| tushar kant | ID: | 25-Mar-2023 | 11:30:33 | Manipal Hospitals, Ghaziabad | *** |
|--------------------------|--|--|-------------------|------------------------------|-------------|
| aucasian | Vent. rate 72 bpm PR interval 150 ms QRS duration 100 ms QT/QTc 382/418 ms P-R-T axes 53 -6 70 | Normal sinus rhythm Normal ECG | | | (3) |
| Technician: Test ind: | | | | | |
| | | Referred by: | Uncon | Unconfirmed | |
| | AVE. | \\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\ | | 4 | |
| | AVI. | \\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\ | | W ₅ | |
| | ave | W3 | | W6 \ | |
| | | | | | |
| 20 Hz 25.0 mm/s 1 | 10.0 mm/mV | 4 by 2.5s + | .5s + 1 rhythm ld | MAC55 009C <u>0</u> 12 | □ 12SL™v239 |





TMT INVESTIGATION REPORT

Patient Name: Mr

Tushar KANT

Location

: Ghaziabad

Age/Sex

: 36Year(s)/male

Visit No

: V0000000001-GHZB

MRN No

Order Date

: 25/03/2023

Ref. Doctor : HCP

MH010871928

Report Date

: 25/03/2023

Protocol

: Bruce

MPHR

: 184BPM

Duration of exercise

: 8min 43sec

85% of MPHR

: 156BPM

Reason for termination: THR achieved

Peak HR Achieved : 157BPM

Blood Pressure (mmHg) : Baseline BP : 150/90mmHg

% Target HR

: 85%

Peak BP : 170/94mmHg

METS

: 10.1METS

| STAGE | TIME (min) | H.R (bpm) | BP (mmHg) | SYMPTOMS | ECG CHANGES | ARRHYTHMIA |
|-----------|---------------|--------------|--------------|----------|--------------------|------------|
| PRE- EXC. | 0:00 | 88 | 150/90 | Nil | No ST changes seen | Nil |
| STAGE 1 | 3:00 | 112 | 154/90 | Nil | No ST changes seen | Nil |
| STAGE 2 | 3:00 | 130 | 158/90 | Nil | No ST changes seen | Nil |
| STAGE 3 | 2:43 | 157 | 170/94 | Nil | No ST changes seen | Nil |
| RECOVERY | 3:27 | 104 | 160/90 | Nil | No ST changes seen | Nil |

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh

Dr. Abhishek Singh

Dr. Sudhanshu Mishra

MD, DM (CARDIOLOGY), FACC

MD, DNB (CARDIOLOGY), MNAMS MD

Cardiology Registrar

Sr. Consultant Cardiology

Sr.Consultant Cardiology

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

Page 1 of 2

P: 0120-616 5666

Manipal Health Enterprises Private Limited

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P + 91 80 4936 0300 Finfo@manihospitals.com www.maninalhospitals.com



RADIOLOGY REPORT

| Name | Tushar KANT | Modality | DX |
|------------|----------------------|--------------|---------------------|
| Patient ID | MH010871928 | Accession No | R5330586 |
| Gender/Age | M / 36Y 11M 5D | Scan Date | 25-03-2023 10:54:24 |
| Ref. Phys | Dr. HEALTH CHECK MGD | Report Date | 25-03-2023 11:18:51 |

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Bronchovascular markings appear prominent.

TRACHEA: Normal. CARINA: Normal.

RIGHT AND LEFT MAIN BRONCHI: Normal.

PLEURA: Normal. HEART: Normal.

RIGHT HEART BORDER: Normal. LEFT HEART BORDER: Normal. PULMONARY BAY: Normal. PULMONARY HILA: Normal.

AORTA: Normal.

THORACIC SPINE: Normal.

OTHER VISUALIZED BONES: Normal. VISUALIZED SOFT TISSUES: Normal.

DIAPHRAGM: Normal.

VISUALIZED ABDOMEN: Normal. VISUALIZED NECK: Normal.

IMPRESSION:

Prominent bronchovascular markings in bilateral lung fields.

