

NDC DIAGNOSTIC CENTRE PVT. LTD.

104, Beauty Arcade, Opp Pratap Cinema, Kolbad Road, Khopat,
Thane (W) - 400 601. T.: 022 25475661 / 71, 9004059481 / 82

Email: ndc.thane@gmail.com www.ndcdiagnostic.com

CIN No. U85191MH2011PTC217826

24/03/2023

FITNESS CERTIFICATE

This is to certify that I have examined **MRS.HEMA HANS**
(46 years) on 23/03/2023, for the **APOLLO** Pre-employment
medical check-up from **ARCOFEMI MEDIWHEELCREDIT PAN**
INDIA. She is medically fit.

Dr. Alaka S. Hegde
MD (Medicine)
Reg.No. 2014/01/0209

DR. ALAKA S. HEGDE
MD (Medicine)
2014/01/0209

NDC Diagnostic Centre
104, Beauty Arcade,
Opp. Pratap Cinema,
Kolbad Road, Khopat,
Thane (W) - 400 601.

भारत सरकार
Government of India

मेमा हिरानंद हंस
Memia Hiranand Hans
जन्म तिथि/DOB: 03/02/1977
लिंग/ GENDER: FEMALE

5267 6076 0183
VID : 9142 1980 3557 7567

मेरा आधार, मेरी पहचान

Memia Hiranand Hans

Corporate HC Appointment Confirmation

Donotreply <noreply@apolloclinics.info>

17 March 2023 at 16:07

Reply-To: noreply@apolloclinics.info

To: ndc.thane@gmail.com

Cc: rahul.rao@apolloclinic.com, pritam.padyal@apolloclinic.com, bhumiika.ajit@apolloclinic.com, ahcnmembers@apolloclinic.com, syamsunder.m@apollohl.com, corporate@apolloclinic.com, deepak.gaddam@apolloclinic.com, rani.g@apolloclinic.com, devendra.singh@apolloclinic.com, apsara.bagchi@apollohl.com

Greetings from Apollo!!

Respected Sir/Madam,

Please find corporate HC appointment details scheduled for **22-03-2023** at your **NDC DIAGNOSTIC CENTRE PVT LTD-Thane(kopat)** Center.

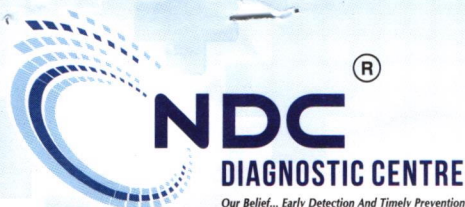
Points to note :-

- Collect photocopy of employee ID proof if health check is through an employer
- Collect photocopy of personal ID proof if health check is for insurance
- Collect MER as per package details & that company's format (already shared)
- By 12 noon of appointment date, share Work order number & visit status (Show/No show)
- Upload reports in Adbhutam portal as per specifications given earlier

Appointment Booking Details

Corporate/TPA	Agreement Name	Package Name	Package Inclusions	Customer Name	Gender M/F	Relation (Self/Spouse)	DOB/Age	Emp ID	E-Mail Id	Mobile No	Date of appointment	Appt Time	Ref No / UHID	HC Center Name	HC Center Location
ARCOFEMI HEALTHCARE LIMITED	ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN INDIA OP AGREEMENT	BODY HEALTH ANNUAL PLUS FEMALE - 2D ECHO - PAN INDIA - FY2324	Glycosylated Hemoglobin (HbA1C) - Whole Blood,LBC PAP SMEAR,Dietician consultation,2 D ECHO,ECG,Fitness by General Physician,Urine Routine (CUE),Blood Grouping And Typing (Abo And Rh),Package Consultation - ENT,Lipid ARCOFEMI - Profile (all MEDIWHEEL Parameters),URINE - FULL GLUCOSE(FASTING),URINE GLUCOSE(POST PRANDIAL),BMI,Opthal by General Physician,THYROID PROFILE - I(T3,T4 AND TSH),Package Gynaecological Consultation,GLUCOSE - SERUM / PLASMA(FASTING AND POST PRANDIAL,LIVER FUNCTION TEST (PACKAGE),GGTP: Gamma Glutamyl Transpeptidase - Serum,Ultrasound - Whole Abdomen,Consultation - Dental X-Ray Chest PA,HEMOGRAM (CBC+ESR),Renal Function Test	MS. HANS HEMA	F	Self	44	bobE33844	hema.hans@bankofbaroda.com	9820651312	2023-03-22T00:00:00	8:30 AM - 9:00 AM	AHCNND17032308165	NDC DIAGNOSTIC CENTRE PVT LTD- Thane(kopat)	Mumbai

