

Name : Mr. MOTIRAM LAXMAN CHAVAN (33 /M)

Date : 23/09/2023

Address : MEDIWHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by: Dr .RAJASHRI DHONGADE

UHID : MHN1.0000152600

Package : MediWheel Full Body Health Checkup Male Below 40 Package

AHC No : NSKAH35382



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension, Thyroid
disorder, Heart disease,
Stroke, Asthma, COPD,
Cancer



DRUG ALLERGY

NO KNOWN ALLERGY

:23/09/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any - No
allergies?



Surgical history

Surgical history - Nil

Immunization history

- Covid Dose1



Personal history

Marital status - Married
No. of children - 1
Diet - Mixed Diet
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Active
- level ground walking



Family history

Father - alive
Aged - 60
Mother - alive
Aged - 60
Brothers - 4
Coronary artery
disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Height - 155
Weight - 55.2
BMI - 22.98
Pallor - No
Oedema - no
Temperature - 98
SpO2 - 96



Cardiovascular system

Heart rate (Per minute) - 74
Rhythm - Regular
Systolic(mm of Hg) - 110
Diastolic(mm of Hg) - 70
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath
sounds



Abdomen

Organomegaly - No
Tenderness - No

Printed By : Ajay Murlidhar Bachhav

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C B C WITH ESR (AUTOMATION + STANDARD METHOD)

| Test Name | Result | Unit | Level | Range |
|--|--------------------------------------|---------------------------------|-------|-----------|
| Hemoglobin | 14.1 | g/dl | ● | 13.0-18.0 |
| Haematocrit | 42.5 | % | ● | 39.0-54.0 |
| RBC COUNT | 5.82 | Million/ ul | ● | 4.2-6.5 |
| MCV | 73 * | fl | ● | 75.0-95.0 |
| MCH | 24.2 * | pg | ● | 26.0-32.0 |
| MCHC | 33.1 | g/dl | ● | 31.0-36.0 |
| RDW | 16 | % | ● | 11-16 |
| Platelet Count(Optical/Impedance) | 129 * | 10 ⁹ /m ³ | ● | 140-440 |
| TLC Count | 5.55 | 10 ⁹ /m ³ | ● | 4.0-11.0 |
| Neutrophils | 55 | % | ● | 45-75 |
| Lymphocytes | 34 | % | ● | 20-45 |
| Eosinophils | 06 | % | ● | 1-6 |
| Monocytes | 05 | % | ● | 1-10 |
| Basophils | 00 | % | ● | 0-1 |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 3 | mm/1st hr | ● | 0-10 |
| WBC:- | No abnormal cells seen | | | |
| platelets.: | Borderline low normal platelet count | | | |

BLOOD GROUPING AND TYPING (ABO and Rh)

| Test Name | Result | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group: | AB | | | |
| Rh (D) Type: | POSITIVE | | | |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------------------------------|--------|------|-------|---------|
| ALT(SGPT) - SERUM / PLASMA | 54 | U/L | ● | 30-65 |
| ALBUMIN - SERUM | 4.3 | g/dL | ● | 3.5-5 |
| GLOBULIN - SERUM: (Calculated) | 3.5 | g/dL | ● | 1.8-3.6 |

ALBUMIN:GLOBULIN -
SERUM(RATIO)
(Calculated) 1.2 ● 1.1-1.8

ALKALINE
PHOSPHATASE -
SERUM/PLASMA 62 U/L ● 0-100

AST (SGOT) - SERUM 32 U/L ● 15-37

BILIRUBIN, TOTAL -
SERUM 0.5 mg/dL ● 0.0-1.0

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|-------|-------|-------|
| Total Cholesterol | 145 | mg/dL | ● | 0-200 |

CREATININE - SERUM / PLASMA

| Test Name | Result | Unit | Level | Range |
|--------------------------------|--------|-------|-------|---------|
| CREATININE - SERUM / PLASMA | 0.9 | mg/dL | ● | 0.8-1.3 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|--|--------|------|-------|-------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 17 | U/L | ● | 0-50 |

GLUCOSE - SERUM / PLASMA (FASTING)

| Test Name | Result | Unit | Level | Range |
|-------------------------------|--------|-------|-------|--------|
| Glucose - Plasma (Fasting) | 112 * | mg/dL | ● | 70-100 |

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

| Test Name | Result | Unit | Level | Range |
|-------------------------------------|--------|-------|-------|--------|
| Glucose - Plasma (POST PRANDIAL) | 118 | mg/dL | ● | 70-140 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-------------------------------------|--------|-------|-------|-------|
| HDL CHOLESTEROL - SERUM / PLASMA | 34 * | mg/dL | ● | 40-60 |

● Within Normal Range ● Borderline High/Low ● Out of Range

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TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated) 4.3 ● 0.0-4.5

LDL Cholesterol (Direct LDL) 100 mg/dL

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------|--------|------|-------|---------|
| PROTEIN, TOTAL - SERUM / PLASMA | 7.8 | g/dL | ● | 6.4-8.2 |
| PROTEIN, TOTAL - SERUM / PLASMA | 7.8 | g/dL | ● | 6.4-8.2 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|-------------------------------------|--------|-------|-------|--------------------------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 142 | ng/dL | ● | Healthy Adults: 69 - 215 |
| TOTAL T4: THYROXINE - SERUM | 7.8 | µg/dL | ● | Healthy Adults:5.2-12.7 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------------------|--------|-------|-------|-------|
| Triglycerides - Serum | 132 | mg/dL | ● | 0-150 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|--|--------|--------|-------|--|
| TSH: THYROID STIMULATING HORMONE - SERUM | 1.4 | uIU/mL | ● | Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75 |

URIC ACID - SERUM

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|-------|-------|---------|
| URIC ACID - SERUM | 6.3 | mg/dL | ● | 3.5-7.2 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|--|--------|-------|-------|---------|
| BILIRUBIN CONJUGATED (DIRECT) - SERUM | 0.2 | mg/dL | ● | 0.0-0.3 |
| BILIRUBIN UNCONJUGATED - SERUM(Calculated) | 0.3 | mg/dL | ● | 0.0-0.7 |

CARDIAC STRESS TEST - (TMT)

TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA

ECG

ULTRASOUND - WHOLE ABDOMEN

No significant abnormality is detected.

X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

● Within Normal Range ● Borderline High/Low ● Out of Range

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Executive Summary


 Elevated ALT

Wellness Prescription

Advice On Diet :-

 Low fat diet


Advice On Physical Activity :-

 30 minutes brisk walk 5 days a week

Recommended Follow-up Tests

| Test Name | Test Schedule | Repeat Frequency | Remarks |
|--|---------------|------------------|---------|
| GLUCOSE - SERUM / PLASMA (FASTING) | 7 Day(s) | | |
| GLUCOSE - SERUM / PLASMA (POST PRANDIAL) | 7 Day(s) | | |

Follow-up and Review Plan

 To repeat liver function tests after 3 months .
Repeat BSL after 7 days .



Scan the QR code in AskApollo App to book your follow-up appointments and investigations

Dr.RAJASHRI DHONGADE

AHC Physician / Consultant Internal Medicine

Printed By : Shweta Sharad Shardul

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Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

2

ACCEPTABLE SCORE

3

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515