

भारत सरकार  
Government of India

संदीप नेहरा  
Sandeep Nehra  
जन्म तिथि / DOB : 16/09/1990  
पुरुष / Male



6943 6012 7176

मेरा 'आधार, मेरी पहचान

भारतीय विशिष्ट पहचान प्राधिकरण  
Unique Identification Authority of India

पता: यांचा मुलगा रिछपाल सिंह  
नेहरा, नयाबास, फतेहपुर शेखावाटी,  
नया बास, नयाबास, सिकर,  
राजस्थान, 332301

Address: S/O. Richhpal Singh Nehra,  
Nayabas, Fatehpur Shekhawati, Naya  
Bas, Nayabas, Sikar, Rajasthan, 332301

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9920338360

Rajasthan Diagnostic &  
Medical Research Co. Ltd.  
Jhunjhunu



# RAJSTHANI DIAGNOSTIC & MRI CENTRE

## FULLY COMPUTERISED PATHOLOGY LABORATORY

MRI

CT SCAN

TMT

SONOGRAPHY

X-RAY

ECG

MAMOGRAPHY

NAME	NEHRA SANDEEP	AGE-	SEX: M
REF/BY:	BOB HEALTH CHECK UP	DATE	2-Oct-23

### ULTRASONOGRAPHY WHOLE ABDOMEN

**Liver:** is normal in size, shape and mild bright in echotexture. No IHBR dilatation is seen. No focal mass seen. Portal vein and hepatic veins are normal in diameter. Common bile duct is normal in diameter and lumen is clear.

**Gall bladder:** is normal in size shape, location with echo free lumen. Wall thickness is normal. No echogenic shadow suggestive of calculus is seen. No focal mass or lesion is seen.

**Pancreas:** is normal in size, shape and echotexture. No focal mass or lesion is detected. Pancreatic duct is not dilated.

**Rt. Kidney:** is normal in size, shape, position and echotexture. Corticomedullary differentiation is well maintained. No evidence of definite calculus /hydronephrosis is seen

**Lt. Kidney:** is normal in size, shape, position and echotexture. Corticomedullary differentiation is well maintained. No evidence of definite calculus/hydronephrosis is seen.

**Spleen:** is normal in size, regular in shape and echo texture. No focal lesion is seen. Splenic vessels are normal.


**Urinary Bladder:** is well distended. Outline of bladder is regular. Wall thickness is normal. No focal mass is seen. No echogenic shadow suggestive of calculus is seen.

**Prostate:** is normal in size, regular in shape and outline. Capsule is intact. No evidence of ascites is seen. No significant Lymphadenopathy is seen. No obvious bowel pathology is seen.

### IMPRESSION:

- ❖ Grade I fatty liver .

Advised: clinicopathological correlation

  
**DR. UMMED SINGH RATHORE**  
**MD RADIODIAGNOSIS**  
 Dr. Ummed Singh  
 MD (Radiodiagnosis)  
 (RMC.34498/24812)



आपातकालीन सेवाएं

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B-110, Indra Nagar, Jhunjhunu (Raj.) Ph. No. 01592-294977





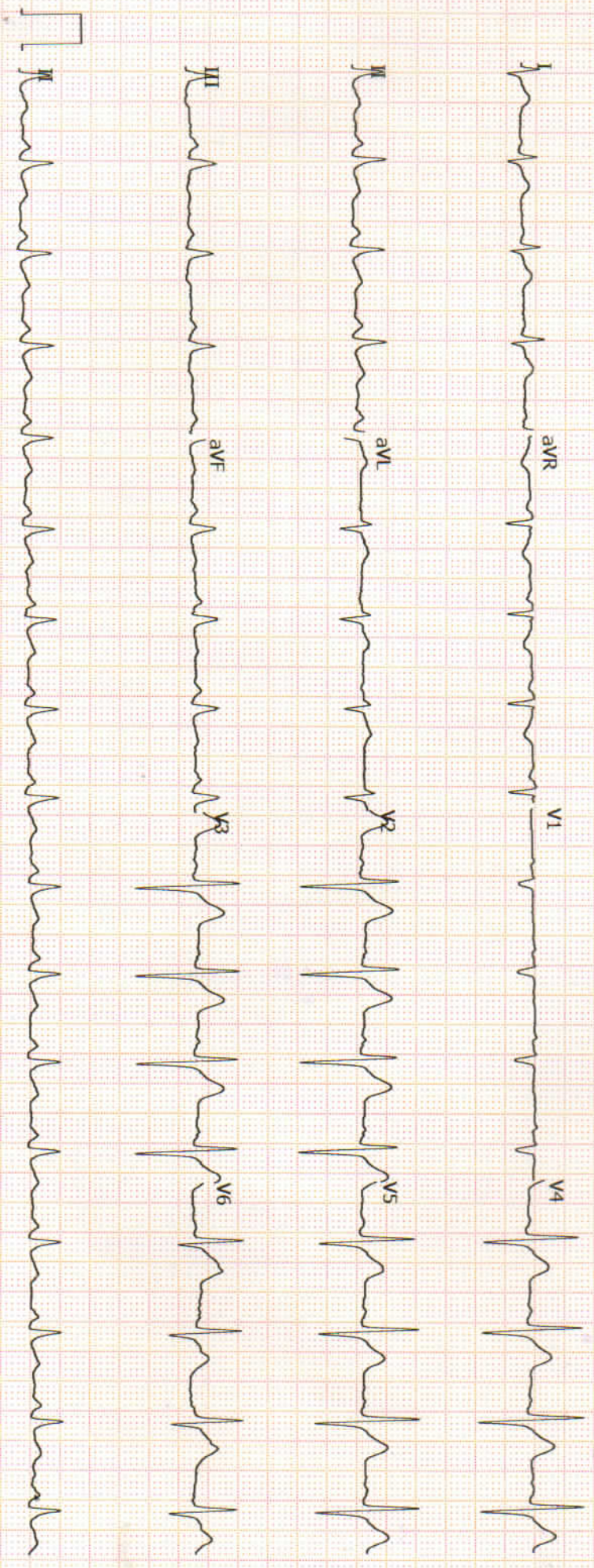
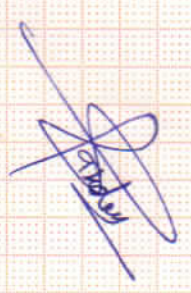
Sandeep Verma  
AEC-33

