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- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS NAMRATA TAMHANE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMALE Age : 31 Years  
**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : KCA8385 \*KCA8385\*  
**Reg. Date** : 28-Mar-2023 8:50 am  
**Report Date** : 28-Mar-2023 1:58 pm  
**Print Date** : 29-Mar-2023 1:23 pm

## BIOCHEMISTRY

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	88.9	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occassion) 5 - 20 mg/dl
Blood Urea Nitrogen (BUN)	9.00		
URINE SUGAR (Fasting)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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PRANALI

DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
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## BIOCHEMISTRY REPORT (SERUM)

TEST	RESULT	UNITS	NORMAL VALUES
Serum Uric Acid	4.80	mg%	Female : 2.4 - 5.7 mg%

----- End of Report -----

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# HEALTHCARE

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## BLOOD GROUP

TEST	RESULT
Blood Group	'AB'
Rh Factor	Negative

----- End of Report -----

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# HEALTHCARE

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## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR (Post prandial)	111.7	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occassion)
URINE SUGAR (Post prandial)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	12.9	gm %	Female : 11.5 - 14.5 gm%
Erythrocytes ( Total RBCs)	4.37	mill. / cmm	Female : 3.8 - 5.2 mill. / cmm
PCV	37.9	%	Female : 32 - 47 %
MCV	86.80	fl	80- 96 fl
MCH	29.50	pg	27 - 32 pg
MCHC	34.00	gm%	32 - 37 gm%
RDW	12.9	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	6740	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	63	%	40 - 75
Lymphocytes	32	%	20 - 40
Eosinophils	03	%	0 - 6
Monocytes	02	%	2 - 8
Basophils	0	%	00 - 01
Platelet count	318000	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	10	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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## eGFR / CREATININE

TEST	RESULT	UNITS	NORMAL VALUES
CREATININE	0.68	mg/dl	0.5 - 1.5 mg/dl
Age of the Patient	31		
eGFR	107.26	ml/min	

eGFR calculation based on MDRD guideline 2012

REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

AGE	MALES	FEMALES	AGE	MALES	FEMALES
20-29	94-140	72-121	60-69	54-98	45-75
30-39	89-137	71-110	70-79	49-79	37-61
40-49	76-120	50-102	80-89	30-60	27-55
50-59	67-109	50-102	90-99	26-44	26-42

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## HBA1C

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.2	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	102.54		
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more

### CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	141	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	53.4	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	48	mg / dl	40 - 60 mg / dl
VLDL	10.68	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	82.32	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	2.94		< 5
LDL / HDL	1.72		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL  
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

----- End of Report -----

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MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
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- GORAJI CENTRE** VICTORY HEIGHTS, GORAJI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 80354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com)  
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- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name :** MRS NAMRATA TAMHANE  
**Referred By Dr :** MEDIWHEEL  
**Sex :** FEMALE **Age :** 31 Years  
**Collected At :** YOGI NAGAR MAIN BRANCH

**Lab No. :** KCA8385 \*KCA8385\*  
**Reg. Date :** 28-Mar-2023 8:50 am  
**Report Date :** 28-Mar-2023 5:41 pm  
**Print Date :** 29-Mar-2023 1:23 pm

## Liver Function test

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	1	mg / dl	0.5 - 1.0 mg / dl
Bilirubin Direct	0.21	mg / dl	0.1 - 0.3 mg / dl
Bilirubin Indirect	0.79	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	10.23	U / L	Up to 49 U / L
S.G.O.T.	12.20	U / L	Up to 46 U / L
Alkaline Phosphatase	66	U/l	4 - 15 Years: 54 - 369 U/l 20 - 59 Years: 42 - 98 U/l > 60 Years: 53 - 141 U/l
Total Proteins	6.5	gm / dl	6 - 8 gm / dl
Albumin	3.88	gm / dl	3.2 - 5.5 gm / dl
Globulin	2.62	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.48		1.0- 2.3
GGT	23	IU/L	5 - 50 IU/L

----- End of Report -----

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Checked By  
PRANALI

DR. BHAVINI KAMDAR  
MD (PATH) MUM

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name :** MRS NAMRATA TAMHANE  
**Referred By Dr :** MEDIWHEEL  
**Sex :** FEMALE **Age :** 31 Years  
**Collected At :** YOGI NAGAR MAIN BRANCH

**Lab No. :** KCA8385 \*KCA8385\*  
**Reg. Date :** 28-Mar-2023 8:50 am  
**Report Date :** 28-Mar-2023 1:58 pm  
**Print Date :** 29-Mar-2023 1:23 pm

## ROUTINE URINE EXAMINATION

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0 )
Specific Gravity	1.020
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	2-3/ hpf
Epithelial Cells	1-2/ hpf
Casts	Not seen
Crystals	Not seen
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

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PRANALI

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MD (PATH) MUM

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MRS NAMRATA TAMHANE**  
**Referred By Dr : MEDIWHEEL**  
**Sex : FEMALE Age : 31 Years**  
**Collected At : YOGI NAGAR MAIN BRANCH**

**Lab No. : KCA8385 \*KCA8385\***  
**Reg. Date : 28-Mar-2023 8:50 am**  
**Report Date : 28-Mar-2023 5:59 pm**  
**Print Date : 29-Mar-2023 1:23 pm**

**THYROID FUNCTION TEST**

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ]	107	ng/dl	55 - 180 ng/dl
Method	ELFA		
T4 [ Thyroxine ]	7.9	ug/dl	4.66 - 10.50 ug/dl
Method	ELFA		
TSH [Thyroid Stimulating Hormone]	0.83	uIU/mL	0.25 - 5.0 uIU/mL
Method	ELFA		

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.

----- End of Report -----

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 "Home Visit Facility Call On 76667 66307"

**Health Check up Booking Confirmed Request(bobE35887),Package Code-  
PKG10000241, Beneficiary Code-72604**

2 messages

Mediwheel <wellness@mediwheel.in>  
To: healthcare.medicals@gmail.com  
Cc: customercare@mediwheel.in

Mon, Mar 27, 2023 at 3:29 PM



011-41195959

Email:wellness@mediwheel.in

Hi **Healthcare Medical Centre And Diagnostic,**

Diagnostic/Hospital Location :**1st Floor, Yogi Avenue, Yogi Nagar, behind Vakharia institute, Borivali West, Mumbai- 400092 ,City:Mumbai**

We have received the confirmation for the following booking .

