

Mrs. SHIKHA SHRIVASTAV (37 /F)

UHID

AHIL.0000641006

AHC No

AHILAH195066

Date

25/02/2023



MEDIWHEEL-FULL BODY CHK-ABOVE40-FEMALE

Namaste Mrs. SHIKHA SHRIVASTAV,

Thank you for choosing Apollo ProHealth, India's first AI-powered health management program, curated to help you make positive health shifts. Being healthy is about making smart choices, and you have taken the first step with this program. We are privileged to be your healthcare partner. Your health is our priority.

We are with you on your path to wellness by:

Predicting your risk: Artificial Intelligence-powered predictive risk scores are generated, based on your personal, medical, and family history and detailed multi-organ evaluation of your body through diagnostic and imaging tests.

Preventing onset or progress of chronic lifestyle diseases: Your Health Mentor is available to help you understand your physician's recommendations and helping you handle any concerns (complimentary service up to one year)

Overcoming barriers to your wellbeing: Your Health Mentor will help you set your health goals and guide you with tips to stay on track. We will also, digitally remind you to proactively prioritize your health.

Through this report, you will be able to understand your overall health status, your health goals and the recommendations for your path to wellness. Your Health Report will include the following:

- Your medical history and physical examination reports
- Results from your diagnostic and imaging tests
- Al powered health risk scores
- Your physician's impression and recommendations regarding your overall health
- Your personalized path to wellness, including your follow-up assessments and vaccinations



We have reviewed the results of the tests and have identified some areas for you to act on. We believe that with focus and targeted interventions, you can be healthier and happier.

Scan the QR code to download the Apollo 247 App



You can visit your proHealth physician in person at this center, or you can book a virtual consultation for review via www.apollo247.com or through the Apollo 24*7 mobile app. You can avail 30% discount on additional tests and follow-up tests at Apollo Hospitals within one week. You may call your Health Mentor on 04048492633 or email at prohealthcare@apollohospitals.com

Stay Healthy and happy!

Apollo ProHealth Care team

Disclaimer: The services offered in the program may vary depending on any prior mutual agreements between guests and the facility/unit.

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: Mrs. SHIKHA SHRIVASTAV (37 /F)

MEDIWHEEL-FULL BODY CHK-ABOVE40-FEMALE

Date

Address: CHANDKHEDA NEW CG ROAD, AHMADABAD, AHMADABAD, GUJARAT, IND

Examined by : Dr. SHASHIKANT NIGAM

UHID

: AHIL.000064100

AHC No : AHILAH195066



Chief Complaints

For Annual health checkup

ANXITY

Constipation

Present Known illness

No history of

- Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart



Drug Allergy

NO KNOWN ALLERGY

:25/02/2023



Past medical history

Do you have any

- No

allergies?

Allergies

- Nil

Past medical history

- nil significant

Covid 19

- No

Post detection (3

- No

Weeks)

Hospitalization for

- No

Covid 19



Surgical history

Caesarian section



Personal history

Ethnicity

Indian Asian

Marital status

Married

No. of children

2

Male

Diet

Mixed Diet

Alcohol

consumes alcohol occasionally

Smoking

No

Chews tobacco

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MEDIWHEEL-FULL BODY CHK-ABOVE40-FEMALE

Organization is Accressly sical activity

- Active



Family history

Father

- alive

Mother

alive

Brothers

- 2

Sisters

Hypertension

- father

Coronary artery

- none

disease

Cancer

- brother

Type

- BLOOD

Physical Examination



General

General appearance

- normal

Build

- normal

Height

- 156

Weight

- 61.2

BMI

- 25.15

Pallor

- No

Oedema

- no



Cardiovascular system

Heart rate (Per minute)

- 67

Rhythm

- Regular

Systolic(mm of Hg)

- 110

- 70

Diastolic(mm of Hg)

- B.P. Sitting

Heart sounds

- S1S2+

Respiratory system

Breath sounds

- Normal vesicular breath sounds



Abdomen

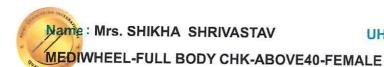
Organomegaly

- No

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- No

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MUKTA S ADALTI

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Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