02.10.2023

Normal sinus rhythm  
Normal ECG

P : 86 ms  
RR / PP : 604 / 606 ms  
P / QRS / T : 73 / 78 / 42 degrees

Rajasthan Diagnostic & Medical Research Centre  
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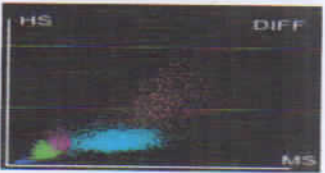
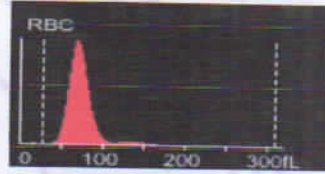
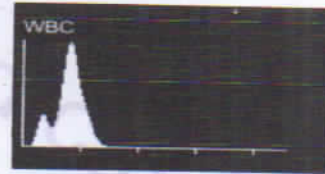
### Hematology Analysis Report

First Name: SANDEEP  
Last Name: NEHRA  
Gender: Male  
Age: 33 Year

Sample Type: Blood  
Department:  
Med Rec. No.:72428

Sample ID: 17  
Test Time: 02/10/2023 13:47  
Diagnosis:

Parameter	Result	Ref. Range	Unit
1 WBC	6.93	4.00-10.00	10 <sup>3</sup> /uL
2 Neu%	46.2 L	50.0-70.0	%
3 Lym%	36.2	20.0-40.0	%
4 Mon%	6.4	3.0-12.0	%
5 Eos%	10.6 H	0.5-5.0	%
6 Bas%	0.6	0.0-1.0	%
7 Neu#	3.21	2.00-7.00	10 <sup>3</sup> /uL
8 Lym#	2.51	0.80-4.00	10 <sup>3</sup> /uL
9 Mon#	0.44	0.12-1.20	10 <sup>3</sup> /uL
10 Eos#	0.73 H	0.02-0.50	10 <sup>3</sup> /uL
11 Bas#	0.04	0.00-0.10	10 <sup>3</sup> /uL
12 RBC	4.73	4.00-5.50	10 <sup>6</sup> /uL
13 HGB	13.5	12.0-16.0	g/dL
14 HCT	36.7 L	40.0-54.0	%
15 MCV	77.7 L	80.0-100.0	fL
16 MCH	28.6	27.0-34.0	pg
17 MCHC	36.8 H	32.0-36.0	g/dL
18 RDW-CV	13.3	11.0-16.0	%
19 RDW-SD	41.7	35.0-56.0	fL
20 PLT	215	100-300	10 <sup>3</sup> /uL
21 MPV	9.4	6.5-12.0	fL
22 PDW	12.6	9.0-17.0	fL
23 PCT	0.203	0.108-0.282	%
24 P-LCR	34.0	11.0-45.0	%
25 P-LCC	73	30-90	10 <sup>3</sup> /uL



Dr. Mamta Khuteta  
M D. (Path.)  
RMC No. : 4720/16260

Submitter: Operator: service Approver:  
Draw Time: 02/10/2023 13:46 Received Time: 02/10/2023 13:46 Validated Time:  
Report Time: 02/10/2023 14:24 Remarks:

\*The Report is responsible for this sample only. If you have any questions, please contact us in 24 hours



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B-110, Indra Nagar, Jhunjhunu (Raj.) Ph. No. 01592-294977





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### Laboratory Report

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Age : **33** Gender : **MALE**  
Ref. By Dr : **BOB HEALTH CHECKUP**

Sr. Number : **72428**  
Invoice Date : **02-10-2023 02:21 PM**  
Invoice Number : **8757**  
Registration No. : **10977**  
Sample On : **02-10-2023 02:21 PM**  
Report On : **02-10-2023 03:38 PM**

### HAEMATOLOGY

Test Name	Observed Values	Reference Intervals	Units
ESR (Erythrocyte Sedimentation Rate)	10	0-20	mm/hr
BLOOD GROUPING (ABO & Rh )	O+ Positive		

### HbA1c(Glycosylated hemoglobin)

Test Name	Observed Values	Reference Intervals	Units
HbA1c(Glycosylated hemoglobin)( Tech. :- HPLC (D-10 Bio-Rad))	5.30	< 6.50 Non-Diabetic 6.50 - 7.00 Very Good Control 7.01 - 8.00 Adequate Control 8.01 - 9.00 Suboptimal Control 9.01 - 10.00 Diabetic Poor Control > 10.00 Very Poor Control	%
eAG (Estimated Average Glucose)( Tech. :- Calculated )	105.41	90 - 120 Very Good Control 121 - 150 Adequate Control 151 - 180 Suboptimal Control 181 - 210 Poor Control > 211 Very Poor Control	mg/dL
eAG (Estimated Average Glucose)	5.85		mmol/L

Method : **Fluorescence Immunoassay Technology(Erba<sup>®</sup> Mannheim-EM-200 )**

Sample Type : **EDTA Blood**

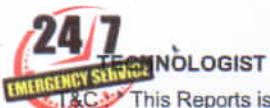
#### Remarks :

Glycosylated Hemoglobin Testing is Recommended for both (a) Checking Blood Sugar Control in People who might be Pre-Diabetic. (b) Monitoring Blood Sugar Control in patients in more elevated levels, termed Diabetes Mellitus. The American Diabetic Association suggests that the Glycosylated Hemoglobin Test be Performed atleast Two Times in Year in Patients with Diabetes that are meeting Treatment Goals (and That have stable glycemic Control) and Quarterly in Patients with Diabetes whos therapy has changed or that are not meeting Glycemic Goals.

Glycosylated Hemoglobin measurement is not appropriate where there has been change in diet or Treatment within 6 Weeks. Hence people with recent Blood Loss, Hemolytic Anemia, or Genetic Differences in the Hemoglobin Molecule (Hemoglobinopathy) such as Sickle-cell Disease and other Conditions, as well as those that have donated Blood recently, are not suitable for this Test.

*Vikas*

*Mamta Khule*  
Dr. Mamta Khule  
M.D. (Path.)  
RMC No. : 4720/15260



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### BIO-CHEMISTRY

Test Name	Observed Values	Reference Intervals	Units
Blood Sugar Fasting	88.0	70-110	mg/dL
Blood Sugar PP	101.0	70-140	mg/dL
Creatinine	0.82	0.6-1.4	mg/dL
Uric Acid	5.50	3.6-8.2	mg/dL
BUN (Blood Urea Nitrogen)	19.0	13 - 45	mg/dL
Gamma glutamyl transferase (GGT)	26.0	< 50	U/L

*Vikas*

**24/7**  
EMERGENCY SERVICE  
I&C  
PATHOLOGIST

*Manita Khulela*  
Dr. Manita Khulela  
M.D. (Path.)  
RMC No. : 4720/16260

PATHOLOGIST



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### BIO-CHEMISTRY

#### Liver Function Test

Test Name	Observed Values	Reference Intervals	Units
S.G.O.T.	28.0	0-40	U/L
S.G.P.T.	35.0	0-40	U/L
Bilirubin(Total)	0.89	0.1-1.2	mg/dL
Bilirubin(Direct)	0.20	0-0.3	mg/dL
Bilirubin(Indirect)	0.69	0.1-1.0	mg/dL
Total Protein	6.99	6-8	mg/dL
Albumin	3.88	3.5-5	mg/dL
Globulin	3.11	3-4.5	mg/dL
A/G Ratio	1.25	0.5 - 2.65	g/dL
Alkaline Phosphatase	158.0	108-306	U/L

