

**PERIODIC MEDICAL EXAMINATION REPORT**

Name	: Prachi Nangrani	Test Code	: AHC-23
Emp Code	:	Test Date	: 19-02-2022
Age	: 46 Years	Sex	: Female
Contact No	: 9833301145	Dep. Name	: --
Company Name	: Arcofemi Health Care Ltd.	Job Nature	: --

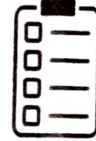
**PHYSIOLOGICAL DATA**

Height	: 167.6 Cms	Weight	: 75 Kgs	Expected Weight	: 62 Kgs
B.P	: 119/76 mmHg	PULSE	: 87 /min	Body Mass Index	: 26.7



**MEDICAL HISTORY**

<input checked="" type="checkbox"/> NO Frequent Cold	<input checked="" type="checkbox"/> NO Frequent Sneezing	<input checked="" type="checkbox"/> NO Joint Pain
<input checked="" type="checkbox"/> NO Shortness of breath	<input checked="" type="checkbox"/> NO Frequent Headache	<input checked="" type="checkbox"/> NO Cronic Cough
<input checked="" type="checkbox"/> NO Backache	<input checked="" type="checkbox"/> NO Intestinal trouble	<input checked="" type="checkbox"/> NO Ear Discharge
<input checked="" type="checkbox"/> NO Impaired Hearing	<input checked="" type="checkbox"/> NO Chest Pain Or Pressure	<input checked="" type="checkbox"/> NO Diabetes
<input checked="" type="checkbox"/> NO Recent Loss Of Weight	<input checked="" type="checkbox"/> NO Allergy To Drugs / Chemical	<input checked="" type="checkbox"/> NO High BP



**PAST OPERATIVE HISTORY**

<input checked="" type="checkbox"/> NO Hydrocele	<input checked="" type="checkbox"/> NO Renal Calculus	<input checked="" type="checkbox"/> NO Duodnal Ulcer
<input checked="" type="checkbox"/> NO Hernia	<input checked="" type="checkbox"/> NO Tonsillitis	<input checked="" type="checkbox"/> NO Appendicitis
<input checked="" type="checkbox"/> NO Cataract	<input checked="" type="checkbox"/> NO DNS	<input checked="" type="checkbox"/> NO Piles



**OTHER PAST OPERATIVE HISTORY** : No

**OTHER COMPLAINTS** : No

**PAST HISTORY** : No

**FAMILY HISTORY** : No

**ADDICTIONS** : Smoke : No | Drinks : No | Diet : Veg | Pan : No | Tobacco : No | Gutka : No

**VISION**

<b>WITHOUT GLASSES</b>		<b>WITH GLASSES</b>		<b>COLOUR BLINDNESS</b>
NEAR	R <input type="text" value="N-6"/> L <input type="text" value="N-6"/>	NEAR	R <input type="text" value="N-6"/> L <input type="text" value="N-6"/>	<input type="text" value="NO"/>
FAR	R <input type="text" value="6/12"/> L <input type="text" value="6/12"/>	FAR	R <input type="text" value="6/6"/> L <input type="text" value="6/6"/>	



**VISION REMARK** : NORMAL WITH GLASS

Medical Test Date : 19-02-2022      Test Code : AHC-23  
 Name : Prachi Nangrani      Emp Code :

**CLINICAL EXAMINATION**

**GENERAL & DERMATOLOGY EXAMINATION**

General Condition : Good	Nails : NAD
Oedema Feet : Absent	Skin : Normal
Temperature : Normal	Deformities : None

**CARDIOVASCULAR**

Heart Sound : Normal

**ABDOMEN**

Liver : Not Palpable	Spleen : Not Palpable
	Other Masses : NAD

**GENITO URINARY**

Ext. Genitalia : Normal	Discharge : No
	Hydrocele : Normal

**LYMPHATIC AND ENDOCRINE**

Lymph Nodes : Not Palpable	Thyroid : Not Palpable
----------------------------	------------------------

**MUSCULO SKETAL**

Bones : NAD	Joints : NAD
	Posture Spine : Normal

**NERVOUS SYSTEM**

Sensory System : Normal	Reflexes : Normal
	Motor System : Normal

**EYE CHECKUP**

Conjunctiva : Normal	Cornea : Normal
Pupil : Normal	Fundus : NAD

**E.C.G** : Within Normal Limits

**PFT** : NA

**ADVICE** : Normal Health.

**RESULT** : This is to certify that the employee is free from contagious and obnoxious disease including skin & Tuberculosis. Hence found to be fit for the respective job.