Recommend clinical correlation.

Dr. Monica Shekhawat, MBBS, DNB,

Consultant Radiologist, Reg No MCI 11 10887

MANIPAL HOSPITALS

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RADIOLOGY REPORT

| Name | Tushar KANT | Modality | US |
|------------|----------------------|--------------|---------------------|
| Patient ID | MH010871928 | Accession No | R5330587 |
| Gender/Age | M / 36Y 11M 5D | Scan Date | 25-03-2023 12:40:42 |
| Ref. Phys | Dr. HEALTH CHECK MGD | Report Date | 25-03-2023 13:17:43 |



LIFE'S ON

LABORATORY REPORT

Name

MR TUSHAR KANT

Age

36 Yr(s) Sex : Male

Registration No

MH010871928

Lab No

32230309944

Patient Episode

Collection Date:

25 Mar 2023 21:00

Referred By

H18000000381

Reporting Date: 26 Mar 2023 08:09

: HEALTH CHECK MGD

Receiving Date

25 Mar 2023 21:11

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Specimen Type : Serum

THYROID PROFILE, Serum

| T3 - Triiodothyronine (ECLIA) | 1.44 | ng/ml | | [0.70-2.04] |
|-------------------------------------|-------|---------|-----|---------------|
| T4 - Thyroxine (ECLIA) | 8.32 | micg/dl | | [4.60-12.00] |
| Thyroid Stimulating Hormone (ECLIA) | 2.670 | μIU/mL | (3) | [0.340-4.250] |

Note: TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

- * References ranges recommended by the American Thyroid Association
- 1) Thyroid. 2011 Oct; 21(10):1081-125.PMID .21787128
- 2) http://www.thyroid-info.com/articles/tsh-fluctuating.html

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-----END OF REPORT-----

Dr. Neelam Singal

CONSULTANT BIOCHEMISTRY

Neclane Sugal.



Name

MR TUSHAR KANT

MH010871928

Registration No **Patient Episode**

H18000000381

Referred By

HEALTH CHECK MGD

Receiving Date

25 Mar 2023 12:42

Age

36 Yr(s) Sex: Male

Lab No

202303002511

Collection Date:

25 Mar 2023 10:41

SPECIMEN-EDTA Whole Blood

Reporting Date: 25 Mar 2023 13:13

HAEMATOLOGY

| - | 1 | r. | S | 7 | , |
|-----|---|-----|---|---|---|
| - 4 | | B4. | - | | |

RESULT

UNIT

/1sthour

BIOLOGICAL REFERENCE INTERVAL

COMPLETE BLOOD COUNT (AUTOMATED)

| | | | 21000 |
|--------------------------------|--------|--|--------------|
| RBC COUNT (IMPEDENCE) | 5.01 | millions/cu mm | [4.50-5.50] |
| HEMOGLOBIN | 14.2 | g/dl | [12.0-16.0] |
| Method:cyanide free SLS-colori | metry | | |
| HEMATOCRIT (CALCULATED) | 43.6 | % | [40.0-50.0] |
| MCV (DERIVED) | 87.0 | fL | [83.0-101.0] |
| MCH (CALCULATED) | 28.3 | pg | [27.0-32.0] |
| MCHC (CALCULATED) | 32.6 | g/dl | [31.5-34.5] |
| RDW CV% (DERIVED) | 14.0 | 96 | [11.6-14.0] |
| Platelet count | 171 | 103 11 / | |
| MPV (DERIVED) | | x 103 cells/cumm | [150-400] |
| THE V (DETECT VEHZ) | 13.6 | | |
| WBC COUNT (TC) (IMPEDENCE) | 7.50 | x 10³ cells/cumm | [6.00-17.50] |
| DIFFERENTIAL COUNT | | | |
| (VCS TECHNOLOGY/MICROSCOPY) | | The same of the sa | |
| Neutrophils | 51.0 | % | [40.0-80.0] |
| Lymphocytes | 37.0 | 8 | [17.0-45.0] |
| Monocytes | 8.0 | 90 | [2.0-10.0] |
| Eosinophils | 4.0 | % | [2.0-7.0] |
| Basophils | 0.0 | 8 | [0.0-2.0] |
| ESR | 22.0 # | /1sthour | |

