

# SARDA

## CENTRE FOR DIABETES & SELF CARE

NAME: MRS. KAVITA MEHTA

SEX: Female AGE: 46 Years.

REF. BY : MEDIWHEEL

DATE :26/08/2023


### COMPLETE BLOOD COUNT

TEST	RESULT	NORMAL RANGE
WBC COUNT	8100 /cumm	4.0 - 11.0 x 10 <sup>3</sup> /cumm
Haemoglobin:	13.3 g%	13.0 - 18.0 g%
Platelets:	365000 /cumm	1,50,000 - 4,50,000 / cumm
Red Blood Cells:	4.90 /Mill/ul	4.20 - 6.00 Mill/ul
MCV:	85.5 fL	80.0 - 97.0 fL
MCH:	27.1 pg	26.0 - 32.0 pg
MCHC:	31.8 g/dL	31.0 - 36.0 g/dL
HCT:	41.8 %	37.0 - 51.0 %
Differential Count		
Neutrophils:	62 %	40 - 75 %
Lymphocyte:	30 %	20 - 45 %
Monocytes:	05 %	2 - 10 %
Eosinophills:	03 %	1 - 06 %
Basophilis:	00 %	0 - 1 %
ESR:	12 mm at 1 Hr.	Male: 0 - 8 mm at 1 Hr. Female: 0 - 20 mm at 1 Hr.

AGE: YRS

### BLOOD GROUP

BLOOD GROUP	:	"O"
R.H.FACTOR	:	POSITIVE

  
Dr. S R. SARDA  
Dr. Sampal Sarada  
M.D. (Pathology) No. 58462  
SARDA CENTRE FOR DIABETES & SELF CARE  
4, Vyankateshnagar, Jaina Road, Aurangabad  
Phone No: 2333851, 2334858

4, Vyanktesh Nagar, Jaina Road, Aurangabad (MH). Ph.: 2333851, 2334858, Mob.: 9823040323

# **SARDA**

## **CENTRE FOR DIABETES & SELF CARE**

NAME: MRS. KAVITA MEHTA

SEX: Female AGE: 46 Years.

REF. BY : MEDIWHEEL

DATE :26/08/2023

### **BLOOD PROFILE**

TEST	RESULT	NORMAL
BLOOD UREA N2	12.9 mg%	5-25 mg %
BLOOD UREA NITROGEN(BUN)CREATININE	18.4mg%	6-22 mg %
BILIRUBIN TOTAL	0.72mg%	0.2-1.0 mg
DIRECT	0.24	0.0-0.3
INDIRECT	0.48	0.3-0.7
S.G.O.T	27 IU/L	15-40 IU/L
S.G.P.T	23 IU/L	15-40 IU/L
ALK PHOSPHATASE	54 IU/L	42-128IU/L
S.PROTEIN TOTAL	6.8gm%	6.0-8.0 gm%
ALBUMIN	3.9gm%	3.2-4.4 gm%
GLOBULINS	2.9gm%	2.3-3.5 gm%
ALB/GLO RATIO	1.3448	
G.G.T.P	20	upto50IU
SR.URIC ACID	5.8	3.5-7.0 mg %\$sruric-

### **BLOOD PROFILE**

TEST	RESULT	NORMAL
CREATININE	0.7mg%	0.6-1.4 mg %

Dr. S R. SARDA

M.D Reg. No.85462

Dr. Sainpat Sarda  
SARDA CENTRE FOR DIABETES & SELF CARE  
Vyankatesh Nagar, Jaina Road, Aurangabad

Phone No. 2333851, 2334858

4, Vyanktesh Nagar, Jaina Road, Aurangabad (MH). Ph.: 2333851, 2334858, Mob.: 9823040323

# SARDA

## CENTRE FOR DIABETES & SELF CARE

NAME: MRS. KAVITA MEHTA

SEX: Female AGE: 46 Years.

REF. BY : MEDIWHEEL

DATE :26/08/2023

### LIPID PROFILE

Serum Cholesterol :	135 mg/dl	130 - 250 mg/dl
HDL Cholesterol:	43 mg/dl	30 - 95 mg/dl
Serum Triglyceride:	103 mg/dl	up to 165 mg/dl
LDL Cholesterol:	71.4 mg/dl	up to 165 mg/dl
VLDL Cholesterol:	20.6 mg/dl	up to 40 mg/dl
LDL / HDL Cholesterol Ratio:	1.66	Low risk : 0.5 - 3.0 Moderate risk: 3.0 - 6.0 High risk: > 6.0
CHOL./HDL Cholesterol Ratio:	3.14	Low risk : 3.3 - 4.4 Average risk: 4.4 - 7.1 Moderate risk: 7.0 - 11.0 High risk: > 11

**Dr. Sampal Sarda**  
M.D. (Pathology) No. 55462  
SARDA CENTRE FOR DIABETES & SELF CARE  
4, Vyankateshnagar, Jalna Road, Aurangabad  
Phone No. 2333851, 2334958

# SARDA

## CENTRE FOR DIABETES & SELF CARE

NAME: MRS. KAVITA MEHTA

SEX: Female AGE: 46 Years.

REF. BY : MEDIWHEEL

DATE :26/08/2023

### BLOOD SUGAR EXAMINATION

TEST	RESULT
Fasting Blood Sugar:	71 mg/dl
Post Meal Blood Suagr Level:	98 mg/dl

REFERANCE RANGE	NON DIABETIC	IGT	DIABETIC
FASTING	$\leq 90$ MG	90-126 mg %	$\geq 126$ mg %
POSTMEAL	$\leq 140$ mg	140-200mg%	$\geq 200$ mg

### GYCOCYTED HAEMOGLOBIN

TEST	RESULT	NORMAL
HbA1C:	5.4 %	4.7-5.9 %
M.B.G	102.22% mg	70 - 120 mg

#### INTERPRETATION:

FOR DIABETIC PATIENT

Good Control: 6.0 - 7.0 %

Fair Diabetic Control: 7.0 - 8.0 %

Unsatisfactory control: 8.0 - 10 %

Poor Diabetic Control: Above 10 %

Dr. S R. SARDA

M.B. Reg. No. 56462

Dr. Sampal Sarda  
SARDA CENTER FOR DIABETES & SELF CARE

4, Wyanktesh Nagar, Jalna Road, Aurangabad

Phone No. 2333851, 2334858

# **SARDA**

## **CENTRE FOR DIABETES & SELF CARE**

NAME: MRS. KAVITA MEHTA

SEX: Female AGE: 46 Years.

REF. BY : MEDIWHEEL

DATE :26/08/2023

AGE: YRS

### **THYROID FUCTION TEST**

<b>TEST</b>	<b>RESULT</b>	<b>NORMAL RANGE</b>
Total T 3 :	157.32 ng/ml	87 - 178 ng/ml
Total T 4 :	6.61 ug/dl	6.09 - 12.23 ug/dl
TSH Ultrasensitive :	1.99 uIU/ml	0.38 - 5.33 uIU/ml

Dr. S. P. SARDA

Dr. Sampat Sarda, 56482

SARDA CENTRE FOR DIABETES & SELF CARE  
4, Vyankateshnagar, Jaina Road, Aurangabad  
Phone No. 2333851, 2334858

# **SARDA**

## **CENTRE FOR DIABETES & SELF CARE**

NAME: MRS. KAVITA MEHTA

SEX: Female AGE: 46 Years.

REF. BY : MEDIWHEEL

DATE :26/08/2023

### **Urine Routine Examination**

#### **Physical Examination**

Colour:	Pale Yellow
Appearance:	Clear
Reaction:	Acidic
Deposit	Absent

#### **Chemical Examination:**

Specific Gravity	1.010
Albumin	Absent
Sugar:	Absent
Acetone:	----
Bile Salts	----
Bile Pigment:	----

#### **Microscopic Examination**

RBC :	Absent
Pus Cells:	4-6/HPF
Epithelial cells:	Absent
Crystals:	Absent
Casts:	Absent

**Dr. S. R. SARDA**  
Dr. Sampal Sarda No. 56462  
SARDA (Pathology) DIABETES & SELF CARE  
4, Vyankateshnagar, Jalna Road, Aurangabad  
Phone No. 2333851, 2334858

# **SARDA**

## **CENTRE FOR DIABETES & SELF CARE**

Name Kavita Ashis Mehta

age 46yr

M.H. - menopause 2yr

OH - 2FTND  $\leftarrow$  182  
22yr

PIA - MAD non tender

PIB - Cp & vagina (N) PAP - smear taken

PIV - UT NS. non tender

*Navandar*

Dr. Mrs. A.S. Navandar

MBBS

Reg. No. 38439

Aurangabad.

