

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	SHARADCHANDRA BABANRAO WAGHMAR
DATE OF BIRTH	18-06-1955
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	12-08-2023
BOOKING REFERENCE NO.	23S154481100065170S
SPOUSE DETAILS	
EMPLOYEE NAME	MS. WAGHMARE JYOTSNA SHARADCHANDRA
EMPLOYEE EC NO.	154481
EMPLOYEE DESIGNATION	SINGLE WINDOW OPERATOR B
EMPLOYEE PLACE OF WORK	MUMBAI,GHATKOPAR WEST
EMPLOYEE BIRTHDATE	19-09-1965

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **28-07-2023** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



NABH PRE ACCREDITATION  
ENTRY LEVEL HOSPITAL  
PEH-2018-0537



**SURANA SETHIA HOSPITAL  
AND RESEARCH CENTRE  
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MR. WAGHMARE SHARADCHANDRA .	IP / OP No : 1133325
Ordered Loc : Hospital clinic	Gender : Male Age : 68 Y 1 M 26 D
Referred By : Dr.Bank of Baroda	Vch No : 1385499
Class : OPD	Received Dt : 12-Aug-2023 12:38
Current Loc :	Reported On : 12-Aug-2023 17:01
Accession No : 23014034	Sample No : 23035694

**COMPLETE HEAMOGRAM (C.B.C.)**

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
Haemoglobin	14.90	11.50 - 16.00 gm/dL
R.B.C.	4.86	4.00 - 6.00 Mill/C.mm.
P.C.V.	43.60	37.00 - 47.00 %
M.C.V.	89.71	78.00 - 100.00 fL
M.C.H.	30.66	27.00 - 31.00 pg
M.C.H.C.	34.17	32.00 - 36.00 %
RDW	12.6	11.0 - 15.0 %
Total W.B.C. Count	8000	4000 - 11000 /C.mm
<b><u>DIFFERENTIAL COUNT</u></b>		
Neutrophils	55	40 - 75 %
Eosinophils	3	1 - 6 %
Basophils	0	0 - 1 %
Lymphocytes	40	20 - 45 %
Monocytes	2	1 - 10 %
WBC MORPHOLOGY	Normal	
RBC MORPHOLOGY	Normal	
PLATELET COUNT	283	150 - 450 10 <sup>3</sup> /ul
PLATELETS	Adequate	

\*\* END OF REPORT \*\*

Checked By

Authorized By Technician

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Dr. Pragati Pote  
MB, DPB,  
(Path & Bact)

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**SURANA CHARITABLE TRUST**

Regd. No. E 15635 With Charity Commissioner Mumbai

Income Exemption No. DIT (E) / MC / 80G / 524 /2009 - 10. 12-A Registration No. TR/31324.

Sumannagar, Sion Trombay Road, Chembur, Mumbai - 400071 **Tel. : 022-3378 3378**

Email: info@suranasethiahospital.in Web. : www.suranasethiahospital.com



NABH PRE ACCREDITATION  
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PEH-2016-0537



**SURANA SETHIA HOSPITAL  
AND RESEARCH CENTRE  
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MR. WAGHMARE SHARADCHANDRA .	IP / OP No : 1133325
Ordered Loc : Hospital clinic	Gender : Male Age :68 Y 1 M 26 D
Referred By : Dr. Bank of Baroda	Vch No : 1385499
Class : OPD	Received Dt : 12-Aug-2023 12:38
Current Loc :	Reported On : 12-Aug-2023 17:01
Accession No : 23014034	Sample No : 23035692

**BLOOD GROUP & RH TYPE**

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE/UNITS</u>
<b><u>BLOOD GROUP &amp; RH TYPE</u></b>		
ABO Group	"B"	
Rh Factor	POSITIVE	
	** END OF REPORT **	

*[Signature]*  
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PEH-2018-0537



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CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MR. WAGHMARE SHARADCHANDRA .	IP / OP No : 1133325
Ordered Loc : Hospital clinic	Gender : Male Age : 68 Y 1 M 26 D
Referred By : Dr.Bank of Baroda	Vch No : 1385499
Class : OPD	Received Dt : 12-Aug-2023 12:38
Current Loc :	Reported On : 12-Aug-2023 17:02
Accession No : 23014034	Sample No : 23035691

**ESR**

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE</u>	<u>UNITS</u>
ESR (Erythrocyte Sedimentation Rate)	25	1 - 20	mm/hr

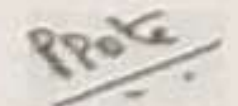
\*\* END OF REPORT \*\*

  
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Ordered Loc : Hospital clinic  
Referred By : Dr.Bank of Baroda  
Class : OPD  
Current Loc :  
Accession No : 23014034