**Beneficiary Name** : PKG10000241

**Beneficiary Name** : MS. TAMHANE NAMRATA PRAKASH

**Member Age** : 29

**Member Gender** : Female

**Member Relation** : Employee

**Package Name** : Medi-Wheel Metro Full Body Health Checkup Female Below 40

**Location** : MUMBAI,Maharashtra-400036

**Contact Details** : 9930905984

**Booking Date** : 26-03-2023

**Appointment Date** : 29-03-2023

**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.



भारत सरकार



आधार

भारतीय विशिष्ट ओळख प्राधिकरण

भारत सरकार

Unique Identification Authority of India  
Government of India

नोंदविण्याचा क्रमांक / Enrollment No 1218/61044/75668

To,

नमता प्रकाश ताम्हाणे

Namrata Prakash Tamhane

C-404, Plot No 222, Bhavishyanidhi Enclave

Near Bhagwati Hotel Charkop Sector No 3

Mumbai

Kandivali West Mumbai Mumbai

Maharashtra 400067

9773238350

18/09/2013

Ref: 52 / 271 / 47174 / 48169 / P



SH337674689FT

**Dr. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No. 2018115643

**HEALTHCARE**  
Medical Centre And Diagnostics  
Yashwantrao Chavan Nagar,  
Sector 1 (West) Mumbai-400 092  
Tel: 8888888888



आपला आधार क्रमांक / Your Aadhaar No. :

**6740 9963 5342**

आधार - सामान्य माणसाचा अधिकार



भारत सरकार

Government of India



नमता प्रकाश ताम्हाणे

Namrata Prakash Tamhane

जन्म तारीख / DOB : 10/04/1991

स्त्री / Female



**6740 9963 5342**

आधार - सामान्य माणसाचा अधिकार

*Handwritten signature*

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MS. TAMHANE NAMRATA PRAKASH
EC NO.	170783
DESIGNATION	DIGI CHAMP
PLACE OF WORK	MUMBAI, IBB KANDIVALI
BIRTHDATE	10-04-1991
PROPOSED DATE OF HEALTH CHECKUP	25-03-2023
BOOKING REFERENCE NO.	22M170783100051108E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **21-03-2023** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

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DATE :

TO,

Mediwheel

This is regarding your client Miss/Mrs./Mr. Namrata

Tambhane Visited to our centre on \_\_\_\_\_ for

her/his proposed tests. All tests are done as scheduled except

Pending/skipped tests: stress Stret Test

Reason: Not willing

We are canceling / will reschedule it as per her/his convenience.

Thank you.

Client's sign

**Dr. NUPP RAI**  
MBBS, DIPLOMA IN RADIOLOGY (PGDCC)  
Reg. No. 2015115643

**HEALTHCARE**  
Medical Centre And Diagnostics  
Yogi Avenue, Yogi Nagar,  
Borivali (West), Mumbai 400 092  
Tel : 28996566

Medical Examiner

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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- GOREGAON (EAST)** SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922
- MIRA ROAD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389

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NAME	MRS NAMRATA TAMHANE	DATE	28/03/2023
HEIGHT: 154 CM	WT: 45.7 KGS	AGE	31 YRS
REFERRED BY	MEDIWHEEL	SEX	FEMALE

**PRESENT COMPLAINTS: PAIN IN RIGHT SIDE OF HEAD- CONVULSION WHEN SMALL.**

**CURRENT MEDICATION: NONE**

**PAST HISTORY: BUMP IN HEAD, LSCS- 3 YRS BACK- DILATATION & BABY DIDN'T COME DOWN.**

**ALLERGY: NONE                      HABIT: NONE**

**SLEEP: GOOD                      BLADDER: NAD                      BOWEL: NAD**

**FAMILY HISTORY : FATHER:HEALTHY, MOTHER: HTN,DM**

**GENERAL EXAMINATION:**

**ADVICE-**

**P:79/min                      BP: 100/60 mmHg**

*Medically fit*

**PALLOR: NIL                      ICTERUS: NIL**  
**OEDEMA: NIL                      OTHERS: NAD**

**RS: A E B E clear**

**CVS: NAD                      CNS : NAD**

**PA: SOFT, NON TENDER**

**INVESTIGATION:**

*Dr. NUPUR RAI*  
 MBBS, DIPLOMA CARDIOLOGY (PGDCG)  
 Reg. No. 2015115643

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

<b>NAME</b>	<b>MRS NAMRATA TAMHANE</b>	<b>DATE</b>	<b>28/03.2023</b>
		<b>AGE</b>	<b>31 YRS</b>
<b>REF. BY DR</b>	<b>MEDIWHEEL</b>	<b>SEX</b>	<b>FEMALE</b>

### REAL TIME ABDOMINAL SONOGRAPHY SHOWS,

**LIVER** : Liver is normal in size showing homogenous parenchymal echotexture . There is no evidence of solid or cystic mass .The portal and the hepatic venous system appears normal.

**Gall bladder** : The Gall bladder is well distended .The gall bladder wall of normal thickness . No evidence of gall stones.

**PANCREAS** : Pancreas is normal in size with smooth margin and homogenous paranchymal echotexture. No focal lesion seen.

**KIDNEYS** : Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appear normal. There is no evidence of hydronephrosis or renal calculus.

- (a) Right kidney measures: 9.3x3.5cms
- (b) Left kidney measures: 8.7x4.7cms.

**SPLEEN** : The spleen is normal in size with homogenous parenchymal echotexture. No focal lesion are seen.

**AORTA** : The upper aorta and para aortic regions appear normal.

**URINARY BLADDER** : Urinary bladder is minimally distended. No evidence of calculus or intraluminal mass seen in the bladder.

**UTERUS (TAS):**

Uterus is retroverted and normal. Endometrial lining ( 4 mm) appears normal. No evidence of focal lesion.

Uterus measures: 4.6x4.4x3.3cms.

