

PATIENT NAME : MONU BANSAL

REF. DOCTOR : SELF

CODE/NAME &amp; ADDRESS : C000138383

ACCESSION NO : 0080WC007762

AGE/SEX : 35 Years Male

PROVISIONAL REPORT

PATIENT ID : MONUM04068780

DRAWN :

CLIENT PATIENT ID:

RECEIVED : 20/03/2023 08:44:33

ABHA NO :

REPORTED : 20/03/2023 16:19:25

Test Report Status	Final	Results	Biological Reference Interval	Units
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**MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE****THYROID PANEL, SERUM**

T3	80.9	80.00 - 200.00	ng/dL
METHOD : COMPETITIVE (ECLIA)			
T4	13.10	5.10 - 14.10	µg/dL
METHOD : COMPETITIVE (ECLIA)			
TSH (ULTRASENSITIVE)	1.170	0.270 - 4.200	µIU/mL
METHOD : SANDWICH (ECLIA)			

**Interpretation(s)**

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SRL Ltd  
24 SCO, SECTOR 11 D  
CHANDIGARH, 160011  
PUNJAB, INDIA  
Tel : 9111591115,  
CIN - U74899PB1995PLC045956

Patient Ref. No. 80000001394824

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## HAEMATOLOGY - CBC

## MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

## BLOOD COUNTS, EDTA WHOLE BLOOD

HEMOGLOBIN (HB)	14.4	13.0 - 17.0	g/dL
<small>METHOD : CYANMETHHEMOGLOBIN METHOD</small>			
RED BLOOD CELL (RBC) COUNT	4.92	4.5 - 5.5	mil/ $\mu$ L
WHITE BLOOD CELL (WBC) COUNT	8.10	4.0 - 10.0	thou/ $\mu$ L
PLATELET COUNT	335	150 - 410	thou/ $\mu$ L

## RBC AND PLATELET INDICES

HEMATOCRIT (PCV)	43.4	40.0 - 50.0	%
MEAN CORPUSCULAR VOLUME (MCV)	88.2	83.0 - 101.0	fL
<small>METHOD : DERIVED PARAMETER FROM RBC HISTOGRAM</small>			
MEAN CORPUSCULAR HEMOGLOBIN (MCH)	29.3	27.0 - 32.0	pg
<small>METHOD : CALCULATED PARAMETER</small>			
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION (MCHC)	33.2	31.5 - 34.5	g/dL
<small>METHOD : CALCULATED PARAMETER</small>			
RED CELL DISTRIBUTION WIDTH (RDW)	13.4	11.6 - 14.0	%
<small>METHOD : CALCULATED PARAMETER</small>			
MENTZER INDEX	17.9		
MEAN PLATELET VOLUME (MPV)	8.0	6.8 - 10.9	fL
<small>METHOD : DERIVED PARAMETER FROM PLATELET HISTOGRAM</small>			

## WBC DIFFERENTIAL COUNT

NEUTROPHILS	71	40 - 80	%
<small>METHOD : LIGHT ABSORBANCE OF CYTOCHEMICAL STAINED CELLS IMPEDENCE</small>			
LYMPHOCYTES	18 Low	20 - 40	%
<small>METHOD : LIGHT ABSORBANCE OF CYTOCHEMICAL STAINED CELLS IMPEDENCE</small>			
MONOCYTES	9	2.0 - 10.0	%
<small>METHOD : LIGHT ABSORBANCE OF CYTOCHEMICAL STAINED CELLS IMPEDENCE</small>			
EOSINOPHILS	1	1.0 - 6.0	%
BASOPHILS	1	0 - 1	%
<small>METHOD : LIGHT ABSORBANCE OF CYTOCHEMICAL STAINED CELLS IMPEDENCE</small>			
ABSOLUTE NEUTROPHIL COUNT	5.75	2.0 - 7.0	thou/ $\mu$ L
ABSOLUTE LYMPHOCYTE COUNT	1.46	1.0 - 3.0	thou/ $\mu$ L

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ABSOLUTE MONOCYTE COUNT		0.73	0.2 - 1.0	thou/ $\mu$ L
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ABSOLUTE EOSINOPHIL COUNT		0.08	0.02 - 0.50	thou/ $\mu$ L
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ABSOLUTE BASOPHIL COUNT		0.08	0.02 - 0.10	thou/ $\mu$ L
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METHOD : CALCULATED PARAMETER

NEUTROPHIL LYMPHOCYTE RATIO (NLR)		4.0		
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METHOD : CALCULATED PARAMETER

**Interpretation(s)**

BLOOD COUNTS, EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.

RBC AND PLATELET INDICES-Mentzer Index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia (>13) from Beta thalassaemia trait.

(<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients ; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

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## HAEMATOLOGY

## MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

## ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD

E.S.R	16 High	0 - 14	mm at 1 hr
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METHOD : MODIFIED WESTERGREN

## Interpretation(s)

## ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-TEST DESCRIPTION :-

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays, fully automated instruments are available to measure ESR.

ESR is not diagnostic; it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition. CRP is superior to ESR because it is more sensitive and reflects a more rapid change.

## TEST INTERPRETATION

**Increase** in: Infections, Vasculitides, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR (>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRJ in first trimester is 0-48 mm/hr (62 if anemic) and in second trimester (0-70 mm /hr (95 if anemic). ESR returns to normal 4th week post partum.

**Decreased** in: Polycythemia vera, Sickle cell anemia

## LIMITATIONS

**False elevated** ESR : Increased fibrinogen, Drugs (Vitamin A, Dextran etc), Hypercholesterolemia

**False Decreased** : Poikilocytosis, (Sickle Cells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs (Quinine, salicylates)

## REFERENCE :

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition; 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin; 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th edition.

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## IMMUNOHAEMATOLOGY

## MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

## ABO GROUP &amp; RH TYPE, EDTA WHOLE BLOOD

ABO GROUP

TYPE O

METHOD : SLIDE AGGLUTINATION

RH TYPE

POSITIVE

METHOD : SLIDE AGGLUTINATION

vit-D

## Interpretation(s)

ABO GROUP &amp; RH TYPE, EDTA WHOLE BLOOD-

Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

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BIOCHEMISTRY

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

GLUCOSE FASTING, FLUORIDE PLASMA

FBS (FASTING BLOOD SUGAR)	97	74 - 106	mg/dL
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METHOD : HEXOKINASE

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD

HBA1C	5.3	Non-diabetic Adult < 5.7 Pre-diabetes 5.7 - 6.4 Diabetes diagnosis: > or = 6.5 Therapeutic goals: < 7.0 Action suggested : > 8.0 (ADA Guideline 2021)	%
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ESTIMATED AVERAGE GLUCOSE(EAG)	105.4	< 116.0	mg/dL
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GLUCOSE, POST-PRANDIAL, PLASMA

PPBS(POST PRANDIAL BLOOD SUGAR)	88	Non-Diabetes 70 - 140	mg/dL
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METHOD : HEXOKINASE

LIPID PROFILE, SERUM

CHOLESTEROL, TOTAL	208 High	< 200 Desirable 200 - 239 Borderline High >/= 240 High	mg/dL
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METHOD : CHOLESTEROL OXIDASE, ESTERASE, PEROXIDASE

TRIGLYCERIDES	69	< 150 Normal 150 - 199 Borderline High 200 - 499 High >/= 500 Very High	mg/dL
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METHOD : ENZYMATIC ASSAY

HDL CHOLESTEROL	50	< 40 Low >/=60 High	mg/dL
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METHOD : DIRECT MEASURE - PEG

*Best advise monitor.*



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ACCESSION NO : **0080WC007762**

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CHOLESTEROL LDL		<b>144 High</b>	< 100 Optimal 100 - 129 Near or above optimal 130 - 159 Borderline High 160 - 189 High >/= 190 Very High	mg/dL
METHOD : CHOLESTEROL OXIDASE, ESTERASE, PEROXIDASE				
NON HDL CHOLESTEROL		<b>158 High</b>	Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
METHOD : CALCULATED PARAMETER				
VERY LOW DENSITY LIPOPROTEIN		13.8	Desirable value : 10 - 35	mg/dL
METHOD : CALCULATED PARAMETER				
CHOL/HDL RATIO		4.2	3.3-4.4 Low Risk 4.5-7.0 Average Risk 7.1-11.0 Moderate Risk > 11.0 High Risk	
METHOD : CALCULATED PARAMETER				
LDL/HDL RATIO		2.9	0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk >6.0 High Risk	
METHOD : CALCULATED PARAMETER				