Test Name	Result	Unit	Level	Range
Volume	20	mL		
Specific Gravity	1.010			
Colour:	Pale-Yellow			
Transparency:	Clear			
рН	5.5			
Protein:	Nil			
Sugar:	Nil			
Blood:	Negative			
Ketone	Absent			
Bile Pigments:	Negative			
Urobilinogen	Nil	E.U./dL		
Nitrite	Negative			
Pus Cells	Occassional			0-5
RBC	Nil	/hpf		0-5/hpf
Epithelial Cells	Occassional			
Casts:	Absent			
Crystals:	Absent			

COMPLETE BLOOD COUNT WITH ESR

Test Name	Result	Unit	Level	Range
Hemoglobin (Photometric Measurement)	10.8 *	gm%		12-16
Packed cell volume(Calculated)	34.1 *	%		36-46
RBC COUNT (Impedance)	4.25	Million/ul		3.8-5.2
MCV (From RBC Histogram)	80.3	fl		80-100
MCH(Calculated)	25.49 *	pg		27-32
MCHC(Calculated)	31.8	%		31-36
RDW(Calculated)	13.8	%	•	11.5-14.5
WBC Count (Impedance)	9013	/cu mm		4000-11000

Within Normal Range





Out of Range





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credited Neutrophils	63	%	•	40-75		
Lymphocytes	27	%		20-40		
Monocytes	6	% -		2-10		
Eosinophils	4	%		01-06		
Basophils	0	%		0-1		
Platelet Count (Impedance)	188000	/cu mm		150000-450000		
MPV (Calculated)	11.5 *	fl		7-11		
RBC:	Anemia					
RBC::	Hypochromi	Hypochromia (+)				
Platelets:	Adequate or	Adequate on the smear~Giant platelets noted				
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic– electronic)	10	mm/1st hr		0-20		

URINE GLUCOSE(FASTING)

Test Name Result Unit Level Range

Urine Glucose (Post Prandial) Nil

URINE GLUCOSE(POST PRANDIAL)

Test Name Result Unit Level Range

Urine Glucose (Post Prandial) Nil

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name Result Unit Level Range

BLOOD GROUP: O Positive

LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Within Normal Range	Borderline H	igh/Low	Out	of Range
AST (SGOT) - SERUM	23	U/L		>1 year Female : <32
ALKALINE PHOSPHATASE - SERUM/PLASMA	101	U/L	•	Adult(Female): 35 - 104
ALT(SGPT) - SERUM / PLASMA	33	U/L		0-35
Test Name	Result	Unit	Level	Range

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Total Bilirubin	0.239 *	mg/dL	0.300-1.200
Direct Bilirubin	0.129	mg/dL	Upto 0.3 mg/dl

Indirect Bilirubin 0.11 mg/dL 1 Day ≤5.1 mg/dL 2 Days ≤7.2 mg/dL 3-5 Days ≤10.3 mg/dL 6-7 Days ≤8.4 mg/dL 8-9 Days ≤6.5 mg/dL 10-11 Days ≤4.6 mg/dL

> 12-13 Days ≤2.7 mg/dL 14 Days - 9 Years 0.2-0.8 mg/dL 10-19 Years 0.2-1.1 mg/dL ≥20 Years 0.2-1.2 mg/dL

>= 126 : Diabetes Mellitus

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.66	mg/dL		Adult Female: 0.5 - 1.2

LFT (LIVER FUNCTION TEST)

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Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	74 *	U/L		Male : 10 - 71 Female : 6 - 42

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	90	mg/dL	•	70 - 100 : Normal 100 - 125 : Impaired Glucose Tolerance

GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS

Test Name	Result	Unit	Level	Range		
Glucose - Plasma (Post Prandial)	89	mg/dL	•	70-140		
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD						

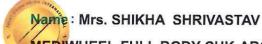
Test Name	Result	Unit	Level	Range



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Organization is Accordi@lycosylated Hemoglobin (HbA1c)

%

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Normal < 5.7

%Increased risk for Diabetes 5.7 - 6.4%

Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus < 7.0 : Well Controlled Diabetes 7.1 - 8.0: Unsatisfactory Control > 8.0 : Poor Control & Needs Immediate

Treatment

Range

6.00-8.00

Level

Estimated Average Glucose.