- BORIVALI CENTRE (W)** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 92. • TEL.: 2869 6556 • MOB.: 90224 88354
- DAHISAR CENTRE (W)** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- KANDIVALI CENTRE (W)** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE (E)** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
- GOREGAON CENTRE (W)** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806
- GOREGAON CENTRE (E)** SATELITE GARDENS, FILM CITY ROAD, NEAR SATELITE TOWER, GOREGAON (E), MUMBAI - 400063. • Tel.: 4012 6565 • MOB.: 79773 74838 / 79773 62922
- MIRA ROAD CENTER (E)** UNIT-13, RNA LIBERTY CHS, VIJAY PARK, JANGID CIRCLE, MIRA ROAD (E). • MOB.: 70218 04221 / 70218 27389
- VASAI NALLSOPARA (E)** A/4, JAI VIJAY GREEN CHS. BLDG. NO. 2, JAI VIJAY NAGAR, 1833 ACHOLE, LINK ROAD, VASAI - NALLASOPARA (E), THANE - 401209 • MOB.: 8591601677 / 8591922640

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

<b>NAME</b>	<b>MRS NAMRATA TAMHANE</b>	<b>DATE</b>	<b>28/03.2023</b>
		<b>AGE</b>	<b>31 YRS</b>
<b>REF. BY DR</b>	<b>MEDIWHEEL</b>	<b>SEX</b>	<b>FEMALE</b>

**ADNEXA :**

Right ovary is normal in size and shows homogenous echo pattern. No evidence of focal lesion. Right ovary measures: 1.8x1.4cm.

Left ovary is normal in size and shows homogenous echo pattern. No evidence of focal lesion. Left ovary measures: 1.8x1.2 cm.

No evidence of free fluid.

**IMPRESSION :**

- **NO SIGNIFICANT ABNORMALITY DETECTED.**

SUGGEST: CLINICAL CORRELATION.

**DR.SUDHANSHU SAXENA**  
**CONS.RADIOLOGIST.**

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings. Please interpret accordingly.

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- COMPU. PATHOLOGY
- DIGITAL X-RAY
- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP




  
**HEALTHCARE**
  
 MEDICAL CENTRE & DIAGNOSTICS

MRS NAMRATA TAMHANE  
 EKC8385 28-Mar-2023

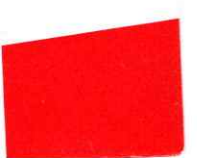
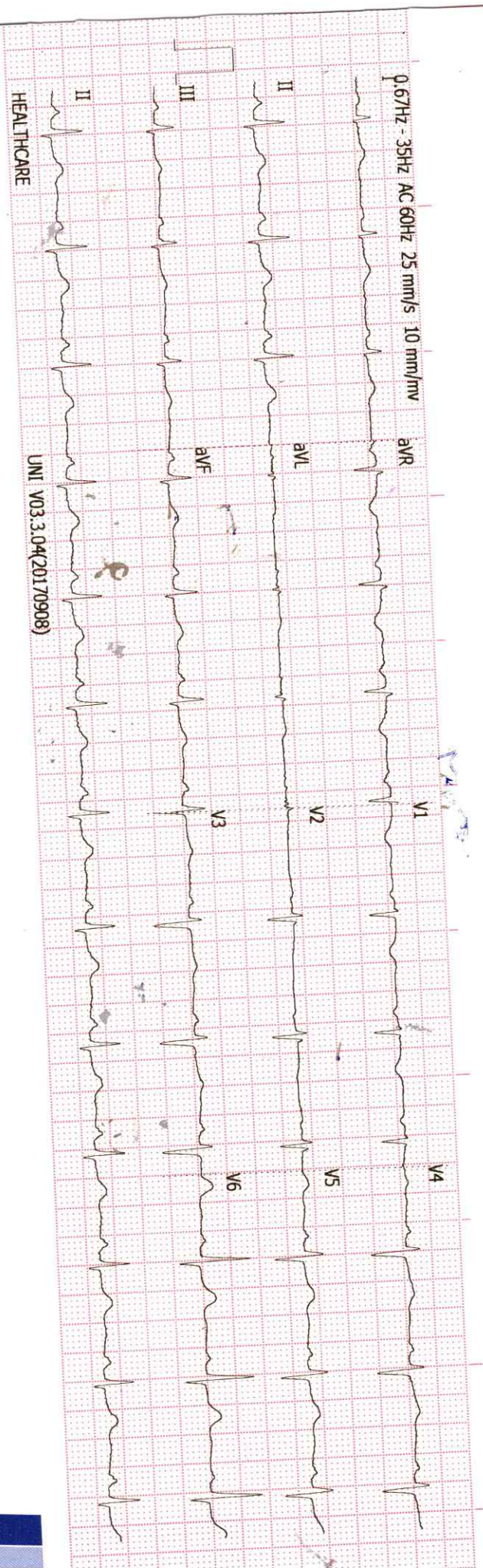


ECG

# ELECTROCARDIOGRAM (ECG)

PATIENT MRS NAMRATA TAMHANE AGE 31 SEX F  
 REF. BY DR. MEDI WHEEL DATE 28/03/2023

INTERPRETATION : <u>WNL</u>	Dr. <u>Dr. NUPUR RAI</u>
<b>HEALTHCARE</b> Medical Centre And Diagnostics Yogi Avenue, Yogi Nagar, Borivali (West), Mumbai - 400 092 Tel :- 28996565 / 28996535	MBBS, DIPLOMA CARDIOLOGY (PGDCC) FRCG (2013)



History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : ..... *76 bpm*

Ventricular Rate : .....

Rhythm : ..... *Reg*

Mechanism : .....

Voltage : .....

Axis : .....

P. Waves : .....

PR Interval : .....

Q. Waves : .....

QRS Interval : ..... *86*

ST Segment : .....

T. Waves : .....

QT Interval : .....

Extra Systoles : .....

REMARKS & CONCLUSIONS : ..... *Normal*

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
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- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

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- CORPORATE HEALTH CHECKUPS



**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

**OPHTHALMIC REPORT**

<b>NAME</b>	Namrata Tamhare	<b>DATE</b>	28/3/23.
<b>R- NO</b>		<b>AGE</b>	31
<b>REF. BY DR.</b>	Mediwheel	<b>SEX</b>	Female.