**Interpretation(s)****LIVER FUNCTION PROFILE, SERUM**

BILIRUBIN, TOTAL	0.50	UPTO 1.2	mg/dL
METHOD : DIAZONIUM ION, BLANKED (ROCHE)			
BILIRUBIN, DIRECT	0.17	0.00 - 0.30	mg/dL
METHOD : DIAZOTIZATION			
BILIRUBIN, INDIRECT	0.33	0.00 - 0.60	mg/dL
METHOD : CALCULATED PARAMETER			
TOTAL PROTEIN	7.7	6.6 - 8.7	g/dL

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METHOD : BIURET				
ALBUMIN		4.6	3.97 - 4.94	g/dL
METHOD : BROMOCRESOL GREEN				
GLOBULIN		3.1	2.0 - 4.0 Neonates - Pre Mature: 0.29 - 1.04	g/dL
METHOD : CALCULATED PARAMETER				
ALBUMIN/GLOBULIN RATIO		1.5	1.0 - 2.0	RATIO
METHOD : CALCULATED PARAMETER				
ASPARTATE AMINOTRANSFERASE (AST/SGOT)		40	0 - 40	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)		76 High ✓	0 - 41	U/L
METHOD : UV WITHOUT PYRIDOXAL'S PHOSPHATE				
ALKALINE PHOSPHATASE		109	40 - 129	U/L
METHOD : PNPP - AMP BUFFER				
GAMMA GLUTAMYL TRANSFERASE (GGT)		64 High ✓	8 - 61	U/L
METHOD : GAMMA GLUTAMYL CARBOXY 4NITROANILIDE				
LACTATE DEHYDROGENASE		145	135 - 225	U/L
METHOD : LACTATE - PYRUVATE				
<b>BLOOD UREA NITROGEN (BUN), SERUM</b>				
BLOOD UREA NITROGEN		9	6 - 20	mg/dL
METHOD : UREASE - UV				
<b>CREATININE, SERUM</b>				
CREATININE		0.71	0.70 - 1.20	mg/dL
METHOD : ALKALINE PICRATE-KINETIC				
<b>BUN/CREAT RATIO</b>				
BUN/CREAT RATIO		12.68	5.00 - 15.00	
METHOD : CALCULATED PARAMETER				
<b>URIC ACID, SERUM</b>				
URIC ACID		4.2	3.4 - 7.0	mg/dL
METHOD : URICASE, COLORIMETRIC				
<b>TOTAL PROTEIN, SERUM</b>				
TOTAL PROTEIN		7.7	6.6 - 8.7	g/dL
METHOD : BIURET				
<b>ALBUMIN, SERUM</b>				



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ALBUMIN	4.6	3.97 - 4.94	g/dL
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METHOD : BROMOCRESOL GREEN

**GLOBULIN**

GLOBULIN	3.1	2.0 - 4.0	g/dL
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Neonates -  
Pre Mature:  
0.29 - 1.04

METHOD : CALCULATED PARAMETER

**ELECTROLYTES (NA/K/CL), SERUM**

SODIUM, SERUM	138	136 - 145	mmol/L
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METHOD : ISE INDIRECT

POTASSIUM, SERUM	4.59	3.5 - 5.1	mmol/L
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METHOD : ISE INDIRECT

CHLORIDE, SERUM	104	98 - 107	mmol/L
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METHOD : ISE INDIRECT

**Interpretation(s)****Interpretation(s)****GLUCOSE FASTING, FLUORIDE PLASMA-TEST DESCRIPTION**

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and so that no glucose is excreted in the urine.

**Increased in**

Diabetes mellitus, Cushing's syndrome (10 - 15%), chronic pancreatitis (30%). Drugs: corticosteroids, phenytoin, estrogen, thiazides.

**Decreased in**

Pancreatic islet cell disease with increased insulin, insulinoma, adrenocortical insufficiency, hypopituitarism, diffuse liver disease, malignancy (adrenocortical, stomach, fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases (e.g., galactosemia), Drugs- insulin, ethanol, propranolol; sulfonylureas, tolbutamide, and other oral hypoglycemic agents.

**NOTE:** While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus, glycosylated hemoglobin (HbA1c) levels are favored to monitor glycemic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glycosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.

GLYCOSYLATED HEMOGLOBIN (HbA1c), EDTA WHOLE BLOOD-Used For:

1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.

2. Diagnosing diabetes.

3. Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patient's metabolic control has remained continuously within the target range.

1. eAG (Estimated average glucose) converts percentage HbA1c to mg/dl, to compare blood glucose levels.

2. eAG gives an evaluation of blood glucose levels for the last couple of months.

3. eAG is calculated as  $eAG (mg/dl) = 28.7 * HbA1c - 46.7$

**HbA1c Estimation can get affected due to :**

1. Shortened Erythrocyte survival : Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss, hemolytic

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anemia) will falsely lower HbA1c test results. Fructosamine is recommended in these patients which indicates diabetes control over 15 days.

II. Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin.

III. Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addition are reported to interfere with some assay methods, falsely increasing results.

IV. Interference of hemoglobinopathies in HbA1c estimation is seen in

- Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.
- Heterozygous state detected (D10 is corrected for HbS & HbC trait.)
- HbF > 25% on alternate platform (Boronate affinity chromatography) is recommended for testing of HbA1c. Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

**GLUCOSE, POST-PRANDIAL, PLASMA**-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glycosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. Additional test: HbA1c

**LIVER FUNCTION PROFILE, SERUM-LIVER FUNCTION PROFILE**

**Bilirubin** is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels result from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease. Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors & Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicous anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

**AST** is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health. AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

**ALP** is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget's disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels are seen in Hypophosphatemia, Malnutrition, Protein deficiency, Wilson's disease. GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc. Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc

**BLOOD UREA NITROGEN (BUN), SERUM**-Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)

Causes of decreased level include Liver disease, SIADH.

**CREATININE, SERUM**-Higher than normal level may be due to:

- Blockage in the urinary tract
- Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
- Loss of body fluid (dehydration)
- Muscle problems, such as breakdown of muscle fibers
- Problems during pregnancy, such as seizures (eclampsia), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

- Myasthenia Gravis
- Muscular dystrophy

**URIC ACID, SERUM**-Causes of Increased levels:-Dietary (High Protein Intake, Prolonged Fasting, Rapid weight loss), Gout, Lesch nyhan syndrome, Type 2 DM, Metabolic syndrome

Causes of decreased levels:-Low Zinc intake, OCP, Multiple Sclerosis

**TOTAL PROTEIN, SERUM**-Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease

Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

**ALBUMIN, SERUM**-Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.



View Details



View Report

**PERFORMED AT :**

SRL Ltd  
 24 SCO, SECTOR 11 D  
 CHANDIGARH, 160011  
 PUNJAB, INDIA  
 Tel : 9111591115,  
 CIN - U74899PB1995PLC045956

**Patient Ref. No. 8000001394824**



PATIENT NAME : MONU BANSAL

REF. DOCTOR : SELF

CODE/NAME &amp; ADDRESS : C000138383

ACCESSION NO : 0080WC007762

AGE/SEX : 35 Years Male

PROVISIONAL REPORT

PATIENT ID : MONUM04068780

DRAWN :

CLIENT PATIENT ID:

RECEIVED : 20/03/2023 08:44:33

ABHA NO :

REPORTED : 20/03/2023 16:19:25

Test Report Status	Final	Results	Biological Reference Interval	Units
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## CLINICAL PATH - URINALYSIS

**MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE****PHYSICAL EXAMINATION, URINE**

COLOR	PALE YELLOW
APPEARANCE	CLEAR

**CHEMICAL EXAMINATION, URINE**

PH	6.0	4.7 - 7.5
METHOD : REFLECTANCE SPECTROPHOTOMETRY- DOUBLE INDICATOR METHOD		
SPECIFIC GRAVITY	1.030	1.003 - 1.035
METHOD : REFLECTANCE SPECTROPHOTOMETRY (PKA CHANGE OF PRETREATED POLY ELECTROLYTES)		
PROTEIN	NOT DETECTED	NOT DETECTED
METHOD : REFLECTANCE SPECTROPHOTOMETRY (PROTEIN-ERROR-OF-INDICATORS PRINCIPLE)		
GLUCOSE	NOT DETECTED	NOT DETECTED
METHOD : REFLECTANCE SPECTROPHOTOMETRY (GLUCOSE OXIDASE/PEROXIDASE METHOD)		
KETONES	NOT DETECTED	NOT DETECTED
METHOD : REFLECTANCE SPECTROPHOTOMETRY (SODIUM NITROPRUSSIDE REACTION)		
BLOOD	NOT DETECTED	NOT DETECTED
METHOD : REFLECTANCE SPECTROPHOTOMETRY (PEROXIDASE METHOD)		
BILIRUBIN	NOT DETECTED	NOT DETECTED
METHOD : REFLECTANCE SPECTROPHOTOMETRY (DIAZO REACTION)		
UROBILINOGEN	NORMAL	NORMAL
METHOD : REFLECTANCE SPECTROPHOTOMETRY - EHRlich REACTION		
NITRITE	NOT DETECTED	NOT DETECTED
METHOD : REFLECTANCE SPECTROPHOTOMETRY, CONVERSION OF NITRATE TO NITRITE		
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED

**MICROSCOPIC EXAMINATION, URINE**

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
METHOD : MICROSCOPIC EXAMINATION			
PUS CELL (WBC'S)	1-2	0-5	/HPF
METHOD : MICROSCOPIC EXAMINATION			
EPITHELIAL CELLS	0-1	0-5	/HPF
METHOD : MICROSCOPIC EXAMINATION			
CASTS	NOT DETECTED		
CRYSTALS	NOT DETECTED		

Page 11 Of 13



View Details



View Report

**PERFORMED AT :**

SRL Ltd  
24 SCO, SECTOR 11 D  
CHANDIGARH, 160011  
PUNJAB, INDIA  
Tel : 9111591115,  
CIN - U74899PB1995PLC045956

Patient Ref. No. 8000001394824



<b>PATIENT NAME : MONU BANSAL</b>		<b>REF. DOCTOR : SELF</b>	
CODE/NAME & ADDRESS : C000138383		ACCESSION NO : <b>0080WC007762</b>	AGE/SEX : 35 Years Male
PROVISIONAL REPORT		PATIENT ID : MONUM04068780	DRAWN :
		CLIENT PATIENT ID:	RECEIVED : 20/03/2023 08:44:33
		ABHA NO :	REPORTED : 20/03/2023 16:19:25

Test Report Status	Final	Results	Biological Reference Interval	Units
--------------------	-------	---------	-------------------------------	-------

METHOD : MICROSCOPIC EXAMINATION

**BACTERIA**

NOT DETECTED

NOT DETECTED

METHOD : MICROSCOPIC EXAMINATION

**YEAST**

NOT DETECTED

NOT DETECTED

**Interpretation(s)**



View Details



View Report

**PERFORMED AT :**

SRL Ltd  
 24 SCO, SECTOR 11 D  
 CHANDIGARH, 160011  
 PUNJAB, INDIA  
 Tel : 9111591115,  
 CIN - U74899PB1995PLC045956

PATIENT NAME : MONU BANSAL

REF. DOCTOR : SELF

CODE/NAME &amp; ADDRESS : C000138383

ACCESSION NO : 0080WC007762

AGE/SEX : 35 Years Male

PROVISIONAL REPORT

PATIENT ID : MONUM04068780

DRAWN :

CLIENT PATIENT ID:

RECEIVED : 20/03/2023 08:44:33

ABHA NO :

REPORTED : 20/03/2023 16:19:25

Test Report Status	Final	Results	Biological Reference Interval	Units
--------------------	-------	---------	-------------------------------	-------

**CLINICAL PATH - STOOL ANALYSIS**
**MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE**
**PHYSICAL EXAMINATION,STOOL**

COLOUR	BROWN		
CONSISTENCY	SEMI FORMED		
MUCUS	ABSENT	NOT DETECTED	
VISIBLE BLOOD	ABSENT	ABSENT	
ADULT PARASITE	NOT DETECTED		

METHOD : MICROSCOPIC EXAMINATION

**CHEMICAL EXAMINATION,STOOL**

STOOL PH 6.5

**MICROSCOPIC EXAMINATION,STOOL**

PUS CELLS	2-3		/hpf
RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
CYSTS	NOT DETECTED	NOT DETECTED	
OVA	NOT DETECTED		
LARVAE	NOT DETECTED	NOT DETECTED	
TROPHOZOITES	NOT DETECTED	NOT DETECTED	

**Interpretation(s)**
**\*\*End Of Report\*\***

 Please visit [www.srlworld.com](http://www.srlworld.com) for related Test Information for this accession

Page 13 Of 13



View Details



View Report

**PERFORMED AT :**

 SRL Ltd  
 24 SCO, SECTOR 11 D  
 CHANDIGARH, 160011  
 PUNJAB, INDIA  
 Tel : 9111591115,  
 CIN - U74899PB1995PLC045956

**Patient Ref. No. 80000001394824**

Name: Mr: Monu Baneal  
 UHID: 12362487 Date: 20/3/23  
 Age: 35 Gender: M

**Nursing Assessment**

Profile	
Height (cm): <u>170 cm</u>	Waist Circumference (cm): <u>32 Inch</u>
Weight (Kg.): <u>73.6 kg</u>	Body Mass Index: <u>25.2 kg</u>
Occupation: <u>hand tool</u>	Marital Status <input type="checkbox"/> Single <input checked="" type="checkbox"/> Married

Vital Signs	
Pulse Rate (/min): <u>78 b/min SpO2 = 98%</u>	Respiratory Rate (/min): <u>22 b/min</u>
Blood Pressure (mmHg): <u>120/90 mmHg</u>	Temperature (if febrile): <u>Afebrile</u>

Past History	
<input checked="" type="checkbox"/> Hypertension :	<input checked="" type="checkbox"/> Diabetes :
<input checked="" type="checkbox"/> Heart disease :	<input checked="" type="checkbox"/> Dyslipidemia :
<input checked="" type="checkbox"/> Asthma :	<input checked="" type="checkbox"/> Tuberculosis :
<input checked="" type="checkbox"/> Allergies :	
<input checked="" type="checkbox"/> Others :	

For Women	
LMP:	Last Pap smear done in
Menopause <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Last Mammography done in
Consent for X-ray & Mammography	

Current Medications
<u>Herpes zoster for ~ 5 days.</u>
<u>NA</u>

Signature, Name and Emp. ID of the Nurse : \_\_\_\_\_



Name: Mr. Manjeet Bajaj  
UHID: 12362487 Date: 20/3/23  
Age: 35 Gender: M

**Internal Medicine Consultation**

**Relevant History:**

- No complaints  
- on medication for  
Herpes zoster for five days

Diagnosis: 1. Dislipidemia  
2. Disrupt of T.

**Examination Findings:**

- WNL

**Advice / Treatment Plan:**

- Dietary Advice  
- Regular Exercise

Dr. MANJEET SINGH TREKHA  
MBBS, MD  
Additional Director-Internal Medicine (MC3)  
Fortis Hospital, Mohali (Pb.)  
Mobile No. 9814104609  
Reg. No. PMC 24797

OTVC

**Investigations:**

TFT - W  
Hb - 14.6  
FBS - 97      HbA1c - 5.32  
Chol - 208,      LDL - 144  
SAPT - 76      NHDL - 158  
CA T - 64  
RF - /  
S.E. /  
Stool R<sub>x</sub>  
Urine R<sub>x</sub>

Signature and stamp of the Consultant: \_\_\_\_\_

WNL



**Fortis MEDCENTRE**

CHANDIGARH

(A unit of Fortis Hospital Mohali)

SCO 11, Sector 11-D, Chandigarh - 160011

Name Mr. Manu Bansal  
 UHID : 12362487 Date : 20/3/23  
 Age : 35 Gender : M

### Ophthalmology Consultation

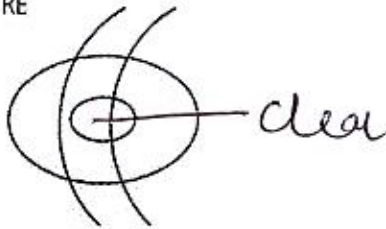
History: NIL

**Examination findings:**

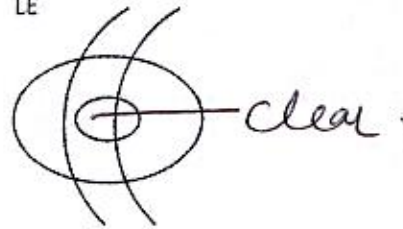
Visual acuity  $\begin{matrix} <R \\ <L \end{matrix}$  Visual acuity with glasses  $\begin{matrix} <R & 6/6 \\ <L & 6/6 \end{matrix}$  Colour Vision  $\begin{matrix} <R \\ <L \end{matrix}$  Defective BE

**Slit Lamp Examination**

RE

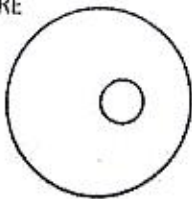


LE

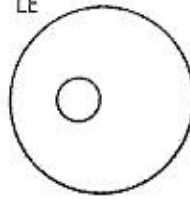


**Fundus Examination**

RE



LE



Diagnosis: Myopic Astigmatism BE

Treatment\*

**Spectacle prescription:**

Right eye

	SPH	CYL	AXIS	VA
Distance	<del>aided</del>	<del>aided</del>	<del>aided</del>	6/6
Near	<del>aided</del>	<del>aided</del>	<del>aided</del>	N:6