**SARDA**

**CENTRE FOR DIABETES & SELF CARE**

PATIENT NAME : MRS.KAVITA MEHTA

SEX: FEMALE

REF BY : MEDIWHEEL

DATE :26/08/2023

**PAP SMEAR**

SMEAR SHOWS PLENTY OF SUPERFICIAL SQUAMOUS EPITHELIAL CELLS AND FEW INFLAMATORY CELLS . NO E/O ANY ABNORMAL CELLS IN PRESENT STUDY.

IMPRESSION : NORMAL SMEAR

Dr.S R. SARDA  
M.D Reg. No.66462  
SARDA CENTER FOR DIABETES & SELF CARE  
4, Vyankatesh Nagar, Jalna Road, Aurangabad  
DR.SAMPAT SARDA  
M.D.(PATHOLOGY)



# **SARDA**

## **CENTRE FOR DIABETES & SELF CARE**

Name : Mrs.Kavita Mehta

Date : 26/08/ 2023

Age/Sex : 46Yrs/Female

Ref.By: Dr.Sarda Sir

### **STRESS TEST REPORT**

1. Protocol – Bruce.
2. Exercise Time- 7.30Min.
3. Baseline Heart Rate and Blood Pressure - 103 bpm, BP- 120/80mm of Hg.
4. Mets- 8.4.
5. ST-T Segment Changes – No Significant ST-T Changes.
6. Angina- None.
7. Arrhythmias- None.
8. Other Symptoms – None.
9. Maximal Heart Rate and Blood Pressure – 179 bpm, BP – 180/80mm of Hg.
10. Predicted Maximal Heart Rate Achieved -103%.
11. Reason For Termination - Dyspnea.

**CONCLUSION : Stress Test Negative for Exercise Induced Ischemia.**



**DR.DEORAO THENGE  
M.D.D.N.B.(CARDIOLOGY)**

**Dr. Devrao Thenge  
MD, DNS (Cardiology)  
Reg. No. 2001/02/491**



# ASIAN HOSPITAL, AKASHIWANI, AURANGABAD

**Name:** KAVITA MEHTA

**Date:** 26-08-2023 **Time:** 16:49

**Age:** 16

**Gender:** F

**Height:** 148 cms

**Weight:** 63 Kg

**ID:** 088

**Clinical History:**

**Medications:**

## Test Details:

**Protocol:** Bruce

**Predicted Max HR:** 174

**Target HR:** 147 (85% of Pr. MHR)

**Exercise Time:** 0:07:30

**Achieved Max HR:** 179 (103% of Pr. MHR)

**Max BP:** 180/80

**Max BP x HR:** 32220

**Max Mets:** 8.4

**Test Termination Criteria:**

## Protocol Details:

Stage Name	Stage Time	METS	Speed (km/h)	Grade (%)	Heart Rate (bpm)	BP (mmHg)	RPP	Max ST Level (mV)	Max ST Slope (mV/s)
Supine	00:10	1	0	0	103	120/80	12360	-0.3 V3	0.2 V3
Standing	00:35	1	0	0	108	120/80	12360	-0.4 V6	0.4 V1
PreTest	00:06	1	0	0	103	120/80	12360	-0.5 V5	0.2 V1
Stage 1	03:00	2.7	2.7	10	133	130/80	17200	-0.6 V3	0.4 V1
Stage 2	04:00	4	4	12	163	140/80	22820	-0.8 V1	0.7 V5
Peak Exercise	07:30	8.4	5.5	14	179	140/80	25060	-0.9 V6	0.6 V6
Recovery 1	01:00	1	0	0	159	150/80	23850	-0.4 AVR	1.2 V5
Recovery 2	01:00	1	0	0	136	160/80	21760	-0.4 V2	1.1 V4
Recovery 3	01:00	1	0	0	122	170/80	20740	-0.3 V1	0.7 V6
Recovery 4	01:00	1	0	0	114	180/80	20520	-0.3 AVR	1.3 V4
Recovery 5	00:04	1	0	0	122	180/80	21960	-0.3 AVR	1.2 V2

## Interpretation

The Patient Exercised according to Bruce Protocol for 0:07:30 achieving a work level of 8.4 METS. Resting Heart Rate, initially 103 bpm rose to a max. heart rate of 179 bpm (103% of Predicted Maximum Heart Rate). Resting Blood Pressure of 120/80 mmHg rose to a maximum Blood Pressure of 180/80 mmHg.

NEGATIVE STRESS TEST SUGGESTIVE OF ISCHEMIA.



Ref. Doctor: SARDA CENTRE

Doctor: DR. DEORAO THENGU

**SCHILLER**

The Art of Diagnostics

(Summary Report edited by User)  
Cardiawit CS-10, Version 3.4

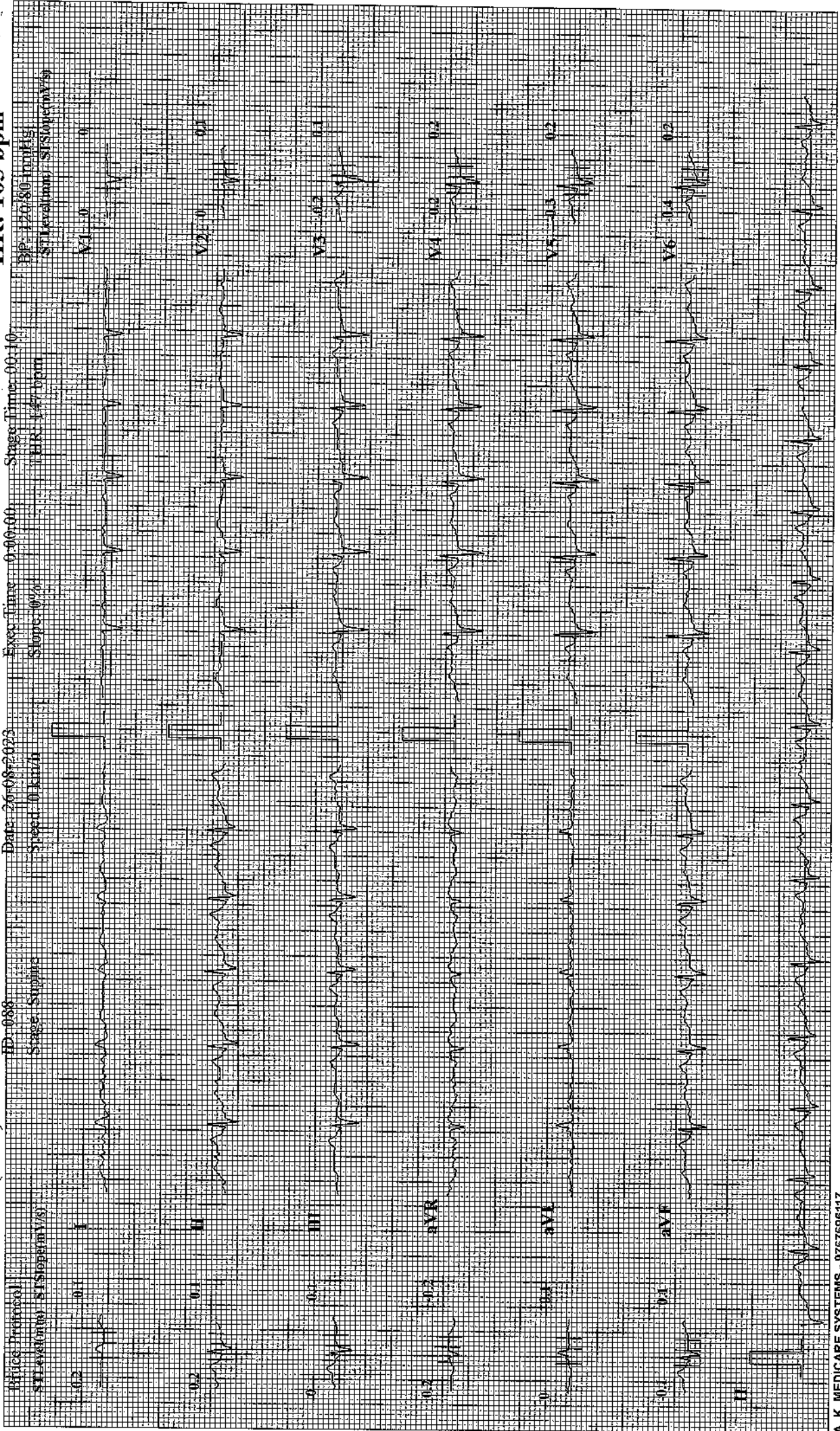
**Dr. Deorao Thengue**  
MD, DNB (Cardi.)  
Reg. No. 2001/02/1431

