal abnormality seen.


Dr Asawari S Lautre
Consultant Radiologist
MBBS,MD (Radio-Diag)

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UHID	KH123191	Patient Name	Mrs Sandhya Nilesh Sonkusre
Age	31 Y	Gender	Female
Payer Name	Self	Payer Type	cash
Order Date & time	05-11-2022 12:00 AM	Acknowledge Date	05-11-2022 12:13 PM
Refer By	Dr Vimmi Goel	Treating Doctor Speciality	Non Invasive Cardiology
Accession Number	OPRDAC-21551	DOB	
Patient Type	OP	Order Id	ODRID-277274

USG Whole Abdomen

LIVER is normal in size(11 cm), shape and echotexture. No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated. PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it. Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size (8.6 cm), shape and echotexture. No focal lesion seen.

Right kidney measures - 9.6 x 3.9 cm. Left kidney measures - 9.6 x 4.5 cm.

Both KIDNEYS are normal in shape, size and echotexture.

No evidence of calculus or hydronephrosis seen.

URETERS are not dilated.

URINARY BLADDER is well distended. No calculus or mass lesion seen.

Uterus is anteverted and normal. No focal myometrial lesion seen.

Endometrial echo-complex appears normal. ET- 8 mm.

Bilateral adnexa are clear.

There is no free fluid or abdominal lymphadenopathy seen.

**IMPRESSION: USG reveals,
No significant visceral abnormality seen.**



Dr Asawari S Laudre
Consultant Radiologist
MBBS,MD (Radio-Diag)

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2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mrs. Sandhya Nilesh Sonkusare
Age : 31 years / Female
UHID : KH123190
Date : 05/11/2022
Done by : Dr. Vimmi Goel
ECG : NSR, WNL

Impression:

Normal 2D Echocardiography Study

Normal chambers dimensions
No RWMA of LV at rest
Good LV systolic function, LVEF 70%
Normal LV diastolic function
E/A is 1.7
E/E' is 6.7 (Normal filling pressure)
Valves are normal
Trivial MR
No pulmonary hypertension
IVC is normal in size and collapsing well with respiration
No clots or pericardial effusion

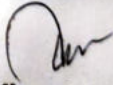
Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 70%. Normal LV diastolic function. E Velocity is 99 cm/s, A Velocity is 58 cm/s. E/A is 1.7. Valves are normal. Trivial MR. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen.
E' at medial mitral annulus is 13.4 cm/sec & at lateral mitral annulus is 16.3 cm/sec.
E/E' is 6.7 (Average).

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	24
Aortic root	20-37	7-28	22
LVIDd	35-55	8-47	41
LVIDs	23-39	6-28	23
IVS (d)	6-11	4-8	09
LVPW (d)	6-11	4-8	09
LVEF %	~ 60%	~60%	09
Fractional Shortening			70% 40%

P.T.O


Dr. Vimmi Goel
MD, Sr. Consultant
Non-invasive Cardiology

KH 123191
31 Years

MRS. SANDEHYA SONKUSRE
Female

05-Nov-22 9:34:59 AM

KIMS-KINGORAI HOSPITALS

PBC DEPT.

Rate 54 . Sinus rhythm.....normal P axis, V-rate 50- 99

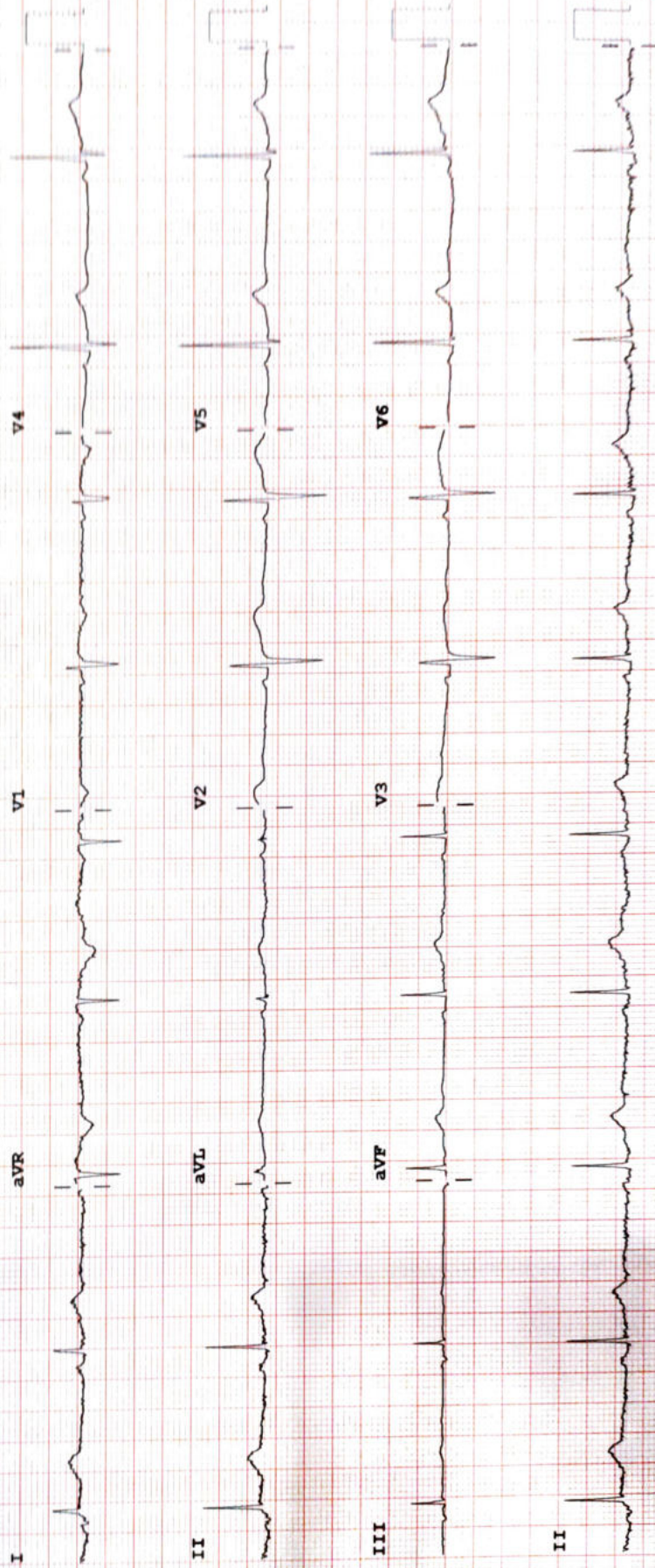
PR 149
QRSD 73
QT 434
QTc 412

--AXIS--
P 28
QRS 45
T 35

12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W

100B CL

P?