Left eye

	SPH	CYL	AXIS	VA
Distance	<del>aided</del>	<del>aided</del>	<del>aided</del>	6/6
Near	<del>aided</del>	<del>aided</del>	<del>aided</del>	N:6

Signature and stamp of the Ophthalmologist : \_\_\_\_\_



Monu bansal  
ID: 12362487

GE Healthcare REF I019728LS1

20.03.2023 10:45:40  
Fortis Med Centre  
sector 11  
Chandigarh

Location:  
Order Number:  
Visit:  
Indication:  
Medication 1:  
Medication 2:  
Medication 3:

Room:

72 bpm  
-- / -- mmHg

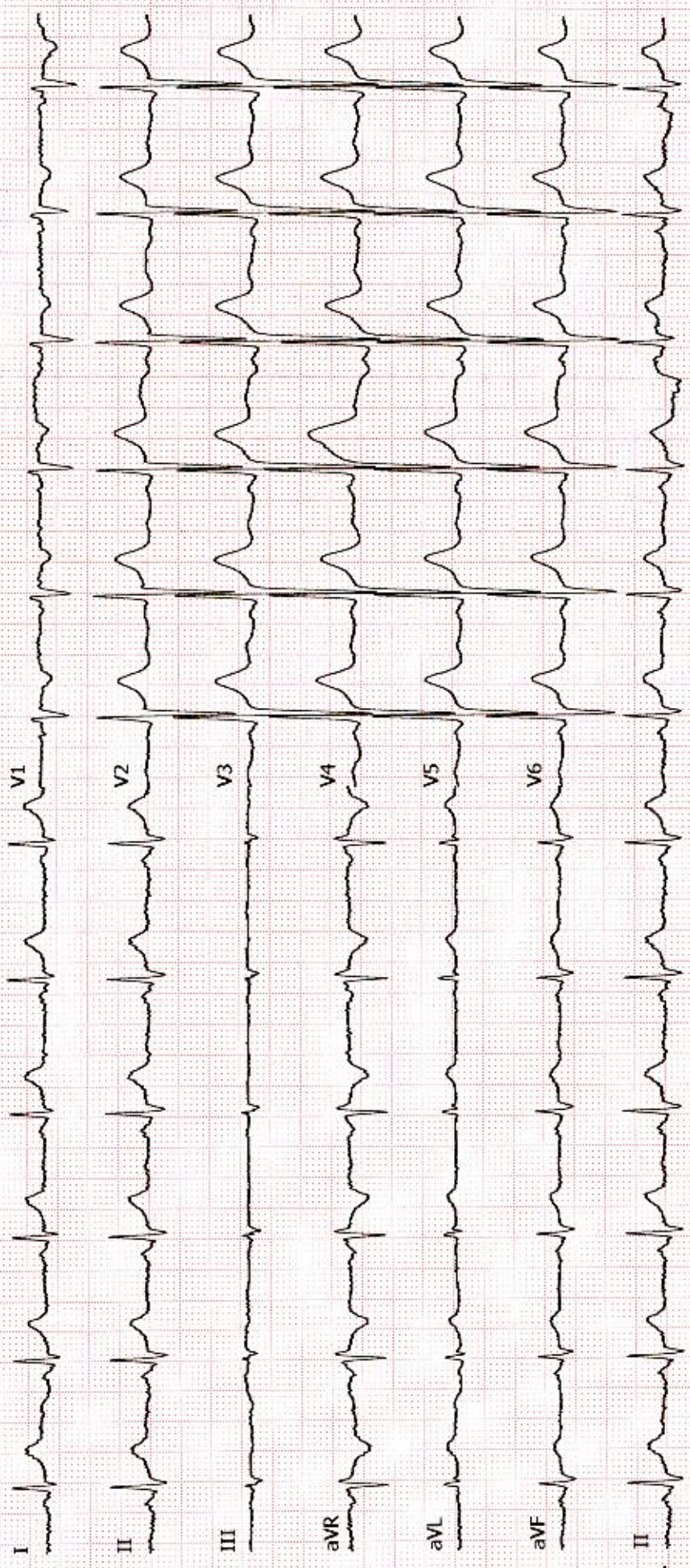
CC LOT D750

Male

Technician:  
Ordering Ph:  
Referring Ph:  
Attending Ph:

QRS : 96 ms  
QT / QTcBaz : 384 / 420 ms  
PR : 120 ms  
P : 98 ms  
RR / PP : 828 / 833 ms  
P / QRS / T : 51 / 37 / 36 degrees

Normal sinus rhythm  
Normal ECG



GE MAC2000 1.1 12SL™ v241

25 mm/s 10 mm/mV

ADS 0.56-40 Hz 50 Hz

Unconfirmed  
2x5x6\_25\_R1

1/1



**NAME: MANU BANSAL****AGE AND SEX: 35/M****UHID :12362487****DATE-20/03/2023****CHEST- PA**

Both the domes of diaphragm are normal.

Both costophrenic angles are normal.

Both lung fields are clear.

Cardiac size and silhouette are normal.

Both hila and mediastinum are normal.

Bony cage and soft tissues are normal.

**IMPRESSION :    NORMAL STUDY.****Please correlate clinically and with other relevant investigations.****DR NEHA CHHABRA  
CONSULTANT RADIOLOGIST**

**NAME: MR. MANU BANSAL****AGE AND SEX: 35Y/M****UHID NO: 12362487****DATE: 20/03/2023****ROI: WHOLE ABDOMEN**

Liver is normal in size, outline and echogenicity. No focal lesion seen. IHBR's are not dilated. Portal vein and hepatic veins are normal.

Gall bladder is normally distended with anechoic lumen. Wall thickness is normal. No calculus / focal lesion seen. No pericholecystic fluid / collection seen. CBD is normal.

Pancreas is visualized in region of head and proximal body and is normal in size, shape, outline and echotexture. No focal lesion seen. Distal body and tail are obscured by bowel gases.

Spleen is normal in size, outline and echotexture. No focal lesion seen.

Right kidney is normal in size, outline and echogenicity. Cortico-medullary differentiation is maintained. No hydronephrosis / calculus is seen.

Left kidney is normal in size, outline and echogenicity. Cortico-medullary differentiation is maintained. No hydronephrosis / calculus is seen.

Retroperitoneum is normal.

The urinary bladder is empty at the time of examination.

No free fluid is seen.

**Opinion: Normal study.**

**Suggested clinical correlation.**

  
**Dr. NEHA CHHABRA.**  
**Consultant Radiologist**

**MONU BANSAL 35M**

**Study Date: 20/03/2023**

Patient ID: 12362487

Accession #:

Alt ID:

DOB:

Age:

Gender: M Ht:

Wt:

BSA:

Institution: Fortis MEDCENTRE, Chandigarh

Referring Physician:

Physician of Record:

Performed By:

Comments:

### Images

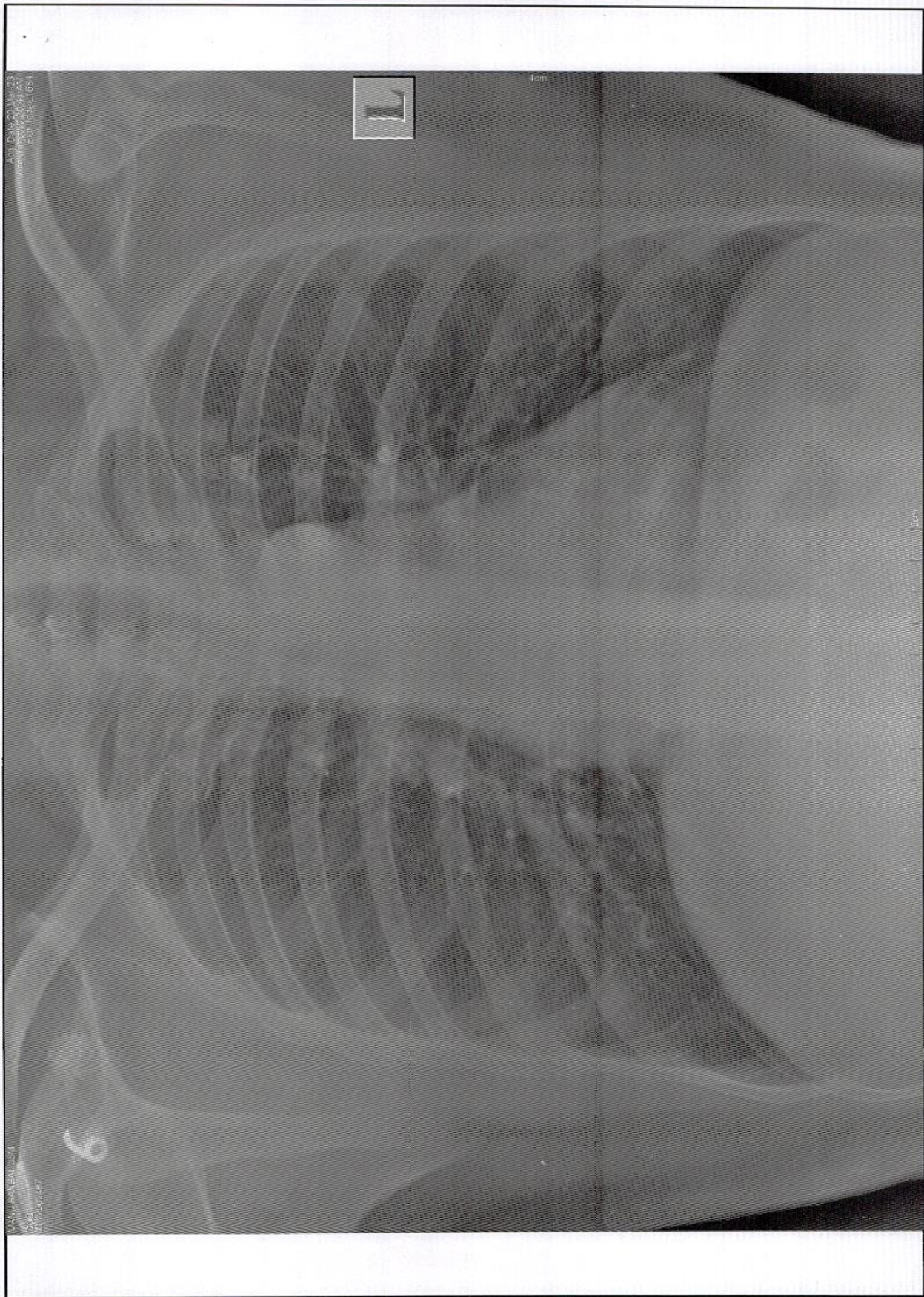


### Signature

Signature:  
Name(Print):

Date:







SCO II, Sector II D  
Chandigarh

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: MONU, BANSAL  
Patient ID: 12362487  
Height: 170 cm  
Weight: 73 kg

DOB: 04.06.1987  
Age: 35yrs  
Gender: Male  
Race: Indian

Study Date: 20.03.2023  
Test Type: --  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: --  
Technician: --

Medications:  
--

Medical History:  
--

Reason for Exercise Test:  
--

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:07	0.00	3.60	86	130/90	
	STANDING	00:04	0.00	3.50	88		
	HYPERV.	00:11	0.00	3.50	91		
EXERCISE	STAGE 1	03:00	2.70	10.00	107	130/90	
	STAGE 2	03:00	4.00	12.00	130	140/90	
	STAGE 3	03:00	5.50	14.00	148	140/90	
	STAGE 4	02:07	6.80	16.00	179	145/90	
RECOVERY		01:24	0.00	3.50	137	130/90	

The patient exercised according to the BRUCE for 11:06 min:s, achieving a work level of Max. METS: 13.50. The resting heart rate of 82 bpm rose to a maximal heart rate of 181 bpm. This value represents 97 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/90 mmHg, rose to a maximum blood pressure of 145/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

Conclusions *negative for inducible ischemia*

Physician

Technician

*[Signature]*  
MANJEET SINGH TREHAN  
Additional Director-Internal Medicine (FMC)  
Fortis Hospital, Mohali (Pb.)  
Mobile No. 9814104609  
Reg. No. PMC 24797