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CIN No. U85191MH2011PTC217826

NAME: Herra Hans

MEDICAL EXAMINATION REPORT

Present complaints: NI

K/C/O - DM/HTN/IHD/T. B./Hypothyroidism

Personal History: - Vegetarian / Non-vegetarian / Smoker / Non-smoker / ~~Alcoholic~~

Past History: - Medical illness DM
- Surgical illness RT Ankle # - ORIF

Family History: Father - HTN / DM / IHD } - NI
Mother - HTN / DM / IHD }

History of Allergies: NI

History of Medication: Jalva, cybwi

General conditions obese

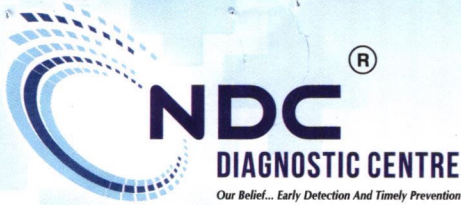
Conjunctiva - <u>NI</u>	Sclera-	} - <u>NBD</u>
Tongue- <u>NI</u>	Skin-	
Lymph nodes- <u>not enlarged</u>	Oedema-	
Varicose veins- <u>NI</u>	Joints -	

Systemic Examination:

PA - } - <u>NBD</u>	CVS - } - <u>NBD</u>
RS-	CNS - }

Height (in cms)	<u>155</u>	Weight (in kgs)	<u>86</u>
Pulse (per min)	<u>105</u>	Spo2	<u>-</u>
		Blood Pressure	<u>125/82</u>

Dental Examination: - clean, exam (X)



NAME: Ms Hema Hans

AGE / SEX: 46 YRS F

REF BY:

DATE 23/3/2023

EYE CHECK UP

HISTORY OF THE RELATED COMPLAINTS : - N/A

HISTORY OF SYSTEMIC : - N/A

HISTORY OF EYE SURGERY: - N/A

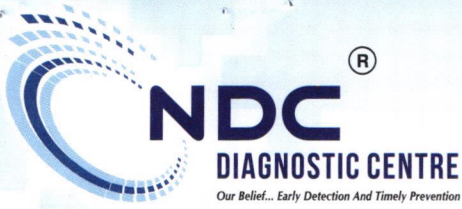
DVN V/N : RE: 6CB LE: 6CB

NEAR V/N : RE: 1/16 LE: 1/16

COLOUR VISION : - Normal

CONCLUSION : - Normal

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CIN No. U85191MH2011PTC217826

NAME : Mrs. Hema

46.F
AGE: YRS/

REF BY :

DATE: 13 / 2023

ENT CHECK UP

Ears
Nose
Throat

Fusibet-eint
2 times x 1

NDC Diagnostic Centre
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Patient ID:- 138555

Regn No:- TNDC011239

Patient Name:- Ms. HEMA HANS

Reg. On:- 22/03/2023 13:04:36

Age/Gender:- 46 Yrs / Female

Rep. On :- 22/03/2023 13:34:30

Referred By:- APOLLO .

X-RAY CHEST PA VIEW

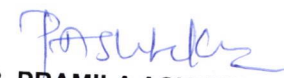
Both lung fields appear normal.

