

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	MINU SINGH
DATE OF BIRTH	01-03-1978
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	26-11-2022
BOOKING REFERENCE NO.	22D116306100030806S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. SINGH SHAILENDRA KUMAR
EMPLOYEE EC NO.	116306
EMPLOYEE DESIGNATION	SINGLE WINDOW OPERATOR A
EMPLOYEE PLACE OF WORK	NOIDA
EMPLOYEE BIRTHDATE	26-11-1974

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **19-11-2022** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



सत्यमेव जयते
भारत सरकार



आधार

भारत सरकार
Unique Identification Authority of India

Minu Singh

नामांकन क्रम / Enrollment No 1171/23014/20387

To,
मीनू सिंह
Minu Singh
W/O: Shailendra Kumar Singh
SMQ-22 / 03
Vayusenabad
Airforce Station
Pushpa Bhawan
Pushpa Bhawan New Delhi South Delhi
Delhi 110062
9555962043

04/10/2012

Ref: 191 / 23D / 354777 / 355512 / P



SH402983047DF



आपका आधार क्रमांक / Your Aadhaar No. :

3521 4334 0374

आधार — आम आदमी का अधिकार



मीनू सिंह
Minu Singh
जन्म वर्ष / Year of Birth : 1978
महिला / Female



3521 4334 0374

आधार — आम आदमी का अधिकार

LABORATORY REPORT

Name	: MRS MINU SINGH	Age	: 44 Yr(s) Sex :Female
Registration No	: MH010665521	Lab No	: 32221208196
Patient Episode	: H18000000066	Collection Date	: 24 Dec 2022 13:37
Referred By	: DR. MAYANK ARORA	Reporting Date	: 25 Dec 2022 13:01
Receiving Date	: 24 Dec 2022 14:03		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
THYROID PROFILE, Serum			
T3 - Triiodothyronine (ECLIA)	1.43	ng/ml	2 [0.70-2.04]
T4 - Thyroxine (ECLIA)	11.32	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	4.920 #	μIU/mL	[0.340-4.250]
1st Trimester:0.6 - 3.4	micIU/mL		
2nd Trimester:0.37 - 3.6	micIU/mL		
3rd Trimester:0.38 - 4.04	micIU/mL		

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness affect TSH results.

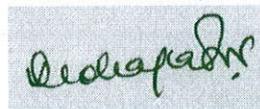
* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

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-----END OF REPORT-----



Dr. Lona Mohapatra
CONSULTANT PATHOLOGY

LABORATORY REPORT

Name	: MRS MINU SINGH	Age	: 44 Yr(s) Sex :Female
Registration No	: MH010665521	Lab No	: 202212002050
Patient Episode	: H1800000066	Collection Date	: 24 Dec 2022 09:47
Referred By	: DR. MAYANK ARORA	Reporting Date	: 24 Dec 2022 14:31
Receiving Date	: 24 Dec 2022 09:47		

HAEMATOLOGY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
COMPLETE BLOOD COUNT (AUTOMATED)		SPECIMEN-EDTA Whole Blood	
RBC COUNT (IMPEDENCE)	3.74 #	millions/cu mm	[3.80-4.80]
HEMOGLOBIN	10.1 #	g/dl	[12.0-15.0]
Method:cyanide free SLS-colorimetry			
HEMATOCRIT (CALCULATED)	32.4 #	%	[36.0-46.0]
MCV (DERIVED)	86.6	fL	[83.0-101.0]
MCH (CALCULATED)	27.0	pg	[27.0-32.0]
MCHC (CALCULATED)	31.2 #	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	16.5 #	%	[11.6-14.0]
Platelet count	248	x 10 ³ cells/cumm	[150-400]
MPV (DERIVED)	12.6		
WBC COUNT (TC) (IMPEDENCE)	5.62	x 10 ³ cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	61.0	%	[40.0-80.0]
Lymphocytes	30.0	%	[17.0-45.0]
Monocytes	7.0	%	[2.0-10.0]
Eosinophils	2.0	%	[2.0-7.0]
Basophils	0.0	%	[0.0-2.0]
ESR	48.0 #	/1sthour	[0.0-

LABORATORY REPORT

Name	: MRS MINU SINGH	Age	: 44 Yr(s) Sex :Female
Registration No	: MH010665521	Lab No	: 202212002050
Patient Episode	: H18000000066	Collection Date	: 24 Dec 2022 10:16
Referred By	: DR. MAYANK ARORA	Reporting Date	: 24 Dec 2022 14:22
Receiving Date	: 24 Dec 2022 10:16		