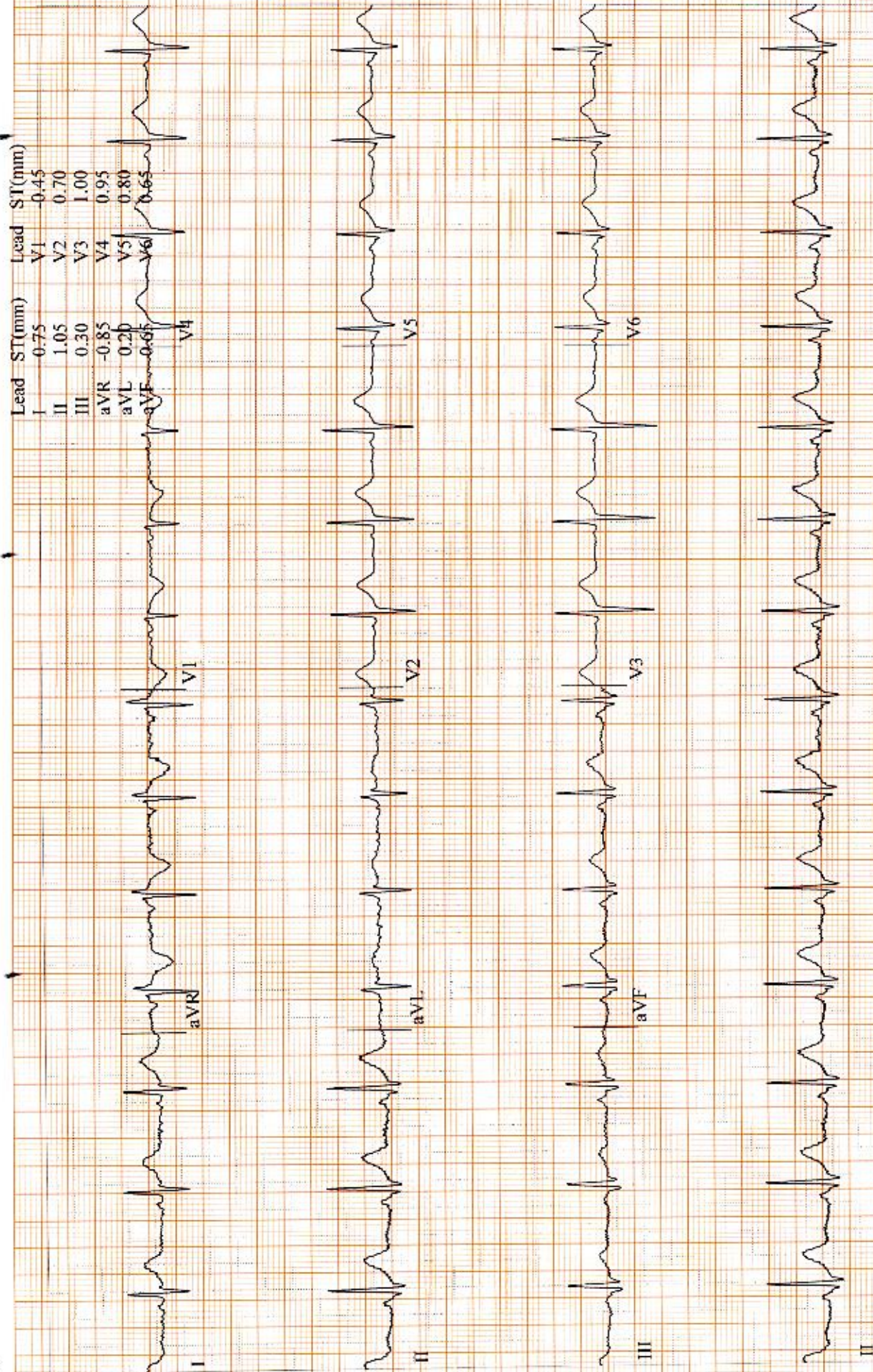


**MONU, BANSAL**  
 Patient ID 12362487  
 20.03.2023  
 12:29:21pm

12-Lead Report

85 bpm  
 130/90 mmHg

Measured at 60ms Post J (10mm/mV)  
 Auto Points





MONU, BANSAL  
Patient ID 12362487  
20.03.2023  
12:29:31pm

12-Lead Report

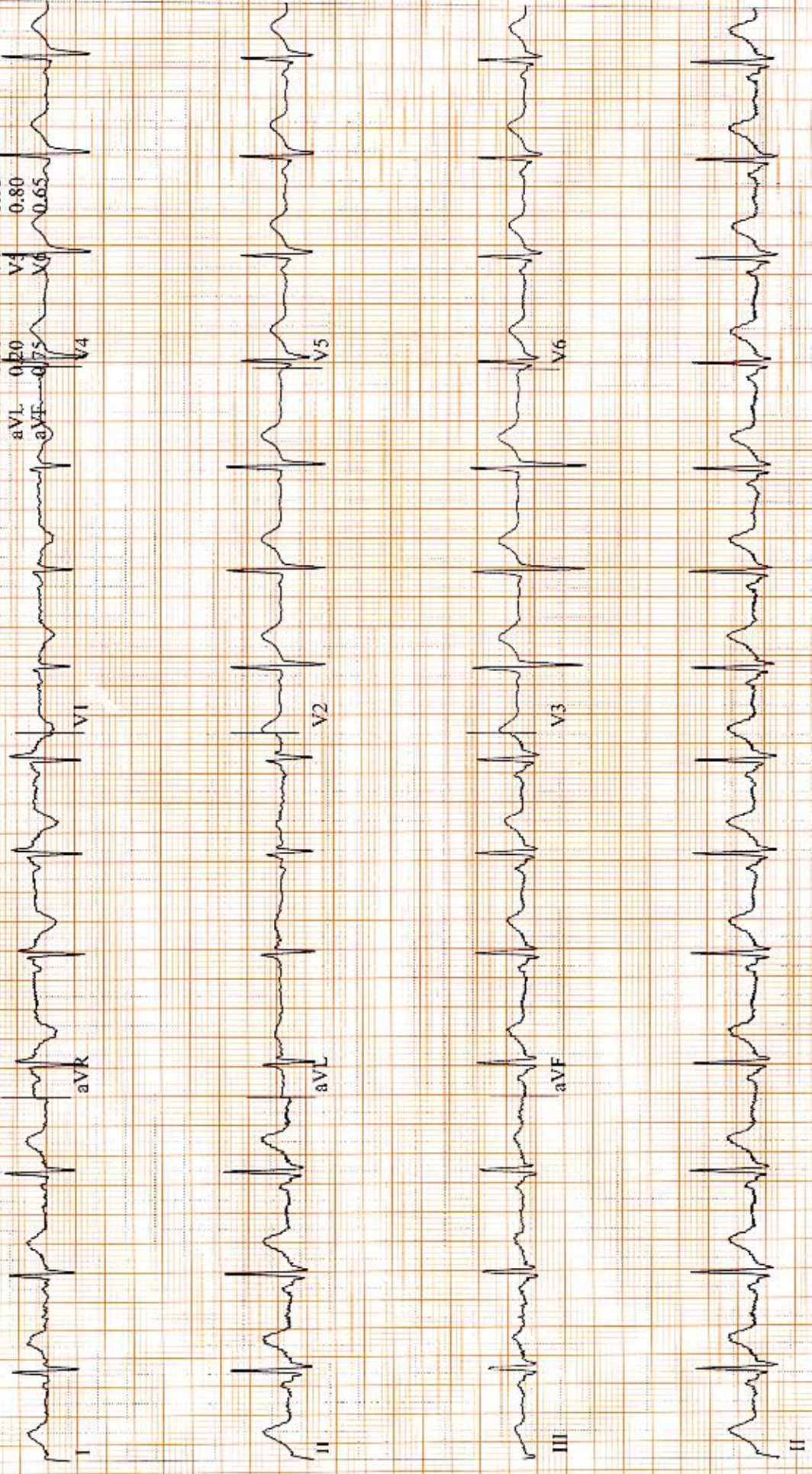
PRETEST  
STANDING  
00:09

86 bpm  
130/90 mmHg

BRUCE  
0.0 km/h  
3.5 %

Measured at 60ms Post J (10mm/mV)  
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	0.75	V1	-0.45
II	1.10	V2	0.75
III	0.35	V3	0.95
aVR	-0.90	V4	0.95
aVL	0.20	V4	0.80
aVF	0.75	V6	0.65