	RIGHT EYE	LEFT EYE
V.A. WITHOUT GLASSES:	6/24	6/24
V.A. WITH GLASSES:	6/6	6/6
ANTERIOR SEGMENT EXAMINATION:		

FUNDUS:

COLOUR VISION:  
(ISHIHARA CHART)

OCULAR MOVEMENTS:

RETINOSCOPY:

Prescription:

DISTANCE

NEAR

SPH	CYL	AXIS	SPH	CYL	AXIS
0.75	0.50	90°	0.75		

CLINICAL IMPRESSION:  
ADVICE:

**HEALTHCARE**  
 Medical centre And Diagnostics  
 Yogi Avenue, Borivali West, Mumbai - 400092

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# HEALTHCARE BORIVALI

MRS NAMEPATA TAMHANE

ID : 336

DATE : 28/03/2023

AGE/SEX : 31 / F

HT/WT : 154 / 46

REF. BY : MEDIWHEEL

## TREADMILL TEST REPORT

PROTOCOL : Bruce

HISTORY : Checkup/Physical fitness,

INDICATION : CARDIAC EVALUATION

MEDICATION : NONE

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)		
								I	I	I
SUPINE					98	100 / 60	98	0.2	0.2	0.2
STANDING					94	100 / 60	94	0.2	0.2	0.2
HYPERVENT					94	100 / 60	94	0.1	0.1	0.1
Stage 1	2:55	0:11	2.7	10	144	120 / 80	172	0.3	0.3	0.3
Stage 2	5:55	2:55	4	12	163	140 / 80	228	1.2	1.2	1.2
PR-EXERCISE	6:18	0:18	5.4	14	169	140 / 80	236	0.7	0.7	0.7
RECOVERY	7:26	1:0			134	140 / 80	187	0.8	0.8	0.8
RECOVERY	8:28	2:2			111	120 / 80	133	0.2	0.2	0.2
RECOVERY	9:21	2:55			112	110 / 70	123	0.1	0.1	0.1

### RESULTS

EXERCISE DURATION : 6:18

MAX HEART RATE : 169 bpm 89 % of target heart rate 189 bpm

MAX BLOOD PRESSURE : 140 / 80 mm Hg

REASON OF TERMINATION : Achieved THR,

BP RESPONSE : Normal,

ARRHYTHMIA : None,

H.R. RESPONSE : Normal Chronotropic Response,

### IMPRESSIONS

Fair effort tolerance,

No angina,

No arrhythmia,

Normal HR and BP response,

No significant ST change noted,

Stress test Negative for inducible ischemia.

*Arterials seen in lead II only rhythm*

Technician : 1

MAX WORK LOAD : 7.39 METS

MET.

4.6  
7.0  
7.3

## HEALTHCARE

Medical centre And Diagnostics

Yogi Avenue, Yogi Nagar,

Borivali (West), Mumbai - 400 092

Tel :- 28996565 / 28996535

UNI-EM, Indore. Tel.: +91-731-4030035, Fax: +91-731-4031100

MBBS, DIPLOMA CARDIOLOGY (PGDCC)

Reg. No. 2018115643

Dr. NUPUR RAI

www.uni-em.com, TMT Ver.16.0.6

Dr. NUPUR RAI

MBBS, DIPLOMA CARDIOLOGY (PGDCC)

Reg. No. 2018115643

# HEALTHCARE BORIVALLI

MRS NAMRATA TAMHANE  
I.D. 336  
Age 31/F  
Date 28/03/2023

RATE 98bpm  
B.P. 100/60

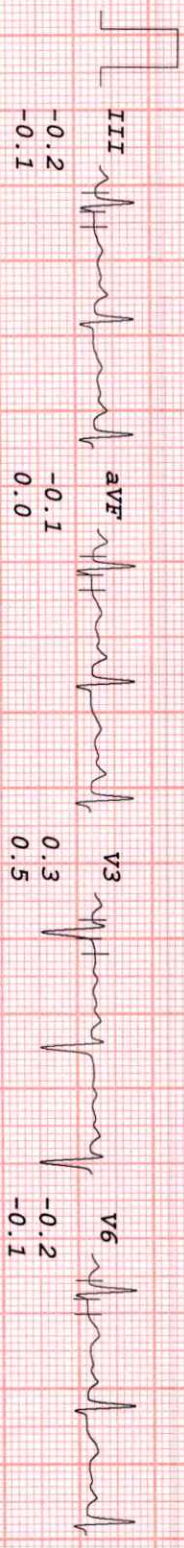
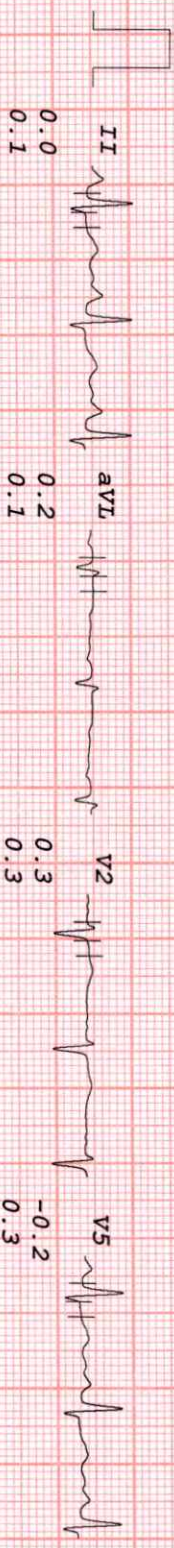
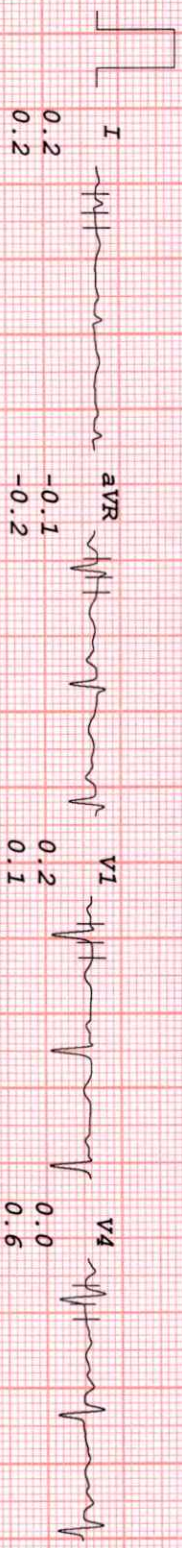
PRETEST  
SUPINE

