

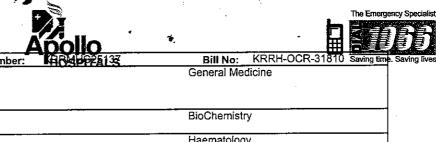
KRRH-OCR-3

Name :	Mrs. MANISHA BIRENDRANATH CH OP Number: 120 133	Bill No: KRRH-OCR-31810 Saving
*1	Package Information	
.No	Service Type\Service Name	Department
1	MEDIWHEEL WHOLE BODY HEALTH CHECK FEMALE BELOW 40YRS	
· ` 1	ALBUMIN - SERUM	BioChemistry
2	ALKALINE PHOSPHATASE - SERUM/PLASMA	BioChemistry
3	ALT(SGPT) - SERUM / PLASMA	BioChemistry
4	AST (SGOT) - SERUM	BioChemistry
. 5	BILIRUBIN CONJUGATED (DIRECT) - SERUM	BioChemistry
6	BILIRUBIN, TOTAL - SERUM	BioChemistry
7	BLOOD GROUPING AND TYPING (ABO	Blood Bank - 2 Services
- 8	and Rh) BUN (BLOOD UREA NITROGEN)	BioChemistry
9	CBC	Haematology
10	CHOLESTEROL - SERUM / PLASMA	BioChemistry
11	CONSULTATION - CARDIAC	CTVS
12	CONSULTATION - DENTAL	Dental
13	CONSULTATION - GYNAEOCOLOGICAL	Obstretics and Gynaecology
14	CONSULTATION - OPTHALMOLOGY	Ophthalmology
15	CREATININE - SERUM / PLASMA	BioChemistry
16	ECG	CARDIOLOGY
17	ERYTHROCYTE SEDIMENTATION RATE (ESR)	Haematology
18	GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	BioChemistry
19	GLUCOSE - SERUM / PLASMA	BioChemistry
20	(FASTING) GLUCOSE - SERUM / PLASMA (POST	BioChemistry
21	PRANDIAL) GLYCOSYLATED HEMOGLOBIN (HBA1C)	BioChemistry
22	- WHOLE BLOOD HDL CHOLESTEROL - SERUM /	BioChemistry
23	PLASMA LDL CHOLESTEROL - SERUM / PLASMA	BioChemistry
	(DIRECT LDL)	•
24	LIPID PROFILE TEST (PACKAGE)	BioChemistry
25	LIVER FUNCTION TEST (PACKAGE)	BioChemistry
26	PAP SMEAR	Histopathology

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	EXAMINATION/CONSULTATION BY	
	INTERNAL MEDICINE SPECIALIST	
28	PROTEIN TOTAL - SERUM / PLASMA	BioChemistry
29	STOOL ROUTINE	Haematology
30	SUGAR - URINE	BioChemistry
31	THYROID PACKAGE II	Lab Others
32	TOTAL T3: TRI IODOTHYRONINE - SERUM	BioChemistry
33	TOTAL T4: THYROXINE - SERUM	BioChemistry
34	TREAD MILL STRESS TEST	CARDIOLOGY
35	TRIGLYCERIDES - SERUM	BioChemistry
. 36	TSH: THYROID STIMULATING HORMONE - SERUM	BioChemistry
37	ULTRASOUND SCREENING WHOLE ABDOMEN	Ultrasound Radiology
38.	URIC ACID - SERUM	BioChemistry
39	URINE GLUCOSE(POST PRANDIAL)	BioChemistry
40	URINE ROUTINE (CUE)	Haematology
41	X-RAY CHEST PA	X Ray

Amount saved on availing Health Check Package INR 15950

Note: Cancellation of individual test will not be refunded.

Mrs. MANISHA

27 PHYSICAL

Name:

Amount saved on availing Health Check Package INR 15950

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MIS. MANISHA BIRENDRANATH CHAUDHARY (31 /F)

UHID

KRR1.000016 MEDICAL SUMMARY

AHC No

KRRMHC25137

Date

16/01/2024

MEDIWHEEL WHOLE BODY HEALTH CHECK

FEMALE BELOW 40YRS

Dear Mrs. MANISHA BIRENDRANATH CHAUDHARY

Thank you for choosing Apollo ProHealth, India's first personalized, predictive health screening program with health risk assessments curated just for you to guide targeted intervention, continuum of care and a path to wellness. Our holistic care continuum integrates clinical expertise and artificial intelligence to gauge and avert the risk, onset and progression of non-communicable diseases (NCDs).