#### LIPID PROFILE COMPLETE

Test Name	Observed Values	Reference Intervals	Units
Cholesterol	184.00	110-200	mg/dL
HDL Cholesterol	50.00	35-70	mg/dL
Triglycerides	153.00	40-170	mg/dL
LDL Cholesterol	103.40	0-150	mg/dL
VLDL Cholesterol	30.60	0-35	mg/dL
TC/HDL Cholesterol Ratio	3.68	2.5-5	Ratio
LDL/HDL Ratio	2.07	1.5-3.5	Ratio

*Wakash*

*Manita Khulela*  
Dr. Manita Khulela  
M.D. (Path.)  
RMC No. : 4720/15260

**24/7**  
EMERGENCY SERVICE  
RADIOLOGIST

PATHOLOGIST

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### THYROID HORMONES T3,T4,TSH (THYROID PROFILE)

Test Name	Observed Values	Reference Intervals	Units
T3 (Total Triiodothyronine)	0.89	0.5-1.5 ng/mL	ng/mL
T4 (Total Thyroxine)	9.72	4.60-12.5 µg/dL	µg/dL
TSH (Thyroid Stimulating Hormone)	2.44	0.35 - 5.5 µIU/mL	µIU/mL

Interpretation of TSH :-

#### Children

3.20 - 34.6 µIU/mL  
0.70 - 15.4 µIU/mL  
0.70 - 9.10 µIU/mL  
0.70 - 6.40 µIU/mL

#### Pregnancy

1- 2 Days 0.30 - 4.50 µIU/mL 1st Trimester  
3 - 4 Days 0.50 - 4.60 µIU/mL 2nd Trimester  
15 Days - 5 Months 0.80 - 5.20 µIU/mL 3rd Trimester

5 Months - 20 Years **Interpretation of TSH :-** Sample Type : **Serum**

#### Test Performed by:-

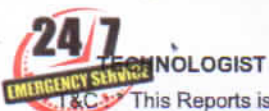
Fully Automated Chemi Luminescent Immuno Assay (**ARCHITECT- i1000 PLUS**) Abbott USA

#### Remarks :

Primary malfunction of the Thyroid gland may result in excessive (hyper) or Low (hypo) release of T3 or T4. In addition, as TSH directly affect thyroid function, malfunction of the pituitary or the hypothalamus influences the thyroid gland activity.

Disease in any portion of the thyroid-pituitary-hypothalamus system may influence the level of T3 and T4 in the blood, in Primary Hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels may be low. In addition, in Euthyroid sick syndrome, multiple alterations in serum thyroid function test findings have been recognized.

*Utkarsh*



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NOLOGIST

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*Mamta Khute*  
Dr. Mamta Khute  
M.D. (Path.)  
RMC No. : 4720/15260

PATHOLOGIST





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### IMMUNOLOGY

Test Name	Observed Values	Reference Intervals	Units
PSA (Prostate-Specific Antigen)	1.03	0-4	ng/mL

Method : **Fluorescence Immunoassay Technology**

Sample Type : **Serum / Plasma / Whole Blood**

#### Clinical Information :

Prostate Specific Antigen (PSA) is a Neutral Serine Protease with Chymotrypsin-like activity and Composed of a Single Polypeptide chain of 237 Amino Acids. It is an Intracellular Glycoprotein Containing 7-8% Carbohydrate as a Single N-linked Oligosaccharide side Chain, and has a Molecular Weight of Approximately 33 KDa. PSA is Synthesized by the Glandular Epithelium of the Prostate and Present in benign Hyperplastic and Malignant Prostatic Tissue, in Metastatic Prostatic Carcinoma, in Prostatic Fluid, and Seminal Plasma. Low Levels of PSA are Found in the Blood of Normal Male as a Result of Leakage of the Antigen from the Prostate Gland into Circulation. The Elevated Levels of PSA in the Blood are Associated with Prostatic Pathology, including Prostatitis, Benign Prostatic Hyperplasia (BPH), and Prostate Cancer.

*Vikash*

*Mamta Khulela*  
 Dr. Mamta Khulela  
 M.D. (Path.)  
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### URINE EXAMINATION

#### URINE COMPLETE

Test Name	Observed Values	Reference Intervals	Units
<b>PHYSICAL</b>			
Quantity	20		ml
Colour	Pale Yellow		/
Appearance / Transparency	Clear		
Specific Gravity	1.015		
PH	5.00	4.5-6.5	
<b>CHEMICAL</b>			
Reaction	Acidic		
Albumin	Trace		
Urine Sugar	Nil		
<b>MICROSCOPIC</b>			
Red Blood Cells	Nil		/h.p.f.
Pus Cells	3-5		/h.p.f.
Epithelial Cells	2-3		/h.p.f.
Crystals	Nil		/h.p.f.
Casts	Nil		/h.p.f.
Bactria	Nil		/h.p.f.
Others			/h.p.f.

*Wakash*

**24/7**  
TECHNOLOGIST  
EMERGENCY SERVICE

*Mamta Khulela*  
Dr. Mamta Khulela  
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### URINE EXAMINATION

Test Name	Observed Values	Reference Intervals	Units
URINE SUGAR FASTING	Nil		
URINE SUGAR PP	Nil		

<<< END OF REPORT >>>

*Wakash*



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MRI CT SCAN TMT SONOGRAPHY X-RAY ECG MAMOGRAPHY



NABL CERTIFICATE NO.  
MC-5346

NAME : SANDEEP NEHRA	AGE 33 /SEX M
REF. BY : BOB HEALTH CHECK UP	DATE: 02.10.2023

## X-RAY CHEST PA

- Both lung fields appear normal in under view
- No e/o consolidation or cavitations is seen.
- Both costo-phrenic angles appear clear.
- Cardiac size is within normal limits.
- Both domes of diaphragm appear normal.
- Bony thoracic cage & soft tissue shadow appear normal.