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAL

Mag. X 2

III



II III aVR aVF V2 V4  
I III aVL V1 V3 V5



# HEALTHCARE BORIVALLI

MRS NAMRATA TAMHANE  
I.D. 336  
Age 31/F  
Date 28/03/2023

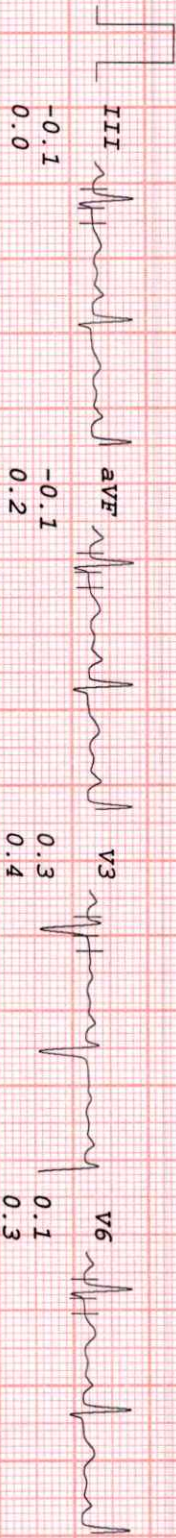
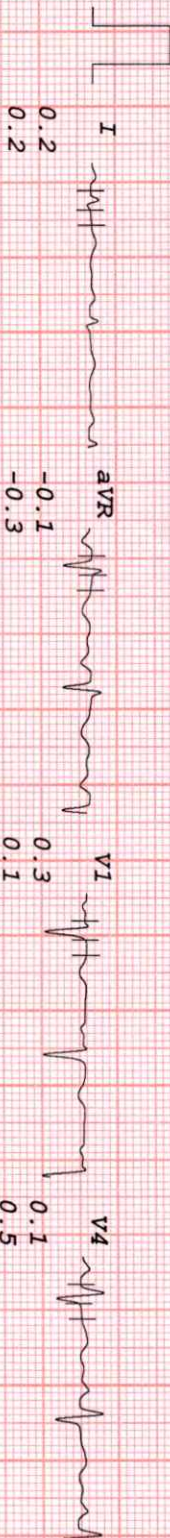
RATE 94bpm  
B.P. 100/60

PRETEST  
STANDING

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2  
III



II III aVR aVL V1 V2 V3 V4 V5 V6

# HEALTHCARE BORIVALLI

MRS NAMRATA TAMHANE  
I.D. 336  
Age 31/F  
Date 28/03/2023

RATE 94bpm  
B.P. 100/60

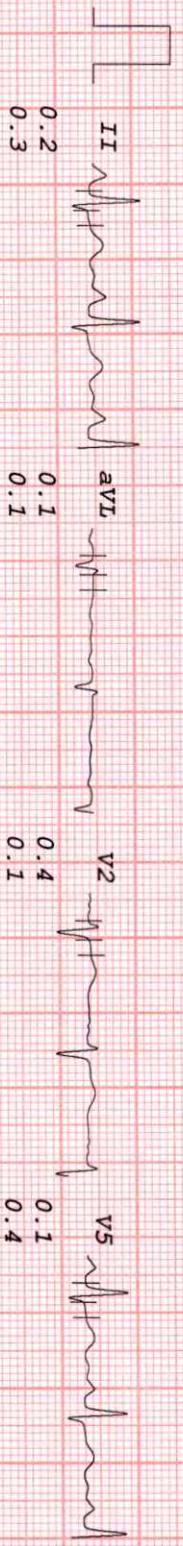
PRETEST  
HYPERVENT  
PHASE TIME 0:11

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAL

Mag. X 2

III



# HEALTHCARE BORIVALLI

MRS NAMRATA TAMHANE  
I.D. 336  
Age 31/F  
Date 28/03/2023

RATE 144bpm  
B.P. 120/80

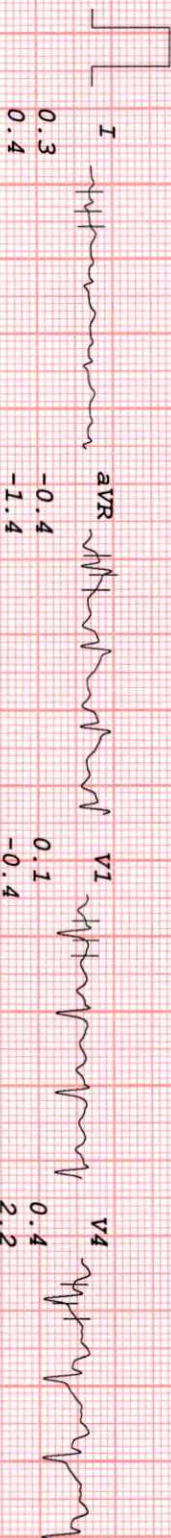
Bruce  
Stage 1  
TOTAL TIME 2:55  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ  
Speed 2.7 km/hr  
SLOPE 10 %

