



**BHAILAL AMIN  
GENERAL HOSPITAL**



### CONCLUSION OF HEALTH CHECKUP

ECU Number : 6512  
Age : 37  
Weight : 43.3  
Date : 14/10/2023

MR Number : 23216656  
Sex : Female  
Ideal Weight : 55

Patient Name: SHRUTI M. PANDIT  
Height : 155  
BMI : 18.02

Fit

Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.





# BHAILAL AMIN GENERAL HOSPITAL

ESTD. 1964



ECU Number : 6512                      MR Number : 23216656                      Patient Name : SHRUTI M. PANDIT  
Age : 37                                      Sex : Female                                      Height : 155  
Weight : 43.3                                      Ideal Weight : 55                                      BMI : 18.02  
Date : 14/10/2023

Past H/O : REGULAR MENSES.  
LMP : 07/10/23

Present H/O : P/H OF MUSCULAR STRETCHING OF POPLITEAL FOSSA DURING YOGA SINCE 3 MONTHS ,  
SINCE THEN DIFFICULTY IN ACTIVE MOVEMENT ON AND OFF.

Family H/O : FATHER : PARKINSON , ALIVE  
MOTHER : HTN , ALIVE

Habits : NIL  
Gen.Exam. : NONE  
B.P : 110/70  
Pulse : 72  
Others : SPO2 99 %  
C.V.S : NAD  
R.S. : NAD  
Abdomen : NP  
Spleen : NP  
Skin : NAD  
C.N.S : NAD  
Advice :





# BHAILAL AMIN GENERAL HOSPITAL

ESTD. 1964



ECU Number : 6512  
Age : 37  
Weight : 43.3  
Date : 14/10/2023

MR Number : 23216656  
Sex : Female  
Ideal Weight : 55

Patient Name : SHRUTI M. PANDIT  
Height : 155  
BMI : 18.02

**Ophthalmic Check Up :**

**Right**

**Left**

Ext Exam

NIL

Vision Without Glasses

6/6-1.50 SPH

6/6-1.50 SPH

Vision With Glasses

N.6

N.6

Final Correction

14.6

14.6

Fundus

NORMAL

Color Vision

NORMAL

Advice

NIL

**Orthopedic Check Up :**

Ortho Consultation

Ortho Advice

**ENT Check Up :**

Ear

Nose

Throat

Hearing Test

ENT Advice

**General Surgery Check Up :**

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice





# BHAILAL AMIN GENERAL HOSPITAL

ESTD. 1964



ECU Number : 6512                      MR Number : 23216656                      Patient Name: SHRUTI M. PANDIT  
Age : 37                                      Sex : Female                                      Height : 155  
Weight : 43.3                                Ideal Weight : 55                                BMI : 18.02  
Date : 14/10/2023

## Gynaec Check Up :

OBSTETRIC HISTORY                      UNMARRIED  
MENSTRUAL HISTORY  
PRESENT MENSTRUAL CYCLE              LMP-04-10-2023  
PAST MENSTRUAL CYCLE                      REGULAR  
CHIEF COMPLAINTS  
PA    SOFT  
PS    NOT DONE  
PV    NOT DONE  
BREAST EXAMINATION RIGHT              NORMAL  
BREAST EXAMINATION LEFT                NORMAL  
PAPSMEAR                                      NOT TAKEN  
BMD  
MAMMOGRAPHY  
ADVICE



## Dietary Assesment

ECU Number : 6512 MR Number : 23216656 Patient Name: SHRUTI M. PANDIT  
Age : 37 Sex : Female Height : 155  
Weight : 43.3 Ideal Weight : 55 BMI : 18.02  
Date : 14/10/2023

Body Type : Normal / Underwight / Overwight  
Diet History : Vegetarian / Eggetarian / Mixed

Frequency of consuming fried food : / Day / Week or occasional

Frequency of consuming Sweets : / Day / or occasional

Frequency of consuming outside food : / Day / Week or occasional

Amount of water consumed / day : Glasses / liters

style assessment :

Physical activity : Active / moderate / Sedentary / Nil

Alcohol intake : Yes / No

Smoking : Yes / No

Allergic to any food : Yes / No

Are you stressed out ? : Yes / No

Do you travel a lot ? : Yes / No

General diet instructions :

Have small frequent meals.