Test Name

99.67

Result

7.25

LFT (LIVER FUNCTION TEST)

PROTEIN TOTAL - SERUM / PLASMA

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

g/dL

PROTEIN TOTAL - SERUM / PLASMA	7.25	g/dL		6.00-8.00
ALBUMIN - SERUM	4.32	g/dL	•	Adult(18 - 60 Yr): 3.5 - 5.2
ALBUMIN - SERUM	4.32	g/dL		Adult(18 - 60 Yr): 3.5 - 5.2
Globulin-Serum/Plasma	2.93			2.20-4.20
Globulin-Serum/Plasma	2.93			2.20-4.20
A/G ratio	1.47			1.00-2.00
A/G ratio	1.47			1.00-2.00
THYROID PROFILE (T3,T4 AND TS	<u>H)</u>			
Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.7	nmol/L	•	Adults(20-120 Yrs): 1.2 - 3.1 Pregnant Female : First Trimester : 1.61 - 3.53 Second Trimester : 1.98 - 4.02 Third Trimester : 2.07 - 4.02
TOTAL T4: THYROXINE - SERUM	93	nmol/L	•	Adults(20-100 Yrs):66 - 181 Pregnant Female: First Trimester: 94.3 - 190 Second Trimester: 102 - 207 Third Trimester: 89 - 202
TSH: THYROID STIMULATING HORMONE - SERUM	5.79 *	μIU/mL	•	14-120 years : 0.27 - 4.20
Within Normal Range	Borderlin	e High/Low	Out of	of Range
age 9 of 12				

Pag





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by Joint Commission Intern URIC ACID - SERUM

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.5 *	mg/dL	•	Male : 3.4-7.0 Female : 2.4-5.7
BUN (BLOOD UREA NITROGEN)				
Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	5 *	mg/dL		6-20
UREA - SERUM / PLASMA	15	mg/dL		15 - 50
LIPID PROFILE - SERUM				
Test Name	Result	Unit	Level	Range
Total Cholesterol	161	mg/dl	•	0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High
Triglycerides - Serum	81	mg/dL		0-150
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	37 *	mg/dL		< 40 : Major risk factor for heart disease 40 - 59 : The higher The better. >=60 : Considered protective against heart disease
LDL Cholesterol (Direct LDL)	116	mg/dL	•	100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High
VLDL CHOLESTEROL	16		•	< 40 mg/dl
C/H RATIO	4			0-4.5

X-RAY CHEST PA

X-ray imaging creates pictures of the inside of your body. Chest X-ray can reveal abnormalities in the lungs, the heart, and bones that sometimes cannot be detected by examination.

NORMAL STUDY.

Within Normal Range





Out of Range

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Organization is Accredited by Joint Commission Internated HO/TMT

Investigations Not Done / Not Yet Reported

Haematology

STOOL ROUTINE

CARDIOLOGY

ECG

Mammography

MAMMOGRAPHY BOTH BREAST

Within Normal Range

Borderline High/Low



Out of Range

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Organization is Accredited Joint Commission Intellixecutive Summary



.BODY WEIGHT 61.2 KG, IDEAL BODY WEIGHT 46-55 KG

SUBCLINICAL HYPOTHYROIDISM

.HYPERURICEMIA

.ECG - NORMAL

. ECHO - NORMAL

.USG ABDOMEN - NO SIGNIFICANT ABNORMALITY

CHEST X-RAY - NORMAL

.VISION - NORMAL

.DENTAL - AS PER DOCTOR ADVICE

Wellness Prescription

Advice On Diet :-



BALANCED DIET

Advice On Physical Activity :-



REGULAR 30 MINUTES WALK FOR HEALTH AND 60 MINUTES FOR WEIGHT REDUCTION PRACTICE YOGA AND MEDITATION MAINTAIN WEIGHT BETWEEN 46-55 KG

Printed By: MUKTA S ADALTI

sician / Consultant Internal Medicine

Note: - The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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RADIOLOGY

Patient Details : Mrs. SHIKHA SHRIVASTAV | Female | 37Yr 6Mth 24Days

UHID : AHIL.0000641006

Patient Location: AHC

Patient Identifier:

AHILAH195066

DRN

123025330

Completed on:

25-FEB-2023 13:22

Ref Doctor

DR. SHASHIKANT NIGAM

X-RAY CHEST PA

FINDINGS:

Lung fields are clear.

Cardio thoracic ratio is normal.

Both costophrenic angles are clear.

Domes of diaphragm are well delineated.

Bony thorax shows no significant abnormality.

IMPRESSION

NORMAL STUDY.