LINKED MEDIAL

Mag. X 2

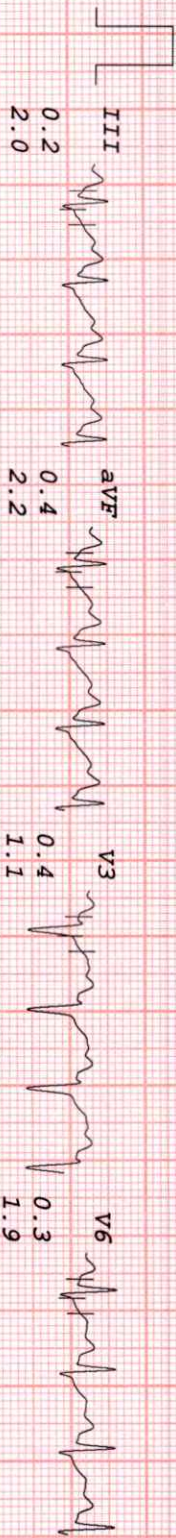
V1



V4



V5



V6



0.1  
-0.4



# HEALTHCARE BORIVALLI

MRS NAMRATA TAMHANE  
I.D. 336  
Age 31/F  
Date 28/03/2023

RATE 163bpm  
B.P. 140/80

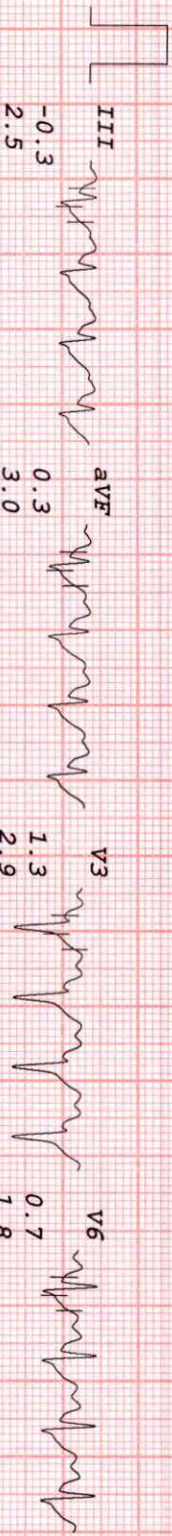
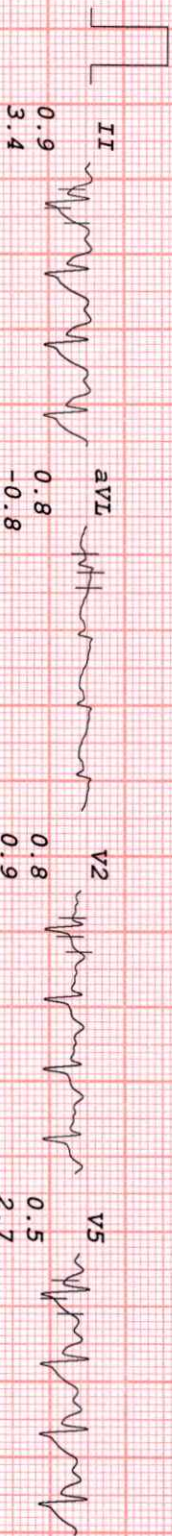
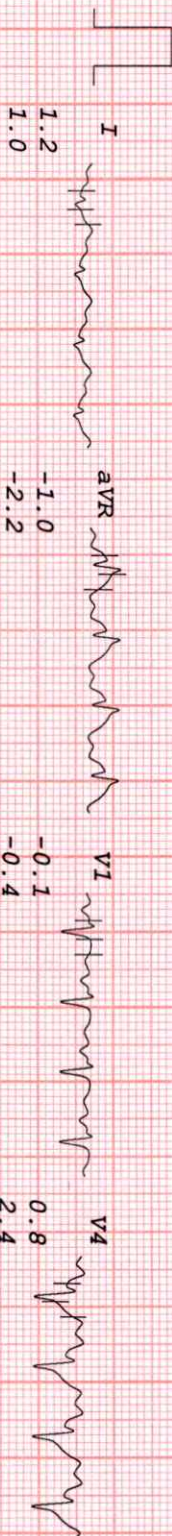
Bruce  
Stage 2  
TOTAL TIME 5:55  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ  
Speed 4 km/hr  
SLOPE 12 %

LINKED MEDIAL

Mag. X 2

III



# HEALTHCARE BORIVALLI

MRS NAMRATA TAMHANE

I.D. 336  
Age 31/F  
Date 28/03/2023

RATE 169bpm  
B.P. 140/80

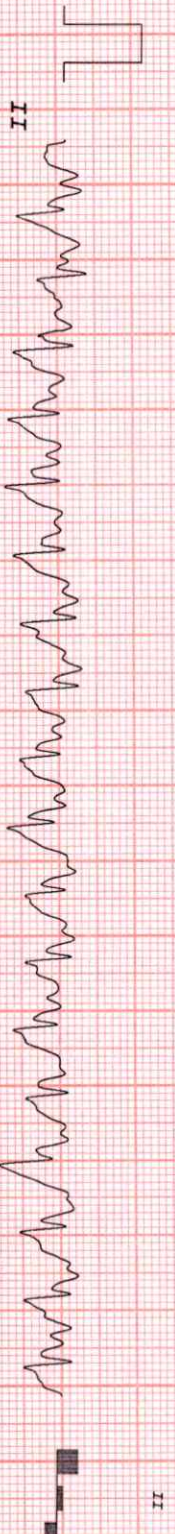
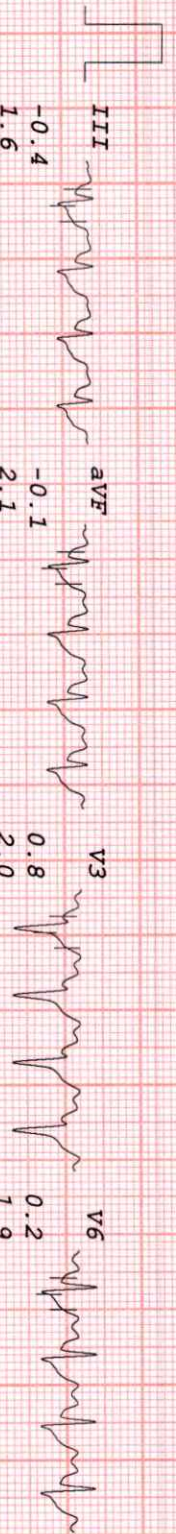
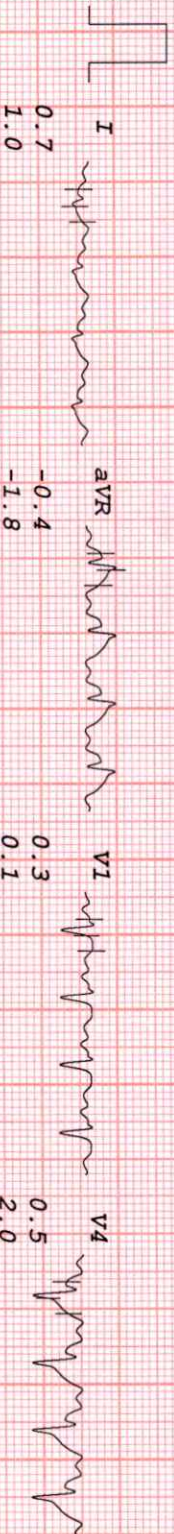
Bruce  
PK-EXERCISE  
TOTAL TIME 6:18  
PHASE TIME 0:18