Avoid fatty products like oil, ghee, butter, cheese.

Take salt restricted diet and avoid table salt.

Consume fibrous food regularly like whole grains, Daliya, Oats, Bajra, Flex seeds, Pulses, Fruits and Salads.

Keep changing your cooking oil every three months.

Avoid Maida, Starchy foods and Bakery products.

Consume 1-2 seervings of all fruits and vegetables, For Diabetic patients avoid Mango, Chikoo, Banana, Grapes and Custurd apple

Dring 3 to 4 liters (12 - 14 glass) of water daily.

Eat Beetroots, Figs, Almond, Walnut, Dates, Leafy vegetables, roasted Channa and Jeggary (Gur) for Heamoglobin in case of diabetic patient avoid Rasins, Dates and Jeggary

Drink green Tea or black Coffee once in a day.

Do brisk walking daily.





Patient Name : Mrs. SHRUTI M. PANDIT Type : OPD  
 Gender / Age : Female / 37 Years 9 Months 17 Days Request No. : 166722  
 MR No / Bill No. : 23216656 / 242031688 Request Date : 13/10/2023 12:33 PM  
 Consultant : Dr. Manish Mittal Collection Date : 14/10/2023 08:25 AM  
 Location : OPD Approval Date : 14/10/2023 02:31 PM

## CBC + ESR

Test	Result	Units	Biological Ref. Range
<b>Haemoglobin.</b>			
Haemoglobin	12.3	gm/dL	12 - 15
Red Blood Cell Count (T-RBC)	4.13	mill/cmm	3.8 - 4.8
Hematocrit (HCT)	37.6	%	36 - 46
Mean Corpuscular Volume (MCV)	91.0	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	29.8	pg	27 - 32
MCH Concentration (MCHC)	32.7	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	12.8	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	43.2	fl	39 - 46
<b>Total Leucocyte Count (TLC)</b>			
Total Leucocyte Count (TLC)	4.73	thou/cmm	4 - 10
<b>Differential Leucocyte Count</b>			
Polymorphs	54	%	40 - 80
Lymphocytes	38	%	20 - 40
Eosinophils	03	%	1 - 6
Monocytes	05	%	2 - 10
Basophils	00	%	0 - 2
Polymorphs (Abs. Value)	2.56	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	1.76	thou/cmm	1 - 3
Eosinophils (Abs. Value)	<b>0.13</b>	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.22	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.06	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.0	%	1 - 3 : Borderline > 3 : Significant
<b>Platelet Count</b>			
Platelet Count	399	thou/cmm	150 - 410
Remarks	This is cell counter generated CBC report, smear review is not done.		
ESR	15	mm/1 hr	0 - 12

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name	: Mrs. SHRUTI M. PANDIT	Type	: OPD
Gender / Age	: Female / 37 Years 9 Months 17 Days	Request No.	: 166722
MR No / Bill No.	: 23216656 / 242031688	Request Date	: 13/10/2023 12:33 PM
Consultant	: Dr. Manish Mittal	Collection Date	: 14/10/2023 08:25 AM
Location	: OPD	Approval Date	: 14/10/2023 02:31 PM

**CBC + ESR**

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.  
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification. ESR on Ves metic 20, comparable to Westergrens method and in accordance to ICSH reference method.

--- End of Report ---

Dr. Ameet Soni  
MD (Path)

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mrs. SHRUTI M. PANDIT  
Gender / Age : Female / 37 Years 9 Months 17 Days  
MR No / Bill No. : 23216656 / 242031688  
Consultant : Dr. Manish Mittal  
Location : OPD  
Type : OPD  
Request No. : 166722  
Request Date : 13/10/2023 12:33 PM  
Collection Date : 14/10/2023 08:25 AM  
Approval Date : 14/10/2023 02:41 PM

**Haematology**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>Biological Ref. Range</u>
<b>Blood Group</b>			
ABO system	B		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontr.
- This method check's group both on Red blood cells and in Serum for "ABO" group.