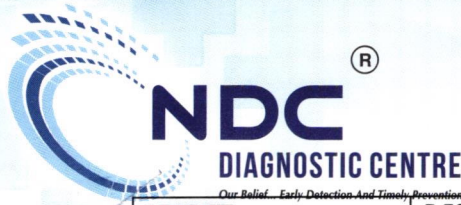
Cardiac silhouette is within normal limits.

Bilateral hilar shadows appear normal.

Both costophrenic angles appear normal.

Bony thorax appears normal.

IMPRESSION:**Normal Radiograph***Thanks for the Referral***Checked By**
IQRA SHAIKH
DR. PRAMILA ASHTEKAR
M.B.B.S, D.M.R.E

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CIN No. U85191MH2011PTC217826

NAME	MS.HEMA HANS
AGE/ GENDER	46Y/F
REF. BY	PKG
DATE	22/03/2023

USG ABDOMEN & PELVIS

Liver: -is normal in size, shape & shows **mildly increased echo reflectivity**.
No focal lesion is seen. Portal & hepatic veins are normal. No IHBR dilatation seen.

Gall Bladder: is physiologically distended. No calculus or mass lesion seen.
No GB wall thickening or pericholecystic fluid seen.

CBD: is normal in size.

Pancreas: visualized portion appears normal.

Spleen: is normal in size, reflectivity. No focal lesion.

Kidneys: are normal in size, position and reflectivity. CMD is maintained.

Right kidney -10.7 x 5.2 cms

Left kidney -11.7 x 5.9 cms.

A 46 x 39 mm sized cortical cyst is noted at upper pole of left kidney.

No calculi or hydronephrosis seen on either side.

Retro peritoneum:

Visualised part of IVC and aorta appears normal.

Retro peritoneum & para aortic regions appear normal. No evidence of significant bowel wall thickening or lymphadenopathy noted.

No evidence of free fluid is noted.

Bladder: is well distended & shows normal wall thickness. No intraluminal lesion seen.

Uterus: is anteverted and normal in size.

Myometrium shows homogenous echo pattern. No focal lesion seen.

ET: 4.4 mm.

Ovaries: are normal in size, reflectivity & show normal follicular pattern.


Right Ovary: 2.3 x 1.6 cms.

Left Ovary: 2.1 x 1.9 cms.

Both adnexae appear normal. No free fluid seen in POD.

IMPRESSION:

- **Grade I fatty liver**
- **Left renal simple cortical cyst.**


DR. PRAMILA ASHTEKAR
M.B.B.S, D.M.R.E

Radiological investigations have their limitations. Correlation with clinical and pathological finding is required to establish final diagnosis.

ECHOCARDIOGRAPHY & COLOR DOPPLER REPORT

NAME	MS. HEMA HANS
AGE / GENDER	46Y/F
REF. BY	PKG
DATE	22/03/203

2D

- All cardiac chambers are normal in size.
- No concentric left ventricular hypertrophy.
- No regional wall motion abnormality.
- Normal LV systolic function. LVEF is approximately 60% visually.
- Normal RV systolic function.
- All valves are normal in structure.
- IAS and IVS are intact.
- Aortic arch normal.
- No e/o clot/ vegetation/ effusion.

M-MODE

LVIDd	48	mm	IVS(d)	9.5	mm
LVIDs	30	mm	PW(d)	9.2	mm
EDV	84	ml	Ao	30	mm
ESV	28	ml	LA	32	mm
EF	60	%			

COLOR DOPPLER

- There is no stenotic or regurgitant lesion at any valve.
- No significant gradient across aortic valve.
- Grade I LV diastolic dysfunction.
- No significant pulmonary hypertension.

IMPRESSION

- **Good LV function**
- **Grade I diastolic dysfunction.**

Many thanks for reference



Consultant non invasive cardiologist

भारत सरकार
Government of India

आधार

Download Date: 19/03/2021

Issue Date: 05/06/2018

हनी तिवारी
Honey Tiwari
जन्म तिथि/DOB: 26/06/2001
पुरुष/ MALE

Honey Tiwari

7340 0280 3233
VID : 9149 905C 8461 5636

मेरा आधार, मेरी पहचान