ST @ 10mm/mV  
80ms PostJ  
Speed 5.4 km/hr  
SLOPE 14 %

LINKED MEDIAL

MAG. X 2

III



I III aVR aVF V2 V4

# HEALTHCARE BORIVALLI

MRS NAMRATA TAMHANE  
 I.D. 336  
 Age 31/F  
 Date 28/03/2023

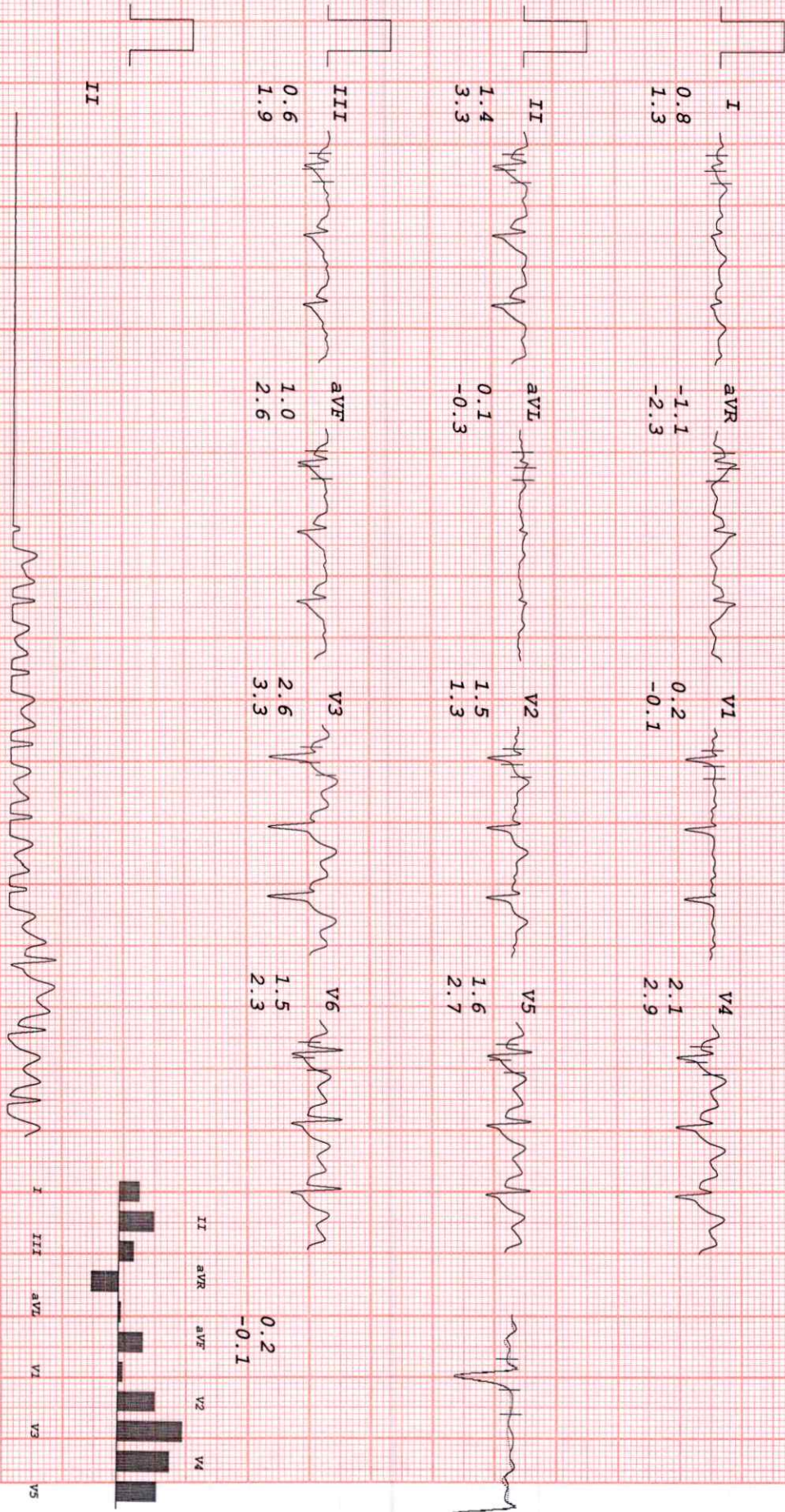
RATE 134bpm  
 B.P. 140/80

Bruce  
 RECOVERY  
 TOTAL TIME 7:26  
 PHASE TIME 1:00

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2  
 V1



III  
 0.6  
 1.9

II  
 1.4  
 3.3

I  
 0.8  
 1.3

aVR  
 1.0  
 2.6

aVL  
 0.1  
 -0.3

aVR  
 -1.1  
 -2.3

V3  
 2.6  
 3.3

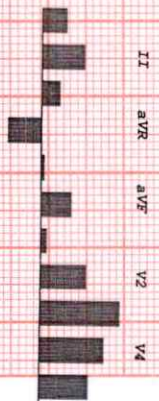
V2  
 1.5  
 1.3

V1  
 0.2  
 -0.1

V6  
 1.5  
 2.3

V5  
 1.6  
 2.7

V4  
 2.1  
 2.9



Rhythm: Filtered (20 Cycle) / Avg. Complex: Filtered

UNI-EM, Indore, Tel.: +91-731-4030035, Fax: +91-731-4031180, E-Mail: emed@ctrmedicals.net, Web: www.uni-em.com, TWT Ver. 16.0.6