\*NAD - No Abnormality Ditected  
 NA - Not Applicable

**Dr. Rahul S Deshpande**  
 M.B.B.S. (Diploma in Occupational Health & Safety) (Mumbai)  
 HARDEV HEALTH CARE  
**Dr. Rahul Deshpande**  
 M.B.B.S., ORTHO, A.F.I.H. (C.L.I)  
 Industrial Health Consultant

Medical Test Date : 19-02-2022      Test Code : AHC-23  
 Name : Prachi Nangrani      Emp Code :

**BLOOD GROUP & RH FACTOR**      Blood Group : 'O'      Rh Typing : 'Positive'

**EXAMINATION OF HEMATOLOGY**

NAME	RESULT	UNITS	NORMAL RANGE
Haemoglobin	12.1	mg/dl	12 - 15
RBC	4.73	mill/cumm	4.3 - 5.3
PCV / HCT	36.5	%	36 - 46
MCV	<b>77.2*</b>	fl	83 - 101
MCH	<b>25.6*</b>	pj	27 - 32
MCHC	33.2	g/dl	31.5 - 34.5
RDW	<b>14.7*</b>	%	11.6 - 14
Total WBC Count	9300	mill/cumm	4000 - 10000
Neutrophils	62	%	40 - 80
Lymphocytes	34	%	20 - 40
Monocytes	03	%	2 - 10
Eosinophils	01	%	1 - 6
Basophils	00	%	0 - 1
Platelet Count	377000	per cu. mm.	150000 - 410000
ESR	16	mm	0 - 20
<b>DIABETIC PROFILE</b>			
	<b>RESULT</b>	<b>UNITS</b>	<b>NORMAL RANGE</b>
HbA1c	5.92	mg/dl	4 - 6.5
Blood sugar fasting	97.70	mg/dl	70 - 120
Blood sugar post lunch	114.2	mg/dl	80 - 160
<b>KIDNEY FUNCTION TEST</b>			
S. creatinine	1.22	mg/dl	0.5 - 1.5
Uric acid	<b>2.9*</b>	mg/dl	4.5 - 6.7
Urea	26.3	mg/dl	14 - 40
Blood urea nitrogen	12.282	mg/dl	6 - 21

**EXAMINATION OF URINE**

PHYSICAL EXAMINATION	CHEMICAL EXAMINATION	MICROSCOPIC EXAMINATION
Quantity : 30ml	Proteins : Absent	Erythrocytes : Absent
Color : Pale Yellow	Glucose : Absent	Epithelial Cell : 2-3 hpf
Appearance : Clear	Specific Gravity : 1.020	Pus Cell : 3-4 hpf
Deposit : Absent	Ketones : Absent	Bacteria : Not seen
Urobilinogen : Absent	Occult Blood : Negative	Casts : Not seen
	Nitrite : Absent	Crystals : Not seen
		A. Material : Not seen

N.B. Above investigation have their limitations and should be interpreted by referring physician accordingly. Solitary Radiological/Pathological and other investigations do not confirm the final diagnosis of disease.