22.0 #

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[0.0-

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Name

MR TUSHAR KANT

Age

36 Yr(s) Sex: Male

Registration No

MH010871928

Lab No

202303002511

Patient Episode

H18000000381

Collection Date:

25 Mar 2023 10:41

Referred By

HEALTH CHECK MGD

Reporting Date:

25 Mar 2023 17:22

Receiving Date

25 Mar 2023 12:42

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Glycosylated Hemoglobin

Specimen: EDTA

HbAlc (Glycosylated Hemoglobin)

6.5 #

[0.0-5.6]

Method: HPLC

As per American Diabetes Association (ADA

HbA1c in %

Non diabetic adults >= 18 years <5.7

Prediabetes (At Risk) 5.7-6.4 Diagnosing Diabetes >= 6.5

Estimated Average Glucose (eAG)

140

mg/dl

Comments: HbAlc provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour

PALE YELLOW

(Pale Yellow - Yellow)

Appearance

CLEAR

Reaction[pH]

5.0

(4.6 - 8.0)

Specific Gravity

1.015

(1.003 - 1.035)

CHEMICAL EXAMINATION

Protein/Albumin

Negative

(NEGATIVE)

Glucose

NIL Negative (NIL) (NEGATIVE)

Ketone Bodies Urobilinogen

Normal

(NORMAL)

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Name

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Registration No

MH010871928

Lab No

202303002511

Patient Episode

H18000000381

Collection Date:

25 Mar 2023 12:42

Referred By

HEALTH CHECK MGD

Reporting Date:

25 Mar 2023 15:38

Receiving Date

25 Mar 2023 12:42

CLINICAL PATHOLOGY

/hpf

| MICROSCOPIC | EXAMINATION | (Automated | /Manual) |
|-------------|-------------|------------|----------|
| | | | |

Pus Cells

0-1 /hpf

(0-5/hpf)

RBC

NIL

(0-2/hpf)

Epithelial Cells

NIL NIL

CASTS Crystals

NIL

OTHERS

NIL

Serum LIPID PROFILE

| Serum | TOTAT. | CHOLESTEROL |
|-------|--------|-------------|
| perum | TOTAL | CHOLESTEROL |

TRIGLYCERIDES (GPO/POD)

211 #

[<200]

mg/dl

Moderate risk:200-239

High risk:>240

170 #

mg/dl

[<150]Borderline high: 151-199

High: 200 - 499

HDL- CHOLESTEROL

47.0

mg/dl

Very high: >500 [35.0-65.0]

Method: Enzymatic Immunoimhibition

mg/dl

mg/dl

[0-35]

VLDL- CHOLESTEROL (Calculated) CHOLESTEROL, LDL, CALCULATED

34 130.0 #

[<120.0]

Near/

Above optimal-100-129

T.Chol/HDL.Chol ratio(Calculated)

4.5

Borderline High: 130-159

High Risk:160-189

<4.0 Optimal

4.0-5.0 Borderline

>6 High Risk

LDL.CHOL/HDL.CHOL Ratio(Calculated)

2.8

<3 Optimal

3-4 Borderline

>6 High Risk

Note:

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Name

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Age

36 Yr(s) Sex: Male

Registration No

MH010871928

Lab No

202303002511

Patient Episode

Collection Date:

25 Mar 2023 10:41

Referred By

H18000000381

HEALTH CHECK MGD

Reporting Date: 25 Mar 2023 12:43

Receiving Date

: 25 Mar 2023 12:42

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Reference ranges based on ATP III Classifications.