--- End of Report ---

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MD (Path)

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mrs. SHRUTI M. PANDIT  
Gender / Age : Female / 37 Years 9 Months 17 Days  
MR No / Bill No. : 23216656 / 242031688  
Consultant : Dr. Manish Mittal  
Location : OPD

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Request No. : 166722  
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**Fasting Plasma Glucose**

Test	Result	Units	Biological Ref. Range
<i>Fasting Plasma Glucose</i>			
Fasting Plasma Glucose	86	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	89	mg/dL	70 - 140

By Hexokinase method on RXL Dade Dimension

---- End of Report ----

Dr. Rakesh Vaidya  
MD (Path). DCP.

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Patient Name : Mrs. SHRUTI M. PANDIT  
 Gender / Age : Female / 37 Years 9 Months 17 Days  
 MR No / Bill No. : 23216656 / 242031688  
 Consultant : Dr. Manish Mittal  
 Location : OPD

Type : OPD  
 Request No. : 166722  
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 Approval Date : 14/10/2023 01:32 PM

**Complete Lipid Profile**

Test	Result	Units	Biological Ref. Range
<b>Complete Lipid Profile</b>			
Appearance	Clear		
Triglycerides	29	mg/dL	1 - 150
<i>(By Lipase / Glycerol dehydrogenase on RXL Dade Dimension)</i>			
<i>&lt; 150 Normal</i>			
<i>150-199 Borderline High</i>			
<i>200-499 High</i>			
<i>&gt; 499 Very High</i>			
Total Cholesterol	155	mg/dL	1 - 200
<i>(By enzymatic colorimetric method on RXL Dade Dimension)</i>			
<i>&lt;200 mg/dL - Desirable</i>			
<i>200-239 mg/dL - Borderline High</i>			
<i>&gt; 239 mg/dL - High</i>			
HDL Cholesterol	54	mg/dL	40 - 60
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension)</i>			
<i>&lt; 40 Low</i>			
<i>&gt; 60 High</i>			
Non HDL Cholesterol (calculated)	101	mg/dL	1 - 130
<i>(Non- HDL Cholesterol)</i>			
<i>&lt; 130 Desirable</i>			
<i>139-159 Borderline High</i>			
<i>160-189 High</i>			
<i>&gt; 191 Very High</i>			
LDL Cholesterol	99	mg/dL	1 - 100
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension)</i>			
<i>&lt; 100 Optimal</i>			
<i>100-129 Near / above optimal</i>			
<i>130-159 Borderline High</i>			
<i>160-189 High</i>			
<i>&gt; 189 Very High</i>			
VLDL Cholesterol (calculated)	5.8	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	1.83		2.1 - 3.5
T. Ch./HDL Ch. Ratio	2.87		3.5 - 5
<i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>			

---- End of Report ----

Dr. Rakesh Vaidya  
MD (Path). DCP.



Patient Name : Mrs. SHRUTI M. PANDIT  
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**Liver Function Test (LFT)**

Test	Result	Units	Biological Ref. Range
<b>Bilirubin</b>			
Bilirubin - Total	0.49	mg/dL	0 - 1
Bilirubin - Direct	0.13	mg/dL	0 - 0.3
Bilirubin - Indirect	0.36	mg/dL	0 - 0.7
<i>(By Diazotized sulfanilic acid on RXL Dade Dimension.)</i>			
Aspartate Aminotransferase (SGOT/AST)	17	U/L	13 - 35
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alanine Aminotransferase (SGPT/ALT)	23	U/L	14 - 59
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alkaline Phosphatase	48	U/L	42 - 98
<i>(BY PNPP AMP method on RXL Dade Dimension.)</i>			
Gamma Glutamyl Transferase (GGT)	18	U/L	5 - 55
<i>(By IFCC method on RXL Dade Dimension.)</i>			
<b>Total Protein</b>			
Total Proteins	7.91	gm/dL	6.4 - 8.2
Albumin	4.38	gm/dL	3.4 - 5
Globulin	3.53	gm/dL	3 - 3.2
A : G Ratio	1.24		1.1 - 1.6
<i>(By Biuret endpoint and Bromocresol purple method on RXL Dade Dimension.)</i>			

---- End of Report ----

Dr. Rakesh Vaidya  
MD (Path), DCP.