A. K. MEDICARE SYSTEMS - 9767696117

ASIAN HOSPITAL, AKASHWANI, AURANGABAD

KAVITA MEHTA (46 F)

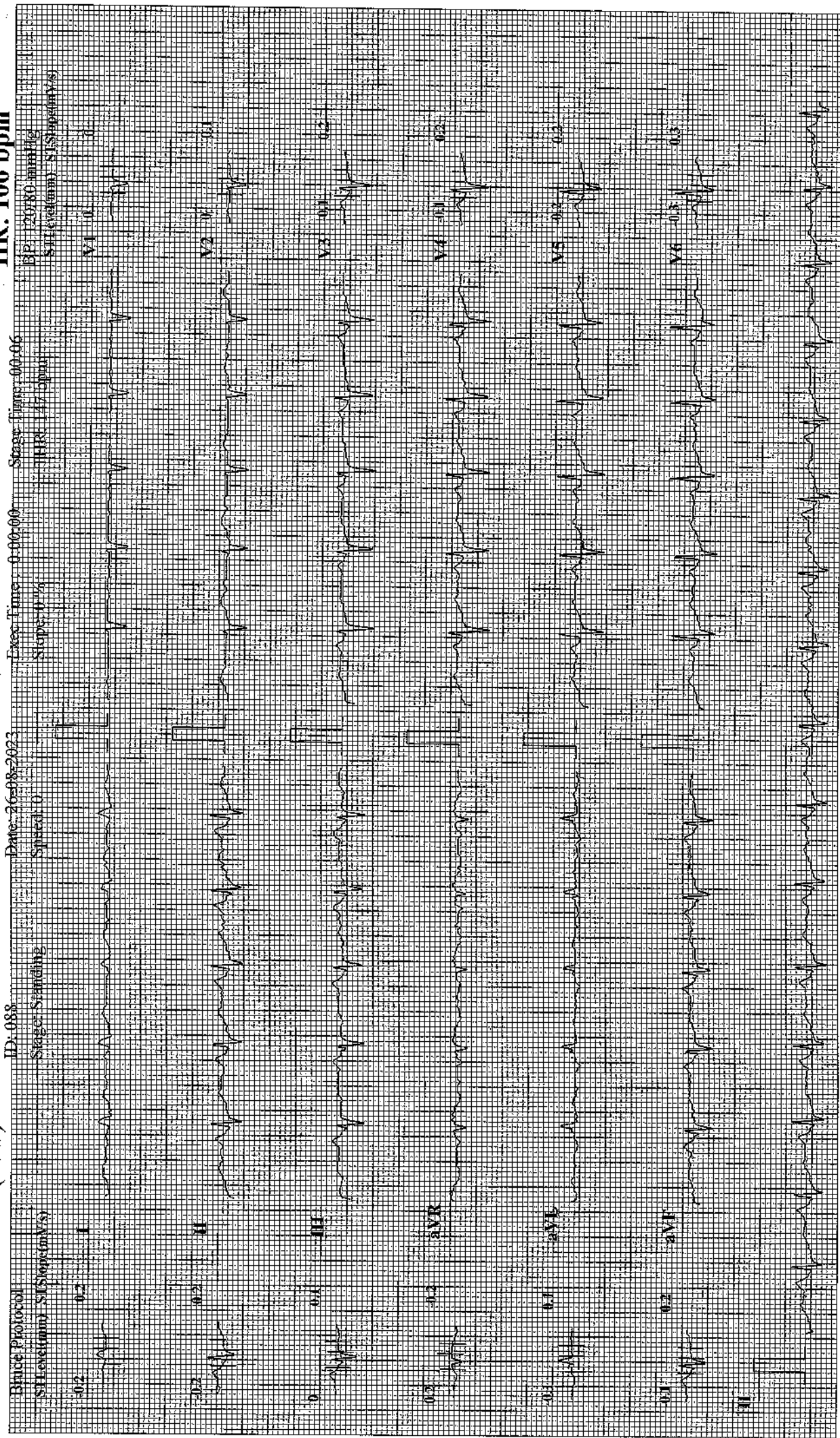
HR: 103 bpm



# ASIAN HOSPITAL, AKASHWANI, AURANGABAD

**KAVITA MEHTA (46 F)**

**HR: 106 bpm**



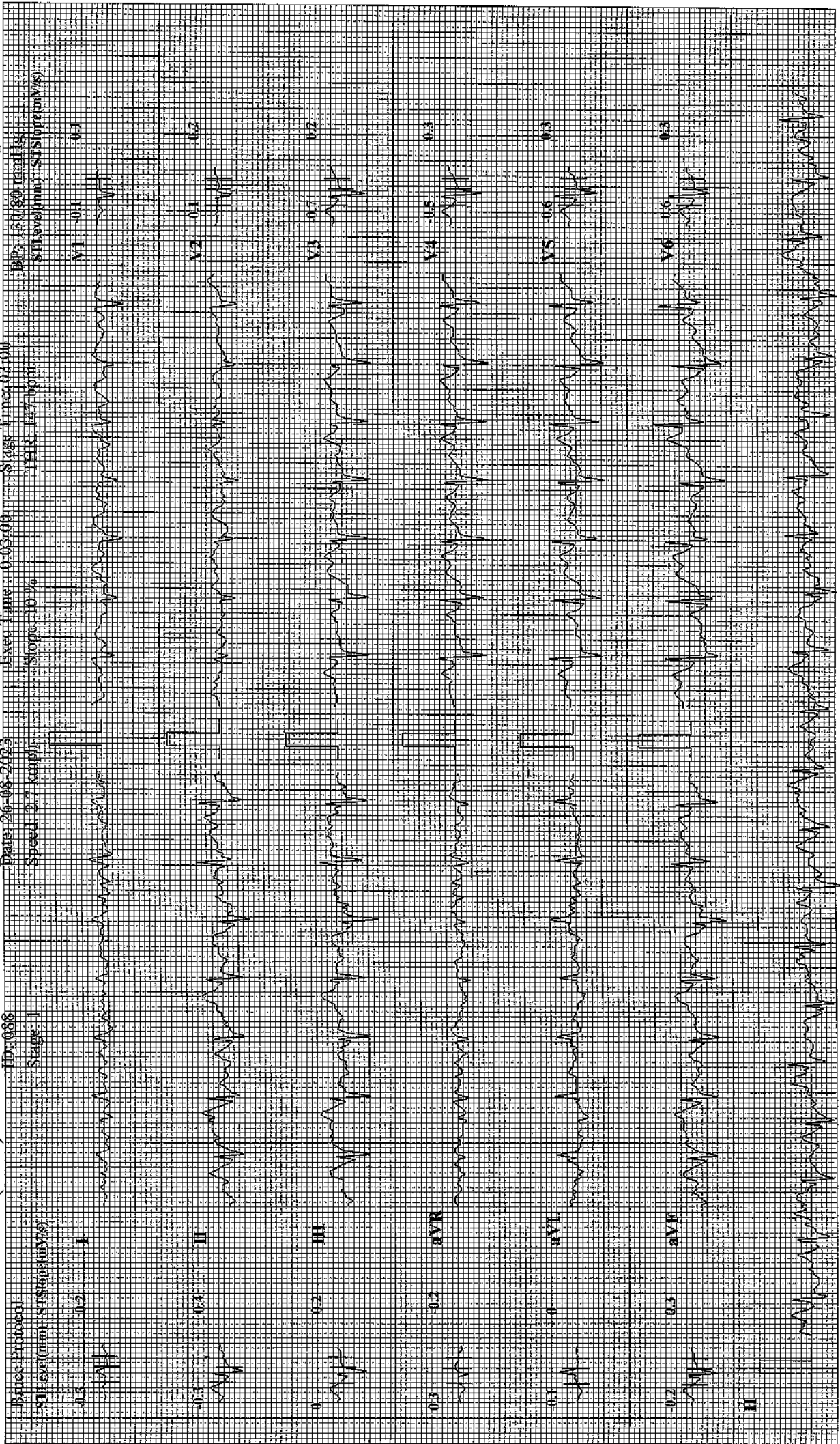
ID: 088 Date: 26-08-2023 Exec Time: 0:00:00 Stage: Finns: 00:06  
Speed: 0 HR: 106 bpm  
BP: 120/80 mmHg  
S1 Level(mm): S1 Stage(mV/s)  
S2 Level(mm): S2 Stage(mV/s)  
S3 Level(mm): S3 Stage(mV/s)  
S4 Level(mm): S4 Stage(mV/s)