-- END OF THE REPORT ---

C 192

RAJVEERSINH P CHAVDA

Medical Officer

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27-Feb-2023 10:47

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Reported By: 717876

Page 1 of 1









CARDIOLOGY

Mrs. SHIKHA SHRIVASTAV | Female | 37Yr 6Mth 24Days Patient Details:

AHIL.0000641006 UHID

Patient Location:

Patient Identifier:

AHILAH195066

DRN

5623018317

Completed on:

25-FEB-2023 16:58

Ref Doctor

DR. SHASHIKANT NIGAM

ECHO/TMT

FINDINGS:

Normal cardiac chamber dimensions.

Normal LV systolic function, LVEF: 60%

No Regional wall motion abnormalities at rest.

Normal LV compliance.

All cardiac valves are structurally normal.

IAS/ IVS intact.

No MR, No AR, No PR, No TR.

No PAH.

No clots/ vegetation/ effusion.

MEASUREMENTS (mm) ::

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Mrs. SHIKHA SHRIVASTAV	AHIL.0000641006	AHILAH195066
	ECHO/TMT	20
LVID diastole		,
Maria de la casa de la		
Measurements (mm)		-
IMPRESSION		
4		
	END OF THE REPORT	
Short		
DR SUBIR GHOSH MD.DM		
Interventional Cardiologist		
Printed on: 27-Feb-2023 10:47 Printed E	By: 153182 Reported By:	1010611 Page 2 of 2

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RADIOLOGY

Patient Details : Mrs. SHIKHA SHRIVASTAV | Female | 37Yr 6Mth 24Days

UHID : AHIL.0000641006 Patient Location: AH

Patient Identifier: AHILAH195066

DRN : 223010495 Completed on : 25-FEB-2023 10:33

Ref Doctor : DR. SHASHIKANT NIGAM

USG WHOLE ABDOMEN

FINDINGS:

Liver appears normal in size and shows uniform normal echotexture. No evidence of focal or diffuse pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Visualised pancreas appear normal in size and echotexture.

Spleen measures 9.5 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal system on both sides appear normal.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Uterus is anteverted and appears normal in size and echotexture. No focal lesion is seen. Myometrial and endometrial echopattern appear normal. Endometrial thickness is 9 mm.

Both ovaries are normal in size and echopattern.

No free fluid is seen in Pouch Of Douglas.

No definite evidence of adnexal/pelvic mass is seen.

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Mrs. SHIKHA SHRIVASTAV

AHIL.0000641006

AHILAH195066

USG WHOLE ABDOMEN

IMPRESSION:

NO ABNORMALITY DETECTED.

--- END OF THE REPORT ---

S. S. Organie

SIDDHARTH S PARMAR

Medical Officer

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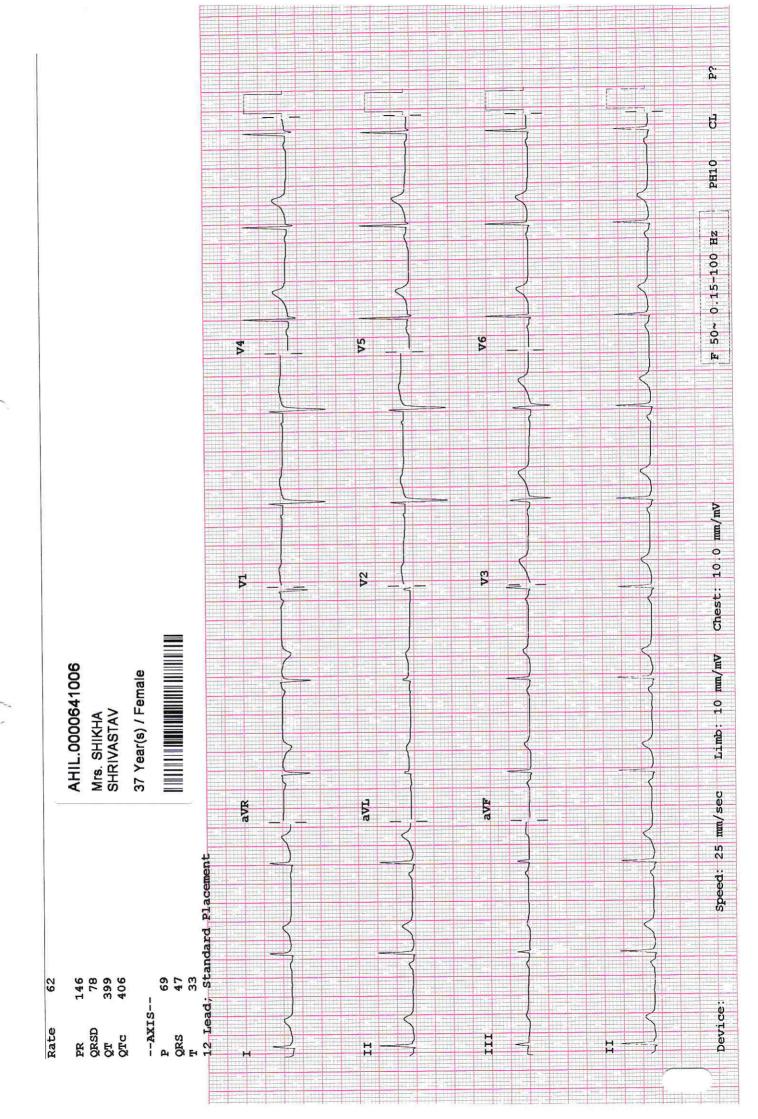
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If label not available, write Pt, Name, IP No/UHID, Age, Sex, Date, Name of Treating Physician