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mrs. SHRUTI M. PANDIT  
Gender / Age : Female / 37 Years 9 Months 17 Days  
MR No / Bill No. : 23216656 / 242031688  
Consultant : Dr. Manish Mittal  
Location : OPD

Type : OPD  
Request No. : 166722  
Request Date : 13/10/2023 12:33 PM  
Collection Date : 14/10/2023 08:25 AM  
Approval Date : 14/10/2023 01:32 PM

**Renal Function Test (RFT)**

Test	Result	Units	Biological Ref. Range
Urea <i>(By Urease Kinetic method on RXL Dade Dimension)</i>	9	mg/dL	10 - 45
Creatinine <i>(By Modified Kinetic Jaffe Technique)</i>	0.73	mg/dL	0.6 - 1.1
Estimate Glomerular Filtration rate <i>(Ref. range : &gt; 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)</i>	More than 60		
Uric acid <i>(By Uricase / Catalase method on RXL Siemens)</i>	3.0	mg/dL	2.2 - 5.8

— End of Report —

Dr. Rakesh Vaidya  
MD (Path), DCP.

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Patient Name : Mrs. SHRUTI M. PANDIT  
 Gender / Age : Female / 37 Years 9 Months 17 Days  
 MR No / Bill No. : 23216656 / 242031688  
 Consultant : Dr. Manish Mittal  
 Location : OPD

Type : OPD  
 Request No. : 166722  
 Request Date : 13/10/2023 12:33 PM  
 Collection Date : 14/10/2023 08:25 AM  
 Approval Date : 14/10/2023 12:48 PM

**HbA1c (Glycosylated Hb)**

Test	Result	Units	Biological Ref. Range
<b>HbA1c (Glycosylated Hb)</b>			
Glycosylated Hemoglobin (HbA1c)	5.3	%	
estimated Average Glucose (e AG) *	105.41	mg/dL	

**(Method:**

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

\* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

**Guidelines for Interpretation:**

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

---- End of Report ----

Dr. Rakesh Vaidya  
MD (Path). DCP.



Patient Name : Mrs. SHRUTI M. PANDIT  
 Gender / Age : Female / 37 Years 9 Months 17 Days  
 MR No / Bill No. : 23216656 / 242031688  
 Consultant : Dr. Manish Mittal  
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 Approval Date : 14/10/2023 01:32 PM

## Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
------	--------	-------	-----------------------

Triiodothyronine (T3)	0.964	ng/ml	
-----------------------	-------	-------	--

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.

Reference interval (ng/ml)

1 - 3 days	: 0.1 - 7.4
1-11 months	: 0.1 - 2.45
1-5 years	: 0.1 - 2.7
6-10 years	: 0.9 - 2.4
11-15 years	: 0.8 - 2.1
16-20 years	: 0.8 - 2.1
Adults (20 - 50 years)	: 0.7 - 2.0
Adults (> 50 years)	: 0.4 - 1.8
Pregnancy (in last 5 months)	: 1.2 - 2.5

(Reference : Tietz - Clinical guide to laboratory test, 4th edition ))

Thyroxine (T4)	6.92	mcg/dL	
----------------	------	--------	--

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.

Reference interval (mcg/dL)

1 - 3 days	: 11.8 - 22.6
1-2 weeks	: 9.8 - 16.6
1 - 4 months	: 7.2 - 14.4
4 - 12 months	: 7.8 - 16.5
1-5 years	: 7.3 - 15.0
5 - 10 years	: 6.4 - 13.3
10 - 20 years	: 5.6 - 11.7
Adults / male	: 4.6 - 10.5
Adults / female	: 5.5 - 11.0
Adults (> 60 years)	: 5.0 - 10.7

(Reference : Tietz - Clinical guide to laboratory test, 4th edition ))

Thyroid Stimulating Hormone (US-TSH)	2.80	microIU/ml	
--------------------------------------	------	------------	--

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.

