

Name : Ms. SUPARNA MONDAL (43 /F)

Date : 27/07/2022

Address :

Examined by:

UHID : AMHL.0001992098

Package : MEDI WHEEL FULL BODY HCK - FEMALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH153082



## CHIEF COMPLAINTS

For corporate health checkup  
C/O Irregular periods.

## PRESENT KNOWN ILLNESS

### Present known illness

No history of : - Diabetes mellitus, Hypertension, Dyslipidemia, Heart disease, Asthma  
Thyroid disease : - hypothyroidism; Medication - regular



## DRUG ALLERGY

NO KNOWN ALLERGY

:27/07/2022



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Dyspepsia - yes; Symptoms - flatulence; Bowel habits - regular

### Genitourinary system

Frequency - normal

### Gynaec history

Last menstrual period - 6/7/22; Periods - irregular;  
No of deliveries - P2+0; Delivery details - C/S

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Normal hearing

### Skin

- Nil Significant

### Weight

- stable



### Present medications

- Tab. Thyronorm (100 mcg).



### Past medical history

Past medical history - nil significant  
Covid 19 - Yes  
Hospitalization for Covid 19 - No



### Surgical history

Lower segment caesarean section - 2.

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### Personal history

Marital status - Married  
No. of children - 2  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Active

### Family history

Father - has expired  
- MI  
Mother - alive  
Brothers - 1  
Sisters - 2  
Coronary artery disease - none  
Cancer - None

## PHYSICAL EXAMINATION

### General

Build - Healthy.  
Height - 158 Cm  
Weight - 57 Kg  
BMI - 22.83  
Pallor - No  
Oedema - no

### Cardiovascular system

Heart rate (Per minute) - 90  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 140  
Diastolic(mm of Hg) - 90  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Present.

### Central nervous system

- No neurological deficit

### Skin

- No significant finding

### Musculo Skeletal System

- No significant finding

### Ophthalmology consultation

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Ophthalmology findings - UCVA RE 6/6P  
LE 6/6P

NVA RE N8  
LE N8

COLOUR VISION:24/24 ALL READ

GENERAL HISTORY : THYROID(17YRS on Rx)

OCULAR MOVEMENTS : FULL

ANTERIOR SEGMENT :  
NORMAL

ACCEPTANCE  
RE-0.50Dsph  
DVA  
6/6

LE-0.50X180\*  
DVA 6/6

ADD(B/E)+1.25Dsph,N6  
ADVICE \*Glass use regularly\* Review after 1  
year/SOS

**Printed By** : Debjani Chowdhury

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	10.9 *	g/dl	●	12.0-15.0
RBC COUNT	3.88	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	33.1 *	%	●	36-46
MCV	85.4	fl	●	83-101
MCH	28.0	pg	●	27-32
MCHC	32.8	%	●	31.5-34.5
RDW	15.4 *	%	●	11.8-14.0
WBC Count	6400	/cu mm	●	4000-10000
Platelet Count	1.92	lacs/cu mm	●	1.5-4.0
Neutrophils	66	%	●	40-80
Lymphocytes	28	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	26 *	mm/1st hr	●	0-20

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Turbid			
Specific Gravity	1.010			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	3-5	/hpf		

Epithelial Cells	1-3
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	37	U/L	●	10-40
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	48	U/L	●	42-98
AST (SGOT) - SERUM	37	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.9	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	170	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	28	U/L	●	7-64
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TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	10.8	µg/dL	●	5.1-14.1

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	83	mg/dL	●	70-99

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	146	mg/dL	●	0-150

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	188 *	mg/dL	●	70-140

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	0.182 *	µIU/mL	●	0.270-4.200

**HBA1C (GLYCOSYLATED**

**HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHO LE BLOOD	4.9	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Theraputic goal : <7%

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.5	mg/dL	●	2.6-6.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	42	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	107 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	21	mg/dL	●	0-35

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	8.3	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.5:1.0			1.0-2.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.3	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.9	g/dL	●	1.8-3.6

**PAP SMEAR /CERVICAL SMEAR**

Ref No:  
AG01.C2204296  
SPECIMEN TYPE:  
Conventional cervical smear (Pap) x 1  
SPECIMEN ADEQUACY:  
Satisfactory for evaluation without endocervical cells.  
INTERPRETATION/RESULT:  
Negative for intraepithelial lesion or malignancy,with no  
organism

**ECG**

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SINUS RHYTHM.  
MODERATE VOLTAGE CRITERIA FOR LEFT  
VENTRICULAR HYPERTROPHY MAY BE NORMAL  
VARIANT.

#### **TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE  
MYOCARDIAL ISCHAEMIA.

#### **ULTRASOUND BREAST BILATERAL**

\* Both breasts sonographic study within normal limits.

BI-RADS category - 1

Dr. TANDRA SARKAR  
MBBS, DMRE, DNB (RADIODIAGNOSIS), MNAMS  
CONSULTANT RADIOLOGIST  
Reg. No. 49319 (WBMC)

#### **ULTRASOUND SCREENING WHOLE ABDOMEN**

\* Grade-I fatty liver.

\* Bulky uterus.

#### **X-RAY CHEST PA**

Chest skiagram does not reveal any significant  
abnormality.

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT  
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

#### **Haematology**

STOOL ROUTINE

 Within Normal Range     Borderline High/Low     Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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