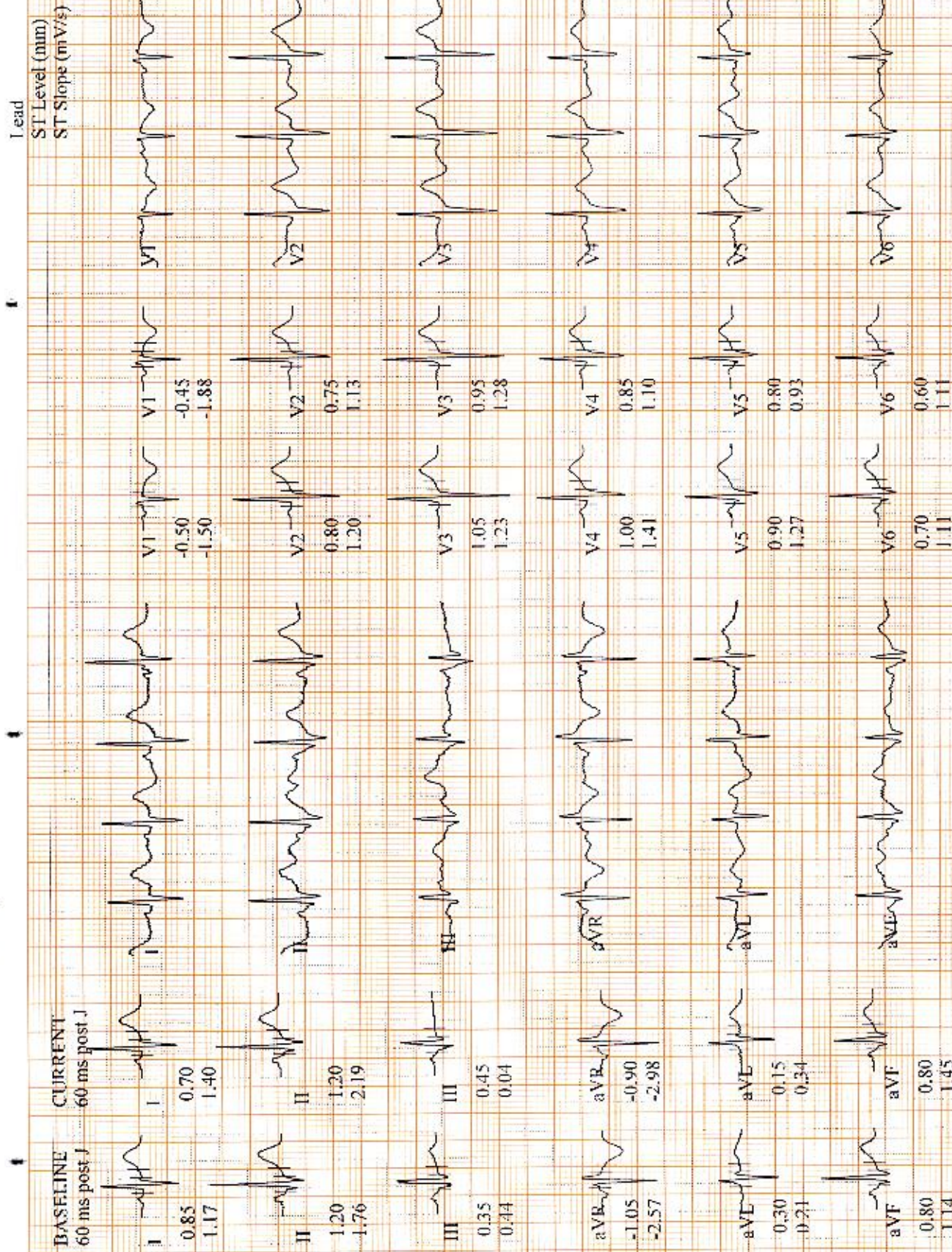
Comparative Medians Report

MONU BANSAL  
 Patient ID 12362487  
 20.03.2023  
 12:32:26pm

BRUCE  
 2.7 km/h  
 10.0 %

EXERCISE  
 STAGE I  
 02:50

107 bpm  
 130/90 mmHg





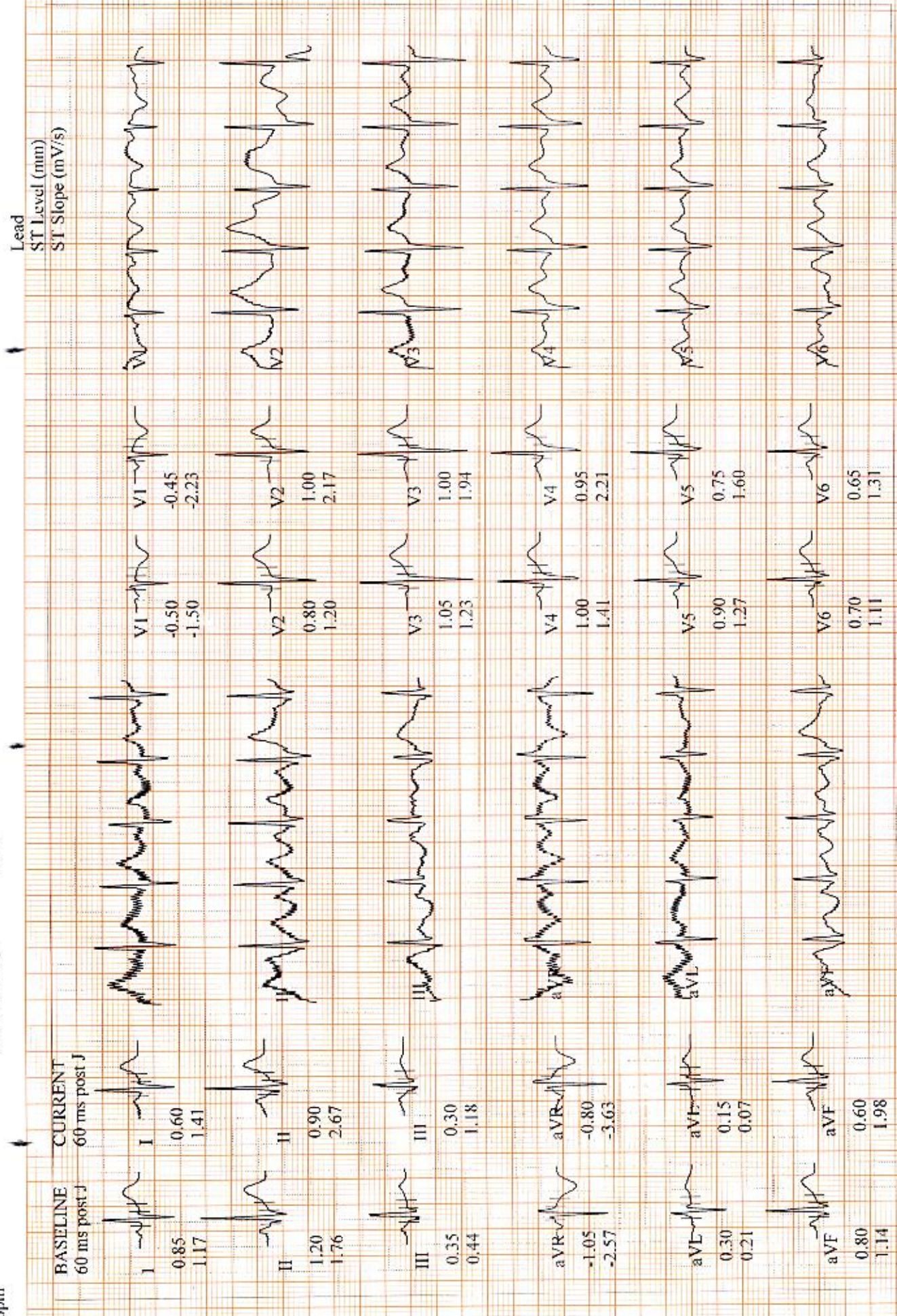
MONU, BANSAL  
 Patient ID 12362487  
 20.03.2023  
 12:35:26pm

Comparative Medians Report

EXERCISE  
 STAGE 2  
 05:50

125 bpm  
 140/90 mmHg

BRUCE  
 4.0 km/h  
 12.0 %





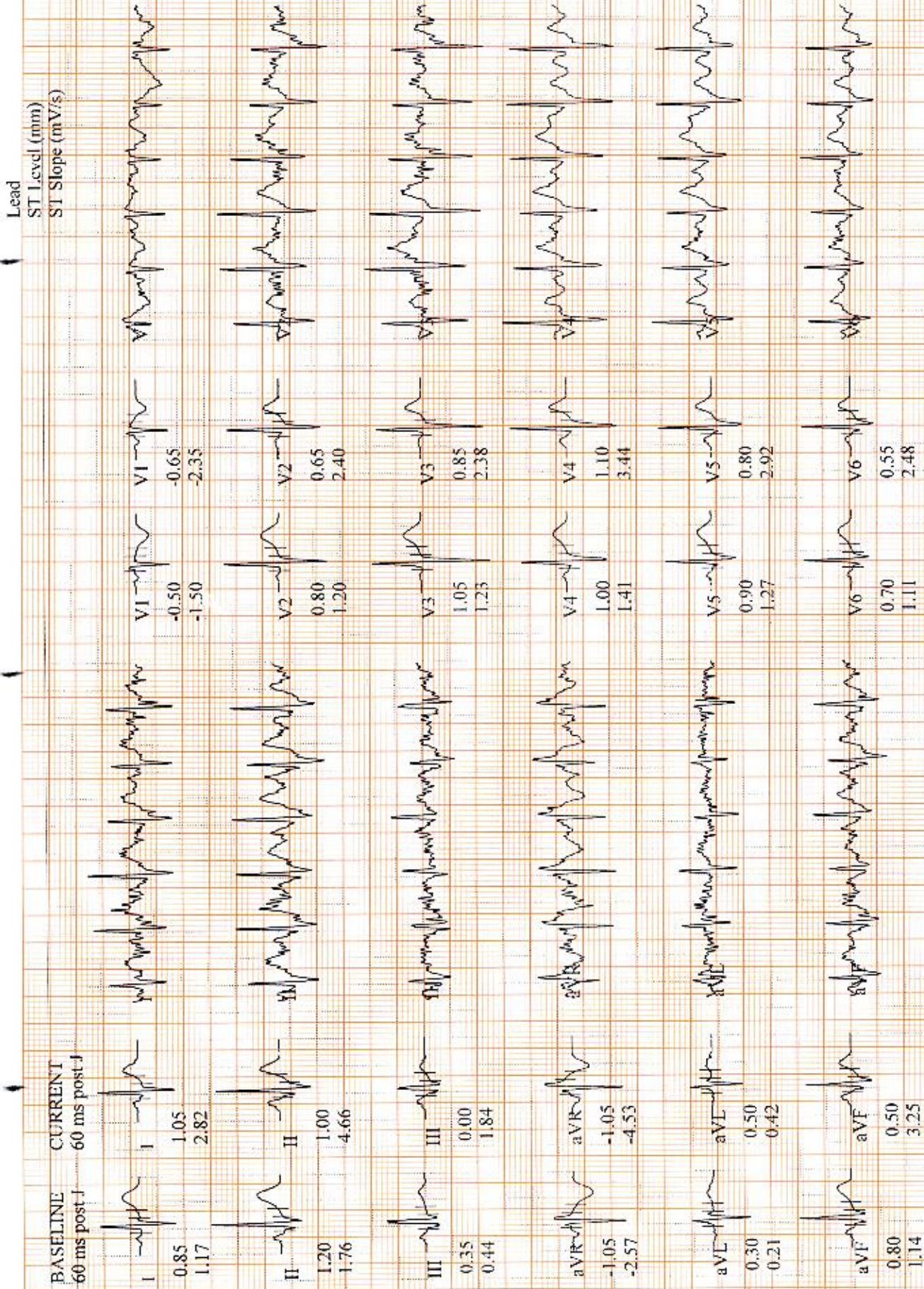
MONU, BANSAL  
 Patient ID 12362487  
 20.03.2023  
 12:38:26pm

Comparative Medians Report

EXERCISE:  
 STAGE 3  
 08:50

BRUCE  
 5.5 km/h  
 14.0 %

148 bpm  
 140/90 mmHg





Comparative Medians Report ( PEAK EXERCISE )