IP / OP No : 1133325  
Gender : Male Age : 68 Y 1 M 26 D  
Vch No : 1385499  
Received Dt : 12-Aug-2023 12:38  
Reported On : 12-Aug-2023 17:03  
Sample No : 23035697

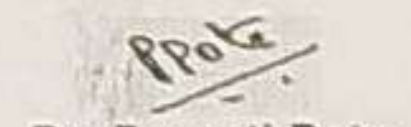
**RENAL FUNCTION TEST**

TEST DESCRIPTION	OBSERVED VALUE	REFERENCE RANGE\UNITS
BUN	12.0	6.0 - 21.0 mg/dl
Uric Acid	7.9	3.5 - 7.2 mg/dl
Sodium [Na+]	146	135 - 155 mmol/L
Potassium [K+]	4.2	3.6 - 5.5 mmol/L
Chloride [Cl-]	104	96 - 108 mmol/L
Calcium	9.5	8.4 - 10.2 mg/dl
Phosphorus	2.8	2.5 - 4.5 mg/dl
Serum Alkaline Phosphates	94.0	28.0 - 111.0 IU/L
Serum Proteins Total	7.2	6.0 - 8.2 gm%
Serum Albumin	4.0	3.0 - 5.0 gm%
Serum Globulin	3.20	1.90 - 3.50 gm%
Albumin : Globulin Ratio	1.25	0.90 - 2.00 gm%
Serum Creatinine	1.0	0.5 - 1.5 mg/dl

\*\* END OF REPORT \*\*

  
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Ordered Loc : Hospital clinic  
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Class : OPD  
Current Loc :  
Accession No : 23014034

IP / OP No : 1133325  
Gender : Male Age : 68 Y 1 M 26 D  
Vch No : 1385499  
Received Dt : 12-Aug-2023 12:38  
Reported On : 12-Aug-2023 17:03  
Sample No : 23035697

**LIVER FUNCTION TEST**

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
Total Bilirubin	1.2	0.1 - 1.2 mg/dl
Conjugated (Direct) Bilirubin	0.5	0.0 - 0.3 mg/dl
Unconjugated (Indirect) Bilirubin	0.7	0.1 - 1.0 mg/dL
SGOT	14.0	15.0 - 46.0 U/L
SGPT	17.0	13.0 - 69.0 U/L
Serum Alkaline Phosphates	94.0	28.0 - 111.0 IU/L
Serum Proteins Total	7.2	6.0 - 8.2 gm%
Serum Albumin	4.0	3.0 - 5.0 gm%
Serum Globulin	3.20	1.90 - 3.50 gm%
Albumin : Globulin Ratio	1.25	0.90 - 2.00 gm%
Serum Creatinine	1.0	0.5 - 1.5 mg/dl
G. G. T. P	29.0	0.0 - 45.0 IU/L

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Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MR. WAGHMARE SHARADCHANDRA .	IP / OP No : 1133325
Ordered Loc : Hospital clinic	Gender : Male Age : 68 Y 1 M 26 D
Referred By : Dr.Bank of Baroda	Vch No : 1385499
Class : OPD	Received Dt : 12-Aug-2023 12:38
Current Loc :	Reported On : 12-Aug-2023 17:03
Accession No : 23014034	Sample No : 23035697

**LIPID PROFILE**

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE</u>	<u>UNITS</u>
Total Cholesterol	180	150 - 250	mg%
Triglycerides	130	35 - 160	mg%
HDL Cholesterol	35	30 - 70	mg%
VLDL Cholesterol	26.00	7.00 - 35.00	mg%
LDL Cholesterol	119.00	108.00 - 145.00	mg%
LDL/HDL Ratio	3.40	1.10 - 3.90	
TC/HDL CHOL Ratio	5.14	3.50 - 5.00	

\*\* END OF REPORT \*\*

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Chembur | Malad | Bhiwandi | Navi Mumbai

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Ordered Loc : Hospital clinic	Gender : Male Age : 68 Y 1 M 26 D
Referred By : Dr.Bank of Baroda	Vch No : 1385499
Class : OPD	Received Dt : 12-Aug-2023 12:38
Current Loc :	Reported On : 12-Aug-2023 17:03
Accession No : 23014034	Sample No : 23035697

**BLOOD SUGAR F/PP**

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE</u>	<u>UNITS</u>
Blood Sugar Fasting (FBS)	131	70 - 110	mg%
Urine Sugar (Fasting)	Absent		
Urine Ketone (Fasting)	Absent		