ASIAN HOSPITAL, AKASHWANI, AURANGABAD

KAVITA MEHTA (46 F)

HR: 133 bpm



ID: 088

Date: 26-08-2023

Time: 03:00

Speed: 2.7 kmph

Slope: 10%

Filter: 25 Hz

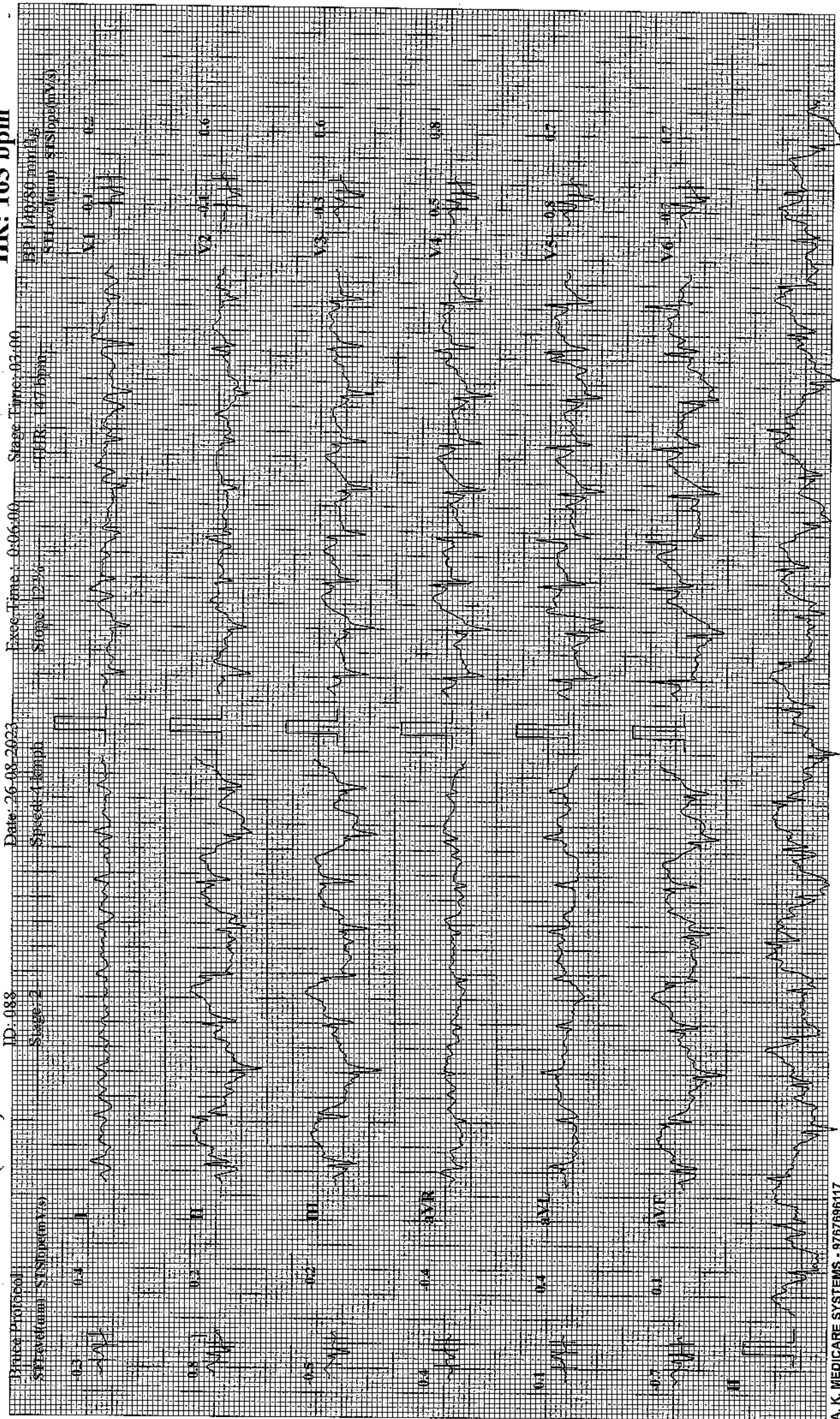
Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

# ASIAN HOSPITAL, AKASHWANI, AURANGABAD

**KAVITA MEHTA (46 F)**

**HR: 163 bpm**

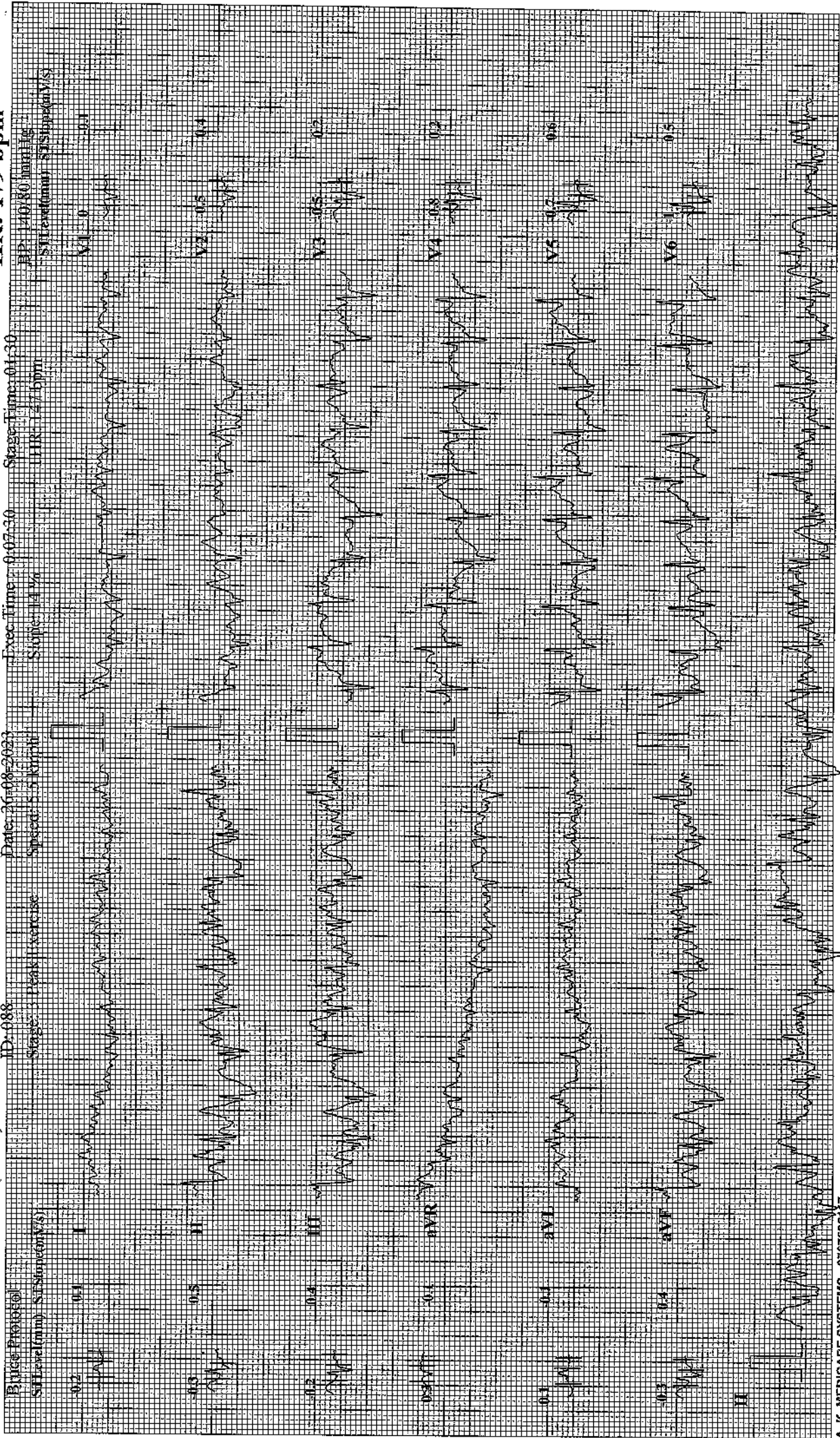


ID: 088 Date: 26-08-2023 Stage: 2  
Speed: 4 kmph Exce-Time: 0:06:00 Stage-Time: 07:00  
Filter: 25 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 80 ms, Post.J = J + 80 ms  
BP: 140/80 mmHg  
S1 (mm) S1S (ms) S1S (ms)