CLINICAL PATHOLOGY

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour	PALE YELLOW	(Pale Yellow - Yellow)
Appearance	CLEAR	
Reaction[pH]	6.5	(4.6-8.0)
Specific Gravity	1.005	(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin	Negative	(NOT DETECTED)
Glucose	Normal	(NOT DETECTED)
Ketone Bodies	Negative	(NOT DETECTED)
Urobilinogen	Normal	(NORMAL)

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells	1-2 /hpf	(0-5/hpf)
RBC	0-1/hpf	(0-2/hpf)
Epithelial Cells	1-2 /hpf	
CASTS	nil	
Crystals	nil	
OTHERS	nil	

LABORATORY REPORT

Name	: MRS MINU SINGH	Age	: 44 Yr(s) Sex :Female
Registration No	: MH010665521	Lab No	: 202212002050
Patient Episode	: H18000000066	Collection Date	: 24 Dec 2022 09:47
Referred By	: DR. MAYANK ARORA	Reporting Date	: 24 Dec 2022 14:25
Receiving Date	: 24 Dec 2022 09:47		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Glycosylated Hemoglobin			
Specimen: EDTA			
HbA1c (Glycosylated Hemoglobin)	5.0	%	[0.0-5.6]
Method: HPLC			
As per American Diabetes Association(ADA)			
HbA1c in %			
Non diabetic adults >= 18years <5.7			
Prediabetes (At Risk)5.7-6.4			
Diagnosing Diabetes >= 6.5			
Estimated Average Glucose (eAG)	97	mg/dl	

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL	168	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	167 #	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL- CHOLESTEROL	39.0	mg/dl	[35.0-65.0]
Method : Enzymatic Immunoimhibition			
VLDL- CHOLESTEROL (Calculated)	33	mg/dl	[0-35]
CHOLESTEROL, LDL, DIRECT	96.0	mg/dl	[<120.0]
Near/ Borderline High:130-159 High Risk:160-189			

Above optimal-100-129

LABORATORY REPORT

Name	: MRS MINU SINGH	Age	: 44 Yr(s) Sex :Female
Registration No	: MH010665521	Lab No	: 202212002050
Patient Episode	: H18000000066	Collection Date	: 24 Dec 2022 09:47
Referred By	: DR. MAYANK ARORA	Reporting Date	: 24 Dec 2022 12:08
Receiving Date	: 24 Dec 2022 09:47		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
T. Chol/HDL. Chol ratio (Calculated)	4.3		<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
LDL. CHOL/HDL. CHOL Ratio (Calculated)	2.5		<3 Optimal 3-4 Borderline >6 High Risk

Note:
Reference ranges based on ATP III Classifications.

KIDNEY PROFILE

Specimen: Serum			
UREA	19.0	mg/dl	[15.0-40.0]
Method: GLDH, Kinatic assay			
BUN, BLOOD UREA NITROGEN	8.9	mg/dl	[8.0-20.0]
Method: Calculated			
CREATININE, SERUM	0.53 #	mg/dl	[0.70-1.20]
Method: Jaffe rate-IDMS Standardization			
URIC ACID	4.5	mg/dl	[4.0-8.5]
Method: uricase PAP			
SODIUM, SERUM	140.1	mmol/L	[136.0-144.0]
POTASSIUM, SERUM	4.08	mmol/L	[3.60-5.10]
SERUM CHLORIDE	106.8	mmol/l	[101.0-111.0]
Method: ISE Indirect			
eGFR (calculated)	115.8	ml/min/1.73sq.m	[>60.0]

Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years.

LABORATORY REPORT

Name	: MRS MINU SINGH	Age	: 44 Yr(s) Sex :Female
Registration No	: MH010665521	Lab No	: 202212002050
Patient Episode	: H18000000066	Collection Date	: 24 Dec 2022 09:47
Referred By	: DR. MAYANK ARORA	Reporting Date	: 24 Dec 2022 12:07
Receiving Date	: 24 Dec 2022 09:47		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

LIVER FUNCTION TEST

BILIRUBIN - TOTAL Method: D P D	0.73	mg/dl	[0.30-1.20]
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BILIRUBIN - DIRECT Method: DPD	0.15	mg/dl	[0.00-0.30]
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INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.58 #	mg/dl	[0.10-0.30]
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TOTAL PROTEINS (SERUM) Method: BIURET	8.20	gm/dl	[6.60-8.70]
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ALBUMIN (SERUM) Method: BCG	4.55	g/dl	[3.50-5.20]
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GLOBULINS (SERUM) Method: Calculation	3.70 #	gm/dl	[1.80-3.40]
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PROTEIN SERUM (A-G) RATIO Method: Calculation	1.25		[1.00-2.50]
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AST (SGOT) (SERUM) Method: IFCC W/O P5P	29.00	U/L	[0.00-40.00]
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ALT (SGPT) (SERUM) Method: IFCC W/O P5P	27.00	U/L	[14.00-54.00]
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Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	70.0	IU/L	[40.0-98.0]
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LABORATORY REPORT