Reference interval (microIU/ml)

Infants (1-4 days)	: 1.0 - 39
2-20 weeks	: 1.7 - 9.1
5 months - 20 years	: 0.7 - 6.4
Adults (21 - 54 years)	: 0.4 - 4.2
Adults (> 55 years)	: 0.5 - 8.9
Pregnancy :	
1st trimester	: 0.3 - 4.5
2nd trimester	: 0.5 - 4.6
3rd trimester	: 0.8 - 5.2

(Reference : Tietz - Clinical guide to laboratory test, 4th edition ))

— End of Report —

Dr. Rakesh Vaidya  
MD (Path). DCP.



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 Gender / Age : Female / 37 Years 9 Months 17 Days  
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**Urine routine analysis (Auto)**

Test	Result	Units	Biological Ref. Range
<b>Physical Examination</b>			
Quantity	20	mL	
Colour	Pale Yellow		
Appearance	Clear		
<b>Chemical Examination (By Reagent strip method)</b>			
pH	6.0		
Specific Gravity	<=1.005		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
<b>Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)</b>			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	0 - 1	/hpf	0 - 5
Epithelial Cells	1 - 5	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

---- End of Report ----

Dr. Ameet Soni  
MD (Path)

Patient No. : 23216656      Report Date : 14/10/2023  
Request No. : 190085205      13/10/2023 12.33 PM  
Patient Name : Mrs. SHRUTI M. PANDIT  
Gender / Age : Female / 37 Years 9 Months 17 Days

**X-Ray Chest AP**

Both lung fields are clear.

Both costophrenic sinuses appear clear.

Heart size is normal.

Hilar shadows show no obvious abnormality.

Aorta is normal.



**Dr. Ravij Patel, M.D**  
Consultant Radiologist







**BHAILAL AMIN  
GENERAL HOSPITAL**



**ADVANCED DIGITAL SOLUTIONS**

Computerized Radiography

Ultra Sensitive Colour Doppler

Ultra High Resolution Sonography

Multi-Detector CT Scan

Magnetic Resonance Imaging (MRI)

Mammography

Interventional Radiology

Digital Subtraction Angiography (DSA)

Foetal Echocardiography

Echocardiography

4D USG & Doppler

**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

Patient No. : 23216656      Report Date : 14/10/2023  
Request No. : 190085188      13/10/2023 12.33 PM  
Patient Name : Mrs. SHRUTI M. PANDIT  
Gender / Age : Female / 37 Years 9 Months 17 Days

**USG : Abdomen (Excluding Pelvis) Or Upper Abdomen**

Liver is normal in size and echopattern. No mass lesion identified. The hepatic veins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is partially distended. Common bile duct measures 4 mm in diameter.

Pancreas shows no obvious abnormality. Tail obscured.  
Spleen is normal size and echopattern.

Both kidneys are normal in size, shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

No ascites.

**COMMENT:**

- No obvious abnormality.

*Kindly correlate clinically*

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
• NOT VALID FOR MEDICO-LEGAL PURPOSES  
• CLINICAL CORRELATION RECOMMENDED