IMPRESSION :- NORMAL X-RAY CHEST (PA)

*USK*

DR. UMMED SINGH RATHORE  
MD RADIODIAGNOSIS  
RMC NO. - 34498/24812

**Dr. Ummed Singh**  
**MD (Radiodiagnosis)**  
**(RMC.34498/24812)**



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10530 (bobE47325) / SANDEEP NEHRA / 33 Yrs / M / 171 Cms / 80 Kg Date: 02-Oct-2023 Technician : MANISH Examined By:

Stage	Time	Duration	Belt Speed (mph)	Elevation	METS	Rate	% THR Achieved	BP	RPP	PVC	Comments
Supine	00:54	0:53	00.0	00.0	01.0	115	61 %	130/84	149	00	
Standing	01:53	1:00	00.0	00.0	01.0	117	63 %	130/84	152	00	
HV	02:53	1:00	00.0	00.0	01.0	117	63 %	130/84	152	00	
Warm Up	03:53	1:00	00.0	00.0	01.0	112	60 %	130/84	145	00	
ExStart	04:53	1:00	01.0	00.0	01.0	125	67 %	132/86	165	00	
BRUCE Stage 1	07:53	3:00	01.7	10.0	04.7	156	83 %	140/90	218	00	
BRUCE Stage 2	10:53	3:00	02.5	12.0	07.1	174	93 %	154/96	267	00	
PeakEx	11:28	0:35	03.4	14.0	07.7	176	94 %	154/96	271	00	
Recovery	13:27	2:00	01.1	00.0	01.0	152	81 %	142/92	215	00	
Recovery	15:27	4:00	00.0	00.0	01.0	137	73 %	136/88	186	00	
Recovery	16:27	5:00	00.0	00.0	01.0	132	71 %	130/84	171	00	

**Findings :**

Exercise Time : 06:35  
 Max HR Attained : 176 bpm 94% of Target 187  
 Max BP Attained : (Sys) 154/96  
 Max Workload Attained : 7.7 Fair response to induced stress  
 Max ST Dep Lead & Value : I & -3.6 mm in PeakEx mm  
 Test Objective : BOB HEALTH CHECK UP  
 History : No  
 Test End Reasons : Test Complete