KIDNEY PROFILE

| Specimen: Serum | | | |
|---|--------|-----------------|-----------------|
| UREA | 27.8 | mg/dl | [15.0-40.0] |
| Method: GLDH, Kinatic assay | | | |
| BUN, BLOOD UREA NITROGEN | 13.0 | mg/dl | [8.0-20.0] |
| Method: Calculated | | | |
| CREATININE, SERUM | 1.10 | mg/dl | [0.70-1.20] |
| Method: Jaffe rate-IDMS Standardization | | | |
| URIC ACID | 6.7 | mg/dl | [4.0-8.5] |
| Method:uricase PAP | | | 2 |
| | | | |
| SODIUM, SERUM | 140.30 | mmol/L | [136.00-144.00] |
| POTASSIUM, SERUM | 4.58 | mmol/L | [3.60-5.10] |
| SERUM CHLORIDE | 106.5 | mmol/1 | [101.0-111.0] |
| Method: ISE Indirect | | | |
| eGFR (calculated) | 85.9 | ml/min/1.73sq.m | [>60.0] |
| Technical Note | | | |

Technical Note eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g.

patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

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Name

: MR TUSHAR KANT

Age

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Registration No

MH010871928

Lab No

202303002511

Patient Episode

: H18000000381

Collection Date:

25 Mar 2023 10:41

Referred By

: HEALTH CHECK MGD

Reporting Date :

25 Mar 2023 12:44

Receiving Date

25 Mar 2023 12:42

BIOCHEMISTRY

| TEST | RESULT | UNIT | BIOLOGIC | CAL REFERENCE INTERVAL |
|--|---------|------|----------|------------------------|
| LIVER FUNCTION TEST | | | | |
| BILIRUBIN - TOTAL Method: D P D | 0.53 | mg/ | /dl | [0.30-1.20] |
| BILIRUBIN - DIRECT Method: DPD | 0.09 | mc | g/dl | [0.00-0.30] |
| INDIRECT BILIRUBIN(SERUM) Method: Calculation | 0.44 | mg | g/dl | [0.10-0.90] |
| TOTAL PROTEINS (SERUM) Method: BIURET | 7.40 | gn | n/dl | [6.60-8.70] |
| ALBUMIN (SERUM) Method: BCG | 4.32 | g/ | 'dl | [3.50-5.20] |
| GLOBULINS (SERUM) Method: Calculation | 3.10 | gn | n/dl | [1.80-3.40] |
| PROTEIN SERUM (A-G) RATIO Method: Calculation | 1.40 | | | [1.00-2.50] |
| AST(SGOT) (SERUM) Method: IFCC W/O P5P | 38.00 | U/ | 'L | [0.00-40.00] |
| ALT(SGPT) (SERUM) Method: IFCC W/O P5P | 52.00 | U/ | 'L | [17.00-63.00] |
| Serum Alkaline Phosphatase Method: AMP BUFFER IFCC) | 127.0 # | II | J/L | [32.0-91.0] |
| GGT | 53.0 # | | | [7.0-50.0] |

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Name

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Age

36 Yr(s) Sex :Male

Registration No

MH010871928

Lab No

202303002511

Patient Episode

H18000000381

Collection Date:

25 Mar 2023 10:41

Referred By

HEALTH CHECK MGD

Reporting Date: 25 Mar 2023 17:17

Receiving Date

25 Mar 2023 12:42

BLOOD BANK

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood

Blood Group & Rh typing

O Rh(D) Positive

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

Page 7 of 9

-----END OF REPORT-----

Dr. Charu Agarwal **Consultant Pathologist**



Name

: MR TUSHAR KANT

Age

36 Yr(s) Sex :Male

Registration No

: MH010871928

Lab No

202303002512

Patient Episode

: H18000000381

Collection Date:

25 Mar 2023 10:41

Referred By

: HEALTH CHECK MGD

Reporting Date:

25 Mar 2023 12:44

Receiving Date

: 25 Mar 2023 10:41

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

GLUCOSE-Fasting

Specimen: Plasma

GLUCOSE, FASTING (F)

Method: Hexokinase

103.0

mg/dl

[70.0-110.0]

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-----END OF REPORT-----

Dr. Charu Agarwal Consultant Pathologist