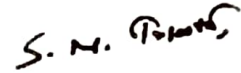
*S. N. Tripathi*

Dr. Surya N. Tripathi  
 Consulting Pathologist  
 Reg No - 2000/04/1994

Medical Test Date : 19-02-2022 Test Code : AHC-23  
Name : Prachi Nangrani Emp No :

**BIOCHEMICAL EXAMINATION**

LIPID PROFILE	RESULT	UNITS	NORMAL RANGE
Total cholesterol	168.0	mg/dl	130 - 200
Hdl cholesterol	49	mg/dl	40 - 60
Ldl cholesterol	<b>92.20*</b>	mg/dl	95 - 145
VLDL	26.80	mg/dL	2 - 30
LDL/HDL RATIO	1.88	--NA--	0.5 - 3.5
Triglycerides	134.9	mg/dl	70 - 140
LIVER FUNCTIN TEST			
Total bilirubin	0.7	mg/dl	0.2 - 1.2
Direct bilirubin	0.4	mg/dl	0 - 0.5
Indirect bilirubin	0.3	mg/dl	0 - 0.3
SGOT	28.46	/ml	0 - 40
SGPT	21.22	/ml	0 - 40
Protein	7.0	g/dl	6 - 8
Albumin	3.9	g/dl	3.5 - 5.5
S. Globulin	3.1	g/dl	2.5 - 3.5
Alkaline phosphatase	78.84	u/l	50 - 150
GGT	39.90	u/l	10 - 50



Dr. Surya N. Tripathi  
Consulting Pathologist  
Reg No - 2000/04/1994

TEST DATE : 19-02-2022  
 REF. BY : HARDEV HEALTH CARE  
 EMP CODE :  
 NAME : Prachi Nangrani  
 TEST ASKED: TSH

TEST NAME	TECHNOLOGY	VALUE	UNITS	REFERENCE RANGE
T3	C.L.I.A.	108.4	ng/dl	60 - 200
T4	C.L.I.A.	8.76	µg/dl	4.5 - 12
Thyroid Stimulating Hormone (TSH)	C.L.I.A.	3.17	µIU/mL	0.3 - 5.5

Comments : \*\*\*

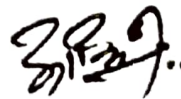
**Please correlate with clinical conditions.**

Method :

TSH - ULTRA SENSITIVE SANDWICH CHEMI LUMINESCENT IMMUNO ASSAY

--End Of Report--

Sample Collected on (SCT) : 19-02-2022  
 Sample Received on (SRT) : 20.02.2022  
 Report Released on (RRT) : 21 February 2022  
 Sample Type : SERUM  
 Labcode : 110741711/AND45  
 Test Code : AHC-23



Dr.Durgaprasad N Agrawal MD



Dr.Caesar Sengupta MD

Medical Test Date : 19-02-2022  
Name : Prachi Nangrani

Test Code : AHC-23  
Emp Code :

### X-RAY OF THE CHEST P.A. VIEW

There is no mediastinal shift.

The heart and aorta appears to be normal.

No pleural abnormality is noted.

The bony thorax is normal.

**IMPRESSION** : Normal Study

**SUGGEST** : Clinico pathological correlation & sos f/u.

Please note that imaging conclusion need to be correlated with clinical findings & other investigations for final diagnosis.