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PEH-2018-0537



# SURANA SETHIA HOSPITAL AND RESEARCH CENTRE CHARITABLE

Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MR. WAGHMARE SHARADCHANDRA .	IP / OP No : 1133325
Ordered Loc : Hospital clinic	Gender : Male Age : 68 Y 1 M 26 D
Referred By : Dr.Bank of Baroda	Vch No : 1385499
Class : OPD	Received Dt : 12-Aug-2023 12:38
Current Loc :	Reported On : 12-Aug-2023 17:03
Accession No : 23014034	Sample No : 23035696

## BLOOD SUGAR F/PP

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
Blood Sugar Post Prandial (PPBS)	233	70 - 140 mg/dl
Urine Sugar (PP)	TRACE	
Urine Ketone (PP)	Absent	
METHOD GLUCOSE OXIDASE PEROXIDASE (GOD /POD)		

\*\* END OF REPORT \*\*

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**SURANA SETHIA HOSPITAL  
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Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MR. WAGHMARE SHARADCHANDRA .	IP / OP No : 1133325
Ordered Loc : Hospital clinic	Gender : Male Age :68 Y 1 M 26 D
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Class : OPD	Received Dt : 12-Aug-2023 12:38
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Accession No : 23014034	Sample No : 23035695

PSA

TEST DESCRIPTION

OBSERVED VALUE

REFERENCE RANGE\UNITS

PSA

PSA (Prostate Specific Antigen), Total, Serum

1.88

< 4.00 ng/ml

< 40 yrs : 0.21 to 1.72 ng/ml

40 - 49 yrs: 0.27 to 2.19 ng/ml

50 - 59 yrs: 0.27 to 3.42 ng/ml

60 - 69 yrs: 0.22 to 6.16 ng/ml

> 69 : 0.21 - 6.77 ng/ml

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**SURANA SETHIA HOSPITAL  
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CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MR. WAGHMARE SHARADCHANDRA .  
Ordered Loc : Hospital clinic  
Referred By : Dr.Bank of Baroda  
Class : OPD  
Current Loc :  
Accession No : 23014034

IP / OP No : 1133325  
Gender : Male Age : 68 Y 1 M 26 D  
Vch No : 1385499  
Received Dt : 12-Aug-2023 12:38  
Reported On : 12-Aug-2023 17:04  
Sample No : 23035690

**URINE ANALYSIS**

**TEST DESCRIPTION**

**OBSERVED VALUE**

**REFERENCE RANGE/UNITS**

**PHYSICAL EXAMINATION**

Quantity	20 ml
Colour	Pale yellow
Appearance	Clear
Deposit	Absent
Reaction [PH]	Acidic
Specific Gravity	1.020

**CHEMICAL EXAMINATION**

Urine Albumin	Absent
Sugar	Absent
Ketone Bodies	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salt	Absent

**MICROSCOPIC EXAMINATION**

Red Blood Cells	Absent	00-02
Pus Cells	2 - 3	00-02 / hpf
Epithelial Cells	1 - 2	00-02 / hpf
Casts	Absent	
Crystals	Absent	
Spermatozoa	Absent	
Trichomonas Vaginalis	Absent	
Yeast Cells	Absent	
Amorphous Deposits	Absent	
Bacteria	Absent	

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**SURANA SETHIA HOSPITAL  
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CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

**NAME** : WAGHMARE SHARADCHANDRA (68Y/M)  
**REF. BY** : SELF  
**TEST ASKED** : T3-T4-USTSH

**SAMPLE COLLECTED AT :**  
(4000711424),SURANA SETHIA HOSPITAL,SION - TROMBAY  
ROAD, SUMAN NAGAR, CHEMBUR, MUMBAI, MAHARASHTRA  
400071,400071

TEST NAME	TECHNOLOGY	VALUE	UNITS	REFERENCE RANGE
TOTAL TRIIODOTHYRONINE (T3)	C.M.I.A	109	ng/dL	58-159
TOTAL THYROXINE (T4)	C.M.I.A	8.86	µg/dL	4.87-11.72
TSH - ULTRASENSITIVE	C.M.I.A	0.944	µIU/mL	0.35-4.94

The Biological Reference Ranges is specific to the age group. Kindly correlate clinically.

**Method :**

- T3 - Fully Automated Chemi Luminescent Microparticle Immunoassay
- T4 - Fully Automated Chemi Luminescent Microparticle Immunoassay
- TSH - Fully Automated Chemi Luminescent Microparticle Immunoassay

**Disclaimer :**

Results should always be interpreted using the reference range provided by the laboratory that performed the test. Different laboratories do tests using different technologies, methods and using different reagents which may cause difference in reference ranges and hence it is recommended to interpret result with assay specific reference ranges provided in the reports. To diagnose and monitor therapy doses, it is recommended to get tested every time at the same Laboratory.