**Report :**

*M*  
**Rajasthan Diagnostic & Medical Research Centre**  
 Jhunjhunu

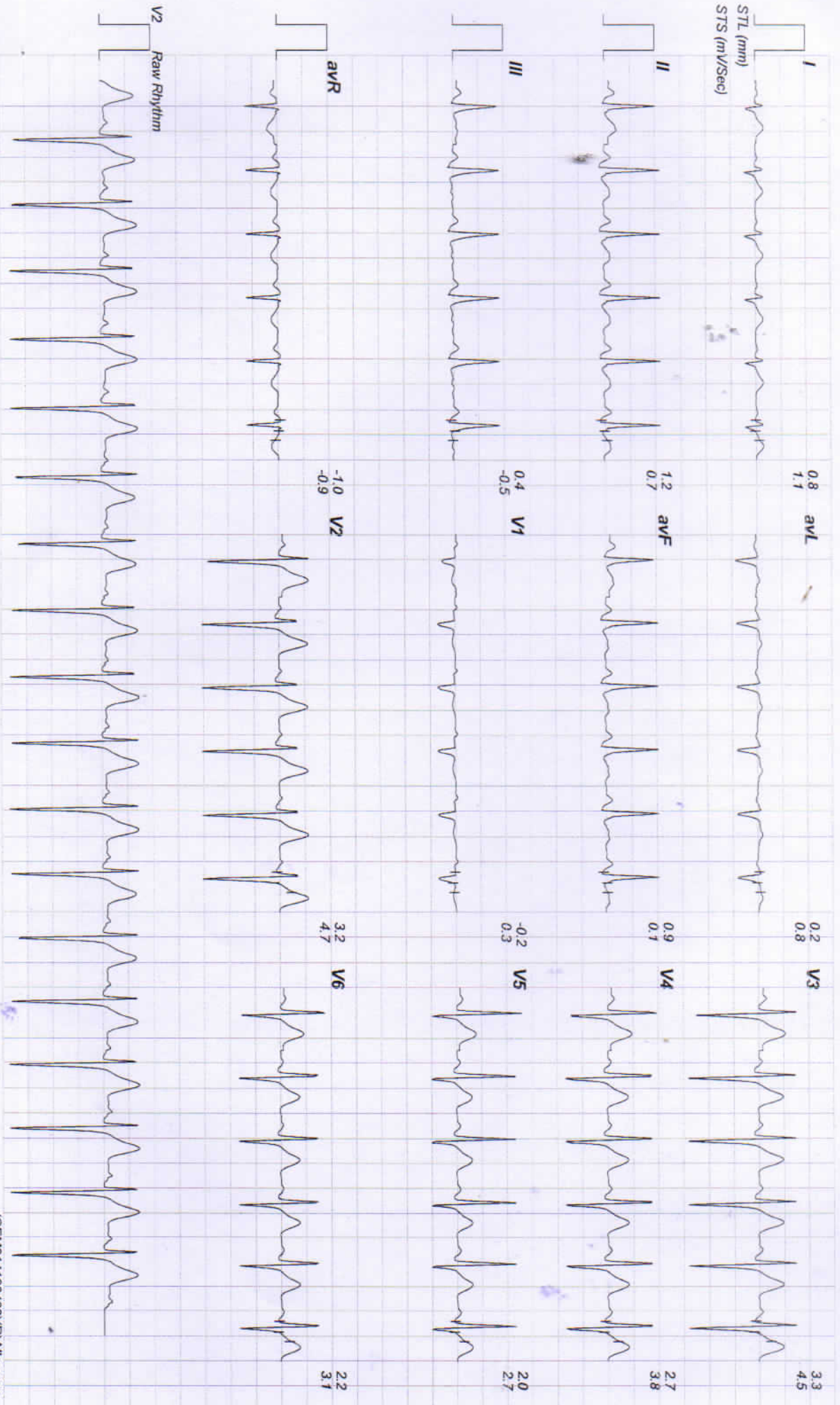
Doctor : RDMRC





10530 / SANDEEP NEHRA / 33 Yrs / Male / 171 Cm / 80 Kg

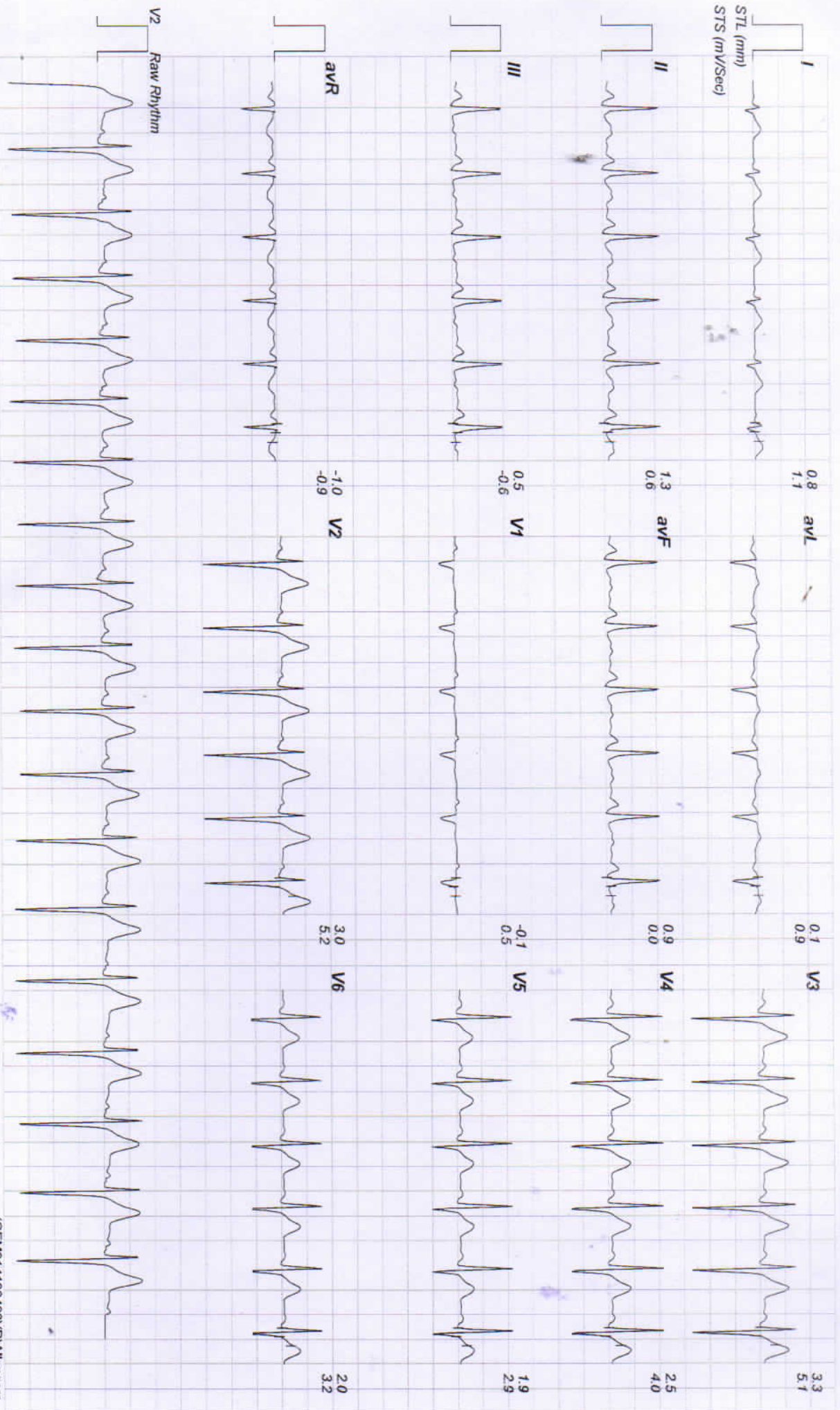
Date: 02 - 10 - 2023 01:44:55 PM METs : 01.00 HR : 115 Target HR : 61% of 187 BP : 130/84 Post J @80mSec ExTime : 00:53 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV





10530 / SANDEEP NEHRA / 33 Yrs / Male / 171 Cm / 80 Kg

Date: 02 - 10 - 2023 01:44:55 PM METs : 01.00 HR : 117 Target HR : 62% of 187 BP : 130/84 Post J @80mSec ExTime : 01:52 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