**Dr. Ravij Patel, M.D (RADIO  
DIAGNOSIS)**  
Consultant Radiologist





Patient No. : 23216656 Report Date : 14/10/2023

Request No. : 190085234 13/10/2023 12.33 PM

Patient Name : **Mrs. SHRUTI M. PANDIT**

Gender / Age : Female / 37 Years 9 Months 17 Days

**Echo Color Doppler**

MITRAL VALVE : NORMAL, NO MR, NO MS  
AORTIC VALVE : TRILEAFLET, NO AR, NO AS  
TRICUSPID VALVE : NORMAL, NO TR, NO PAH  
PULMONARY VALVE : NORMAL  
LEFT ATRIUM : NORMAL  
AORTA : NORMAL  
LEFT VENTRICLE : NORMAL LV SIZE AND SYSTOLIC FUNCTION LVEF -- 65%, NO  
RESTING REGIONAL WALL MOTION ABNORMALITY  
RIGHT ATRIUM : NORMAL  
RIGHT VENTRICLE : NORMAL  
I.V.S. : INTACT  
I.A.S. : INTACT  
PULMONARY ARTERY : NORMAL  
PERICARDIUM : NORMAL  
COLOUR/DOPPLER FLOW MAPPING : NO MR, NO AR // TR, NO PAH

**FINAL CONCLUSION:**

1. NORMAL SIZED ALL CARDIAC CHAMBERS, NO LVH
2. NORMAL LV SYSTOLIC FUNCTION, LVEF -- 65%
3. NO RESTING REGIONAL WALL MOTION ABNORMALITY
4. NORMAL ALL CARDIAC VALVES, NO MITRAL // AORTIC STENOSIS
5. NORMAL DIASTOLIC FUNCTION
6. NORMAL RIGHT HEART SIZE AND RV PRESSURES
7. NO PERICARDIAL EFFUSION, CLOT OR VEGETATION SEEN, SR+.

  
Dr. KILLOL KANERIA, D.M., CARD.



BHAILAL AMIN GENERAL HOSPITAL  
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 VADODARA-3, PH-(0265) 3956222

**Station**  
 Telephone: 0265-3956222,3956024

## EXERCISE STRESS TEST REPORT

Patient Name: SHRUTI M PANDIT  
 Patient ID: 01622  
 Height:  
 Weight:

DOB: 27.12.1985  
 Age: 37yrs  
 Gender: Female  
 Race: Indian

Study Date: 14.10.2023  
 Test Type: Treadmill Stress Test  
 Protocol: BRUCE

Referring Physician: ECU  
 Attending Physician: DR. KILLOL KANERIA  
 Technician: PRATAP RATHVA

Medications:

Medical History:

**Reason for Exercise Test:**  
 Screening for CAD

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:03	0.00	0.00	72	120/80	
	STANDING	00:01	0.00	0.00	72		
	WARM UP	00:16	1.00	0.00	75		
EXERCISE	STAGE 1	01:01	1.70	10.00	100	120/80	
	STAGE 2	02:01	2.50	12.00	137	130/80	
	STAGE 3	02:07	3.40	14.00	173	130/80	
RECOVERY		02:12	0.00	0.00	122	140/90	

The patient exercised according to the BRUCE for 5:07 min's, achieving a work level of Max. METS: 10.10. The resting heart rate of 72 bpm rose to a maximal heart rate of 173 bpm. This value represents 94 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 140/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation

Summary: Resting ECG: normal.  
 Functional Capacity: normal.  
 HR Response to Exercise: appropriate.  
 BP Response to Exercise: normal resting BP - appropriate response.  
 Chest Pain: none.  
 Arrhythmias: none.  
 ST Changes: Upsloping ST depression at peak exercise.  
 Overall impression: Normal stress test.

### Conclusions

Good effort tolerance, Normal HR and BP response. No ANGINA // ARRYTHMIAS noted during test. upsloping ST Depression at peak Exercise, Recoverd at 1 minute of Recovery Stress test NEGATIVE for Inducible myocardial Ischemia

CONFIRMED BY: DR. KILLOL KANERIA

Name Mrs. Shiruti M. Pandit -  
Patient ID ECU/23216656

14.10.2023 09:01:56  
Standard 12-Lead

BHAICAL AMIN GENERAL HOSPITAL

Age 037Y  
Gender Female

Ref. phys.