# HEALTHCARE BORIVALLI

MRS NAMRATA TAMHANE  
I.D. 336  
Age 31/F  
Date 28/03/2023

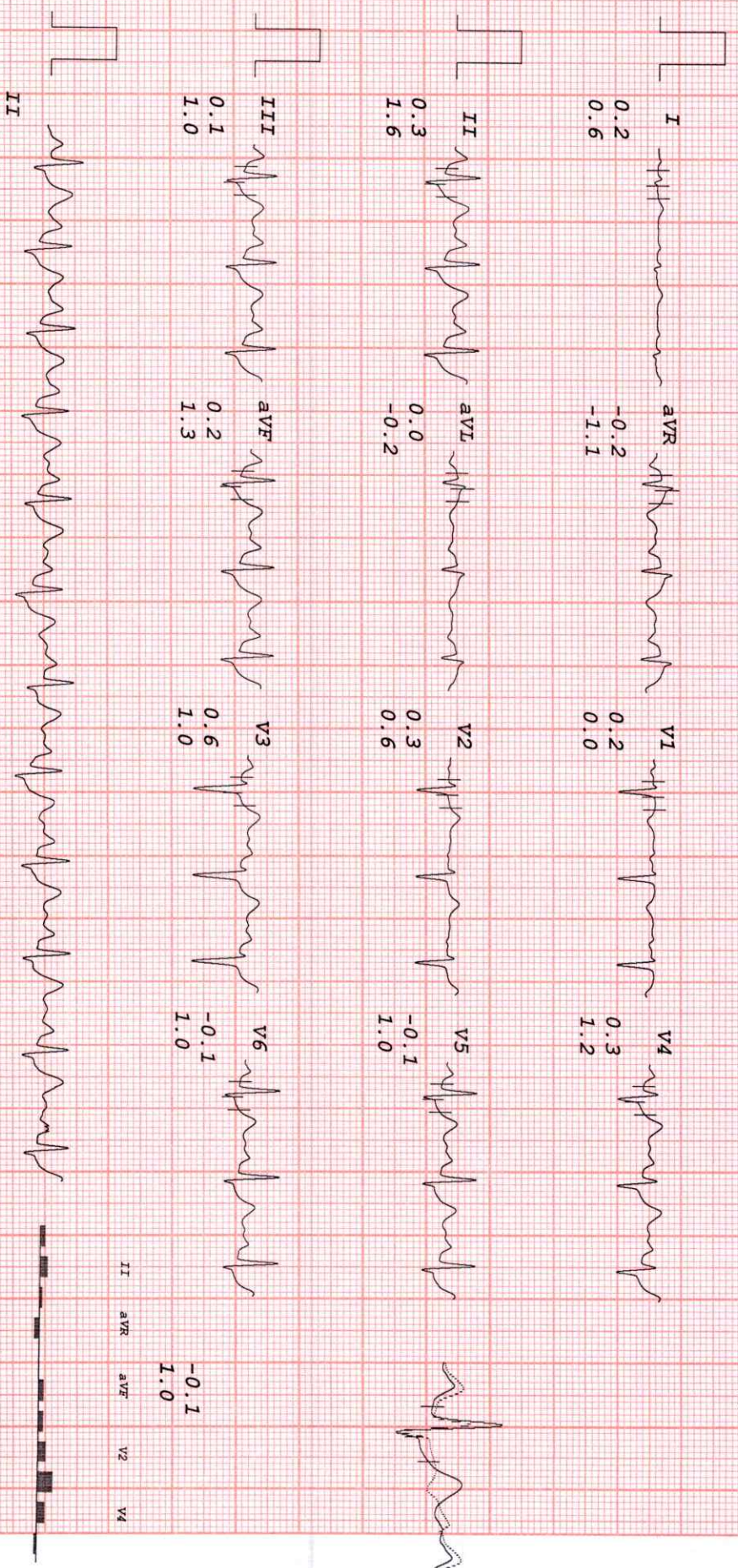
RATE 111bpm  
B.P. 120/80

Brice  
RECOVERY  
TOTAL TIME 8:28  
PHASE TIME 2:02

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAL

Mag. X 2



# HEALTHCARE BORIVALLI

MRS NAMRATA TAMHANE  
I.D. 336  
Age 31/F  
Date 28/03/2023

RATE 112bpm  
B.P. 110/70

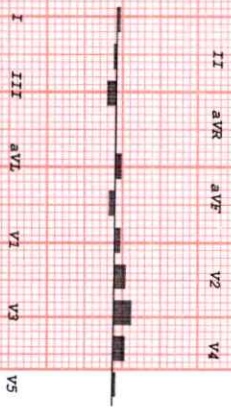
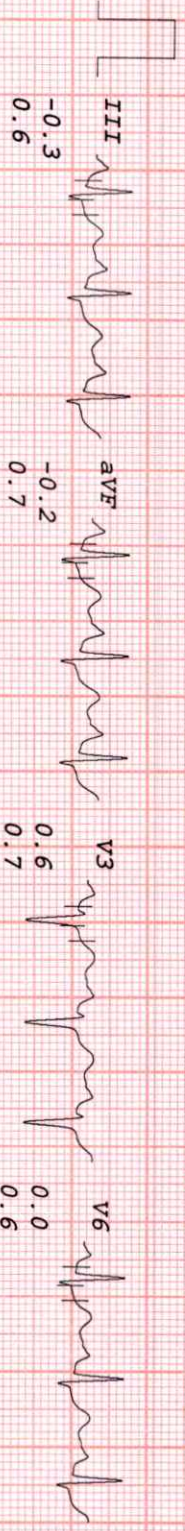
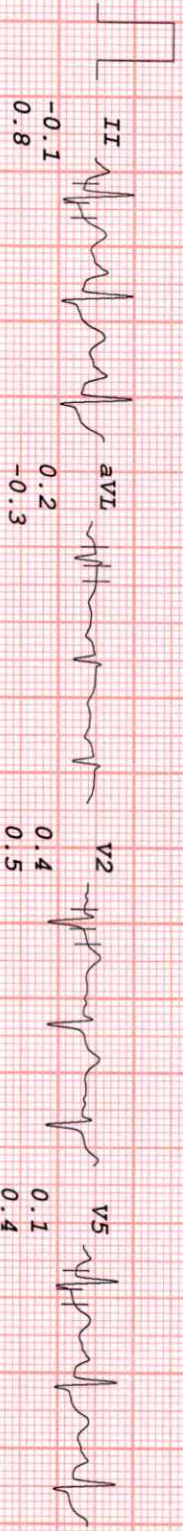
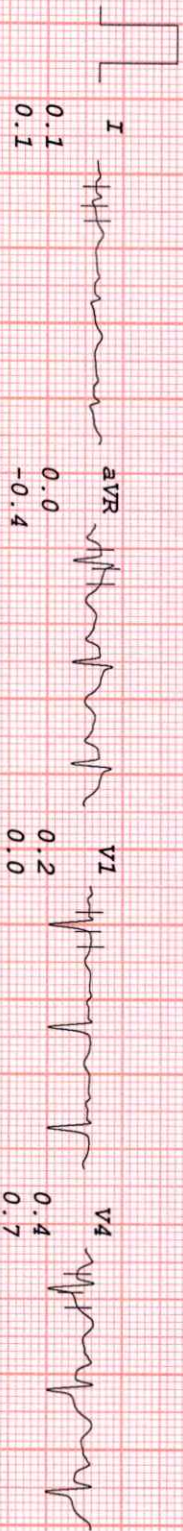
Brice  
RECOVERY  
TOTAL TIME 9:21  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAL

Mag. X 2

III





- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

<b>NAME</b>	<b>MRS NAMRATA TAMHANE</b>	<b>DATE</b>	<b>28.03.2023</b>
		<b>AGE</b>	<b>31 YRS</b>
<b>REF. BY</b>	<b>MEDIWHEEL</b>	<b>SEX</b>	<b>FEMALE</b>

**X-RAY CHEST (PA VIEW).**

Rest of the lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

*18*  
**DR.SUDHANSHU SAXENA**  
**CONS.RADIOLOGIST.**

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly

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