Dr. N.P. CHHALLANI.  
MBBS., DMRE, AFIH  
TMC/MOH/PNDT/234

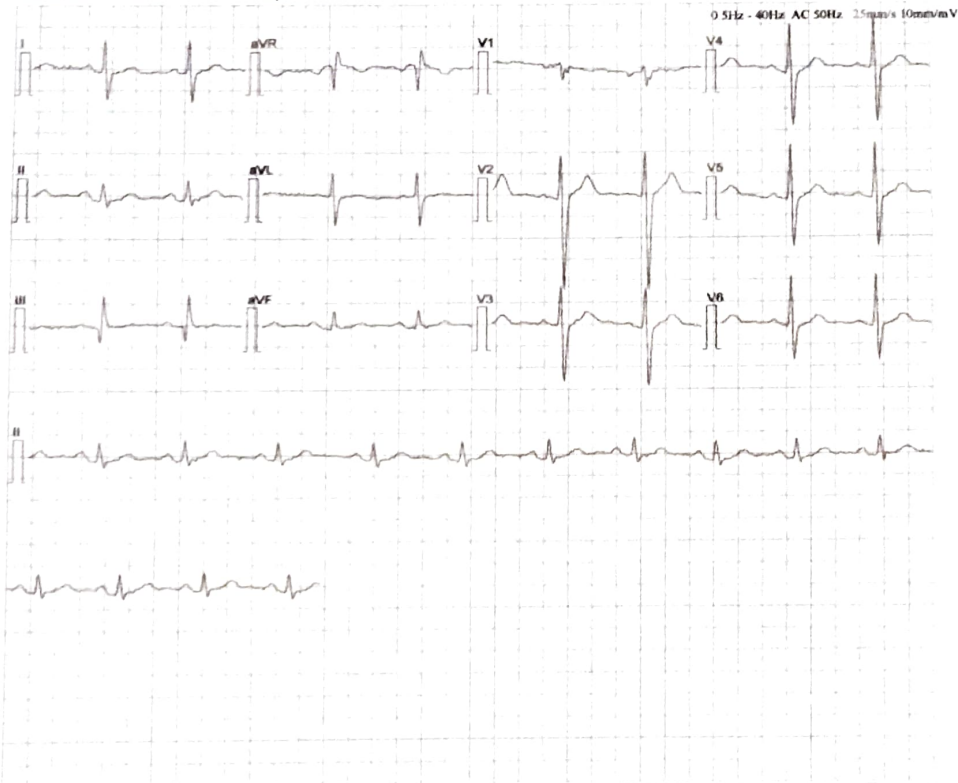


Medical Test Date : 19-02-2022  
 Name : Prachi Nangrani

Test Code : AHC-23  
 Emp Code :

3ch x 4 + (1ch)

Name: AHC-23  
 ID: 20210921151258  
 Sex: FEMALE  
 Date of Birth: 15/06/1975  
 Hospital:  
 Department:



[Measurement]			
HR: 85 bpm	P Width: 90 ms	RV5/SV1: 1.205/0.357 mV	
P Axis: 44 deg	PR Interval: 150 ms	RV5+SV1: 1.562 mV	
QRS Axis: 100 deg	QRS Duration: 108 ms		
T Axis: 46 deg	QT/QTc Interval: 346/410 ms		
[Analysis Result]			
** normal ECG **			
Sinus rhythm			
Moderate right axis deviation			

Reporter: \_\_\_\_\_

Notice: All the parameters and conclusions should be confirmed by doctor

Dr. Kailash Changani  
 M.D (Med)  
 Reg No - 58574

Date : 19-02-2022

## FITNESS CERTIFICATE

This is to certify that **Ms. Prachi Nangrani** Emp. No. age **46** Yrs. has undergone the medical examination with us on **19-02-2022**. based on examination and investigation results she is free from infection / Contagious disease including skin & Tuberculosis for which diagnostic tests has been carried out and She is medically fit to continue her duties.

*Dr. Rahul S. Deshpande*  
M.B.B.S. (General Medicine)  
Reg. No. 1000000000000000  
HARDEV HEALTH CARE

Authorised Medical Practitioner



# DR. RAJAT BALIGA

MBBS, M. D. (Radiology), D. N. B.

CONSULTANT RADIOLOGIST & SONOLOGIST

**RADIANCE SONOGRAPHY CENTRE**



**RADIANCE DIAGNOSTIC CENTRE**

19, Shree Mangal Karyalay,  
Opp. Shree Nagar Vidya Mandir, Shree Nagar,  
Wagle Estate, Thane - 400 604 • Tel.: 7208542237

..... Experience the Difference

3, Durvankur, Near Panch Parmeshwar Mandir,  
Kishan Nagar 1, Wagle Estate, Thane - 400 604.  
Tel.: 7208542237

NAME : PRACHI NANGRANI I	AGE/SEX : 46Y/F
REF BY : HARDEV HEALTH CARE	DATE: 19/02/2022

## SONOGRAPHY BOTH BREASTS

Both breasts reveal predominance of glandular tissue.

No focal solid or cystic mass lesion is seen in right breast . Breast axillary tail appears normal.

There are two small well marginated homogenous isoechoic lesion measuring 6 x 4mm in lower quadrant at 6 o clock position and of size 3 x 2mm in upper quadrant at 12 o clock position , both in periareolar region represents fibroadenoma

No dilated ducts / intraductal lesion is noted.