ASIAN HOSPITAL, AKASHWANI, AURANGABAD

KAVITA MEHTA (46 F)

HR: 179 bpm

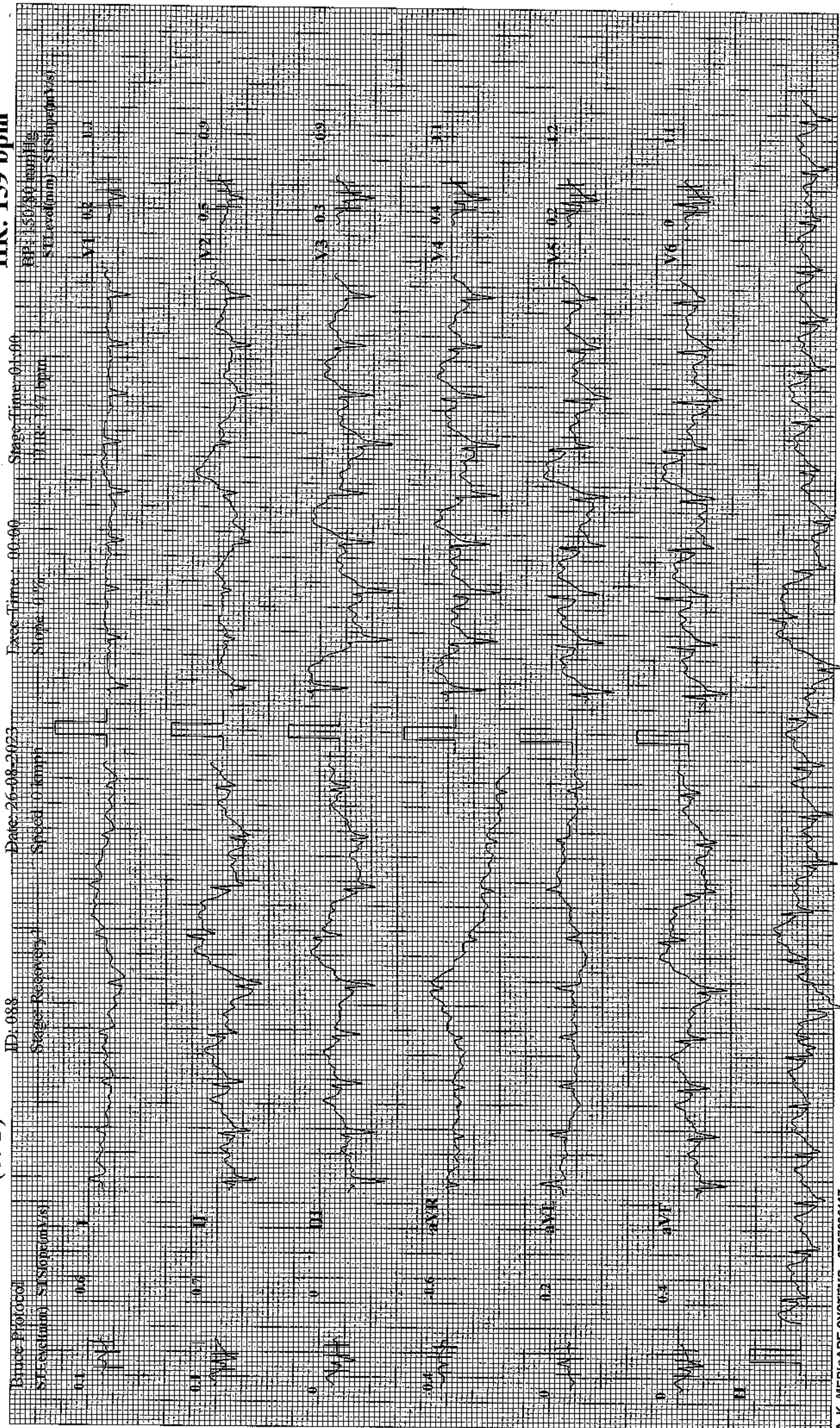




# ASIAN HOSPITAL, AKASHWANI, AURANGABAD

**KAVITA MEHTA (46 F)**

**HR: 159 bpm**



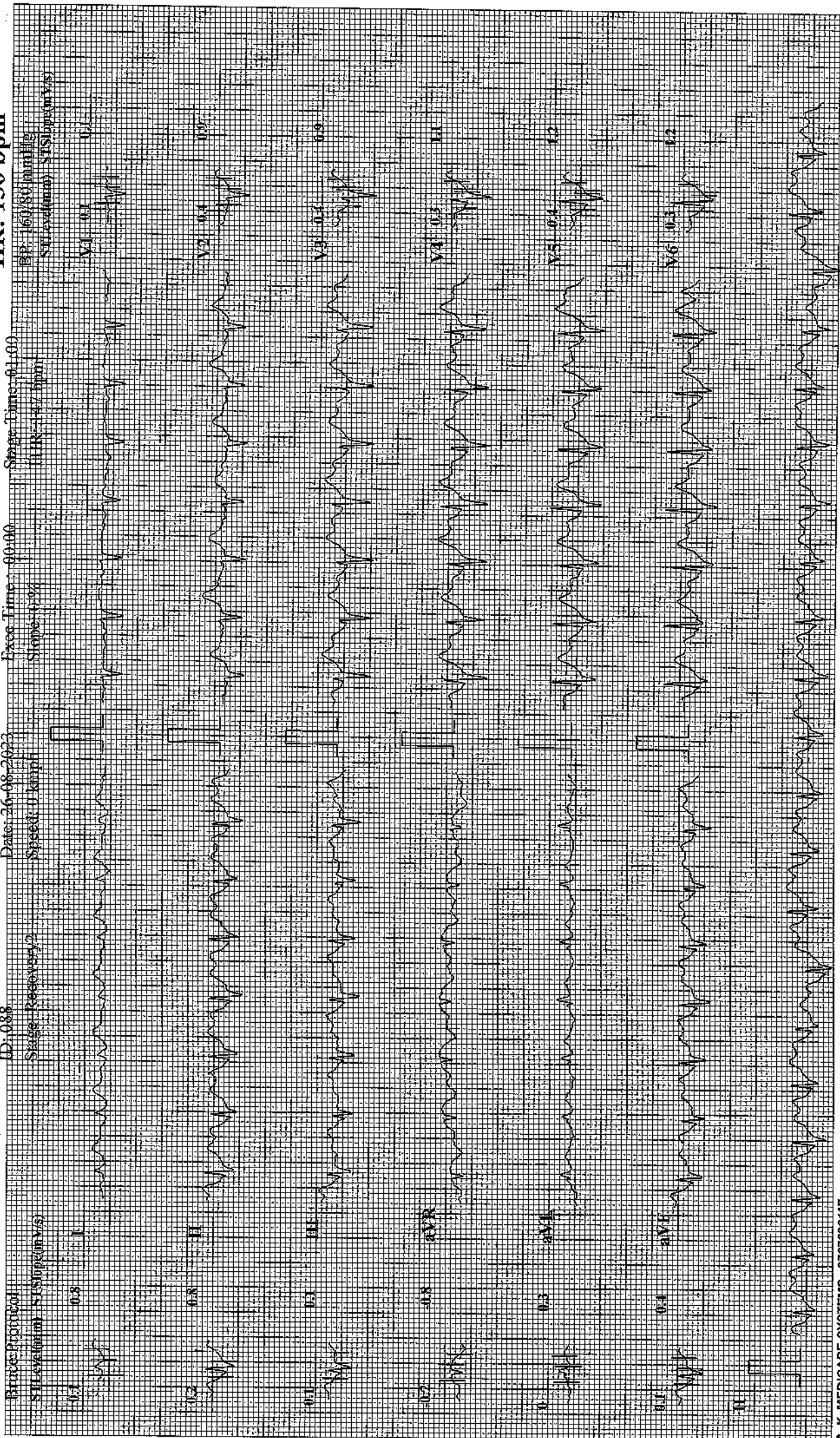
ID: 088  
Date: 26-08-2023  
Stage: Resolved  
Speed: 0.1mm/s  
Filter: 25 Hz  
Mains Filter: ON  
ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms  
Stage-Time: 00:00  
Exec-Time: 01:00  
BP: 150/90 mmHg  
ST: 1.7 bpm