In this personalized health report, you will find your

- Medical History and Physical examination results
- Investigations Results
- · Artificial Intelligence powered risk scores
- · Physician's Impressions on your Health
- · Path to Wellness: A personalized management protocol, including follow-up assessments
- · Vaccination counselling advice

Apollo ProHealth encompasses the following processes:

Personalized Health Risk Assessment (pHRA): Based on your online risk assessment, medical history, physical examination, and psychological evaluation, we recommended a health screening assessment for you, including diagnostic and imaging tests. Based on the results of these assessments, we have advised additional follow-up tests and consultations - details of which we have included in your report. Your physician will explain their relevance, and we strongly suggest you comply with the recommendations.

Health Mentor: We have assigned a dedicated health mentor to proactively work with you towards your health goals and ensure that you regularly adhere to the guidance and recommendations from clinical and nutrition consultants. Your health mentor will call you periodically to track your progress

Scan the QR code to access your digital smart report, anytime anywhere!



AHC MEDICAL SUMMARY

of personal health records, progress towards your health goals, appointment booking, customized tips and guidance for health and lifestyle management, and regularly connecting with your Health Mentor through the in-app chat. Until you return for your 2nd-year assessment, you will receive periodic updates and reminders to motivate you to keep up the momentum regarding health goal milestones.

Follow- Up Consultation:

For any follow-up consultations, you can visit your ProHealth physician in-person at the center or you can book a virtual consultation through https://www.apollo247.com/specialties or through the Apollo 247 app on your phone.

Scan the QR code to download the Apollo 247 App



You can also download the Apollo 247 app on

ANDROID IOS

Disclaimer: The services offered in the program may vary as per the respective agreements made in the program or center or agreed mutual consent.

Note: You are entitled to one complimentary follow-up consultation with your ProHealth physician within a period of 1 year. Please contact your health mentor for the complimentary consult coupon code. This is available for ProHealth Super, Regal and Covid Recovery and Wellness programs

Name : Mrs. M

EIRENDRANATH CHAUDHARY (31 /F)

PAHC: MEDIBAL SUMMARY

AAQUIGHANTI NAGAR, OTHER, THANE, MAHARASHTRA, INDIA

xamined by Dr. SENTHIL MUTHU

UHID : KRR1.0000169297

MEDIWHEEL WHOLE BODY HEALTH CHECK FEMALE BELOW 40YRS

AHC No : KRRMHC25137

401K



Chief Complaints

For general health eheckup

Known case of Migraine and on drug

On T. Naxdom 500 mg for 5 years

Known case of was on anti - hypertension, but not on drugs

Migraine occurs if not on medication,

If the pain doesn't subside, takes 2nd dose of medicine.

Present Known illness

No history of

- Diabetes mellitus, Dyslipidemia, Thyroid disorder, Heart disease, Stroke, Asthma, COPD, Cancer, Impaired Glycemia

**

Drug Allergy

NO KNOWN ALLERGY

:16/01/2024



Systemic Review

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

- Nil Significant

Central nervous system

Oction incits

- Nil Significant

Eves

- Nil Significant

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

- Nil Significant

Skin

- Nil Significant

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ATH CHA UHID : KRR1.0000169297

WHOLE BODY HEALTH CHECK FEMALE BELOW 40YRS

General symptoms

- Nil Significant



Past medical history

Do you have any

allergies?`

Do you have any drug

allergies?