No e/o any abscess or radiological signs of mastitis.

No e/o any skin thickening .

Both axillae are normal. No e/o significant axillary lymphadenopathy.

## CONCLUSION:

- Left breast small fibroadenomas

**DR. RAJAT BALIGA**  
**MBBS, MD (Radiology), DNB**

# DR. RAJAT BALIGA

MBBS, M. D. (Radiology), D. N. B.

CONSULTANT RADIOLOGIST & SONOLOGIST

**RADIANCE SONOGRAPHY CENTRE**



**RADIANCE DIAGNOSTIC CENTRE**

19, Shree Mangal Karyalay,  
Opp. Shree Nagar Vidya Mandir, Shree Nagar,  
Wagle Estate, Thane - 400 604 • Tel.: 7208542237

..... Experience the Difference

3, Durvankur, Near Panch Parmeshwar Mandir,  
Kishan Nagar I, Wagle Estate, Thane - 400 604.  
Tel.: 7208542237

NAME : PRACHI NANGRANI	AGE/SEX : 46Y/F
REF BY : HARDEV HEALTH CARE	DATE: 19/02/2022

## REAL TIME ABDOMINAL ULTRASOUND REPORT

### LIVER :

Normal size liver with normal parenchymal echo pattern. No evidence of any solid or cystic intra- hepatic lesion is noted. The portal and hepatic veins appear normal. No evidence of any dilated intra or extra hepatic biliary radicals noted. CBD is not dilated.

### GALL-BLADDER:

The physiologically dilated gall bladder is visualized and appears normal. No evidence of any gall stones noted. No e/o wall thickening or peri-cholecystic free fluid.

### PANCREAS :

It is normal in size and reflectivity. No evidence of peripancreatic collection. MPD is not dilated.

### SPLEEN :

The spleen is normal in size and shows normal parenchymal echo pattern.

### KIDNEYS :

Both kidneys are normal in size No evidence of any renal mass, hydronephrosis or renal calculi noted. Cortico-medullary differentiation is maintained on both sides. Bilateral renal parenchymal thickness appears normal. No e/o renal scarring

The right kidney measures 9.7 x 4.3cms.

The left kidney measures 8.8 x 4.1cms.

No evidence of ascites or significant para aortic lymphadenopathy. Bowel loops are not dilated .

Anatomically normal urinary bladder. No e/o calculus or wall thickening or debris seen.

Normal anteverted uterus measuring 7.1 x 3.8 x 3.5cms. Myometrial echotexture is smooth and homogenous. No focal lesion is seen. The endometrium is homogenous and measures 9mm.

Both the ovaries are well visualized and appear normal. No evidence of any ovarian or adenexal mass noted. The right ovary measures 2.8 x 2.3 cms. The left ovary measures 2.7 x 2.3 cms.

### CONCLUSION :

- No significant abnormality is seen.

**DR. RAJAT BALIGA**

MBBS, MD (Radiology), DNB

FMF (Fetal Medical Foundation) ID- 176269

## 2D ECHOCARDIOGRAPHY AND COLOUR DOPPLER STUDY

DATE: 19/02/2022

NAME: Mrs. Prachi Nanrani

AGE SEX: 46 female

INDICATION OF STUDY: asymptomatic for follow up

### COMMENTS

- Normal chamber dimensions
- The LV dimensions and contractility are normal.
- There is no Regional Wall Motion Abnormality at rest.
- The LV systolic function is normal. LVEF = 60%
- There is evidence of normal diastolic function.
- Normal valves
- No Pulmonary Arterial hypertension, PASP = 24 mm of Hg
- The RV function is normal, TAPSE = 16mm
- There is no evidence of pericardial effusion, clots or vegetation
- The IAS and IVS are intact.
- IVC = 12mm (>50% collapsing)

### SUMMARY

- Normal LV systolic function, LVEF = 60%
- Normal LV diastolic function
- No LVH.
- No Regional Wall Motion Abnormality at rest.
- Normal valves
- No Pulmonary Arterial hypertension
- No Pericardial effusion, clot or vegetation



Dr. Ameya S Chavan

MD(Med), DM(Card)