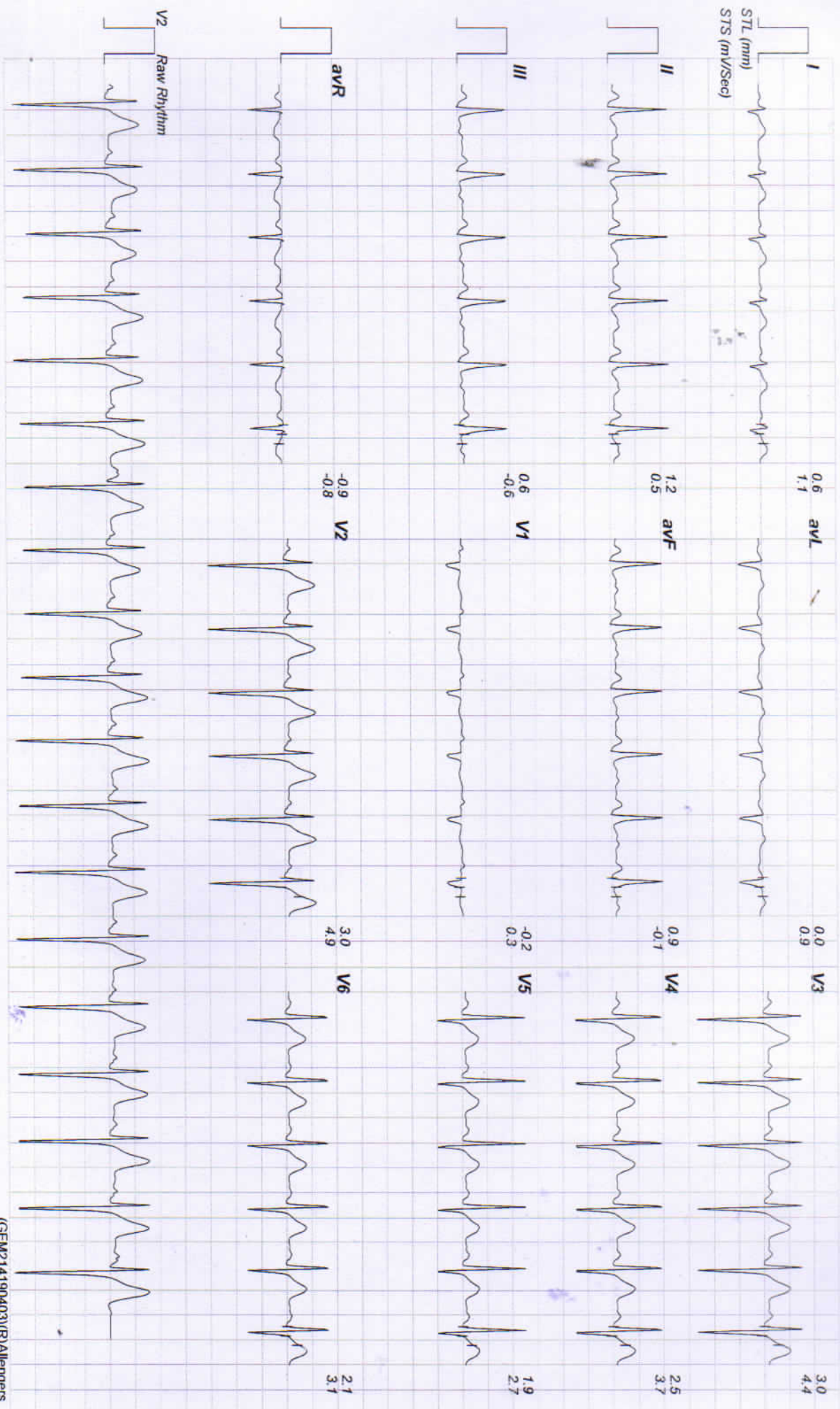






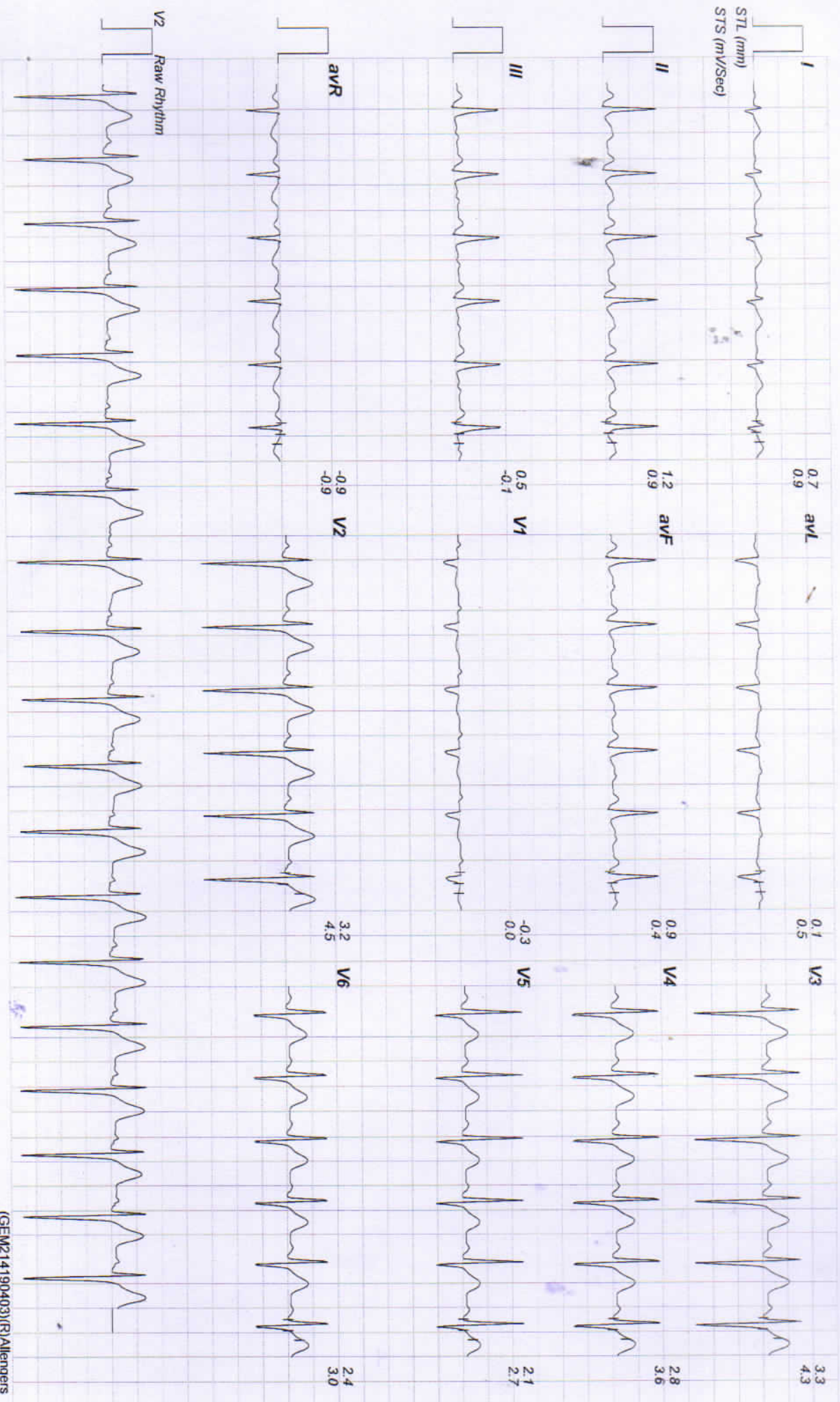
10530 / SANDEEP NEHRA / 33 Yrs / Male / 171 Cm / 80 Kg

Date: 02 - 10 - 2023 01:44:55 PM METS : 01.00 HR : 117 Target HR : 62% of 187 BP : 130/84 Post J @80mSec ExTime : 02:52 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