# ASIAN HOSPITAL, AKASHWANI, AURANGABAD

**KAVITA MEHTA (46 F)**

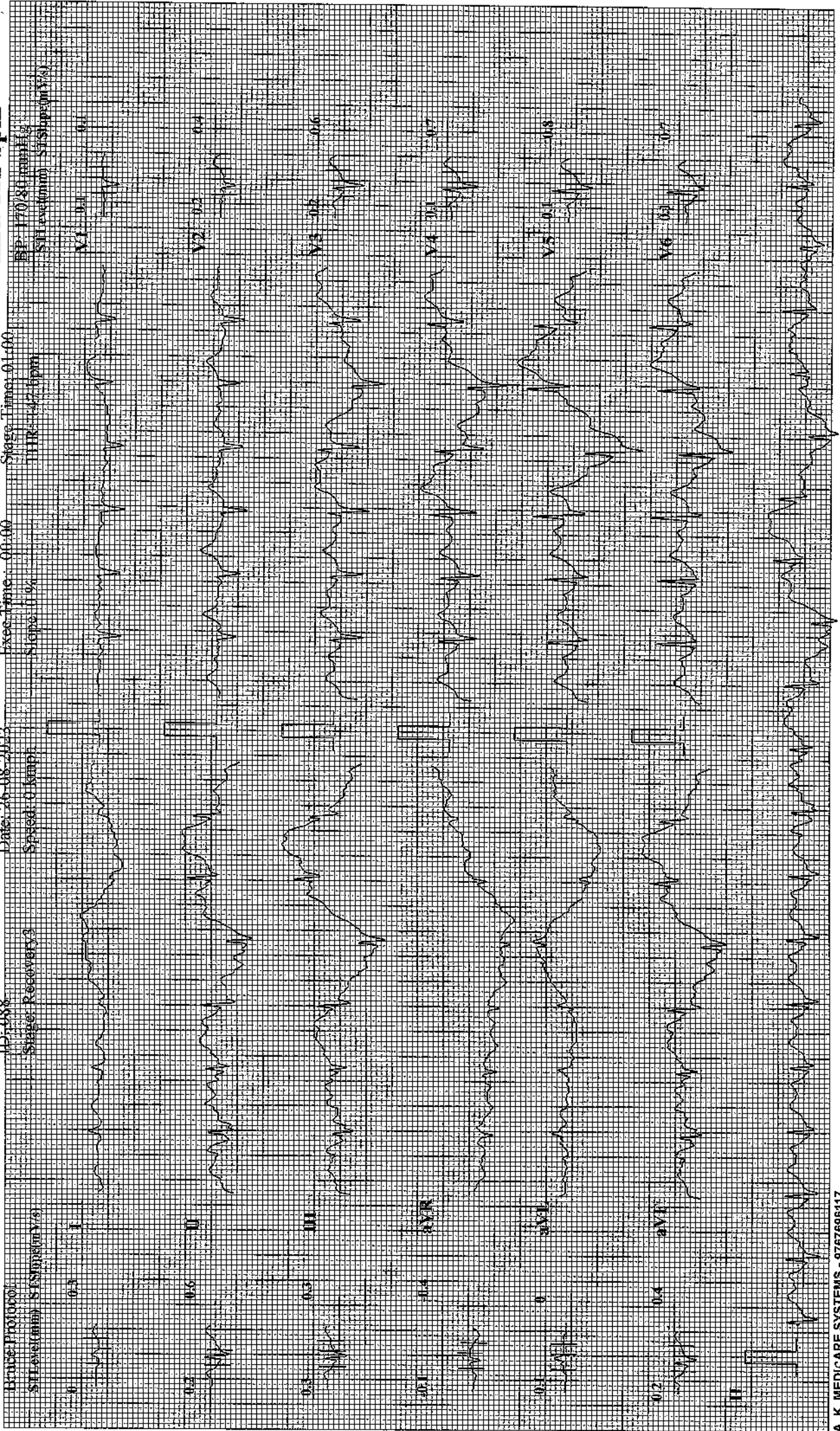
**HR: 136 bpm**



ASIAN HOSPITAL, AKASHWANI, AURANGABAD

KAVITA MEHTA (46 F)

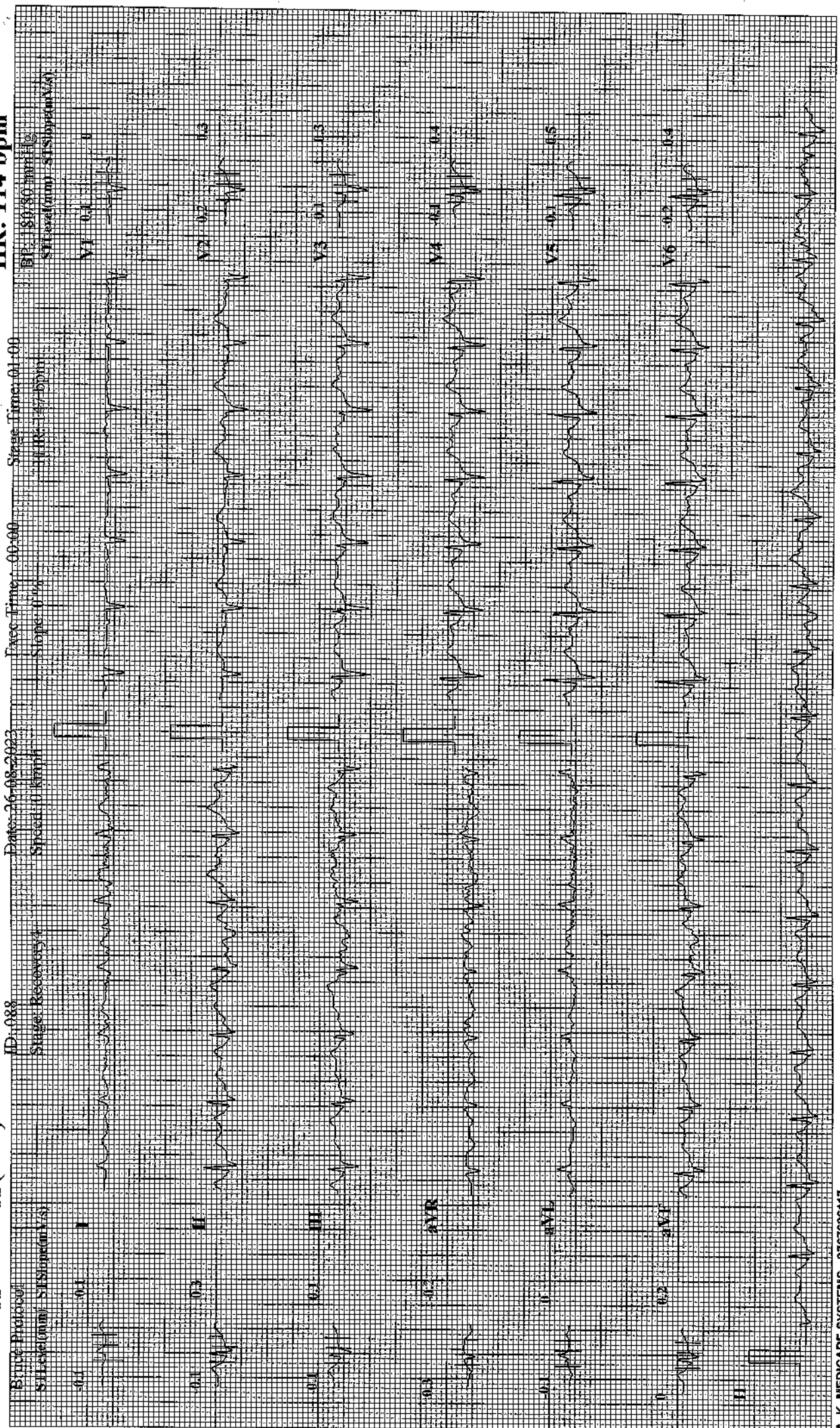
HR: 122 bpm



ASIAN HOSPITAL, AKASHWANI, AURANGABAD

KAVITA MEHTA (46 F)