Surgical history

DONE

Lower segment

caesarean section

Immunization history

Covid Dose1, Covid Dose2



Personal history

Marital status

Married

No. of children

Diet

Mixed Diet

Alcohol

does not consume alcohol

Smoking

Chews tobacco

No

Physical activity

Moderate

Family history

Father

alive

Mother

alive

Diabetes

father, mother

Hypertension

father, mother

Coronary artery

none

disease

Cancer

None

Physical Examination



General

Height

- 155

Weight

- 73.8

BMI

- 30.72

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ATH CHA UHID : KRR1.0000169297

VHOLE BODY HEALTH CHECK FEMALE BELOW 40YRS

PallOSPITALS

No

Oedema

- no

SpO₂

- 99%

Cardiovascular system

Heart rate (Per minute)

- 75

Rhythm

- Regular

- B.P. Sitting

Systolic(mm·of Hg)

- 100

Diastolic(mm of Hg)

- 60

Heart sounds

- S1S2+

Respiratory system

Breath sounds

- Normal vesicular breath sounds

Abdomen

Organomegaly

- No

Tendemess

- No

Gynaec findings

Gynaec checkup done by

- Dr.UDHAYAKUMARI T

Gynaec findings

- nil gynec complaints

No of Children

- 1

Deliveries

- cesarean

Periods LMP

- regular

- 6 days

Breast examination

- soft

P/A

- soft

P/S

- cervix, vagina healthy

Pap smear

- Taken

Gynaec Review done by

- Dr. UDHAYAKUMARI T

Pelvic USG:

- NAD

Cardiac consultation

Cardiac consultation done

- DR.KESAVAN KRR

by

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HEEL WHOLE BODY HEALTH CHECK FEMALE BELOW 40YRS

Cardiac findings

Cardiac findings

Consultant notes attached

- NIL CARDIAC AT PRESENT

Printed By:

Akalya Rajendran

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ANATH CHA UHID : KRR1.0000169297

JLE BODY HEALTH CHECK FEMALE BELOW 40YRS

Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

Y' 2				
Test Name	Result	Unit	Level	Range
Specific Gravity	1.010 *		•	1.016 - 1.026
Colour:	Pale Straw			
Transparency:	Clear			
рH	5			
Protein:	Nil			
Sugar:	Nil			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			•
Urobilinogen	Normal	E.U./dL		
RBC _	Occasional	/hpf		0-2
" Pus Cells	4-6 /h.p.f			
Epithelial Cells	8-10 /h.p.f			
CBC				
Test Name	Result	Unit	Level	Range
Hemoglobin	13.8	gm%	\oint 	11.5-16.5
Packed cell volume(Calculated)	38	%	•	37-47
WBC Count	5.0	10³/mm³	•	4-11
Neutrophils	64	%	. •	40-80
Lymphocytes	24	%	•	20-40
Eosinophils	05	%	•	01-06
Monocytes	07	%	\$	2-10

Within Normal Range **Borderline High/Low Out of Range**

4.6

304

30

36

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RBC Count

MCV

Platelet Count

MCH(Calculated)

MCHC(Calculated)

Million/ul

103/mm3

pq

g/dl

3.7-5.6

150-450

75-95

26-32

31-36

Name: Mrs. MAN STATE BODY HEALTH CHECK FEMALE BELOW 40YRS

AHC MEDICAL SUMMARY

HOSPITALS

50 *

mm/hr

0-20

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name

Result

Unit

Level

Range

Blood Group

В

Rh (D) Type:

POSITIVE

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name

Result

Unit

Level Range

Glucose - Serum / Plasma (Fasting)

88

mg/dL

Adult: 74 - 100

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name

Result

Unit

Level Range

Glucose - Serum / Plasma (Post Prandial)

97

mg/dL

< 140

BUN (BLOOD UREA NITROGEN)

Test Name

Result

Unit

Level Range

BUN (BLOOD UREA NITROGEN)

09

mg/dL

Adult : 6 - 20

CREATININE - SERUM / PLASMA

Test Name

Result

Unit

Level Range

Creatinine - Serum

0.9

mg/dL

Female: 0.6 - 1.1

URIC ACID - SERUM

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

Test Name

Result

Unit

Level Range

Uric Acid - Serum

3.8

mg/dL

Adult Female: 2.6 - 6.0

LIPID PROFILE TEST (PACKAGE)

Test Name

Page 8 of 14

Result

Unit

Level Range

Total Cholesterol

158

ma/dL

Borderline High/Low

Adult Desirable: <200
 Borderline High: 200 - 239

High: >=240

Within Normal Range

Out of Range

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ae; Mrs. MA

TH CHA UHID : KRR1.0000169297

WHOLE BODY HEALTH CHECK FEMALE BELOW 40YRS

SH is a test that measures the amount of the hormone TSH in the blood. It can tell you if it's overactive (hyperthyroidism) or underactive (hypothyroidism). The test also detect thyroid disorder before you have any symptoms.