HR 72 bpm

RR 83/4 ms

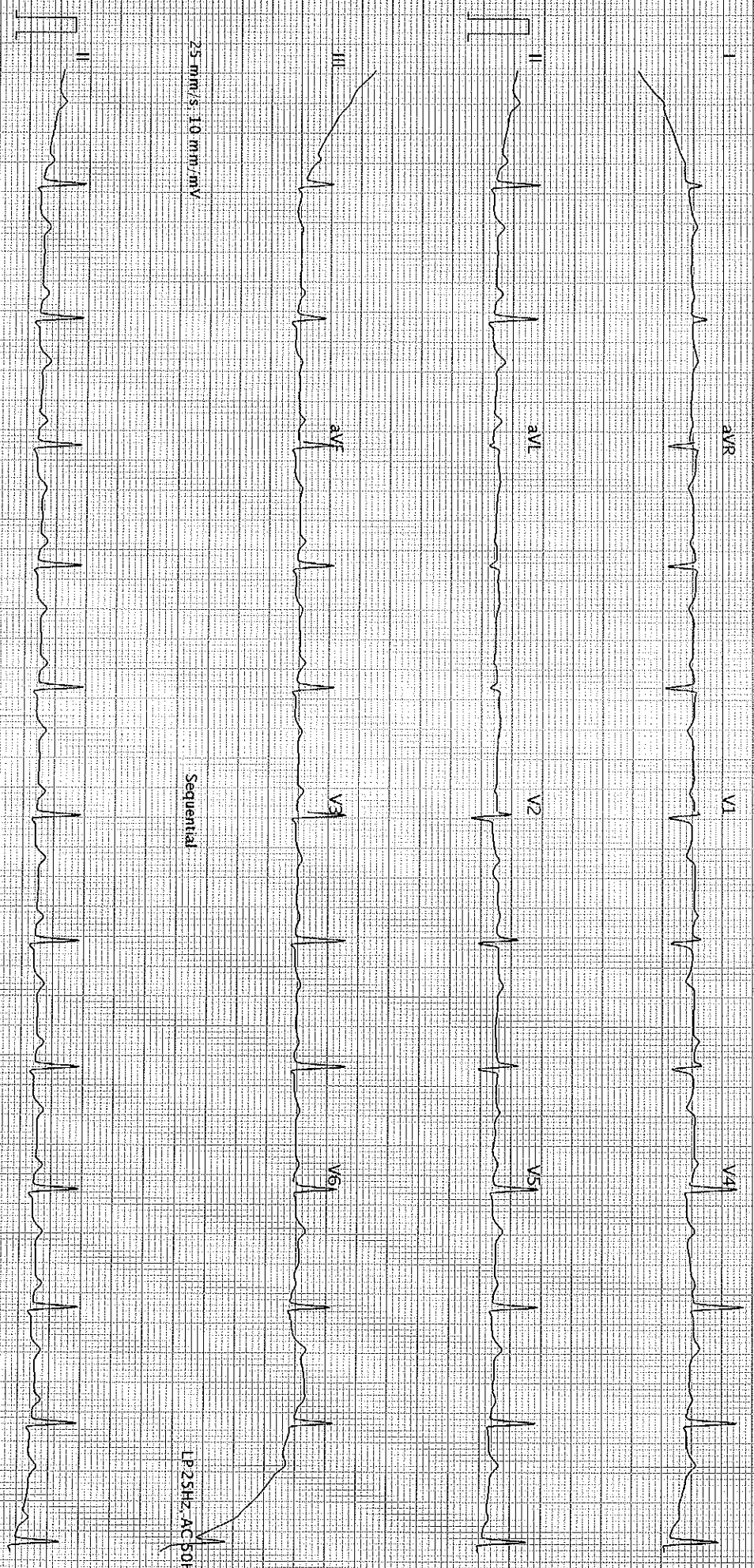
Unconfirmed report

Pacemaker Unknown

P axis	57°	QRS	93 ms
QRS axis	63°	QT	391 ms
T axis	-14°	QTcB	428 ms

Remark

*P wave*



25 mm/s, 1.0 mm/mV

Sequential

LP25HZ AC 50HZ

25 mm/s, 1.0 mm/mV

LP25HZ AC 50HZ

AT-102-G2-12-0 (1080, 011030)

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SCHILLER

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