Name : MRS MINU SINGH **Age** : 44 Yr(s) Sex :Female
Registration No : MH010665521 **Lab No** : 202212002050
Patient Episode : H1800000066 **Collection Date** : 24 Dec 2022 09:47
Referred By : DR. MAYANK ARORA **Reporting Date** : 24 Dec 2022 12:08
Receiving Date : 24 Dec 2022 09:47

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GGT	35.0		[7.0-50.0]

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-----END OF REPORT-----



Dr. Alka Dixit Vats
Consultant Pathologist

LABORATORY REPORT

Name : MRS MINU SINGH **Age** : 44 Yr(s) Sex :Female
Registration No : MH010665521 **Lab No** : 202212002051
Patient Episode : H18000000066 **Collection Date** : 24 Dec 2022 09:47
Referred By : DR. MAYANK ARORA **Reporting Date** : 24 Dec 2022 12:08
Receiving Date : 24 Dec 2022 09:47

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GLUCOSE-Fasting Specimen: Plasma GLUCOSE, FASTING (F) Method: Hexokinase	100.0	mg/dl	[70.0-110.0]

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-----END OF REPORT-----



Dr. Alka Dixit Vats
Consultant Pathologist

RADIOLOGY REPORT

Name	Minu SINGH	Modality	US
Patient ID	MH010665521	Accession No	R4949091
Gender/Age	F / 44Y 9M 24D	Scan Date	24-12-2022 09:48:26
Ref. Phys	Dr. Mayank Arora	Report Date	24-12-2022 12:36:20

USG ABDOMEN & PELVIS

FINDINGS

LIVER: appears normal in size (measures 136 mm) and shape but shows minimally increase in liver echotexture, in keeping with early grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 95 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 9.1 mm.

COMMON BILE DUCT: Appears normal in size and measures 4.4 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 90 x 32 mm.

Left Kidney: measures 108 x 40 mm.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

UTERUS: Uterus is anteverted, normal in size (measures 81 x 51 x 35 mm), shape and echotexture.

Endometrial thickness measures 3.7 mm. Cervix appears normal.

OVARIES: Both ovaries are normal in size, shape and echotexture. Rest normal.

Right ovary measures 28 x 20 x 13 mm with volume 3.8 cc.

Left ovary measures 25 x 18 x 17 mm with volume 3.9 cc.

Right Adnexa shows a small well-defined cyst with low level internal echoes, few septations and mild peripheral vascularity seen and measuring 42 x 34 x 29 mm with volume 22 cc. These findings are concerning for complex right adnexal cyst / broad ligament fibroid.

Left adnexa is clear.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-Early grade I fatty infiltration in liver.

-Right adnexa shows a small well-defined cyst with low level internal echoes, few septations and mild peripheral vascularity seen and measuring 22 cc. These findings are concerning for complex right adnexal cyst / broad ligament fibroid.

ADV: US-TVS for better assessment of uterus and bilateral adnexa.

Recommend clinical correlation.

This document is digitally signed and hence no manual signature is required

Teleradiology services provided by Manipal Hospitals Radiology Group

MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

www.manipalhospitals.com

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This report is subject to the terms and conditions mentioned overleaf

minu singh

ID:

24-Dec-2022 11:23:38

Manipal Hospitals, Ghaziabad

44 years Male Caucasian

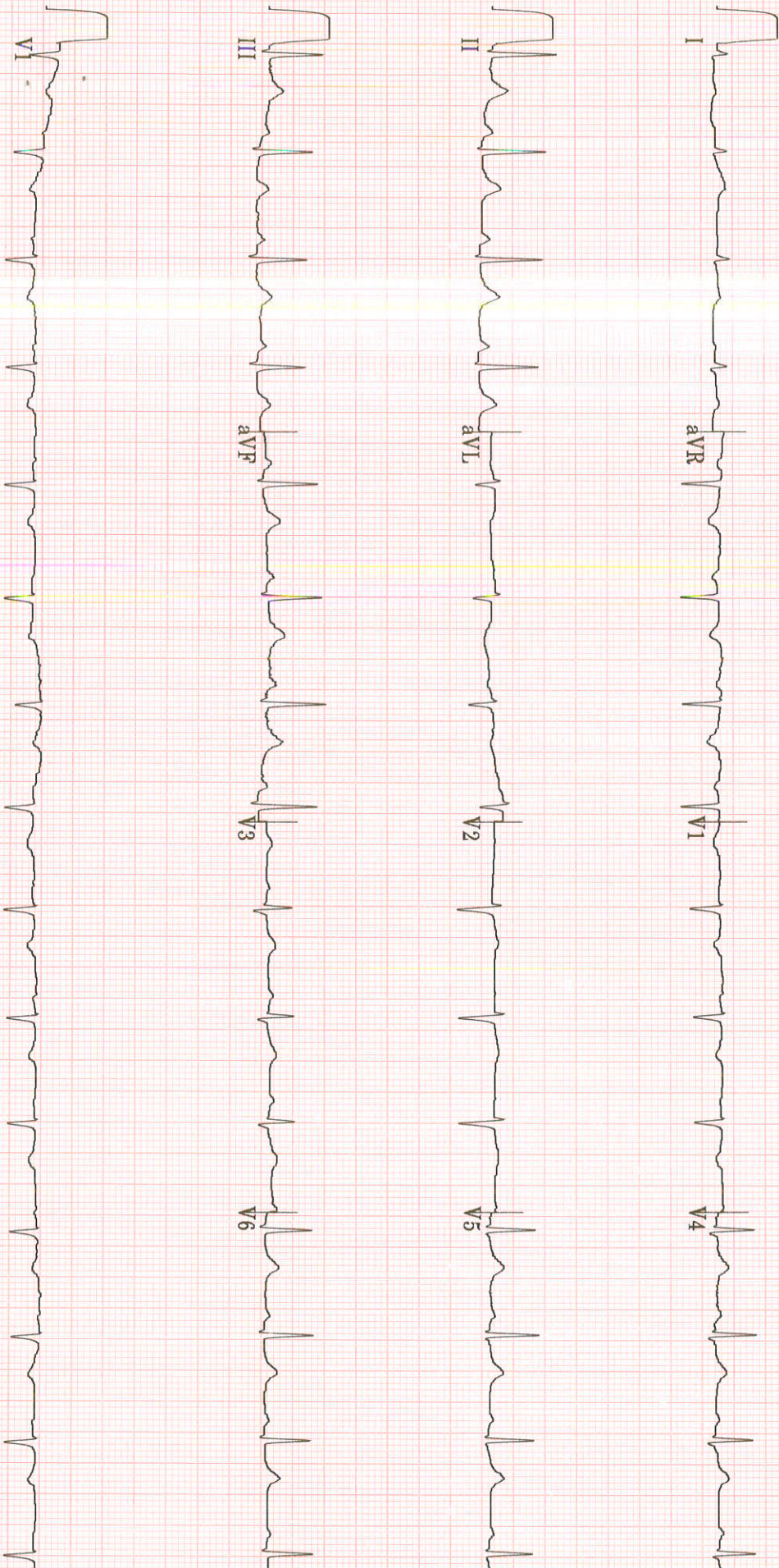
Vent. rate	87 bpm
PR interval	146 ms
QRS duration	66 ms
QT/QTc	360/433 ms
P-R-T axes	78 82 82

Normal sinus rhythm
Normal ECG

Technician:
Test Ind:

Referred by:

Unconfirmed



20 Hz 25.0 mm/s 10.0 mm/mV

4 by 2.5s + 1 rhythm ld

MAC35 009C

12SL™ V239





TMT INVESTIGATION REPORT

Patient Name : Mrs.Minu SINGH	Location : Ghaziabad
Age/Sex : 44Year(s)/Female	Visit No : V0000000001-GHZB
MRN No : MH010665521	Order Date : 24/12/2022
Ref. Doctor : HCP	Report Date : 24/12/2022

Protocol : Bruce	MPHR : 176BPM
Duration of exercise : 4min 37sec	85% of MPHR : 149BPM
Reason for termination : THR achieved	Peak HR Achieved : 173BPM
Blood Pressure (mmHg) : Baseline BP : 140/90mmHg	% Target HR : 98%
Peak BP : 156/94mmHg	METS : 6.5METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	101	140/90	Nil	No ST changes seen	Nil
STAGE 1	3:00	159	150/90	Nil	No ST changes seen	Nil
STAGE 2	1:37	173	156/94	Nil	No ST changes seen	Nil
RECOVERY	3:49	106	144/90	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh
MD, DM (CARDIOLOGY),FACC
Sr. Consultant Cardiology

Dr. Abhishek Singh
MD, DNB (CARDIOLOGY),MNAMS
Sr. Consultant Cardiology

Dr. Sudhanshu Mishra
MD
Cardiology Registrar

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