Sample Collected on (SCT) : 12 Aug 2023 09:34  
Sample Received on (SRT) : 12 Aug 2023 14:22  
Report Released on (RRT) : 12 Aug 2023 16:28

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**SURANA CHARITABLE TRUST**  
Labcode : 1208081767/AJ392  
Regd. No. E 15635 With Charity Commissioner Mumbai

Dr Sumanta Basak, DPB

Income Exemption No. DIT (E) / MC / 80G / 524 / 2009 - 10. 12-A Registration No. TR/31324.  
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**SURANA SETHIA HOSPITAL  
AND RESEARCH CENTRE  
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

NAME : WAGHMARE SHARADCHANDRA (68Y/M)  
REF. BY : SELF  
TEST ASKED : HbA1c

SAMPLE COLLECTED AT :  
(4000711424), SURANA SETHIA HOSPITAL, SION -  
TROMBAY ROAD, SUMAN NAGAR, CHEMBUR,  
MUMBAI, MAHARASHTRA 400071, 400071

TEST NAME	TECHNOLOGY	VALUE	UNITS
HbA1c - (HPLC)	H.P.L.C	6.1	%

Reference Range :

Reference Range: As per ADA Guidelines	Guidance For Known Diabetics
Below 5.7% : Normal	Below 6.5% : Good Control
5.7% - 6.4% : Prediabetic	6.5% - 7% : Fair Control
>=6.5% : Diabetic	7.0% - 8% : Unsatisfactory Control
	>8% : Poor Control

Method : Fully Automated H.P.L.C method

AVERAGE BLOOD GLUCOSE (ABG)	CALCULATED	128	mg/dL
-----------------------------	------------	-----	-------

Reference Range :

90 - 120 mg/dl : Good Control
121 - 150 mg/dl : Fair Control
151 - 180 mg/dl : Unsatisfactory Control
> 180 mg/dl : Poor Control

Method : Derived from HBA1c values

Please correlate with clinical conditions.

~~ End of report ~~

Sample Collected on (SCT) : 12 Aug 2023 09:34  
Sample Received on (SRT) : 12 Aug 2023 14:22  
Report Released on (RRT) : 12 Aug 2023 15:04

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Regd. No. E 15635 With Charity Commissioner Mumbai  
Labcode : 1208081810/AJ392

Dr Sumanta Basak, DPB

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PEH-2018-0537



**SURANA SETHIA HOSPITAL  
AND RESEARCH CENTRE  
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

NAME	: MR. SHARADCHANDRA WAGHMARE	SEX	: MALE
AGE	: 68 YRS	ID NO.	: 1133325
REF BY	: C/O. BANK OF BARODA	DATE	: 12/08/2023

**EXAMINATION: 2D ECHOCARDIOGRAPHY**

**Conclusion:**

1. Concentric LVH+
2. All chambers normal sized.
3. Good LV function with LVEF = 60 %
4. Sclerotic valves.
5. No regional wall motion abnormality.
6. IAS / IVS intact.
7. No clot / vegetation / effusion.

**Doppler Study:**

- Type I diastolic dysfunction
- No TR. No PH.
- No other valvular regurgitation.
- No signs of high LVEDP.

**Impression:**

- Concentric LVH+
- Type I diastolic dysfunction

**Dr. Dinesh Rajpal**  
MD, Physician  
Reg. No.82808.

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Regd. No. E 15635 With Charity Commissioner Mumbai

Income Exemption No. DIT (E) / MC / 80G / 524 / 2009 - 10. 12-A Registration No. TR/31324.

Sumannagar, Sion Trombay Road, Chembur, Mumbai - 400071 **Tel. : 022-3378 3378**

Email: info@suranasethiahospital.in Web: www.suranasethiahospital.com



**Doppler Study:**

- Diastolic dysfunction: Type I
- RVOT = Normal mm of Hg.
- LVOT = Normal mm of Hg.
- AR: NO                      MR: NO                      PR: NO                      TR: NO
- Peak / Mean across MV= Normal mm of Hg.
- Peak / mean across AV = 5 mm of Hg.
- MV PHT = Normal
- MVA by PHT = Normal square cm.
- AR PHT = Normal millisecond
- CWD across TV = Normal mm of Hg.
- PASP by TR jet = 36 mm of Hg.