Test Name	Result	Unit	Level	Range
TSH: Thyroid Stimulating Hormone	3.45	μIU/mL	\(\rightarrow\)	0.35 - 5.50
TOTAL T4: THYROXINE - SERUM	7.9	µg/dL	•	3.5 - 12.5
TOTAL T3: TRI IODOTHYRONINE - SERUM	108	ng/dL	•	60-180

PAP SMEAR

Cytology

Ref No:

C24/24

SPECIMEN TYPE:

Conventional

Cervical smear

SPECIMEN ADEQUACY:

Satisfactory for evaluation with metaplastic squamous cells.

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy.

COMMENTS AND SUGGESTIONS:

Severe inflammation noted

ECG

HEART RATE - 73 bpm

NORMAL SINUS RHYTHM

NORMAL ECG.

TREAD MILL STRESS TEST

Cardiac Stress Analysis is NEGATIVE for Inducible Myocardial Ischemia at 7.7 METS.

Within Normal Range

Borderline High/Low

Out of Range

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HOSPITALS ULTRASOUND SCREENING WHOLE ABDOMEN

Liver is mildly enlarged and shows significantly increased echopattern with no evidence of focal pathology.

The intra or extra hepatic biliary radicles are not dilated.

Gall bladder is contracted.

Pancreas and spleen appear normal.

No evidence of ascites or lymphadenopathy.

Diaphragmatic movements are satisfactory. There is no subdiaphragmatic pathology or pleural effusion.

Right kidney - 9.4 x 4.2cms. Left kidney - 10.7 x 5.0cms.

Both kidneys show normal echopattern with no evidence of calculi or calyceal dilatation.

Bladder shows normal contour and wall thickness.

Uterus measures 7.6 x 3.0 x 4.6cms and shows normal myometrial echoes.

ET measures 3 mm. Cervix and vagina appear normal.

Right-ovary -3.4×1.5 cms. Left ovary -3.1×2.0 cms.

Both ovaries show normal size and echopattern.

IMPRESSION:

MILD HEPATOMEGALY WITH GRADE I FATTY LIVER

For clinical correlation.

Disclaimer: Please note that this report is a radiological professional opinion. It has to be correlated clinically and interpreted along with other investigations.

X-RAY CHEST PA

Within Normal Range

Borderline High/Low

Out of Range

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MATH CHA UHID : KRR1.0000169297

WHOLE BODY HEALTH CHECK FEMALE BELOW 40YRS

Inspiratory effort. Rotation (++)

The lung fields are clear.

The cardio thoracic ratio is normal.

The apices, costo and cardiophrenic angles are free.

The bony thorax shows no significant abnormality.

The domes of diaphragms are well delineated.

Impression:

NO SIGNIFICANT ABNORMALITY IS DETECTED.

For clinical correlation

Investigations Not Done / Not Yet Reported

Haematology :

STOOL ROUTINE

Biochemistry

" URINE GLUCOSE(POST PRANDIAL)

SUGAR - URINE

Within Normal Range

Borderline High/Low

Out of Range

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rtive Summary

Obesity Fatty liver Migraine

Wellness Prescription

Advice On Diet :-



LOW/FAT / EOW CALORIE / LOW CARBOHYDRATE / HIGH FIBER / SALT RESTRICTED DIET

Advice On Physical Activity :-

Printed By: Akalya Rajendran



REGULAR MORNING WALK FOR 1/2 HOUR

Dr.SENTHIL MUTHU

AHC Physician / Consultant Internal Medicine

Note: The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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MATH CHA UHID : KRR1.0000169297

· APT MEBICAL SUMMARY

WHOLE BODY HEALTH CHECK FEMALE BELOW 40YRS

HOSPITAL:

YOUR SCORE **RISK STATUS**

ACCEPTABLE SCORE

2

AICVD RISK SCORE REPORT

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. Note: The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.
- Continue with medications for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding follow up tests, consults and annual health assessment

DISCLAIMER

- This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
- To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
- By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical Al Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515

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