HR: 114 bpm

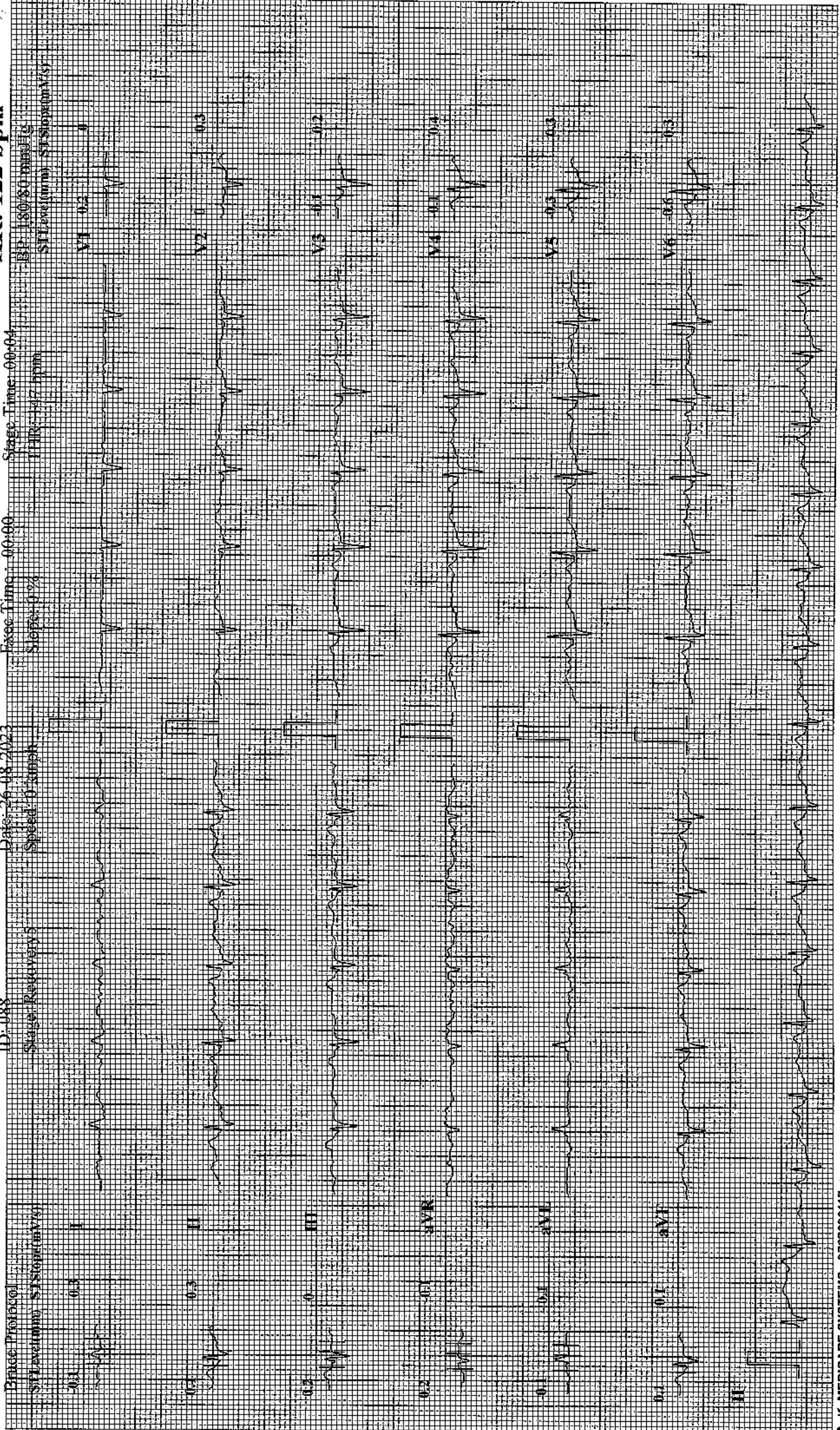


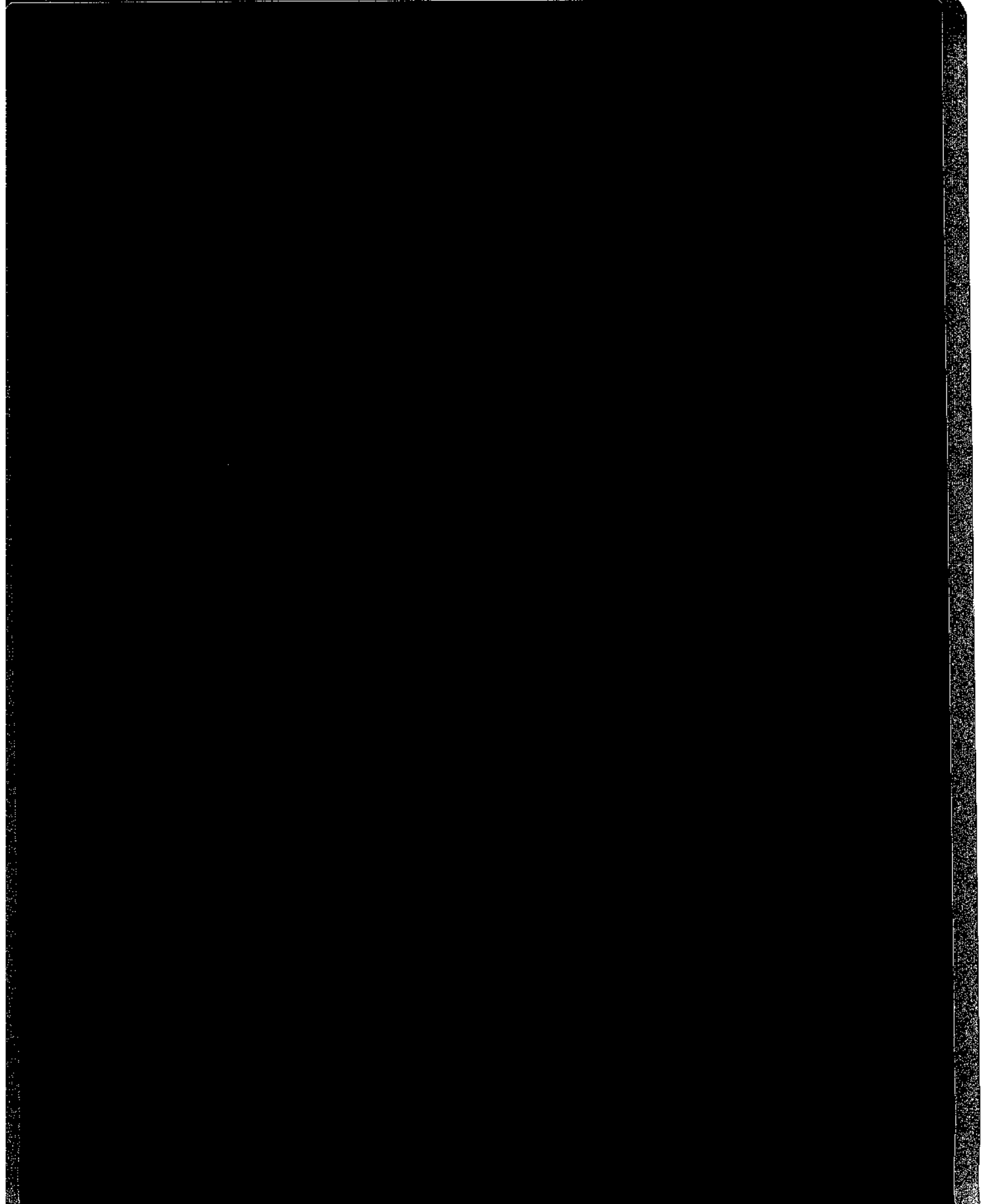


ASIAN HOSPITAL, AKASHWANI, AURANGABAD

KAVITA MEHTA (46 F)

HR: 122 bpm





DIGITAL X-RAY  
INTERVENTIONAL RADIOLOGY  
3D/4D SONOGRAPHY & COLOR DOPPLER  
2-D ECHOCARDIOGRAPHY  
PERIPHERAL COLOR DOPPLER  
HI-SPEED HELICAL C.T. SCAN  
C.T. ANGIOGRAPHY  
PATHOLOGY LAB. SERVICES



**DIAGNOSTIC CENTRE**  
X-RAY, IMAGING & PATHOLOGY

1, VYANKATESH NAGAR, OPP. SFS  
HIGH SCHOOL, JALNA ROAD,  
AURANGABAD - 431005  
☎ : 0240-2353182, 2325282, 8446100111

KAVITA MEHTA

26-08-2023

Ref. by:

**USG ABDOMEN**

**LIVER**--Liver is normal in size, and revealed normal echotexture.  
Intrahepatic biliary radicles and portovenous echocomplex appeared normal.  
No c/o any focal solid, cystic, or diffuse parenchymal pathology seen.  
Normal ebd and portal vein.

**GALLBLADDER** --Gallbladder is physiologically distended and appeared normal, no c/o any gallbladder calculus.  
Normal gb wall thickness.