**Measurements:**

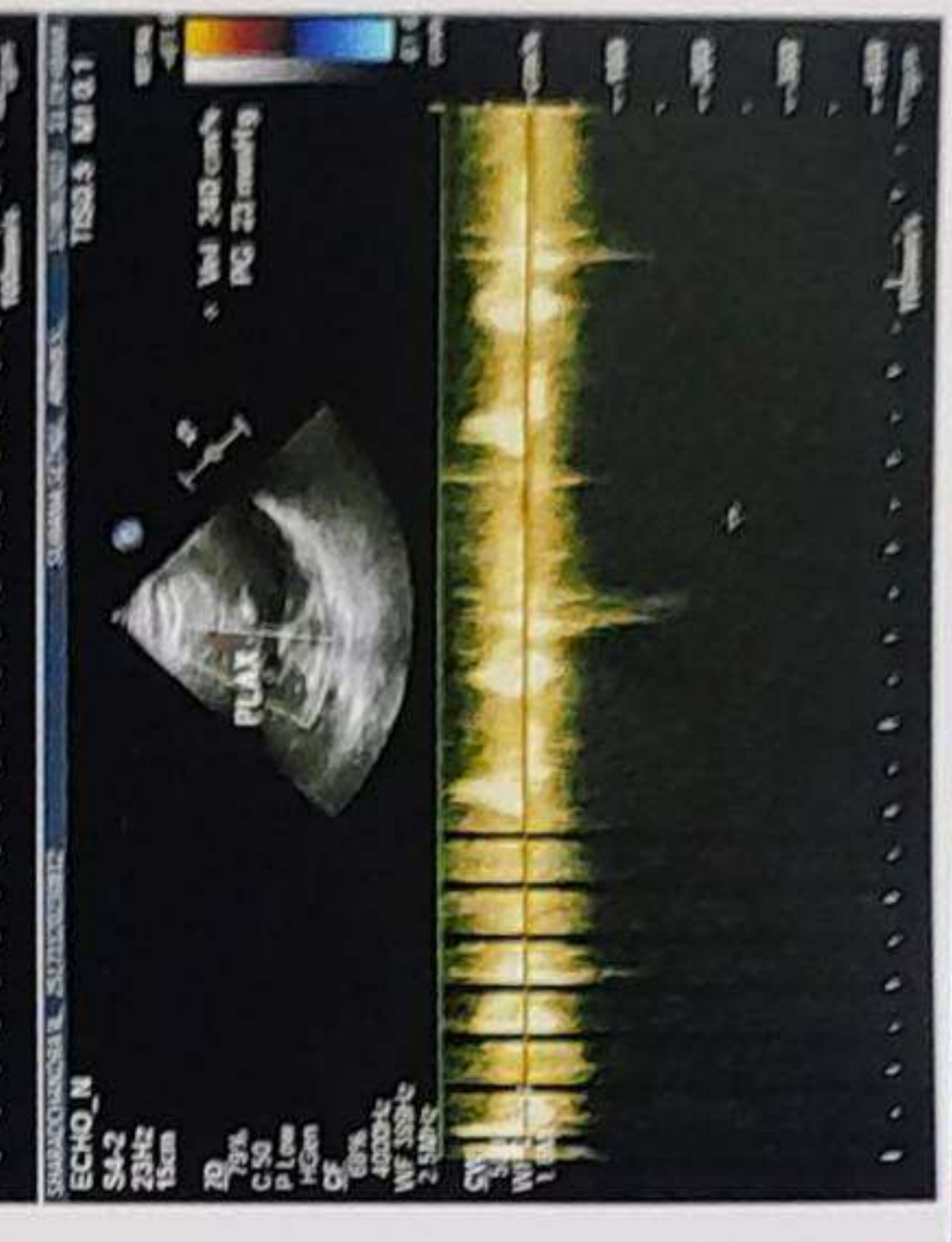
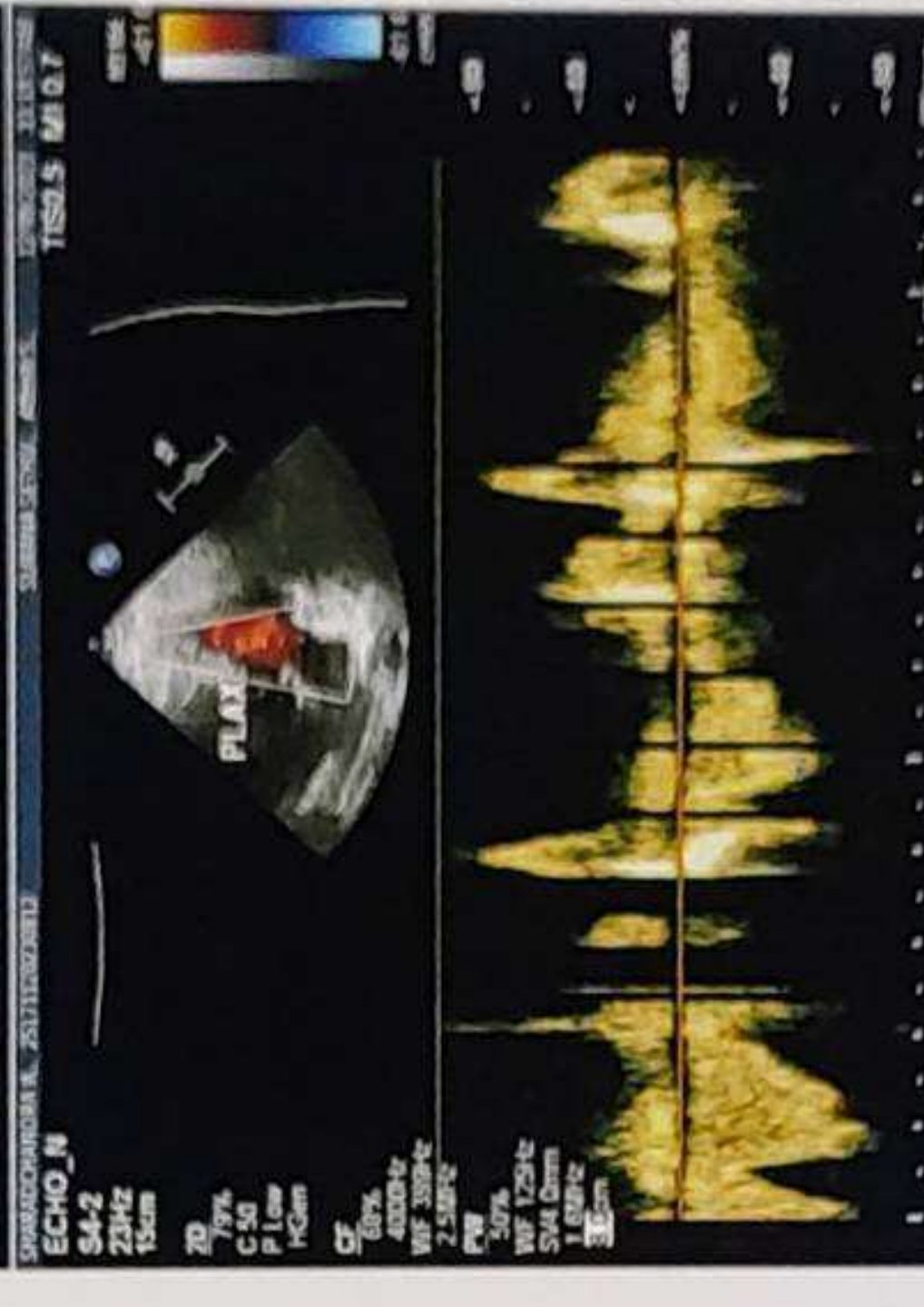