OBSTETRICS & GYNAECOLOGY - AHC

AHIL.0000641006 Mrs. SHIKHA SHRIVASTAV Age:	NAEC	Date: 25/2/23 Unit No.: Ref. Physician: Den - Kirty Nauco Copies to:
Chief Complaint:		12+1
None (AMI	- /	zyeur)
Children: L, DJ	ŧ	Weight:
Deliveries: 2 LS CS.		BP:
Last Child: Mul Tyenry	(Lsc	
Abortions: & T& T	1	Breasts: Normal, dayspap Smear: Not tellen
Periods: legular 28	-32	day PAP Smear: Not tellen
Periods: lequer 28 LMP: 24/1/23.		Previous Medical H/O:
Menopause:		None
G. Condition: F:\+	×	FIMIO: None
P/A: Soft		Previous Surgical H/O:
S/E:	s.	Done.
P/V:		
P/R:		
Impression:	¥	

Doctor Signature Date & Time

25/2/23 1:16Pm.



UCHING LIVES	
OPTHALMIC EXAMINATION RECORDS	Synct Car
Name: SLikhar Svivadu Date: 25	12/23
Dietonos Vision	
Distance Vision:	Referes
Right Eye - 6 9 BE 6 9 Left Eye - 6 9	Va
Right Eye - 6 9 BE 6 9 BE 6 9 BE Ungicled	Referes 2 a gr
Near Vision :	CRV
Right Eye: N 6	(()
Left Eye: N 6	a ,
	* - * * * * * * * * * * * * * * * * * *
APLN.TN – Right Eye Left Eye \ 2 mmHg	
Both Eye – Colour Vision No	
Both Eye – Anterior Segment Examinations – W	
Both Eye Posterior Segment Examinations –	
Dr. Lagriti Sinha MS (Opthalmology) Jr. Consultant Doctor's S	ignature
Apollo Hospitals International Ltd., Gandhinagar, Gujarat-382428, INDIA, Regd. No.: G-68792. IMROP028V1	
Ophthalmolo	gist Name



Place Label Here

If label not available, write Pt, Name, IP No/UHID,

Age, Sex, Date, Name of Treating Physician Date : 2572/23 Unit No.:.... Ref. Physician : Age : Sex : Male Female Copies to : **DENTAL RECORD** ALLERGIES : TA PAIN: Score (0-10) Location: Character: DENTAL CLEANING HABIT Once Twice Occasionally Brush Finger Stick Any other **Tooth Paste** Powder Any other DO THE GUMS BLEED WHEN YOU BRUSH YOUR TEETH? ARE YOUR TEETH SENSITIVE TO HEAT / COLD? **ORAL HYGIENE** Poor ORAL TISSUE EXAMINATION PERIODONTAL EXAMINATION NORMAL FINDINGS OCCLUSION IN DISEASE **CLASS** 11 III MILD MOD SEV CROSSBITE Lips Gingivitis Cheeks Hypoplasia Impaction Calculus Tongue Non-vital Floor of the mouth: Recession Fracture Palate Periodontal Pockets Abcess Tonsilar Area MA Attrition **Ulcers** Any other Erosion Caries Missing Teeth Mobility Supernumerary Others PRESENT COMPLAINT: Royte Charge ☐ DM ☐ HTN ☐ Thyroid ☐ Acidity ☐ Pregnancy PRE-MEDICAL HISTORY: ☐ Anticoagulant ☐ Under Drug Therapy

AHMROP007V1

-NAD-