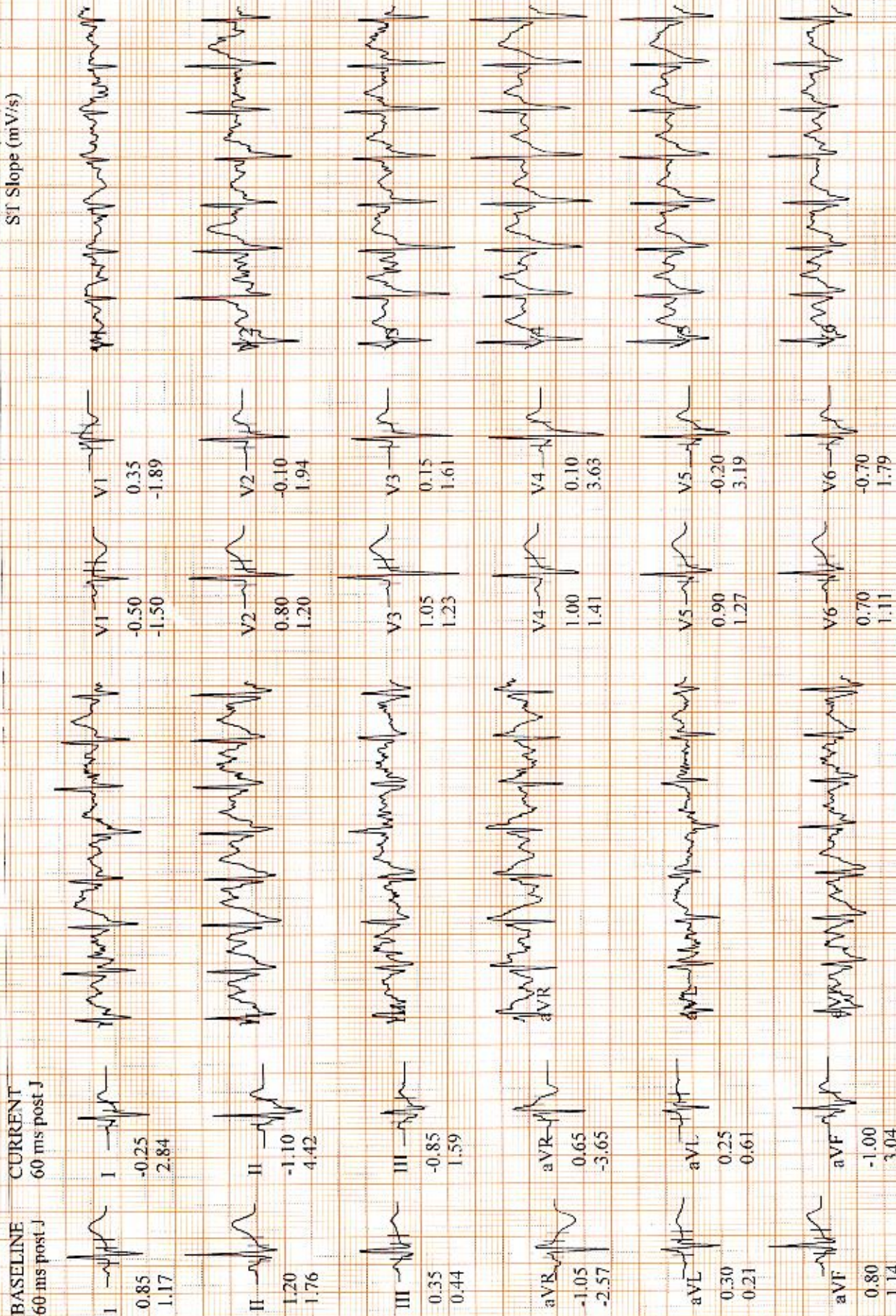
MONU, BANSAL  
 Patient ID 12362487  
 20.03.2023  
 12:40:43pm

179 bpm  
 145/90 mmHg

EXERCISE  
 STAGE 4  
 11:07

BRUCE  
 6.8 km/h  
 16.0 %

Lead  
 ST Level (mm)  
 ST Slope (mV/s)





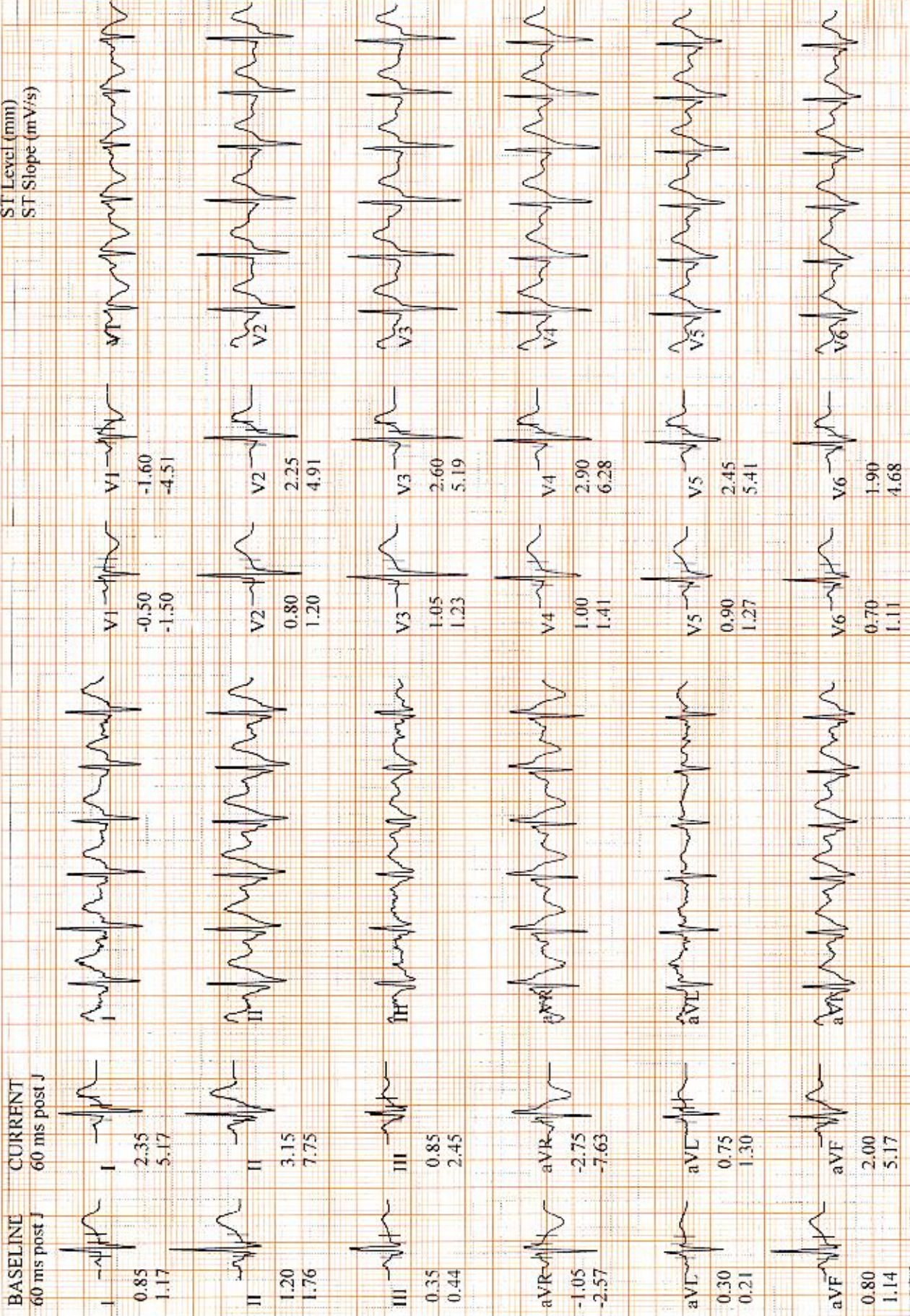
MONU, BANSAL  
 Patient ID 12362487  
 20.03.2023  
 12:41:32pm

Comparative Medians Report

RECOVERY #1 00:50  
 153 bpm  
 145/90 mmHg  
 BRUCE  
 2.4 km/h  
 3.7 %

Lead†

ST Level (mm)  
 ST Slope (mV/s)





TEST REQUEST FORM



TRF ID : 0080WC007762

TRF Date : 20/03/2023

PATIENT INFORMATION	
Name :	Mr. MONU BANSAL
Address :	****
Phone No :	8146555542
Email :	MONUBANSAL1987@GMAIL.COM
Date Of Birth :	04/06/1987
Age / Sex :	35 / Male
Height / Weight :	/

BILL TO	
Client Code :	C000138383
Client Name :	ACROFEMI HEALTHCARE LTD ( MEDIWHEEL )
Address :	NEW DELHI
Phone No. :	8800465156
Email :	

ESSENTIAL CLINICAL INFORMATION	
Provisional Diagnosis :	_____
H / o Medication :	Yes / No _____
If Yes, Name :	_____
Status of Medication :	Ongoing / Terminated _____
If Ongoing, Duration :	_____
If Terminated, When :	_____
LMP (Where Applicable) :	_____
Fasting Period :	_____
24 Hour Urine Volume :	_____
For Histopathology / IHC, Attach Detailed History	
Attach Other Relevant Information :	_____

REFERRING DOCTOR	
Doctor Name :	SELF
Phone No :	
City :	
Email :	

SPECIMEN INFORMATION	
Patient Id / Hospital Id :	
SRL Id :	MONUM04068780
Date Drawn :	
Time Drawn(HRS) :	
Specimen Collected at :	_____

Rcvd In :SRL CHANDIGARH
Date :
Time :

TEMP SENT	TEMP RECD.
<input type="checkbox"/> Frozen(< - 10 Celcius)	<input type="checkbox"/> Frozen(< - 10 Celcius)
<input type="checkbox"/> Cold(2 - 8 Celcius)	<input type="checkbox"/> Cold(2 - 8 Celcius)
<input type="checkbox"/> Ambient	<input type="checkbox"/> Ambient

FOR REPEAT/FOLLOW-UP PATIENTS	
Old Accession No. :	_____
SRL Care Code No. :	_____

PP PLASMA FL.
FASTING URINE

Please Note: After completion of the ordered tests, the remaining sample may be stored and used for research in medical sciences.

I agree

I don't agree

Signature / Thumb impression of patient
Date :

Signature of Requisitioner
Date :

Important : It is mandatory to provide all the requested information to enable accurate and timely reporting.