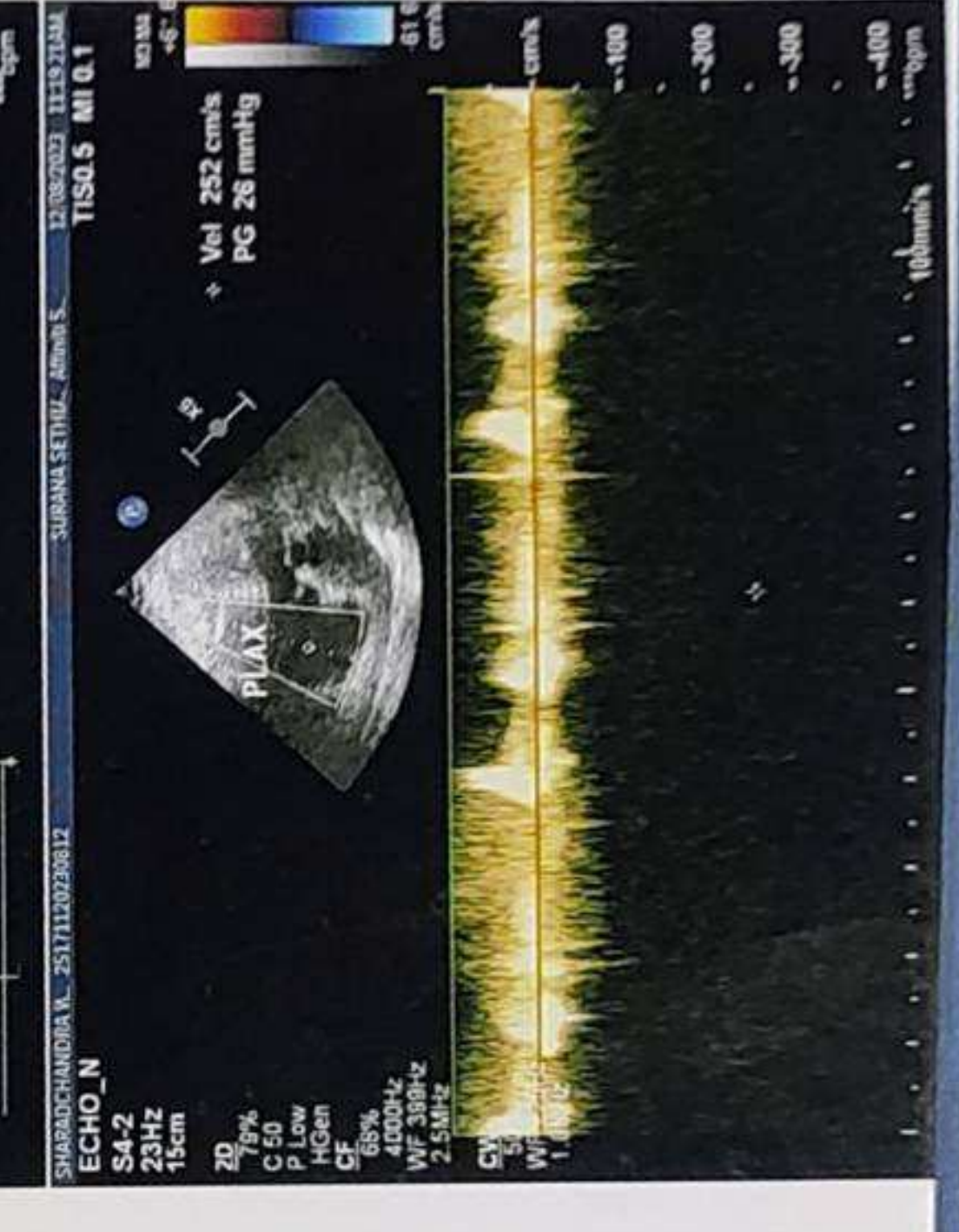
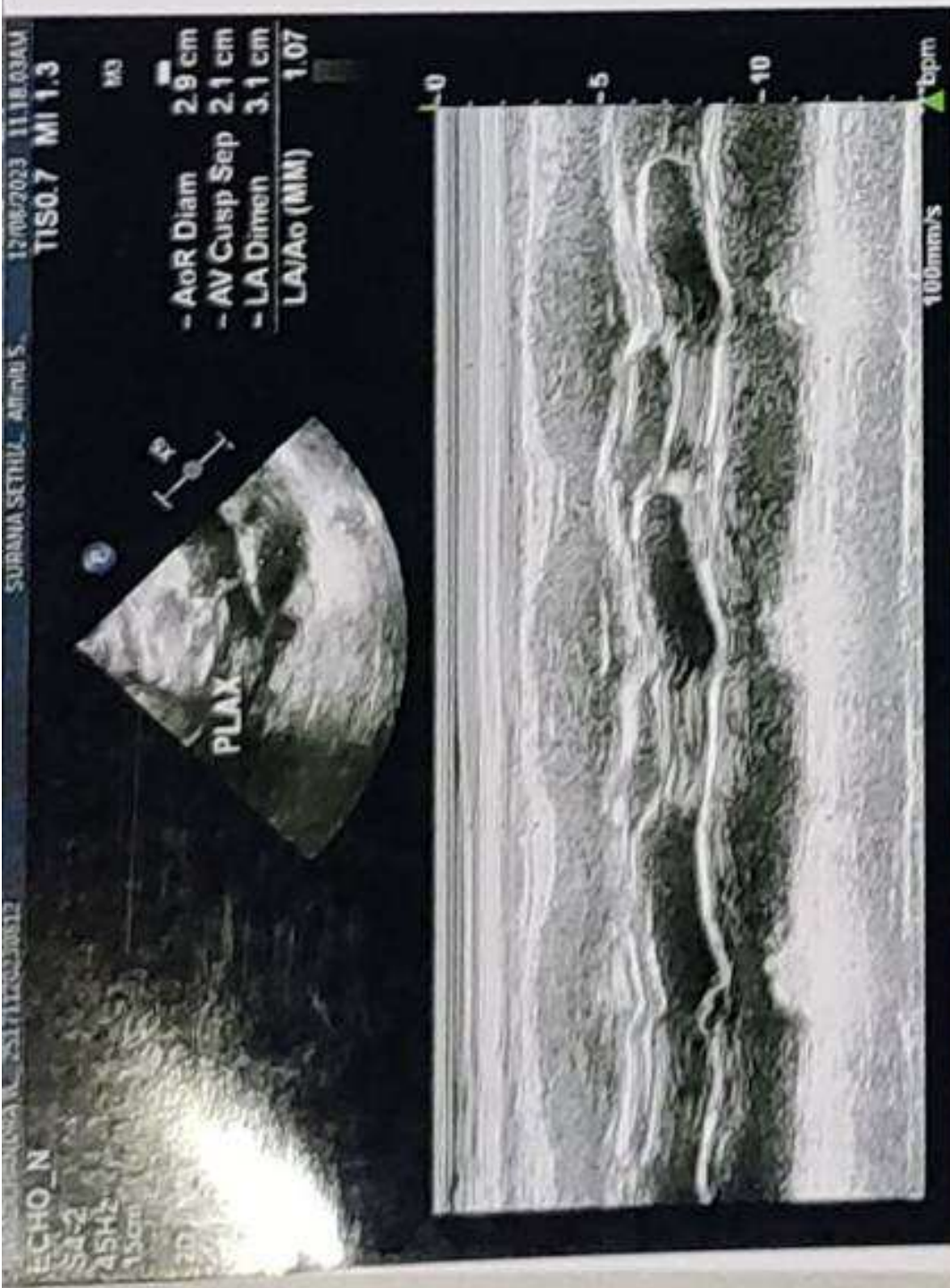
	Measurement	Unit
Aorta		
LA	31	mm
AO	29	mm
ACS	21	mm
Mitral Valve Study		
Excursion D-E		mm
EF slop		mm/s
EPSS		mm