**SPLEEN**--Spleen is normal in size & echogenicity. no c/o focal lesion seen.

**PANCREAS**--pancreas is normal in size, shape and echotexture. Normal peripancreatic fat planes.  
No c/o pancreatic calcification/calculi. normal pancreatic duct.

**KIDNEYS**--Both kidneys are normal in size, shape, position and revealed normal cortical & medullary echopattern,  
No c/o any calculus seen, No c/o hydronephrosis.

No c/o ascitis. no c/o any paraaortic adenopathy..

**HIGH FREQUENCY USG.**

Normal bowel loop peristalsis & caliber.

**UR BLADDER**--Urinary bladder is well distended and appeared normal, no c/o any vesical calculus or mass lesion.

No changes of cystitis.

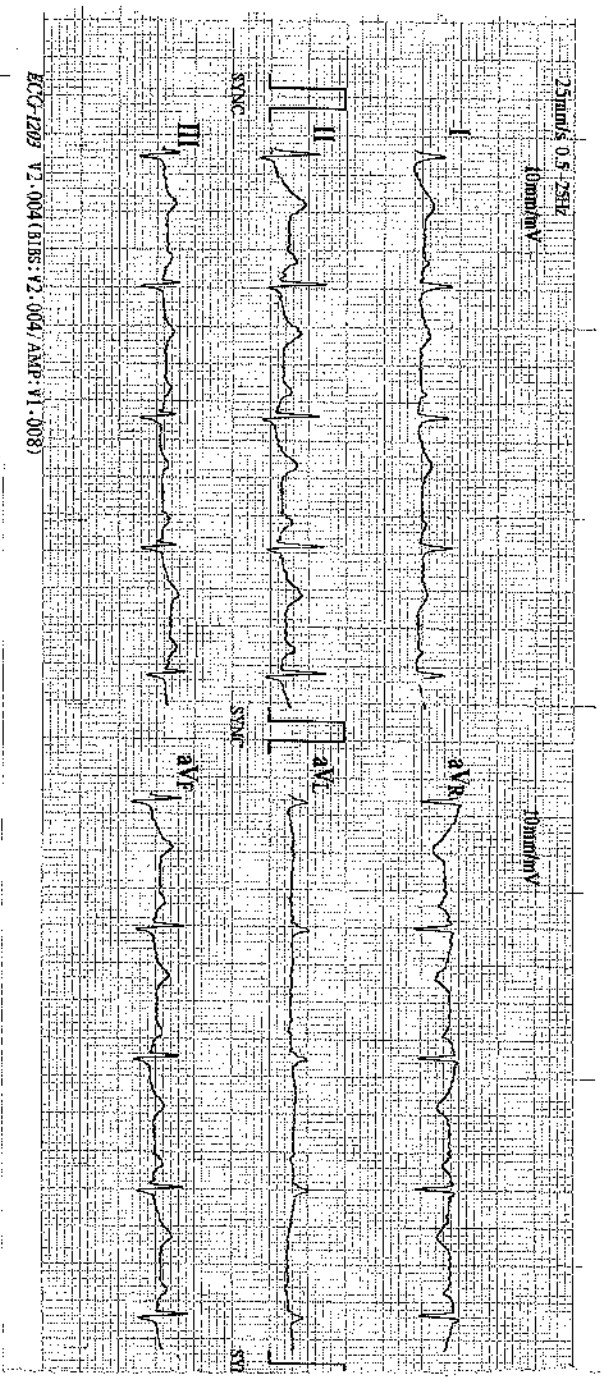
Normal uterus, ovaries.

**IMPRESSION :**

**NORMAL LIVER, GALL BLADDER, SPLEEN, PANCREAS, BOTH KIDNEYS, .**  
**NORMAL UR BLADDER, UTERUS & OVARIES.**

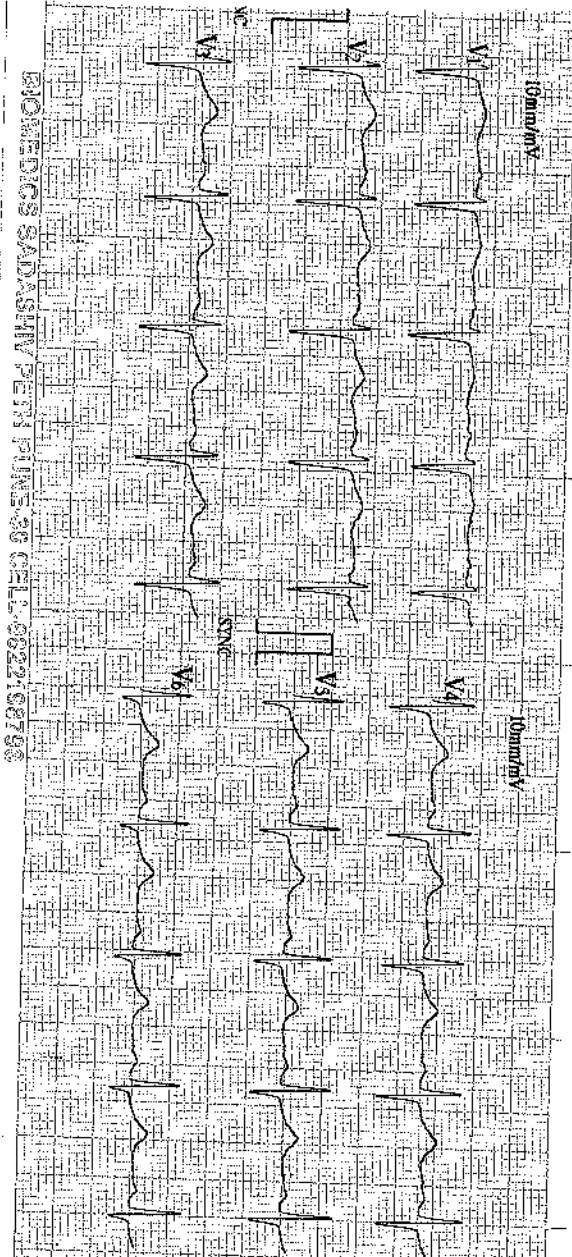
**DR. P. A. BARJATYA**  
M.B.B.S., M.D.  
9823344449

**Dr. Gokuldas S. Lahoti**  
Radiologist  
Reg. No. 59887  
Sarda Center for Selfcare  
4, Venkatesh Nagar, Aurangabad.  
9850171587



25mm/s 0.5 mV  
10mm/mV

08/26/2023 10:00  
ID: 3214  
Name:  
Sex:  
Age:



08/26/2023 10:00  
ID: 3214  
Name:  
Sex:  
Age:

HR 85 bpm  
PRP 700 ms  
P-R 53 ms  
QRS 87 ms  
QT/QTc 375/449 ms  
P/QRS/T 76/76/65  
RV5/SV1 -0.688/0.810 mV  
RV5+SV1 1.490 mV

Machine Interpretation:  
Condition with Physician

Dr. A. S. Sarda  
Physician  
SARDA  
PHYSICIAN  
SARDA

BIOMEDICS SADASHIV PENI PUNE-26 CELL: 9822188798  
SARDA CENTER FOR DIAGNOSTIC & THERAPEUTIC SERVICES  
4, Vaidhyanathwadi, Jalna Road, Aurangabad - 431001, Dist. Jalna, Maharashtra

**SARDA**  
**CENTRE FOR DIABETES & SELF CARE**

4, Vyantikataah Nagar, Jaina Road, Aurangabad, Ph. : (0240) 2333851, 2334858.

Name: MRS. Kavita Age: \_\_\_\_\_  
mehta

**CLINICAL SUMMARY:**

Weight: \_\_\_\_\_ Height (Cms): \_\_\_\_\_ Blood Pressure: \_\_\_\_\_

**ECG FINDINGS:**

Rate: \_\_\_\_\_ QRS Complex: \_\_\_\_\_

Rhythm: \_\_\_\_\_ ST Segment: \_\_\_\_\_

Mechanism: \_\_\_\_\_ T Wave: \_\_\_\_\_

Axis: \_\_\_\_\_ QT Interval: \_\_\_\_\_

P Wave: \_\_\_\_\_ PR Interval: \_\_\_\_\_

**Recommendation:**

**Dr. A. S. SARDA**  
M.D. Reg. No. 71570  
SARDA CENTER FOR DIABETES & SELF CARE  
4, Vyantikataah Nagar, Jaina Road, Aurangabad  
Phone No. 2333851, 2334858

Date: 26.08.23 Dr. \_\_\_\_\_