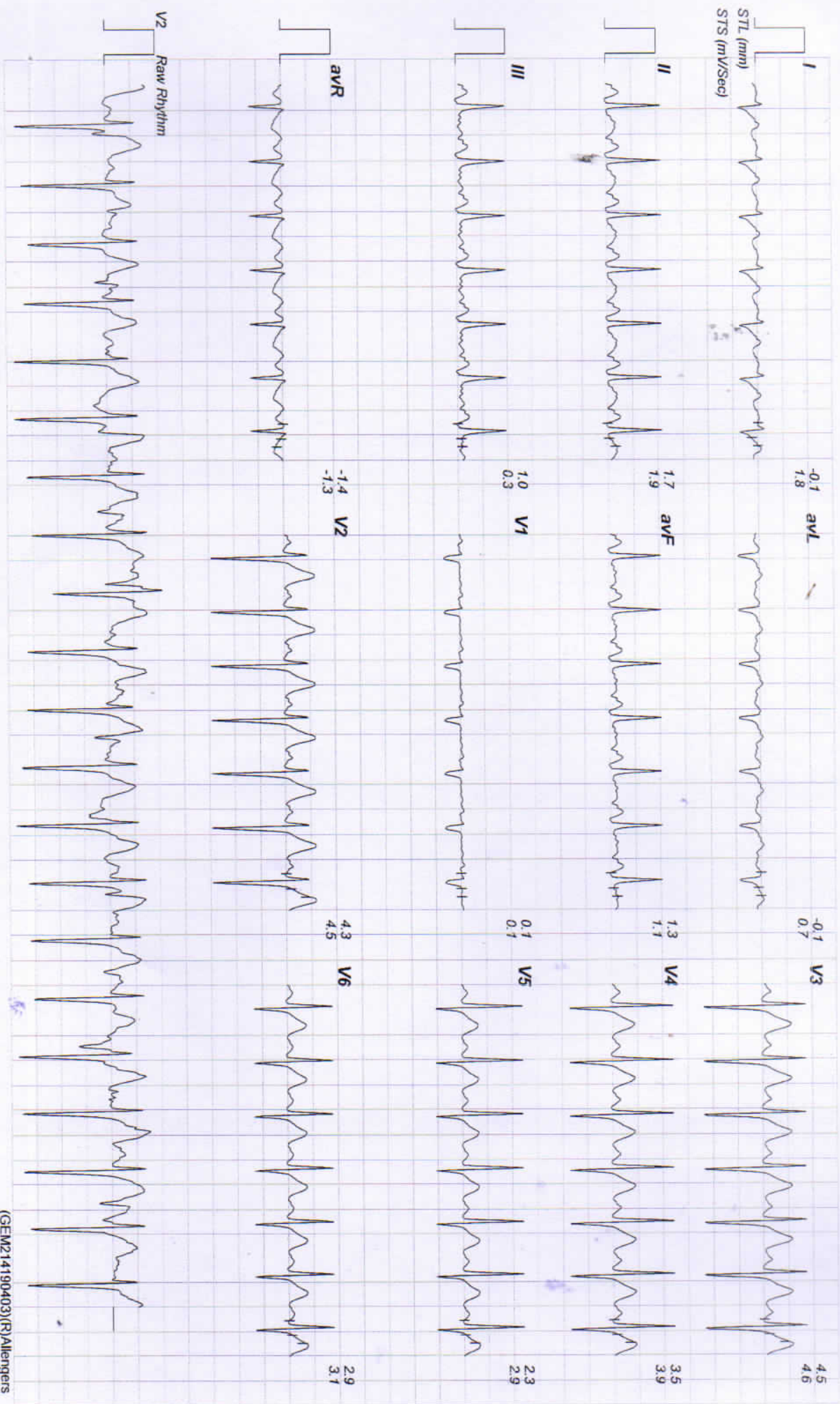


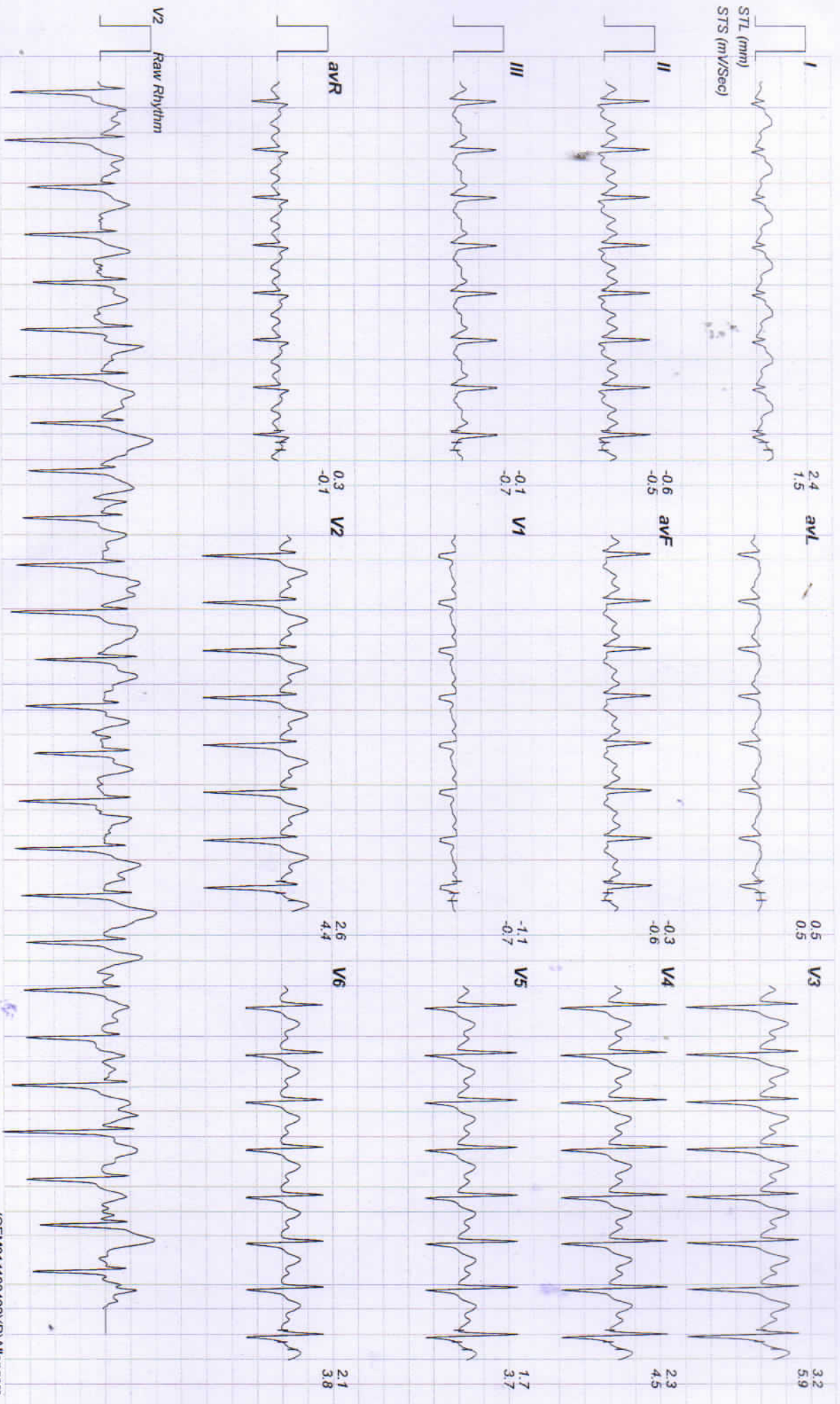
Linked Medians Report

Warm Up







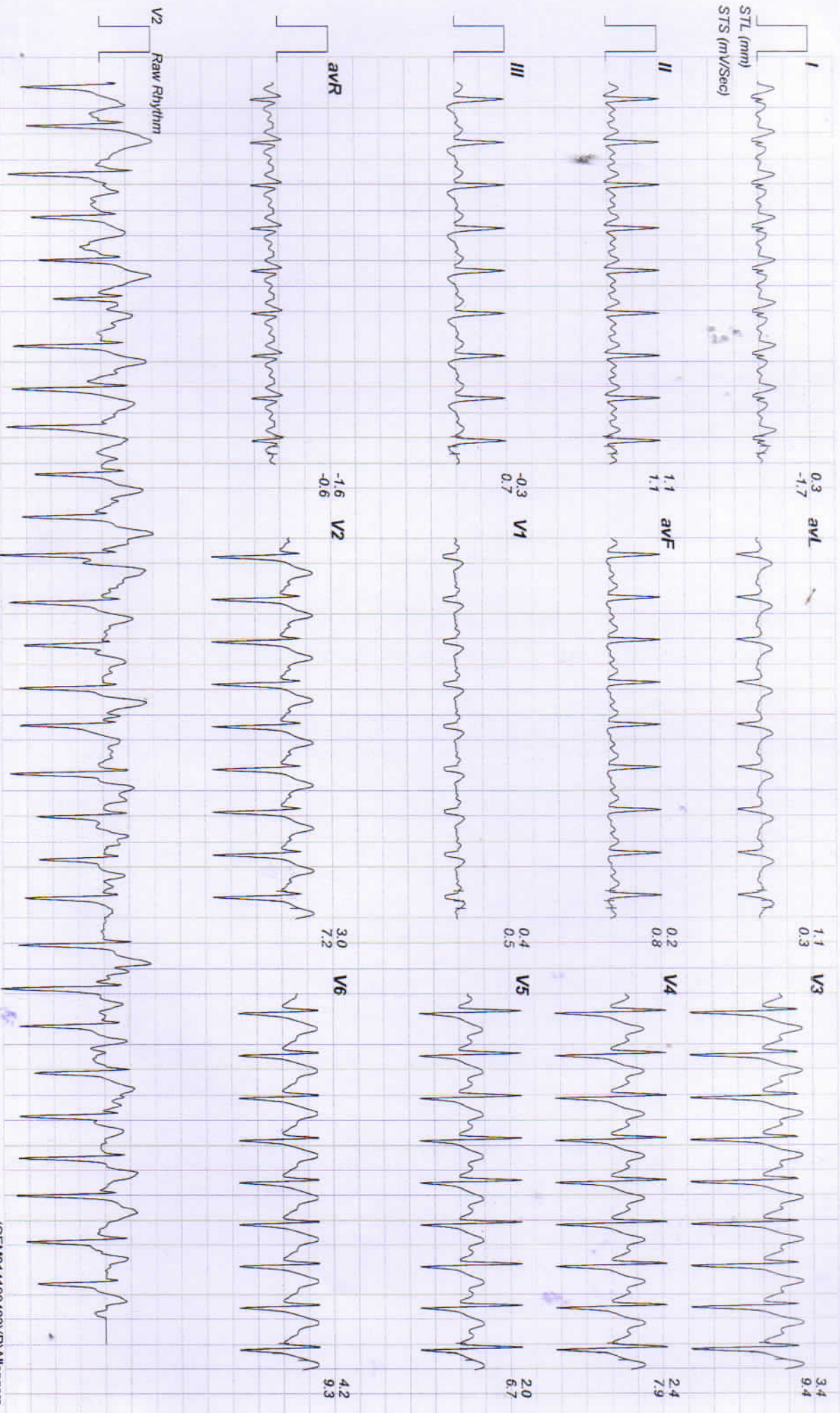






10530 / SANDEEP NEHRA / 33 Yrs / Male / 171 Cm / 80 Kg

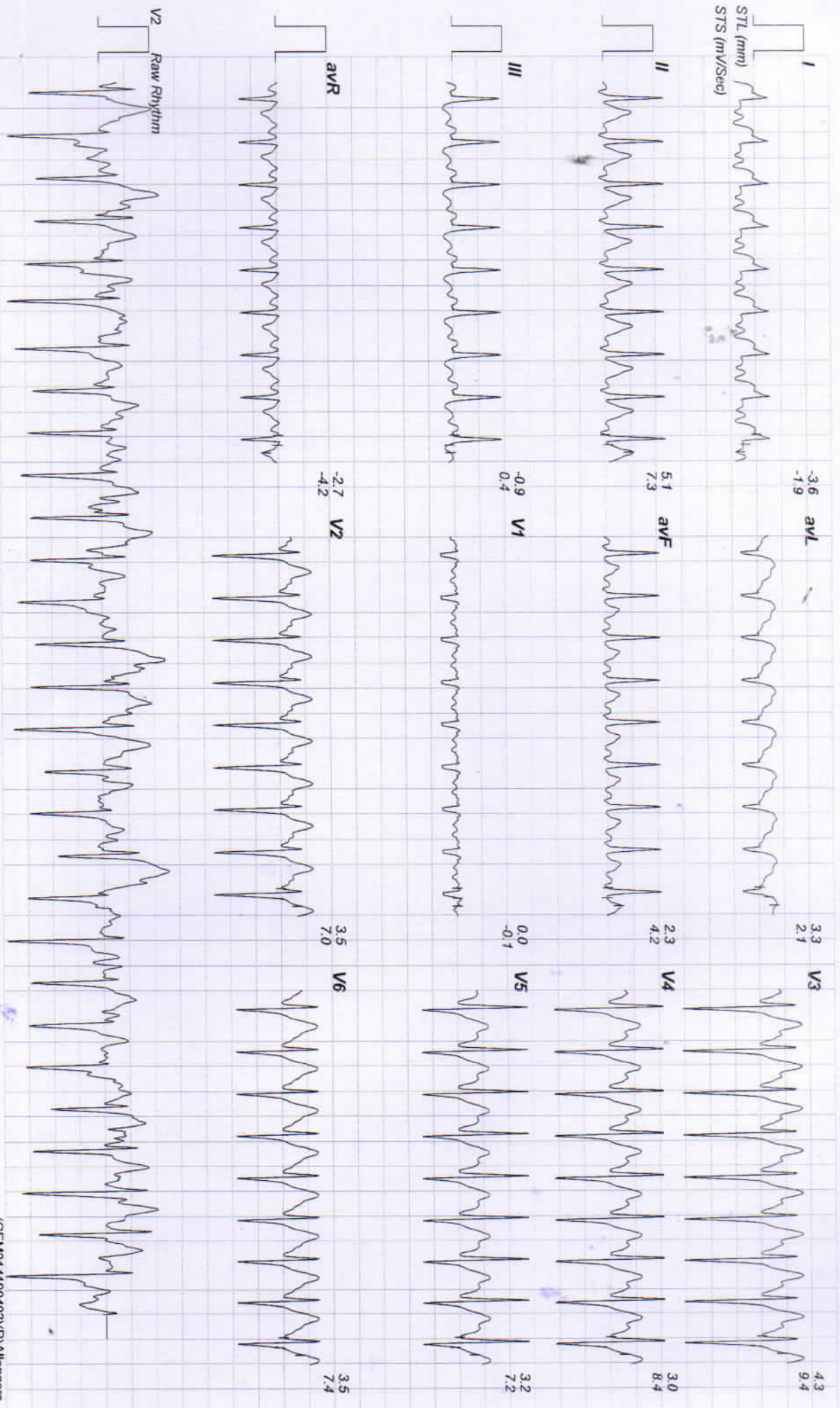
Date: 02 - 10 - 2023 01:44:55 PM METS : 07.10 HR : 174 Target HR : 93% of 187 BP : 154/96 Post J @60mSec ExtTime : 06:00 2.5 mph Grade : 12.00 % 25 mm/Sec. 1.0 Cm/mV





10530 / SANDEEP NEHRA / 33 Yrs / Male / 171 Cm / 80 Kg

Date: 02 - 10 - 2023 01:44:55 PM METs : 07.70 HR : 176 Target HR : 94% of 187 BP : 154/96 Post J @60mSec ExtTime : 06:35 3.4 mph Grade : 14.00 % 25 mm/Sec: 1.0 Cm/mV







10530 / SANDEEP NEHRA / 33 Yrs / Male / 171 Cm / 80 Kg

Date: 02 - 10 - 2023 01:44:55 PM METS : 01.00 HR : 152 Target HR : 81% of 187 BP : 142/92 Post J @60mSec ExTime : 06:35 1.1 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