	Measurement	Unit
LV study		
IVsd	13	mm
LVIDd	38	mm
LVPWD	16	mm
IVSs	21	mm
LVIDs	24	mm
LVPWa	19	mm
EF %	60	%
% FS		%

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### ULTRASONOGRAPHY OF ABDOMEN AND PELVIS

#### LIVER

Liver is normal in size, shape and contour. It shows homogeneous echotexture. No abnormal parenchymal mass lesion is seen. Intra hepatic biliary radicles and portal radicles are normal.

#### PORTAL VEIN AND C.B.D

Portal vein and C.B.D are normal in course and caliber.

#### GALL BLADDER

Gall bladder is physiologically distended. Wall thickness is normal. No evidence of calculus or sludge or pericholecystic collection.

#### SPLEEN

Spleen appears normal size, shape, contour and echogenicity. No abnormal parenchymal mass / lesion. Splenic vein is normal.

#### PANCREAS

Pancreas is normal in size, shape and position. It shows normal echogenicity. No focal mass lesion or calcification is seen. Pancreatic duct is not dilated

#### KIDNEYS

Both kidneys are normal in size, shape, position and contour. Parenchymal echogenicity is normal. Cortico-medullary difference is well maintained. No abnormal mass lesion is seen. No evidence of calculus and hydronephrosis in both kidneys.

Right kidney measures 9.8 x 4.0 cm.

Left kidney measures 9.2 x 4.3 cm.

Contd 2/..

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:2:

**AORTA AND RETROPERITONEUM**

Visualized aorta and retroperitoneal vessels are normal in course and caliber. No evidence of significant lymphadenopathy or free fluid.

**URINARY BLADDER**

Urinary bladder is well distended. It shows smooth wall and mucosal thickening is normal. No obvious mass lesion or calculus is seen.

**PROSTATE**

Prostate is enlarged in size and measures 4.4 x 3.9 x 3.2 cm (volume = 30 cc).

**IMPRESSION:**

- Mild prostatomegaly.
- No other significant abnormality is detected.



**DR. KETAN KALASKAR**  
M.D.  
Consultant Radiologist  
KKRG





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### X-RAY CHEST PA VIEW

#### Protocol :

Computerised radiography of chest PA reveals:

#### Observation:

- Lung fields appear clear.
- Cardiac silhouette is within normal limits.
- Bilateral costophrenic angles are clear.
- Visualised bones are unremarkable.

#### Impression:

- No significant abnormality detected.

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Age 68/m

Bp 150/90 mmHg

P - 98/mh.

QRS	74 ms	Normal sinus rhythm
QT/QTcBaz	384 / 434 ms	Normal ECG
PR	174 ms	
P	98 ms	
RR/PP	778 / 779 ms	
P / QRS / T	41 / -12 / 7 degrees	

